The Book of True Life

Teachings of the Divine Master

Volume X

Instruction 277–309

Book Service for Life

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Words of the Lord to Anna Maria Hosta:
March 25, 2017
Jesus says to her: *"Seal Epochs"* …
… and says:
"Make use of this. I have chosen you today to receive My Instructions and to pass them on to people."

Anna Maria Hosta is responsible for this initiative on behalf of the Lord, Jesus Christ, our God, the owner of these writings.
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Foreword

Throughout the ages, God has revealed Himself to humanity, comforted us through His Word, given us His commandments, and imparted instructions about His creation and our existence. Whenever people in pre-Christian times forgot these divine instructions, God sent them His prophets to remind them of His laws.

When people had created more than 600 human rules based on these Ten Commandments, God sent Jesus, through whose mouth Christ—the Divine Word—spoke, and who summarized the Ten Commandments into *a single* commandment: "Love God above all things and your neighbor as yourself."

Once again, people forgot this simple, redeeming counsel from God. Cruel wars and inhuman persecutions to this very day are sad proof of this.

By mixing divine truth with human dogmas, by placing excessive emphasis on external rites and ceremonies, and through false, human interpretations of the pure divine Word, many people today live in a kind of spiritual enslavement.

That is why it was—and remains—necessary for God to address humanity once again today with enlightening and admonishing words. This took place over a period of 66 years (1884–1950) in Mexico—at more than a hundred meeting places simultaneously, where ordinary people gathered Sunday after Sunday to listen to God's uplifting and instructive words. Eyewitnesses to these gatherings reported that these divine words flowed like a stream of crystal-clear water from the mouths of the messengers, known as "voice-bearers," for two to three hours without any interruption and without the slightest slip of the tongue.

Those who received the meaning of the divine word with a pure and open mind felt the presence of the Lord and the infinite love of the Heavenly Father.

In the ten years leading up to 1950, the instructions were recorded using stenography and transcribed into minutes so that they could later be compiled. 366 instructions were selected and published between 1956 and 1962 in the 12-volume work **Book of True Life**.

One of these 12 volumes, conscientiously and faithfully translated from Spanish, is the one you, dear readers, now hold in your hands. This is not a book to be read just once—and perhaps only superficially—and then quickly set aside. To fully grasp its profound meaning, it is advisable to take in the text bit by bit in small "bites," to meditate on it, and to try to feel within yourself the connection with the Divine Spirit.

The repetitions contained in the instructions are explained in detail in the Foreword to Volume II and should not bother anyone. On the contrary, when we consider how much unedifying information our minds are bombarded with and conditioned by these days, this repetitive yet consistently uplifting and edifying nourishment for our souls is extremely important for awakening the inner values that lie dormant within us all.

Introduction

Certain essential themes run like a common thread through the entire revelatory work **The Book of True Life**, which we also find in Volume 10. The following is a compilation of excerpts from this book, intended to serve as a guide and overview for the reader.

The Second Coming of Christ

No one should be surprised by my new message or the meaning of my words. For the prophets of the First Age, just like Christ in the Second Age, announced with the utmost clarity the age that you are experiencing today. (279, 9)

My teaching of love was not intended for just a few who heard it through the messengers. My message has come into the world to be known by all people. Therefore, I tell you that it will reach the ends of the earth in many forms, for it is the beginning of the consolation that was already promised to humanity in the Second Era, when it would reach the height of the times of tribulation on earth. (282, 57)

In view of your immeasurable lack of light—light that signifies wisdom, love, and elevation—I *had to* come. To give you this light, it was not appropriate for Me to appear among you as a human being. For in order to inspire you toward spiritualization, it was necessary for Me to reveal My presence in a spiritual, invisible form—one that is nonetheless perceptible to your faith and love. (293, 57–58)

When this Word spreads throughout the world, and people ask who inspired it and who dictated it so that it might be written down, its messengers and sowers shall bear witness that it was the Holy Spirit who revealed it through the mind of its spokespeople. (295, 26)

The Third Era

The First Era is, as it were, the spiritual childhood of humankind, in which a person opens his eyes and sees the face of his Father, hears Him, but is still far from understanding Him. The proof of this is that he tried to obey Him by clinging to the letter of the texts without delving into their meaning with his soul.

In the Second Era, I, "the Word," came to dwell among you in Jesus and to show you the path of the soul through my life. This Second Era is that of growing up or of the first spiritual youth. It is the stage of life in which Christ taught people love in order to awaken the dormant strings of their hearts, so that their hearts might vibrate with a new feeling, under the powerful impulse of love for their Father and for their neighbors.

This is the “Third Age,” in which the human soul must free itself from the chains of materialism. This will bring about a clash of worldviews that will be more intense than anything known in human history. (295, 56–57+64)

This Third Age, in which human wickedness has reached its peak, will nevertheless be a time of reconciliation and forgiveness. (305, 12)

The Sixth Seal

The Sixth Seal has been opened and has revealed part of its contents to you, the pioneers of spiritualization on Earth. Yet it will continue to shed its light upon all people, even after this Word that you hear today has ceased. (284, 46)

At present, I am receiving these multitudes of people here on behalf of humanity, and when I refer to humanity, I am speaking not only of the people of the present but of all generations that have inhabited the Earth during six spiritual periods. The messages I have brought you during these six periods are precisely what I have symbolized by the name “seal,” of which—as you already know—one still remains to be unsealed so that it may reveal to you the meaning or significance of all the others—that lofty significance of the life of the soul, of development, and of perfection. (303, 52)

The Spiritual People of Israel and the Spiritual Mission

The people of God will appear once more among humanity—not a people personified in a single race, but a great multitude, a legion of My disciples, for whom blood, race, or language is not the determining factor, but rather the Spirit. This people will not limit itself to teaching My teaching through writings. For the words to have life, one must live them. This people will not only be disseminators of writings and books, but also of examples and deeds. (292, 28–29)

It is necessary that this people, to whom these revelations have been entrusted, set out and bear witness to them. For through this, people will awaken and be able to perceive the spiritual signs and manifestations characteristic of this age . (277, 15)

A world of spiritual beings is waiting only for the hour to come to inhabit this earthly valley. They are beings of light who do not disdain to incarnate among the backward peoples, for their mission will be precisely to awaken those who are asleep. (288, 46)

Spirit, Spiritual Soul, Soul

Man is a reflection of the Creator, an image of God. Children must inevitably become like the Father from whom they sprang. This likeness is

rooted in the spirit soul, since it is endowed with the attributes of God and, moreover, possesses eternal life. Matter—that is, the human body—is merely a temporary garment of the soul. (295, 44)

It is the human spirit soul that should guide all the works a person performs, for it is to the spirit soul that life on earth has been entrusted. (305, 7)

Spiritual Prayer

The spirit soul retains the intuitive knowledge that it sprang from the bosom of the Creator long ago, and since it knows that it still has a long journey ahead of it and must travel that distance to return to its point of origin, it devotes itself to prayer, knowing that at least in this moment it can connect with its Father. The soul knows that in prayer it finds a comfort that caresses, strengthens, and heals it.

I bless those who pray. The more spiritual their prayer is, the greater the peace I allow them to feel. You can easily understand this; for whoever, in order to pray, must kneel before images or objects to feel the presence of the Divine will not be able to experience the spiritual sensation of the Father's presence in his heart. (279, 1–2)

In contrast, see how easily one is transformed who puts even *a* single atom of My Instruction into practice. Would you like an example of this?

There was someone who, throughout his entire life, told Me through verbal prayers that he loved Me—prayers formulated by others that he did not even understand, because they consisted of words whose meaning he did not know. But soon he realized what the true way to pray was, and, setting aside his old habits, he concentrated on the innermost part of his soul, sent *his thoughts* up to God, and for the first time felt His presence.

He did not know what to say to his Lord; his chest began to sob and his eyes began to shed tears. In his mind , only one sentence took shape, which was: "My Father, what can I say to You, since I do not know how to speak to You?" But those tears, those sobs, that inner joy, and even his confusion spoke to the Father in a language so beautiful that you will never be able to find its like in your human languages or in your books.

That stammering of the person who begins to pray spiritually to his Lord resembles the first words of small children, which are a source of joy and delight to their parents because they hear the first utterances of a being that is beginning to rise to life. (281, 23–24)

Perfect Spiritual Communication

I have spoken to you at length about spiritual dialogue; I have told you that you will learn to use it in a sublime manner, and that you will yield to this desire. (291, 81)

When this teaching spreads, people will ask you about the purpose of this message, since so many religious communities already exist. Then you shall reveal to them that this Word has come to humanity to teach people the spirit-to-spirit dialogue that their religions do not teach them, and that this message is the divine light that reveals to you all the spiritual qualities you possess. (294, 44)

Practice spirit-to-spirit dialogue, which you are to perfect more and more each day. For it is My will that you and all humanity communicate with Me. Through this connection, you will receive My inspirations and My instructions, and I will receive your soul, hear your prayer, and allow your spiritual arms to embrace Me. (304, 51)

This rally has been the step that has allowed you to ascend another step on the path that brings you closer to perfect dialogue. (278, 44)

Acceptance and Rejection of the Divine Rallys

How many are there who, through the writings of bygone times, know the prophecies that foretold this era? And yet—if they were to witness My rallies, they would not believe them, nor would they regard them as the fulfill g of those promises! These are the ones who have not reached the level of development that would allow them to recognize this light. How many, on the other hand, of those who today would give their lives to bear witness that it is I who am revealing Myself to humanity in this time, were not even aware that there are prophecies speaking of these events. The reason for this is that their souls were already prepared and ready to receive the light. (298, 19)

These multitudes of people here consist of believers and unbelievers, but they are all souls who hunger for love and thirst for light and truth. While those who have faith are nourished and grow strong, the unbelievers spurn the bread of eternal life and must endure their hunger and thirst. They are souls confused by a life of materialism, ignorance, and fanaticism—things they cannot set aside in order to recognize and feel My presence. They are hearts that fear the judgments of others. How could they focus on the loftiness within their souls to feel My essence when they are thinking about what others will say about them? They will eventually say that My presence in these places is not real, whereas in reality, it is they who—although they are present—have not been with Me, because their souls have remained where their thoughts, their interests, their worries, and their passions have held them captive.

I have indeed come; I have indeed been with you, for I always think of those who need Me—those who drink the cup of suffering and eat the bread of servitude and humiliation. (301, 2)

The Meaning of Trials

Sometimes your peace turns into struggle, unease, or fear. This happens when the storm lashes the fields and gardens, shakes the trees, and strips the blossoms of their petals. Then you ask what purpose those trials serve. But I tell you, that the whirlwind causes the bad fruit and the withered leaves to fall from the trees and blows away from the garden everything that is not meant to exist within it. (278, 31)

Let your conscience tell you during these trials that I am not punishing you, but that you are in the very process of being purified; and that when you see the unleashed forces of nature unleashing their terrors, you should not blaspheme by saying that it is a punishment from God, but rather that it is a trial meant to purify you. (293, 75)

You have traveled the long path of experience. That innocence, which is blindness and ignorance, has vanished as you have attained the light of experience. Furthermore, you have defiled yourselves, and for this there are trials and pain to wash you clean and purify you. (301, 24)

Spiritual Inspiration for All

Know, O people, that you are not the only ones capable of receiving spiritual messages and inspiration. There are many people in the world who, without knowing that I pour forth My Word through these messengers, sense the presence of a light that is ready to pour out upon humanity in revelations. They will receive the necessary preparation from My Spirit so that, when they hear your testimony and you convey My divine message to them, they will say joyfully, “This is what I have been hoping for.” (283, 51)

Spiritual Harmony Among All

Goodness and love, from which charity and peace blossom, will be the keys that open the doors to the mystery, through which humanity will take a step toward universal harmony. (292, 5)

Spiritual harmony among all beings will reveal great insights to them and bring about a dialogue from Spirit to Spirit that will bridge distances, bring those who are absent closer, and eliminate barriers and boundaries. (286, 3)

I am the Father who works to ensure that harmony begins to reign among all His children—both those who inhabit the Earth and those who live on other worlds. (286, 2)

The Spiritual Awakening

According to the history of humanity, which has lived in discord for so

many centuries, after all the painful and bitter experiences it has endured, it is now capable of understanding that unity among peoples and harmony among all human beings cannot be based on material interests, nor can it rest on earthly values. Ultimately, humanity will come to understand that only the exalted soul can be the firm foundation, the unshakable rock, upon which human peace rests. (289, 3)

I speak to you in this way because no one knows the development of your soul better than I do, and I know that modern man, despite his great materialism, his love for the world, and his passions—which have developed to the point of the greatest sin—lives only according to the "flesh" and material life. I know: as soon as he feels the loving touch of My love in his soul, he will quickly come to Me to cast off his burden and follow Me on the path of truth, which he unconsciously longs so much to walk. (305, 36)

Mercy

The first step toward the renewal of humanity, toward attaining a state of spiritual elevation, is mercy. Mercy toward the soul, mercy toward the body, mercy toward one's neighbors. (287, 31) When I turn My gaze toward the hospitals, the prisons, the grieving homes, the broken marriages, the orphans, or those who are spiritually starving—why do I not find you there? Consider that I have not only taught you to pray, but have also given you the gift of speech and taught you to heal. And on many occasions I have told you that your presence can work miracles if you are truly prepared. (306, 27)

Roque Rojas, the pioneer, inspired by the Spirit of Elijah, wrote the following: "Show mercy—and mercy again—to your fellow human beings, and you will see my Father in all His glory."

Truth and light lie in these words, disciples, for whoever does not practice mercy in his life will never enter My Kingdom. In contrast, I assure you that even the most hard-hearted and stubborn sinner can save himself through mercy. (308, 52)

Reincarnation and Spiritual Development

In his dream, Jacob revealed to you the existence of the spiritual ladder, upon which beings were ceaselessly ascending and descending. Who has understood its meaning? Who has interpreted its mystery? There, in the meaning of that image beheld by the patriarch, lies the evolution of souls, the ceaseless reincarnation of spiritual beings into human beings, the atonement and expiation of beings, God's communication with humanity, and the dialogue from Spirit to Spirit. (287, 59)

In this Third Era, I have brought you confirmation of the reincarnation

of the soul. Although humanity has always possessed intuitive knowledge of this, and the soul has revealed this mystery to the "flesh," the latter—always unbelieving and weak—has cast doubt upon it. (309, 22)

Yet I have come in this era to bring you confirmation of this and to tell you: My perfect Law of Love is revealed in the reincarnation of the soul. (309, 22)

The Spiritual World

The life of the soul, which exists beyond your material world, could not and should not be a mystery to humankind. Since the Father saw your desire for knowledge, He began His instruction through the gift of revelation and inspiration, and He manifested Himself in an infinite variety of forms. Yet this instruction began as soon as the first human existed, and has not ceased to this very day. (289, 17)

Awake, O people! The Hereafter is watching your steps on Earth! These worlds know your deeds! When they see this humanity sinking in a sea of hostilities and passions, they are shaken and pray for you. (298, 41)

To strengthen humanity's faith in the knowledge of spiritual existence beyond material life, you were granted in times past certain manifestations of the Father's messengers, whom you have called "angels." (301, 10)

Nor should you believe that you are working alone, for you do not yet have sufficient strength to accomplish works of such great spiritual significance. You must know that there are beings who show you the path you must follow and who show you the way and the places to which you must bring the seed.

These trailblazers are your brothers and sisters from other worlds, from other homelands, from which they watch over your steps and blaze a trail for you. For they, too, are workers for peace, love, and brotherhood. They are souls of greater purity than your own, of greater knowledge and greater experience, from whom you have nothing evil to fear. They are the ones who will not let you come to a standstill—those who stir restlessness in your hearts when you abandon the seed. (297, 6)

The Law and Force of Love

The Law of Love, from which charity, understanding, and forgiveness toward your fellow human beings stem, is the foundation that I have inspired in you for your spiritual mission. (291, 8)

It should not be fear that guides your steps, nor should it be that compels you to fulfill the law. Faith and love should be the force that drives you to perform good deeds in your life. For then your merits will be genuine. (305, 51)

Peace, the Highest Spiritual Good

It is My Word that grants rest to your heart and peace to your soul. The greatest thing I have destined for them is peace. Whoever possesses this treasure has everything—whoever knows this state of the soul would not exchange it for the greatest possessions and treasures of the earth.

If you ask Me what the secret is to attaining and preserving peace, then I tell you that the secret lies in doing the will of your Father. And if you were to ask Me how to fulfill the divine will, I would answer that you do so by applying My law and My teaching to your life. (307, 1-2)

The Voice of Conscience

Become familiar with your conscience; it is a friendly voice; it is the light through which the Lord allows *His* light to shine—whether as Father, as Master, or as Judge. (293, 74)

See how man stands above and beyond all that surrounds him; that he is the only being endowed with free will and a conscience. All of humanity's errors, downfalls, and sins have their origin in this free will. But these are transient transgressions in the face of the Creator's justice and eternity. For in the end, conscience will prevail over the weaknesses of the body and the soul's susceptibility to temptation. Thus will come the victory of the Light, which is knowledge over darkness, which signifies ignorance. It will be the victory of the Good—which is love, justice, and harmony—over evil, which is selfishness, licentiousness, and injustice. (295, 49)

Spiritual Liberation

The efforts made by the denominations to keep their believers on the well-worn path of old beliefs and outdated systems of faith will be futile and in vain. For no one will be able to hold back the Divine Light, which penetrates to the very depths of human thought and awakens the soul to an age of revelations, divine inspirations, the dispelling of doubts and mysteries, and spiritual liberation.

Nor will anyone be able to stem the tide that humanity will form when it sets out in pursuit of its freedom of thought, Spirit, and faith. Let no one believe that I am snatching away the various religious communities' disciples, believers, or followers—no. But the hour has come when a new era begins, bringing forgotten lessons to light, eliminating useless customs, doctrines, and traditions, purifying and ridding souls of all that is false, in order to give them the true bread of the Spirit, which has always been replaced by ritual. (290, 58–60)

For how many of you who have heard My Word during this time, the

day of your liberation was precisely the day you first heard this Voice! With how much love have you engraved in your memory the blessed date on which you recall the miracle of your resurrection to faith! (294, 24)

Instruction 277

1. I have seen in you the vanguard of the caravan that follows Me throughout the ages—the wise Israel, the warrior Spirit of Judah, who fights to clear the way for his people. You come to fight the final battle, and you have Me before you to guide your steps and lead you to the culmination of your work.

2. I have sent you forth precisely at this moment of trial, when humanity is facing its greatest dangers, and I tell you that it will continue in its pursuit of power for a while longer, only to then fall into painful exhaustion until its conscience speaks up and tells it how many futile paths it has taken and how it has squandered its existence. It will speak to them in My name and wisely teach them to come to Me on the path of spiritualization.

When the soul awakens and reflects, it will seek to cling to something certain; it will want to discover the shortest and surest path; and it will return to the Source to find there the foundations, the virtues, and true knowledge—and it will recognize that the first and last law I have given to humankind is love, the source of all perfection.

3. I want you to live in anticipation of the fulfillment of My Word, to always be in contact with Me and the Spiritual World, so that you do not feel distant or separated from Me. I will bring about the union of souls from different worlds so that, through their union, they may grow stronger to accomplish the work I have entrusted to them.

4. To bring this about, I do not ask you to deny your individuality, nor to separate yourselves from the world, since you live in it. I only tell you that you should use only what is absolutely necessary for the needs of your body, so that the soul may feel free and, as it looks within itself and at its surroundings, may understand its great purpose within My work.

5. I will provide you with what is necessary for human life. I will not require you to neglect your duties; rather, My Word will teach you to fulfill them, for even the smallest of them is part of your mission.

You are living through a time of struggle, activity, and effort, and it is necessary that you place all of this in the service of the Spirit, that you develop all your gifts so that the transformation may take place within you that took place in My disciples of the Second Era, who—united as one Spirit—became one with Me.

6. You cannot approach people with a false or merely feigned preparation; for their souls are developed, and the blindfold that covered their eyes has long since fallen. Bring them spirituality, offer them peace, and create an atmosphere of well-being and brotherhood in your

surroundings; then you will see how they listen to you and accept your words, in which My inspiration and My power will reside.

7. When you preach and teach peace, be peaceable yourselves; when you speak of love, feel it before you express it in words; when your fellow human beings likewise offer you their fruits, do not reject them. Examine everything you encounter, and hold fast to what is permissible and true in their teaching. You will also encounter those who—having become fanatical in their religious practice—have diminished their capacity for understanding through the materialization of their ritual acts. You should then patiently help them expand their knowledge and show them the horizons their Spirit can reach if they immerse themselves in my Instruction. You shall speak to them about my Universal Spirit, about the immortality of the soul, and its continuous development. You shall teach them true prayer—the dialogue of the Spirit—and free them from prejudices and errors. This is the work I entrust to you—a work of love and patience.

8. Let all of you watch over your soul, which is My child. Receive My new revelations, and if you have not been able to discern the meaning of the words I gave you in times past, come here, and through this Instruction you will recognize and understand everything. For I remind you and bring together in you all My words and deeds of all times, so that you may have further testimony of your Father.

9. Force yourself to use the strength I have bestowed upon you so that you may overcome all trials and temptations. Be patient in your suffering so that you may steer your boat and save yourselves.

10. I want your worship of God in this Third Era to be as pure and as perfect as the fragrance that emanates from flowers.

11. Once people are ready to build a temple within their souls and kindle the flame of faith within it, then the desecrations will cease, the wars will come to an end, the valley of tears will gradually become a land of peace, and the Kingdom of Heaven will draw near to every heart.

12. Let Me speak to you in this way, even if everything I say seems impossible to you. I know what will become of this world in the future—that future which lasts into eternity, and which you, little creatures, cannot comprehend.

13. Since you are not even aware of the present—how then can you predict what will happen, or doubt what My Word prophesies?

14. Already My messengers are coming into the world—messengers who, when the hour comes, will remove the dark blindfold from the eyes of humanity, those messengers who have come into the world to defend

the truth through their works of true love. Yet who has recognized them? Who discerns in the children of today the prophets and apostles of tomorrow? Yet if this is the case with those whom you can see with the eyes of your body—what will happen then when I tell you that My spiritual hosts of light have also drawn near to your world with their message of peace and their call to awakening? You have not even suspected this.

15. It is necessary that this people, to whom these revelations have been entrusted, set out and bear witness to them. For through this, people will awaken and be able to perceive the spiritual signs and manifestations characteristic of this time.

16. That is why I constantly tell you to safeguard this seed, so that it may be you and your children who carry this light to the peoples of the earth.

I permit you—to carry My message to the various corners of the earth—to make use of whatever means you deem appropriate, whenever your conscience tells you that you are walking the right path.

17. Yet I do not wish to tell you that you, who are hearing Me at this very moment, are the only ones entrusted with carrying out this mission. No—it will fall to you to do a part of it, and those who come after you will do what falls to them. For the work is immense for My new people.

18. What you must strive for is that this work may advance from generation to generation, express itself in its spirituality and purity, and be preserved in all its truth.

19. You do not yet recognize the full essence and meaning of My teaching. That is why you have distorted it through crude ritual practices—ritual practices that contain no spirituality. But once your mind, together with your soul, awakens to the truth , neither will be able to introduce anything impure into My work.

20. You give the world what you received as your task before you came to Earth. It is the message that your soul brought with it.

21. The mind does not know all this, but the souls remember being told that all those destined to hear the Word of the Lord in His new rally to the world would gather here on earth.

22. Blessed are those who have been able to preserve the Master's commission and promise in their souls, for the light of My Spirit has been within them. They are now fulfilling the task entrusted to them, and once they have completed their part, they will have the spiritual joy of seeing new "workers" come according to their succession to continue the work that has been begun. In these successors, they will see the satisfaction and joy of finding the path already cleared and leveled, and the sowing in the fields already begun.

23. If you, who were the first and therefore had to struggle greatly because none of your fellow human beings prepared the way for you in this era, yet were still able to bring a message to the world, remember that the new generations—since they will find the path well-trodden and the seed already sown—will have to proclaim the message they bear with greater light and clarity.

24. From the earliest times, when the prophets began to announce the coming of the Messiah, they said that all nations would be blessed in Him because He would become human. But today I tell you that all peoples will be blessed anew in this Third Era because My Spirit will come to connect with every soul.

25. Blessed are those who seek their purification through prayer, repentance, and good works, for they are the ones who truly wash away their stains to present themselves pure before Me. Blessed are those who understand the truth in this way, for they find the way and leave behind the ignorance and darkness of past times.

Just as I came in the Second Era to put an end to the shedding of blood and the sacrifice of innocent victims that the people offered before the altar of Jehovah, and I taught them to offer the sacrifice of their own lives to the Father, so I come today to turn you away from the many useless forms of worship and rites with which you have replaced the true fulfillment of My teaching.

26. When you hear My instructions, you are surprised to find that you can understand and carry out what previously seemed impossible to you, and this is because your soul has, step by step, traveled a path you did not know. A spark of light in your mind has been enough to remove from your heart the outward worship that had been so deeply rooted within you.

27. Symbolism, too, disappears from your worship as you come to see the truth more clearly, and you begin to take delight in a pure, simple, spiritual, and easily practiced form of worship.

28. I have not yet told you everything, nor have I revealed everything to you; therefore, I tell you that you should not be satisfied with what you have achieved, nor should you be content with the first things you have received. My treasury still holds much, and your soul is to come to know this. You will still have to take many significant steps along the path.

I am teaching you a different way to practice the Law, and a different way to recognize the spiritual and the divine that My Word has revealed to you. For I do not want you to set out to study Me according to the manner of scientists or theologians. You are to seek the hidden wisdom of your Father by lifting your thoughts to Him through prayer. Then—clothed

in humility, respect, and love—you will receive from Him what He would have gladly revealed to you. Whoever thus reaches the gate of wisdom will be regarded as a little child longing for light, or as a disciple thirsting for knowledge. I will let him feel My presence, will caress him, and will show him everything that, according to your Father's judgment, you are meant to learn. I will dispel their doubts, lift the veil of many mysteries from their sight, and fill them with light, so that when they finish their prayer and return to the struggle of life, they may reveal to their human nature what they learned in the lesson with the Master.

29. Those who sought to recognize the core of My Being and to penetrate the Divine without entering My presence with the necessary humility and reverence have always gone astray and have never attained great Instruction, for the door to it is open only to the humble, but is always closed to the proud. People are still like little children when it comes to life and are still far from being disciples.

30. I ask of you humility of spirit and heart, so that you, who come along the spiritual path in your longing for light, may find all that you wish to know. Those who are prepared will not have to weep, nor will they have to long for these times of My rally once they have passed and when the caravans of foreigners arrive to ask you about what you have heard and seen. You shall then give them a faithful testimony of all that I taught you, and the explanation for all that they see shrouded in mystery.

Amazed at the clarity of your understanding and your words, they will call you "children of light" and say to you: "You are blessed, for you have heard the Divine Master, even if it was only through the human mind."

31. I give My Word anew to humanity so that they may know they are not forsaken, so that they may awaken through the voice of their Spirit and come to know that great divine wonders await the soul according to this life.

32. It is through them that I have spoken to humanity, and the same is experienced by those who know how to pray in order to connect with the spiritual realm, just as it is attested to by those who delve into the mysteries of nature through science. Through these two paths, both the mind and the Spirit will discover more and more the more they seek. But when will the time come when human beings allow themselves to be inspired by love in their studies and research? Only when this happens will their work in the world be enduring. As long as the motivation behind science is the pursuit of power, arrogance, materialism, or hatred, people will ceaselessly experience the rebuke of the unleashed forces of nature, which punish their recklessness.

33. The scientist of this age displays a complete lack of understanding in his works, for he destroys nations and peoples, mows down the lives of his fellow human beings by the thousands, enslaves people, and turns human life into a whirlwind. He does not comprehend the evil he causes and is unaware of the far-reaching consequences of his actions. That is why I call him reckless.

34. Only My mercy could come to the aid of this humanity, and that is why I have come—to touch the heart of man and awaken his soul, so that he may hear the quiet voice of conscience, which will wisely enable him to recognize all the evil he has caused and, at the same time, inspire him with the way to make amends for his mistakes and wrongs.

35. People must understand that all must come to Me—but not as human beings, as they would like, but in a spiritual state. Only in this way will they ensure that their deeds are prepared for the good of all, so that this may also be to their own benefit.

36. How many have puffed themselves up in wickedness, in pride, in their vain pursuits; how many have placed crowns upon their heads, even though they are wretched and spiritually naked. How great is the contrast between what you consider to be *your* truth and *My* truth!

37. You weep upon hearing My Word, O people. When will all of humanity weep in the face of My revelation? I forgive you all; it is a moment of grace, and I pour out My infinite light upon all worlds and upon all My children.

38. This is the Age of Light, in which Divine Wisdom—which is the Light of the Holy Spirit—will illuminate even the most secret recesses of the heart and the soul.

39. Soon, humanity will know where the one born into this world comes from, what the meaning, mission, and purpose of this life are, and will be able to explain what it has called "death."

Now humanity will soon abandon theories and outward forms of worship in order to live the truth instead. Then humanity will dedicate its existence to goodness, worship Me through its works, and when the hour comes to leave this world, it will not call the act of closing the eyes of the body forever "death," because it knows that this is the moment when the soul enters fully into a higher life.

40. Once you all know that the soul's detachment upon leaving the body is the transitional step that is indispensable for approaching the abodes of peace and perfection, then a true understanding of reality will take shape within people.

41. The Creator placed human beings in a world whose nature is constantly evolving, yet always moving toward perfection.

Yet people, who live within the bosom of this nature, do not develop in harmony with it, because they do not strive for moral improvement, nor do they yearn for the perfection of their soul—which is the essence and the reason for their existence.

42. Human development, human progress, human science, and human civilization have never had as their goal the ascent of the spirit soul, which is the highest and noblest thing within a human being. Human striving, ambition, desires, and concerns have always been directed toward *this* world. *Here* he has sought knowledge; *here* he has amassed treasures; *here* he has secured pleasures, honors, rewards, positions of power, and accolades; *here* he has sought to find his glory. Therefore, I say to you: While nature advances step by step, without pausing in its law of ceaseless development toward refinement and perfection, man has fallen behind, making no progress; and hence his misfortunes on earth, hence the trials, obstacles, and setbacks he encounters on his life's journey. For instead of being in harmony with everything that surrounds him in life and striving, through the upward development of his soul, to become the Lord over all—as the Lord had commanded from the beginning—he sought to become a Lord through base passions such as greed, pride, and hatred. Yet, without realizing it, he has punished his own vanity by falling from his position as Lord and Prince over all that God has placed under His will, and becoming a servant, a slave, and even a victim of all the forces of nature that surround him.

43. Resolve first and foremost to get to know yourselves by seeking the essence at the core of your being, and I assure you that you will feel enlightened when you discover that, above all, you are spirit souls, children of God.

44. My Word opens the doors to spiritual knowledge for you, so that you may gather in your hearts some of what the Father keeps in His treasury for His children.

45. Human beings carry within themselves a spirit soul that is the bearer of many gifts and divine glories, and it is the Word of God—His teaching—that makes them worthy to attain that grace.

46. How greatly has humanity debased itself through its materialism; how many tears has it had to shed because of its indifference toward the Sublime, the Pure, and the True!

47. The spirit soul inclines toward virtue, the physical body inclines toward sin, and the two struggle with one another without being able to

find harmony. Therefore, through My Word, I have taught both the way to unite in a single ideal, by justly giving the soul what is hers and the world what is its own.

The "flesh" contains the instincts, the passions, and the inclination toward the material world, for that is where it originates. Therefore, you need a teaching that sensitizes the strings of the human heart, that refines and elevates the heart without diverting it from the fulfillment of the laws that govern humankind on Earth. Through this teaching, the soul will be able to rise to the Eternal, to that realm where it has its origin. If it is able to triumph over the “flesh” and the world, it will then be easier for it—once it is already free from the human physical body—to ascend step by step, drawing ever closer to the Father and thus leaving the world it inhabited and which had enslaved it further and further behind.

48. The spark of spirit that makes human beings like their Creator will draw ever closer to the infinite flame from which it sprang, and that spark will be a luminous being—conscious, radiant with love, full of knowledge and force. That being will rejoice in the state of perfection, in which not the slightest pain or the slightest distress exists, and in which perfect and true bliss reigns.

49. If this were not the goal of your Spirit—truly, I tell you, I would not have made My teaching known to you through so many Instructions, for then the Law of the “First Age” would have been sufficient for you to live in peace on earth. But when you consider that I lived among humanity and promised them an infinitely better world beyond this life, and when you also remember that I promised to return in another time to continue speaking to you and to explain everything you had not understood, you will come to the conclusion that humanity’s spiritual destiny is higher—much higher—than anything you could expect, and that the promised bliss is infinitely greater than anything you can surmise or imagine.

My peace be with you!

Instruction 278

1. Beloved disciples, once again I say to you: Watch and pray, for the body is weak, and in its weakness it can lead the soul astray from the right path.

2. The soul that knows how to live vigilantly never strays from the path that its Lord has laid out for it, and it is able to put its inheritance and gifts to use until it has attained its higher development. This being *must* advance through trials because it lives vigilantly and never allows itself to be dominated by matter. Whoever watches and prays will always emerge victorious from life's crises and traverse the path of life with a steady stride.

3. How different is the behavior of one who forgets to pray and stay vigilant! He voluntarily forgoes defending himself with the best weapons I have placed within human beings—which are faith, love, and the light of knowledge. He is the one who does not hear the inner voice that speaks to him through intuition, conscience, and dreams. But his heart and mind do not understand that language and do not give credence to the message of his own Spirit.

4. If people were to live consciously in relation to the higher life that exists and vibrates above them, and if they knew how to consult their Spirit—how many troubles would they spare themselves, and from how many abysses would they save themselves. But throughout his life, he seeks advice from those who have no solution to his doubts and uncertainties: the scientists who have delved into material nature but who do not know spiritual life, because the soul within them has fallen into lethargy.

5. The human soul must awaken in order to find itself, to discover all the abilities entrusted to it to support it in its struggle.

6. Today, man is like a small, withered leaf that has fallen from the tree of life and is at the mercy of the winds, subject to a thousand vicissitudes, weak in the face of the forces of nature, frail and pitiful in the face of death—even though he should be Lord of the earth as a prince sent by Me to perfect himself in the world.

7. The time of awakening has come, in which you must hasten in your search for the truth and retrace the path upon which your ambition, your despair, and your ignorance have led you.

8. Do not flee from My Light, which appears to shake the world through its revelations. Soon you will see the saving star of this shipwrecked world shining in the spiritual firmament—this humanity that has strayed into the

shadows of a materialistic, barren, and selfish life because it has strayed from the Law that is the essence of your life.

9. Blessed people: Are your hearts not moved when I speak to you thus on behalf of humanity? Do you not immediately think of the difficult mission you must fulfill?

10. I speak to you in this way so that you may prepare yourselves. For the time is now near when My messengers and My emissaries will appear in the world, and among these emissaries will be some of you—some of those who have heard My Word in this Third Era.

11. Only those who are pure of heart may set out for the lands and nations to spread My message, for they will be the only ones worthy of bearing witness to the truth of this work.

12. When these messengers set out for the lands that await them, all religious fanaticism must already have been eradicated from their hearts; not even the slightest desire for flattery or admiration may remain, nor shall their hands dare to defile themselves with the money of the world for the work of love they are performing. They must not sell miracles, nor set a price for the love they share with one another. They must be servants, not Lords. The time will yet come when you will understand the greatness of true humility, and then you will realize that whoever knew how to be a servant was, in reality, free in his mission to do good and spread mercy, and that faith, confidence, and peace accompanied him throughout his life.

13. On the other hand, anyone who has considered himself a king and Lord without having the merit to be so is—even if the nations lie at his feet—a slave, a wretched person, because he has neither rest, peace, security, nor faith.

14. If you wish to find true encouragement in the spiritual struggle, then turn to your neighbor, and every time you comfort someone in mourning, heal the sick, or rescue someone who has gone astray, you will feel a deep satisfaction, an indescribable happiness that is incomparably greater than the pleasures the world can offer you. When your human and small heart experiences this kind of joy, it is because your soul has struggled and risen above itself.

15. I detect the following secret question in your hearts: “What will become of us when we no longer have the warmth of this Word?” The reason for this is that your soul foresees the time of suffering that will consume the world from the moment my revelation ends.

16. I tell you: If you follow My instructions, you will have nothing to fear. For whoever walks in My way is enlightened by My light and has My

peace. Be concerned for those who have forgotten to pray, for those who feel no love for their neighbor in their hearts, for those who are unaware of the spiritual gifts they possess. Pray for them all.

17. Teach them to pray; help your fellow human beings understand that it is their Spirit that should engage in dialogue with its Creator, so that they may realize that their prayers are almost always the cry of the body, the expression of fear, the proof of their lack of faith, their rebellion, or their distrust of Me.

18. Help your fellow human beings understand that they do not need to mortify or torment their bodies to move My Spirit or to arouse My compassion or mercy. Those who impose physical suffering and penance upon themselves do so because they have not the slightest knowledge of what offerings are most pleasing to Me, nor do they have any conception of My love or the mercy of your Father.

19. Do you think that I need the tears in your eyes and the pain in your hearts to have mercy on you? This would mean attributing harshness, callousness, indifference, and selfishness to Me. Can you imagine these faults in the God whom you love?

20. How little effort have you made to get to know Me! The reason for this is that you have not trained your mind to think in harmony with the Spirit.

21. I speak to you often about prayer because it is necessary for you to discover all the powers and modes of action inherent in it. For the time has come when your Spirit fulfills the great mission in the world for which it has been destined, and prayer is the most excellent weapon for its struggle.

22. Whoever knows how to pray is a soldier of God, for his spiritualization makes him invincible. His weapons work without the world even noticing. His light illuminates the darkness, his force thwarts evil intentions, and his love sows peace. He needs no material means to carry out his mission; he fulfills it and acts as if he were already in the spiritual realm.

23. I have given humanity the time necessary for its spiritual awakening, and that time is coming to an end. It needs only to take a few more steps along the paths of the world, and then it will pause to willingly enter the Kingdom of Love.

24. You will still see one powerful figure pounce upon another in order to destroy him and remain as the Lord of the earth. They do not realize that the force they sought will not be granted to them because they are crossing the boundaries of free will.

25. When, at the end of the battle, one still stands upright and wishes to utter a cry of victory, he will see that his kingdom consists of ruins and corpses, that his empire consists of misery and death, and this will be the end of wars in the world.

26. Man will then not be able to claim that he found in Me an obstacle to his science or an enemy of his quest for power and his desire for greatness. For I allowed him to go all the way to the end, to the very limit, for you know that everything human has a limit.

Man created a world according to his own ideas, and he himself destroyed it because its foundations were not firm. Whom will he be able to blame but Me? Yet when the pain is at its greatest and his heart is horrified by the result of his deeds, then he will cry out for mercy and forgiveness; for only at that moment will the soul shatter the dungeon in which it was imprisoned, breaking free in longing for the One it had forgotten—or, if it ever remembered Him, it was only to distrust His force.

27. Mankind will come to know My justice—not My retribution. For if this feeling existed within Me and I were to unleash it upon humanity, I would defile them rather than purify them. But My justice has the task of restoring purity to your soul.

28. Behold how I—while people prepare their own destruction—provide everything for their salvation and resurrection, even if they must pass through a crucible of immeasurable suffer , which are necessary to strengthen their souls in their repentance and their resolve to remain faithful to the Law.

29. My love will save everyone; to all I will give the opportunity to return to Me, and then you will know that I am the Almighty and the ultimate Victor. Yet I will not rule over the defeated, nor over the dead, nor over the humiliated: My victory will be genuine, for I will reign over the victors.

30. You are like a park whose lawns I have tended, allowing no weeds to grow. I have allowed bushes to grow, buds to sprout, and flower calyxes to open so that visitors may delight in their sight, and so that those who stroll may find shelter from inclement weather and rest in the shade of the trees.

31. Sometimes your peace turns into struggle, turmoil, or fear. This happens when the storm lashes the fields and gardens, shakes the trees, and strips the blossoms of their petals. Then you ask what purpose those trials serve. But I tell you that the whirlwind causes the bad fruit and the withered leaves to fall from the trees and blows away from the garden everything that is not meant to exist within it.

32. When this garden blossoms and bears fruit according to My will, I will open its gates and invite the inhabitants of other provinces to enter it, so that I may give them the fruits they like best, that they may carry them back to their provinces.

33. I bless the trees that, though lashed by the whirlwind, managed to remain steadfast, and those that, though their branches were stripped of leaves for a short time, soon became covered with greenery again.

34. When the trial was over, you were amazed to see that the rotten fruits and withered leaves had fallen from the tree.

35. I gave you the strength to withstand the trial, and I gave you the light to understand the meaning of these divine lessons.

36. If I were to ask you what those bad fruits are that your tree sometimes bears—what would you tell Me? You would immediately answer that they are your brothers and sisters who do not work with sincerity, who have not renewed themselves, who offer Me nothing good. But I tell you that the bad fruits are not your brothers and sisters; it is not they whom the whirlwind blows away from the garden. The bad fruits are the bad habits, the bad feelings, the mistakes they commit in My work. And the withered leaves are all those superfluous acts of worship that still habitually persist among My disciples—such as outward forms of worship, rites, symbolic acts, and behaviors that belonged to a very distant past, but which today are already like withered leaves without sap that have fallen from the Tree of Life.

37. If My teaching were to regard any one of you as a bad fruit, unworthy to be on the tree of My justice and My love, it would not be true, for it would show no mercy toward the one who acts unlawfully, nor would it show love toward the needy, nor the power to convert him.

38. You know that I do not drive anyone away, nor do I cast out a single one of my children, but rather I drive every impurity from their hearts and teach them to cast out of their hearts all evil that has kept them from the true fulfillment of my law.

39. If I had to reject the imperfect and were allowed to accept only the good and the righteous—truly, I tell you, none of you would be chosen by Me, because you are all imperfect, and I find not a single righteous person among you.

40. The greatness of My teaching lies in the redemption of sinners.

41. Give thanks to your Father, for it is He Himself who explains His teaching to you, because humanity distorts My instructions by making what is infinitely just appear to be unjust.

42. You represent My garden. It has been My Word that has nurtured you. But you have not yet blossomed, nor have you borne fruit. In truth, I tell you that the blossoms of your garden will only open when you exchange ideas from Spirit to Spirit, and the fruit on your tree will only ripen when your works contain truthfulness, love, and knowledge—when they possess life, nourishment, and good taste.

43. Once again I tell you that this Third Era, in which you have heard Me through the human mind, has been merely a stage of preparation or maturation—a manifestation of My "Word," My Spirit, but still humanized and materialized. Therefore, I tell you that this form of communication cannot be the goal of your spiritual aspirations.

44. This revelation has been the stage that allowed you to take another step upward on the path that brings you closer to perfect dialogue.

45. I often speak to you about this so that, when the end of the present era comes, you may take the step into the new era without hesitation. Then you will be convinced that the medium is not absolutely necessary to receive My divine message, for it will descend upon every soul.

46. Through that light, you will receive My instructions, feel My presence, and hear My voice.

47. At that time, the novice will have become a disciple; he will no longer be the one who called out to his Lord and said to Him, "Father, come to me, give me Your support, lift me up." Then he will be the one who rises and approaches his Father to say to Him: "Beloved Master, my Father, here I am; I am ready to hear You and to receive Your divine will from You."

48. Understand, people, that what I have revealed to you through these spokesmen is not all—nor can it be all—that I have to reveal to humankind.

49. Although I have made much known through these mouths, it is—though extensive—not My secret treasury, not the entire book of My wisdom. I tell you once again: It was the preparation, the introduction to the age of spiritualization.

50. You have begun to unfold your gifts, but you will not experience their fullest unfolding until this Word has ceased.

51. Let Me prepare you for now, so that when you hear the last of My teachings, there will be a celebration among My people and not mourning, because they will no longer hear Me in this form.

52. The memory of those times will pass through your soul—times when the people heard the voice of Jehovah in the thunder of the storm and saw His light in the flashes of lightning, when they received the Law

carved in stone, and the bread of eternal life was symbolized by the manna.

53. Your Spirit will remind you of My presence in this world, when I—having become human—lived among you so that I might be seen, heard, and understood, to awaken your slumbering souls through the miracle of My miracles, and to give you proof of My love. And so that you might find faith, I granted you everything you asked of Me: forgiveness, patience, miracles, blessings, blood, and life.

54. You will also remember the time when you received this revelation through My messengers or spokespeople, as I made My Word audible and adapted it to everyone's capacity for understanding so that it might be comprehended.

55. Then you will weep with both sorrow and joy: with sorrow when you realize how slowly you have walked along the spiritual path, and because of your hardness of heart, which has always compelled the Father to descend to your misery and wretchedness. Your weeping will be out of joy when you realize that, despite your slowness, you have already arrived at the gates of the New Age, in which you will no longer sacrifice your Father, in which you will no longer call out to Him and plead with Him in tears to save you from ruin, because you will already know how to go to Him, speak with Him, and hear Him with your soul.

56. Why should there be sorrow at the very moment of this revelation, since this day marks the beginning of a new era of greater light and greater perfection? I have told you that I desire this day to be a spiritual feast among My people.

57. Truly, I tell you, I have even greater instructions in store for you than those I have revealed to you thus far. Yet when will you be able to fathom and grasp all that I have taught and revealed to you through the words of the messengers? When will you tell Me that you have already understood the essence of this instruction?

58. Do not be anxious, for if you truly devote yourselves to the study and practice of My Word, you will be guided by Me to the end of the path. Remember that I am the light that illuminates your path.

59. People, I want you to recognize the blessed inheritance you have received from the beginning through the mercy of your Father. You have been marked since that time so that you may bear witness to My truth in the Third Era. My light has followed you on all the paths of your long journey.

60. You have been prepared so that you might recognize Me at the time of receiving this message and so that doubt would not keep you from Me.

That is why, when you reflect, you are sometimes amazed that you have been able to free yourselves from the many bonds that held you captive. You cannot regret the step you have taken, for you have recognized the clarity of My work and the goodness of My Word. You all know very well the path you are following and what you are currently doing. There are no secrets in My revelations, nor any ambiguities in My Word.

61. The clarity and thoroughness of my instructions will cause your spirit soul to reveal, according to the Father's will, what he has entrusted to it and to unfold the gifts that have long been hidden. You had fallen asleep, and so only now do you realize that you have beheld my light. *I* have not surprised you; you have surprised yourselves. *I* have not been a mystery to My children, but you, on the other hand, still harbor many secrets. That is why I have come to your aid, so that you may fully know the truth.

62. Give thanks to your Lord because you are once again on the path, but do not be content with that alone. Remember that I have offered you the path so that you may come to Me along it. You are disciples of a spiritual teaching whose goal you still consider to be far off. But My teaching stands by you, My Word encourages you, and My mercy strengthens you, so that you may not falter. For you will not reap your harvest until you reach the summit of spiritualization.

63. At present, My Word illuminates the earth; it has come precisely at the foretold time, and although only a few are witnesses to this message—when you compare their number according to the number of people—the day will come when My Word will resound throughout the entire world.

Until now, you have been content merely to hear Me. But once My rally has come to an end, disciples will emerge among you who have studied My teaching and guard its essence—who will ensure, in a decisive and clear manner, that acts of love are performed in this work that will convince people.

64. Today I still see many caught in error, for they mix rites and traditions into My Instruction that do not belong to it. But according to your study, purification and authenticity will come to your worship of God and your religious practices, and as a result, the spiritual unity of the people.

65. Now you believe you understand the responsibility you bear and believe you grasp the greatness of this work. Nevertheless, I tell you that you will not have this understanding according to this time of Instruction, and after you have reflected on what you have heard.

66. You will find everything clearly expressed in My Word; in no respect will you find it unclear or ambiguous. But you will have to devote a certain amount of time to reflecting on this message so that you may offer humanity a Good News of radiant light, the peace, and true comfort. This is the mission to which you have been destined, O people, as witnesses to this revelation. Therefore, I have demanded an accounting from you regarding this commitment to the Father, which was made long ago.

Watch, pray, and prepare yourselves so that you may convey My Word in all its purity. Truly, I tell you, if you pass it on in this way, it will prevail, for then it will be able to withstand all condemnation, hostility, and scrutiny. But those who proclaim it will have to bear witness to it through their deeds so that they may withstand the blasphemous judgments and the trials to which they will be subjected. You will achieve this if you are able to apply My Word to your lives without fanaticism or secrecy.

My peace be with you!

Instruction 279

1. You are traveling a thorny path, and with every pain you experience, you hear the voice of conscience telling you that you are still far from fulfilling your Father's law, and that is why you stumble.

The spirit soul retains the intuitive knowledge that it sprang from the bosom of the Creator long ago, and since it knows that it still has a long way to go to return to its point of origin, it devotes itself to prayer, knowing that at least in this moment it can connect with its Father. The soul knows that in prayer it finds a comfort that caresses, strengthens, and heals it.

2. I bless those who pray. The more spiritual their prayer is, the greater the peace I allow them to feel. You can easily understand this; for whoever, in order to pray, must kneel before images or objects to feel the presence of the Divine will not be able to experience the spiritual sensation of the Father's presence in their heart.

3. "Blessed are those who believe without seeing," I once said, and now I say it again; for whoever closes their eyes to the things of the world opens them to the spiritual, and whoever has faith in My *spiritual* presence *must* feel it and rejoice in it.

4. When will the people of the earth cease to deny their spirit the joy of feeling Me in their hearts through direct prayer—or, which is the same thing, through prayer from Spirit to Spirit? When My light illuminates the lives of humankind, they come to know the truth, and they understand their errors.

5. Now is the right time to pray and meditate; but with prayers free from fanaticism and idolatry, and with calm and deep reflection on My divine Word.

6. All hours and all places can be suitable for prayer and meditation. I have never told you in My instructions that there are places or moments specifically designated for this. Why on earth would you seek out certain places to pray, when your Spirit is greater than the world you inhabit? Why limit Me to images and such confined places, when I am infinite?

7. The most serious reason for people's spiritual poverty and their earthly misfortunes is their imperfect way of praying; that is why I tell you that this understanding must reach all of humanity.

8. You stand at the gates of the Spiritual Age. So do not be surprised that I speak to you at length about matters pertaining to the Spirit.

9. No one should be surprised by My new message or the meaning of My Word. For the prophets of the First Era, just as Christ did in the Second

Era, announced with the utmost clarity the era that you are experiencing today.

10. Many have traveled throughout the world because they recognized that now is the time for the fulfillment of those prophecies. Yet I must tell you that not all have understood the meaning of the Scriptures, since they interpret them in terms of the material, much like the Jews did at that time regarding the coming of the Messiah and His Kingdom.

11. When I was on earth, I told you, “My kingdom is not of this world.” On another occasion, I said, “I must depart from you, for I am going to prepare a place for you where you may come.”

12. Therefore, disciples, when I came with a teaching that spoke of a higher life, that revealed the spiritual life and showed you the path to attain it — a path that you must understand, which has not only been My Word but also the Law of the First Age and all the prophecies handed down to you by My messengers who spoke to humanity about spiritual life — why have you interpreted the divine meaning of those revelations in a material sense? In times past, I spoke to humanity through parables and symbols, for neither their souls nor their intellectual faculties were capable of receiving the light in its fullness. It was therefore absolutely necessary to translate that language, those figures, and those parables into the spiritual realm and to interpret them spiritually until their true meaning is found.

13. “My Kingdom is not of this world,” I say to you once again. My Kingdom is in the spiritual realm, according to my essence I am Spirit. Yet since you are children of this Being, it is only natural that you, too, belong to that Kingdom.

To reach it, I have inspired a teaching for you and revealed a wisdom that will elevate you above your human condition and bring you closer, step by step, to the spiritual realm.

14. Pray and meditate, O people, and you will not fall into error, nor will you be led astray by anyone. For you are the seed of the New Age, because you come to the invisible mountain to hear the voice of your Father.

15. From the darkness and the abyss, souls now rise to swell the ranks of the people of God, in whose children is the seed of Abraham, Jacob, Moses, Elijah, and all those who, through their deeds, knew how to honor the name of their people and glorify the name of their God.

16. A voice has awakened you—a kind and comforting voice that calls you into the kingdom of light and life—but it can turn into a voice of

justice if you choose to continue debasing your soul and disregarding the law.

17. To the obedient and humble, my word says: Remain steadfast, for you will receive much of my grace and will accomplish much for your brothers and sisters. To the foolish, my voice says: If you do not take advantage of this blessed opportunity to escape the filth of sin or the darkness of ignorance in which you live, you will see times and ages pass over your soul without ever knowing what the Lord brought in His message, nor what spiritual gifts He revealed to His people.

18. Indeed, there will be a suitable time for *all* to save themselves and soar to the heights. But woe to him who delays this day! Woe to him who misses the opportunities to achieve the development of his soul because he has devoted himself to the vanities of this world! He does not know how long he will have to wait for a new opportunity, nor does he know the bitterness of his atonement. In this lies not the slightest retribution or the mildest punishment on the part of the Father, but rather His strict and inexorable justice.

19. Do you know today, now that I have come among you, whether you have not already missed or left unused previous opportunities, and do you know the length of time your soul has waited to receive this new opportunity to fulfill a mission entrusted to you long ago? What does your heart or your mind know of your soul's past, of its destiny, its debts, its tasks, and its acts of atonement? Nothing! Therefore, you must not interrupt the soul's perfection, nor lead it into temptation through love for the goods of this world. It must follow a different path, different goals, and different ideals.

20. These are the first days of an age that is dawning brilliantly upon humanity. It has appeared amid storms, lightning, upheavals, and pain. But the dark clouds will dissipate, and the light of truth will shine forth in all its majesty.

21. Today you still live in the gloomy days that precede the light. Yet this light, taking advantage of the few clearings in your cloudy sky, penetrates with its brief rays, reaching certain points on Earth, touching hearts, stirring souls, and awakening them.

22. All who have been surprised by this light have paused on their path to ask, "Who are You?" And I have answered them: "I am the Light of the world; I am the Light of eternity; I am the Truth and Love. I am the One who promised to return to speak to you—the One of whom it was said that He was 'the Word' of God."

23. Like Saul on the road to Damascus, they have humbled all their pride, overcome their arrogance, and humbly bowed their heads to say to Me with all their hearts: “My Father and Lord, forgive me. Now I realize that I have persecuted You without even knowing it.”

24. From that moment on, those hearts were transformed into little followers. For in this Third Era, up to the present day, no apostle has appeared among My new disciples with the same elevation as the one who persecuted Me so fiercely in My disciples and then loved Me with such great fervor.

25. You are humble imitators and followers of those who fulfilled their spiritual mission in the world through great works of love and left their mark alongside that of the One they loved so dearly and for whom they died: their Master.

26. I speak to you of times past—sometimes in broad strokes and at other times in detail—so that you may learn to draw from the great examples the spiritual meaning that is immortal and unchanging.

27. Here is My heart, open to every request, every concern, every confidential sharing!

28. I am your Father, Master, Friend, nurse, physician, and counselor. Lay all your troubles before Me, dry your tears, entrust your hopes and desires to Me, and make Me your confidant.

29. Pray, my children, for through prayer one attains wisdom, health, and strength.

30. I want you to become My true disciples—beings who are aware of their purpose—people who know how to elevate their souls so as not to stumble on earth.

31. Those who pray fear neither abysses nor cliffs; their souls are always at peace.

32. When you all live this way, you will have built a sanctuary of love for your Father, within which the sounds of a spiritual hymn of praise will resound, bearing witness to brotherhood, exaltation, and harmony.

33. You are still under My Instruction so that, when you encounter a difficult trial on your path, you may find in My Word the guidance for overcoming it. For these newcomers of today will be disciples and even masters tomorrow. That is why they have much to learn now.

34. I will shape your hearts, train your mind, and refine your emotions so that I may send you forth to bear witness to My coming in the Third Era.

35. My new Word has not yet spread across the earth. Before it can take effect, I give the peoples preliminary signs of My coming. The

Spiritual World is currently fulfilling the task of awakening people to the reality of spiritual life.

36. Here among you, I have revealed Myself in detail. You cannot say that these were merely hints or signs. For My Word, conveyed through the human mind, has been clear and distinct, even though it is only the preparatory message for achieving the dialogue from Spirit to Spirit.

37. Indeed, My Word, through these messengers, has been a comprehensive and profound Instruction. It has confirmed truths that had already been revealed, just as it has brought forth new revelations.

38. I have spoken to you about spiritual destiny, the evolution of beings, reincarnation, and the atonement of the soul. I have spoken to you about the various stages of testing and instruction that humanity has undergone on Earth, symbolized by a book sealed with seven seals. I have revealed to you that we are now in the Third Age, in which I come to you in Spirit because I find you capable of sensing My spiritual presence, and I have told you that you can summarize the entire Law in two precepts or commandments: to love your Father and to love one another.

39. Reflect according to the Scriptures, and you will understand that it was not signs that I gave you, but a great manifestation of My Fatherly love.

40. Those who have received only signs are other peoples—those who have not erased from their hearts My promise to return, who explore the cosmos and observe the meaning of all great events—in the hope of being able to say, “The Master is near.”

41. How little the world cares about My new manifestation! How few are those who are watching and waiting for Me, and how many are those who are asleep!

42. Concerning those who live in anticipation of Me, I can tell you that not all of them foresee the actual form of My presence at this time. For while some, under the influence of old religious beliefs, think that I will return to the world as a human being, others believe that I must appear in some form visible to every human eye, and only very few guess the truth and sense that My coming is spiritual.

43. While some wonder what form I will take, at what hour or on what day I will reveal Myself on earth, and in what place I will appear, others say—without thinking of specific forms or times—“The Master is already among us; His light, which is His Spirit, surrounds us.”

44. When this message reaches all hearts, it will be a moment of jubilation for some, for they will find in it confirmation of all their premonitions and their faith. Others, however, will deny the truth of My

message because they do not find it in accordance with what they believed would happen, nor with the manner in which it would be revealed.

45. Think of them all, beloved people, and know that the waiting is painful for these souls, and that—while they suffer when they think that this time may not be that of My return—you are refreshed day by day by My Word. How great will your responsibility toward humanity be when it finally comes to an end!

46. Awaken, people, and rouse the other peoples of the earth; that is all you need to do for now. I will appear to all—in the "cloud," just as I promised you, and all will see Me.

47. Why should you think that My coming in the Spirit has no meaning? Remember that according to My death as a human being, I continued to speak to My disciples and revealed Myself to them as a spiritual being.

48. What would have become of them without those manifestations that I granted them, which strengthened their faith and instilled new courage in them for their missionary work?

49. The sight they presented according to My departure was a sad one: Tears flowed ceaselessly down their faces; every moment a sob escaped from their chests; they prayed fervently, and fear and remorse weighed heavily upon them. They knew: one had betrayed Me, another had denied Me, and almost all had forsaken Me in My hour of death.

50. How could *they* be the witnesses of that Master of all perfection? How were they to find the courage and strength to face people with such diverse beliefs and ways of thinking and living?

51. Just then, My Spirit appeared among them to soothe their pain, to kindle their faith, and to set their hearts ablaze with the ideal of My teaching.

52. I gave My Spirit human form to make It visible and tangible to the disciples, yet My presence was still spiritual; and behold the influence and significance that appearance had among My apostles.

53. Truly, I tell you, today I have not made my Spirit become human as I did then, because your spiritual development is different. Nevertheless—although my presence is subtle and intangible—it is felt by all here, without it being necessary for your mortal eyes to confirm that the Master is among you.

54. The soul possesses higher senses through which you can feel, recognize, and comprehend the spiritual. I want you to perceive My presence precisely through this sensitivity.

55. When you no longer hear this word, you will fall into sadness and weakness and feel remorse because of your lack of love. But I will come to you as well and say to you in the intimacy of your heart: “Here I am; do not be afraid; go your way; you are not alone.”

56. Who but I encouraged the disciples during that “Second Era,” when they went out into the world without their Master? Does not the work of each one of them seem admirable to you? But I tell you that they, too, had weaknesses like any other human being. Later, they were filled with love and faith; it did not discourage them to be in the world like sheep among wolves and to walk their path amid the persecution and mockery of the people.

57. They had the force to perform miracles; they knew how to make use of that grace to convert hearts to the truth.

58. Blessed are all those who heard the Word of Jesus from the lips of my Apostles, for with them my teaching underwent no alteration but was imparted in all its purity and truth. Therefore, when people listened to them, they felt the presence of the Lord in their souls and sensed within their very being an unfamiliar feeling of force, wisdom, and majesty.

59. In those poor and humble fishermen from Galilee, you have a worthy example: transformed by love into *spiritual* fishermen, they shook nations and empires with the Word they had learned from Jesus, and through their perseverance and self-sacrifice, they paved the way for the conversion of the nations and the establishment of spiritual peace. From kings to beggars—all experienced My peace in those days of true Christianity.

60. That era of spirituality among humanity did not last; yet I, who know all things, had announced and promised you My return, for I knew that you would need Me once again.

61. I knew that people would increasingly mystify My teaching from generation to generation, alter My law, and distort the truth. I knew that people would forget My promise to return and that they would no longer regard one another as brothers, but would kill one another with the cruelest, most cowardly, and most inhuman weapons.

62. But now the time and the promised day have come, and here I am. Do not condemn the manner I have chosen to reveal Myself to you; for it is not the world that is to judge Me, but I am the One who judges humanity, because now is the time of its judgment.

63. I am establishing a kingdom in the hearts of men—not an earthly kingdom, as many expect, but a spiritual one—whose force springs from love and justice and not from the forces of the world.

64. I see that some are astonished to hear Me speak this way; yet I ask you: Why do you always want to imagine Me clothed in silk, gold, and precious stones? Why do you always want My kingdom to be of this world, when I have revealed the opposite to you?

65. I bring a new lesson through which you will learn to live spiritually on earth—which is the true life destined for humanity by God.

66. I have already told you that "spiritualization" does not mean piousness, religious fanaticism, or supernatural practices. Spiritualization means harmony between the soul and the body, obedience to divine and human laws, simplicity and purity in life, absolute and profound faith in the Father, trust and joy in serving God through one's neighbor, and ideals of moral and spiritual perfection.

67. When I show you the purity of My teaching, you feel that your errors stand out more clearly. Well then, disciples, I am ready to forgive all your transgressions if tomorrow, heeding the voice of your conscience, you rouse yourselves to make amends for all your mistakes, to make up for lost time, and to demonstrate the sincerity of My teaching through the purity of your actions.

68. It is necessary for a noble people, one that observes My laws, to emerge—a people that proves to humanity that spiritualization is not impossible, that the renewal of human nature is not a sacrifice, and that spiritual service is not a renunciation of *human* life.

69. *You* will be able to become those who preach and provide teaching about My work, because you have the necessary experience that stems from a long history and a long process of development.

70. You had to travel many paths to come to know Spiritualism. You, too, were idolatrous and could not perceive My presence without the aid of symbols, nor honor Me without ceremonies. But fortunately, you reached a crossroads, and when you did not know which direction to take, you heard the longed-for voice of the Master, who once again showed you the way.

71. Do you not think that your wealth of experience serves to both understand and encourage your fellow human beings?

72. I have already foretold you that the struggle will be fierce, for everyone considers their religion to be perfect and their way of practicing it to be beyond reproach. Yet I tell you that if that were the case, I would have had no reason to come at this time and speak to you.

73. Through inspiration, I give you a profoundly spiritual teaching, for I see that paganism reigns in your forms of worship and that the " "—the

evil seed of fanaticism—has poisoned you with ignorance and feelings of hatred.

74. My sword of light is in my right hand; I am the Warrior and King who destroys all that is rebellious, all existing evil, and all that is false. When my battle is over and hearts have learned to unite in prayer and in life, the gaze of your Spirit will discover Me in infinite light and eternal peace. "*This* is My kingdom," I will say to you, "and I am your King, for that is why I am here, and that is why I created you: to reign."

75. Recognize the way in which I achieve My conquests—a way different from that of humans—and recognize how, in order to reign in your hearts, instead of subjugating you through fear or force, I became human to live among you; I washed and kissed your feet and became your sacrifice.

76. I gave Myself entirely to you, which is why I tell you that you will all eventually surrender yourselves to Me.

May My peace be with you!

Instruction 280

1. Let the meaning of My Word enter your soul, so that it may overflow from your heart, transformed into love for your neighbor, into peace, and into Instruction for your fellow human beings.

2. The mark this people will leave on the earth will be one of peace, and it will show the world that it truly possesses the key that opens the doors to the hereafter for humanity. Its mission is to tear down barriers in order to unite the peoples spiritually, until the legacy left by the Tower of Babel is destroyed.

In this new people of Israel, all nations will be blessed, because it has placed its mind at My disposal for the proclamation of My Word, and because within it the dialogue from Spirit to Spirit will begin.

3. Along its path, it will sow spiritualization, leave light in its wake, pave the way for the renewal of those who have strayed, and sow in hearts the seed whose fruit will be harmony and brotherhood among people.

4. When I speak of the mission of this people, I do so as God; I provide them with Instruction as a Father; and I command them as a Judge.

5. My Word is not intended only for those who hear it at this very moment. It encompasses the entire universe. But just as in other times My Law and My teaching began with *a single* people, so you cannot imagine the force that My teaching possesses. Therefore, it will be other peoples and other individuals who will recognize the true value of this Word, interpret it, and bring it to full application.

6. It is necessary for a wise, strong, and powerful teaching to illuminate the life of this world, so that people may rise up in their longing for the truth and the ideal of higher development may awaken in their souls.

7. Do you perhaps think that I deny the effectiveness of that teaching which I brought to you in the Second Era as a message of love? No, I bring it to you once more because you no longer have it on earth, because you have buried it in books and no longer carry it in your hearts. Yet now I bring it back to you through My Instructions, for My love for you is unchanging. Only it will no longer be in your heart, where I place it, but in your spirit soul, where it will no longer be lost, because the bread that nourishes the soul remains within it.

8. My rally through the intellectual faculties of these messengers—unknown and insignificant in their material lives—has been the proof that I have come to bestow a gift upon the world—that among its scholars or doctors I did not find a single person who was prepared to receive the ray of My divinity in his mind by surrendering himself completely to My will.

9. Nothing is impossible for Me; My will has been fulfilled and always will be, even if it occasionally seems as though it is the will of man that prevails, and not Mine.

10. The path of human free will, man's dominion on earth, the victories of his pride, and the coercion he sometimes imposes through the use of force are so fleeting in comparison to eternity that, while they may in a certain sense alter the divine plans, but tomorrow, or as they unfold, the will of My Spirit will increasingly reveal itself to all beings, preserving what is good and eliminating what is impure.

11. That kingdom which man has created on earth will very soon be prepared by Me. And truly, I tell you that only the good will remain of it—that which is permissible, that which contains truth. But everything that contains pride, selfishness, and lies—everything that is poison and death—will be destroyed and cast into the relentless fire of annihilation.

But who will carry out this work of destroying evil? Man. He will take it upon himself to destroy with his own hands everything that his science has discovered in order to harm his neighbor. When the trial is over, only the true lights that he has discovered will remain and continue to shine, illuminating humanity's path into the future.

12. I will ensure that all the centuries and all the ages of disobedience and degradation of this humanity will seem like but a moment once people walk in my way. I will ensure that that truly brief period, which cast a shadow over the spiritual life of humankind, dissolves and vanishes under the divine radiance of My Light, which will illuminate the spiritual age of humankind at the height of the Third Era.

13. When you consider the number of those who hear My Word, it seems very small to you. But truly, I tell you, behind you—invisible to your eyes—come great multitudes of souls whom you are leading on the path to the Light.

14. If people knew their spiritual gifts—how much suffering they would spare themselves! But they have preferred to remain blind or indolent, while allowing times of greatest pain to befall them.

15. My teaching is meant to enlighten you, so that you may spare yourselves those great sufferings that were foretold to humanity by the prophets of bygone times.

16. To those who think that I punish people by unleashing the forces of nature upon them, I say that they are falling into a great error in thinking this way. For nature evolves and changes, and in its changes or transitions, upheavals arise that cause you suffering if you do not fulfill My law; yet *you* attribute them to divine punishments. True,

My justice is at work in them; yet if you—beings favored with the divine spark that illuminates your soul—lived in harmony with the nature that surrounds you, your Spirit would have lifted you above the changes and the power of the forces of nature, and you would not suffer.

17. Only by improving your lives can you find the force or ability to free yourselves from the effects of the unleashed elements. For it is not only faith or prayer that are the weapons that grant you victory over the blows of fate and the adversities of life: that faith and that prayer must be accompanied by a virtuous, pure, and good life.

18. If you have often remained unscathed through your faith or through prayer, it is more through My compassion for you than through your own merit that you have triumphed in your trials.

19. Understand why, in each of My instructions, I tell you to prepare yourselves and at the same time urge you to watch and pray, so that you may attain that spiritualization which brings you into harmony with everything that surrounds you in your life, making you invulnerable to the workings of the forces of nature when they are set in motion.

20. It is necessary for you to understand the time you are currently experiencing—a time of transition not only in the spiritual realm but also in the material world around you.

21. Know that this home that shelters you is currently taking a step toward perfection in order to welcome higher beings in the future, and so it is only natural that you are experiencing upheavals.

22. It is a time of confusion that is reflected in people's lives—in their minds, in their souls, in their emotions, in their bodies, and in everything that envelops and surrounds them. People are suffering because they have entered this time of trials without spiritual preparation, without faith, without awareness of their abilities, and without prayer.

23. Only My force and My love can save you from perishing in the chaos.

24. Lift up your lives, people; train yourselves in this Word of Light that I send you, and truly, I tell you that not only will you save yourselves, but your influence and your protection will also reach many of your fellow human beings.

25. Remember Jesus when He was sailing across the sea in a boat with His disciples. The waves grew higher, the sea foamed, and the waves were raging. The disciples feared for their lives when they saw that Jesus was sleeping. They had lacked the faith to save themselves. But the Master's love helped them by giving them proof of His force over the elements

when He stretched out His right hand and commanded the raging waters to be still.

26. Those lessons were new to humanity. But you, My disciples of the Third Era, should reflect on the fact that you must not only live in the confidence that I will ultimately save you out of compassion, as I did the disciples in the boat, but that you must develop within yourselves the spiritual powers that have not yet been revealed in your being.

27. Those disciples learned My lesson. For on their missionary journey they encountered the great trials that afflicted their fellow human beings, and in the face of these trials they understood how to manifest the authority of their Spirit.

28. Do you wish to be among those who bear witness to the truth of this Word in this age? Then spiritualize your lives, for thereby you will develop the power that lies hidden within your very being.

29. When people attain spiritualization, they will be beings superior to everything that surrounds them. For until now, they have been merely weak beings, at the mercy of natural forces, powers, and influences that should not be superior to man, because they do not stand above him.

30. This instruction is brief but profound in its meaning. Study it, disciples, and teach it.

31. “Turn your gaze toward Me when you have lost your way; be with Me today. Lift your thoughts to Me and speak to Me as a child speaks to his father, as one speaks trustingly to a friend.”

32. I am the Divine Master who has come from time to time to give you My Instruction. When you drink from a very bitter cup, it is not because I am punishing you, but because you must purify yourselves in order to reach Me.

33. I am waiting for you. But so that you do not stumble as you return to this path, I must stand by you, and that is precisely what I am doing by sending you My light, which is revelation, inspiration, and encouragement.

34. You are now entering a new phase of your lives; the path has been paved. Take up your cross and follow Me. I am not telling you that there will be no trials on this path; but whenever you traverse a difficult stretch of the way or drink from a cup of suffering, you will hear a voice that encourages and guides you; My love will be with you, supporting and lifting you up, and you will feel the gentle caress of My healing balm.

35. Tomorrow, when this voice no longer resounds from the lips of My spokespeople, you will preserve its meaning in your memory, and it will continue to encourage and guide you. You will pray as I have taught you, and you will receive My inspiration from Spirit to Spirit. Wherever you

gather to study My Word, through the union of your thoughts you will form a temple full of light and harmony.

Thus you will understand that these places of gathering, where you have united to hear My Word, are not the Temple of the Lord; yet I also tell you this: if you wish to continue dedicating them to your gatherings, you may do so.

Here, where you are all united, you will give one another strength, light, faith, courage, and warmth; and when you have learned My lesson, you will come together to pray and think of your home, which is another suitable place for dialogue with your Master.

When the fields and meadows invite you to escape the noise of the city, you will also find a suitable place there for your devotions and will feel My presence within you. But remain spiritually united and always live in harmony with My Law.

36. Little by little, you will grow accustomed to your brotherhood and unity, and within your midst, the spiritual family that you are to form according to My will will grow ever stronger.

37. Truly, I tell you, once you have achieved this good harmony among yourselves, you will set a good example for humanity.

Remember that no leaf on the tree moves without My will; everything unfolds as I permit it, and everything is determined by Me.

38. Clothe yourselves in joy and faith, and when you find yourselves beset by temptations along your path, pray and be at peace, for in prayer you will find the necessary weapons to fight and triumph.

39. Walk step by step along the path, without haste, for otherwise you would run the risk of stumbling or falling into an abyss. Truly get to know the way, so that later you may engage in teaching it to your fellow human beings.

40. You must not be content with your early works, thinking that you have earned enough merit for the perfection of your soul. But so that you may learn new lessons every day and discover greater revelations, always devote some time to studying My work.

41. The disciple who is eager for knowledge will always hear the answer to his questions and, in moments of trial, will always hear My fatherly counsel.

42. The advanced disciple will be a source of love for his fellow human beings; he will truly feel that his Father has endowed him with a legacy, and he will recognize the time to set out to carry out his great spiritual mission among humanity.

43. Every “worker” is assigned a number of souls to whom he is to give light, comfort, and peace. This group will never overwhelm you, for you will encounter them according to the course of your entire life.

44. Today, My teaching consists of fatherly counsel and inspiration. It is simple, but if you delve into it spiritually, you will discover the solemnity of that sermon I delivered to the great multitudes on the mountain during the Second Era.

45. From the spiritual cloud, I send you the ray of My Spirit, which flows down upon your being and enables you to hear My Word.

46. I have brought you a lofty instruction, just as the one I revealed to you back then—a teaching that stands above all the knowledge of the world, the only light that can lead you to true life.

47. My teaching provides instruction to people on how to live a noble, pure, and elevated life on earth. It also prepares the soul so that, once it enters its home in the hereafter, it may perform a work that brings it closer to perfection.

48. Earn merits for your future life even now.

49. Some suffer because they see the great tribulations of humanity and feel unable to alleviate even the smallest of their sufferings. Come to the Master, and I will teach you how to comfort, how to bestow peace, and how to heal.

50. Once you have sown your path with acts of charity, it will seem to you as though your work is very insignificant according to all the sufferings and tragedies of humanity. Nevertheless, I tell you that your seemingly insignificant work will lessen the pain that weighs upon humanity, and at the same time, it will diminish the forces of war.

51. You will work quietly among people. But the moment will come when this silence ends, and the Good News will resound throughout the world.

52. The apostles of Spiritualism will not stand alone. Events will occur in the world that will be favorable for the development of this teaching.

53. Everything has been prepared with perfection. I have made My plan known to you. All that remains is for you to study My Word thoroughly so that you do not contradict what I have ordained.

54. Life’s trials and My Word prepare you. Some have remained stuck where the trial caught them off guard because they did not apply My Instruction to be able to triumph. Others, on the other hand, go through the trials in peace because they never forget what they have heard from the Master. Do not forget that the trials of the soul give you resilience and perseverance, and that tomorrow on your path you will encounter many

who have been defeated, who need the Word of Light and the testimony of those who knew how to triumph.

55. “Spiritualize,” the Master tells you, “for spiritualization will help you rise above misfortunes and will ease your physical needs.”

56. Learn to pray, for through prayer you can also do much good, just as you can defend yourselves against treachery. Prayer is both a shield and a weapon; if you have enemies, defend yourselves through prayer. But know that this weapon must not wound or harm anyone, for its sole purpose is to bring light into the darkness.

57. You must act with purity, without ever mixing any of the impure religious practices that exist on Earth into My teaching.

58. This is My teaching. You have come with hearts open to My teachings, and thus I have had to pour Myself out among you in light.

59. In each of My words, I have given you My balm and My peace, beloved people.

60. Your soul has lifted itself up and is ready to hear My voice. I see it transformed into a true sanctuary, into which I allow the sound of My Word to penetrate—which is the light of the “Word”—so that, feeling the breath of your Father near, you may have the strength necessary to reach the destination of your journey.

61. Fully aware of the times you are living through, you have set out to follow Me, precisely because your spirit soul knows why it came to Earth. Thus, you will be able to set out with a firm step on the path of spiritual teaching, and thus you will soon be able to offer Me the worship I have long awaited from humanity.

62. I have ordained that the time of My rally should be long, so that you may strengthen your knowledge and your faith and not say afterward: “The Master’s presence among us was so brief that we did not have enough time to convince ourselves of His truth.”

63. My teaching, full of spirituality, will take root in the hearts of this people so that in the future it may bear the fruits of truth and life. My Word will spread across the earth, leaving no place where it does not purify, enlighten, and judge.

64. Then the peoples will begin to awaken to spiritual life—the true and eternal life—and will eliminate the external and materialistic aspects of their various forms of worship, limiting themselves to turning toward the essence of My Law.

65. Humanity will recognize the force that spirituality bestows and will turn its gaze away from everything that has held it back for so many centuries.

66. What good is it that the symbol of Christianity—that is, the cross—is found millions of times on earth if people are not of good will and do not love one another?

67. Outward appearances no longer have any force over people; there is no longer any respect, nor good faith, nor regret for having caused harm. Therefore, I tell you that the symbols and forms of worship will disappear, for their time has passed, and it will be inner worship that lifts people up toward the light, elevates them, and leads them to Me.

68. In the purest part of their being, in the Spirit, I will inscribe My Law in this age; I will make My voice heard; I will build My temple; for what is not within a person, what is not in their soul, is as though it did not exist.

Whether one erects massive material churches in My honor, or offers Me celebrations and ceremonies full of splendor—this offering will not reach Me, because it is not spiritual. Every outward form of worship always carries within it vanity and ostentation; the secret offering, on the other hand—the one that the world does not see and that you offer to Me from Spirit to Spirit—reaches Me because of its humility, its sincerity, its truthfulness; in a word: because it sprang from the Spirit. Recall that parable of Mine given to you in the "Second Era," known as the parable of the Pharisee and the tax collector, and you will see that My Instruction has always been the same.

69. I would not condemn you if you were to remove from the earth itself the very last cross with which you symbolize your Christian faith, and in its place replace that symbol with true love for one another; for then your faith and your outward worship of God would become a worship and a faith of the Spirit, which corresponds to what I expect of you. If only your religious services and your symbols had the power to prevent your wars, to keep you from sinking into vice, to preserve you in peace. But look how you trample upon everything that, according to your own words, is holy; look how you trample underfoot what you have held to be divine.

70. I tell you once again: It would be better for you if you had not a single church, not an altar, not a single symbol or image on the entire earth, but if you knew how to pray in the Spirit, loved your Father, and were able to believe in Him without the need for intermediaries, and if you loved one another as I have given you instruction on in My teaching. Then you would be saved and would walk the path marked by the traces of My blood—traces with which I sealed the truth of My Instructions.

71. Only when humanity renounces its idolatry and fanaticism will it see "the new manna" descend. No longer the manna that nourished the people in the solitude of the desert, but the manna that descends upon

your soul in times of trial. This will be the true bread of heaven—the bread that people receive from Spirit to Spirit.

72. The manna of the early days was merely a symbol of what My spiritual dialogue with humanity would be in the last days, when their souls would receive spiritual nourishment directly from the Divine.

73. This people bears a very great responsibility toward humanity. It must set an example of true spiritualization; it should demonstrate the way in which one practices religion inwardly, offers a pleasing sacrifice, and pays homage worthy of God. Open your hearts and listen there to the voice of conscience, so that you may judge your actions and discover whether you are faithfully interpreting My instructions or whether you, too, are misunderstanding the meaning of My teaching.

74. Do not expect to reach the pinnacle of spiritualization in a single day. Walk toward your goal with measured, calm, and steady steps, and you will never stumble nor have any reason to turn back in remorse or to be filled with fear because of what you have done. Make sure that every step is taken with full awareness, and you will soon see the fruit of your labor.

May My peace be with you!

Instruction 281

1. Beloved disciples: Although there are many religions, there is only one Law, and my teaching is one.

2. My instruction is the teaching of the Spirit, which teaches people to cultivate love. Yet what has humanity—which calls itself Christian—made of my teaching? It has turned it into formalities, rituals, and lip service, and behind all this it hides its hypocrisy.

3. I tell you that the only truth is love, and that if—even though you praise and glorify My name with words and songs—you do not perform works of love, you will not be on the path of truth.

4. The truth is the Divine Love revealed in the universe. Whoever does not know the truth does not know God.

5. What a mistake people make when they believe in God through liturgies and ceremonies!

6. God is not, nor can He be, what man has created on earth.

7. God has no limits; He is Essence and Omnipotence. To recognize Him and feel Him, it is necessary to become one with Him by doing good, loving one another, and being just.

8. When I speak to you in this way, you cannot imagine that the peoples of this age, with their materialistic civilization, could comprehend and accept a teaching of love. Yet I tell you that my Instruction is the seed the world needs; it is the water it longs for to quench its thirst.

9. This hunger and this thirst that people feel stem from their need for love and truth in their lives. This spiritual and moral misery is the consequence of their wars, their alienation, and their ambitious earthly pursuits.

10. For a brief time, when people finally grow weary of waging war against one another, are tired of destruction, and are embittered by so much suffering, they try to seek the path of salvation that I show you. But although they strive to interpret My teaching in various ways, in every case they fall back into superstitious rites, useless cults, and external forms of worshiping Me.

11. The cry for freedom could not arise in every soul, because the fog surrounding them is very thick. But my light is powerful and will pierce through the darkness, penetrating to the very depths of the human heart.

12. What kind of light will this be? It is My new Word, My teaching with its new revelations, which teaches people the true way to worship God. At the same time, it shows them how to find the crystal-clear water that quenches the thirst of their soul.

13. I will instill in all the true way of worshiping God, as well as the right way to live in harmony with the Divine Law, the fulfillment of which is the only thing the Lord will hold each of you accountable for.

14. Finally, you will recognize the content or meaning of My Word, O you people. Then you will discover that My teaching is not only the divine voice speaking to humanity, but also the expression of all Spirits.

15. My Word is the voice that encourages, the cry for freedom, and the saving anchor.

16. My teaching is free from all ritualism. If it were not so, it would lose its essence.

17. In this time, I bring you pure and perfect Instruction; therefore, I tell you that at the end of your day's work, only what you have done in life with true love will be credited to you, for it will prove that you have recognized the truth.

18. Humanity has never been without My revelations, which are the light of the Spirit; yet it has feared to fathom them. Now I ask you: What can you know about the truth and the eternal if you stubbornly avoid the spiritual?

19. Consider the materialistic interpretation you have given to My revelations of the first and second "ages," even though they speak only of the Divine and the spiritual. See how you confuse material nature with spiritual nature, and with what lack of respect you transform the profound into the superficial and the exalted into the base. But why have you done this? Because, in your desire to do something in the work of God, you seek a way to adapt My teaching to your earthly life and to your human comforts, which are closest to your hearts according to your desires.

20. Reflect according to everything I have told you, disciples, so that when you say you are spiritualists, it is because you truly live what your lips preach.

21. How easy it is to say, "I am a spiritualist," but how difficult it is to truly be one.

22. How many are there who hear My Word, who have become great interpreters of it, and yet are not the best disciples of My teaching in action; they do not fulfill the divine commandment that tells you, "Love one another."

23. Consider, on the other hand, how easily one is transformed who puts even *a* single atom of my Instruction into practice. Do you want an example of this?

There was someone who, throughout his entire life, told Me through verbal prayers that he loved Me—prayers formulated by others that he

did not even understand, because they consisted of words whose meanings he did not know. But soon he realized what the true way to pray was, and, setting aside his old habits, he focused on the innermost part of his soul, sent *his thoughts* up to God, and for the first time felt His presence.

He did not know what to say to his Lord; his chest began to sob and his eyes began to shed tears. Only one sentence formed in his mind, which was: “My Father, what can I say to You, since I do not know how to speak to You?” But those tears, those sobs, that inner joy, and even his confusion spoke to the Father in a language so beautiful that you will never be able to find its like in your human languages or in your books.

24. That stammering of the person who begins to pray spiritually to his Lord resembles the first words of small children, which are a source of joy and delight to their parents, for they hear the first utterances of a being that is beginning to rise to life.

25. Since people have not known how to give the true and correct interpretation to the revelations that have been given to them since the earliest times, I come today in the Spirit to give them a clear explanation and correct interpretation of all that I have taught them.

26. In this present age, you recognize the faculties of the spirit soul and those of the body without confusing them with one another.

27. Spirit, mind, and emotions will find true harmony when My teaching, as the light of a new day, finally awakens this slumbering humanity.

28. You ask Me to help you attain unity and peace in your hearts on this day, so that you may present yourselves before Me as beings who are aware of the process they are witnessing as they listen to My Instruction through the mind of a voice-bearer. And I receive your souls. Everything you offer Me in your prayers and in your actions, pure and simple, I accept as a just tribute from the children to their Heavenly Father.

29. The most urgent request you make of Me is that there be peace on earth—that the patriarchal way of life of earlier times return to humankind. Yet I tell you that this peace will return only when you, My new disciples, have laid the foundations of a new world, for which I am preparing you.

30. Once you see a brother in each of your neighbors, once you let the differences between yourselves and others fade away and love Me in them, you will behold the dawn of a new era, and life will be joyful and easy for humankind, and I will be recognized as Father.

31. My Word in this time is the same as the one I gave you in Jesus. It is the same crystal-clear flood that washed over your soul when you followed Me through the lands of Palestine. Its meaning is known to you; you will never be able to mistake its “flavor,” for it has imprinted its divine seal upon your soul.

But today, now that I have come down to reveal Myself through these men and women, and you hear the word that comes from their lips, you recognize that it comes from Me, and you ask Me why I have not chosen another form to convey My message of this time to humanity.

32. You tell Me that there are no people of special virtue among you who are capable of serving Me. There is no Moses, nor the prophets of the First Era, nor even a Peter or John. But truly, I tell you, in every age I have sent forth virtuous souls, and among them are those who have served Me in humility. Love them and comfort them, for their burden is very heavy.

I have guarded their minds and hearts like a pure spring, and often pain has been the best means of purifying them. Their lives are similar to those of My messengers of other times. I bless you. Blessed are those who have followed Me in this way and who have grasped the full significance of the mission I have given them!

33. I invite you to enter My Kingdom. I call upon all the peoples of the earth without any favoritism; yet I know that not all will heed Me. Humanity has extinguished its lamp and walks in darkness. Yet where error makes itself felt, one enlightened by Me will appear, spreading light around him—a spiritual sentinel who watches and waits for My signal to sound the alarm that awakens and shakes the world.

Let the love of those messengers be fruitful seed in your hearts. Do not reject them when they appear before you in outward poverty. Listen to them, for they come in My name to impart to you a capacity that you do not yet know. They will teach you the perfect prayer, will free you from the bonds of materialism that bind you, and will help you attain the spiritual freedom that lifts you up to Me.

34. You who hear Me eagerly await the fulfillment of all My words. You long to see this world transformed into a disciple of Mine. You ask Me to be among those whom I have sent on difficult missions to other countries. Yet truly, I tell you, you must prepare yourselves first, for the struggle that awaits you will be very great.

Yet not all the messengers of whom I speak to you are among you; not all will have heard My Word through a spoken voice. Many of them will speak from intuition, for I have prepared their souls, and I have wisely distributed them so that My light may reach everywhere.

35. How can you believe that, while I have come down to you, I could neglect other nations, when you are all My children? Do you really believe that anyone is far from Me or outside of Me, even though My Spirit is all-encompassing and surrounds and understands all creation? Everything lives and is nourished by Me. Therefore, My Universal Ray has descended upon the entire globe, and souls have received My influence on this and other worlds, for I have come to save all My creatures.

36. I do not want you to waste this time, nor to pass through the world without leaving a trace of your footsteps. I want you to be true guardians of the seed I entrust to you, and when you leave this world, to continue working until you have brought your seed to bloom in the souls of your fellow human beings.

37. I do not wish to bind you to My instructions. I merely encourage you lovingly, for I will accept no other fulfillment of this mission than that which is born from your soul, prepared through My Instruction. Be free within My laws, but make obedience a habit. Fulfill the two laws that govern humanity, which at their core are one and the same, for both spring from Me.

38. Pray for all people; wish for harmony and understanding among all toward Me, and may your prayer rise up like a song, like a fervent hymn that enlightens souls and shows them the path by which they will reach the goal of their destiny.

39. Drawn by the force of My Word, you come to these places, beloved people. You do not necessarily need to come to these places of gathering to seek My presence within them and to present your concerns before Me. For you know that I am omnipresent, that I am everywhere, that I hear you everywhere.

40. It is My Word for which you come; it is the divine essence that serves as nourishment for your soul—that is what you seek.

41. You all know that I have indicated to you the time when I will cease to speak to you in this form, and that is why you hasten to come every time My Word resounds through the voice-bearer. For you wish to preserve within your own souls even the very last of the revelations I bestow upon you.

42. The inner knowledge of the spiritual mission you have come to fulfill is gradually awakening within you, and you are beginning to grapple with your responsibility, for you have realized how difficult and arduous it is to preach My Law through deeds, words, and thoughts.

43. Soon you will be without My Word. Yet, so that you do not become wavering, you must draw inspiration from the example of My disciples of

the Second Era, who united after the Master had departed from them. Through their unity, they gave one another strength, encouragement, power, and faith.

44. It will depend on your unity whether you feel My presence at your gatherings and whether you do not miss the time of My rallies.

45. So far, you have been strengthened by listening; tomorrow you will be strengthened even more through study. For as you delve into the heart of My Instructions, you will be amazed as you discover the meaning behind each of My Instructions.

46. I bless even now those who are uniting and preparing themselves for this time to fathom the teaching I bring you. For through this study, the disciples will discover the true interpretation of my Word. And I tell you that just as my Word radiates light, so too will your interpretation illuminate the path of your neighbors.

47. The good interpreters of this teaching will know how to awaken their fellow human beings, who have fallen asleep in the routine of their religious practices; they will reach out to them and prevent them from foundering in confusion due to a lack of reflection.

Later, this people will spread throughout the world and bear witness to what they have heard, while at the same time explaining My Law and My teaching in clear words—not only what I have told you now, but everything I have revealed to you throughout the ages you have lived through.

48. Do not fear being mocked or rejected by your fellow human beings.

49. I assure you that when this people of spiritualists appears among humanity, I will already have given them many and very great spiritual manifestations. These manifestations will cause many of those who await Me spiritually to sense that I have already come and spoken. Do you not believe that when they see you coming and hear your words, they will recognize you as My messengers?

50. Truly, I tell you, even the theologians will explain to themselves the reason for so many events.

51. My people will spread across the earth like a great army. My Spirit will be upon the people and encourage them in their struggle, so that even the last of My words—which I have given you in this age and in times past—may be fulfilled.

52. Why do you weep when you think of the days when you will no longer hear My Word? Do not be anxious, you multitudes of people, for I will not leave you alone.

53. Do you remember how, according to the Second Era, I left Mary in the midst of the Apostles?

54. The loving Counselor, the Mother, the comfort of the afflicted, remained among those disciples for a time.

55. When the pain they had suffered on Golgotha—when they found themselves without their Master, without His Word—had subsided from their hearts, they understood the mission they were to fulfill, and they began to spread the Good News throughout the earth. The Lord lifted Mary up from the earth, for she had already left her loving gentleness as a legacy for humanity.

56. You who are the new disciples before the Divine Throne, think that I will leave you alone once you are "deprived" of My revelation through the mouth of a messenger. But I tell you: Mary has not died; your spiritual Mother is ready to stand by you in times of trial, in those days when you feel forsaken and sense My absence, even though I am closer to you than ever. Her motherly love will help you feel strong and understand the true meaning of the Instructions I have brought before you through words and deeds.

57. You are to be soldiers of My Law and sowers of spiritualization. Yet even today I declare to you that Spiritualism will not have its stronghold on earth, nor will it have a representative in any human being. Its dominion will not be of this world, and your only guide will be your conscience in Christ.

58. Your intuitive gaze will know how to discover the new "workers" among the multitudes of people. But it shall not be your hands that "anoint" or consecrate. For the only One who can entrust gifts, tasks, or missions to a soul is I—the only One who writes down the destiny of every being.

59. I tell you all this to protect you from falling into errors or practices and rites that contain no truth.

60. You will be only My sowers, My prophets, My messengers. But the secret treasury will remain in the hands of your Lord.

61. It is My will that complete harmony and brotherhood reign among you, so that no lords, rulers, or tyrants may arise in a people among whom all should be order, love, and spiritualization.

62. If you fulfill your mission in the manner I show you, your example will be recognized, and your force will have to break through the barriers of spiritualism.

63. Understand that it must be the light of My Instruction that exposes the folly of idols, that tears the haughty ruler and the despotic Lord from his pedestal, and that destroys the fleeting force of materialistic rule.

64. The people whom I am preparing today to preach spiritual life tomorrow will not be rich; they will possess neither treasures nor material goods. For through their deeds, they must prove to the world that the truth, love, and justice of God do not need to rely on the force of your deceptive riches.

65. Love, faith, and firm will are the forces that will make this work known among humanity. Follow the example of Christ and His disciples; reflect according to their lives and the Instructions they gave you, and you will see that I speak the truth to you.

66. My hand has never touched a coin. On one occasion, when one was deliberately shown to Me in order to ask Me to express My view on one's duties toward the emperor, I merely looked at that coin, and without touching it, I replied to the one who asked Me: "Render to God what is God's, and to the emperor what is the emperor's."

67. This is one of my final Instructions, but not the last. I will continue to speak to you for a short time yet, and then I will certainly no longer speak through the mind of a human being.

68. I will then give you a time of reflection so that you may ponder according to My departure. During that time, intuition will gradually begin to awaken from Spirit to Spirit in various forms.

69. Everything you have not understood now, you will comprehend during those days of spiritual reflection, and at the same time, you will be surprised by new revelations and prophecies.

70. The inspiration of one will be confirmed by that of another, and thus no doubt will arise among the disciples.

71. Roque Rojas and Damiana Oviedo were My first spokespeople for My spiritual message in this era. The man received the radiance of Elijah in his mind; the maiden received the light of the Master. With this, I wished to show you that in My band of apostles, women sit at My table just as men do. The spirit soul is the same in both. Why should I make a distinction between them in this Third Era, since it is the age in which I seek the spirit souls?

72. Roque Rojas and Damiana Oviedo are your pioneers. They heard the divine voice in the midst of the desert, and without asking whether it was true, they believed. One heard the voice of the Prophet; the other felt the touch of the Master's mercy.

73. How many mysteries have I revealed to you since then! The first messengers died, and others appeared, and so on in succession up to the present. Not all have been pure in their intentions. Some have been examples of zeal for the faith, love of truth, self-denial, and self-sacrifice. Yet some have been vain, loving flattery and reward.

74. From the very beginning, I gave the crowds of listeners my teaching on recognizing the true fruit, and to you who are present here I say that you are to bring My truth as nourishment to your fellow human beings, while you are to burn the traces in the fire of truth.

75. I must tell you that you never knew how to care for your spokespeople, because you lacked understanding and compassion for them. But since you did not know how to encourage or nurture those hearts, at least in the future, preserve what came from their lips, which was My Word: the new manna.

76. As the number of spiritualists multiplies on Earth, there will be many who confuse them with ordinary fortune-tellers and approach them to ask according to the future. Scientists will question them about the life of spirits and about life on other worlds or planets. I foretell all this to you so that, when you find yourselves besieged by foolish questions, you will remember that you must pray for your Father to inspire you with what you must say—which is His will for you to convey in the face of the folly or curiosity of your fellow human beings.

77. I instruct you not to alter a single one of My revelations, nor to attempt to explore that for which the time has not yet come to be revealed. You must always maintain your readiness—as if you were a spring ready to receive the crystal-clear water that quenches your fellow human beings' thirst for light, and it shall not be your hand that lifts the veil of mystery. Was there anyone on earth who was worthy to open the Book of the Seven Seals? Only the Lamb was worthy—that is to say, only He had the force to do so.

Know that there are many instructions that will be revealed to humankind here on Earth, but also that there are many others that will be revealed to them only when they dwell in the high abodes of the Spirit.

78. You will find Me everywhere; My presence is in every place along the path. I transform Myself both into an oasis in the midst of the desert and into a lighthouse on a stormy night.

May My peace be with you!

Instruction 282

1. The divine light shines for you; it becomes the Word to give you a new Instruction. Blessed is the one who prepares himself as if his heart were a sanctuary, for he has reached up toward true life when he has heard My Word.

2. Come, all of you, and recognize the miracle of My love. I have come to save sinners through the lips of sinners.

3. In this era, I prove to you the force that you possess as an inheritance or a gift that I have placed within you. It is not the force of matter, but that of the Spirit. For man is not powerful, great, or wise through the flesh; he is so through the Spirit.

I speak to the one who directs his steps toward the path of goodness and obeys the will of his heavenly Father—to the one who follows the laws that guide and govern life. He will surely feel supported by mighty forces that will always lead him on a path of light, peace, and truth.

4. Disciples: This simple word, which I have brought to you as a spiritual gift to usher in the New Age, is, in its simplicity and outward modesty, yet another of My masterpieces. This way of seeking out humanity to reveal the Divine to them through their intellect has a purpose, a meaning, and a significance that you are all to discover.

5. Behold how My divine thoughts become a voice on certain human lips, which—though impure—become pure at the moment of this service to provide you with nourishment for spiritual life.

6. What, then, will the day—when both your soul and your body have been purified to receive Me—not grant you?

7. Your faith has been small, and your love and your preparation have been weak. Nevertheless, the fruit you have received through My Word has roused you from your lethargy; it has provided you with teaching about the life of the soul—which was a desolate wilderness amid your misfortunes and now resembles an oasis in your life full of struggles and constant trials.

8. If you strive to understand this Instruction, you will be among those who, in this time, have the full realization that without Me, man is nothing.

9. Look at this world—proud, defiant, and conceited about all the works of man with which it astounds the generations of this century. For the most part, they neither believe in the spiritual— —nor do they love it. Therefore, they neither pray nor follow My law. Yet they are content and proud to be able to present a world filled with marvels that they have created with the help of their science.

10. Yet this astonishing world of humankind, which they have built over centuries of science, struggles, wars, and tears, they will still destroy with their own hands and weapons. The time is already approaching when humanity will become aware of the unsustainability and fragility of its works, which lacked love, justice, and a genuine desire for perfection.

11. Very soon you will learn that without God you are nothing, that only from Me can you receive the strength, life, and intelligence to create a harmonious existence between the Spirit and the human part of man.

12. I come with My new Word to bring the world to life, for throughout the centuries and ages, humanity has seen only death reign. What has been the reason that death has reigned in your existence? The lack of love.

13. Truly, I tell you, love is the unchanging force that moves the universe. Love is the origin and meaning of life.

14. I am now ushering in a time of spiritual resurrection for all — a time in which I will cause that blessed seed of love to blossom, which I poured out upon the world from the height of a cross, thereby announcing to you that if people love one another as I taught you, "death" would be banished from the world, and in its place, *life* would reign over humanity and manifest itself in all their works.

15. Today, day after day, you eat the bitter fruits of the tree of knowledge, which has been so imperfectly tended by humankind because you have not strived for the harmonious development *of all* your gifts. How, then, could you steer your discoveries and your works in the right direction, since you have trained only the intellect but neglected the soul and the heart?

16. There are people among you who are like wild animals, who give their passions completely free rein, who feel hatred toward their neighbors, who are bloodthirsty, and who seek to enslave their brother nations.

17. If anyone should believe that *my* teaching could cause the moral collapse of humankind—truly, I tell you, then they are greatly mistaken; and to prove this to the doubters, the materialists, and the arrogant of this age, I will allow them to reap and eat the fruit of their science until they have had enough of it, until the confession bursts forth from their souls, saying to Me: "Father, forgive us; Your force alone will be able to halt the forces we have unleashed in our folly."

18. Then I will come to their aid and grant them peace, for their arrogance will already have caused them to drink deeply from the cup of suffering. I will lead them to peace of mind and self-reflection, so that—

already in a new life—they may discover the value of the spiritual and learn to apply it to their works. I will make them understand that life is like a lyre whose strings represent love, spiritualization, and science; yet because these were not in harmony, they were unable to produce the sweet sound of love, which is the sublime sound of spiritualization.

19. The time of judgment has come, in which I will ask some, "Why did you deny Me?" and others, "Why did you persecute Me?" Does he who has not been able to look within himself have the right to deny the existence of My Kingdom? That you do not recognize My truth, that you do not know how to discover it, does not mean that it does not exist. If you believe that only what you can comprehend exists, then I tell you that your ignorance is great and your pride is very great.

20. Truly, I tell you, whoever denies God and His Kingdom has denied himself. Whoever seeks strength from within himself, because he considers himself independent and has the arrogant belief that he can be great even without God, his steps in this world will be very short. He will soon go astray, and his sufferings will be very painful.

21. Where are the true scholars?

22. Knowledge is to feel My presence. Knowledge is to let oneself be guided by My light and to do My will. Knowledge is to understand the Law. Knowledge is to love.

23. Whoever wishes to be of service to his neighbor out of love devotes himself to goodness in any of the many ways that life offers. He knows that he is a human being who must be ready to be used by the divine will for very lofty goals. I want you, O disciples, to attain knowledge so that you may free from their errors those who have lost the path to upward development.

24. True love—that which transcends the human emotions of the heart—is the fruit of wisdom. Behold how I sow wisdom into your imagination through My Word, and thereafter I await the fruit of your love.

25. There are many ways to do good, many ways to comfort and to serve. All are expressions of love, which is one—the love that is the wisdom of the Spirit.

26. Some may follow the path of science, others that of the Spirit, and still others may be guided by emotion, yet the sum total of all will result in spiritual harmony.

27. Learn to distinguish between the various paths that exist, and to respect the different missions that your fellow human beings carry out. To do so, you must have an open mind, sound judgment, a calm spirit, and a

deep insight. If you lack these qualities, you will be outraged without just cause when you discover that there are more religious communities than you believed and a greater number of rites and cults than those you knew.

28. If you do not prepare yourselves, you will feel confused and distressed on the day you find yourselves in the midst of the approaching battle.

29. Those who hear Me without being interested in understanding will not be among those who fathom and explain this teaching. Others, on the other hand, strive to discern the meaning of My Word; they feel it, love it, and carry it in their soul, in their heart, and in their mind. These delve deeper into the understanding of My Instruction every day.

30. When this desire to know more—in order to love perfectly—comes to the fore among these disciples, you will see reflected on their faces the beauty of goodness, of love for one's neighbor, and the majesty of spiritualization.

31. Yet even at this very moment, no one could present their face as a mirror of truth in which the virtues of the spirit soul are reflected—that higher being that dwells within every human being.

But what shall I tell you about that Spiritual World that lives and works beyond you, and which can likewise reveal itself through your deeds, words, and thoughts? For those beings, every human being is a means of revealing themselves, every incarnated soul a bond of union, and every mind a means of connecting with the human world.

32. When people's thoughts incline toward goodness, they will be used by exalted, luminous beings who are dedicated to lofty goals. But when people's thoughts reject every good influence and allow their feelings and abilities to be used by lowly souls, these will bring forth only base passions.

33. I tell you that there is not *a single* human mind that does not live under the influence of the Spiritual World.

34. Many will deny this, yet no one will be able to prove that it is impossible for the human mind to receive the thoughts and vibrations not only of spiritual beings and one's fellow human beings, but also of Mine.

35. This is a revelation for all of humanity—a revelation that, when disseminated, will find open hearts that will receive it with great joy; likewise, it will also encounter stubborn opponents and adversaries.

36. But what can they do to prevent the light of the Spiritual Realm from shining in people's lives? What means can the unbelievers employ to suppress that vibration? Who is the one who considers himself to be

outside the universal influence, which is the creative and life-giving power of God?

37. I speak to your spirit, to your soul, and to your reason, yet I tell you once more that you receive messages, ideas, and inspirations from other planes of existence, and that just as you do not know whence your soul came to incarnate in this body of yours, neither do you know who reveals Himself to it, invisible and imperceptible.

38. To you who hear these Instructions, I say that you must not think that the messengers are righteous and pure simply because it is My inspiration that vibrates within their minds. No, they have merely been endowed with the ability to receive My light and convey it in the form of words. They are the pioneers of that spiritual revelation, which is a promise for the times to come, when people will have a complete realization that the light of the Spiritual World has always shone into their existence, and they will prepare themselves and become spiritualized in order to receive and transmit God's eternal message in a perfect manner.

39. Humanity, you deny what you cannot prove materially. I tell you that you know only what belongs to the world. For if you knew even a little about the Spirit, you would not dare to deny the existence, the influence, or the revelation of the Spiritual World!

40. A great number of beings of light are interceding on your behalf. On the day you learn to unite with them in prayer, in thought, and in faith, you will experience an invincible power, a superhuman power, in your lives, and you will never stumble.

41. There also exists an invisible world of darkness and confusion surrounding human beings. From the day you are prepared to fight against its treacherous attacks, you will feel an unknown freedom and an unknown peace in your lives.

42. Know that a mind will never cease to receive the vibration and influence of My Divinity and the Spiritual World.

43. Humanity has loved that which belongs to the material world; there it has placed its values, and toward it it has directed its heart, its mind, and its senses. Therefore, it disregards and ignores everything related to the Spirit. If humanity had the Spirit as its ideal, it would have refined its senses in such a way that nothing of what I have told you today would be unknown to it.

44. He would know that, by its very nature, the Spirit of God is connected to every spiritual being in the universe; and since he would be aware of this and enlightened by faith, he would strive to ensure that the

radiance of My Spirit—which is power, life, and light, and which animates all creation—would reach him.

45. Truly, I tell you—and do not forget this: It is not impossible for Me to reveal Myself through human mind. It would be impossible if I could not reveal Myself.

46. Your task, disciples, is to make your soul and mind receptive so that you may perceive all spiritual vibrations, feel them, believe in them, live by them, love them, and obey them.

47. I tell you once again: Even if all of humanity were striving to prevent the spiritual light from reaching them, they would never succeed, for the very life that man possesses comes from My Spirit, which vibrates in all that exists.

48. You are currently hearing My teaching, which may seem strange in every respect, but which you understand. You know: Even though it is revealed in such humble and modest places as these meeting rooms, these are not ordinary places, but simple sanctuaries dedicated to devotion, spiritualization, and preparation for receiving the heavenly message.

You know that I am currently revealing Myself through human minds, but that it is not the mind that speaks, but rather the Spirit that receives the light of My inspiration—a light that, when it shines through the mind, becomes a thought, and when it reaches the lips, transforms into words.

49. This has been one of the most beautiful gifts I have revealed to you in the Third Era, so that you might form a conception of the qualities that exist within your Spirit, as well as of what still lies in store for it.

50. Delve into your spiritual inner self so that you may come to know yourselves better. For if you were to believe that you are merely matter, you would deny your greatness and fail to recognize the core of your being.

51. As long as you have no interest in coming to know the truth of the Spirit, you will remain weak and ignorant, and all that you are and all that you possess will not be revealed through the body.

52. The materialistic science of mankind has placed an unbearable burden on people's shoulders. You are all weary; you walk your path with great difficulty in these times, yet I await you all.

53. People, invite your fellow human beings—those who can go no further—to this spiritual feast. You will see that in their minds they carry a treasure of knowledge, and you will say, "What could they possibly lack?" Yet in their souls they have a desolate emptiness.

54. “Come to Me, you intellectuals who are weary of death and disappointed in your hearts. Come to Me, you who are confused and who have hated instead of loving. I will give you peace and make you understand that the Spirit obedient to My commandments never grows weary. I will introduce you to a science that never confuses the intellect.”

55. Do not be afraid to come to Me because your hearts are cold or your judgment is harsh. I will have a sentence, a word, for each of you that will be like a ray of light illuminating those hearts disappointed by a lack of love. It does not matter that you do not believe in Me or love Me. That is no reason for Me to exclude you from My table. It is for the sinners that I have come.

56. I know that many, in their pride, will refuse to come and learn because they think they already know everything. But it will be enough for them to hear just one of My messages, and I will prove to them that they still have a heart, that they are not dead to true love, that they are still My little children with Me, and that they are still capable of weeping.

57. My teaching of love was not intended for just a few who have heard it through the messengers. My message has come into the world to be known by all people. Therefore, I tell you that it will reach the ends of the earth in many forms, for it is the beginning of the consolation that was already promised to humanity in the Second Era, when it would reach the height of the times of tribulation on earth.

58. Today, as I see people plunging at breakneck speed into the deepest abysses of their passions, their vices, and their hostilities, I know that the time has come for Me to come to them to offer them saving help. No matter how low they have sunk, I will let My voice reach their Spirit, telling them: “I am with you; come to Me; seek the light; I will help you escape the darkness, and afterward you will find rest under My shield of peace.”

59. My voice will be heard in the inner temple of his being—the temple that man could not destroy, for it is his own spirit soul.

60. Remember: When you were little children, you all lived in innocence, like the blossoms of a rose. But later, thorns grew from the stems and no longer produced blossoms. It is thorns that humanity offers Me once again, and it will be necessary for the gardener’s wise knife to prune these plants so that they may produce rose blossoms again next spring.

61. Leave the earth behind you for a short time today and come to Me in Spirit. For many centuries, humanity has erred in its way of praying, which is why it has neither been strengthened nor had its path in life

illuminated by My love, since it has prayed with its senses and not with its Spirit.

62. The veneration of images, to which man has such a strong inclination, has been like a poison that has prevented him from enjoying the spiritual delights of inner prayer.

63. How much misery have people carried with them simply because they did not know how to pray! And this is only natural, disciples: What spiritual strength can a human being possess to endure life's trials if he does nothing to draw closer to the Source of Life that exists in My Spirit? He seeks Me in the abysses, in the shadows, even though he could ascend to find Me on the peaks, in the light.

64. Oh, if only the people of this age understood the force of prayer—how many superhuman deeds would they accomplish! But they live in an age of materialism, in which they even try to materialize the Divine so that they can touch it and see it.

65. My servants of times past—Noah, Abraham, Isaac, and Jacob, Joseph, and Moses—knew the force of prayer, and they gave humanity indelible proof of it, leaving behind their way of praying as an example for all generations.

66. For those men, the place of prayer was irrelevant; they knew that within the core of their being they carried the temple of the Lord. The path they sought to draw near to My source of mercy was faith—faith in My presence, in My justice, in My providence, and in My love. I subjected each of these men to a great trial—one so great that testimonies of it will remain for all time. And in those trials, they remained faithful, obedient, humble, and devoted to their Creator.

67. My response to the faith and love of those servants was always immediate, as I made them the objects of My manifestations of force, which are granted only to those of great faith and good will.

68. My love for you leads Me to come at this time to seek you out in ravines and abysses, to save you, just as the shepherd does with the sheep he loves dearly.

69. But if you wish to know My purpose regarding the people I intend to create through you, know that I am currently bringing you together by gathering you from various parts of the earth so that you may come to know this heavenly message.

70. Through My Word, which is divided into countless lessons or Instructions, I will make you disciples of this teaching. And once your being has been saturated with this essence, once you have left traditions and errors behind and have begun to live and feel spiritualization, I will inspire

in you the time and hour when you are to set out for the provinces, peoples, and nations to bring the Good News to the masses.

71. You will multiply like the stars of the heavens or like the sand by the sea, and you will bring blessings to the homes, peoples, and homelands where there is a hunger according to peace, justice, and truth.

72. But do not forget that when you set out on this struggle, it is to be because you are already practicing spiritual prayer, just as I have inspired you to do at all times, as I have now reminded you.

73. Without the force of prayer, you will not be able to prevail in the struggle, nor will you be able to withstand the trials, and even less will you be able to teach your fellow human beings the perfect way to pray.

74. Yet it is necessary that you provide evidence of the force of spiritual prayer, just as those men did in times past whom you remember as patriarchs, leaders, and prophets. The evidence that comes to pass through your intercession will not be the same; for you must bear in mind that this is a different time, that humanity has evolved spiritually and materially, and that therefore the evidence and miracles you obtain through prayer cannot be like those of earlier times. Nevertheless, they will be marvelous.

75. Only two prerequisites will be necessary for you to prove yourselves worthy of such great blessings. The first will be your way of life: righteous, useful, and always inspired by goodness and love for your neighbor. The second will be a faith that gives you force so that, when the moment comes, it may rescue you from danger, lift you above all misery, make you impervious to pain, and help you even to conquer death.

76. Truly, I tell you, with goodness and faith you will succeed in performing mighty and superhuman deeds, through which you will give the best testimony to the force of prayer and love in this time.

My peace be with you!

Instruction 283

1. Beloved disciples, you come from different paths, and you unite in the moment of prayer to lift the soul up to the Father. I welcome you; hear My voice. Return to Me if you have lost your way. Today you are with Me. For a long time now I have been calling you, and truly, I tell you, I have been waiting for each one of you.

2. I receive you who have gathered here on behalf of all humanity. What I bestow upon you, I have thereby bestowed upon all your fellow human beings. Those who have come into the shade of this tree, and those who are far from it, are loved by Me in the same way.

3. Pray, people; this is the language of the soul. But learn this language so that when you speak to Me, you may also understand how to hear Me. Speak to Me with respect and humility, yet with the trust one has in a father—with the familiarity with which one speaks to a friend.

4. Open your heart—this is My temple—and allow the sound of My voice, which is counsel, inspiration, and revelation, to be heard within it.

5. When you penetrate the meaning of My Instructions, and you know My voice just as a sheep knows the voice of its shepherd, you will understand that I have spoken to you at all times and in every moment of your life. If this were not so, "the Word" would not be eternal.

6. In My eyes, humankind has always been like a small child threatened by dangers and falls, and since I am its Father, I love it and guide it, even when its heart is sometimes deaf to My advice, My calls, and My lessons.

7. Today, people are going through a period of great trials, not because I take pleasure in their pain, but because people must, justly, purify themselves when they have defiled themselves.

8. You all know that I love what is pure, that only what is pure reaches Me. Your conscience tells you this.

9. The light of My Spirit is poured out upon all flesh and upon every spirit, so that you may study and interpret the trials that life gives you daily as lessons, so that you may come to know yourselves and understand the mission you brought with you to Earth.

10. Why do so many of you fear that your destiny has been written by *Me* to include trials, pain, punishments, or misfortunes? How can you come to believe that He who loves you perfectly would bestow upon you a path full of thorns? Truly, I tell you, the calamitous path strewn with misfortunes is the one you choose according to *your own* free will, believing that joy, freedom, and bliss are to be found there, without realizing that it is precisely the path destined for you—from which you are

straying—that holds true peace, security, strength, health, well-being, and abundance.

11. This path, which I offer you in My teaching, is the one predestined for your soul from the moment of its creation, so that you may ultimately find on it what you long for.

12. Blessed are those who return to the path when they hear this word, for on it they will rediscover the inheritance they had spurned.

13. On My path there are also trials, but these are instructions for the soul; they are light and revelation through which life gives you a nudge to halt your frantic rush that leads you to ruin.

14. You are subjected to a thousand trials, disciples, so that all the faculties of your spirit soul may be awakened and all the strings of your heart brought into harmony.

15. This people is the strong son who possesses the prophecies and the Instructions. Therefore, I tell them ceaselessly that they must put My Word into practice, that they must apply it to their lives so that they may come to know the value of their gifts, and that they must earnestly seek the meaning of My teaching so that they may discover the lights I promised you back then when I told you that I would send you the Spirit of Truth to explain the earlier revelations to you.

16. I allow this people to grow in secret and obscurity, without humanity noticing its presence, until the hour comes to break the silence—which will happen when these people have united in truth and in the Spirit.

17. When you hear Me, your very being trembles with love, and you ask yourselves, "Where have I heard this voice before?" Others, when they hear Me, say, "It seems to me as if I were seeing the Master preaching on the bank of a river or on a mountain. Where have I seen Him?"

18. Yes, people, your faith tells you that it is I who speak to you, even though you know that I have not become human. For I told you that I would come "in the cloud," and so I have fulfilled it.

19. If I have used the human mind to speak to you, it is because, had I spoken to you from Spirit to Spirit, you would not have heard Me, much less understood Me.

20. But this form of revelation has been brief and is now coming to an end, for it was necessary only that a few hear Me, so that they might know how, in the future, to communicate with Me according to My will and be able to proclaim it to humanity.

21. I want to make you into a single family. For this, it is absolutely necessary that you have a single form of worship and follow the same law.

22. You, My people, begin by setting that example of brotherhood and unity. Until you achieve this, you will not be able to emerge from the obscurity in which you find yourselves into the light of the path where your mission awaits you.

23. The light that radiates from this spiritual Instruction illuminates the spirit of humanity, and once people come to have a true understanding of the time in which they currently live, they will recognize with absolute clarity the essence of this teaching, which will outshine all your religions. You ask Me, "Master, are the religions not true, then?" To this I say to you: If they were the truth, only one would exist, for the truth is one. Each of them contains a part of that supreme Light; they are all paths that guide the soul and bring it closer to the Source of Knowledge.

24. No human being possesses the absolute truth, nor is it contained in any book. This divine clarity, this almighty power, this infinite love, this boundless wisdom, this perfect justice is in God. He is the only truth.

25. Understand My teaching. Every religion is *a* way of comprehending the truth, but not the truth itself. That is why you see the differences that exist among them. I tell you once again that if they contained the highest truth, they would all be the same and would represent a single concept, *a* single worldview, a single path to reach Me.

26. Therefore, once my teaching is recognized in the world, human understanding will place it above every religion, because people will realize that they must not represent or materialize it in any way, since doing so would prevent them from applying it to life itself. You must now understand that this teaching is not meant to be made perceptible to the senses through symbols, but to be felt in the soul. Once you understand it in this way, you will be able to offer the Father the inner worship that is true—the kind that takes place without ostentation, without hypocrisy, and without self-serving interests.

27. The teaching of the Spirit is not a theory; it is practical instruction for both human life and the life of the soul. There is no other instruction more comprehensive and perfect than this. It accompanies you even before you come to earth; it follows you throughout your daily work in this world and merges with your soul when it returns to its former home.

28. It will not be I who removes the liturgy and traditions from your worship services—it will be the human Spirit that, in the face of the need for greater light to illuminate its path of development, will involuntarily rise above its old conceptions. Soon, humanity will understand that the only thing it can offer to God is the practice of love, for love means goodness, mercy, wisdom, and justice.

29. Spiritualism does not erase a single word of what Christ once proclaimed. If this were not so, it could not bear this name, for it would be opposing the truth. How could this word be contrary to that one, since it is the same Master who speaks it? If you were to truly penetrate the meaning of this teaching, you would see that My Word today is the explanation or elaboration of all that I once said. Therefore, humanity today and in the future is able to understand more than past generations and, consequently, to fulfill the Law in a purer, higher, and truer way.

30. If you closely observe your fellow human beings as they practice their religion, you will see that they now regard what was once the object of their worship without inner devotion. The reason for this is that the soul awakens of its own accord and yearns for what can truly nourish it. That is why I tell you that the outward religious practices of this humanity are destined to disappear.

31. It falls to you, who receive this Word, to present My work in all its simplicity, spirituality, purity, and plainness , without leaving any room for the error of creating rituals, new traditions, or new symbols that would lead you astray from the true path.

32. The time for representing the divine or the spiritual through material forms is over. If humanity created symbols and images because, in those times, the law was carved in stone and the prophets were human beings, and because “the Word” became flesh and was seen with physical eyes, today I come to you in Spirit, and my messengers likewise come to you in Spirit. What new symbols or new forms could you create to represent the Infinite, the Indescribable?

33. The spiritual teaching is the expression and true nourishment of the spirit soul. Therefore, it distances itself from all materialism and all ostentatious worship.

34. Because of all that I have told you today, you will understand how great your responsibility is toward your fellow human beings.

35. Follow what My Word reveals to you, and it will be the best way to present My work to others.

36. Practice mercy, shed light, and free from error those who have fallen into it. Create a work of peace, brotherhood, and unity, and My love will accompany your steps.

37. Understand that I am the light in the minds of those who strive for the unfolding of their souls. I am the comfort for those who are weighed down by suffering.

38. It has been a long time since I revealed Myself to the world through words, and therefore, now that My voice is heard once more, you come eagerly to hear the Master and learn His new message.

39. From time to time, it is necessary for My Spirit to reveal Itself in some way that is accessible and understandable to your comprehension. This necessity to speak to you stems from your disobedience to My Law and your straying from the true path.

40. Because of the free will he enjoys, man is the most rebellious creature in all of creation. To this day, he has refused to submit to the dictates of his conscience.

41. My Word seeks to restrain some, to guide others, to strengthen all in the truth, and to rescue you from the abyss.

42. Do not take offense at the way in which I now reveal Myself, which is so different from that of the "Second Era." Know that I have never used the same form twice, for that would mean keeping you stuck at one and the same Instruction, and I always come to teach you new lessons and to help you take new steps.

43. I am filled with the joy your soul feels when it hears Me, for it knows that every instruction from Me is light, encouragement, insight, and preparation for those who know how to make use of it.

44. Undoubtedly, the disciple who makes use of it is a person who feels secure in life, who has faith in his destiny, who no longer fears death, and who instead rejoices in the thought of that spiritual life that awaits him.

45. Blessed is the one who hears my Instructions, makes them his own, and follows them, for he will know how to live in this world, will know how to die to the world, and, when his hour comes, will rise to eternal life.

46. Blessed is he who delves deeply into My Word, for he has come to understand the reason for suffering, the meaning of reparation and atonement; and instead of despairing or blaspheming—which would only increase his anguish—he rises up, filled with faith and hope, to strive so that the burden of his debts may grow lighter each day and his cup of suffering less bitter.

47. Joy and peace are the hallmarks of people of faith—those who are in harmony with the Father's will.

48. How luminous your life would be, and how magnificent and enlightening your science would be, if you would love your neighbors and do your Father's will—if you would sacrifice a portion of your free will and act in accordance with what your conscience commands. Your science would then, in transcending the boundaries of the material, touch the supernatural; for thus far it has not even approached those boundaries.

49. What consternation the soul of the scientist feels when it leaves this world and finally stands before divine truth! There, filled with shame, it lowers its face and asks that its arrogance be forgiven. It believed it knew and could do everything, denying that anything existed beyond its knowledge or understanding. But now that it stands before the Book of Life, before the infinite work of the Creator, it must recognize its wretchedness and clothe itself in humility before the One who is absolute wisdom.

50. Why not leaf through this book right here, since it is permitted and commanded by Me? Why not prepare yourselves through spiritualization to reach it and learn from its pages the lesson that enlightens, or the revelation that explains the mysteries?

51. Know, O people, that you are not the only ones capable of receiving spiritual messages and inspirations. There are many people in the world who, without knowing that I pour forth My Word through these messengers, sense the nearness of a Light ready to pour itself out upon humanity in revelations. They will receive the necessary preparation from My Spirit so that, when they hear your testimony and you convey My divine message to them, they will exclaim joyfully, “This is what I have been hoping for.”

52. I am preparing you in this way so that, when the moment comes for you to meet one another, you may forge bonds of unity and be able to understand one another.

53. I tell you once again that it is not only you who receive enlightenment from My Spirit in this time. For the time will come when all the messages received in various forms will together constitute a single spiritual force in this world.

You will do your part—that which I entrust to you, that is, My new revelations. For the Law is not new; it is the same as the one I gave you in times past—the legacy of the great truth of which I have reminded you, so that you may not stray from the path. The Law, beloved people, is the seed of tomorrow’s world.

54. Today you are still living through an era of doubt, skepticism, and mistrust. But this divine light, which shines upon every soul, will dispel even the last shadow of uncertainty, and the truth will then reign in the lives of humankind.

55. You who hear My word of peace, My teaching on love, must never create discord. On the contrary: your striving must always be to unite, to bring about peace, and to fulfill the commandment that teaches you to love one another.

56. Events will occur in nature that the scientists of humanity will not be able to explain. Then your words, full of humility yet at the same time full of certainty and self-confidence, shall explain the cause of many events and phenomena for which no solution had been found.

57. What is nature other than a great creature? Yes, disciples, a creature that likewise develops, purifies itself, unfolds, and perfects itself so that it may shelter within its bosom the people of tomorrow.

58. How often are you disheartened by nature's transitional phenomena as it strives toward that perfection, and do you regard them as punishments from God, without realizing that you, too, are purifying yourselves, developing, and moving toward perfection together with nature and creation.

59. Even if you do not understand today what I am telling you, in due time you will have sufficient understanding—to the point that you will be in such harmony with everything around you that nothing will harm you, nothing will weigh you down, and nothing will make you sick, because by then you will have attained a state of being above the material and no longer under the dominion of the forces of nature.

60. You are so immature that, instead of marveling at the signs that nature gives, you are often afraid.

61. When will you be like princes in the midst of this creation, rather than slaves, as you are now?

62. Do you think it pleases Me to see you praying in terror and begging God for mercy when you witness the forces of nature unleashed? I want to see you filled with peace of mind, admiring the works of your Father, without your lives gradually withering away. I wish to receive from you prayers that spring from a heart full of peace, obedience, and understanding.

63. Oh, if only, from the very moment your eyes open to behold the light of this life, you would strive to attain true harmony with the spiritual realm and with nature! You would understand how beautiful is the existence that the Creator has given you, whose path leads to eternal life! To help you attain it, I have come in this Third Era to repeat My earlier Instructions to you.

Remember that I told you, "I will come to you once more." Yet My coming was not in a physical body as in the Second Era; I have come in the Spirit to reveal My essence, My presence, and My force to you. I am currently making Myself known among unbelievers and sinners to give them My instruction, My teaching, once again. As in the Second Era, some have believed in Me while others have denied My presence. Yet from

those who have recognized Me will emerge My new disciples, who will bear witness to Me.

64. Behold, humanity is once again confused. Yet I do not teach them sensuous ritual practices; I give them only a teaching of love so that they may understand what the Father's will is.

65. The Holy Spirit has made Himself known among men, women, and children. My grace has been poured out upon them so that they may be the ones to bear witness to My presence in this time.

66. I have come to show you the same law and to remind you of the same Instruction that I gave you in times past. For the Father, in His sublime wisdom, has never come to confuse you. The light of the Holy Spirit has enlightened you to explain all My instructions to you, so that you—and subsequently all of humanity—may put them into practice with love and with perfection in your actions and thoughts.

67. Humanity lives at the height of its depravity. It strives only for material things, for gold and force on earth, yet its spirit soul longs for My peace.

You, too, Israel, have traveled rocky paths over the course of time and have not yet been able to reach the Promised Land because you have not known how to love one another and unite, and have rejected one another. Yet in this Third Era, I have assigned you the best place at My table and have caressed you, so that you may know that I am with you as a Father, so that you may all form a single family.

68. People, nurture the hearts of these blessed children so that they may love one another from their tender childhood and be able to recognize the path of love and justice.

69. In this time, My Word enlightens you anew. I wish to pour out My grace in abundance so that you may be pure and graceful. But if you fall into sin again, know, people, that it is not I who remove you from My bosom, but that it is you who turn away from Me, even though this is not My will. Yet My forgiveness and My love are like open gates, ready to welcome anyone who wishes to return to Me in repentance.

70. Israel: You are the messengers of this time, and I have chosen you to be My faithful servants. I see that, even though you carry pain in your hearts, you are devoted and obedient, and I say to you: I will lift you up, blessed children; fear neither people nor the forces of nature; do not fear traveling great distances, for it is I who have chosen you and clothed you with My grace so that you may rise up and sound the wake-up call to spiritualists at all times, that they may turn away from the confusion and

fanaticism of the world. Show them My true teaching through your deeds, which are full of spirituality.

71. “Hear Me, beloved Israel! Open your spiritual eyes and behold the glory of your Father. Hear My voice through your conscience; listen with your spiritual ears to the heavenly melodies, so that your heart and spirit may rejoice, so that you may feel peace; for I am peace, and I invite you to live in it. I reveal to you the love I have always felt for humanity—the reason why Jesus shed His most precious blood in the ‘Second Era’ to redeem you from sin, to teach you love, and to instill the true teaching in your Spirit and heart.”

72. Beloved people: If your trials and pain should be great along your path, lift yourself up in prayer to the Father with that true prayer that wells up from your heart. Then you will feel strong and glorify the name of your Father.

My peace be with you!

Instruction 284

1. People, eat the bread of eternal life that the Father offers you. Make use of My Word, for you are at the end of My revelation in this form. Let your soul awaken fully to the light that the Father is currently pouring into every soul and every mind.

2. It is a spark of light from My Spirit, a reflection of the divine Word, that descends upon the spirit of the medium through whom I make My message audible to you. What human medium could receive the full force of the "Word"? None. And truly, I tell you, you do not yet know what the "Word" is.

3. The "Word" is life, is love, is the Word of God; yet the medium can receive only a single atom of all this. But here, in that ray of light, in that essence, you will be able to discover the Infinite, the Absolute, the Eternal. To speak of Myself, I can do so through both great works and through small and limited manifestations. I am in everything; everything speaks of Me; the great and the small are equally perfect. Man need only know how to observe, reflect, and study.

4. I speak to your soul, which has been sent to Earth to receive this message, so that later, through its works of love and mercy, it may bear witness to my Instruction before humanity. I speak to your spirit soul, which possesses an immortal essence and nature. I speak to it of that life which awaits it after it has surrendered to the earth the body that served as its support in this world, so that when the hour of its liberation comes, it may bless that moment, turn its gaze toward infinity, soar upward, and reach the heavenly home it has earned through its merits.

5. Love the things of this world, as long as you live in it, only to a certain extent, so that you may understand how to fulfill its laws; but always nurture the lofty goal of dwelling in the *higher* spiritual realms, so that your soul may not be disturbed when it sheds its physical shell, nor be led astray by what it loved on this planet; for then it will remain bound and chained to a world to which it no longer belongs and which it can no longer enjoy in any way.

6. I tell you: If a people were to set out and engage in teaching, everyone would be taught the path of truth, and humanity would rise up according to it, for it feels that it has lost its way, that it has strayed from the path, suffers, stumbles, and despairs.

7. Humanity awaits the coming of the brother, the friend, the counselor, who will tell them where to direct their steps in order to reach the land of salvation.

8. The spiritual confusion among the people of this age is deep and grave because of their rejection of the revelations the Father has made throughout the ages. They have devoted themselves to materialistic science and, in doing so, have completely forgotten the essence of their being and of life.

9. Into this materialistic world I will send you to bring the Good News of My teaching. Truly, I tell you, if your testimony is truthful, people will be amazed when they see a people guided by an invisible Leader and by a voice that is not of this world.

At first, curiosity will prompt them to observe your steps and your works. But later, it will be faith that causes them to exclaim: “Truly, what these people preach is true.”

10. As long as you are not prepared to sound the wake-up call to the world, My cloak will hide you from the gaze of others, because your imperfections would provoke doubt, mockery, and persecution, and your weakness would not withstand the attacks of your enemies. But prepare yourselves now, for the hour of battle is coming, and I will remove My cloak so that the world may see you.

11. Every “worker” will have a spark of My Word on his lips and in his hands the book of My wisdom, which will remind him of My divine Instructions. That book, inspired by Me, will be carefully compiled by My disciples, and with it the people will have a bulwark, for its force will be great.

12. How much wisdom will flow from it! How much balm and comfort it will pour into hearts! It will be a source of joy for those who once discovered My Word but then ceased to hear it, and it will be a source of joy for those who had never heard it.

13. Through reading it, the “dead” will be raised, and those who have gone astray will find the way. Guard the truth of the book that has been entrusted to you, so that you may bear witness to My revelation in this time.

14. If I were to ask you at this very moment what fruits your tree has borne—what could you show Me ? If I were to question you about the Instructions you have received from Me—what answer would you give Me?

15. You remain silent, and in your hearts I see the fear that your work will be prepared by Me. Yet I ask you: Why are you afraid? If you have fulfilled your mission, you will have nothing to fear; and if, on the contrary, you have made mistakes, it is better that I be the one to correct you.

16. Have the will to be spiritualists not only according to name but according to their deeds, for the world is full of false followers and false disciples. If you have taken to heart a teaching whose banner is spiritualization and whose weapons are light and love, then you must give the world proof of these virtues. This shall be the only seed you are to sow if you truly wish for your harvest to be accepted by your Father.

17. Take as your example those who followed Me in the Second Era—not only My apostles, but also the many men and women who turned to My Word and bore witness to My truth through their deeds and even with their very lives.

18. The greatest purity and the highest truthfulness were the aspirations of those hearts, which is why they ensured that in each of their works the light shone with which the Master illuminated His Instructions.

19. Likewise, the new disciples are to honor the Name from which a divine message of love has come to rouse them from their lethargy.

20. If you strive to understand the spiritual meaning of My work and embrace it with the love of a true disciple—truly, I tell you, the good fruits will not be long in coming, and these fruits will be those of renewal, of a return to goodness in the light of conscience, of health, of reconciliation, and of peace.

If, on the other hand, you were to strive for a beautiful facade to conceal the truth, and were to try to hide your imperfections and weaknesses with My work, you will return to the darkness and filth from which I had already saved you.

21. My teaching is spiritual according to its very essence; it is light and power that flows down and penetrates your soul to enable it to triumph in its struggle against the evil. My Word is not meant merely to flatter the ears; it is the light of the soul.

22. Do you wish to hear Me with your soul, so that it may be nourished and benefit from the meaning of this Instruction? Then purify your heart, clear your mind, and allow your conscience to guide you. You will then experience how a transformation begins to take effect within your being—not only spiritually, but also morally and physically. That elevation which the soul gradually attains according to knowledge—that purity which it gradually achieves—will be reflected in the feelings of the heart and in the health of the body.

23. Passions will grow ever weaker, vices will gradually disappear, and fanaticism and ignorance will increasingly give way to genuine faith and deep insights into My Law.

24. If you wish to be heard by the masses and for your words to convince and move them, seek the way for these words to penetrate the souls of your listeners. But how can you ensure that they penetrate the hearts of your fellow human beings and impress upon and awaken their souls? It is very simple; the secret lies in always adhering to the truth and bearing witness through your acts of love.

25. My Fatherly Spirit draws near to provide teaching and to "refine" you, to awaken your spiritual and physical senses, and to call you to lead a life of renewal and obedience to the Law.

26. I have given you everything so that you may rise up and know that you have been sent to earth to earn your peace in this life and in the one that awaits you.

27. Blessed is the one who studies My teaching and strives to fulfill My laws—who allows himself to be enlightened by the light that My Word has radiated and remains in obedience through prayer and vigilance.

28. Today, as you inhabit a world of errors and confusion, I have led you to distance yourselves from it and to live in harmony with My laws. When you are ready, I will send you to humanity so that you may show My light to all those who have divided My teaching into factions and misinterpreted My Word.

All those differences you see today will disappear, and the human heart will be transformed. According to *the* harvest that humanity has reaped from its work—which has left only a bad taste in its mouth—it will sow My seed on the earth purified by the and tend to it. This will be the time when spiritualization will begin.

29. All the trials that befall you in your life as "workers" will come to strengthen you in your faith and so that you may recognize the gifts I have granted you. You will not have fulfilled your mission if you limit yourselves merely to hearing My Word and then passing it on to your fellow human beings. You will have to speak and confirm your words through your deeds. Many of you will bear witness to My teaching by willingly offering your lives; yet I have not demanded blood sacrifices from you.

Soon you will be among humanity like sheep among hungry wolves, but you will not sleep. A light will continually illuminate your path, and even in the darkest nights, this light will shine.

30. I have found humankind asleep in regard to spiritual knowledge, devoted to the material sciences, through which it has discovered nature's greatest mysteries without turning its attention to its spirit soul. How great a effort it will have to make to understand My teaching! My work will pour down upon this humanity like a stream of crystal-clear water;

their thirst for knowledge will be quenched, and everyone who prepares themselves will receive its blessings.

31. You who hear Me—stay alert, for no foreign influence must be mingled with My teaching. Preserve its essence and its truth, and you will see that this humanity, which is distrustful and doubtful, will embrace My Instruction with faith when it comes to know the deeds of My good disciples.

All of you who long for a kingdom of peace and justice to come to this world, draw these virtues to yourselves through your prayer. That time is near. Correct, instruct, and enlighten your fellow human beings now, before you enter that time when you will have no other guide than My Divinity.

32. My inspiration descends upon all souls, and whoever wishes to see Me and follow Me, let them rise up and come to Me. Your Spirit will tell you how to live each day and how to solve your problems. As you spiritualize, you will see in every trial, in every pain, a step to ascend and perfect yourselves.

33. Make your home a paradise where parents represent Me, and where love and respect for one another are your worship . Yet do not limit this love to your family, so that you may love all your fellow human beings as you do your parents or your children.

34. Through My chosen people, I enact just laws founded on love and respect. One hundred forty-four thousand souls have been prepared. Some are in the spiritual realm; others, who are in the body, I scatter throughout the world so that, when the hour comes, they may be abundantly inspired, and I may speak through their mouths, and My Word may multiply.

35. Elijah prepares the way for all, and as in the Second Era, I tell you: How near Elijah is to you, and yet you have not recognized him! Whenever My Kingdom has drawn near to humanity, he has prepared the hearts. So it has been with you in this era as well.

36. Work in silence, without boasting. Do not desire to set yourselves apart from others. Walk your path unobtrusively, yet carry in your hearts a great love for humanity. Protect them and help them; ensure that your heart is like an ark, and grant space within it to the sick, the sinners—those who hunger and thirst according to righteousness. Show everyone spiritualization as the goal for the salvation of their souls; they will follow Me. But the proud will once again remain distant, without hearing Me during this time. Afterward, the trials and events will speak of all My

rallies. Some will then be converted, while others will continue to have hearts closed to the divine message.

37. I bless all who hold office—rulers, teachers, judges; let yourselves be enlightened and fulfill your mission.

38. Come near to hear Me. What does it matter that you receive My Word through people who are morally and spiritually imperfect? If you think that I have chosen the least suitable means for My revelation at this time, you are mistaken. If you believe that this way of revealing Myself to humanity is not a progressive form, you are judging rashly.

39. Does not the fact that I make use of your spirit and your mind to speak to humanity give you an idea of the level of development your soul has attained?

40. The era of spiritual communication had to begin in some way, and this has been the way you have known since 1866—a way that must end in 1950 to make way for dialogue between Spirits.

41. My rally through human messengers is, according to My will, to be only temporary—a brief stage of preparation intended to serve this people as a standard, a law, and a foundation for bearing witness to and spreading this truth, and for proclaiming to the world the presence of the "Third Era."

42. Just as My rally through human mind was destined to be as fleeting as a flash of lightning, so too was it intended that only *certain* groups of people would be called to be present at this revelation and to receive this message.

43. The dialogue from spirit to spirit, on the other hand, will reach all of humanity without any temporal limitation, for this way of seeking Me, receiving Me, praying to Me, hearing Me, and feeling Me is valid for all eternity.

44. How great is the responsibility of this people who have heard My Word and gathered My Instructions! I tell you: Before the world takes the step toward spiritualization, it will have to experience everything that I revealed to you during this stage of preparation, in which I spoke to you through the mouths of My spokesmen and had you write down My Word so that you might study it later.

45. Prepare yourselves, O beloved people, so that you may come into harmony with your Lord. Behold, I am fulfilling My part: I am preparing everything, all of humanity. Even though they do not know it, they are currently purifying themselves. The Spiritual World, which forms the greatest and most powerful host, supports My works and follows My decrees, and I desire that you form a people of enlightened individuals, of

faithful witnesses to My Word, of sowers of spiritual light, whose work serves to awaken the world, to bear witness to it, and to warn it.

46. The Sixth Seal has been opened and has revealed part of its contents to you, the pioneers of spiritualization on earth. Yet it will continue to pour out its light upon all people, even after this Word that you hear today has ceased.

47. What will the Sixth Seal reveal to the humanity of the future? Very great revelations, when you consider that I have made you heirs to a treasure of wisdom.

48. The Sixth Seal has been opened, and no one will be able to seal it again or prevent its light from reaching souls, just as no one can halt the passage of time or prevent the light of the Sun from reaching your world.

49. The Book of Knowledge, which had long been sealed while your souls were being prepared to enter it—I have opened it; the love of your Master, the Lamb, has unfolded it, and its light shines intensely, though many on earth do not realize it.

50. Soon the intuitive ones, the inspired ones, and those who are spiritually sensitive will rise up and bear witness among the nations to what they see with the Spirit, what they feel, what they hear, and what they receive. I tell you once again that My people are not limited to those who have heard Me through these spokesmen, but that I have sent My servants to various parts of the earth to prepare the way and clear the fields to which the sowers must later come.

51. I strengthen and bless them, for their daily labor is arduous, their path strewn with thorns. Mockery, scorn, slander, and malice follow them everywhere. But they—intuitive and inspired—know that they have been sent by Me, and they are willing to go to the end of the path in fulfillment of their mission.

52. Pray for these brothers of yours whom you do not know, yet who strive to fulfill their mission and prepare the way for you. They have not had in this world the divine inspiration of this Word that you have heard for so long, and they have had to sacrifice many of the world's comforts in order to receive the spiritual inspiration that guides them.

53. *You* have heard every lesson a thousand times—what justification could you possibly find if you were to fail to follow My teaching? None. What defiance or rebellion could you show in the face of pain if He were to come to punish your transgressions? Yet do not forget that I have taught you to purify yourselves through love, to renew yourselves by serving one another, so that you may avoid purification through pain.

54. Some consider My Word harsh and severe because it is imbued with loving justice. The reason for this is that they have not known how to face their conscience, nor, out of pride, have they been willing to judge themselves.

55. When you see the result of your disobedience, your desecrations, your vanity, and your lack of love for your neighbor, and you drink from a cup of suffering—in stark contrast to what I have offered you—then you exclaim with conviction: “There was truth and justice in the Master’s rebuke!”

56. I have entrusted you with the task of uniting all the multitudes of people who make up your community, yet you have not done so and have distrus ly in My justice. I have been patient and given you time to carry out this task, yet so far you have not mustered the will to do so. Do you therefore want it to be My justice that shakes you awake, that purifies and unites you? If so, beloved people, though you do not know the day or the hour, it *will* come. For I will not abandon you to bear witness to My truth with a heart full of iniquity.

57. Nor should the bad writings be preserved as a testimony. For a testimony that is mixed with falsehood and imperfection is to be burned. That which is tainted or impure does not reach Me, just as I do not offer it to My children. First you must carefully purify the seed, and only then sow it.

58. My Word on this day is not a cup of bitterness; it is a spring of crystal-clear water in which you can bathe your heart, giving it greater purity, and light to your Spirit.

59. Accept these words with love; reflect upon them. According to your feelings, you will feel stronger to continue with the work of this day.

May My peace be with you!

Instruction 285

1. My peace be with all people of good will. Truly, I tell you, whoever carries this peace within their soul will feel My presence.

2. During this time of Instruction, you have felt My peace in your trials and found comfort in your sufferings. In this way, I have shown you that whoever accepts his destiny with good will will make progress in all his endeavors. He may stumble, but he will not fall.

3. Sometimes you say to Me, “Lord, why do You not punish us as You do other nations, even though we are just as ungrateful and disobedient as our fellow human beings may be?” To this I say to you: Because I am giving you time to prepare yourselves. Do you think that if war were to threaten you, you would listen to Me and be able to reflect on My Word? Understand how precious the time is that I have entrusted to you, and the responsibility you have to use it for your spiritual preparation.

4. To use this time for your spiritual well-being and that of your fellow human beings, you must often examine yourselves by listening to the voice of your conscience, through which you can discover all the areas in which you need to examine yourselves, and at the same time, you can understand how to apply My teaching to the various actions of your life.

5. Does the situation in which humanity finds itself truly pain you? Does your heart feel the pain of the nations that are destroying one another through war? Then earn merit for them, pray, and send them peace with your thoughts.

6. Now it seems to you that disaster is what threatens the world. In this regard, I tell you that what you often regard as misfortune is actually something good.

7. Pain, misery, and even death will come as a blessing to the doors of many people who have lived recklessly and sinned without limit.

8. Oh, if only you would understand that the pain that afflicts the physical body is a balm and a relief for the spirit soul! For as long as the body enjoyed health and well-being, the soul was often drawn into ruin, or it felt trapped within a life full of pleasures and unbridled passions, yet devoid of light for the spirit soul. Until pain came as a force more powerful than human passions, to halt man in his blind course and cause the soul to free itself, to bless the pain, and to recognize that there is no wiser justice than that of God.

9. Some soon come to this realization and thus avoid much suffering; others are stubborn and slow to understand, and ultimately blaspheme and curse, thereby increasing their cup of suffering.

10. Pray for all, O people; do not shirk your responsibility on the grounds that you will not pray for the suffering nations because they are being purified through this pain. This pain does indeed purify them, but understand that your prayers and your thoughts help them to accept their cup of suffering with love, so that they may understand the meaning contained within the pain, and thus the resolve for improvement and the inspiration that moves them toward brotherhood may spring forth in their souls.

11. If you pray rightly, I will cause your souls to be set free and to reach them as a dove of peace, as a messenger of health and light.

12. Your heart will not be able to take pride in these victories, for it will know nothing of the works you accomplish spiritually.

13. I alone know these deeds, which are recorded one after another in the book of your merits—that book which is gradually imprinted upon your Spirit.

14. You stand on the threshold of great events. Not a day will pass without humanity being shaken by some occurrence, trial, or sign. It will be the ceaseless voice of My justice calling upon people to turn their thoughts toward Me. And all those in whom intuition awakens during these days of trial—those who reflect and come to the conclusion that these trials are the work of Divine Justice—will be filled with My light, so that they do not fall back into the spiritual lethargy in which they once lived.

15. My justice has come, humanity; it will humble man's pride to make him realize how small he is in his wickedness and materialism.

16. Yes, people, I will bring man down from his false greatness, for I want him to see My light and rise up, so that he may become great in truth. For I want you to be filled with light, magnanimity, goodness, strength, and wisdom.

17. My voice will be heard once more, just as the prophets announced in the earliest times, and as I revealed to My disciples.

18. Now is the time for which I promised My return in the Spirit—the time when you will feel My presence within you and without you , and when you will learn to connect with Me from spirit to spirit.

19. I am currently raising up a people in which, although they appear to be poor, there are no outcasts, no wretched, and no spiritual weak. To each one I reveal his gifts so that he may set out on his path—content to be My disciple and to be of service to his neighbor.

20. My new people will consist of prophets, counselors, teachers, and healers of the soul.

21. My Word reaches these hearts like a breath of air that stokes the flame of their faith. For I always want to see them burning like beacons.

22. My Word in the Second Era, just as My works did, opened the way to Heaven for humanity, and in this present age I have brought you new lessons. Have you not heard the voice of the Spiritual World? Have you not felt the nearness of that world which you considered so distant and so uncertain?

23. Recognize with how much light and how much love your spiritual brothers and sisters have made themselves known to you.

24. You do not know the exact place from which those spirits of light come—those guardian angels and guardians of peace. But you have the certainty that they come from higher worlds beyond.

25. So it is, humanity: they come from higher abodes and worlds than your own to help you ascend to perfection. In the same way, they help those who inhabit other earthly worlds and who likewise need higher knowledge.

26. If anyone should consider My teaching, which speaks to you in these lessons, to be bad, I tell him in truth that he does not know what he is saying, nor does he know the Divine Master. Do you not sense the spiritual nearness of the beings and the worlds? Do you not discern the divine plan to form a single family out of all?

27. I give you these revelations so that you may begin to concern yourselves with your future, just as you have long been concerned with improving your material circumstances on Earth.

28. Hear the voice of the Spiritual World, for it is the testimony of the soul's ceaseless activity as it strives to purify itself, make amends for its transgressions, and undertake missions—in a word: as it draws nearer to its Father.

29. Understand that in this Third Era, an age of revelation of the Holy Spirit, it was only natural that He spoke to you about spiritual life.

30. For only this teaching will be able to save humanity from the turbulent and stormy sea of passions, greed, malice, pride, and the dishonest schemes of men. My Word came as a lifeboat to rescue the shipwrecked who have capsized in the sea of passions.

31. Disciples, I entrust My Word to you; feel Me in its meaning. Tomorrow these messengers will disappear, their missions will be transformed, and only My Word, written down in those scriptures by the golden pens according to My will, will remain.

32. Disciples: Whoever recognizes My Word through these rallies must also recognize that now is the time to undertake the restoration of all that the wickedness of men has destroyed.

33. If all those who have been called were to hasten to the Lord's table, where the food that nourishes the soul is served, it would be filled to capacity; yet not all who have been invited have come.

34. It is human nature not to appreciate God's blessings, and therefore you have seen many of your fellow human beings turn you away when you extended the invitation to them.

35. Yet I tell you that these few who sit at My table and listen to Me persistently in order to learn from Me will be the ones who make known to the multitudes the greatness of My Word, the meaning of this teaching, which calls upon humanity to rebuild a world that has come to an end and to make way for a more radiant and exalted one.

36. So that you may receive a purer word and a purer rally through the spokespeople, I have advised you to cultivate spiritualization and simplicity. For then, like a ripe fruit, the loving and meaningful word will flow from their lips.

37. To those who have not realized that it is in the simplicity of form that the truth and light of My Word shine most brightly, and who strive for outwardly impressive rallies with which they can impress the senses of the masses—to them I say that in the deeds and actions you perform within My teaching, only truthfulness shall prevail.

38. It is no longer appropriate for you to nourish your soul with mysteries, even if these mysteries hold for you the allure of the unknown.

39. Why do you seek to impress through outward manifestations that your fellow human beings do not understand? Why do you display acts that appear supernatural but are in reality devoid of light and truth? Is the essence that my Word radiates not sufficient, or is it not admirable that I speak through your mouth?

40. How attached to the senses many of you are! Yet you must come to the realization that anything you add to My rally—which is so plain and simple precisely because it is Mine—will be like a coarse and rough veil that prevents your fellow human beings from recognizing the truth.

41. Before you begin to fulfill any of the tasks that this work offers you, reflect deeply on what I have taught you and on what you are about to do, so that you do nothing that contradicts My Law.

42. How many of those who consider themselves obedient disciples are—without realizing it—rebellious against My will; and how many who consider themselves apostles of Spiritualism are, by virtue of their deeds,

the first to reject it, and are therefore enemies of the teaching they preach.

43. What is expected of a spiritually developed person? One expects self-mastery and the manifestation of one's abilities and spiritual gifts. Understand that human intelligence will continue to grow, and that more and more people will become capable of understanding the work of God. As for the soul, it cannot remain inactive; its desire for development is like an instinct that impels it to strive upward, to make unceasing efforts to perfect itself along the paths laid out by the divine laws.

44. Disciples, I tell you once again that you should seek spiritualization through the paths of simplicity and sincerity, and that you should let go of your expectations—in your feelings—regarding what you call the supernatural. For if you are convinced that you are walking the path of truth, then believe what you hear from Me, and understand that I am currently teaching you to feel with sensitivity and to cast aside unnecessary complications.

45. Those who are unable to be content with what My Word proclaims and expresses do so because their materialistic mindset expects extraordinary events in order to believe in My revelation. They expect fire to fall from the sky, or the seas to part to reveal their depths, so that they may then say, "The judgment of God has come upon the earth." Yet I ask you: Why do such events terrify you? Do you want them to be the only things capable of revealing God's justice and force, even though you ought to feel and recognize His presence in that which reveals peace and love?

46. Is it then true that My departure at this time terrifies humanity in order to prove that it is a divine event?

47. Rather, may the proof that I have been with you be the light of hope for a better future—a stirring of humanity, a spark of faith that, in the midst of its tribulations, allows it to behold the light of a new dawn.

48. I want you to seek the expression of divine goodness in all things, for in all things you will find it. But since you are still too immature to discover this divine love, which is spiritual, look to the nature that surrounds you, which speaks to you at every turn of the Creator's love for His children. If you sometimes find that nature treats you harshly, know that it, too, is a creature subject, like you, to development and perfection, and that as it ascends the ladder of perfection—which exists on the path of all creatures—it will be able to provide a home for ever more intelligent and spiritually developed beings.

49. Ensure that My Word is preserved in writing, so that the people of tomorrow may recognize what I have now told you as a prophecy.

50. People, if you wish to move forward, overcome the inertia within you. If you wish to be great, apply My principles to your works. If you wish to come to know yourselves, explore yourselves through My Word.

51. Understand how much you need My Word, which offers love, wisdom, counsel, and help. But at the same time, feel responsible for what I give you, for you are not the only ones in need in the world. There are many who hunger and thirst for these Instructions, and you must remember to prepare yourselves to go to them with the message of My love.

52. Empty your cup of suffering with patience. Truly, I tell you, in its bitterness you will find the light for your soul. The pain will make the voice of conscience audible to you, although I must tell you that the burden you have brought with you—the pain you have suffered and the tears your eyes have shed—is not exactly the path of life that is marked out by my footsteps and by my law. The path of suffering you are traversing is the path of atonement and purification that your soul must undergo in order to reach the path of true life, where one only loves, serves, and works for the good.

53. Take all this to heart, so that you may know that in order to truly serve Me, you must first undergo a process of purification until nothing remains of what you have done wrong. Your example will ensure that future generations find a cleared path and do not get lost in the thicket or injure themselves on the boulders along the way.

54. To you, spiritualists, I entrust the task of tearing down that barrier which humanity has erected between itself and God—a barrier of false belief, of only apparent faith in the Eternal, of materialistic practices, and of unnecessary ritual acts.

55. To you, O people, I give the commission to topple the Golden Calf from its pedestal, which people still worship even though they consider themselves far removed from idolatry and paganism.

56. Yet I tell you that in your struggle you must not make use of force, violence, or hurtful words. Your weapons must be the Word of Light that reveals the truth, the works of love that enfold the suffering with comfort, and the force that flows from your prayers and thoughts.

57. When you have removed the obstacles that have led people astray from the spiritual path, you will see the beginning of very great changes in human life. These changes will take place in the spiritual realm, in morality, in the fields of science and institutions, and in your forms of government.

58. No one will be able to erase the mark left by this people in the Third Era, for the force of My truth will be present in their works.

59. Do you realize what suffering purifies you for? Your path is mapped out; your mission has been determined by Me.

60. I have snatched "death"—which you carry within you—from your hearts; I have filled you with life.

61. That death was within you because faith and hope had been extinguished in your soul, because you lacked the light of knowledge. I have set up before you a tree of life whose fruits, rich in substance, heavenly in flavor, and full of sweetness, fall in abundance upon the multitudes of listeners to alleviate their spiritual need.

62. I am currently building a temple in your hearts, where My presence will be clearly perceived, where the sound of My voice will be distinctly heard, and from which light and peace will radiate to all of humanity.

63. In the First Era, I inspired you with the foundations of that great sanctuary of the soul. During the time when I was among humanity as a Master, I taught you how to erect its high walls, and now I reveal to you how you must complete that work, which—once completed—will be worthy of your Father's presence.

64. Can you tell Me what the essence of each of these three lessons is, through which I have inspired you to build the Temple of the Holy Spirit? Yes, people, be blessed, for you all answer My question inwardly and draw closer to the truth: The foundations of the sanctuary were those taught by the Law of the First Era.

The high walls were the love and mercy that the Messiah brought to humanity through His teaching. The domes, the columns, and the altar with which this work had to be adorned are the wisdom, the spiritualization, and the elevation that My Spirit has inspired in you in this age through His message of light.

65. This temple, which I have built over three ages, is the one of which I spoke to the unbelievers when I said to them—pointing to the temple in Jerusalem—"Destroy this temple, and in three days I will rebuild it."

66. My temple will soon be completed, whereas not even the foundation walls of the one in Jerusalem will remain; just as no stone will be left upon another in any temple that is not built upon the foundations of My law of love and spiritualization.

67. Behold the splendor of this era; behold the light of a new age in which all the prophecies I have given—and those I have given through My prophets—are being fulfilled.

68. How many paths have you traveled in search of the truth to reach Me! Neither the sciences nor the philosophies answered your call, and according to your search, you come to the conclusion that this truth is rooted in Me and radiates from Me to all beings.

69. I have enlightened humankind so that they may live their true life and recognize the blessed destiny I have ordained for them. They are the only creatures created "in My image and likeness" and are therefore the closest to Me. For they possess a breath of My Spirit and are thereby capable of performing works similar to Mine.

70. You possess will and free will so that you may act wisely, obey the voice of conscience—which is My own—and through it discern what is permitted, what you may use, and reject what is unseemly, that which does not belong to you. But I have seen that from the very first days of your life on earth, you have tended toward materialism and have begun to deny your spiritual mission, which is the primary reason for your existence.

71. From the earliest times, I left you My commandments, which lead to peace and spiritual bliss, and later, in Jesus, I revealed My love to you.

72. During this time, I have spoken to you not as a strict judge but as a Father; yet you have not understood this infinite love that understands and forgives all—that love which is patience and magnanimity, which desires only good and pours it out upon all its creatures.

If you wish to rightly call yourselves My children, then love, for you have been formed by this divine love—which created all things—to offer it to one another. Then you will understand your purpose: to love, protect, and bless as your Father does; and according to your mission fulfillment, you will return to Me to form one Spirit with Me.

73. Even in the earliest times, I gave you a teaching on how to love Me spiritually, and told you that nothing in this world can represent Me except the virtuous person. I did not teach you any outward ritual or worship, but simply told you: If you wish to be in communion with your Father, lift up your soul and strive according to the heights. From there, all the gifts and blessings you implore will come to you.

74. I told you at that time that you should not fear death, for it does not exist. In My creation, everything lives, grows, and perfects itself. Physical death is merely the end of a period of time that the soul experiences, after which it returns to its original state and then continues on its path of development. Believe, have faith, and you will live forever. Today more than ever, you must arm yourselves with faith, for you are living through an era of trials and difficulties. The forces of nature, which must purify

humanity, have been unleashed, and they will not rest until they have brought humanity back to reason, goodness, and justice.

75. Force yourselves to free yourselves from pride and let humility and simplicity flourish, so that you may accept all the trials that must come. Understand that it is necessary for you to pass through this crucible so that you may regain your purity. Today, as you receive yet another Instruction and know that you are no longer in spiritual childhood or youth but have attained maturity, you will be able to understand both My words from times past and those I give you on this day.

76. Do not seek to know My innermost counsels, for you cannot penetrate that far. Know only that I am Omnipresent and Omnipotent, that My Spirit fills the universe and dwells simultaneously in every soul, and that I love all and grant what is necessary for their lives, so that this light may give you hope and confidence in the future.

77. I know everything you suffer and hope for, and I feel your pain. I tell you only this: make use of the force I have given you, and then your trials will be blessed.

78. You who have been chosen to receive this message must be vigilant and prepare yourselves. According to the calendar, you will have to bring the news that I have returned to you to your fellow human beings. But when you see chaos unleashed and hear cries of lamentation everywhere, remember that just as the fields have been plowed, the human heart must prepare itself to receive the seed.

79. During this time, I have granted you the privilege of the presence of spiritual beings of great elevation and experience. Not only my Spirit, which is connected to humankind through my ray, but also the Spiritual World have come to your aid and have thus fulfilled a very noble mission. How much have the love and mercy of those beings—unknown to many—achieved through their presence on this earth, and how have they brought this world closer to the one in which they dwell, in order to form a covenant and elevate you on the path of virtue!

80. You who have been called to be instruments for their revelation—serve them with love and prepare yourselves, for you are the vessels that receive the Word which their Spirit emanates. Only in this way will you be able to boast of possessing *the* truth that I and the Spiritual World have brought to humanity.

81. The truth that you have sought so earnestly, I reveal to you in these plain and simple words. I offer you this truth—which is nothing but love—in abundance, so that you may possess it forever and share it with your

fellow human beings. Feel it, and keep it safely within your soul, for it is the divine essence from which you will be nourished eternally.

May My peace be with you!

Instruction 286

1. My Divine Light shines everywhere; wherever you seek Me, you will find My presence.

2. I am the Father who works to ensure that harmony begins to reign among all His children—both those who inhabit the Earth and those who live on other worlds.

3. Spiritual harmony among all beings will reveal great insights to them and bring about a spirit-to-spirit dialogue that will bridge distances, bring those who are far away closer, and eliminate barriers and boundaries.

4. I want you to attain peace, which is the greatest reward you can strive for on Earth.

5. Disciples, do not stray from the path that has been laid out, and do not alter My instructions in any way, for then you will not be able to attain that spiritual harmony, nor discover all that I have prepared for your elevation.

6. Make yourselves worthy of the revelations from My secret treasury by earning merit through works of love, mercy, and nobility.

7. Let the Spirit guide the mind, and let the mind—guided only according to the desires of a heart that yearns for human greatness—not rule your life. Consider this: If you allow yourselves to be governed by what your brain commands, you will overburden it and will not go beyond what its limited powers permit. I tell you: If you wish to know why you have felt inspired to do good, and why your heart is set ablaze with love for your neighbor, then allow your heart and your intellectual faculties to be guided by the Spirit. Then you will be amazed at the force of your Father.

8. If people, instead of acting with so much ambition and with so
If only they would ask Me with love and humility—with what simplicity and ease would they receive their Father's answer when He reveals to them the knowledge they ask of Him.

9. When you ask Me a question or make a request of Me, do not strain to explain your problem clearly to Me, nor do you need to search your mind according to the best-formulated phrases. It is enough for Me if, in that moment, your spirit detaches itself from the world and your heart and mind are pure, so that they may receive My inspiration. What good does it do you to speak wonderful words to Me if you are unable to feel My presence within you?

10. I know everything, and you need not explain anything to Me so that I may understand you.

11. You ask Me what prayer consists of, and I answer you: to allow your spirit to rise freely to the Father; to surrender yourselves to that act with complete trust and faith; to receive in your heart and mind the impressions received through the Spirit; to affirm the Father's will with true humility. Whoever prays in this way rejoices in My presence at every moment of their life and never feels in need.

12. Often, over the course of time, I have drawn near to humanity, but now it is time for *people* to seek Me and draw near to Me. They *can* do so because their spiritual development has enabled them to achieve true dialogue with their Father.

13. This "Third Age" is a time of resurrection. The souls were like the dead, and their bodies like graves. But the Master has come to them, and His Word of Life has said to them: "Come forth and rise up toward the light, toward freedom!" Whoever among them opens his eyes to the truth and is then able to elevate his life, his deeds, and his feelings in love toward his fellow human beings will no longer regard this world as a place of exile or a valley of tears and atonement, for he will increasingly feel the joy of true peace, which the peace of the soul bestows. That state of elation in this life will be a reflection of the perfect peace and light that the soul will enjoy in better worlds, where I Myself will receive her to grant her a home worthy of her merits.

14. On this day of grace, you commemorate the day when Elijah made himself known through Roque Rojas and reminded you that the return of the Divine Master was near, urging you to pray and renew yourselves.

15. Moses led his people to the foot of Mount Sinai, where he had them pray, fast, and purify themselves in preparation for the presence of Jehovah, their Lord.

16. Moses was the initiator of spiritualization, the forerunner of Jehovah, the Lawgiver. The day he descended from the mountain with the tablets of the Law was commemorated by the people of Israel, just as you do now when you commemorate the day on which it was revealed to you through Roque Rojas that the Testament of Moses, the Legacy of Jesus, and the Message of Elijah would form a single book: the Book of Truth and Life.

17. Just as Moses prepared the hearts of his people to receive Jehovah, and just as Elijah has awakened you today to hear the voice of the Divine Spirit, so it was also Elijah—who was reincarnated as John the Baptist—who exhorted the multitudes to repentance and prayer and announced to them that the Kingdom of Heaven was drawing near to mankind. For in

the teaching I brought you and in my Instruction was the presence of the Father and the light of the heavens.

18. Christ is the manifestation of Perfection; in Him you can behold the eternal Law, find infinite love, and admire absolute wisdom.

19. Through His life, Jesus illuminated the Law that Israel received from Moses and announced to you that later the Comforter would come to clarify and explain everything that Christ taught and that had not been correctly interpreted.

20. Christ encompasses all ages; His presence endures throughout all time, for He is “the Eternal Word.”

21. Elijah is the forerunner, the revealer of mysteries; he is the key that opens the door so that you may penetrate the profound. He is the spiritual liberator sent in the time of the completion of the spiritualization of humanity, a process begun by Moses.

22. Be blessed, people. You commemorate with joy the dawn of the Third Age and dedicate this day to its remembrance. More than a tradition—let this day be for you a day of reflection, of study, of inner contemplation, on which you may feel the presence of that divine balance that weighs and records all your deeds along the entire path you have traveled.

23. From what you hear from Me on this day and what you are to reflect upon, you can build a treasure trove of knowledge. When the time of your struggle comes, you will lack neither arguments nor justifications to explain what the firm and eternal foundations are upon which this teaching—which you have called Spiritualism—has been built.

24. You are witnessing the dawn of the Third Era, in which spiritual clarity shines intensely and transforms your lives.

25. The beginning of this new era will be marked by great struggles, intense suffering, confusion, and conflict. But all this will be only at the beginning. Later, peace will come, and as a result of that peace , the soul will blossom, revealing its upward evolution through works full of faith, love, and spiritualization.

26. Many of you come weeping after having cursed your pain. I forgive your mistakes, recognizing that they stem from your ignorance.

27. Calm your hearts and open your minds so that you may understand what I am now telling you, children and students of life: When you once again feel your hearts pierced by pain, separate yourselves for a short time from everything around you and be alone. There, in the privacy of your bedroom, speak with your soul, take your pain in hand, and examine it as if you were picking up any object to study it. In this way, explore your

sorrow, recognize where it comes from and why it has come. Listen to the voice of your Spirit, and truly, I tell you, from that contemplation you will draw a treasure of light and peace for your heart.

28. The light will show you the way to dispel the pain, and peace will give you the strength to persevere until the trial is over.

29. You will then experience how, when you turn your thoughts to Me in prayer, you will say to Me: "Master, forgive me; the injustice does not lie in my fate—I am unjust toward myself."

30. This is an instruction of which you must always be mindful, disciples—recognizing that this is the conduct through which you can elevate reason to the level of the Spirit. For it is only the Spirit that knows the true state of the soul and human reality.

31. I provide instruction on studying yourselves in order to know yourselves, to discover the great lessons of life at the core of your being through meditation and prayer.

32. Today many curse pain, but tomorrow they will bless it as a teacher who provided them with lofty and beautiful teaching.

33. I wish it were always the Master's love that taught you the way and the meaning of life. But you have preferred that it be pain that teaches you. Soon you will leave this bitter teacher behind to accept the teaching of the One who teaches you with loving tenderness.

34. If for the time being you cannot rid yourselves of your pain, bear it with patience. Do not neglect its teachings; love it, for it purifies your blemishes and makes you great in faith, virtue, and patience.

35. If you believe in My Word, you must also believe in the lesson in which I told you, "Not a single leaf on a tree stirs without the will of God." Then you will also be able to believe that the wisdom of God has considered everything carefully and that there can be no suffering that does not leave a wise lesson within a person.

36. Reflect deeply, beloved people, so that you may no longer stumble constantly and so that the events of the future may not find you sunk in lethargy.

37. When you no longer live by assumptions and secondhand truths, so that you rise to the world of reality, your soul—even though your feet still tread upon the dust of a world of tears and pain—will dwell in a realm of peace.

38. To you, My people who hear Me, I say that you should consider yourselves fortunate when you compare your situation and your lives to those of the nations that are bleeding to death in this fratricidal war.

39. You have loved ones, you lack no bread, you lack no shelter; you have the nourishment of My Word, and yet you are not satisfied. But those who have no bread, who lack everything and do not hear My Word—who do not have the comfort of hearing My words, which are hope and balm, which encourage and uplift—are more devoted than you.

40. Learn to bless your pain as if it were your joy. Bless everything.

41. Do I not bless all of humanity, without favoring anyone? Both the good and the meek, as well as the proud and the criminals, are enveloped in that "mantle" of blessing. Why do you not take Me as your example? Do you perhaps feel revulsion toward the actions of others? Do not forget that you are part of humanity, that you should love and forgive them, but not reject them, for this would be like feeling disgust toward yourselves. Everything you see in your neighbor, you yourselves possess to a greater or lesser degree. That is why I want you to learn to explore your inner selves, so that you may come to know your own spiritual and moral character. In this way, you will learn to judge yourselves and will have the right to look upon others as well.

42. Do not look for faults in your fellow human beings; the ones *you* have are enough.

43. Do not be offended when I speak to you in this way; understand that My teachings are not intended for the righteous or the holy—to them I would speak in an entirely different manner. I give you My redeeming teaching to save sinners, and I give it through sinful lips.

44. I come to save you, humanity, for even the air you breathe is sick. But I say to this earth, which has been a dwelling and refuge for My children, that if they have degraded it through their transgressions, they themselves will have to make amends for the final sin committed against it.

45. Recognize that humanity needs great Instruction in order to triumph over all the trials that afflict it. Now is the great time foretold by prophets and envisioned by seers, in which the suffering of humankind will reach its peak, and in which the Father's mercy will shower its light upon all people—the time that will herald the end of evil and the beginning of good on Earth.

46. O people! When will you be ready to bring the healing balm and the message of peace to those who suffer? Still I do not find true love for one's neighbor in your hearts; still you condemn yourselves at every turn because you do not love one another.

47. Do you not believe that, if I wished, I could point out each of your faults to you? Yet I also tell you that I would no longer be your Master if I

were to expose you in this way. However, if He who knows all—who truly knows you, who knows your thoughts—does not judge you in the presence of others, nor publicly expose you—why, then, are there those who stubbornly insist on wounding hearts, destroying feelings of happiness, and judging the lives of others?

48. Today you are still my young students, and truly, I tell you, I will not call you disciples nor entrust my work to you until you are no longer capable of causing suffering to your neighbor, and instead feel the urge to alleviate every pain. When at last will you feel in your hearts the pain of those who suffer, so that it is *your* words and *your* deeds that dry their tears? You are still too immature for active charity. Your compassion is not great, nor is your forgiveness.

49. When you take pity on a paralyzed man lying in the gutter and feel compelled to bring him into your home, you first inquire about his life, saying that you do not know who he is.

Are you the ones who have listened ceaselessly to My teachings? Then you must be aware that, without looking at your blemishes, I have sought only your wounds to heal them with My love.

If you have the desire to be among My sowers, you must know and possess the force inherent in goodness. The force that contains mercy and the miracles that the heart works consist solely in feeling or sharing the suffering of others.

50. Beloved disciples: The instruction you receive from Me has become clearer to you with each lesson. This light began to manifest itself in sparks of light in the year 1866. But now, in the final years of My revelation, it is not sparks that reach you, but the light in its fullness.

In the year 1950, the rally of My Word in this form will come to an end, yet the guidance will continue. For thereafter, as you immerse yourselves in My work, you will discover the divine essence of which I have so often spoken to you, and you will delight in its flavor.

51. I do not merely want you to bear witness that you have heard Me, but that you become My prophets and, through the fulfillment of your mission, herald an era of spiritualization. Then the generations of the future will follow in your footsteps of love and goodwill and, with firm steps, tread a sure path.

52. You are currently encountering thickets of thorns on your path and will face even more obstacles and thorns. But let your love for your neighbor not lead you astray from the path, so that the multitudes of tomorrow may find the way cleared.

53. You know that goodness, light, and truth have always met with resistance in the hearts of people. Trust in Me nonetheless; I have often told you that darkness will not prevail, for it is the light that will triumph.

54. Humanity is currently purifying itself; its cup of suffering will wash away its blemishes so that it may emerge pure from its atonement. For the Spiritual Kingdom of peace and justice is drawing near to humankind.

55. Do you not see how, according to the progress, the chains of fanaticism and idolatry that bind people are being broken? The reason for this is that I have come to set them free. Later, My light will reach people in the form of the Word, and you will see how it will make them trem — despite its simplicity and plainness—and how, in its loving nature, it will have the force to shake hearts of stone until it causes them to shed the crystal-clear waters of repentance, forgiveness, and love.

56. Do not weep, disciples; you will still hear Me for a few more days, and a few more drops of the honey that My Word pours out will fall upon your sufferings. In the meantime, prepare yourselves so that according to My departure you may feel My presence.

57. Now is the time for reflection, when you must stay awake and pray to heed the voice of God.

58. Sometimes you ask Me, “Lord, who could awaken all of humanity so that they may lift their spirits to You and feel Your presence?” But I tell you: Do not worry; My Spirit is already visiting them so that they may awaken. You cannot fully comprehend My works; that is why you have not perceived that awakening which only I see.

59. Everyone awaits the light of a new day, the dawn of peace, which is to be the beginning of a better age. The oppressed await the day of their liberation; the sick hope for a remedy that will restore their health, strength, and joy of life.

60. Blessed are those who know how to wait until the very last moment, for what they have lost will be returned to them with interest. I bless this expectation, for it is proof of faith in Me.

61. Today you do not understand many of My words, but the time will come when the light will dawn in your minds and you will understand the meaning of each of My Instructions.

62. My apostles in the Second Era did not understand many of My words at the moment they heard them. Yet according to their devotion to study and reflection after My departure, they felt the divine light dawn in their minds, and they saw with the utmost clarity all that had until then been an impenetrable mystery to them.

63. Until now, when you have heard Me, you have grasped My Word only superficially. And what have you found in it? Comfort, balm, and tenderness. Later, when your sores and wounds have healed and you, instead of seeking My balm for your pain, strive for wisdom to comfort your neighbors, you will have taken the first step toward penetrating the meaning of My Instructions.

64. I see that you pray for the world, and I accept your intercession from your hearts. The day will come when you will not only pray for those peoples but will also seek them out to bring them the loving message of My Word.

May My peace be with you

Instruction 287

1. The voice of my Spirit, which resounds in your conscience, is like the ringing of a bell calling humanity to reflect.

2. The Book of Spiritual Wisdom lies open, waiting for the great multitudes, the great pilgrimages, to come to it to quench their thirst for light.

3. Taste, taste my Word, from whose essence flow sweetness, wisdom, balm, and peace.

4. I tell man that he is a stranger to himself, because he has not penetrated his inner self, because he does not know his secret, because he does not know the core of his being. Yet in this time I wish to teach him the contents of the book that has been closed to him for so long, and where all the secrets are kept—those which I already promised you in the Second Era to explain to you through the light of My Spirit.

5. Now the time has come for you to truly get to know yourselves and to penetrate into the innermost depths of your soul. Then you will be able to say that you are beginning to know who you are.

6. Man will finally come to know his origin, his purpose, his mission, his gifts, and that entire infinite and eternal life that lives and weaves within his surroundings. He will no longer be able to offend his neighbor, will no longer violate the existence of his fellow human beings, nor will he dare to desecrate anything that surrounds him, for he will have come to realize that everything is sacred. He will come to know what his soul contains and what is hidden within it, and only then will he have a clear understanding and a deep faith that, since the soul is wondrous, the home that the Father has destined for it in eternity must also be wondrous.

7. You ask Me why I did not reveal everything to you from the very beginning, to spare you stumbling, errors, and falls. But I tell you: You would not have been able to understand My revelations as long as you lacked spiritual development and growth. At that time, the knowledge of My Law was sufficient for you—as the straight path that was to lead you to the source of inexhaustible wisdom and eternal revelation. I have taught My wisdom over the course of time and throughout the ages, for it is so vast that you could not have grasped it in a single moment.

8. I have all the means at My disposal to ensure that none of My children is left without the inheritance of My wisdom, for I am Life, Force, and Justice. Your spirit soul sprang forth from Me, just as all realms of life and bodies—which you need for your path of development and your spiritual perfection—spring forth from Me.

9. A person may fall and plunge into darkness and therefore feel distant from Me. He may believe that when he dies, everything is over for him. For Me, however, no one dies; no one is lost.

10. How many are there who were considered corrupt people in the world, and who today are full of light! How many who left behind the stains of their sins, their vices, and their crimes have already attained their purification!

11. You ask Me, "Why is the journey so long, and the soul's path so full of trials?" Because the bliss it will enjoy in the perfect Kingdom that awaits it—and which it must attain through its own merit—is very great.

12. The first humans—those who were the forefathers of mankind—retained for a time the impression their souls had carried with them from the "Spiritual Valley"—an impression of beauty, peace, and bliss that persisted within them as long as the passions of the flesh and the struggle for survival had not yet made themselves known in their lives. Yet I must tell you that the souls of those people, although they came from a world of light, did not originate from the highest abodes—those to which you can only attain through merit. Nevertheless, the state of innocence, peace, well-being, and health that those souls preserved during their first steps was unforgettable as a time of light, the testimony of which they passed on to their children, and their children to their descendants.

13. The materialized minds of human beings, having misunderstood the true meaning of that testimony, eventually came to believe that the paradise in which the first humans had lived was an earthly paradise, without realizing that it was a spiritual state of those beings.

14. Do you have any inkling of the spiritual home you left behind to come to Earth? "No, Master," you say to Me, "we have no inkling, nor do we remember anything."

15. Yes, people, it has been so long since you strayed from purity and innocence that you cannot even imagine that existence in peace, that state of well-being. But now that you have been trained to hear the voice of the Spirit and to receive His revelations from Him, the path is open to you—the path that leads those who turn to Me to the promised Kingdom. It is not that paradise of peace from which the "First Ones" departed, but that infinite world of the Spirit, the world of wisdom, the paradise of true spiritual bliss, the heaven of love and perfection.

16. If, in order to travel from *one* continent of the Earth to another, you must cross many high and low mountains, seas, peoples, cities, and countries until you reach the destination of your journey, then consider that to reach that Promised Land, you must likewise travel a long way, so

that on the long journey you may gain experience, knowledge, growth, and development of the soul. This will be the fruit of the Tree of Life, which you will finally enjoy after you have struggled and wept much to attain it.

17. Come to the Master, disciples. You sheep: draw near to your Shepherd.

18. There is only one Master, but there are many disciples; yet My Instruction, since it is one, is intended for all.

19. I seek you with infinite love. I have placed so much grace and so many gifts within your souls that I am not willing to lose even a single one of my children. You are part of my Spirit, you are a part of my Being—can He who seeks you with such zeal and such love be evil?

20. Whenever I come down to give you My Word, I find the "last ones" among the multitudes; they are the ones who ask Me the most questions in their hearts. Yet I am pleased to answer them and always respond to their questions. Today, those who have come last ask Me what the purpose of My return is, to which I reply that the purpose is to enable people to return to their original purity through their own efforts.

21. If, in the beginning, he was granted the opportunity to strive for knowledge of life and was given free will to act, today—now that his soul can shine in the light of his Spirit as never before, and his experience is vast—he hears once again the loving yet justice-demanding voice of that Father who said to him: "Be fruitful and multiply, and subdue the earth." But now it says to him: "Return to Me with your merits."

22. Through merit, effort, and sacrifice, man must return to the Paradise he left in order to learn many mysteries, to become, through struggle, pain, work, and his development, a worthy child of God—the Paradise to which he must return, never to leave it again.

23. Understand this: so that humanity may attain true knowledge of that return to purity and loftiness, there will be struggle, upheavals , and confusion in the minds and souls of people. My clear, loving, and compelling teaching will show the world the luminous path of return, and one by one, people will come to Me. Yet no longer weighed down by the burden of their sins, but with their gaze prepared for the heights, with faith in their hearts and a cross of love upon their shoulders.

24. The door will stand open, and My Spirit, full of love, will be ready to draw the soul to His divine bosom, from which that soul will never again be separated.

25. You, human beings: If it were only instinct that guided all the actions of your lives, your Father would not have had to reveal His law to

you, nor would He have had to come as the Redeemer to save you. But you do not depend on your instinct; higher powers determine your actions, and those powers are within the spirit soul.

26. The soul enjoys free will, through which it is to earn merits in order to attain salvation.

27. Who guides, directs, or advises the soul on its free path of development so that it may distinguish the permissible from the impermissible and thus not go astray? The conscience.

28. Conscience is the divine spark; it is a higher light and a power that helps human beings avoid sin. What merit would there be in a person if conscience possessed material power to compel them to remain in goodness? I want you to know that the merit lies in listening to that voice, in convincing yourselves that it never lies nor errs in what it advises, and in faithfully following its instructions. As you can surely understand, it requires training and self-reflection to be able to hear that voice clearly. Which of you are currently practicing this obedience? Answer for yourselves.

29. Conscience has always manifested itself in human beings; but human beings have not yet reached the necessary level of development to allow that light to guide their entire lives. They need laws, Instruction, rules, religions, and advice.

30. When people come to connect with their Spirit, and instead of seeking the spiritual in the external world, seek it within themselves, they will be able to hear the gentle, persuasive, wise, and just voice that has always been alive within them, even though they did not listen to it, and they will understand that in the Spirit is the presence of God, that He is the true Mediator through whom humanity is to connect with its Father and Creator.

31. The first step toward the renewal of humankind, in order to attain a state of spiritual elevation, is mercy. Mercy toward the soul, mercy toward the body, mercy toward one's neighbors. Yet I must tell you that this sentiment has not been properly understood: mercy is a name you give to certain actions you perform, which in most cases do not, at their core, contain compassion or a genuine intention to alleviate suffering.

32. Your human feelings are still far removed from reality. Therefore, you must always keep in mind the words and deeds of Jesus on earth as the living and true example of mercy.

33. What will become of a soul that has buried true mercy beneath forms that contain nothing but hypocrisy? Its awakening will be most

painful on the day it comes into contact with its conscience and hears that voice that loves justice and is unyielding.

34. How can you expect nations to reconcile, rulers to unite, and wars to cease, if people are deaf to every voice that comes from the conscience?

35. How easy it will be for people to understand one another when they become still within themselves and hear the voice of their higher reason—the voice of that Judge whom they refuse to hear because they know He commands them to do the exact opposite of what they are currently doing.

36. I can also tell you that if you were not willing to heed the directives of your conscience, you have not been obedient or willing to put my teaching into practice either. You acknowledge it in theory, but you do not apply it in practice. You ascribe a divine essence to it—you say that Christ was very great, and that His Instruction is perfect. But no one wants to be great like the Master; no one wants to come to Him by truly taking Him as a model. Yet you must know that I did not come merely so that you might know that I am great, but also so that you might *all* be great.

37. People want to attain salvation without knowing their spiritual nature, and this cannot be.

38. What good does it do him that many believe in life according to this one, if they do not devote their lives to earning merits for eternity ? Their entire faith is limited to the belief that their souls will go to the afterlife according to their death, and they wait until the very last moment to make up for all the time they have wasted and to erase all their sins through an act of contrition.

39. This is a sad error, for transgressions can be atoned for only through works that presuppose obedience to the reproaches of conscience and the availability of sufficient time to atone for the sins committed. And as for the repentance of those who are about to pass into the spiritual realm, I tell you that there are only a few who weep at this hour because of the evils they have caused, and that what troubles them is rather the fear of punishment, of judgment, or of damnation, as they imagine it to be.

40. Do you perhaps lack a teaching that speaks to you in detail, prepares you, and opens your eyes to the light, just as I do through My Word?

41. Recognize how necessary it is for you to spread this message throughout the earth. In doing so, you would perform a true act of mercy toward your fellow human beings.

42. Dispel the false impression people have gained from spiritual teachings, as if they were based on ignorance, deception, and fraud. Show My teaching in all its purity and sublimity, so that it may dissolve the ignorance, fanaticism, and hard-heartedness that prevent people from thinking about their *spiritual* self, from which they have robbed it of all freedom of action.

43. You live in fear of the spiritual and do not consider that soon you will be nothing but Spirit. Yet you are not always to blame for your ignorance; rather, it is those who guide you.

44. They have made the meaning of essential values unrecognizable to you, to the point of leading you to believe that truth contradicts truth.

45. Do you not sometimes treat material objects as if they were divine? Do you not ascribe eternal value to transitory goods? You believe you have understood Christ, yet you do not even know Him.

46. Did I ever give you proof of greatness by using the riches or possessions of the earth? Jesus came without material riches; He appeared in the world in the greatest poverty. He was great because of His works, His Word, and His teaching, but never because of His outward appearance.

47. Why should I have made use of the goods of the earth, since they were created by the Father for human beings? What could I have needed from this nature, since it is nourished by Me?

48. I came to show you the beauty of a life higher than the human one, to inspire you to great deeds, to teach you the Word that awakens love, and to promise you the happiness you have never known—the happiness that awaits the soul who has been able to climb the mountain of sacrifice, faith, and love.

49. You should recognize all this in my Instruction, so that you may finally understand that it is your good deeds that will bring your soul closer to true bliss.

50. Once the first lesson is understood and followed, it will bear sweet fruit that will encourage you to take the next step.

51. Today a new era dawns for the world, in which humanity will strive for greater freedom of thought and will fight to break the chains of bondage that its Spirit has carried with it. It is the time when you will see the peoples, in their longing for spiritual nourishment and true light, transcend the barriers of fanaticism, and I tell you that no one who experiences, even for a moment, the joy of feeling free to think, to seek, and to act will ever voluntarily return to their prison. For now his eyes

have beheld the light, and his Spirit has been enraptured by the divine revelations.

52. People, even before the wars in the world come to an end, My Law of Love shall touch all souls, even though you cannot yet know how.

53. This message of spiritual light will likewise reach humanity; yet this will only happen when you are strong. Let no one dare to say that this work is the truth if he is not convinced of it, for then no one will believe you. But if your faith is absolute and your conviction is genuine, no one will be able to prevent you from bringing the Good News to all hearts.

54. You, children of men: You have always sensed the existence of invisible beings who float through space, who sometimes approach you, who surround you, and at the thought that they might be souls who are suffering, you have tried to do something for them. The intention has been good, but you have always lacked the knowledge necessary for that compassion to be effective. Until now, you have not known the right way and the proper method to kindle the light within those beings who are confused or tormented by pangs of conscience.

55. You have offered them elaborate ceremonies and gifts, and although you were able to soothe your own hearts, *they* received nothing, because what belongs to the world no longer belongs to them and no longer reaches them. These beings seek spiritual compassion, comfort, love, and understanding. But how can one offer them spiritual help? My Word also explains to you the way to show mercy to those whom you cannot even see.

56. If you truly wish to do something good for your spiritual brothers and sisters, and at the same time wish to free yourselves from their negative influences, you must pray for them with a heartfelt prayer full of compassion and uplifting thoughts. If you sense that they are manifesting themselves in your human life in any way, set a good example for them and perform good deeds so that they may absorb light for their souls. Give them the opportunity to see you heal the sick, to see you forgive those who have offended you, to see noble ideas shine in your mind, and to hear only kind words on your lips.

57. What duties do you have toward them, and what duties do they have toward you? What debts have you incurred toward one another? You do not know, but truly, I tell you, it is no coincidence that they cross people's paths; there is always a reason when they draw near to their human brothers and sisters.

58. It will be very soothing for your soul to be welcomed by them upon your arrival in the "Spiritual Valley" and to receive tokens of gratitude for

the mercy you showed *them*. Great will be your joy when you then see them bathed in light. But how painful it would be if you were to encounter that legion of beings who are darkened by confusion, knowing that they expected an act of love from you and you did not grant it to them. When you reflect on this responsibility—are you ready to put into practice the knowledge I am giving you in this Instruction? Recognize that in this teaching I am not empowering you to materialize those beings in any way—on the contrary, I am inspiring you with the way to lead them toward spiritualization by offering them the example of a virtuous and pure life, and by dispelling their confusion and darkness through your prayers, whose thoughts and ideas are meant to kindle light within their understanding.

59. Jacob revealed to you in his dream the existence of the spiritual ladder, upon which beings were constantly ascending and descending. Who has understood its meaning? Who has interpreted its mystery? There, in the meaning of that vision seen by the patriarch, lies the evolution of souls, the ceaseless reincarnation of spiritual beings into human beings, the atonement and expiation of beings, God's communication with humanity, and the dialogue from Spirit to Spirit.

60. It is necessary for you to recognize this message so that you may give the revelations of past times their correct interpretation.

61. Recognize how many ages must pass for souls to reach the core of My Instructions.

May My peace be with you!

Instruction 288

1. I descend into your heart because it is My sanctuary. My Word prepares you for the day's work that you must undertake. This preparation is spiritual and is in harmony with the mission you will carry out.

2. In the First Era, when the people were already ready to leave Egypt—the land of their captivity and trials—to journey through the desert to the Promised Land, they foresaw everything and made all the necessary preparations. They had laid out their staffs, sandals, and travel bundles so that they would lack nothing on their journey.

3. In the same way, you must now make provisions and prepare yourselves so that you will lack nothing during your "journey through the wilderness."

4. But do not forget that this people not only stocked up on food for the long journey, but also remembered to pray, to repent in order to purify themselves, and to resolve to always remain united and form a single family. If you want to know why that people was able to enter the Promised Land despite its many trials and misfortunes, I tell you that it was because of their faith, their prayer, and their unity.

5. That spiritual seed is among you. Why should you not take that example as a model to reach the new goal?

6. You know very well that it is not the sandy desert that awaits you, but humanity. It is not a land on the face of the earth that you will seek, but the homeland of the Spirit that lies beyond the human realm.

7. Truly, I tell you, "Israel" will rise anew to be like a torch in the midst of humanity.

8. I am awakening you at this time so that you may know that you are My children, that you are part of that people of peace, light, and spiritualization.

9. Let your hearts feel everything that moves or torments humanity. Pray for the peace of all; let your thoughts shine forth in the minds of others. I bless in advance those who fulfill their duty to love and serve their fellow human beings.

10. I want your presence to serve to bring about peace, to comfort, and to help your fellow human beings receive blessings.

11. Today you are still disciples in the face of My Instruction, and you are afraid of the struggle when you see how pain, vice, misery, and selfishness have spread. In those moments when your conscience demands spiritual fulfillment, work, and activity from you— —and your heart asks fearfully: "What am I to do in the face of such great chaos?"—

why are you afraid, and why do you doubt, O people? Recognize how My Word prepares you, how life constantly teaches you practical lessons, and also how the struggle and trials give you the resilience absolutely necessary for the daily work that awaits you.

12. I am not sending you out to carry out a mission for which you are not sufficiently equipped. I will continue to teach you, and when you are strong, I will say to you: “Take up your cross and follow in My footsteps.” If, until then, all you can do is pray, then pray for your fellow human beings. If you know how to heal the sick, then bring them that comfort. If you have the desire to improve your moral character, then do so. But do something for the good of your soul that will serve as preparation for the moment when you set out on your journey and take up your cross.

13. Today, since you have not yet dedicated yourselves to your spiritual mission but still have the desire to do something for the good of your neighbors, I advise you to pray so that you may come to know the strength and force that prayer possesses. You shall attain this light even before your struggle begins.

14. Whoever draws inspiration from prayer is invincible in trials and performs miracles among his fellow human beings.

15. I want this people, who have been thoroughly taught by Me, to be able to practice perfect prayer—the kind that connects them to the spiritual realm—so that later they may teach their fellow human beings to pray, explain everything to them, and show them all that they have gained through their own experiences along the way.

16. Why limit your world of thought to the Earth, when a world of light beyond the material realm stands open to you? Why subject the soul to human life, when an infinite space beyond your sight and your understanding is at your disposal?

17. These worlds of thought and the soul remain untapped because you did not wish to reach them—since you did not know how to pray.

18. The power of thought and the Spirit, united in prayer, create within a person a strength that surpasses all *human* strength.

19. In prayer, the weak are strengthened, the cowardly are filled with courage, the ignorant are enlightened, and the timid become uninhibited.

20. When the Spirit is able to work in harmony with the mind to achieve true prayer, it becomes an invisible soldier who temporarily distances himself from what pertains to *his* nature, transports himself to other places, frees himself from the influence of the body, and devotes himself to his struggle to do good, ward off evil and danger, and bring a spark of light, a drop of balm, or a breath of peace to those in need.

21. Understand, based on all that I am telling you, how much you are capable of accomplishing with the Spirit and the mind amidst the chaos that has gripped this humanity. You are in a world of conflicting thoughts and ideas, where passions rage and feelings of hatred clash, where thinking is clouded by materialism, and souls are enveloped in darkness.

22. Only those who, through prayer, have learned to rise mentally and spiritually into the realms of light, the spheres of peace, will be able to enter the world of strife—where all human passions are reflected—without being defeated; on the contrary, they will leave behind something beneficial for those who need the light of the Spirit.

23. Prepare yourselves, beloved disciples, and I will allow you to enter that world of pain and misery. There your soul shall go as My messenger and bring light.

24. Since you can already recognize and know all this in this world—why then wait until you are in the spiritual realm? Do not wait until the days and times have passed without allowing your soul to progress and be liberated. *Do* your part, and I will do the rest.

25. I am force; therefore, I can transform one of your thoughts, one of your prayers, into something tangible and visible for your fellow human beings.

26. To act in this way—would you not, in reality, have an angel of peace at the core of your being? And what would this people be if, as a whole, it were to prepare for that spiritual battle with true harmony and brotherhood and unite for that purpose? It would be an army fighting to bring about the salvation of humanity.

27. Truly, I tell you, if you were already united in Spirit, in thought, and in will, your prayer alone would suffice to halt *the* nations that are preparing for the hour when they intend to attack one another. You would put an end to hostilities, stand in the way of all those evil plans of your fellow human beings, be like an invisible sword that defeats the powerful, and like a strong shield that protects the weak. Faced with this obvious evidence of a higher force, humanity would pause for a moment to reflect, and this reflection would spare it many severe blows and afflictions that it would otherwise suffer at the hands of nature and its elements.

28. The tree of knowledge will be shaken by the raging hurricane and will let its fruits fall upon humanity. Yet who has *loosened the chains of those elements*, if not humankind? True, the first human beings also came to know pain in order to awaken to reality, to be roused to the light of conscience, and to conform to a law. But the developed, conscious, and

educated human of this age—how can he dare *to desecrate* the *Tree of Life*?

29. The lives of the first human beings were shrouded in that parable, which reveals to you how humanity lost the paradise of innocence in which it lived, and how it spurned a world of contemplation and peace for a world of struggle, labor, development, and merit. All of this was part of what was to happen, in accordance with the Creator's decrees. That rejection was necessary so that the soul might awaken to the voice of its conscience—which is divine light within man—and so that man might begin his journey by earning merits, ascending from the lower plane of life to the higher one destined for the soul by the Creator.

30. Thus, it is true that everything was foreseen for the time when man would take his first step into the struggle for life, the development, and the elevation of his being, so that from the very first moment the first needs made themselves felt on his path, he would have a world, a nature, a life before him within his reach—like a beautiful, invigorating, and sweet fruit—whose essence, however, would impart to him an infinite number of lessons in wisdom, love, and justice.

31. How much shade and how much fruit has the Tree of Life and of Knowledge given to humankind! Why, then, does humanity today—now that it exists in the world as an advanced civilization—appear blind, challenging even the very elements that gave it life and mistreating the tree that has never denied it the fruit of wisdom? I will tell you why: Because humanity has ceased to pray, and because it no longer prays, it has forgotten everything that pertains to the life of the spirit soul. Once it had devoted itself to life on earth, its highest goal, its greatest ambition, was to be powerful, rich, learned, and the absolute Lord— —and all of this has led it to ruin, because it sought fleeting glory.

32. I do indeed want you to have aspirations, to be ambitious, to dream of being great, strong, and wise—but in regard to the eternal goods of the Spirit. For to attain *those* goods, *all* virtues are necessary—such as mercy, humility, forgiveness, patience, generosity—in a word: love. And all virtues elevate, purify, and perfect the soul. In this wretched world, in this temporary abode, in order to be great, powerful, rich, or learned, man had to be selfish, deceitful, vengeful, cruel, indifferent, inhuman, and arrogant—and all of this had to place him in the most extreme opposition to what is truth, love, peace, true wisdom, and justice.

33. What will happen when people become aware that their boundless love for the world and their reverence for earthly things have led them to a sorrowful failure? They will try to find their way back, to rediscover

those principles and laws from which they had strayed, and in this endeavor they will create doctrines, establish rules, and give rise to philosophies, worldviews, and theories.

All of this will mark the beginning of a new and great battle—one no longer driven by an unjust pursuit of earthly force. No murderous weapons will any longer destroy lives, ravage homes, or shed human blood. The battle will be different, for then the major religious communities will fight against the new teachings and the new religions.

34. Who will prevail in this battle? No religion will emerge victorious from this conflict, just as no nation will *remain* victorious in this murderous war you are enduring today.*

**Although there were so-called victorious powers in the Second World War referred to here, the struggle for earthly supremacy continued according to the war's end and continues to this day. In this struggle, however, no world power will ultimately remain victorious.*

35. My justice will prevail over the *war for earthly supremacy*, and later, in that battle to impose any doctrine or religion, *my* truth will prevail.

36. The one and supreme truth will shine forth like a flash of lightning on a stormy night, and everyone will see this divine flash of light wherever they are.

37. Until then, O people, you will have time to advance along the paths and to reveal yourselves to your fellow human beings as messengers, pioneers, and prophets of the heavenly light.

38. While some clear the paths of obstacles, others will sow the spiritual seed, and still others will fight so that My message may reach the ends of the earth.

39. At times, your presence and your words will increase people's confusion. But once this seed is sown, it will sprout sooner or later. For—since it is of divine origin—it cannot perish like the seed of the earth if it is not tended.

40. There shall be no "Saviors" or judges among you. Yet through you I will be able to save and judge. You shall journey as servants of your Father, as disciples, and go out to the provinces.

41. If you are truly humble and merciful, your deeds, your words, and your thoughts—despite their simplicity—will touch the souls of those who have in any way transgressed against the truth.

42. On your journey, you will encounter those who claim to represent Me but fail to prove it through their deeds. You will discover incompetence among scientists who are considered learned. You will see

for yourselves the lack of justice among judges and the false grandeur of the powerful. Your eyes will see all this and much more. Yet you must not judge anyone, for that is not your task.

43. My mercy will lead you there so that your heart, sincerely moved by human needs and weaknesses, may radiate as a balm that love which I have placed in your soul.

44. When you see *others* among your fellow human beings teaching the name and the Word of Christ, do not look down on them. For it is written that My return would take place when the Word that I brought to you in the "Second Era" had spread throughout the entire earth. Yet I tell you that there are still places in the world that have not yet received that message. How could today's profoundly spiritual teaching reach those peoples without their first having received— —the divine seed of love that the Savior gave you in His Word and His Blood?

45. My message will reach everyone, and you will all come to Me. I have prepared everything for the times to come, and My will shall be fulfilled in all, for I am the Lord of souls, of worlds, of races, and of peoples.

46. A world of spiritual beings awaits only the hour to inhabit this earthly valley. They are beings of light who do not disdain to incarnate among the backward peoples, for their mission will be precisely to awaken those who slumber.

47. When these great legions of spirits of light inhabit the earth, sown and scattered by the Father's wisdom, people will begin to notice a growing closeness among one another, a desire for understanding, harmony, and peace. They will see how one people unites with other peoples, as a sign of the universal union to which all My children must arrive.

48. Who will be able to change My plans or cause Me to fail in what I have ordained? Everything within the human realm has its limits; that is why I tell you that you are now reaching the limit of the misuse you have made of the gift of free will.

49. Humanity's frantic rush has quickly brought it to this point, and it will bring judgment upon itself through the fruit of its own deeds.

50. Who among those who have heard Me—and who therefore know the Lord's plans—will be able to fall into agitation or confusion in the face of what happens daily in the world? And who, having heard Me, will be able to remain indifferent, inactive, or silent in the midst of a world that needs spiritual guidance—which is the same as saying: a higher morality?

51. My justice and My love are stronger than the wickedness of men, which is why I tell you that My will shall be fulfilled in all.

52. Once peace comes among people, and humanity once again comprehends the value of prayer and fasting, you will know that I am the Tree of Life, in whose branches—stretching out to infinity—you can recognize the arms of the Master, outstretched as on that cross where He shed His blood for you and thereby engraved upon your consciences those words that say: "I am the Life; whoever comes to Me will never 'die.'"

53. I am the seed from which I will create the New People of Israel—the people who are to provide shade for the world and bestow upon it the fruits of spiritual life.

54. You are still very clumsy and fearful; your faith is weak and your knowledge limited. The proof of this is that to this day no patriarchs have arisen among you whose virtue, zeal for My Law, and goodness are meant to give life to a people—like those righteous and upright men who gave Israel its form and name in its early days. Remember Abraham, a leader who succeeded in making a single family out of all the clans—and Moses, who, through his faith, strength, and love, knew how to unite the Israelite tribes into a single people.

55. The gift of spiritual vision has been poured out among you, and yet you scarcely hear the voice of your prophets, for it is still very faint and uncertain.

56. So that I may speak to you in this form, and in order to expect from you works that can endure as an example for future generations, I have first had you traverse the path of development and, in doing so, have provided you with the means to unfold yourselves by sending youtime after time to Earth to gain experience—which is the light of knowledge—and to purify you through trials, which signify spiritual ascent.

57. Does any one of you believe that your present existence is the first one you have lived on Earth? No, people, if that were the case, I would not have come to you in this Third Era.

58. Your present life is yet another of the paths toward spiritual development that you have taken in this world. I forgive your doubt, for it does not stem from the Spirit but from the "flesh."

59. You may be the poorest among humanity; you may be regarded as uneducated and ignorant; your work may not have been significant until now; your worship of God may be something vague. But now, having judged you spiritually, I tell you once again that I had a reason for choosing you for My message and My revelations.

60. With the chisel of My Word, I shape your soul, your heart, and your mind, giving you sufficient knowledge so that your confidence in yourselves may grow, because you know who you are, from whom you descend, for what purpose you were sent into the world, and what your goal is.

61. I have spoken to you of knowledge and of confidence so that you may set your sights on the right goal, which is the one your conscience points out to you. For just as you should not consider yourselves inferior—by confusing humility with a lack of confidence in yourselves—so too must you not consider yourselves superior to anyone. For vanity, arrogance, and pride are not characteristic of souls of light, but of souls who have been blinded by the light.

62. You now know, then, that you are "pilgrims," and that on this occasion you have been granted the good fortune to receive my message and to be the bearers, the transmitters, and the voices of my revelation.

63. No uncertainty or doubt regarding your spiritual mission will be able to assail you. Everything has been said; everything has been paved like a path full of clarity. You need only grow strong through prayer and by following My Instruction, so that you may fully tread the path that the patriarchs, the leaders of the people, the prophets, the disciples, the apostles, and the true witnesses of God have traveled.

64. From every corner of the earth, I will bring the children of this spiritualist people. For I repeat to you that this people is not a race nor of human origin. It is a spiritual legion whose numbers are constantly renewed, so that there may always be those in the world who receive My inspiration from Spirit to Spirit.

65. Physically, you will not be able to discern who belongs to this people. You will be able to recognize them only by their spiritualization and the unfolding of their gifts and abilities.

66. What is the essential mission of this people, the messengers of the Lord? To free humanity from every form of bondage, whether of the soul or of the mind; to remind them of the Law, to remind them of the divine promises; to warn them against their errors, to exhort them toward goodness, to lead them to the "Promised Land," which is the Kingdom of Love, Wisdom, and Peace, where all beings, all peoples, and all worlds will come to form a single family: the family of God.

May my peace be with you!

Instruction 289

1. Humanity: How little you do on your part to live in peace!

2. I can tell you that the majority of people have a religion, and that although they all teach brotherhood, no one lives according to the Instruction they have received; no one follows the laws, commandments, and principles that have been written in their conscience.

Some, in order not to submit to any religious creed, have allowed their thoughts to run free and have believed themselves to be outside the scope of commandments and laws. But this cannot be; for through their observations, their sciences, and their definitions, they have come to realize that in everything and everywhere there is a force, a harmony, a law, and a wise, just, and loving teaching revealed, from which no one can escape.

3. After humanity has lived in discord for so many centuries, according to all the painful and bitter experiences it has endured, it is now capable of understanding that unity among nations and harmony among all people cannot be based on material interests, nor can it rest on earthly values. Ultimately, humanity will come to understand that only the noble soul can be the firm foundation, the unshakable rock, upon which human peace rests.

4. When all peoples quarrel in one way or another, wage war against one another, and condemn one another, this means that none of them are following what God and His law have taught them, and they are therefore far from the truth.

5. Truth is respect for all things, for everything is sacred, is love, is harmony, is mercy, is the law that governs the conscience.

6. To perfect the soul, it is necessary to go beyond simple human duties and even beyond religious ones, to reach the source from which all drink, and to look truth in the face.

7. Whoever is able to reach the summit of the mountain and behold that splendor will, upon descending to continue living among his fellow human beings, inevitably become more tolerant, understanding, and merciful in his judgments. This is an element that is ready to bring everyone into harmony and unite them.

8. Reflect according to this, and you will realize that the harmony you need is spiritual, and you will attain it when you rise above your passions and dogmatism.

9. How can you create peace when everyone proclaims their own views as the only truth and at the same time fights against the views of others as false?

10. Fanaticism is darkness, blindness, and ignorance, and its fruits can never be full of light.

11. You are approaching the great trial through which you will all awaken to reality.

12. Your hearts ask Me why I often speak of great trials and events, and I tell you that a time of suffering lies ahead, and it is better to be forewarned, to stay alert, and to pray than to sleep in your lethargy.

13. Some are never satisfied with what I say. When I paint for you in My Word the times of peace and prosperity that belong to the future, you consider the fulfillment of My prophecy impossible; and when I speak to you of times of trials and suffering, you believe that they are merely threats intended to compel you, through fear, to fulfill your mission.

14. Those who interpret My Word in this way belong to the ranks of those who drift in the sea of doubt. For whoever has faith in this message always studies it with the noble intention of deriving something useful from it.

15. Disciple: In the Second Era, three years were sufficient to deliver My message to humanity, and—as you all know—I sealed the message at the end with My sacrificial death. Truly, I tell you, that sacrificial death was not an offering to the Father—since He has no need of a blood sacrifice—but to humanity, since it very much needed a proof of love of such magnitude.

16. I taught you to love one another, but not only as human beings, but also with eternal love as spirit souls. I came to pave the way for you from this world to the Spiritual Realm, which seemed to lie behind a thick veil of mystery for you. From the first word to the last, My teaching was the preparation I gave you for the time when I would come in the Spirit, just as I announced to you, to once again open the secret treasury, unfold the sealed book, and allow you to enter into the light of spiritual knowledge.

17. The life of the soul, which exists beyond your material world, could not and should not be a mystery to humankind. Since the Father saw your desire for knowledge, He began His instruction through the gift of revelation and inspiration, and He manifested Himself in an infinite variety of forms. Yet this instruction began as soon as the first human being existed, and has not ceased to this very day.

18. If you think that I have only now revealed something of spiritual life to you, you are greatly mistaken; for I tell you once again: Divine instruction began when the first human was born, and I am not exaggerating when I tell you that My instruction began with the creation of the spirits, even before the world came into being.

19. Do you perhaps think that the earlier instructions were intended to reveal human knowledge to you? The gift of science was given to you for that purpose. Or do you perhaps think that the commandments of the first era and the teaching I brought you in the Second Era served only to teach you how to live in the world? Seek the essence of those revelations, and you will discover that the intention was to show you the path that leads to eternal life, to the immortality of the soul.

20. I have called Spiritualism the revelation that speaks to you of the life of the Spirit, that teaches you to connect directly with your Father, and that elevates you above material life.

21. Truly, I tell you, Spiritualism is nothing new, nor does it belong solely to this age; rather, it has been a revelation that has been increasingly unveiled in harmony with the spiritual evolution of humanity.

22. Since the teaching I give you is Spiritualism—which teaches you perfect love for God and for your neighbors and invites you onto the path that leads to perfection—Spiritualism was also what the Law of God taught you in the "First Era," and the Word of Christ in the Second Era.

23. This revelation has seemed new to you because I have brought you lessons you did not know. You have felt dazzled by so much wisdom. Yet this is due to the fact that you are approaching the fulfillment of the ages, in which the human soul will attain its liberation, its elevation, and its dominion over matter.

24. Let no one, therefore, say that spiritual life was a mystery before I came in this Third Era to explain it through my new revelations. I tell you once again that many Instructions have been given to you over the course of time, even if you were unable to comprehend them.

25. Only now are people beginning to take an interest in discovering and unraveling everything contained in the revelations of past times, in order to compare them with the events of the present.

26. Disciples, you now know, then, that when you say "spiritualism," you are speaking of the spiritual revelation that your God has given you over the course of time.

27. As quietly as a burglar, I have entered among you and caught you asleep.

28. At all times, I have found humanity asleep upon My arrival. Only a few hearts, like faint lights, have been awake and awaiting Me.

29. People, it is enough for you to reflect a little on your past in order to reap the fruits of experience. Afterward, you must be careful not to fall back into errors and mistakes.

30. If I were to ask you what became of that scroll which I inscribed with My blood in the Second Era, you would be silent, for your conscience would tell you that you have never lived by the teaching that Jesus taught—that you have let His words be blown away by the winds like leaves fallen from the Tree of Life, instead of your heart gathering them up.

31. Truly, I tell you, you have already entered that era which I announced to you as the "End Times." It was marked by judgment, reparation, and restoration.

32. Through the mouths of the prophets of former times, I announced this era to you, and through the lips of these messengers—new prophets of My Word—I have spoken to you and fulfilled many of those prophecies.

33. My Word is so clear that you are on the verge of understanding Me. Your conscience, which was not heeded in the past, now encompasses your entire being and is able to control the impulses of the flesh.

34. My new band of apostles will board the lifeboat, from which they will reach out their hands to rescue those shipwrecked in the sea of human passions.

35. I have chosen you to form My people according to a gradual process, but there are plans that you cannot yet discern. I tell you only that there is a light within your soul that enables you to discover the true path among so many. Hence the responsibility of the children of light toward humanity.

And understand why, in every Instruction, I urge you to evolve upward, to climb to the summit of the mountain. For only when you reach that height will you be able to see what is happening in the world, will you hear the ceaseless lamentations of humanity, and will you be able to feel its immeasurable suffering.

36. Whoever does not feel the pain of their neighbor cannot alleviate it, disciples. That is why I want you to think of your neighbors in your prayers. For these are the moments when your soul can dry many tears and cause the heart to awaken to compassion, understanding, mercy, and tenderness.

37. My people need to be uplifted, for they still do not make the pain of humanity their own. They do weep, but they weep for their own sake—because of their own hardships, because of their own sorrows.

38. Why do you remain unmoved by My Word? Am I offering you some unknown kingdom? Recognize that the kingdom of which I speak to you today is the same as the one I promised you in the Second Era.

39. Consider that these are the final Instructions you will hear, and you must keep them in the innermost part of your hearts so that, according to the time of this revelation, you may continue to hear the melodious sound of My Word and preserve its meaning.

40. If for a moment I were to lift the veil that prevents your mind from recognizing your past—truly, I tell you, you would fall prostrate before My presence, overwhelmed by remorse for your ingratitude, your disobedience, your faithlessness, and your lack of faith in My work. But the merit lies in developing intuition, in heeding the voice of conscience, and in unfolding the essence that lives within you and which you call the "soul."

41. Once you are free from the body, you will dwell in the "Spiritual Valley." That veil which prevented you from looking into the past will fall from your eyes, and you will see everything with unclouded clarity, remember everything, and understand everything. But I tell you once again that the merit for your soul lies in having faith without expecting to see or touch in order to believe.

42. Reflect according to these words and grasp their spiritual meaning, for in them you will find revealed My unyielding yet ever-loving justice.

43. I am the shepherd who allows his flock freedom, but only up to a certain limit, and who does not let his sheep jump over the barrier beyond which lies pain.

44. I sustain you, protect you, and bring you back to the sheepfold.

45. You have had one opportunity after another, and in this you can recognize My infinite love for you; for I have bestowed gifts upon you and granted your being the opportunity to make amends for your mistakes, to purify and perfect your soul, rather than to punish you or condemn you eternally, as you were accustomed to thinking in the past.

46. Who, knowing these teachings and believing them to be true, would dare to turn their back on their mission on earth, even though they know that by doing so they would bring about an even harsher atonement for their soul? For although it is true that My justice offers you new opportunities to remove blemishes and make amends for mistakes, it is also true that with each opportunity the number of trials increases and that the hardships and sufferings become more intense each time, just as the mistakes committed have become more serious.

47. Your *duty*—one should not speak of punishment—will consist in restoring, renewing, making amends, and settling every last debt. No one—neither your Heavenly Father nor your brothers and sisters on earth or in the "Spiritual Valley"—will do what only you yourselves must do,

although I tell you that I will always answer your call. When you feel lonely and forsaken, you will feel My presence, and the Spiritual World will always come to support you in bearing the burden of your cross.

48. My Divine Ray becomes the Word among you, yet its light spreads throughout the universe.

49. Rest, humanity; I have granted you a day of rest every seven days so that you may pray and gain strength by meditating on My Law.

50. Here I am, visiting you all without distinguishing according to religions. I am the Divine Healer of bodies and souls. I visit the sick to pour out My comfort upon them.

51. My voice descends upon all humanity, though I tell you in truth that there are only a few who are able to hear it.

52. It is My teaching that instructs you to prepare yourselves to hear the voice of the Lord through the dialogue from Spirit to Spirit in the Infinite.

53. People, you who hear my Word made flesh: Know that it is you who must bring this message to the whole world and ensure that people break the chains of fanaticism and materialism that have prevented them from rising up and beholding my light. It does not matter that, by the time you reach your fellow human beings, My rally through the human mind will have already ceased. My Essence—transformed into words of wisdom and healing balm—will flow from your hearts as the best testimony to My truth.

54. Your task will be to provide instruction and to pave the way toward spiritualization by bringing your fellow human beings into contact with Eternal Life and thus drawing them closer to the truth.

55. Disciples, learn to elevate yourselves so that later you may teach what it means to free yourselves from materialism, the superfluous, and the useless—so that you may show how to traverse the dense mists of darkness and find the Divine Light, which is the nourishment and life of the soul.

56. In this elevation lies the foundation of the struggle that has been announced to you as “the great battle,” in which you will all participate—even the weak, the ignorant, and the “dead.” For from this trial, you will all emerge enlightened and pure.

57. My Kingdom is drawing near, but I wish to reign over the living, not over the dead. I wish to be loved, understood, and obeyed, as befits a true King.

58. Now the battle is in full swing. People have distrusted My force and My justice; ceaselessly they have sought to measure their weapons against

Mine, and I have accepted their distrust because I love them. I must fight against their sin in order to defeat them. For by defeating them, I will have saved them from their straying.

59. In this battle, idols will fall; minds will be thrown into confusion; bodies will be crushed, just as palm trees are crushed by the fury of a hurricane. But in the end, the soul will emerge purified and full of light. It will not die . It is impossible for it to die in battle. For I have told you that I am the Life, that I am the Father and God of the living, and not of the dead.

60. A single door will remain open for the salvation of humankind: that of spiritualization. Whoever wishes to be saved will have to renounce their pride, their false grandeur, their base passions, and their selfishness.

61. Very bitter will be the cup that people will have to drink in the great battle. Nevertheless, I tell you: Blessed are those who drink from that cup and then leave the earth as purified souls. For when they return to this world in other bodies, their message will be imbued with light, peace, and wisdom.

62. The cries of lamentation heard from the inhabitants of this planet are very great. The oppressed and those who dream of peace expect these lights of harmony and freedom to emanate from those called the powerful. In response, I tell you that those hearts living in expectation should rather lift themselves up to Me in prayer, for I alone can grant freedom and peace. I tell you once again that as long as people do not know the origin, meaning, and purpose of their destiny—or, even if they do know it, do not believe in the truth they carry within themselves—they will not be able to have peace, because they will not be able to love one another as true brothers and sisters in God.

63. The humanity of this age is hard, very hard, and increasingly impervious to the spiritual. Hear My Word; it is like a chisel that patiently shapes your heart. Yet even though you hear it so often—see how unreceptive you are! I will continue to speak to you in this way until I have uttered the last word contained in this message, so that when I no longer speak to you, you may find a true and perfect teaching in all that My Word has revealed to you.

64. Drink from this spring, O people, for I have used you as seed to bring forth generations from among you who love Me.

65. Truly, I tell you, spiritualization, too, will be passed down through the generations; therefore, you should strive to instill in your children purity of heart and receptivity to the spiritual. They will thank you for having shown mercy by giving them a body free from passions, with a

clear mind, a sensitive heart, and a soul attuned to the call of their conscience.

66. You are all invited to be part of the people of God. It is a lie that some are children of this people and others are not. You all have a single origin: God. I invite you all to be part of His hosts; I wish to see you all in their ranks. My people are the children of light, the apostles of peace, the heirs of my wisdom. All my children find a place in their midst.

67. Disciples, listen to Me tirelessly, so that at the moment of My departure you will not regret having ignored My call.

68. I want that hour to find you in prayer, full of fervor, love, and gratitude. Thus, in that atmosphere of spiritualization, devotion, and understanding, you will not wish to prevent My message from coming to an end among you, and you will thank your Father for the Instructions He has given you.

69. My voice will resound in your Spirit and fill you with deep melancholy. But it will not be the voice of one doomed to die that speaks to you, but that of a Father who sends you forth to fulfill a difficult mission and who awaits your return to embrace you lovingly. I tell you all this so that there may be no sorrow in your hearts when My Word comes to an end.

Remember that all those who mourned the Master's death in the Second Era were soon surprised when they saw Him ascend to heaven in glory, full of life and light, for His home was not among the dead.

70. On the last day of My rally, I will let you weep only if your tears are those of repentance for the time you have wasted and the lessons you have failed to learn.

71. Who among those who have heard My Word in the Third Era does not know that the last day of 1950 is the time set by the Father's will for the end of this revelation? No one. For in all these places of gathering and in countless ways, I have made this known to you.

72. Not because the Divine and the Spiritual are subject to earthly time, nor because the development of your soul can be measured by the clock or the calendar. It happens because, as long as you are in the body and too small to experience the end of a spiritual period or the coming of a new age, I must make the spiritual understandable in human and earthly terms up to a certain limit, in order to make it comprehensible to you.

73. Now I ask you, disciples: Do you wish to feel My presence spiritually and intensely according to My departure? The condition for this will be that you are united in brotherhood. If this is not the case, you will not be

able to perceive My presence, nor will you be able to rejoice in the power that emanates from this spiritual feeling.

74. Do you wish to receive spiritually the answer to everything you could not understand during this time? Experience spiritualization, and you will be able to hear My answer.

75. There will be moments of desolation and silence. This will happen so that you may rise up to Me in prayer. But there will be moments when you will feel that you have not found Me. Nevertheless—even if you do not yet perceive the presence of My Spirit, persevere nonetheless; do not be anxious, for this is the test of your faith and your spiritualization. Remain steadfast, for at the least expected moment I will come, radiant as a beam of light, to take up residence in your minds and hearts and to say to you: “Be blessed, for you have trusted that the Master cannot leave a call unanswered.”

76. Courage, faith, and patience will be virtues that must always dwell within you. For the time is approaching for the clash of worldviews, the war of religious convictions, and the spiritual battle, and it is better that you have grown strong through action and experience rather than merely through knowledge of My teaching.

77. People: My lesson is now at an end. Remain for a few more moments in the “Spiritual Valley” and from there send your thoughts to all the peoples of the earth, where your fellow human beings are struggling, suffering, and likewise awaiting salvation.

May My peace be with you!

Instruction 290

1. God is light, love, and justice. Everyone who manifests these qualities in their life will represent and honor their Lord.

2. All of you—from the smallest and humblest to the most exalted—must know what justice, love, and wisdom are. All of you must understand that the Divine Law is immutable, so that you may love it and not ask Me to change your destiny.

3. Know this: If your Father, the Creator, never changes any of His laws, then you have not the slightest right to do so.

4. Your soul is happy because it has now been able to evolve. For every time it comes to Earth to incarnate, it brings with it knowledge from past lives, and the light it receives in the Spiritual Realm is experience—a beacon that illuminates its path of evolution.

5. The knowledge of life is the true science; it is the eternal light of the soul, and all this experience together constitutes the knowledge that you acquire according to your progress.

6. In the end, the only treasure the soul will retain will be the knowledge gained through the struggle of life. Therefore, I tell you that you should not squander this light, which is your inheritance, on useless endeavors, but should use it only for good, noble, and lofty deeds. You can find a parable for this, which I tell you, in the money of the world, which—when used well—is a blessing, but when wasted, causes only evil.

7. You must also learn not to despair when the time of purification passes only slowly. For it is precisely then that many virtues of the soul are put to the test in the heart; then a person can discover within themselves true prayer—that which takes place from Spirit to Spirit, silently, in stillness. Then you can hear the voice of your inner being—that spirit soul which, although it is your own, you do not know.

I must form an army from this people and make many of you leaders—but not leaders in the sense of earthly force, not for fratricidal war, but as soldiers to break through for the Light, to triumph with peace and persuasion, to destroy, yes, but to destroy what is harmful and to establish what is good.

8. You say in your hearts, “God is justice.” Then I ask you: If you understand that God is perfect justice and wisdom—why do you sometimes demand that the Divine Laws be altered?

9. You judge superficially, as if you were children, and do not consider that the trials that afflict you are *your own* doing. When they therefore befall you, you wish for them to depart from you, for fate to be altered so

that you may not suffer, so that you may no longer drink from the cup of suffering.

The reason for this is that with your spiritual vision you cannot penetrate reality to understand that everything you reap, you yourselves have sown, and that you have brought every suffering upon yourselves.

10. No, you have never understood how to penetrate the truth, and so when pain pierces your heart, you consider yourselves victims of divine injustice. Yet I tell you that not the slightest injustice can exist in God.

11. God's love is unchanging, immutable, and eternal. Therefore, anyone who believes that the Divine Spirit can be overcome by anger, fury, and rage is laboring under a great delusion. Such weaknesses are conceivable only in human beings who lack spiritual maturity and control over their passions.

12. At times you say to Me, "Lord, why must we 'pay' the consequences of deeds that are not our own, and why must we reap the bitter fruit that others have produced?"—To this I answer you that you understand nothing of this, because you do not know who you were in the past and what your deeds were.

13. How greatly have all those who preach a teaching full of fear, punishment, and ignorance distorted the truth of My justice! Yet do you know the reason for this behavior? Because they need to dominate others, because they know no humility, and instead have enough vanity to call themselves possessors of the truth and the chosen ones who stand above others.

14. They preach ignorance and instill fear so as not to lose their privileged position.

15. Only my light and my mercy will be able to save the great masses of people from the ruin and darkness into which they are being led.

16. I rebuke those who preach blind faith—a faith without knowledge, a faith born of fear and superstition.

17. Do not listen to the words of those who attribute all the evils that torment humanity—all the plagues, famines, and epidemics—to God, by describing them as punishments or the wrath of God. These are the false prophets.

18. Turn away from them, for they do not know Me and yet seek to teach people what God is like.

19. This is the fruit of the misinterpretation given to the scriptures of bygone times, whose divine language has not yet been discovered at the core of the human language in which the revelations and prophecies were

written. Many speak of the end of the world, the Last Judgment, death, and hell without the slightest knowledge of the truth.

20. I knew the longing for light that people would eventually have, and so I promised them at that time that I would return, telling them that I would send them the Spirit of Truth—a promise I have kept and that is being fulfilled ceaselessly, daily, and in each one of you. But if you were to say to those who claim to interpret everything correctly, "Know that the Master has come in the Spirit to speak to you about His teaching"—do you think, disciples, that they would believe you? Understand why I tell you that your preparation must be very thorough, so that when you encounter the deluded, the foolish, and the fanatics, you will not waver, but—with the genuine gift of the Inner Word and sufficiently prepared to receive spiritual inspiration—will know how to enlighten the faculties of the mind, stir the souls, and move the hearts.

21. My teaching is different. I have told you: There is no "death"; it is eternity that awaits you. There is no eternal fire, nor is there punishment for the sinner. There is purification, trials, and enlightenment.

22. Everything is constantly changing and moving toward perfection. You have an example of this in yourselves, since you transform as you go through the different stages of life, and then you are no longer there—only to return and take another step forward according to the stages of life you have gone through.

23. The Father will not leave His work unfinished. How can you think that one day He would destroy what He has created in order to bring it to perfection?

24. Pray, and let the Father send you His lessons as it is His will. For *you* do not know what you deserve, what you need, or what is beneficial for you. Leave your affairs in His hands, and receive with gentleness and joy whatever He may give you.

25. You see how different the truth is. If you must have fear in your hearts, let it not be fear of Me, but fear of yourselves, of your deeds, for you will not be able to escape their consequences.

I grant that your soul, enraptured by the contemplation of the Infinite, may remain thus for a brief time to enjoy that peace which it cannot yet find on earth.

26. Disciple: Although you live in the world, you can lead a spiritual life. For you must not think that spiritualization consists in turning away from what pertains to the body, but rather in bringing human laws into harmony with divine laws.

27. Blessed is the one who studies My laws and knows how to unite them with human laws into one, for he will be healthy, strong, generous, and happy.

28. In this age, humanity is going through an era of failure and straying, of illnesses of every kind due to its deviation from the laws. But when it is most confused, My Law comes as a light to the souls and calls people back to the path of peace.

29. My revelation of this time is a new chapter in the book of My wisdom; it is a new seal that has been removed from that book, whose contents now pour forth, purifying and liberating souls and renewing humanity.

30. Do you see this world, which shows no signs of being illuminated by a divine light? Truly, I tell you: although people have not yet given great evidence that they understand what My light inspires in them, there will not be a single soul that has not awakened.

31. People, the rally of My Word among you is very unassuming. Yet if humanity knew this message and resolved to follow it, it would be on the path to salvation.

32. I had to reveal Myself among the poor, in the bosom of a people who did not boast of superiority, but who possessed a spiritual sensitivity to My presence and My inspirations—a sensitivity that I have not found among the peoples and nations who call themselves great, strong, and Lords of the earth.

What I say about you, My people, must never be used as an argument to boast of spiritual superiority over others. For you must know that whoever succumbs to vanity comes to a standstill and makes no progress. Whoever is humble, on the other hand, advances ceaselessly, for he always believes he has done very little.

33. Do not be content merely to hear this Word, but also observe everything that happens in your world and in your surroundings, so that you may continually recognize the fulfillment of all that I announce to you in My Word.

34. When you sleep—see how trials then come to rouse you and tell you that now is a time when you must live vigilantly.

35. Soon you will no longer be stammering disciples but will become inspiring masters, whose path will be marked by struggles, treachery, and persecution. But even in the darkest nights of this humanity, you will see the indelible light of My truth shining forth.

36. My messengers will spread across the earth, and Spiritualism will descend upon the materialism of humankind like a rain of peace, like a soothing dew.

37. This foolish world, deaf to every spiritual voice, will still believe in My coming in the Third Era and love My message. But you, people, have the duty to set an example of faith and obedience for your fellow human beings, an example that shall be a source of encouragement and inspiration on humanity's path.

38. Fulfill your duties as souls and as human beings on Earth. You already know the laws and the path.

39. Set your heart free so that it may begin to empathize with the pain of others. Do not let it be preoccupied and concerned solely with feeling what pertains to you personally. Do not remain indifferent to the trials that humanity is enduring.

40. When will your love be so great that it can embrace many fellow human beings, loving them as you love those who share your blood and are flesh of your flesh? If you knew that you are according to your soul rather than your body, many would not believe it. But I tell you: You are certainly brothers and sisters according to your spirit, not according to your physical form, for the spirit belongs to eternity, while the body is transient.

41. Consider, then, the fact that families here on earth are formed today and dissolve tomorrow, while the spiritual family exists forever.

42. Today you are not yet able to feel or live out these Instructions. But you must according to your hearts sacrifice your hearts in fulfilling the eternal destiny of loving one another.

43. As your steps on the path of spiritual brotherhood begin to grow more sure, your lips will begin to utter instructions that are still unknown even to yourselves, as well as profound revelations.

44. To those who are faithful to Me, to the strong, to those who truly prepare themselves—to them I will entrust this message, this Word, so that they may preserve it in its purity, defend it, and protect it from foreign admixtures. For My teaching is meant to convert humanity. But if you mix other ideas into it and conceal the truth, all its persuasive power and all the light will be lost from your lips and in your deeds. See how I strive for you, so that you may not fall into temptation. Yet it is up to you to pray and make an effort so as not to fall.

45. Soon you will no longer hear this Word, and it will seem as though you are alone, without a shepherd on the path of life. But I am preparing you so that from the very first moment after the farewell of this rally, you

will know that My Spirit will be your guide, that My light will shine within your spirit to encourage you.

46. In time, many of those who have hitherto disparaged this work will lament with great remorse that they failed to fulfill their mission and wasted precious time. Yet I will say to those who repent from the heart: "Here is My work, here is your task; rise up to fulfill it, for there is still time to do so."

47. Woe to those who, in their foolishness or pride, delay the day of their repentance! For if they sow thistles instead of wheat—what then will their harvest be?

48. I am reading to you right now from the Book of the Future, so that you may learn how you should walk and act.

49. My Kingdom is drawing near to you. Therefore, I have sent you My Word to prepare you, and I have sent you the Spirit of Elijah to unite and purify you.

50. I am the Way, and through it you will all come to Me.

51. The "Third Age," in which you now live, is the time of the revelation of great mysteries.

52. Scholars and theologians will have to correct their knowledge in light of the truth that I am currently revealing to you: This is the time when people are to open their eyes to the light of My wisdom—a light that I have transformed into a teaching so that through it you may rise spiritually to true life.

53. Now the world is to learn the truth about the "resurrection of the flesh," which is the reincarnation of the soul.

54. To reincarnate means to return to the material world to be born anew as a human being; it is the resurrection of the soul in a human body to continue its mission. This is the truth about the "resurrection of the flesh" of which your ancestors spoke, though they offered interpretations that were as distorted as they were absurd.

55. Reincarnation is a gift that God has granted your soul so that it may never be limited to the wretchedness of matter, to its fleeting existence on Earth, or to its natural shortcomings; rather, since the soul originates from a higher nature, it can use as many material bodies as it needs to carry out its great tasks in the world.

56. Through this gift, the soul demonstrates its immeasurable superiority over the "flesh," over death, and over all things earthly, by overcoming death, one body according to another, and outliving them all, no matter how many have been entrusted to it. It is the conqueror of time, of obstacles, and of temptations.

57. The light of Spiritualism now reveals to the world the truth, justice, reason, and love inherent in the soul's capacity for reincarnation. Nevertheless, the world will at first stubbornly oppose this revelation and portray it as a strange and false teaching in order to instill mistrust in people of good faith.

58. The efforts made by the denominations to keep their believers on the well-worn paths of old beliefs and outdated systems of faith will be futile and in vain. For no one will be able to hold back the Divine Light, which penetrates to the very depths of human reasoning and awakens the soul to an age of revelations, divine inspirations, the dispelling of doubts and mysteries, and spiritual liberation.

59. Nor will anyone be able to hold back the flood that humanity will form when it sets out in its quest for freedom of thought, Spirit, and faith.

60. Let no one believe that I am snatching away the disciples, believers, or followers of the various religious communities—no. But the hour has come when a new era begins, bringing forgotten lessons to light, eliminating useless customs, doctrines, and traditions, purifying and ridding souls of all that is false in order to give them the true bread of the Spirit, which has always been replaced by ritual.

61. Through this light, people will unite, nations will be reconciled, enemies will forgive one another, and through it the essence of the teaching will be understood—the teaching that has provided you with instruction for nearly 2,000 years through words and deeds.

62. Does it seem unlikely to you that the humanity of this era understands the spiritual? Then let the history of humanity pass before your eyes, guided by intuition and by what your Spirit reveals to you, so that you may know that there was an era in which—after the peoples of the earth had fallen into an abyss of hatred, vices, ignorance, superstition, and fanaticism—people emerged who were inspired by Christ and filled with faith and love, spreading like an unstoppable stream of light and hope across the nations and lands.

63. Christ was on the lips of disciples and martyrs who lived to sow and spread the divine seed of love. Christ revealed Himself to the world through His servants and lived in every heart of those who loved Him in His divine Passion.

64. The time was brief during which that peace and harmony bore fruit among the peoples and nations of the earth, for the weeds of ingratitude and godlessness once again covered the fields. But in those days of spiritualization, harmony, understanding, and brotherhood—how much peace, inspiration, and light there was among humankind! Once that

harmony and that spiritualization become the very essence of your lives—can you imagine the extent to which My unrevealed wisdom would pour out upon the Spirit of humanity?

65. Do not doubt what the New Age promises. For if your faith were not genuine, you would not be worthy to witness the fulfillment of My Word.

66. Let your soul draw closer to Me, for I will give it what it needs.

67. Receive the divine Instruction and listen to Me tirelessly; then, in a short time, you will experience how you will develop considerably in spiritual knowledge.

68. Do not let this time of grace go to waste; remember that you had to suffer greatly to reach this path and come to know My revelation.

69. According to your experience with bitterness, you are now reaping a sweet fruit. Do not squander it, for tomorrow you will have to bring it to those who hunger for peace and truth.

70. If pain has purified you, preserve that purity in your soul and in your heart. I want you to present yourselves to humanity as a renewed people. Then you will serve as an open book to other peoples who are currently being purified through their pain in order to become worthy of receiving My message.

71. All these peoples and nations that have drained the cup of suffering to the dregs are called to soon come to know My new revelation, which will bring honey and balm to so much pain.

72. Already, the Word I gave in the Second Era has reached the ends of the earth. But know—or remember—that this was the sign I gave you, so that my return might be felt by all people.

73. Let those of you who have access to My Word spread the call to your fellow human beings. Tell them that I have not come to judge their transgressions, nor do I take note of their blemishes, but that it was their distress that led Me to seek them out, and that I have a gift of love for each one of them.

74. Bring this gift of love to their hearts. This will be of service to you when you carry My Instruction to unknown lands.

75. Do you not discover at the core of My words the divine desire that you become a people who are pure in thought, worship, deeds, and works?

76. I inspire you to earn merits; but you should not be motivated by the selfish desire for your own salvation, but rather you should perform your deeds with your fellow human beings in mind, with future generations in mind, whose joy will be very great when they find the path paved by the

“First Ones.” Then *your* happiness will be boundless, for the joy and peace of your brothers and sisters will also reach your soul.

How different it is for those who seek only *their* own salvation and bliss; for when they arrive at the place they have earned through their works, they cannot have a moment’s peace or joy as they look upon those they have left behind, who are bearing the heavy burden of their sufferings.

77. Truly, I tell you, the true disciples of this teaching will be righteous and pure in their deeds, just as their Spirit is—which is My own light.

May My peace be with you!

Instruction 291

1. People: On the day of My departure, you will feel a void around you. You will feel weak because you have grown accustomed to this Word, in which you have long found encouragement, comfort, solace, and knowledge. You will miss this message, which has given you so much courage in the struggle of life.

2. Yet truly, I tell you, if you already had a better understanding, you would await this day with joy, knowing that My Spirit will not part from you, and that My inspiration will not be lacking to you for even a moment.

3. Realize why I have told you so often that you should not grow accustomed to My Word, that you should not listen to Me out of habit. For those who have behaved in this way will miss this Word with great pain in their hearts.

4. You still have a short time left in which you can understand many Instructions, dispel your doubts, strengthen your resolve, and reflect upon and gain insight into the firm foundations of what My Law grants you.

5. Remember that I have taught you to reject everything that constitutes a forced religious practice and that is merely a habit. Do not forget that I have simplified religious practices, forms of worship, and creeds for you, and have allowed your conscience to be the rudder that is to steer the little ship of your life.

6. I have given you clearly defined principles so that you will not experiment with uncertain teachings, even if they seem permissible and good according to your opinion.

7. Whoever places all their trust in My Word will not stumble or fail, and will soon reap good fruit.

8. The Law of Love—from which flows love for one's neighbor, understanding, and forgiveness toward your fellow human beings—is the foundation that I have inspired in you for your spiritual mission.

9. To recognize My truth, neither human erudition nor the knowledge of men contained in their books is required. The Spirit possesses the gift and the ability to intuit the truth.

10. Since My Word is easy to understand, and the principles of My teaching are expressed with perfect clarity, you need not fear that unforeseen difficulties will prevent you from walking your path with a steady stride.

11. I have read your hearts and have found that you wish to remain faithful to this Instruction that I have brought you. Watch and pray; listen and reflect deeply on it, so that your good intentions may not be thwarted by any weakness on your part at the moment of trial. Remember that the

multitudes who followed Jesus in the Second Era and who gave the impression that they had understood Him abandoned their Master in the moments of sacrifice, in the decisive hour. Even the Apostles, who had followed Him so closely, felt their strength and even their faith waning in that hour.

12. The reason for this is that human nature is weak and needs encouragement from a strong Spirit.

13. Therefore, drink of the wine of My Word so that you may be strong, and when the trial comes, prove that you are disciples who have been tempered through prayer and struggle, through self-reflection and practice.

14. Do not seek to glorify My work through ostentatious means or rallies, for your triumph would easily crumble because you have not built it on solid foundations.

15. Do not impress your fellow human beings with accounts of miraculous healings or obvious miracles, for you would only succeed in infecting one another with fanaticism. Those who truly embody the truth, who know how to offer sincere worship to God, who truly sow and spread the seed of love, are so simple, so modest, and so humble that they live unrecognized among others. They pray, and no one knows it. They heal the sick, and few or no one sees them. They weep for the sake of a neighbor, yet their tears are invisible because, according to their nature, they rise up to the Father.

16. Do not be anxious, people; I am not telling you that everything you do is imperfect. I correct only what is wrong, yet I accept all the good you offer Me.

17. Listen attentively here to the Instructions through My Word, so that you may learn. But in the actions of your life, heed the voice of your conscience, for it will tell you whether you are acting well or badly, whether you have fulfilled your mission or not. When you feel your heart weep because of the suffering of your fellow human beings; when you share the blessings you receive from God with those in need; when you understand human misery and strive to alleviate it without expecting a reward—then you will do Me justice and will be able to feel the peace that your conscience bestows upon you.

18. Disciple: What must the spiritualist do to help the teaching he practices triumph in this time of tragedies, wars, and pain? Unite with others and all of you with Me, so that your force and your light may make themselves felt in the world.

19. Look at humanity: indifferent to spiritual progress—not only in the material realm, but also within religious communities, where tradition and custom have been turned into law.

20. Behold how, even in these times of science and human progress, man still kills his fellow man, nations sever their bonds of brotherhood or friendship with other nations, and the worldviews of some come into conflict and clash with those of others.

21. These fields, which seem barren to the Divine, are nevertheless suitable for the spiritual seed. Set out, and at every turn you will encounter the longing for light, misery, ignorance, and pain in all its forms. Let your thoughts reach out there; send them filled with good wishes, luminous ideas, and spiritual inspiration. Let your heartfelt, sincere words be heard—words imbued with light, comfort, and solace. Then you will discover that humanity is a suitable field for the work of your Spirit.

22. Work tirelessly on your life's journey, and I assure you that the peace you experience along the way through the fulfillment of your mission will be even greater when your soul passes into the hereafter. But for now, do not think of rewards.

23. How pitiful is the person who still believes that the soul is destined to receive eternal reward or eternal punishment because of its brief earthly journey in the human body!

24. My Word will be the beacon in this time, bringing light into the darkness of humanity. You will now witness how this world of today—materialistic, hostile, and selfish—will be transformed, for My teaching, at times as fierce as a storm and at other times as gentle as a breeze, will sweep away what is unrighteous and give life to the good seed, so that people may build their future upon foundations of love and harmony.

25. When people come to think universally in love, everyone will strive to perfect themselves, to do greater justice to others , and to serve them. Any fear of punishment will be unnecessary; people will obey the laws not out of fear, but out of conviction. Only then will humanity have developed spiritually and intellectually.

26. Until now, human pride has caused people to disregard the spiritual aspect, and the lack of this knowledge has prevented them from being perfect.

27. As long as humanity does not learn to maintain harmony between its physical and spiritual powers, it will not be able to find the balance that should exist in its life.

28. My Word has been with you, people. Understand it; but if you should have any doubt, pray, meditate, ask for My light, and you will receive enlightenment regarding what you desire to know.

29. Welcome, pilgrims, who have known how to persevere in faith; here is the reward for your unshakable trust: it is My Word, for which you have waited so long. Now drink of it until you have had your fill.

30. Welcome to those who believe in the Master's Word, for they will witness the fulfillment of My promise.

31. Now you have received what you have been asking for so long. Tomorrow, when you stand before the great multitudes, you will truly learn the reason for my call. I alone know that there are many people who live in anticipation of the Good News, and I do not want them to die without first having heard my Word on the lips of my witnesses. They are hungry and thirsty, just as you once were; but just as I had compassion on your needs, so you must have compassion on theirs.

32. The world is waiting for my voice to call it; the human heart, though dead to faith, expects the voice of Christ to draw near and say to it, "Arise and walk."

33. The "dead," the "blind," the sick, and the outcasts form a very great multitude. I will come to them, for those who suffer spiritually or physically are most receptive to My presence. The great ones of the world—those who possess force, riches, and worldly glories—do not believe they need Me and do not expect Me: What could Christ possibly give them, since they claim to already have everything? Perhaps some spiritual goods or a place in eternity? That does not interest them!

34. That is why I sought out these multitudes of the poor and the sick in body and soul, to make My teaching known among them ; for they longed for Me, they sought Me. So it was only natural that they sensed My presence when the time came to reveal Myself anew to humanity.

35. When the time comes, this immeasurably vast multitude of the sick, the poor, the oppressed, and the outcasts will rise at My call as the strongest and most invincible people in the world. No human force will silence their voice when they rise up and say: "The Lord is revealing Himself at this very moment. He sent us His message so that we might prepare ourselves to receive Him from Spirit to Spirit." Thus it will indeed come to pass, for it is the message of preparation and My teaching that I convey through chosen spokespeople—a message that will reach My messengers in the various parts of the world.

36. My Word on the lips of My witnesses will have the same effect in people's hearts as it did among this people when they heard it directly

from the mouth of a messenger. But you must prepare yourselves to speak with sincerity. In prayer and in love for your neighbor, you will find inspiration, and truly, I tell you, the “dead” will then rise, and the unbelievers will confess that only the disciples of the Holy Spirit can speak in this way.

37. I am preparing you, for you will encounter a humanity without peace, without love, without brotherhood, and without harmony. You will bring them the divine message, which I have made you the bearers of. Then you will see the miracle of renewal—which you have witnessed taking place within yourselves—repeat itself among the peoples and nations to whom My Word will likewise reach, and it will break the chains of materialism, idolatry, vice, and ignorance.

38. You will have to carry out a great mission in this Third Era once I leave you behind in the world as Masters.

39. Today you are the little child who receives My Word; tomorrow you will be the disciple who studies the Instruction; and later, the Master or Apostle who follows and lives by the teaching he has received. Do not forget that the simplicity of My Word marked the beginning of your spiritualization, so that you should never add anything superfluous to it.

40. Always compare your present with your past, so that you may determine whether you have made progress or whether you remain stagnant. How many souls have awakened through this test and have exclaimed: “Lord, how is it possible that I have slept for so long ? How could I have remained lethargic and indifferent while You speak among us? How could I have denied You, when I carry You within me?”

41. No one will be able to resist the force of My Word, for it has the force to awaken souls and to make even the hardest and most unfeeling heart feel and tremble. I did not have to chastise you to compel you to fulfill your mission, nor do I use force to lead you down this path; I have not even intimidated you with words or threats. My voice has been loving and persuasive, and it has awakened faith, trust, and obedience within you.

42. In the same way, you shall speak to your fellow human beings tomorrow, awakening love, not fear, for then the seed would not be true.

43. My work must reach humanity in its purest form, so that it may set out to fulfill My law and embrace the cross of its redemption.

44. I have made a promise to humanity, to all of humanity, and I will keep it, for my word is that of a King. Through My disciples, I will send them the golden wheat of My Word, and this will serve as preparation for humanity so that they may soon rejoice in the dialogue from Spirit to

Spirit. According to 1950, I will no longer make Myself known—neither here nor in any other place—*through the mental faculty of a voice-bearer*.

45. Unite, people, for the trials are drawing near. The enemies of My Word will likewise unite to fight against you and scatter you. Yet if you trust in the force of prayer and draw strength from My Word, you will not be defeated. Your force will be spiritual; it will never be based on money or earthly power.

46. Seize this opportunity, people; do not wait for other times, for they will never come to bring you what you did not know how to make use of.

47. Sit at My table with the spiritual desire to always learn from the many things your Master reveals to you.

48. These final years of My revelation will be indelible for all those who appreciate what has flowed into them through My Spirit.

49. My disciples will speak tirelessly of all that the Master revealed and made known to them.

50. For those who live in the daily grind, where one day is just like the next and one lesson is just like the other, the glories I have reserved for the final days of My revelation will pass them by unnoticed. Nor will they perceive the change that must take place from the moment My Word ends. For they have never had the desire to ascend, nor have they cherished the development that constitutes progress and perfection for the soul.

51. I must speak thus so that those who are still asleep may awaken. For I do not want one part of this people to attain salvation while the other perishes. My desire is that you all ascend toward the light.

52. Let each one be an open book to his fellow men, and let its pages reflect what each carries within his soul. The pages of this book will be your works, and if spiritualization, love, and wisdom are present in your being, the world will recognize you as the initiators of a new era, as the heralds of an age of light and spiritual development.

If, on the other hand, your worship of God exists only out of tradition and in outward form, your book will contain nothing but fanaticism, ignorance, confusion, and darkness. For the latter, it would be far better not to speak of My work as long as the light has not yet dawned in their minds. For their seed—instead of being beneficial—will be detrimental to the work of others, even if they have good intentions.

53. What have you done with My Word, O people, that I find Myself compelled to speak to you in this way at this time, when My revelation is already drawing to a close?

54. You have been asleep, people, because you thought that this revelation would last forever, and that it had no other purpose than to bring you joy through My Word and to heal any sufferer who might come to you. Today, reality has awakened you: 1950—the year announced a thousand times as the last of My revelation—is just around the corner.

55. Few, very few are those who are "watching" in anticipation of the year 1950 and preparing for the trial that will mark the end of this period for them.

56. This year will not be significant only for this people—no. While for you it marks the conclusion of one era and the birth of another, for the churches it will be a year of judgment and self-reflection. For science and for all of humanity as a whole, it will be a time of trial.

57. When this work spreads and people learn that in 1950 I caused My Word to resound for the last time through the human faculty of reason, they will understand that everything that manifested itself in your lives during those days were calls from the Holy Spirit and sparks of His light. Even the theologians will then give it serious thought.

58. Watch and pray, O multitudes of people. For although the hour when I shall speak to you for the last time is already very near, there is still time for you, through sincere self-reflection, to come to an understanding of what is now happening and of what you must do in the future.

59. This is an instruction in preparation—yet another that I give you—so that you may not fail in the daily work you must undertake.

60. Be blessed, My people. You come according to My Word, which is comfort and nourishment for your soul. You have learned to extract its essence and meaning and to recognize My will.

61. This Word, which has awakened your souls that have slept for so long, is your joy today and has filled your hearts with peace and love. It has enveloped those who trembled with cold and has filled those longing for light with hope. It is the revelation that I have kept in My treasury for the people of Israel and for all humanity.

62. In this time, I have spoken to you just as I speak to the angels in the hereafter. I have made no distinction regarding your soul, for it lives in the earthly valley to which I have sent you. You are all loved equally by Me. You are in the process of developing, of drawing closer to Me. For at the end of the path I await you, and My divine bosom longs for your presence. Come to know the path so that you may reach the Father's house, the Father's heart, and the Spirit of your God.

63. I have revealed Myself to you because you have always believed in the living God, your one and only God, who never remains silent, who

does not hide Himself, but who always guides, counsels, and inspires. This faith nourishes you and saves you.

If three of My children were to seek Me in this way in the midst of humanity, I would already pour out My blessings through them. Yet I see that great multitudes are listening to Me and believing in Me.

The people of Israel will soon be complete—the 144,000 whom I have marked will be at the foot of the mountain, in the radiant "Valley," in the chosen city. Then My joy will be great.

64. As you prepare yourselves, I will pour into you all the knowledge that humanity needs. I give you great authority so that you may speak of My coming in the Third Era.

65. My Word has given you much to ponder. You have embarked on a great study and have discovered that My Instruction is infinite, that the horizon it presents grows wider every day, and that you are unable to grasp it in all its truth.

Today you receive instructions according to the schedule and may forget My Word. Yet the time will come when, at the right moment, you will remember each of these instructions, and then your power of persuasion will be great.

66. In the Early Days, I chose the one who was to represent Me on earth: Moses, and through him I revealed My wisdom, My force, and My severity. You understood Me to the extent that the limited development of your souls allowed. I spoke through the mouths of the patriarchs and the prophets, and My Word penetrated your hearts. The people received My inspirations and My commandments. I led you through the wilderness to teach you a great lesson, and you developed your souls and experienced faith and trust in Me.

67. According to a long journey, according to years of patience and experience, you entered the lands of Canaan and saw the fulfillment of the promise that My Spirit repeated day after day. You found the blessed and prepared land. It was an oasis of peace that I gave you so that you might believe and multiply. Then, having been taught by My messengers, you went out among the people and carried forth the testimony of the covenant that God made with humanity.

68. Thus have I encouraged you at all times through My promises. In this Third Era, I have told you: I entrust to you the work of peace among humanity. I will accomplish it through you as soon as you are prepared. Yet it is not only the present generation that will participate in this; your children and their descendants will continue the work of peace. I am showing the people a long path for carrying out this mission.

69. Reflect according to the tasks I have entrusted to the people as a whole. The adversities you encounter along your path are great, and you must therefore be strong and vigorous to reach the goal of your destiny. You must live in communion with the Father, in perfect prayer, and observe My laws without ever falling into fanaticism or mysticism, for you will love Me only in the temple of your heart.

70. The gift of the inner Word will be within all of you, and thus you will easily explain My work. You will comfort the hearts of people and give them the bread they need. You will heal the illnesses of the soul and the body.

People suffer in this age because they have strayed from the fulfillment of the divine, moral, and natural laws, and seek help in the deceptions of this world. They do not know that the origin of their illness lies in their souls. To this day, they have not been willing to return to the primordial principle of the laws, of order, and of the fulfillment of spiritual duties, nor have they returned to the source from which all good springs.

As long as they do not humbly turn their gaze toward Me, as long as the sensitive strings of their hearts remain hardened, and as long as faith is not their guide, people will continue to fall prey to error; they will continue to fall ill and perish. You, however, O people of Israel, I leave behind filled with courage, peace, and healing power, so that you may bestow these upon your fellow human beings in My name.

71. Pause for a moment to contemplate the frantic rush of this world toward the abyss. What is humanity seeking? What do I see in its endeavors? Only pain, despair, and death. The voice of conscience has fallen silent, and its lamp has gone out. It is experiencing the great day of its atonement, and its pain is great.

72. Stop them, people, before they fall even deeper! Fight with your prayers and your thoughts. Teach by example, and when trials befall you, give signs of your faith and hope, and see in them only an opportunity to purify your soul.

Be simple in all your actions so that your fellow human beings may understand you; do not complicate your lives. Be meek like Jesus and simple like children and the elderly, for these virtues are a sign of spiritualization.

73. Be also like the farmer who delights in his sowing, who lives in communion with his God. The farmer prays when the light of a new day dawns, on which he will accomplish a new day’s work; and at noon and in the evening, when the sun sets, he lifts up his soul once more to give thanks for all that his Lord has granted him. For him, everything he

receives is glorious and perfect. The sun, the water, all the elements speak to him of his God, and in them he loves Him, seeks Him, and beholds His presence. Be like this, you who labor in the spiritual field.

74. I have not given you material farmland to cultivate in this time. Your hands are not capable of plowing furrows to sow material seeds in them. But I have called you sowers of My Word in the hearts of others. Your daily work is spiritual; I have given you everything necessary for your work—the light, the love, the Word. Thus, I have seen some of My children rejoice in their own sowing.

75. My blessings have not gone unnoticed by them. They have always hoped for them from Me, and in moments of trial they have said, "The Lord is testing me to see my faith."

You have not called pain an "enemy," and you have not grown weary of the countless trials I have sent you.

76. Beloved people, you know that you live in Me, and that I guide all your actions, so that My mercy may lift you up at the very moment when the trial leaves in your hearts the fruits of self-reflection and strength. You have come to know My Word and My laws, and you know that alongside My love and My goodness there is also My justice and My severity. When you sin, you must suffer the consequences of your transgression.

77. I speak daily to human hearts, but humanity has not wanted to understand My language. Israel has spoken with Me, but a great portion of humanity lives far from Me. Their religious practice is imperfect, yet My light and My justice are moving hearts today, and they are beginning to awaken and remember that there is a God above them who always looks upon them with love.

Humanity has plunged into chaos, and people are unable to solve their problems. Their laws have turned against them because these laws were based on imperfect sciences and materialism, which I will destroy. Soon an age of light will dawn for the human Spirit. People will obey Me and respect My will. I am sending the guardian angels to guide their steps toward Me.

78. I have permitted the Spiritual World to communicate with humankind for a short time. Their Spirit, which is just as limited as yours, has manifested itself in purity and sublimity. They have descended to assist you in the great struggle of the Third Era, and you have clearly perceived them. Their blessed influence has converted many hearts, and their example is true.

79. I bless the spiritual workers—those who have developed their gift and allowed these spiritual beings to manifest themselves. For both

groups have merit in My eyes. They will reveal themselves to you until 1950. After that, they will stand by you forever, for this is their difficult mission.

Human beings need a *spiritual* guide. The *divine* Guide stands above all spirits, and that is I. Yet on Earth, I have assigned an angel to every person. How much they have suffered for your sake! How often have they wept as well, when they have beheld the hardness of the human heart! But they love Me and patiently fulfill their task.

80. Now is the beginning of the time of the Holy Spirit, in which the spiritual beings who inhabit other "valleys" reveal themselves to you—in which all boundaries are torn down, and in which you, too, can rise up to Me, and I come to you and reveal Myself through your mind and speak to you in your own language.

81. According to 1950, I will no longer speak to you in this language; I will speak to you in a higher, more exalted form of expression, which you will gradually come to know—in that "language" in which material words are no longer necessary.

You are the spiritualist people who have received My Instruction in this age. Therefore, I demand spiritualization from you, so that your soul may reveal itself and experience no disturbance whatsoever—neither on its path of development, nor in its prayer, nor in its spiritual activities—but may be free on its path and come to Me.

I have spoken to you at length about spiritual dialogue; I have told you that you will learn to use it in a sublime way, and that you will yield to this desire.

82. I leave you behind, prepared to be the light of the nations. Prepare yourselves, for My Word of this time shall be the Testament, the best book that exists—even more so in your hearts than in your hands, because I have revealed perfect knowledge to you.

83. Just as I gave My life for you in the Second Age and My body was sacrificed like a lamb, so in the Third Age I will offer Myself as light for every soul. Blessed is the disciple who prepares himself and understands Me, for his heart will be an eternal home for Me.

My peace be with you!

Instruction 292

1. Receive another page from the Book of Wisdom. I charge you to pass this message on to future generations, who, due to their greater spiritual development, will be able to delve even deeper into My work. Those generations will carry within them the seed of spiritualization, and their task will be to establish a paradise of peace in the hearts of people.

2. I have given great instructions to the people of today, but for the people of tomorrow—My future disciples—I have reserved even greater revelations, for by then they will be prepared to receive them.

3. You have often asked Me what lies beyond this world and whether those stars that trace their paths through space are worlds like yours. My answer to your curiosity has not fully lifted the veil of mystery, for I see that you do not yet possess the necessary development to understand, nor the spirituality absolutely required to harmonize with other worlds. You have not yet recognized and understood the teachings offered to you by the planet on which you live, and yet you already wish to search for other worlds. You have not been able to become brothers among yourselves, the inhabitants of one and the same world, and yet you wish to discover the existence of beings on other worlds. For now, let it suffice for you to remember that I told you in the "Second Era": "In the Father's house there are many dwellings," and that I now tell you, confirming those words, that you are not the only inhabitants of the universe and that your planet is not the only inhabited one.

4. It will be given to the generations of tomorrow to see the gates that bring them closer to other worlds open, and they will rightly admire the Father.

5. Goodness and love, from which charity and peace blossom, will be the keys that open the doors to the mystery, through which humanity will take a step toward universal harmony.

6. Goodness and love, applied to your lives, your spiritual devotion, your science, and your work, will lead humanity to true wisdom.

7. Today you are still isolated, limited, and hindered, because your self-interest has caused you to live only for the "world," without striving for the freedom and elevation of the soul.

8. What would become of you, vain human beings—beings who have become small through your materialism—if you were allowed to reach other worlds before freeing yourselves from your human failings? What would be the seed you would sow? Discord, unbridled ambition, vanity.

9. Truly, I tell you: In order to attain that knowledge for which every person longs, and that revelation which frees their mind from the

questions that torment them and arouse their curiosity, a person will have to purify themselves greatly, stay vigilant, and pray.

10. It will not be science alone that reveals My mysteries to him; it is necessary that this desire for knowledge be inspired by spiritual love.

11. Once people's lives reflect spirituality—I tell you, then they will not even have to make an effort to explore beyond their world; for at that very moment, they will be visited by those who dwell in higher realms.

12. I leave you this brief message, the purpose of which is simply to say to you: "Watch and pray, lest you fall into temptation."

13. For now, you will continue to ask yourselves questions and answer them yourselves. It is necessary for the powers of the soul to be known and developed by all, in order to recognize and understand what God has destined for you. I still see too much awkwardness in doing good, in praying, and in honoring your Father, because you do not allow your soul to express itself or act, and you hinder its development.

14. You possess true treasures within you—abilities and gifts you do not even suspect—and because of your ignorance, you shed tears like the needy. What do you know of the force of prayer and the strength of thoughts? What do you know of the profound meaning of the dialogue from Spirit to Spirit? Nothing, you materialistic and worldly-minded humanity!

15. First elevate the soul by developing its gifts, and only then seek knowledge according to what exists beyond your world and your intellect.

16. The human mind is small and limited. Why do you entrust to it what only the spirit soul can discover and comprehend?

17. Alas, you foolish children of this earth, who did not want Me as your Master, nor did you believe in Me, even though many of you say that you love Me! Now you will finally comprehend the truth of My Word when you confess that I am the Way, the Truth, and the Life.

18. Disciples, life passes before you like a lesson of infinite wisdom; your soul grows in knowledge, and as a result, you attain a higher state of elevation.

19. Be judges of your own actions, for the voice of conscience will always tell you the truth. It will make you understand whether you are moving too slowly, whether you are moving too quickly, or whether you are standing still.

20. Those who strive to know and judge themselves must be honest with themselves and with others. In all their actions, they will hear the "voice" of their conscience, and their steps on the path of life will be sure.

21. When the spirit soul begins to triumph over the body, it experiences great satisfaction and complete confidence in itself.

22. Yet the Master tells you that—no matter how much insight you may have into the greater or lesser value of your works—only the Father, who is the supreme Judge, can make the final decision in this matter.

23. Do not think—because you do not know the value of a good deed at the moment you perform it—that you will never know the good you have done. I tell you that none of your deeds will go unrewarded.

24. When you are one day in the spiritual realm, you will realize how often a small deed, according to its apparent importance, was the beginning of a chain of good deeds—a chain that others made ever longer, but which will forever fill the one who began it with satisfaction.

25. You must know all this—you who will sow in people's hearts the Word that I have brought to you in this time. For often you will speak to your fellow human beings without knowing the effect your words have had—without knowing whether they bore fruit or not, without knowing whether the seed died in those hearts or whether they knew how to preserve and spread it. You will experience all of this until you reach the end of the path.

For now, work; multiply your good deeds among your fellow human beings; prepare fields for them, so that the seed I have entrusted to you may multiply through their own deeds.

26. Long is the path by which you will reach the fullness of light. No being has a longer path than that of the soul, upon which the Father, the Divine Sculptor, shapes and refines your soul, giving it its perfect form.

27. I speak to you at length so that your travel bundle may not lack the wheat that you must sow in fulfillment of your mission.

28. The people of God will appear once more among humanity—not a people personified in a single race, but a great multitude, a legion of My disciples, for whom blood, race, or language is not the deciding factor, but rather the Spirit.

29. This people will not limit themselves to teaching My teaching through writings. For the words to have life, they must be lived. This people will not only be disseminators of writings and books, but also of examples and deeds.

30. Today I free you from all that is unnecessary, from the impure and the erroneous, to lead you into a simple and pure life through which your soul can soar, and of which it bears witness through its works.

31. When the time comes, I will present My people to humanity, and neither will the Master be ashamed of His disciples, nor will the disciples

deny their Master. This moment will coincide with the war of worldviews, from which Spiritualism will emerge like a breath of peace, like a ray of light.

32. Already, the Father's justice is striking at the earthly force of men and their accumulated treasures, to make them understand that My Word will never use authority or material wealth to rule or to spread itself.

33. Of that entire moral and material structure of humanity, "not one stone will be left upon another." For the "new man" to appear on this earth, it is essential that every blemish be erased, every sin be removed, and only that which contains good seed be left behind.

34. The radiance of My presence and My justice will be perceived throughout the entire world, and in the face of that light, idols will fall, familiar traditions will sink into oblivion, and fruitless rites will be abandoned.

35. A "new song" will spring from the souls of all those who could not see Me and yet finally did see Me because they sought Me despite their imperfections; and you know well that whoever seeks Me always finds Me.

36. As for those who have denied Me, who have shunned Me, who have concealed My name, who refuse to acknowledge My presence — they will encounter trials along their path that will open their eyes and enable them, too, to see the truth.

37. What does it matter that some love Me through imperfect conceptions and others deny Me, since I know that they are all in need!

38. The great battle is at hand; keep all your weapons at the ready. You will all have a part in this battle; you will all contribute your share: rulers, clergy, scientists, the affluent, the rich, and the poor—all of you.

39. What remained of Solomon's Temple when the hour of judgment came? Only the knowledge of the Law, which was written in people's consciences. Rites, traditions, sacrifices, and offerings—all vanished. The Holy of Holies and the altar were destroyed, but the Law and the words of the prophets were preserved. For it was they who prepared humanity for a new age and had to clear the fields so that the new seed might sprout.

40. That Jerusalem, which the Israelite people considered invulnerable, was destroyed, as was the Temple that was their pride. This happened because I came to reign among humanity. Yet since My Kingdom is not of this world, it was necessary to destroy the material Temple in order to establish the spiritual sanctuary within the human heart.

41. Understand now why My apostles of that time built nothing material, but instead erected temples of faith, virtue, and love in the

hearts of people, which expressed the Word, the Spirit, deeds, and truth. They had no gold, incense, or liturgy. When they laid their hands on the sick, they were healed. When they spoke of Christ's teaching, they erected sanctuaries in the souls of the multitudes. When they spoke of the Cross, it remained in their souls like a brand.

42. "My Kingdom is not of this world," I tell you once again. The temple of the Holy Spirit has no material foundations; it has no altars on earth.

43. When you witness, during this time, the destruction of every external form of worship that humanity has created, you will see many asking in fear, "Why did God allow this to happen?" They will ask themselves the same question that the Jews asked when their city was destroyed. And it shall be My people who answer this, who explain it, who reveal to humanity that a New Age has dawned and a new seed is about to spread.

44. The soil will be moist and receptive in anticipation of the seed sown by my sowers, and here it is fitting that you reflect once upon the responsibility of these sowers. Would it be right for this people, once humanity is free from fanaticism and mind-numbing worship, to come up with a new form of idolatry? No, beloved disciples and students. That is why there are lessons and trials at every step along your path.

45. Great is your destiny! Do not, however, allow yourselves to be dominated by dire omens; rather, be filled with courage and hope at the thought that the days of bitterness that are drawing near are necessary for the awakening and purification of humanity, without which you could not experience the victorious advent of the age of spiritualization.

46. Learn to rise above adversity; do not allow despondency to take hold of your hearts, and take care of your health. Encourage the spirits of your brothers and sisters by speaking of Me and showing them My teaching, which kindles faith and hope.

47. See how despondent many people live. They are beings who have allowed themselves to be defeated in the struggle of life. See how early they have aged and turned gray, their faces withered and their expressions melancholic. Yet if those who are meant to be strong are weak, youth will wither away, and children will see only sorrow in their surroundings.

48. You, My people, do not deprive your hearts of all those wholesome joys that you are allowed to enjoy, even though they are fleeting. Eat your modest bread in peace, and truly, I tell you, you will then find it more delicious and nourishing.

49. Understand from My words that what I want from you is confidence, faith, optimism, peace of mind, and strength; that despite your hardships and afflictions, there should be no bitterness in your hearts. What kindness or encouragement would you have to offer to those in need if your hearts were filled with suffering, worry, or discontent?

50. It is precisely in your trials that you should set the best example of elevation, faith, and humility.

51. Whoever is able to spiritualize his life will always feel peace, and even when he sleeps, his sleep will be peaceful and restful, which the soul uses to detach itself from the body and journey toward the hereafter, where it receives those divine streams of energy from which it draws nourishment and in which it allows the body to share.

52. Let no one say that My prophecies only make your lives gloomy—on the contrary, My Word rescues you from the darkness. Understand that I have prepared you so that you will not feel frail in moments of struggle.

53. Your spirit must not grow faint in the knowledge that the battle is drawing near, nor must you doubt that peace will return to your world.

54. I have already told you that you are at the end of one world and the beginning of another. The planet will remain the same, nature the same, and the light the same, but humanity's way of life will be different; its goals, its struggles, and its ideals will be different. Justice and truthfulness will prevail.

55. The majority of the souls who incarnate among humanity in those days will be so committed to goodness that when people inclined toward evil appear, no matter how powerful they may be, they will have to bow to the light of truth that those souls hold before their eyes—in stark contrast to what is happening at present. For since the corrupt are in the majority, they have created a force out of evil that suffocates the good, infects them, and keeps them in its grip.

56. Your world will continue to be a testing ground for souls, a world of struggle and atonement. Still, your Earth cannot offer Me exalted souls who, upon departing from here, draw near to the abodes of the righteous. Still, this earthly valley cannot harbor great souls who must come to dwell upon it. It is a world of ceaseless reincarnation, for in their slow ascent, souls leave behind works they have begun—unattended, unfulfilled, and unpaid.

57. Tomorrow, this Earth will offer Me beautiful spiritual flowers through the works of its inhabitants, and they will bring Me the ripe fruits they harvest according to a life of perseverance in love for the Father and for their neighbors.

58. Have you not considered that tomorrow it will be your children who will inhabit the earth? And do you wish for your children anything better than what you have achieved? “Yes, Father,” your heart tells Me. Since you carry within you this thought imbued with love and mercy, clear and smooth their path. I want them to find the trail of your footsteps and to gather the humble legacy that you leave them, which will be held in high esteem by those generations.

59. It does not matter if your names are forgotten; what will matter are your works, for they will remain indelibly imprinted on the path you have paved.

60. Who will be able to erase this trail, since it is My justice that preserves and protects it?

61. See how many mysteries Spiritualism reveals to you, how many beautiful revelations it bestows upon you.

62. These are the rays that the Book of the Seven Seals sends down upon your souls. It is the voice of the Lamb that speaks and reveals the contents of the Sixth Seal.

63. Only the Lamb penetrates the deep mysteries of God to reveal that wisdom to the children of the Lord.

64. Once you, the disciples of the Third Era, have full knowledge of what you have received, you will set out immediately to spread the good news of this message, whose content is intended for all humanity.

65. Recognize that even in the midst of such great materialism, there are those who remember My promises to return, who study the words of the prophets, and who explore the events of life because they want to know whether I am coming soon, whether I am present, or whether I have been here and have already departed.

66. To you who have experienced Me in this form of revelation and have rejoiced in it for so long, I say: “Have mercy on people, your brothers and sisters.”

67. Prepare yourselves so that you may pass on the Good News, which will be received with joy by many. I speak to you of “many” and *not* “all,” for some may tell you “that what God revealed to them in the ‘First Age’ and what Christ brought to humanity is sufficient for them.” It is precisely then that your lips, moved and inspired by Me, shall tell the unbelievers that it is necessary to come to know the new revelation in order to recognize the *whole* truth that God granted to humanity in times past.

68. How will you be able to make yourselves heard by your fellow human beings without exposing yourselves to ridicule and harsh judgments? By preparing yourselves as true apostles and bearers of this

truth, and carrying this light in your hearts with the admonition that you must impart it to the souls of people without shadow or blemish.

69. You will not be the Redeemers of the peoples of the earth, but you will cooperate with the Master, the Redeemer and Savior of this and all worlds, for yourselves and for all souls.

70. I wish to take delight in My own work; I wish to feel loved and understood by all those to whom the Father gave a spark of His own Spirit. I wish for all to come to Me so that, from My Kingdom, I may show them the glory of the Divine Work, and that in this contemplation they may all experience the highest bliss of having traveled the entire path that leads to the Lord.

71. My work is eternal; the conclusion of My Word among you will not signify an end, but rather the beginning of your struggle.

72. The lips of the spokesmen will no longer convey My voice, but My inspiration will shed light upon their minds to help them comprehend the Word that came from their mouths, so that they may know how to interpret it to the multitudes.

73. The very purpose of My Spirit's revelation through these instruments of the mind has been that, through these Instructions, you might learn to seek Me later from Spirit to Spirit.

May My peace be with you!

Instruction 293

1. My love shines upon you like an infinitely vast sun and envelops you all.

2. Here I am, pouring into your minds My thoughts made into words—words that are pleasing to the heart, most beloved by the spirit soul, and that leave no bitterness whatsoever in your mouths.

3. Just as bees build a honeycomb and fill it drop by drop with honey, so do those little children, through whom I reveal Myself and give My Word, fill the hearts of a people longing for spiritual love, drop by drop, with the essence that flows from their lips.

4. The number of My people is still small, yet I give you My Instruction as if you were a great multitude. My love could not be deterred by this small number, for in the Master there are no prejudices, nor can there be any, such as are characteristic of selfish people.

5. Be welcome before the light of the Savior, you people who are tormented by trials and struggles, by doubts and uncertainties, by sorrow and pain.

6. You need medicine for the soul, and I come to you as I came in that Second Era—as a healer of the illnesses of the body and the soul.

7. When you come to Me tormented by grave problems, weighed down by poverty, or frightened by the sufferings of trials, you seek in My Word some phrase for your pain—some word that indicates that My gaze has found you and that I hear your voices. Then I touch your hearts and prove to you that nothing is hidden from Me. I pour out My peace upon you, give you the exquisite feast of My Instructions, and send you forth, strengthened, once again on the path of life, of struggle, and of atonement.

8. In My words of teaching, you learn that in your trials you contribute your small part of faith, hope, patience, and steadfastness, and that the rest is accomplished by your Father's love.

9. Whoever trusts in Me will not be able to despair, and how sweet is the reward for the one who knew how to trust in the love and mercy of his Lord.

10. I am the One who draws near to your heart when you weep. I am Christ, and Christ means love.

11. Therefore, I heal and encourage you, beloved people. For there will come times when I will choose My own from among the most prepared and the most fervent, from among those who have advanced the farthest in the study of My Word, and they will be My first messengers, My first

witnesses, and also the first to engage in dialogue with their Father from Spirit to Spirit.

12. Do not think, however, that it pleases Me to choose some and reject others—this is never the case, disciples. But I will make use of you according to the degree of preparation you gradually attain and which you need in order to serve Me.

13. Just as today those who have been able to prepare themselves have attained spiritual revelation through human mind, so there will come a time when My voice will reach your soul like heavenly harmony and fill your mind with wonder and admiration through the wisdom of My revelations and the luminous inspirations that My Spirit sends you.

14. That time *will* come—do not doubt it—but I do not set the date. Much depends on you, on your zeal and your love, so that this time may no longer be a matter of the future but may become a reality in the present.

15. But do not underestimate what I am currently giving you through the humble mind of your fellow messengers. For My instructions train you so that your soul may develop and be able to anticipate the dialogue from Spirit to Spirit. Oh, if only you could understand how to seek the secret meaning of every word of the Master—how many astonishing revelations you would find! How much light would be bestowed upon you to apply in your lives!

16. To you, the disciples of this work and witnesses of this Word, your Master says that if you do not understand or follow this lesson, which I have revealed to you through your mind, you will not be able to progress to the new Instruction promised to your Spirit, and which will take place directly between the Master and the disciple—internally, without the need for external means or forms.

17. You have not yet reached the level of the Instruction I am currently revealing to you—and yet you already wish to possess that gift of grace?

18. If you had reached the level of progress required by My Word, you would act in the light of your spirit soul, and you would make your salutary influence felt by others . But this is not the case, and therefore, to your great regret, the lessons are repeated.

19. The rallies that humanity has received from God over the course of time—divided into three ages—have been three distinct manifestations of a single Divine Spirit. Many times and in many ways have I explained to you what you mistakenly call the “Most Holy Trinity,” and what *you* could not explain because you have not understood it.

20. I have explained to you that what you call the Father is the absolute force of God, the Universal Creator, the only Uncreated One; that He whom you call the "Son" is Christ—that is, the revelation of the Father's perfect love for His creatures—and that what you call the "Holy Spirit" is the wisdom that God sends to you as light in this age, when your spirit is capable of better understanding My revelations.

21. That light of the Holy Spirit, that wisdom of God, will soon reign in this third age that you are seeing emerge, and will enlighten the minds of a humanity in need of spirituality, thirsting for truth, and hungry for love.

22. I have established three "kingdoms" among humanity, which will soon unite into one.

23. The first was that of force and the force of law; the second, that of love; the third is that of wisdom.

24. Once human beings live in harmony with the law, the Instructions, and the revelations that I have brought to them in "every kingdom," they will be able to say truthfully that the Kingdom of Heaven has entered the hearts of people.

25. It is equally true, people, that a single God has revealed Himself to humankind, albeit in three different aspects: If you seek love according to the works of the Father in that first age, you will find it; and if you seek the light of wisdom, you will likewise discover it, just as in the works and words of Christ you will encounter not only love, but also force and wisdom. What, then, would be so strange about discovering in the works of the Holy Spirit in this age not only strength, law, and force, but also love, tenderness, and the healing balm?

26. This is the highest realm—not because of the light, for that is always the same, but because people are more capable of a higher life.

27. It will be the kingdom of light that illuminates the faculties of the mind and the souls—a light that will transform humanity. The brightness will be so great that all who have denied Me will no longer do so, and those who have been foolish will abandon their folly, for they will see the truth in broad daylight and as clear as the firmament.

28. For the time being, I must set apart from the rest of humanity a people consisting of hearts of good will who, when the hour comes, will serve Me as workers of spiritualization. Here, in silence and humility, I prepare them and instruct them.

29. Just as the farmer cultivates his land, just as the craftsman devotes himself to his work, just as the scholar gives himself over to his reflections and the philosopher to his dreams—just as all people toil in an anxious and desperate struggle for life—so I wish to create a people spiritualized,

peace, goodness, and a higher understanding of life—a people that works and watches like a good sower, that strives like the scholar, that dreams like the philosopher, and that strives for the true nourishment of the soul just as humanity struggles for its daily bread.

30. The true spiritualist will be the one who unites the laws of the Spirit and those of matter and forges from them a virtuous, conscientious, and elevated standard of living.

31. Today you are my little disciples, who, in your solitary meditations, are gradually shaping your souls according to your meditations so that you may then help your fellow human beings and bring about their well-being.

32. A disciple of Jesus is one who conquers through the *Word*, who convinces and comforts, who uplifts and awakens, who transforms the conquered into a conqueror of himself and of adversity.

33. An apostle of Christ cannot harbor selfishness in his heart by thinking only of his own sufferings or worries. He does not concern himself with his own affairs, but thinks of others, with absolute confidence that he has neglected nothing, for the Father immediately comes to the aid of the one who has left his own affairs behind to devote himself to a child of the Lord in need of spiritual support. And the one who forgot himself in order to bring a neighbor a smile of hope, comfort for his sorrow, or a drop of balm for his pain, will find his home illuminated upon his return by a light that is blessing, joy, and peace.

34. Once people begin to feel a little like brothers and sisters to their neighbors and a little like parents to the children of the whole earth, they will have taken a firm step forward in My teaching.

35. How few are aware of the great science of life, whose power and origin are founded on love.

36. Whoever learns to be good through the divine Instruction contained in My teaching must be like the bread that is shared at the table, to be distributed to all who sit down to eat.

37. You cannot claim to be walking on my path of love as long as you are not yet fully filled with goodness and neglect your spiritual progress—as long as you concern yourselves with the behavior of others in order to censure and condemn it.

38. Be certain that as long as you do not purify your heart and your thoughts, you will be an obstacle to my light reaching and penetrating your being. For evil thoughts, words, and feelings are obstacles preventing this light—which is pure in every way—from dwelling in your soul.

39. You must cleanse the dwelling so that I may move into your heart—not just for a moment, but forever. I wish to dwell in the secret chamber

of your heart. But stop calling upon Me only to be there for a few brief moments, only as long as your preparation lasts, only to be cast out as soon as your passions awaken.

40. The world and its temptations are strong; therefore, your good intentions must be even stronger, so that your will does not grow weak in the midst of struggle and trials.

41. Sometimes I repeat My lessons because I want to make your soul sensitive and cause your heart to tremble. If I did not act this way, you would fall into false notions about the truth of My Word. Do you remember how the ancient people of Israel saw in their God only relentless justice, severity, and harshness, and that therefore—because they held this view of their Lord—it was the fear of punishment that caused them to obey the law of God?

42. *You* already know the error in which they found themselves, since you have discovered the Father's infinite love for humanity.

43. *You* already see God less as a judge and more as the Father of perfect and inexhaustible love, and I tell you that it is good that you see God as your Father. Nevertheless, I must tell you—to keep you vigilant—that you, too, like that ancient people, can fall prey to a new error , and this error may consist in your failing to strive for moral and spiritual improvement, or in your not worrying about sinning continually and gravely, trusting that the Father is, above all, love and will forgive you.

44. Certainly, God *is* love, and there is no offense, no matter how grave, that He does not forgive. But you must know for certain that from this divine love springs a justice that is unyielding. Be fully aware of all this, so that what you have internalized as an understanding of My teaching may correspond to the truth and you may dispel any erroneous notions that might exist within you. Do not forget that although the Father's love forgives you, the stain—despite forgiveness—remains imprinted on your soul, and that you must wash it away through good deeds and thus live up to the love that forgave you.

45. You have been inclined to close your eyes to your evil deeds, your sins, and to take up the unwanted burden and leave it behind in a foreign home. But you will eventually come to understand that no one can wash away the stains better than the one who has imprinted them on his own heart.

46. Why is your pace so slow, even though it is the gate to salvation and the source of grace that await you? The reason is that the feeling of coldness in your faith in God and worldly skepticism have infected you,

and at times you feel like people who no longer expect anything from My mercy.

47. People who hear Me on this day—you who seek happiness in this fleeting life full of pleasures—truly I tell you, in the end, only bitterness and the reproach of conscience will remain in your mouths when you see how different the result of your striving is from your illusions.

48. Truly, I tell you, in order to live, to struggle, to enjoy life, and to endure suffering and death, you will be able to persevere only by leaning on the soul as if it were a staff, and the soul must always heed the voice of its conscience.

49. You will find the necessary strength only in faith.

50. O sorrowful humanity, darkened by pain and bitterness! Open your eyes so that you may behold the coming of the Kingdom of Light, the Spirit of Truth, which descends upon the souls and faculties of the mind that still slumber to this day, to awaken them.

51. Christ speaks to you in the Spirit, your Mediator between God and man. For Christ is "The Word," the Word of God, the Word of love and truth. Today I speak to you in one of the countless forms in which I can reveal My Word to you. Tomorrow, when this form of revelation has passed, My Word will have been written down, and thus, in writings, it will travel from province to province, from home to home, from heart to heart, awakening some, converting others, and comforting still others—though I must also tell you this: Some will remain unreceptive to the message, and some will even blaspheme against it.

But that does not matter, people. There will come a time when the masses will eagerly seek My Word through the Scriptures. Even this people here, when they wish to recall the meaning and the sound of that Word which has been manna in the desert of their lives, will gather with love and reverence the pages on which you have written down My Word.

52. Man needs spiritual wisdom, and I give it to him, just as I did in the past when, seeing that humanity was hungry for love, I gave them teaching about it.

53. For God, there is no "impossible": Man has needed God, and He has come to man. He has needed higher knowledge, and the Lord has revealed profound lessons to him. He has needed his faith strengthened, and the Father has strengthened the faith of His dearly beloved child.

54. Do not be surprised that in this Third Era I reveal Myself in the form that your ears have heard and your heart has felt.

55. Today you have not seen Me incarnate in a human being; the presence of Christ is revealed in the Third Era through the inspiration and

the ability to connect with My Spirit, which has been given as a task to some of My children.

56. Humanity has fallen into a state of great confusion because of its misinterpretations of what God revealed in earlier times—because of its inability to penetrate what is incomprehensible to it, and because of its lack of spiritual strength to glimpse the Light of the Eternal beyond the wall of its materialism.

57. In view of your immeasurable lack of light—light that signifies wisdom, love, and elevation—I *had to* come.

58. In order to give you this light, it was not appropriate for Me to appear among you as a human being. For in order to inspire you toward spiritualization, it was necessary for Me to reveal My presence in a spiritual, invisible form—one that is nonetheless perceptible to your faith and love.

59. The coming of the Holy Spirit in this Third Age is a spiritual manifestation of God—that mighty and justice-loving Jehovah who revealed Himself through the forces of nature in the First Age, and of the loving Jesus, Who was a true human being, through whom the Father spoke at the beginning of the Second Age. Today I come once more to humanity, but I come as Spirit, for I know that you are now able to comprehend Him and believe in Him when He communicates directly with you.

60. This is the Age of Light, whose clarity will enable you to understand what you once considered unfathomable. I will leave within your hearts the essence of the lessons of past ages. But the fanaticism you have cultivated around them will be destroyed by humanity itself the very moment it continues on its path of development.

61. I speak here to everyone, without pausing to distinguish you according to religious communities or creeds. Spiritual division and schisms have been created by human beings; it is they who condemn one another, fight one another, and deny one another the truth.

62. I love everyone and seek everyone, for I see that you are all straying from the path. What have you made of the truth and the law? Many different religions. I do not reproach you for this—on the contrary, it was permitted because you had varying degrees of understanding, progress, and spiritualization. But for *one* religious community to regard the others as enemies and for them to threaten, harm, and kill one another—this is something my Instruction has never prescribed. I tell you that those who act in this way are not defenders of the truth, but enemies of it.

63. Why are you enemies among yourselves, even though no one is free from guilt? Why fight against the way in which others seek to attain perfection and draw closer to their Father? Who is the one who can say that he brings the truth and is with God, that he considers himself saved, and who is the one who is destined to perish?

64. How foolish you still are to judge one another!

65. Are you not ashamed that you commit transgressions in this age of light, even though your soul should already have risen above human misery?

66. People, here is the voice of the Holy Spirit, God's spiritual manifestation through your mind, which reveals to you neither a *new* law nor a *new* teaching, but a new, more advanced, more spiritual, and more perfect way to connect with the Father, to receive Him, and to worship Him.

67. If the Lord told you, "You shall love God with all your heart and all your soul, and your neighbor as yourself," and if the Master preached the teaching of love to you, then *this* spiritual voice, which comes from the same source, tells you that you should cling to the law of love, because it possesses a force that not even the greatest armies of the world possess, and that your conquests will be secure and lasting, because everything you build upon the foundations of love will have eternal life.

68. Humanity is in distress; the human mind is troubled; the heart has become arrogant because of the abilities that man has attained on earth. The remedy for this has always been within his reach, but he has spurned it. This remedy is spiritual knowledge.

69. I tell you that those who have awakened and are aware of what is happening are the ones suited to kindle the light of faith in people's hearts toward the Spirit of God.

70. Understand that your soul must unfold in accordance with its abilities, gifts, and possibilities, which remain almost entirely unknown to you to this day.

71. My Word does not reveal to you any details about your past or your spiritual future that would not lead you to any good end. I do, however, teach you to fulfill your mission within the world to which you have been sent.

72. Therefore, reject all those ideas with which some seek to impress you by speaking of your past or your future in the life of the soul.

73. Know, disciples, that spiritualization enables the conscience to make itself known with greater clarity, and whoever hears this wise voice will not be deceived.

74. Become familiar with your conscience; it is a friendly voice; it is the light through which the Lord allows *His* light to shine—whether as Father, as Master, or as Judge.

75. Allow your conscience to tell you during trials that I am not punishing you, but that you are in the very process of being purified; and that when you see the forces of nature unleashed, causing terror, you should not blaspheme by saying that it is a punishment from God, but rather that it is a trial meant to purify you.

76. Only the purity of the soul will enable it to radiate the splendor of its robe of light.

77. Strive according to the purification that you can attain through the practice of love among your neighbors.

May My peace be with you!

Instruction 294

1. In these difficult and painful times for humanity, My work will be like a lighthouse for the shipwrecked, like a shield for the weak, like a travel bundle full of food for the needy. — I speak to you figuratively about spiritual matters. For I have already told you that man does not live by bread alone, but also by My Word.

2. It is essential that you understand the meaning of this truth. For many in need—those who are sick in body and soul—will cross your path. But truly, I tell you, their physical distress will not be greater than that of their soul. For the latter will consist of misery, hunger, nakedness, cold, fear, and darkness.

3. How well prepared you must be to look into their hearts and discern what they hold within, what they conceal, and what they need! I have taught you to nourish souls, to heal them, to give them light, and to show them the path to their spiritual growth.

4. Whoever hears this word and keeps it in his heart will be able to become a spiritual guide, a healer, and a counselor. In his words, he will have a gift of peace and comfort for his fellow human beings who are in need of light.

5. As you heal the sick and let them hear the divine Word, you will witness the resurrection of many souls when, awakening from their deep slumber and stirred by your voice, they discover the treasures and gifts they carried within themselves without being aware of them. There will then be great joy in their hearts, for they will feel that they are heirs of their Father.

6. For a long time, they felt distant from the Lord. But a single word from a brother—a messenger of that most loving Father—was enough, and already their whole being shone with love and life.

7. My call will reach everyone as it passes from one heart to the next. Likewise, the news of My spiritual presence among you has spread quietly, and the knowledge that the Third Era is now here has been passed on.

8. I do not want you to boast about my coming, nor do I want you to use means that are foreign to spiritualization to spread my message.

9. Take as your example My apostles, who, through works of love, words full of light, and writings that reflected the truth , bore witness to all the peoples of the earth that Christ, the Divine Master, had been with them.

10. O weak people, you are unwilling to make the effort to attain your own salvation. Is it perhaps sacrifices that I demand of you? The task I

have entrusted to each of you is quite simple. Yet to you it seems like a cross whose weight exceeds your strength.

11. When I subject you to any trial, you despair and rebel against My will, even when it is mild.

12. Where is Abraham, from whom I demanded the life of his beloved son and who was willing to obey Me? Where could I find the strength and faith of Moses, who crossed the desert, followed by his people? And the loyalty of My apostles, to follow the footsteps their Master left behind even unto death—where could I find it again?

13. Behold, I do not demand the lives of your children from you, nor that you sacrifice your blood in My name; and yet the mission I have entrusted to you seems difficult to you, and there are many who refuse it.

14. I have merely shown you the means to do good, to be of service to your neighbor, so that you may thereby earn everlasting peace for your soul and help your fellow human beings climb the mountain of spiritualization.

15. Let the voice of your conscience speak; listen to it, and then tell Me whether this mission I have entrusted to you is a yoke for you. Truly, I tell you, if you are always able to hear that inner voice, you will have to shed tears of repentance and say to Me: "How ungrateful we have been toward You, and how unjust to ourselves!"

16. When you have reflected on these things, and firm resolutions take shape in your hearts to fulfill your mission with gentleness and love, you will feel in your souls the light of your Father as He blesses you.

17. Do not be afraid, My people, for I go before you, guiding your steps and illuminating your path like an immeasurably great lighthouse.

18. If you take today's lesson as a rebuke from the Master, then take it as such. But if you delve into its depths, there you will find My justice, My love, and My zeal for the part of My work that I have entrusted to you.

19. Recognize that now is the Third Era, the age of spiritual light.

20. Be of good cheer, for you will witness many events and will have the grace to receive many revelations.

21. Your heart is not hardened; your mind is not closed to My love; your soul has not fallen asleep. Open your eyes to the light and sharpen your senses so that you may perceive the signs, the calls, and the manifestations of My Spirit and the Spiritual World, which will make themselves known to you.

22. For every creature, the day of spiritual liberation is set in this time—the moment when it ceases forever to be a slave to the world, a slave to temptations, and a worshipper of the body and its pleasures.

23. The false adornments will fall away from you, for the soul spurns the vanities of the world in order to clothe itself in the worthy mantle of spiritualization.

24. For how many of you who have heard My Word during this time was the day of your liberation precisely the day on which you first heard this Voice! With how much love have you engraved in your memory the blessed date on which you recall the miracle of your resurrection to faith!

25. Blessed are those who have wept much but knew how to wait. Blessed are those who, though they sinned, willingly submitted themselves to purification afterward, because they sensed in their hearts the coming of My Word. From the day they first attended My rally, from My very first word, they were able to feel and recognize Me. When I touched the strings of their hearts—which had become sensitive through the pain and misfortunes of life—with My essence, they felt the Master's divine life-force flowing through their entire being; and at the very moment they grew stronger, misery, blemishes, vices, suffering, darkness, and blemishes—and they were then clothed in the garment proper to the soul of light, which is truth.

26. People had come into my presence who were dead to spiritual life. Yet when they left, they departed as people converted to the faith, who finally knew which was the true path. For faith is the soul's compass.

27. It is an indescribable feeling of bliss for the soul when it rises to faith! But this was not all; even more awaited those who thus returned to life. It was the joy of knowing that on their path they would be able to raise the "dead," just as they had learned from their Master, and that they would be able to show the way to every earthly traveler they encountered who wandered through life without a firm goal.

28. Whoever has not saved a neighbor, whoever has not restored lost faith or health to a fellow human being, will not be able to imagine that joy of the soul. Who, then, can imagine the joy of being the Savior, the Comforter, the Master, and the eternal resurrection of every soul? But I have not reserved this joy solely for Myself, for I have shared something of each of My attributes with you and taught you to save, to heal, to comfort, and to awaken to new life. For I want My joy to be everyone's, just as My Kingdom of Heaven awaits all.

29. People, when you feel that a higher force envelops your being, it is because you are sensing My presence at that very moment. You have prepared your soul and made your body receptive. Therefore, at this moment, moved by My Word, you rejoice in the power that radiates from My Spirit. Consider this: If you possessed this spiritualization in every

moment of your life, you would perceive the sensation of My presence everywhere. Then you would realize that My justice is fully revealed in your lives.

30. I am currently judging the peoples of the earth and touching all souls with My light. But only a few are aware that their judgment has come, and even fewer sense the nearness of the time already foretold in past ages.

31. I have given everyone the necessary time to examine their lives in the light of their conscience, as well as to repent and renew themselves, should they have anything to improve or make amends for. I have granted time to prepare not only to those who govern and enact laws, but also to those who provide spiritual guidance to humanity, as well as to scientists and all who impart knowledge. For all will have to answer the questions that My justice will pose to them.

32. If the people of today were not so hard-hearted and insensitive, they would undoubtedly be constantly receiving messages from the Spiritual World, and at times they would find themselves surrounded by multitudes of beings who are ceaselessly working toward the awakening of humanity, and they would realize that they are never alone.

33. Some call that world “invisible,” others “the hereafter.” But why? Simply because they lack the faith to “see” the spiritual, and because their human frailty makes them feel distant and alien from a world they ought to feel in their hearts.

34. I had to free this people here—who gather in the modesty of these meeting places to hear Me—from earthly possessions and vanities, so that they might be drawn to something that is precisely not of this world, and that is My teaching.

35. I found you poor, weeping over your lost possessions, and thus somewhat disillusioned by the false splendor of worldly glories and a little less materialistic. This helps you to feel the presence of the spiritual, as well as to yearn for the unfolding and betterment of your soul. If you were rich and healthy, and if you had lived amid comforts, feasts, and pleasures—would you then have rushed to answer My call?

36. Recognize how much I still must make My presence felt among humanity so that the monarchs may follow My Instruction.

37. It is not that I wish to see you poor, and even less that you should suffer want of the necessities of life and survival. But the evolved human being must know that the soul comes before the human, for the soul can live without an earthly body, whereas the body cannot exist without the soul.

38. I want everything to be yours, but I want you to make conscious use of what you need; I want you to know how to be spiritually rich and to be able to possess much in material terms, provided you make good use of it and give both their true value and proper place. How can the soul of an immeasurably wealthy person harm itself if what he possesses is for the good of his neighbors? And how can a powerful person suffer harm if his Spirit knows how to withdraw when the occasion arises to pray, and through his prayer he is in communion with Me?

39. You who hear these revelations, understand the truth. But there are many who, at this very moment, are shipwrecked in the darkness, and I must save them. In the storm that is drawing near, many ships will sink, and there will be fear, lamentations, curses, despair, and tears. Nevertheless, I assure you that no one will perish spiritually, for even in the deepest darkness a light will always shine—a star, a ray—which is the Spirit, from which a spark of faith and hope will descend into the heart.

40. When the cry for help rises from the very depths of people's hearts to Me, saying, "My Father, our Savior, come to us; we are perishing ," then I will let them feel My presence, will reveal My infinite mercy to them, and will prove it to them once again.

41. I thirst for your faith, for your repentance, and for your love—a thirst that you have not been able to quench to this day. For whenever I have asked you for the water of your love, you have offered Me a cup of gall and vinegar.

42. My thirst is that you love one another. For it would be enough for you to fulfill this commandment, and immediately all your pains, bitterness, and sufferings would cease. My thirst is not a necessity for Me, but for you.

43. Disciples, feel how I love you in these words. Love Me likewise in them, for My Spirit is in their meaning.

44. When this teaching spreads, people will ask you about the purpose of this message, since so many religious communities already exist. Then you shall reveal to them that this Word has come to humanity to teach people the dialogue from spirit to spirit—which their religions do not teach them—and that this message is the divine light that reveals to you all the spiritual qualities you possess.

45. This people will bring the Good News of My Word to all of humanity, and through it, people will realize that there is only *one* step between them and the spiritual realm, and that the infinite distance which, according to them, exists between one world and the other has

been merely the result of their imagination, their ignorance, and their externalized practice of religion.

46. In times past, humanity was merely prepared for the time when the moment would be ripe for spiritual communication. Now is the appropriate time, when your soul is empowered and at the same time capable of rising up and connecting with the higher life.

47. My rally through the human mind has proven to you the truth of all that I have just told you, and has also served as an incentive for this people who have heard Me, thereby helping them to take the first step toward spiritual dialogue.

48. Just as I first taught you so that you might later take steps toward greater perfection on My path, so you must first speak My Word and explain it, so that once My work has been understood by your fellow human beings, they will be prepared and able to connect with their Father and their spiritual brothers and sisters.

49. Not all of My spokespeople were able or willing to prepare themselves to serve Me, and often I had to send My light down upon impure minds that were occupied with useless, if not sinful, things. Through their transgression, they have brought My justice upon themselves, for their minds were deprived of all inspiration and their lips of all eloquence to express the divine message.

In these cases, the assembly of listeners closed their ears to those meager rallies, but opened their souls instead to feel My presence within them and receive My essence. The people fed on the essence that My mercy sent them at that moment; but the spokesperson prevented a message that did not come from his lips, thus forcing those present to engage in dialogue with their Master from Spirit to Spirit, even though they were not yet prepared to receive My inspiration in this form.

50. There is still sufficient time remaining for the spokespeople and the congregations to prepare themselves, so that in the final year of My rally through the human mind, they may see My Word reach its pinnacle through the highest and most luminous discourses you have heard thus far. I am ready to reward you by granting you that preparation and that longing, if you truly make yourselves ready. My light will come in streams, flooding your soul and saturating it with strength, wisdom, and spiritualization.

51. Thus must the parting from My Word be at the end of this time of My rally—with the greatest possible preparation of soul and mind—so that when you no longer hear Me in this form, you may feel the immeasurable longing to hear My voice, and this longing may urge you to

seek Me in the Infinite, in the Divine. For in this way, you will have taken a firm step toward spiritual worship of God, toward true dialogue between the children and the Father.

52. When you no longer have before your eyes the people, objects, or forms that you use as means to feel Me, and you perceive My presence only through prayer and receive My inspiration in every moment of your life in which you long for Me, you will exclaim with joy in your hearts: "Master, how close You are to us!"

53. I will continue to be your Master, your Healer, and through you I will manifest Myself in the sick whom you bring before Me. I will be inspiration in your minds and words on your lips. I will send you spiritual guardians so that they may continue to guide and protect you.

54. Do not be content with the first thing you achieve, but direct your attention and your efforts toward perfecting yourselves. For even this new way of seeking Me will be subject to further development.

55. Now is the Third Age, in which your soul can already begin, while still on Earth, to dream of very high worlds and very great insights. For whoever departs from this world and carries within his soul the knowledge of what he will find, along with the unfolding of his spiritual gifts, will traverse many worlds without lingering in them, until he reaches the one he is entitled to inhabit by virtue of his merits.

He will be fully aware of his spiritual state, will know how to carry out his mission wherever he may be, will know the language of love, harmony, and justice, and will be able to communicate with the purity of the spiritual language, which is thought. He will encounter no obstacles, no confusion, and no tears, and he will begin to experience the highest joy of drawing near to the abodes that belong to him, for they are his eternal inheritance.

56. In order for My work to take root in the hearts of people as a sanctuary of faith and spiritualization, My servants will have much to struggle with, and My people will have to endure countless trials.

57. At first, the world will reject this teaching. But do not lose heart, for I am already telling you that those who reject it will do so with their hearts; yet it will not come from the spirit soul of man, since the soul preserves this promise of Mine within itself.

58. I have seen you deeply engaged with the journey that awaits you, and I have come to your hearts to give you peace and, through My Word, to clear paths for you and tear down the obstacles that you are already beginning to create through your imagination.

59. Blessed are those who reflect, suffer, and are concerned for My work, for this is proof that they have taken it to heart . I then encourage their soul and comfort it, so that it may once again feel full of faith, peace, and confidence.

60. At My table of love, you have eaten the divine bread that you have earned through your preparation. If you have not attained more, it is because your preparation was not sufficient for more. If you have attained much on this day, it has been proof that you knew how to make yourselves worthy of this reward. I also tell you that when I poured out My light in streams at other gathering places on this day, it was because the crowds of listeners knew how to prepare themselves; and that, in contrast, where this spiritualization did not exist, My Word resounded in the consciences of My children with full justice.

May My peace be with you!

Instruction 295

1. Humanity, you have misinterpreted the meaning of life because you have given greater importance to the material than to the spiritual. If this were not so, My return among you would not have been necessary. But listen to how My Word invites you to elevation and spiritualization, for I see that people live in indifference to reality.

2. The purpose of My teaching is to awaken your interest in the life that awaits you—a life that will be eternal. It is meant to drive from your hearts the fear of leaving your human form—the fear of death. My Word seeks to free you from all your errors.

3. Truly, I tell you, there is no death, for the Creator is life, and His works cannot die.

4. It is man who, with his imagination, has created death, and who, moreover, has created hells and heavens according to his limited understanding. What correct notions could he possibly have of My existence, of My justice, and of the truth about eternal life? There is only confusion in the hearts of people, and this confusion forms part of the foundation upon which the religious beliefs of the majority rest. What future awaits humanity if it continues to stray from the true path? Only misery, turmoil, and pain—a foretaste of which it experiences in the life full of misfortunes that it leads on Earth.

5. The teaching of the Spirit—My teaching, people—is the ray of light that pierces the darkness into which you have fallen. Only through it will people come to have a complete and comprehensive instruction about their spiritual purpose and a true knowledge of the existence of My justice.

6. People today cannot think of God without giving Him some kind of visible form. They cannot speak of temptations without personifying the influence of evil in a being whose task is to corrupt souls, nor can they think of the atonement of the one who has sinned without imagining the punishment of hellfire, which has never existed.

7. Regarding these three errors that dominate the minds of people, I say to you: If you believe that God is the Holy Spirit, there is no reason to seek Him in material forms, since He is Spirit. And that imaginary being whom you call Lucifer or Satan exists only in the minds of those who were unable to interpret My words, revelations, and messages of times past spiritually.

Truly, I tell you, in the “Spiritual Realm” there are great spirits of darkness who sow discord, hatred, and corruption. There are countless spirits whose influence reaches people when they instill evil thoughts in

them and incite them to evil deeds. But these beings are not demons; they are imperfect, disturbed, and confused beings who are clouded by pain, envy, or a thirst for vengeance. Do not be surprised, then, when I tell you that their nature is the same as that of your own soul, and the same as that of those beings whom you call angels.

8. Why do you not call the wicked people who inhabit the earth demons, since they likewise seduce you, since they also incite you to evil and lead you astray from the true path? Like the confused beings of the beyond, they are likewise imperfect souls, but they have attained force and authority because an ideal of greatness has taken hold of them.

9. Truly, I tell you, I have no enemies—neither among those who dwell on earth nor among those who are in the spiritual realm. There is not a single person who hates Me, blasphemes against Me, or leads his neighbors astray from the right path out of sheer delight in offending Me. That is a lie! Those who lead people away from the faith, who erase My name from the hearts of their fellow human beings, and who fight against the spiritual realm do not do so to offend Me. They do it because it is necessary for their earthly pursuit of power, their dreams of greatness, and human glory.

10. The same applies to those beings in the hereafter who have not awakened to the Light that lifts one up onto the path of love. They have sought greatness through knowledge alone, and when they influence their brothers and sisters and lead them astray from the right path, it is not with the intention of causing Me pain, of rivaling My force, or of taking delight in the victory of evil over good—no. Their motive, though evil, is not to offend Me. How can you spend your entire lives thinking that I am opposed by a powerful enemy who constantly snatches from Me what is Mine?

11. How can you think that I have placed on the path of humankind a being infinitely more powerful than they are, so that it might ceaselessly lead them astray and ultimately cast them into eternal ruin?

12. How poorly do you think of Me and My justice—you who claim to know and love Me!

13. It is true that the wicked test the good, the strong abuse the weak, the unjust mock the innocent, and the impure harm the pure. But these are temptations that the one who encounters them can reject, because he possesses weapons and a shield to fight and defend himself. His sword is his conscience, and behind it stand morality, faith, and reason, so that he may not be led astray by evil influences.

Yet he must not only do this, but also sow virtue through his deeds and resist evil as much as possible. When he sees that some are sowing ruin, vice, and destruction, he will set out to sow light, to save those who have gone astray, and to lift up those who have fallen.

14. It is the eternal struggle of good against evil and of light against darkness—an indispensable struggle to ascend and reach the heights of perfection.

15. For Me, it is just as meritorious when a being stained by the mark of the gravest transgressions purifies itself, inspired by a lofty ideal, as when a being that has remained steadfastly pure struggles to the very end not to defile itself, because it loved the light from the very beginning.

16. How far from the truth are those who believe that the confused spirits have a different nature than the spirits of light!

17. The Father would be unjust if this were true, just as He would no longer be the Almighty if He lacked the wisdom and love to save the defiled, the impure, and the imperfect, and could not unite them with all the righteous in one and the same abode.

18. Jünger: When a person possesses true knowledge of the deeds he has done, he does not allow himself to be blinded by vanity. He knows that—should this base emotion penetrate his being—his intelligence would be clouded and he would no longer be able to progress on the path of development; he would come to a standstill and sink into lethargy.

19. Vanity has prepared the ruin of many people, destroyed many flourishing nations, and brought your cultures to ruin.

20. As long as nations held energy, competence, and progress as ideals, they experienced abundance, splendor, and prosperity. But when pride made them feel superior, when their ideal of upward development was replaced by an insatiable ambition to have everything for themselves, they began, step by step—without realizing it and without intending to—to destroy everything they had built up, and finally plunged into the abyss.

21. The history of humanity is full of such experiences. Therefore, I tell you that it is right for a people with great ideals to arise in the world—one that, although always aware of its good deeds, does not take pride in them. In this way, its progress will not be hindered, and the splendor achieved thus far will be surpassed tomorrow and increased yet again later.

22. When I speak to you in this way, I am not merely trying to inspire you with material goals: I want my words to be interpreted correctly so that you may know how to apply them to the spiritual as well as to the material.

23. Vanity can afflict people not only in their material lives, and as proof of what I am telling you, consider the downfalls and failures of the great denominations, whose very foundations have been eroded by vanity, pride, and their false splendor. Whenever they believed they were at the height of their force, someone came and shook them awake from their dreams, revealing to them their errors, their deviations, and their straying from the Law and from the truth.

24. Only through the true understanding and fulfillment of My Law in the light of conscience will humanity be able to rise to a higher life; for the conscience, which is My light, is perfect, is unclouded, is just—it never becomes vain nor takes crooked paths.

25. Tell Me, is it not a spiritual teaching that people need in order to draw closer to the truth? For this teaching, which humanity so desperately needs, is precisely the one I have brought to you.

26. When this Word spreads throughout the world, and people ask who inspired it and who dictated it so that it might be written down, its messengers and sowers shall bear witness that it was the Holy Spirit who revealed it through the prepared mind of His spokespeople.

27. When humanity receives my message, it will remember Jesus, that humble Nazarene who preached on the mountains, in the desert, on the banks of the rivers, and in the valleys. For His Word needed no material temples, since wherever it sought to be expressed, the inner temple of the crowds of listeners arose, whose hearts opened like flower calyxes in the sunshine.

28. Now I stand at the door of every heart, but it is necessary that when humanity remembers My promise to return, it also remember that I never announced that My presence would be as a human being again, but that I made it clear to you that this return would be in the Spirit.

29. Now is the time of understanding, of the enlightenment of the soul and the mind, in which humanity will finally seek Me *spiritually*, for it will recognize that God is neither a person nor a figment of the imagination, but rather the boundless and absolute universal Spirit.

30. This teaching, known only to a few and ignored by humanity, will soon reach all who suffer as a healing balm to offer comfort, kindle faith, dispel darkness, and instill hope. It lifts you above sin, misery, pain, and death.

31. It could not be otherwise, for it is I, the Divine Physician, the promised Comforter, who have revealed this to you.

32. Throughout the ages, My teaching has made it clear to you that your innermost being is love. Love is the essence of God. All beings draw

from this power to live; from it sprang life and all of creation. Love is the origin and the goal in the destiny of all that was created by the Father. In the presence of that power which moves, illuminates, and enlivens all things, death vanishes, sin dissipates, passions fade away, impurities are washed away, and all that is imperfect is perfected.

33. I came into the world in the Second Era to demonstrate the force of love through My teachings and examples, which have been indelibly imprinted upon your Spirit. Yet I, who overcame the pain of the world and of death through love, ask you, humanity, who are still developing: Have you already learned to overcome the pain of the world and of death?

34. I have seen that you still celebrate the Day of the Dead. But why? Is this your way of celebrating victory over death? No, humanity, do not be mistaken; recognize that in doing so, you are celebrating the worship of the physical body and love for the world. In this cult for those who have been laid to rest within the earth, you distance yourselves from the souls and forget them—those who represent true and eternal life. When I see you watering a grave with tears or covering it with flowers, I cannot help but apply to you those words of Mine on that tell you: "You are the dead who watch over your dead."

35. To those who have understood My Word and apply it to their lives, I command that they pray for all those who, in their materialism, distort the meaning of truth, and who, arrogant and vain in their knowledge, ultimately consider themselves wise, creative, and strong, and mock those who draw near to God and send their petitions up to Him. They believe they hold the fate of humanity in their hands, without realizing that they, too, are subject to My Divine Justice. They need your prayers and spiritual support more than anyone else.

36. These people have gone astray in their idolatrous worship of the body—a worship practiced through science. Yet they, too, will awaken through the great trials destined for them, and through them they will finally come to understand that there is something within the human being that transcends intelligence—namely, the spirit soul—and that there is something even higher than earthly science, namely, the knowledge of spiritual life.

37. Only when it is no longer the *intellect* that prompts the *spirit* to observe and delve into science, but rather the *spirit* that elevates and guides the *intellect*, will man discover what currently seems unfathomable to him, and yet is destined to be revealed to him as soon as he has spiritualized his intellect.

38. When you hear any of My discourses, you can well understand—and even foresee—the chaos of worldviews that is coming upon you.

39. The age of idolatry is now drawing to a close, and the era of spiritualization will soon take root in the human heart. All idols will fall to the ground and make way for the truth, and there the true altar of God will be erected.

40. I am the Light, the Truth, and the Life. I am the open book.

41. From the dawn of humanity, people have sought the origin of life and the reason for everything that surrounds them. To this end, they have applied the power of their minds, the light of intelligence. From this have emerged their sciences and their philosophies. But since the human mind is too limited to grasp the truth—which only the Spirit can understand and penetrate— , it has been very little that science has been able to discover of this truth.

42. People have not sought this light in the spiritual realm—yet I am Spirit. Therefore, whoever wishes to find the source of life, the light of truth, and the origin of all creation must first seek Me—seek Me through prayer, through the soul's longing for knowledge, in order to love one's neighbors and serve them better, and to rise above the hardships of human life. To him will be revealed the teachings that others, tormenting themselves with their intellect, have discovered only according to centuries.

43. I am Love, and whoever seeks Me must do so inspired by love.

44. Human beings are a reflection of the Creator, made in the image of God. Children are bound to become like the Father from whom they came. This likeness is rooted in the spirit soul, since it is endowed with God's attributes and, moreover, possesses eternal life. Matter—that is, the human body—is merely a temporary garment for the soul.

45. The Father sent the souls out to inhabit this earth so that they might find on it the means for their development: trials to make them strong, lessons to fill them with light, and endless opportunities to earn merits that will elevate them above this life, free them from matter, and lead them to the spiritual realm.

But man has not yet won the battle; he has not mastered matter; he has not made the world his servant. On the contrary—he has allowed himself to be dominated by forces and elements that are inferior to him. Man believes himself to be the Lord of the world, while in reality he is nothing but a slave to matter.

46. Until he wins this battle, he will not have conquered spiritual life for himself.

47. Do not think, however, that I want people to renounce earthly laws in order to devote themselves exclusively to the spiritual. No, people, I want you to use what the Father has created and offered to humanity for your own good, for your development, and for your ascent—to learn to rule over material life with its natural realms, forces, and beings. But to achieve this, it is necessary to go beyond what your intellect can grasp, that is, to act through the spirit soul, so that when the Father sees your noble goals—the love you put into your works and the place you have known how to give to your spirit soul—He may draw back the curtain from His secret treasury and grant you a spark of His wisdom to enlighten your soul.

48. It is right for the Spirit to reveal wisdom to the human mind, and not for the mind to give "light" to the Spirit. Many will not understand what I am telling you here, precisely because you have long since reversed the order of your lives.

49. Behold how man stands above and beyond all that surrounds him; that he is the only being endowed with free will and a conscience. From this free will have arisen all the errors, downfalls, and sins of mankind. Yet these are transient transgressions in the face of the Creator's justice and eternity. For in the end, conscience will prevail over the weaknesses of the body and the soul's susceptibility to temptation. Thus will come the victory of the Light, which is knowledge over darkness, which signifies ignorance. It will be the victory of the Good—which is love, justice, and harmony—over evil, which is selfishness, licentiousness, and injustice.

50. When you reflect on your own lives and the history of humanity, you will discover that this struggle has always existed, from the beginning of creation to the present day—a struggle necessary for the perfection of your soul, just as necessary as fire is for purifying gold.

51. Who, upon hearing this Instruction, could think that a single human life is sufficient for a soul's full development and perfection?

52. Oh, you people who are all too preoccupied with human life and convince yourselves that you are on Earth forever, not realizing that, because of your materialization, you must be born into new bodies to take the step you were unable to take on your previous occasion!

53. Yet even many reincarnations do not grant a soul absolute perfection. No matter how exalted it may be according to its last existence on Earth—the "Spiritual Valley" still awaits it, with its countless realms of life, its new Instructions, revelations, and wonders.

54. Once you have traveled this path and reached the thresholds of the Pure and the Perfect, you will understand the reason for your existence; you will truly dwell in the light.

55. Here on Earth, I have divided humanity's spiritual life into three stages, periods, or ages, during which I have revealed to you, lesson by lesson, the wisdom that you must all possess according to the stages, periods, or ages.

56. The First Era is, as it were, the spiritual childhood of humankind, in which one opens one's eyes and sees the face of one's Father, hears Him, but is still far from understanding Him. The proof of this is that one tried to obey Him by clinging to the letter of the texts without delving into their meaning with one's soul.

57. In the Second Era, I, "the Word," came to dwell among you in Jesus and to show you the path of the soul through my life. This Second Era is that of growing up or of early spiritual youth. It is the stage of life in which Christ taught people love in order to awaken the dormant strings of their hearts, so that their hearts might vibrate with a new feeling, under the powerful impulse of love for their Father and for their neighbors.

58. In these two kinds of love I summarized the entire Law, my entire Instruction: love for God, the Author of life, the Father, the Creator, and love for one another.

59. The Law has always been present in consciences. Generations pass away, and generations come; souls move on, and souls arrive, yet My Word remains firm and unchanging. Nevertheless, humanity has been slow to understand and hard of heart, and there have been only a few who have understood the spirit of love in My teaching.

60. People multiply and grow. Yet as soon as their intelligence awakens, they turn away from the spiritual to pursue the glory of the world, wealth, or science. Consequently, their fruits could not be quite as sweet as your heart would wish. A bitter taste has always lingered in your mouths.

61. But do not think that My Word fundamentally condemns your works or condemns what your science has achieved. No, people, it is not I who tell you with words that you are only one step away from the abyss—it is the facts, the results of your lack of spiritualization.

62. But precisely in the moments when you are approaching the abyss, the loud bell in the clock of eternity rings out, signaling the beginning of a new era: the Third Age—the time when the Holy Spirit shines forth in consciences and pours out as wisdom, as light that unravels mysteries—as a power that uplifts, awakens to new life, comforts, and saves.

63. It is the most subtle and highest form the Father has used to speak to humankind. Two ages of life have already passed for humankind, and they have attained spiritual maturity. They can now grasp and understand more profound lessons.

64. This is the “Third Age,” in which the human soul must free itself from the chains of materialism. This will bring about a clash of worldviews that will be more intense than anything known in human history.

65. Depravity, selfishness, pride, vice, lies, and everything that has cast a shadow over your lives will fall like shattered idols at the feet of those who worshiped them, making way for humility.

66. How will *you* be able to offer help in this struggle? With the powerful weapon of prayer—not with verbal prayers, but through the elevation of thought.

67. My Spirit—infinitely more subtle than the air that surrounds you—will be present, receiving your prayer and at the same time transforming it into peace and balm for your fellow human beings.

68. Your thoughts will become sparks of light in space and will reach, as a message, that mind which needs clarity for its thinking.

69. Your intercession will be fulfilled, for the peace of My Kingdom is coming to earth, and your works will be, as it were, the first seeds of spiritualization that fall into the bosom of the earth in the Third Age.

May My peace be with you!

Instruction 296

1. I am the light that illuminates your path—the wisdom that reaches your mind—the balm that soothes your sufferings.

2. I am the Master, and I come to you with the intention of transforming you into My disciples. For if you are My disciples, you will be righteous people on Earth.

3. If you truly wish to break through the darkness of your ignorance, turn to Me, and I will give you the light you need so that you do not stumble. If you want your faith to be great, come to Me, listen to Me, and follow Me tirelessly according to My will.

4. In the beginning, the world lacked love. The first humans were far from feeling and understanding that divine force—that essence of the Spirit, the source of all creation. They believed in God, but they attributed to Him only force and justice. People believed they could comprehend the divine language through the elements of nature; therefore, when they saw nature as gentle and peaceful, they thought the Lord approved of human deeds; but when the forces of nature were unleashed, they believed they recognized in them the wrath of God, which manifested itself in this form.

5. In people's hearts, the image of a terrible God had taken root—a God who harbored wrath and a desire for vengeance. Therefore, when they believed they had offended God, they offered Him burnt offerings and sacrifices in the hope of appeasing Him. I tell you that those offerings were not inspired by love for God: it was the fear of Divine Justice, the fear of punishment, that drove the earliest peoples to pay tribute to their Lord.

6. They simply called the Divine Spirit "God," but never "Father" or "Master."

7. It was the patriarchs and the first prophets who began to help people understand that God was indeed justice—yes, but perfect justice; that He was, above all, a Father and, as a Father, loved all His creatures.

8. Step by step, humanity slowly journeyed along the path of its spiritual development, continuing its pilgrimage, passing from one age to another, and learning a little more about the divine mystery through the revelations that God has given to His children throughout the ages.

9. Nevertheless, humanity did not attain full knowledge of divine love; for it did not truly love God as a Father, nor was it able to feel in its heart the love that its Lord had always shown it.

10. It was necessary for perfect love to become human, for the "Word" to become incarnate and take on a body that was tangible and visible to people, so that they might finally experience how deeply and in what ways God loved them.

11. Not everyone recognized the presence of the Father in Jesus. How could they have recognized Him, since Jesus was humble, compassionate, and loving even toward those who insulted Him? They thought of God as strong and proud toward His enemies, judgmental and terrible toward those who offended Him.

12. Yet just as many rejected that Word, so too did many believe in it—that Word which penetrated to the very depths of the heart. That way of healing suffering and incurable diseases with nothing more than a caress, a glance of infinite compassion, or a word of hope, that Instruction, which was the promise of a new world, a life full of light and justice, could no longer be erased from the hearts of many who understood that this divine Man was the truth of the Father, the Divine Love of Him whom people did not know and therefore could not love.

13. The seed of that supreme truth was sown forever in the heart of humanity. Christ was the sower, and He still tends His seed. Afterward, He will reap His fruit and rejoice in it forever. Then He will no longer say in His Word, "I am hungry" or "I am thirsty," for at last His children will love Him as He has loved them from the beginning.

14. Who speaks to you about Christ, disciples? He Himself.

15. It is I, the "Word," who speak to you anew, humanity. Recognize Me; do not doubt My presence because of the humility in which I reveal Myself. With Me, there can be no pride.

16. Recognize Me by the path I once walked in the world; remember that I died just as humbly as I was born and lived.

17. I am present among humanity at a time when new discoveries have transformed people's lives, and I make My presence among you felt with the same humility that you once knew in Me.

18. The "Word" of God has not become human again; Christ has not been born anew in the poverty of a stable—no; for it is no longer necessary for a body to bear witness to the force of God. If people believe that this body here is the God who came into the world, they are mistaken. The presence of God is spiritual, universal, infinite.

19. If everything that people have achieved in this age were within the bounds of what is just, permissible, and good, it would not have been necessary for Me to come down to speak to you once more. But not all the works that humanity offers Me are good: there are many transgressions, many injustices, many deviations, and many evil deeds. Therefore, it was necessary for My caring love to awaken humanity just when it was most deeply immersed in its work, to remind it of the duties it has forgotten and to Whom it owes everything that is and everything that will be.

20. In order to make Myself audible to a materialized humanity that could not perceive Me from Spirit to Spirit, I had to make use of their spiritual gifts and abilities to reveal Myself through the human mind.

21. The explanation for why I “come down” to communicate with you is this: Since you were unable to rise up to engage in a dialogue with your Lord from spirit to spirit, I had to descend one level lower—that is, from the spiritual, from the divine, to where you cannot yet reach. I then had to make use of your organ of reason, which is located in the human brain, and translate My divine inspiration into human words and material sounds.

22. Human beings need expanded knowledge, and it is God who comes to them to entrust them with wisdom. If the means I have chosen for my brief rally—through the intellectual faculties of these spokespeople—does not seem worthy to you, I tell you in truth that the message conveyed through them is very great. You would have preferred that My rally to humankind take place with pomp and ceremony that would have made an impression, but which, in reality, from a spiritual perspective, would have been vain because they contain no true light.

23. I could have come amid lightning and storms to make My force tangible; yet how easy it would then have been for people to acknowledge that the presence of the Lord had come! But do you not think that fear would then have returned to your hearts, along with the notion of something incomprehensible? Do you not believe that every feeling of love for the Father would have been transformed into nothing but fear of His justice? Yet you must know that God, although He is almighty power, will not defeat you through this force, will not assert Himself through it, but through another force—and that is the force of love.

24. It is the Divine Spirit who speaks to the universe today. It is He who brings light to all that you have not clearly recognized in other times. He is the dawn of a new day for all people, for He will free you from false fears, dispel your doubts, and set your soul and your mind free.

25. I tell you: Once you have come to know the essence of My Instructions and the justice of My laws, you will also recognize the limitations that your own conceptions have imposed upon you and have prevented you from going beyond a superficial understanding of the truth.

26. It will no longer be fear or dread of punishment that keeps you from seeking and discovering. Only when you truly wish to understand what is incomprehensible to you will your conscience bar the way; for you must know that the whole truth is not meant for humankind, and that one should grasp only that part of it which is appropriate for him.

27. People: If My coming was foretold as taking place amid wars, the unleashed forces of nature, epidemics, and chaos, this was not because *I* had brought all this upon you; it was because My presence would be of help to humanity precisely in that hour of crisis. Here, then, is the fulfillment of all that was said about My return. I come to humanity while the world is struggling with death and the earth, in its death throes, trembles and shakes to pave the way for a new humanity. Therefore, God's call in the "Third Era" is a call of love—a love that embodies and inspires justice, brotherhood, and peace.

28. To you who have had the grace to hear Me during this time, I must say that in order to truly be a spiritualist disciple, you must apply My teaching to your lives; it is not the observance of certain commandments that will transform you into spiritualists, nor will it be certain rites and manifestations that will lead you to fulfill your mission on earth.

29. By speaking to you in this way—as only I can—I reveal to you the best way to please God, and I remove from your hearts the instilled fears of your Father.

30. But I not only free you from errors and prejudices concerning your life in this world; I also tell you that eternal damnation, as it has been described to you, does not exist, because the soul cannot suffer the physical torment caused by pain in the body. The pain of the soul stems from the fact that it beholds its actions in the light of conscience, which allows it to recognize and understand all the mistakes and imperfections it has committed with complete clarity.

31. Come to Me with the full conviction that you are walking the path of truth, and let it not be fear—arising from ignorance—that compels you to remain on this path.

32. If you examine My revelations and rallies of this and past times, you will eventually understand that I have always come clothed in humility. Therefore, do not let yourselves be beguiled by outward splendor, and if your fellow human beings, who follow other paths, come and tell you that the Lord cannot be found amidst this poverty, this lowliness that you display, remind them that God, manifested in the "Word," came into the world humbly in Jesus, and that people nevertheless believed in Him, and that despite the centuries that have passed since His birth, the humility with which the Savior revealed Himself to the world has not been erased from the hearts of men.

33. There are places of worship among you where the congregations love and seek the outward, the magnificent, and the ostentatious in order to impress their senses, without realizing that according to their craving

for the outward, they forget the wonders contained in the spiritual teaching.

34. Instruction, correction, revelation—this is My work among you, to bring you to the abode of light. Yet before you reach the thresholds of the Promised Land, you will have to earn merit through faith and love.

35. The Word of Christ once took root in His disciples, and its seed grew among the people who followed them. His teaching spread, and its meaning reached the entire world. So too will this teaching of today spread, to be accepted by all those who are capable of feeling and understanding it.

36. Receive, beloved disciples, My balm—accept, you multitudes of listeners, My fatherly caress and My message as Master—for yourselves and for your loved ones.

37. My presence appears to you like a gentle breeze that caresses. Thus I come to your heart to give it life.

38. Some sense that My coming is near; others see Me with their spiritual eyes; and still others, through their sensitivity, know the hour when I draw near. In this blessed hour, all say in their hearts, "The Master is here," because they have felt My peace surrounding them.

39. For the soul that has wandered through the infinite desert of life, there is no treasure more precious nor an oasis more longed-for than that of peace. This is the treasure I offer you, and one that you must later share with your fellow human beings.

40. I also show you the means by which to spread the blessed mantle of peace over humanity, and these means are thought, prayer, the word, and deeds.

41. Just as I see you at this very moment—united by the peace that My Word gives you—so I wish to see you according to My departure, in the days of struggle that lie ahead, in which I will let you feel My presence in a subtle way, in which you will hear Me in your hearts. For I promise you that you will not lack My caress, My essence, or My balm.

42. Proceed with steadfastness and understanding from one lesson to the next, from one period to the next, and your harmony with My work will not be broken. Your obedience and willingness toward My laws and commands will give you an indescribable peace, and you will never have cause for complaint, nor will there be thorns to make you weep.

43. If you wish to be My disciples, understand that you must be bearers of peace and of all the virtues that I have taught you to practice.

44. I have not yet sent you out to the provinces because I see that you are fruits that are not yet ripe. I must still send you the rain of love, the

light of My wisdom, and the rays of the Divine Sun to give you life and courage. But once you have ripened like fruit on the tree of My Instruction, you will fall with the wind that stirs the branches that bore you.

45. The closer the day draws near when I will no longer speak to you in this form, the more greatness you will discover in My spiritual teaching, and imperceptibly you will distance yourselves from all that with which you have limited it in times past—yes, for you have limited this Divine Work to persons, places, and objects, whereas, since it is universal and boundless, it transcends the material and the human.

46. Now you no longer see My work as limited to persons, places, or objects; now you see everything in the Divine, in the infinitely High, and you also discover it in the Highest part of your being.

47. How will My work shine forth for you when your soul has made its way back to God, and from there, as you contemplate this work, you are filled with rapture, and you rejoice in the light and understanding of your perception?

48. You have a faint inkling of that great truth and that bliss that await you, but your intuition and imagination are too limited to discover the reality.

49. Every rung of the ladder, every step, every abode offers the soul a greater light and a more perfect bliss. But the highest peace, the most perfect bliss of the soul, lies beyond all the transient realms of the soul's existence.

50. How often will you think you sense perfect happiness in the bosom of God, without realizing that this feeling of happiness is merely a foretaste of the world to come, into which you will pass according to this life.

51. My seed in this age has sprouted most quickly in those who came with minds and hearts unburdened by theories and interpretations. They were like virgin soil with regard to My Word, and I made use of them to convey My message to the world.

52. Others brought with them a truth mixed with falsehood, and My light gradually freed them from error while at the same time confirming them in the goodness they carried within. Not everything in the human heart is a poisonous plant or a weed—sometimes a wheat plant grows there, and I nurture it so that it may ripen and its grain may later multiply.

53. Both groups—I have transformed them all into My disciples, uniting them into a single people who, the moment they bear witness to My Instruction through their deeds, cause the hearts of men to beat more

strongly as they recognize the force of this teaching. A struggle will arise in My name against the unbelievers and the persecutors; the battle will be great, and your name will often be on the lips of those who condemn you in their writings as the cause of scandals and slander.

54. I am foretelling these trials to you so that you will not be taken by surprise when they occur. But I also tell you that this will happen precisely when I reveal My force, My mercy, and My justice among this people.

55. All My hosts will prepare for battle; all My servants will obey My voice and bear witness to Me.

56. Not only will this people here bear witness in the decisive hour: the forces of nature will, as always, "speak" and represent divine justice; the "Spiritual World" will be present and tear away the blindfold of ignorance from this materialistic humanity—from those people who claim to walk in the way of Christ according to their longing for eternity, and yet insist on keeping their eyes, ears, and minds closed to every call and every manifestation of spiritual life.

57. It was precisely that Christ whom they believe they are following and understanding who opened the door granting access to other worlds and planes of existence—He who dispelled the confusion of the souls who try to live by taking possession of foreign bodies — the same One who, in the final hour of His mission through Jesus, made Himself felt in those souls who were sleeping the sleep of death in their graves, causing them to rise up toward the light of life. Yet, so that people might give credence to these manifestations, I permitted those beings to make themselves visible to their loved ones.

58. I opened that door; I alone could do so, for Christ, through His love, is the bond that unites all worlds.

59. You shall belong to My legions of light, to My hosts of peace, to those who pray for the world; and truly, I tell you, the tears of your eyes, shed for the sake of others' pain, will unite with your Father's balm to fall like dewdrops upon the sorrowful hearts.

60. The true healing balm, people—the one that heals all illnesses—springs from love.

61. Love with the Spirit, love with the heart and with the mind, and then you will have sufficient force not only to heal the illnesses of the body or to comfort in small human hardships, but also to clarify the spiritual mysteries, the great anxieties of the soul, its disturbances, and pangs of conscience.

62. That balm resolves the great trials, kindles the light, soothes the torment, and melts the chains that bind.

63. The person abandoned by science will return to health and life upon contact with this balm; the soul that has strayed will return at the loving word of the brother who calls it.

64. When this time reaches its climax, people will be surrounded on all sides by spiritual forces; there will be manifestations, events, and signs never before seen. The proud scientists will be speechless, and there will be occasions when, convinced of their own wretchedness, they will weep out of helplessness.

65. People will turn their eyes to Christ, and when they reflect on His works, they will finally realize that He who accomplished so many extraordinary works in the Second Era is the same One who has now returned, is present, and bears witness to His force.

66. I want you to enter into a life of spiritualization, that there be self-discipline and contentment, that there be prayer and acts of love. In this way, you will become sensitive to every spiritual event. Then what is invisible to many may become visible to you. Only in this way will you be able to explain the reason for all that is happening—for which people cannot find a solution.

67. I want the preparation of My disciples and their understanding of the mission entrusted to them to be so great that, on their path and solely through their influence, they may liberate those beings who are invisible, hidden, and unknown among humanity, and who lead an existence of confusion and pain unknown to mankind.

68. Strive according to your union, O people. If you do not achieve this—how then could the beings of light from that higher world be reflected through you, if this is necessary to convey their message to humanity?

69. I have taught you to pray and ask on behalf of others, but I also hear you when you pray for yourselves, and I accept that prayer. Yet I tell you that the time when I granted your requests—because you were still immature—is over. Now I want you to act as disciples, offering Me your spirit soul and your heart in prayer, but allowing Me to read within them and carry out My will.

70. My wise Word, wrapped in the love of a most patient Master, has led you step by step to an understanding of the greatness that Spiritualism contains, and has allowed you to glimpse the vast spiritual horizon that begins in the human realm and merges with the heavenly.

My peace be with you!

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1. People: Your desire to reap the fruits of your sowing is noble. Yet I tell you that you must have patience, that you must not long to know the result of your works immediately, for this would mean shortening the time until the harvest and thereby contenting yourselves with cutting the fruits while they are still unripe.

2. The unfolding of this work does not happen in an instant; it requires a long time. Therefore, let each one understand the part that falls to him to do in this spiritual field, and thereafter let him entrust his work to those who come according to you, so that they may assist you by continuing the cultivation of the field that you have begun. According to them, others will come, and according to them, still others. Thus, you do not know who is destined to reap the harvest of faith and conversion to spiritualization.

3. Those who witness the bearing of fruit will know that this is not merely the merit of those who came last, but that it was a labor in which the merits, efforts, and sacrifices of those who came first, second, and third were united to bring to victory a spiritual work entrusted to all by the Master.

4. Know that a single generation is not capable of accomplishing the entire work, and know also that now is not the time of the harvest.

5. How could you make My Word understandable if you do not follow it? If it has taken you so long to understand My Word, to believe in it, and to train your rebellious body for the fulfillment of a mission—how then can you demand that the transformation of the world happen immediately?

6. Nor should you believe that you are working alone in this endeavor, for you do not yet have sufficient strength to accomplish works of such great spiritual significance. You must know that there are beings who show you the path you must follow and who show you the way and the places to which you must carry the seed.

These trailblazers are your brothers and sisters from other worlds, from other homelands, from which they watch over your steps and blaze a trail for you. For they, too, are workers for peace, love, and brotherhood. They are souls of greater purity than your own, of greater knowledge and greater experience, from whom you have nothing evil to fear. They are the ones who will not let you come to a standstill—those who stir restlessness in your hearts when you neglect the seed.

7. You are not alone, nor will you ever be left to your own devices.

8. Trust in this work; behold its greatness. Recognize that it is not a work born of human reason, that it is not a new worldview of this

humanity, but an eternal light that has always illuminated the path of the human soul, and in whose truth every imperfection, every impurity, and every sin will fade away.

9. From My truth I have fashioned a teaching imbued with love, justice, and wisdom, through which I will prove its force to you by converting and transforming those who have strayed from the right path for a short time.

10. Why condemn a human being to destruction or eternal torment, when his sin is only temporary and the result of his ignorance? Why condemn a being who bears My own divine nature within himself?

11. If, for a moment or for a longer period, it has had an inclination toward the material world and a tendency toward evil, then when the moment of clarity comes—in which I allow My grace to reach its heart—it will respond to it and thereby reveal that God is in every soul.

12. This is the nature that human beings must seek within themselves—the essence they have lost and have often sought in vain. To this end, I have revealed to you all the abilities you possess so that you may find yourselves—to teach you to discover your soul, to truly know yourselves, without getting caught up in the contemplation of the external, the physical form.

13. Learn to seek the spiritual, disciples, and you will also free yourselves from the fanaticism of outward worship.

14. Then you will realize that it is not the meeting hall, nor the symbol, nor the ritual that contains the greatness of the spiritual work, but rather its eternal meaning and its ultimate goal, full of justice.

15. Do not attempt to limit this work, which is universal and infinite, nor to set limits on your spiritual development, for the more you immerse yourselves in the path of good works and study, the greater the revelations you will receive. You will see the divine work emerging from the most inconspicuous things; you will see it manifested in all creation; you will feel it pulsing within your very being.

16. This is the simplicity with which I teach the spiritualist disciple, so that he, too, may be simple like his Master. The disciple shall convince and convert through the truth of his words and the power of his deeds, without seeking to impress anyone through mysterious powers or extraordinary abilities.

17. The true disciple will be great through his simplicity. He will understand his Master and, at the same time, make himself understood by his fellow human beings.

18. Life is a vast ocean where everyone sails in their own boat. Yet while some seek ways and means to steer it into a safe harbor, others capsize due to a lack of purpose or experience.

19. I have once again brought you My teaching. I want you to remember that within it lies the harbor of salvation. Why would I give you vague instructions, ambiguous words, or revelations of limited depth? If that were the case, I would be exposing you to the danger of falling into a new form of fanaticism, even though you live in a time when your conscience gives you no peace—especially when you try to veil the true fulfillment of the Law of Mercy and Love that I have taught you with deceptions.

20. Hear Me, people; listen, disciples: I am now giving you the light and freeing you from chains, bonds, and darkness. Yet I do not authorize you to turn this work into yet another religion, nor to fill it, as is your custom, with images and rituals—no! Understand exactly what the freedom I bring you consists of, so that you do not replace it with a new fanaticism.

21. Have you not yet realized that your mind—and with it, your soul—had been held back in its development? Do you not remember the flood of false fears and prejudices inherited from your ancestors, from which I have freed you so that you may see the truth unobscured and receive the light?

22. If you do not prepare yourselves, if your impurities continue to manifest within you, your light will remain locked away behind your materialism, hidden from view, and you will present yourselves to your fellow human beings as ignorant—like those who know nothing of this great revelation.

23. Always see first the "log" in *your* own eye, disciples, so that you may have the right to look at the "splinter" in your brother's eye.

24. By this I wish to tell you that you should not use My teaching to condemn the actions of your fellow human beings within their various denominations. Truly, I tell you, on all those paths there are hearts that seek Me through a noble life strewn with sacrifices. Nevertheless, the disciple asks Me again and again why I permit that diversity of worldviews, which at times contradict one another, create differences, and provoke hostilities among people. To this, the Master says to you: It has been permitted because there are no two souls who have exactly the same understanding, the same light, or the same faith, and because, moreover, you have been given free will to choose your own path. You have never been forced to walk the path of the Law, but have been invited to do so,

thereby retaining the freedom to earn true merit in your quest according to the truth.

25. Likewise, beloved disciples, you should know that your task is to unite, to be in harmony, to reach out, and to share your abilities and gifts with anyone who might need you, your healing power, your word, or your help.

26. Truly, I tell you, if pride takes root in your hearts, you will not be spiritualists. The enlightened soul cannot be satisfied by those petty vanities that flatter only the selfish heart.

27. It is not the apparent fulfillment of a mission that makes the disciples great in My eyes, even if they appear to their brothers to be the most zealous, the most fervent, and the most persistent.

28. The purest, the most sincere work—and therefore the work that lifts you closest to Me—is that which you perform in silence, even if your fellow human beings are unaware of it.

29. "Let not your right hand know what your left hand is doing," I told My disciples in that Second Era. Therefore, I say to you today, now that the light of My Spirit explains everything: Be humble without hypocrisy; weep genuinely for the pain of others, and rejoice genuinely in the good that your fellow human beings enjoy. Only those who feel My teaching in this way will be ready to give their lives for their neighbors.

30. People: If it was your destiny to prepare the farmland and begin sowing it, and if others were to be the ones to reap the harvest, then accept this. For it is not only you who have the right to enjoy the joys of working in your Father's fields, but all your brothers and sisters as well.

31. I am the Way, and you are the travelers coming along it.

32. Once you reach the summit of the mountain, you will turn your eyes back and see all that your soul has gone through, and you will give thanks to the Father.

33. The path is long. Who can say that they have already gone through everything, that they know all the mysteries, and that they have penetrated everything that lies beyond what they see and hear?

34. It is not that the Master looks down on your work or fails to recognize what you have achieved on the path—no, people. I am the first to appreciate your merits. If it were not so, there would be no justice in Me.

When I speak to you in this way, it is because I want you to understand that, although you have a great capacity to reach your limits in both the human and the spiritual realms, you still lack much—that the more you

seek in the Infinite what exists beyond your physical senses, the more areas of learning you will discover that need to be recognized and learned.

35. Just as I have entrusted to you a nature that lies within the scope of your intellect so that you may explore it, I have revealed to you the existence of a world that lies beyond this nature so that you may enter into it through the soul. I have allowed you to research and investigate so that you may come to know spiritual life. Yet I tell you that you should not limit yourselves to the little you know to this day. Be eager to learn; train yourselves to enter that infinite world; work diligently so that at the end of your day's work you may exclaim with satisfaction: "We have fulfilled our mission."

36. My teaching does not allow the soul to stand still, nor does it hinder human development—on the contrary, it frees people from fears and prejudices and enables them to see the path of light that awaits them.

37. Consider this humanity, which gives the impression of having reached the pinnacle of its science and research, yet in reality stands only at the beginning of the science it will attain tomorrow when it adds the ideal of brotherhood to its thirst for knowledge.

38. Today, people are living through an era of confusion because they have not understood that their entire lives and all their efforts are meant to lead them to the development of their Spirit, the goal of which is to establish a dialogue between their Spirit and that of the Creator.

39. The creed to which the majority of people adhere today is materialism.

40. As long as religious doctrines and faiths insist on their differences, the world will continue to nurture its hatred and will be unable to take the decisive step toward true worship of God. But when will people understand one another and unite, thus taking the first step toward love for one another, if there are still those who, according to their belief, possess the key or the secret to the salvation of souls and the keys to eternal life, refuse to acknowledge all those who follow other paths because, according to their view, they are unworthy of coming to God?

41. Therefore, be aware of the true goal of Spiritualism, whose teaching stands *above* every denomination, every human ideology, and every sect.

42. Study the meaning of this message, which contains the Law of God, and you will realize that it applies to all people, all nations, and all circumstances in which you may find yourselves.

43. See how, in the face of the truth of this Instruction, differences, alienations, animosities, and resistances vanish, for in its light you all

appear equal, in the face of its love you are all brothers and sisters, and in the face of its justice you are all imperfect.

44. This Word comes from Me; it is the source of life, the Alpha and the Omega, the beginning and the end. Therefore, in order to overcome their ignorance, people will have to leave behind their conventions and religious fanaticism and come to Me, who am the Spirit—not through the forms of worship that each has sought to offer Me. Yet when they reach the true Source, I will receive them all, remove their pain, free them from their heavy burden, and reconcile them with one another.

45. Consider this: If you could all understand your role in this life, humanity would have already renounced selfishness, and if every single person understood their origin and their purpose, they would relate all their actions to the purpose for which they were created.

46. There is no longer any need for the many religions in the world; you have now all reached the point of uniting in a single faith and a single form of worship. Only through the unity of thought and spiritual connection will you be able to find the light that leads you to progress, harmony, and peace.

47. You will now see that no religion will achieve peace among people or their spiritual freedom. Instead, you will witness how My Divine Message—which reaches some through scriptures and others through inspiration—will bring about the salvation, unity, and spiritualization of humanity.

48. Spiritualism creates no inequalities; Spiritualism is the teaching that humanity needs and unconsciously longs for. For it is the peace, the love, the justice, and the light for which people hunger.

49. Do you, who hear these words, think that I could sow in your hearts aversion or ill will toward *those* of your fellow human beings who profess other faiths? Never, disciples; it is *you* who must begin to set an example of brotherhood and harmony by regarding and loving everyone with the same affection with which you regard those who share your way of thinking.

50. All religious communities will have to take this step. They will have to be inspired by the longing to love one another in an act of love for their Father, whom they all claim to worship.

51. Do not be afraid if people call you misguided—reach out to everyone. Bear in mind that this work, which is true for you, may appear false to others because, in their eyes, it lacks *the* consecration that religions have received in order to be recognized.

52. If you believe in Me, if you believe that I reveal Myself through the words of these messengers, then do not fear the judgment of your fellow human beings. For My teaching is so eloquent, and My message contains so many truths, that if you know how to use these weapons well, you can hardly be defeated.

53. No one will be able to condemn you for zealously seeking the truth, the Perfect One. You all have a sacred right to do so, and for this purpose you have been given the freedom to strive toward the light.

54. People, you have long eaten and drunk at My table. If you still feel spiritual hunger, it is unjustified, for food has been offered to you day after day. I thirst for your love, yet what do you give Me to drink? The gall and vinegar of your strife and your lack of understanding!

55. On this day of grace, I say to you: Let my divine radiance penetrate your hearts, so that you may feel my presence and transform your lives.

56. Although I have come as a Judge, the truth is that when you seek the Word of the Judge, you must necessarily find yourselves in the presence of the Father—that Father who loves you and who therefore reveals Himself in so many ways so that you may come to know Him better.

57. I know that the greater your understanding becomes, the greater your love for Me will be.

58. When I say to you, "Love Me"—do you know what I mean by that? Love the truth, love what is good, love the light, love one another, love True Life.

59. Learn to love Me; recognize how My love follows you everywhere, despite your transgressions and sins, without you being able to escape its influence or evade it. Recognize this: the graver your transgressions, the greater My mercy toward you.

60. Human wickedness seeks to repel My love, but it cannot prevail against it, for love is the universal force, the divine force that creates all things and moves all things.

61. The proof of everything I tell you is what I gave you when I revealed Myself among you in this time, when humanity has lost its way in the abyss of its sin. My love cannot feel revulsion toward human sin, but only compassion.

62. Recognize Me; come to Me to wash away your stains in the crystal-clear spring of My mercy. Ask, ask, and it will be given to you.

63. What can you present before Me—whether in your heart or in your soul—that I do not see? What suffering, what longings, worries, or secrets could you hide from Me? None. Therefore, learn to pray spiritually, to

confess yourselves inwardly before Me, to trust in My foreknowledge and My mercy, so that you may allow that peace to flow into your heart, which it so sorely lacks.

64. I have told you that prayer is the language of the soul, through which your heart speaks to Me, laments, pleads with Me, weeps, and is strengthened. But sometimes, when your being is filled with joy or feels flooded with peace, prayer becomes a spiritual hymn that rises to the heights of My Kingdom.

65. Trust in Me, people; trust in Me, humanity, convinced that there is no person, no people, no law on earth to whom you can entrust your salvation. Come to Me, seek Me, seek the truth, and one day you will all be united in a single "tale," under one and the same light.

66. People, nations, races, and peoples—all of them will have to heed the divine call when the human Spirit, weary of its captivity on earth, rises up, breaks the chains of materialism, and utters the jubilant cry of spiritual liberation.

67. Today, the fulfillment of My Word may seem very distant to you, as may the moral and spiritual transformation of humanity. Yet it is up to you to pave the way and fulfill the part that falls to you. If you do not do so, you have no right to judge the fulfillment of My Word.

68. A time will come when humanity's desire to elevate its soul will be so fervent that it will employ every means at its disposal to transform this valley of tears into a world where harmony reigns; that it will accomplish the "impossible"; that it will go so far as to make sacrifices and exert superhuman effort to prevent wars.

69. It will be those people who will elevate this world, who will remove the cup of suffering from human life, who will rebuild everything that past generations have destroyed in their blind pursuit of power, in their materialism, and in their recklessness. They will be the ones who watch over true worship of Me—that reverence free from fanaticism or outward and useless ritual acts. They will strive to make humanity understand that harmony between human laws and spiritual laws, and the fulfillment of both, is the best worship that people can offer to God.

70. Do you not wish to be among them? Do you not wish for your children to be among those people of noble spirit? You can fulfill this longing. It is up to you to pave the way for those whom I have entrusted to your guidance and care, so that when the hour comes to begin the decisive battle of the Spirit against the dominion of matter, they may unite, conscious of their mission, strong in their faith, and filled with the knowledge imparted by My Word, forming a single body, a single people, a

single Spirit that, on its path, tears down walls and overcomes obstacles, just as Israel did when it sought the Promised Land.

71. I know: If you leave your children behind without having prepared them sufficiently, your soul, from the beyond, will weep for the fate of those left behind on Earth, for it will see them succumbing, unable to defend themselves against the invasion of misfortunes and plagues that will come to scourge the peoples of the Earth.

72. Can you imagine the atonement and the pain of the soul that, upon arriving in the Spiritual World, instead of reaping sweet fruits, finds only thornbushes and stinging nettles?

73. This is what you must avoid in time—now that you have in abundance the light of the Instruction I am imparting to you for the salvation of all humanity.

My peace be with you!

Instruction 298

1. Heal all suffering, both of the body and of the soul, for it is your task to comfort, strengthen, and heal your neighbors. But I ask you: How could you bring health to those in need if you yourselves were sick? What peace could flow from your soul if it were troubled by worries, suffering, pangs of conscience, and base passions?

2. You will be able to offer your fellow human beings only what you have accumulated in your hearts.

3. Today you must gather as much as possible of the blessings I am distributing among this people, and learn to preserve them amid hostility and adversity, so that when the time comes to fulfill your mission, you may be victorious in the struggle. Peace, light, and healing balm will form a single body with your being—in such a way that you will not only heal the sick by the laying on of hands, but you will also convey health, peace, and strength through your words, your thoughts, and your gaze; and in many cases, your mere presence will radiate these powers.

4. But do not think that it will be enough for you to know that I have granted you these gifts. No—you must also know that you need the force to manifest them, and it is essential that you attain this force through faith in Me, through acts of love toward your neighbors, through purity of feelings, and through selflessness. Whoever does not act according to these principles—even if blessed by Me—will pass on nothing good. For these gifts blossom and multiply only through noble, pure, and uplifting feelings.

5. It is true that there are many who, despite their lack of preparation, leave a trail of miracles in their wake. But it is not they who perform them—it is I, because I have compassion for the afflicted, the sick, the spiritual poor, and people of good faith. Yet then those “workers” take credit for *My* miracles as their own.

6. There are other cases in which the one who has not yet been made capable of what I have entrusted to him does not know how to prepare himself. But his faith is great, and he feels compassion for his neighbor. I grant him the ability to perform miracles to encourage him in his work, so that he may persevere and perfect himself.

7. To say that I take away the gifts from one who does not make good use of them is a mistake. But the one who does not use them for the purposes I have indicated to him immediately loses the force to apply them.

8. How could I deprive people of their spiritual gifts, since these are the very means by which they attain their salvation and their only weapons for

self-defense? If My justice were to act as you believe, I would have already deprived many people of the light of their conscience, and I would have withheld intelligence from many minds. But I tell you once again that I do not withhold these gifts from people, for it is precisely through these qualities that they must redeem themselves and rise to perfection.

You tell Me that some lose their minds, and some lose their lives or some ability before their time. Certainly, but it is not I who take away from them what already belongs to them. It is they themselves who, through weakness, folly, and delusion, deprive themselves of what their Father has given them as an inheritance.

9. Is not My hand, which loves justice, present in all of this?

10. But if you observe even a little the way in which I apply My perfect justice, you will be convinced that it is My love that manifests itself in each of these cases, restoring light to some, peace to others, and life to still others—though I also tell you that, in order to regain what they have lost, they must first undergo a great purification.

11. I will speak to you about everything in this message, for not a single chapter may be missing from My teaching. I will instruct you on everything so that tomorrow you will have no doubts, no uncertainties.

12. I wish to make of you a people who are conscious of their destiny, who are aware of their mission, and who are prepared to sow and spread with complete sincerity and purity this blessed seed that I have sown in your hearts for the blessing and spiritual progress of humanity.

13. Therefore, when I began My teaching today, the first thing I told you was that you should come to Me today to be healed and strengthened. For what is in your hearts is what you will pass on to your fellow human beings.

14. Never rely on the fact that, despite your imperfections and your lack of preparation, I will pour out My mercy upon the needy who seek you out. For I tell you even now that, even if you can conceal evil here in the world from Me, when your judgment comes, only your merits will be able to spare you from a painful atonement.

15. Do you understand what this Instruction has explained to you? Then never forget it!

16. Beloved people: I have manifested Myself along the path of your life, have tested you in various ways, and have seen that you love Me. You have stumbled over the boulders on the path, but you have drawn upon your faith and have risen again.

17. My teaching saves you, and My Word uplifts you, because you have faith in My presence and in My revelation through the mind of these messengers.

18. Your soul has had the satisfaction of discovering within your body the sensitivity that enabled you to recognize My presence in this revelation.

19. How many are there who, through the scriptures of bygone times, know the prophecies that foretold this era? And yet—if they were to witness My rallies, they would not believe them, nor would they perceive them as the fulfillment of those promises! These are the ones who have not reached the level of development that would allow them to recognize this light.

How many, on the other hand, of those who today would give their lives to bear witness that it is I who am revealing Myself to humanity at this time, were not even aware that there are prophecies speaking of these events. The reason for this is that their souls were already prepared and ready to receive the light.

20. Prophets, enlightened ones, and seers perceived My coming in the Spirit; they beheld the book that opened to pour out its contents upon the mind of humankind; they confirmed the presence of the spiritual world among humankind. They saw the new mountain where the Lord would come to unite His people. But truly, I tell you, just as you have come here and felt My presence, so will one people according to the order of appearance and one person according to the order of appearance come, as soon as the predetermined time for each one's awakening has come.

21. Do not think that I will reveal Myself in every nation and among every people on earth in the form that I have granted you. But in My infinite power and wisdom, I will know how to knock at the doors of all hearts.

22. I must tell you that you must spread and make known throughout the entire globe this spiritual seed that I have entrusted to you during this time.

23. The time of My revelation has been the time of preparation for this people. The instruction has been long and thorough—so long that I have seen some generations depart from this earth and others come to replace them. This was necessary so that the seed might sprout, mature, and bear fruit.

24. The instruction is now drawing to a close; therefore, take note that in every teaching I reveal to you the course of action you must follow in the future.

25. My work has a great ultimate goal, and it is My Word that leads you to that goal.

26. I know that you will still shed tears, even though you are among the ranks of the people who have heard My voice. You will lament your division, for the trials will find you weak. Then it will be the pain and the blows dealt by the world that will cause you to relinquish the banner of peace, unity, and goodwill—which I have spoken to you about since the very first days of My rallies to you.

27. Blessed are you if, upon hearing these words, you forestall the pain and unite in brotherhood. I see the pain and sorrow in those who have dreamed of the brotherhood of this people and have yet to see any sign of unity. It is they who say to Me in silence: "Lord, may it be Your love that unites us. Grant us a little more time to fight for our salvation."

28. Others ask Me, "Master, why must the heart be purified, and why is there suffering even though we hear Your Word?" But I say to you, people: you are still not pure of every blemish, nor are you free from pain. There are strings within your being that have not yet been tested, and it is necessary to test them so that the spirit soul and the heart may gain strength.

29. If, simply by the fact that you hear Me, you were to cease feeling any pain—would you then strive in your lives to purify yourselves and draw closer to Me? Truly, I tell you, you would then do nothing more to improve your spiritual and moral condition.

30. Know, disciples, that the goal of your struggle is that state of soul which is no longer touched by pain, and this goal is attained through merits, struggles, trials, sacrifices, and renunciations.

31. Take note of those examples of patience, faith, humility, and resignation that you sometimes discover in some of your fellow human beings. They are souls sent by Me to set an example of virtue among humanity. According to their faith, they know that they have come to fulfill a mission.

32. You have received great examples of My messengers and disciples throughout your history—names that are familiar to you; but do not, for that reason, overlook the humble examples you encounter along your life's journey.

33. Often you perform acts of great nobility that reach the Father as a tribute, that are worthy of His remembrance, and that serve as examples to those around you. You do not always become aware of the value of that work or the merit of that deed, and this is for the best, so that the heart does not become proud of its merits, for then the seed is spoiled. But the

soul nevertheless knows the value of its works. If this were not so—how often would it then waste its time on mediocre works, believing itself to be engaged in noble and useful deeds?

34. Disciples, you have become steadfast in suffering, but now you must develop upward through spiritualization. It does not matter that human life, with its hardships, worries, and temptations, holds you captive. This captivity is only apparent if you know how to discover the way to set yourselves free. But what is the nature of this method for granting the soul expansion and freedom? Through prayer, reflection on My work, engagement in noble deeds, and rising above misfortunes.

35. Whoever achieves this will have entered a world of light and peace, without neglecting to fulfill their duty in the material world.

36. This is the path I have laid out for you so that you may escape materialism, earthly hardships, pain, temptations, and vices.

37. I invite you to prayer, meditation, and good works, so that through spiritualization you may reach the realms where you will quench your thirst with the water of truth, and where you will be bathed in the light of your Father. Only there will you be able to find inspiration for the faithful fulfillment of your duties—both spiritual and human.

38. As long as you must live on earth, do so in the best way possible. But do not show your rejection when the cup of suffering pours its contents into your heart by declaring that you no longer wish to live in this world. The earth is the “valley” where the soul is purified and where one earns merits to take up residence in a higher home. If only you knew how much it costs your soul to dwell there.

39. It is necessary for *you* to pave the way for future generations and prepare the abode for those who will come to continue your work. Yet if you fail to fulfill the part that falls to you, they will have to do what you did not do, and what is then commanded of them, they will have to leave to others. Do you think that in this way you are fulfilling the will of your Father?

40. When you set out on this path, you received on your lips the fruit of earlier generations. This was the gift they left you as an inheritance. Do you not think that, in the same way, you should leave something prepared for those who will soon come to replace you?

41. Awake, people! The Hereafter is watching your steps upon Earth! These worlds know your deeds! When they see this humanity sinking into a sea of hostilities and passions, they are shaken and pray for you.

42. Take heart; you are not forsaken. Trust in your Father and have faith in those who love you and protect you from the spiritual realm.

43. If, during the time in which I am giving you My Instruction, you truly devote yourselves to My work—truly, I tell you, this time will be sufficient for you to be prepared to take a firm step toward the new era that lies ahead.

44. I have designated these last three years of My revelation to represent those years in which I preached My teaching during the Second Era. Thus, you will be able to better understand the love, the willpower, and the devotion of the disciples who followed Me at that time, since a short time was enough for them to become disciples of the Divine Master, apostles of the Truth.

45. There were twelve chosen ones at that time who were to follow Me directly, and of the twelve, only one fell at the hour of trial as My departure drew near.

46. Today I have seated a great number of disciples at My table so that, by listening to Me constantly and following My Instructions step by step, they may reach the end of this time of revelation as the strong—strong enough not to betray their Master, nor to betray themselves.

47. "Watch and pray," I say to you, My people, just as I said to My disciples when the hour had come. Be watchful, for the body is weak and can betray the soul in a moment of weakness, and I do not want you to have to shed bitter tears later—whether as human beings or as spiritual beings—because of a moment of confusion or weakness.

48. Do not think that the consequences of disobedience are immediately apparent—no. What I am telling you, however, is this: sooner or later you will have to answer for your deeds; even if it sometimes seemed to you that your transgression had no consequences, given that time passed and My justice gave no sign of itself. But you already know through My Word that I am relentless as a Judge, and that when your judgment comes, you will open your eyes to the light of conscience.

49. Let no one bring this judgment upon themselves; let no one desire this cup of pain, fear, remorse, and despair, for your soul will suffer in ways you cannot imagine when your conscience ceaselessly calls you "disobedient," "traitor," "ungrateful one"—after having been called by her Master "beloved disciple," "darling," and "heir to My Kingdom."

50. If I did not know that you are still capable of error, disobedience, or belittlement, I would not speak to you in this way. But I am aware of your weakness, and it is necessary for Me to shake you awake. Yet why have you not yet attained full understanding of the way in which you must

interpret each of My instructions, even though you have nearly reached the end of My rally? Because you have become so accustomed to My Word that you consider it forever insignificant, and yourselves, by contrast, forever more significant.

51. I speak to you for your own good, for no human error can harm My Spirit or My work in any way. You, however, will very well be able to cause yourselves much harm through your mistakes, and I want you to spare yourselves this harm.

52. You know how, in the Second Era, a moment of weakness on the part of one of My disciples caused so much pain not only to his Master but also to his brothers and to all who loved Me—for from that moment on, everything changed for those who followed Me. The Master was torn from the arms of the disciples; the words of love that so often flowed from His lips came to an end. That blessed body, through which they felt the presence of God in the world, vanished. They felt that the shadows of pain and abandonment surrounded their lives. Yet it was not only they who wept over that sacrificial death; all of humanity throughout the ages mourned it.

53. Now I ask you: Do you believe that the mistake of that traitorous disciple prevented My work from being completed? Do you believe that that transgression altered what I had ordained? — Not in the least. My work, My truth, and My mission were fulfilled with the utmost perfection, just as all the circumstances of life that were intended to bring those disciples face to face with their Lord had to come to pass. For the divine Will can never be subject to human actions. It is carried out regardless of human sin and always will be.

54. Recognize that I am preparing all of you for the Day of Trial, which is drawing near. Yet I tell you that a single conscientious and prepared messenger would suffice for Me to convey My final words, to use them to seal the truth that I have revealed to you over so many years and through so many messengers.

55. Recognize, Israel, how small is the flock that settles beneath the Tree of Life. Some have not understood My divine Instruction; others have been overtaken by temptation along their paths. Yet as a Father, I give you sound counsel, and as a Master, I instruct you.

56. You must engrave this Instruction upon your hearts so that you may follow in My footsteps, so that you may give light to the blind, so that the deaf may hear the call of My love, so that the lame may walk and follow Me, so that humanity may behold the light of midday.

57. I am currently preparing people to free them from every sin. My light illuminates their hearts so that they may practice love toward one another.

58. From the moment Elijah led you to the fold, you have been prepared to attain the spiritualization and ascent of your soul. You came to Me and said, “Lord, let Your will be done in me.”

I gave you new garments, removed the rags you offered Me, and adorned your soul with a pure robe. I placed in your soul the sign of My chosen people, Israel, and told you: “These are the ranks to which you belong, so that you may show submission and obedience to My mission.” And you said to Me: “Father, let Your will be done in me.”

59. Yes, My children, I have enlightened you so that you may not be ignorant, so that you may practice My Instruction with strength, so that you may grant Me shelter in your hearts and separate yourselves from evil, so that you may feel the pain of those who blindly walk their path of materialism. I have given you the spiritual balm so that you may heal them and give them new life, so that you may lead them to Me.

60. I have come in this time to give life to the “dead,” to save humanity and snatch it from its abysses, to present, from the first page to the present one, the Instruction I have given it throughout the ages. Here is My love, My infinite wisdom. Whoever wishes to understand Me must live in Me. Whoever wishes to love Me must be with Me and must follow the path of spiritualization so that pain no longer overwhelms him and he no longer feels alone.

61. This is your mission, Israel. Prepare yourselves, for you must be My disciples; you must listen to your Master with your full attention. For each of you must be like an open book tomorrow, in which people may study and fathom My Word.

62. The fulfillment of your mission is not limited to the four walls of a meeting hall. No, Israel, My penetrating gaze watches over each of your deeds, and if you wish to stray from the path for a short time, I will allow it, because you have free will. But I tell you: In your disobedience, you will encounter pain at every turn. Yet when you repent, I will say to you: Return to Me, for I await you to offer you comfort.

63. Everyone who wishes to come to the Father must free themselves from their pride, their vanity, and every flaw that My penetrating gaze sees.

64. It has pleased Me to make use of the humble and the ignorant. My love has worked upon his heart. I have entrusted My law to him, have let him feel My presence, and have told him: “Go and spread the call to your

fellow human beings; lead them to Me, for I will give them everything they need for their spiritual ascent."

That is why I have told you that your mission is great and difficult. You must understand much and work hard on your spiritual path. Yet you are not poor; you are rich, because you have Me, because you have heard and felt Me, because I have encouraged you and told you: "Do not worry, for My mercy will always be with you."

To every "worker" I have given a piece of land so that he may cultivate it and reap good fruit. But if the fruit is bitter, I will not accept it. The worker will have to cultivate his land once more until he reaps fruit that tastes good and is worthy of reaching Me.

65. My work will remain unblemished, and My truth will always be the same.

66. The stains of shame and the desecrations of this people will be wiped away by My justice, and you will see how My will is always done.

67. You now know what I want from you and what you must not do according to My will. Live in harmony with your conscience, and it will always tell you what you must do to

68. I tell you once again that you must stay alert and pray, so that in this time not a single one of you may fall into temptation at the decisive hour. But if anyone should rise up against My will by betraying what I have ordained, and should cause events to take a different course—truly, I tell you, My work will suffer no harm, for it is divine. But those who, at the decisive moment, should proudly disregard My will will feel the consequences of their obstinacy in their very being.

My peace be with you!

Instruction 299

1. Disciple: The Master is with you and gives each of His little children a kiss.

2. I am filled with the spiritual joy with which you commemorate, in these days, that blessed night when “the Word” became flesh to dwell among you.

3. When you unite more closely in brotherly love and show tenderness to the children I have entrusted to you, you will feel the perfect love that your Father has sent you. I opened My treasury and took from it that which must be light and peace for humanity.

4. I would like everyone to feel My presence. If only people, at least during these days of remembrance, knew how to open their hearts and spiritualize them, they could find Me everywhere—on the path of every creature, within families, and in the places where pain dwells. But I must still wait; not everyone is able to feel Me in their hearts. Nevertheless, I leave a gift of love on the path of each of My children.

5. I can reveal Myself to people in an infinite number of forms. Even when I let *you* hear My Word through a human voice, I speak to others in their Spirit.

6. On this day, when people commemorate that dawn when the Messiah, as a little child, began His journey on earth, I wish for all humanity to feel My spiritual presence. I wish for children to rejoice in Me, for the youth to pause for a moment to remember the One who became human out of love to save you, and for the adults who shed tears as they reflect on these events and recall the happy days of their childhood to feel My peace in their hearts.

7. Joy and sorrow will alternate as you think of the mother’s lap that rocked you, of your parents’ love and tenderness, of your happy but brief childhood, and then of all that you have lost according to your progress in this world: your parents, your childhood, your joys, your innocence.

8. You will have to remember that many hearts have grown too cold to love Me and to love their loved ones in this world.

9. Pray at this moment, beloved people, and bring about that those who have forgotten you may remember you, that those who have flown to the “ ” may draw near to your hearts, so that all may be united on this day of love.

10. It is not only people who joyfully commemorate the day when the miracle occurred on earth that “the Word” of God became man. The Spiritual World, too, shares in this joy as it contemplates the divine works of the Lord.

11. You are the ones who, during this time on this planet, have experienced the clearest manifestation of My coming, My presence, and My Word. My voice, made human through the voice-bearer, has kindled the light in your souls, has elucidated mysteries, has revealed new knowledge about the spiritual realm, and has performed miracles among those who have heard it. Therefore, you are called “Disciples of the Third Era,” and the Father always expects the most spiritual worship from you.

12. You are now gradually coming to understand the meaning of my teaching, and when you try to remember my time on earth, you do so without rituals, without ceremonies, and without worldly celebrations. You allow your joy to be an inner one, and when you express it, you do so by engaging your soul and your heart in listening to my words and in putting into practice the teaching they provide.

13. O blessed and beloved people: Keep these sacred memories in your heart; let them be the path and the light for your life. When you see that people, during these commemorations, cross the boundaries of respect for the Divine and fall into desecration, forgive them as I forgive them. I will also let My light reach them.

A spiritual upheaval will shake humanity, as foretold, and then people will awaken to return to Me. The paths for this have been paved; extraordinary trials and events will shake the world and will be like calls to judgment, summoning people to renewal.

14. Even today, I teach you to pray with that preparation through which you are able to unite yourselves with the prayers of supplication that rise up to Me from the peoples. I grant you strength of soul so that, in the moment of trial, you may not lose heart or feel lacking in intuition.

15. I give you My Word so that you may speak with true light in your soul, and so that you may know how to conduct yourselves during the trials and severe crises of your life’s journey.

16. I bless you and also tell you that wherever one remembers the Incarnation of the “Word,” wherever one thinks of the birth of Christ, the loving mantle of your Heavenly Mother will be present—She who became a woman so that God might pass through her womb when He became human.

17. Since she understood the Master so deeply, it had to be she who became the human mother to bring Him into the world.

18. She did not come merely to love her “only-begotten Son.” Her divine love is a universal mantle of comfort; her presence at all times is tenderness and intercession. Turn to her, and you will find in her a ladder to heaven that will lead you to Me.

19. My Spirit enters homes, comforts those who weep, and fills all hearts with peace.

20. The spiritual message I bring you this morning is intended to prepare you for the final year of My revelation.

21. I bring you My peace so that you may later bring it to all the peoples of the earth. For peace is the highest goal to which you should aspire.

22. The peace of the soul is a state from which you can understand the light of My wisdom and all that a confused mind, lacking peace, cannot grasp.

23. Human beings need peace in their souls and tranquility in their hearts. But this treasure cannot be gained through violence, nor can it be bought at any price. It is a grace attained through perseverance in doing good.

24. I entrust to you, beloved people, the seed of peace, so that you may spread it throughout the earth. But truly, I tell you, you are not the only ones who will spread this seed. For within other communities—both in this nation and in other countries—there are people who pray for peace, who long for the well-being of their neighbors, and who work diligently to achieve their goal.

25. Blessed are all who eagerly listen to My inspired words in this Third Era, to My spiritual revelations. For as they train people's understanding according to their level of development, they will be able to gather My thoughts and express them in words and deeds among their fellow human beings.

26. Human beings carry within themselves the immortal power of the Spirit and, through their desire for liberation and their longing to evolve to a higher level, will be able to rise above their decadence.

27. Now is a time when humanity recognizes the capacity and force of its intelligence. It need only allow its soul to make full use of this force in order to accomplish the works that the Lord commands in the Book of His teaching.

28. You now know, beloved disciples, that in order for the soul to struggle and express itself without hindrance, humanity must cast off its yokes, eradicate traditions from its heart, and free itself from religious fanaticism, just as all those who have risen up in every corner of the earth have done.

29. For all of you, I have prepared a crossroads on your path where you must meet one another and recognize each other as brothers and sisters in the ideal, in the struggle, and in faith.

30. Truly, I tell you, spiritualists are scattered throughout all parts of the world—mature individuals who will bring about peace for humanity. Yet I tell you that the union among spiritualists throughout the world will not come about through the organization of a new church, for their strength will not be material. Their unity will consist of thought, ideals, and their work, and in this way their power will be invincible, since they have drawn it from the Eternal Source that is in My Spirit.

31. To all of them I inspire My truth and also visit them, so that all impurities may depart from their hearts and minds, for these must not mingle with My light.

32. You all have the duty to ensure that the spiritualist teaching is explained and made clearly recognizable through your spiritual faculties and is not tainted by human philosophies.

33. Even in times past, people have mixed their worldviews, philosophies, and theories into My revelations and Instructions, thereby achieving nothing but dividing and confusing humanity.

34. I want those who have found the path to provide teaching about it in a way that is easy to understand and to make it easy for their fellow human beings, so that they do not pave it with stumbling blocks, as many have done, thereby preventing those who seek Me from coming to Me.

35. To the guardians of ritualism—those who insist on personifying God in forms, objects, and images—I say that if they do not embark on the path of spiritualization, they will, without realizing it, be among those who foster wars among the peoples through their disregard for their fellow human beings.

36. To all of you I say in truth that the God in whom you believe is pure and loves you all equally in His divine love.

37. If I tell you the truth and you should feel offended by it, consider that it is not a mere human being who has told you this, but your Master, who loves you and points out your errors in order to save you.

38. Have you not yet realized that the pursuit of power, fanaticism, and intransigence are like a flood that, once unleashed, you can no longer stop?

39. I do not oppose anyone's religious beliefs if they are based on the truth. However, I do oppose errors wherever they are found.

40. Strive now, all of you, toward the same goal, thereby reconciling and harmonizing your inner lives. Let no one think that he is on a better path than his brother, nor believe that he stands on a higher level than the others. I tell you, at the hour of death, it will be My voice that tells you the truth about the level of your development.

41. There, in that brief moment of enlightenment before the conscience, many receive their reward; but many also see their greatness vanish.

42. Do you wish to save yourselves? Then come to Me on the path of brotherhood. It is the only one; there is no other. It is the one written in My highest commandment, which tells you: “Love one another.”

43. Humanity: In these days when you commemorate the birth of Jesus, let peace enter your hearts and appear as a united and happy family. I know that not all hearts feel sincere joy when they commemorate My coming into the world at that time. Very few are those who take time for reflection and contemplation and allow the joy to be an inner one, and for the feast of remembrance to take place in the Spirit.

44. Today, as in all ages, people have turned these days of remembrance into profane and meaningless celebrations, seeking pleasures for the senses, far removed from what the joys of the Spirit are meant to be.

45. If people would use this day to dedicate it to the Spirit by reflecting on divine love—the irrefutable proof of which was the fact that I became human to live among you—truly, I tell you, your faith would shine forth from the very depths of your being, and it would be the star that would guide you on the path that leads to Me. Your soul would be so imbued with goodness that on your life’s journey you would shower the needy with kindness, comfort, and warmth. You would feel more than just siblings; you would forgive your offenders from the heart. You would feel filled with tenderness at the sight of the outcasts—those children without parents, without shelter, and without love. You would think of the peoples living without peace, where war has destroyed all that is good, noble, and sacred in human life. Then your prayer would rise up to Me in purity, saying: “Lord, what right do we have to peace as long as there are so many of our brothers and sisters who are suffering terribly?”

46. My answer to that would be this: Since you have felt the pain of your fellow human beings and have prayed and shown compassion, gather together in your home, sit down at the table, and rejoice in that blessed hour, for I will be present there. Do not hesitate to be joyful, even though you know that at that very moment there are many who are suffering; for truly, I tell you, if your joy is sincere, a breath of peace and hope will radiate from it, touching those in distress like a wave of love.

47. Let no one think that I wish to extinguish from your hearts the purest feast you celebrate throughout the year when you commemorate the birth of Jesus. I only wish to teach you to give to the world what is due

to it, and to the soul what is due to it; for if you observe so many feasts to celebrate human events—why do you not leave this feast to the soul, so that, having become a child, it may come to offer Me its gift of love, so that it may attain the simplicity of the shepherds to worship Me, and the humility of the Magi, so that it may bow its head and offer its knowledge before the Lord of true wisdom?

48. I do not wish to dampen the joy that surrounds people's lives during these days. It is not merely the force of tradition—it is because My mercy touches you, My light illuminates you, and My love enfolds you like a cloak. Then you feel your heart full of hope, joy, and tenderness, filled with the need to give, to experience, and to love. Yet you do not always allow those feelings and inspirations to find expression in their true generosity and sincerity; for you squander that joy on the pleasures of the world, without allowing the soul—for whose sake the Savior came into the world—to live through that moment, to enter into that light, to be purified, and to be saved. For that Divine Love, which became human, is eternally present on the path of life of every human being, so that he may find life in it.

49. The peace of my Spirit spreads over all people on this night of peace like a mantle of tenderness, and a most loving kiss, emanating from the soul of Mary, likewise reaches each of her children.

50. Look closely, disciples, and you will recognize a gift of love from your God every day on your journey.

51. On this day of grace, as you commemorate the blessed night when the Messiah became human to dwell among you—truly, I tell you, it is not only here that I make Myself present and reveal Myself, but I make Myself felt in various ways among all people.

52. I draw near to children in one way, to young people in another, and to adults yet another. I knock on the doors of every religious community and make My presence known to them according to the light of each community. Yet I leave no one unvisited.

53. This is the most loving remembrance of all that you have of your Master. The hearts of children are filled with joy, and those of the elderly are flooded with peace and hope in the Savior.

54. You who have the grace to hear this Word are among the few who observe this feast without rituals, celebrating it in the purest part of your hearts. In this way, you will not fall into any desecration, for your mind has come to realize that the best remembrance—the one most pleasing to the Lord—is the one you observe when you apply the Master's examples to your life, when you live His teaching.

55. Think of all your fellow human beings; let your soul embrace the entire world. But think of them with love, with mercy, with the desire to bring them peace; and truly, I tell you, your prayers, thoughts, and wishes will not be in vain.

56. I am preparing the way for you for the time when the spiritual awakening of this humanity will begin. Trials, events, and calls will occur along the path of humanity and will speak to them of the coming of the New Age.

57. I have already warned you not to lose heart when you see the clash of worldviews arising between religions and among peoples. Remember also that I have told you this conflict is essential so that unity, harmony, and peace may come among humanity.

58. When the struggle intensifies, you will see people seeking the truth of their own accord, and they will fear neither threats nor condemnations. Then prophets will emerge from among the peoples oppressed by their Lords and rulers. In that time, My teaching will shine in all its splendor, spread throughout the earth through the work of My new disciples.

59. Today, My Word encourages you, while at the same time the trials of your soul strengthen you, so that you may not fear the blows, the insults, and the betrayals.

60. Many of you follow Me according to great bitterness because you have encountered opposition, unbelief, and mockery within your own families. Your loved ones have doubted the gifts that God has given you and the mission He has sent you to carry out.

61. Some have been driven from their homes; others have been forced to emigrate to other countries.

62. I tell you that you have not been the only ones whom their own relatives did not believe. I remind you of the case of Joseph, the son of Jacob, who was sold by his own brothers to some merchants because they recognized that Joseph was a great prophet, and they envied him. But the Lord's mercy covered the young man with His mantle; and after he had been taken as a slave to Egypt, clothed in his faith and perseverance in the law of his forefathers, and with the grace and wisdom of God, he became an advisor, minister, and prophet to that people, standing beside Pharaoh.

63. Joseph's soul was steadfast in virtue; his passage through that nation left a trail of blessings, abundance, prosperity, and peace.

64. Joseph had not forgotten Jacob, his father, whom he loved dearly, nor had he forgotten his brothers, even though they had driven the sting of humiliation into his heart by selling him and betraying the love they had shown him as a child. But at last the moment of divine justice arrived. The

lands of Canaan, where Jacob lived with his sons, had been struck by drought. Misery and hunger had taken hold of those regions, while in Egypt the granaries were overflowing with wheat.

65. Joseph's brothers, whom he had forgotten and whom he believed to be dead, set out for Egypt in search of wheat, without having any idea before whom they would have to appear.

The hour of justice had come—but not to punish or humiliate, but to forgive. What greater justice could there have been for those who had misunderstood and hurt him?

When the magnanimous Joseph revealed himself to his brothers, he showered them with blessings and forgiveness, while they, kneeling, repentant, and moved, recalled the prophecies Joseph had spoken when he was still a child, and marveled as they saw them fulfilled.

66. Have you understood, my children? Then remain steadfast in the days of tribulation; endure your disappointments and your loneliness, for eventually the hour of justice will strike, and you will see those very ones who betrayed and mocked you appear before you, contrite.

67. Will you have the nobility of Joseph to receive and forgive those who have offended you? Imagine that scene in which Joseph stood looking down upon his brothers as they knelt, weeping in repentance. This scene is a reflection of My loving justice. Joseph stood because of his virtue, while his brothers, brought low by their repentance, knelt.

68. I want the seed of Joseph, a son of Israel, to be present among you and to sprout.

69. Jesus, your Master, also had to flee to Egypt when He had barely begun His life on earth. This happened because the people were unable to perceive His arrival, and when there were signs that this child was the Messiah-King promised to that people by the Lord, the people doubted it because He was not clothed in royal robes, and they let their eyes wander in disbelief from the humble manger to the rustic stable, which, according to their opinion, was not a bed or resting place worthy of a king.

70. I had to seek refuge among a people like the Egyptians, since *the* people to whom I had come were unable to provide Me with a safe haven. But this was not the only pain My heart had to endure.

71. When I returned from Egypt and then lived in Nazareth, I was constantly mocked and hurt by expressions of disbelief and envy.

72. I performed miracles there, demonstrated my love for my neighbor and my force—and was misunderstood. Not one of those who knew My life and My works up close believed in Me. Therefore, when the hour of preaching had come, I had to say as I left Nazareth: "Truly, I tell you, no

prophet is accepted in his own country. He must leave it so that his word may be heard."

73. Nor was this the last pain I drank from my cup of suffering. There remained an even greater pain—the one that one of my own had to inflict upon Me, one of those who had eaten at my table and who had once been like a brother to Me—when he sold Me to the enemies of my cause for thirty pieces of silver.

74. I, too, was considered dead, just as Joseph had been by his brothers. But just as that man appeared before the astonished eyes of those who had forgotten him, so, too, did I appear—though as a spiritual being—before the eyes of my astonished disciples, to whom I proved that I was not dead.

75. I am here, in My kingdom, awaiting the arrival of all those who have forgotten Me—all those who have betrayed and mocked Me.

76. Here I am, awaiting everyone to embrace them with infinite love.

77. I speak to you during one of the final morning devotions; the last year of My revelation is already drawing near. Just a few more days, a few more hours, and the year I have announced—and which My people have feared—will begin among you.

78. Will you all be sufficiently prepared to receive in your hearts all that I have planned to pour out upon you?

79. I will offer you My Word; I will present My work before your eyes, and it will be like the resplendent table of a feast.

80. I will be at the center of the table, and upon it will be the finest fruits and the most delicious dishes of the Spirit. The doors of the house will be open so that no one will be kept from the feast.

81. From this table will go forth the new message for the nations, the Good News that awakens humanity—the light that reveals the immortal seed of the Spirit among humankind.

82. The integrity of Abel, the faith of Noah, the obedience of Abraham, the strength of Jacob, the inspiration of David, the wisdom of Solomon, the truthfulness of My prophets, the exaltation of My apostles, and the spiritualization of John will shine forth.

83. People will not have to wear garments like those, nor will they appear outwardly different from the rest; they will not even have to utter My name, " ," because I will scatter the seed of light, truth, knowledge, love, and justice along all the paths of your lives.

84. I give you this Instruction as a spiritual gift. Keep it in your hearts as a reminder of one of the final Instructions your Master gave you on the

occasion of the commemoration you celebrated regarding My birth as a human being.

May My peace be with you!

Instruction 300

1. You feel My presence in the stillness of your hearts and are filled with joy when My Word descends to enlighten you through the light of spiritual knowledge.

2. Refresh your souls, O beloved disciples, for you have wept much on the paths of life.

3. Here I am with you, giving you strength to fight for the eternal peace of your soul. But truly, I tell you, even before humanity came to know Me, I was already enlightening you from infinity and speaking to your hearts. For since I am One with the Father, I have always been in Him. Ages had to pass over humanity before the world received Me in Jesus and heard the Word of God, although I must tell you that not all who heard My teaching at that time possessed the necessary spiritual development to feel the presence of God in Christ. Therefore, I had to choose from among the called those who were to bear faithful witness to the truth. For the rest, my teaching was difficult to apply at that time because idolatry and paganism reigned in their hearts. But the word of love was written in indelible letters upon their consciences in anticipation of the generations who would embrace their Master's cross.

4. Then it was not only twelve disciples and a few small groups of people who set out following the trail of My love, but it was peoples and nations who transformed their customs, their way of life, and their worship of God.

I tell you this because today, as you experience the dawn of a new era, your soul has reached the light of a new message.

Not all who have seen and heard will understand the essence and meaning of this revelation. While some are sufficiently developed to receive this light, others—even though they wish to—will be unable to understand many of the Instructions, which they will see shrouded in mystery. But time will pass, new generations will come to Earth, and that light, which only a few received in the days of My revelation, will shine in the minds of great multitudes, great peoples, and nations.

5. Those who have received Me into their souls during this time will remain here as My disciples and will be responsible for this divine legacy, which will be faithfully passed down from generation to generation until those come for whom Spiritualism will flourish as a teaching of peace and wisdom.

6. Who are My disciples in this time? All who love this Word and put it into practice.

7. I have called and invited many to my table to enjoy the bread of life, the very best food. I want them to be the chosen ones, for the fields awaiting the seed are vast.

8. People: I have told you many times that you must “stay alert,” that you must study and be prepared, for you are not to remain ignorant forever. The day is drawing near when your fellow human beings will discover the existence of this people who heard the voice of the Lord in the seclusion and humility of a place of assembly, and they will want to know what happened, what My message was, and what evidence I gave you of My truth.

9. Men and women of all kinds will knock at the doors of your hearts, according to their longing for your testimony. Do you not think it is only right and proper that this testimony must be clear, so that your fellow human beings may gain a clear understanding of what My rally has been, since they have not had the good fortune that this people here has had to hear My instructions through the mind of those who speak on My behalf?

10. If you were to devote part of your time to reflecting on My Word, there would be no need for Me to come down to explain My Instructions to you. For then your meditation, your reflections, and your inner self-examination would make you understand the extent of your responsibility.

11. The time remaining to Me to speak to you in this form is very short, and since you have been very slow to understand, I have had to assist you by expanding My Instructions to the utmost.

12. Understand that the testimony you will bear of Me is not limited to simply repeating My words to your fellow human beings—no, that is easy and requires no great preparation. It is enough, then, for you to keep this Word in your memory or in writing so that you may repeat it as instructed. But when you consider that you must give the true testimony through your works of love, which make the essence of My Word tangible, you will explain it thoroughly yet simply and prove it through works that transcend the human. Then you will have to realize that you must attain a true spiritualization in order to rightly call yourselves “witnesses of My Word in the Third Era.”

13. With what gentleness will even the greatest skeptics bow to the truth when you perform among them the works that I have taught you!

14. If you truly feel love for your neighbors and wish to let them share in your mercy, then reflect according to this Instruction and prepare yourselves for the struggle with the greatest sincerity of which you are capable. Then you will rightly be called “witnesses of God in the Third Era.”

15. Your hour is approaching, O people, when each of you must take on your mission and carry it out with true love for your fellow human beings.

16. As I prepare to take my leave, you must prepare your spiritual work in the world.

17. I see that you have pangs of conscience because you have not been able to retain My Instructions in your memory, and that you fear you will have to face people without arguments to support this truth. Yet I tell you that you should not be afraid. For as I prepare to depart, I will—when the time comes—give the command that a book be produced within this nation, containing the instructions and upheavals of the Third Era, so that this book may reach the hands of the multitudes who will find My discourses within it, study them, and prepare themselves to bear witness to My truth.

18. The writings intended to preserve My Word will be of great importance and usefulness. According to My departure, you will truly devote yourselves to studying it.

19. Through this book, those who have heard My teaching but have forgotten many lessons and passages will recall with emotion and joy the moments when they received the divine messages from Me. And those who have not heard Me will marvel at the meaning of My Instructions and will behold the Kingdom of Heaven there in the Infinite.

20. Once the disciple has completed his thorough and conscientious study and attained spiritualization, he will no longer need the physical book. For at every moment when he prepares himself, his lips will repeat My Word exactly, inspired by My Spirit, in whose consciousness it remains written forever.

21. Be blessed—you who have kept watch in anticipation of this moment, for you will be refreshed in Spirit and in truth. You will ascend to a world of light, from which you will return strengthened.

22. When you come to Me in this way, according to My Word, you free yourselves from everything that belongs to the world. You come to Me and drink from the cup of the divine essence.

23. After you have partaken of the spiritual feast, life in the world will seem more bearable to you, the cross lighter, and the trials milder.

24. Yes, My children, whoever leans on a spiritual staff will not grow weary. Whoever looks up to heaven will not fall on earth!

25. Oh, if only you knew how many beings full of light and love follow you from the Spiritual Valley, standing by you and inspiring you! But how can you expect them to stand by you if you do not do what is required of you?

26. If you wish to clearly feel the influence and help of those who feel compassion for you, you must have faith, obedience to their promptings, trust, sensitivity, and a good state of mind for prayer. Then you will be able to experience miracles on your life's journey.

27. My Word makes your hardened heart, tormented by suffering, loving. You, too, when you become teachers to your fellow human beings, should encourage them through your words of comfort and your acts of love.

28. Who will not be convinced by a demonstration of sincerity, love, and truthfulness? Who among you does not remember the words with which I welcomed you on the first day you heard My Word—that unforgettable voice whose tenderness and uniqueness allowed you to recognize Me?

29. I forgive your transgressions, but at the same time I correct you so that you may banish selfishness from your hearts, for it is one of the weaknesses that drag the soul down the deepest. I stir your consciences so that you may remember your duties toward one another and sow works of love and forgiveness along your path, just as I taught you in the "Second Era."

30. Christ's cross was heavy; His path was very bitter and painful; the ascent was very rocky; and yet, forgetting My own pain, I comforted those who suffered and blessed My executioners.

31. You, the people whose Spirit has received the light of the Three Times: Recognize how much misery and suffering there is. It is necessary to fill humanity with love. Sow good deeds among them, enlighten them through faith and hope, and overflow them with peace.

32. My force and My love would suffice for this work. However, since you were created to learn to love one another, it is necessary for a people to arise who will be like an immeasurably vast army of soldiers of spiritualization, of faithful guardians of My law, so that they may assert My truth in the face of so much falsehood and kindle the light in the darkness.

33. A new war will soon break out in the world. It will be a war unlike any that humanity has ever endured—a war of worldviews, philosophies, teachings, ideologies, religious beliefs, and religions.

34. People: You must be prepared for this time and sound the wake-up call to your children.

35. The tide of materialism will rise and become—a turbulent sea, a sea of suffering, despair, and fear of human injustice. Only *one* boat will sail across that sea of passions, desires, and hatred of humanity, and that boat

will be the one of My Law. Blessed are those who are strong when this time comes! But woe to those who sleep! Woe to the weak! Woe to the peoples who have placed their trust in the foundations of religious fanaticism, for they will easily fall prey to those raging waves!

36. Do you not sense the battle, O humanity? Do my words not move you to prepare yourselves to defend yourselves when the hour comes? My light is within all, yet only those who pray and prepare themselves see it. My light speaks to you through foreboding, through inspiration, through intuition, through dreams, and through signs. Yet you are deaf to every spiritual call, indifferent to every divine sign.

37. Soon you will see my word fulfilled and bear witness that all of this was true.

38. My teaching and my name will be the target of all attacks and persecutions; they will be the reason why the enemies of the truth persecute you. Yet my teaching will also be the sword of light for those who rise up and defend the faith, and it will be the shield behind which the innocent find protection. My name will be on everyone's lips, blessed by some, cursed by others.

39. All of man's abilities will be unleashed: his intelligence, his emotions, his passions; his spiritual faculties will be alert and ready to fight.

40. What confusion there will be then! How many who thought they believed in Me will have to admit that it was not true faith! In many homes and hearts, the light of love and hope will have gone out. Children and young people will have no other god but the world, nor any other law but that of the earth.

41. In the face of this chaos, I ask you, My people: What mission will you then fulfill? Will you, perhaps, hide this jewel that I have entrusted to you? Will you lock away the book of My Instructions and thus reject the authority I have granted you as My disciples? No, beloved people, I have prepared you so that you will not be taken by surprise by the whirlwind, and I have encouraged you so that you will not be intimidated by the eloquence or knowledge of those who oppose you. Books, titles, and names are human vanities. But what you will preach are eternal truths.

42. A wave of confusion has broken out among you, giving rise to discord, condemnations, and disputes among yourselves. It was necessary for this trial to befall the people so that those who had fallen asleep might awaken, and so that you might finally arrive at the true understanding of My work.

43. Do not fear this inner struggle, people. I tell you once again that it is necessary for your awakening, for you are turning your routines and traditions into a new cult. But truly, I tell you, Spiritualism is completely removed from any routine, habit, tradition, or external ceremony.

44. In this trial that has taken you by surprise, some have awakened to the conviction that you have not achieved true spiritualization. These will have to withdraw for a time, because the majority of the people will cling to their customs and traditions, which they ultimately regard as if they were the law.

Then there will be a lull in the struggle so that this people may meditate and reflect inwardly, observe, and gather their own experiences. For afterward, the struggle will break out anew with the greatest force, so that the essence of My teaching may shine forth, and My work may be understood in all its purity and spirituality.

45. In this second trial, the majority will be those who open their eyes to the truth, and the others, with their ritual practices unsuitable for My work, will have to withdraw from among their brothers and sisters until they attain understanding and reform, and can rejoin the people.

46. Recognize that it is necessary for these trials to shake you and awaken you. For you would not break out of your routine of your own accord.

47. The harmony and peace that exist among you are only apparent as long as true spiritualization has not entered your hearts. Before that, however, you will be tested and purified in many ways. Be aware that you remain as witnesses to My Word given in this time, and that your testimony must not be false, but as faithful as you are able to convey it.

48. Today it is pain that purifies you. Tomorrow it shall be your spiritualization!

49. If, according to the completion of My Instruction and after you have gone through your trials, confusion and pain were to persist among you, you would have no justification for this before Me, and you would bring upon yourselves an even greater trial than the one you are currently experiencing. Do you love the truth? Do you long for peace? Then follow My Word with the sincerity it demands, and your soul will find the path that leads to harmony.

50. Understand that in this age I have limited My light and My revelations when I made Myself known through these messengers, just as I limited Myself when I spoke through the mouths of the prophets in times past.

51. Both groups I sent forth in the hours of trial for humanity, when it stood on the brink of the abyss or of destruction.

52. Those through whom I have made My Word heard in this Third Era are also prophets; from their lips resounded the voice that awakens those who sleep and warns those who have strayed from the path.

53. In every age, the Word of the prophets has been like the clear sound of a trumpet in the darkness. Many have heard it, but not all have believed it. Why have people refused to hear the voice of the prophets? Because they have always spoken of events that are drawing near and have announced Divine Justice. They have always said: "Pray, watch, repent, purify yourselves of your blemishes, and turn back."

54. The prophets of ancient times were intuitive; their words foretold many events they did not know. They did not know that Christ existed, and yet they all spoke of Him. It would still be centuries before the Savior came into the world, yet even then the prophets described what His coming, His life, and His death as a human being would be like.

55. How much light have you received as new disciples and, at the same time, prophets of the Third Era! Now you are beginning to prove your intuition as you visit various provinces and peoples, knowing how to speak to the inhabitants of each place according to their needs, understanding, and level of development.

56. Some will listen to your voice; others will mock you. Yet you must not cease to preach repentance, which is renewal—prayer, which is contrition and faith—and mercy, which is an expression of brotherhood and love.

57. Do not forget, and always be aware, that the faith you inspire in your fellow human beings depends on your righteous and virtuous life; that is to say, they will scrutinize and observe you even in your private life, seeking in your deeds confirmation of the teaching you preach.

58. Be humble, simple, and modest, but always demonstrate firm faith and unwavering zeal.

59. This people, the stewards of My revelation in this Third Era, is not yet regarded as bearers of light. Yet it will not be long before humanity becomes interested in learning the truth about My Second Coming and everything related to My revelation. They will come to question you, and you must be prepared for that.

60. Truly, I tell you, even in the most hostile media, there will be someone—even if it is only a single heart—who will open themselves to receive your words.

61. Spiritualize yourself and develop the gift of the inner word, and then you will not waver in battle or in moments of trial.

62. Today the world does not know you, but truly, I tell you, the day will come when the nations will eagerly await you. This will happen when the great trials and catastrophes make themselves felt in the lands, and it is known that spiritualists have force over epidemics and unknown diseases.

63. There the sick will lie in their beds, awaiting the coming of Jesus' messenger and worker, who comes to "anoint" them with the balm of warmth and love for one's neighbor. There will be homes with open doors, awaiting the disciples who, through their presence, bring peace and light into those hearts.

64. Today's generations, who have been blind to the signs I have given you—who attributed everything to chance—will delve into the meaning of the events that accompanied My arrival, My presence during the time of My revelation, and the conclusion of My Word, and they will have to admit that these were indeed the signs already promised in times past. "Not a single leaf on the tree stirs without the Father's will," they will say, and their words will be true.

65. Beloved humanity, you are My daughter, whom I wish to save, whom I have visited in the wilderness and comforted in her prison. Feel My presence, and I tell you, you will then lack nothing.

66. Trust, have hope! Great have been the trials, long the days of your atonement. But soon you will see a purer path before you; soon you will have that peace you have so longed for.

May My peace be with you!

Instruction 301

1. Rejoice in My Word, O souls whom the Father has so eagerly awaited, and for whom He came into the world and shed His blood!

2. These crowds of people here consist of believers and unbelievers, but they are all souls who hunger for love and thirst for light and truth. While those who have faith are nourished and grow strong, the unbelievers spurn the bread of eternal life and must endure their hunger and thirst. They are souls confused by a life of materialism, ignorance, and fanaticism—things they cannot set aside in order to recognize and feel My presence. They are hearts that fear the judgments of others.

How could they focus on the loftiness within their souls to feel My essence when they are thinking about what others will say about them? They will eventually say that My presence in these places is not real, whereas in reality it is they who—although they are present—have not been with Me, because their souls have remained where their thoughts, their interests, their worries, and their passions have held them captive.

I have indeed come; I have indeed been with you, for I always think of those who need Me—those who drink the cup of suffering and eat the bread of servitude and humiliation.

3. People do not want to believe because they lack the will to overcome their vanity and fanaticism. On the other hand, there are also those who want to believe but cannot, because something within them misleads them and prevents them from discovering the truth of My message and taking joy in it.

4. Do you think that I abandon these children of Mine? Do you think that if they turn their backs on Me and stray from the path to which I called them, I will forget them? No, My people. My Spirit will tirelessly pursue them, help them overcome obstacles, test them, and demonstrate to them in many ways that what they have heard in My Word was true, that My call was truth. They will all return—some in one way, others in another—some at one time, and others at another. But I will always be there to welcome them with love.

5. I offer you the bread and wine of the Spirit; eat and drink, O people. Take the food of the Third Era and be nourished by it. Blessed be whoever eats of this bread, for he will awaken, open his eyes to the light, and find his way out of his stagnation.

6. For a long time I have been speaking to you in this manner, yet the day is near when I will bring this chapter of Instruction and revelations to a close. My work, however, will not then be finished, nor will My divine

instruction. But this period of spiritual preparation will nevertheless come to an end.

7. The people who heard the voice of their Father through the spokesperson during this time will remain on Earth with the mission to speak to humanity and to bear witness through their works to the Instruction they have received.

8. My Word has been filled with love and mercy ever since it began to be revealed in this Third Era. Yet although its message has contained justice and has called you to account and corrected you, now that its end is drawing near, recognize how its justice is growing even stronger, while at the same time its tenderness penetrates your hearts.

9. I want you to find in My final teachings all the encouragement you will need in the struggle. I wish to leave a heavenly taste in your hearts, and for no bitterness to remain there, so that you may always remember Me with love, and that My words may rise from your memory as calls to awakening, as blessings, as inspiration, and as balm. Then you will recall this time of Instruction with deep emotion, and when you come to understand that it was truly the Master who broke the seals of the Book of Life and opened it before your eyes, specifically in the sixth chapter, you will realize that it was Elijah who took the key to open the gates to the Third Era, which is the Age of Light and the Spirit.

10. In order to strengthen humanity's faith in the knowledge of spiritual existence beyond material life, you were granted in times past certain manifestations of the Father's messengers, whom you have called "angels."

Those early manifestations were followed by certain works that I performed through Jesus to allow you to delve a little deeper into My secret treasury. Of these, I remind you of the following: the presence of beings of light who announced My arrival on Earth; the influence of confused spirits upon people, known as "possessed ones"; the departure of the soul from its body and its return to it, demonstrated at the moment of My "Transfiguration"; and the materialization of beings who had not risen to their true realm because they were enveloped in the darkness of ignorance, such as those who manifested themselves in Jerusalem on the day of My crucifixion.

11. How profound were those lessons! Yet the people who refused to recognize the light contained within them—just like the hypocritical priests and Pharisees of that time—attributed all spiritual knowledge to evil forces. Did they not say back then that Jesus healed the possessed through a pact with the devil? The same has happened to you in this age,

in which I come in the Spirit—for this is My true essence—to give you further instruction regarding the life of the spirit soul—but a more detailed, clearer, and deeper instruction, through which you can personally gain experience of what I have revealed to you.

12. Some believe that what I have granted to this people in the present era has been too great, considering My revelation through human minds and that of the Spiritual World, which has used the same means. To others, what they have received to this day has seemed so great that they assume it cannot be surpassed.

In this regard, I must tell you: What you have received and experienced during this time is hardly a small preview of what spiritualists will experience in the future, according to their progress, once they have overcome all prejudices and liberated their souls and minds, and have made greater progress than you have. Who could halt the course of these rallies intended for tomorrow, since they will be adapted to the development of humanity? Foolish and unreasonable will be those who resist them in their blind fanaticism.

13. Every age has brought humanity new and wondrous insights for the mind and the soul. Prepare yourselves, all of you, to receive My divine messages, for a new era has opened its gates, and there is much that you must recognize and come to know.

14. “Mercy and mercy again toward your fellow human beings,” Elijah told you in those days. Yet the poor ask themselves: What can we give, since we have nothing? It is true that you possess nothing. But if you accumulate the grace and the knowledge that I give you in My Word, and if you develop the gifts with which I have filled your soul, you will be able to give eternally and will never see your wealth depleted.

15. Here are some of the blessings that My Spirit has bestowed upon you: healing balm to cure every physical ailment and to dispel every sorrow of the soul; everlasting peace for you, and so that you may give it to those who do not carry it in their hearts; light of the soul to illuminate your path, to guide your steps, and to inspire you with noble thoughts and lofty works of the mind, so that you may delve into science. I bring you spiritual prayer—that which connects you to the Divine and makes you messengers or instruments of My messages and revelations. I have also poured out upon your spirit the gift of prophecy, from which intuition and foresight spring, for through it you will be able to discern in advance something of the path that each of you must travel.

16. These and other gifts have been entrusted to you. Who could claim to be in need, even though he possesses so much grace? Who—no matter

how poor in worldly possessions—will refuse to practice charity, even though he carries within his soul such a magnificent inheritance? The only thing lacking is for your heart to open upon contact with My divine radiance, just as flower calyxes open when the caressing dew descends upon them. Then you will feel strong enough to ascend the thorny path, and you will feel capable of giving to anyone who approaches you in need of a kindness. For you will then be filled with My Spirit.

17. In the Second Era, I gave you the clearest and most vivid example that it is not necessary to possess the goods of the world in order to practice mercy, and that when one has a heart full of love for all and is ready to empathize with and comfort those who suffer, miracles can be performed.

18. I multiplied the bread when it was scarce, turned water into wine, restored health to the sick, freed the defenseless from possession, gave new life to the dead, softened hard hearts with a single word, and filled souls with light. You, too, will be able to do some or many of these things if you prepare yourselves.

Since I performed those works as an example for you, this is proof that you, too, can do them. So if you feel too insignificant and clumsy to accomplish them, recognize Me anew among you as I awaken all the gifts and abilities of your being, so that you may never again say that you are poor. For in doing so, you insult your Father, who has given you everything so that you may come to Him.

19. Do not forget that Elijah told you: “Mercy and mercy again toward your fellow human beings,” especially since you know that you possess much and are able to give.

20. The manna of the Third Era falls upon you without touching the earth, for it is received by your soul.

21. People, you are the mirror of humanity, and therefore I receive you as its representatives. Here among you I find pain, weaknesses, lack of faith, disagreements, divisions, and wars. What I speak to you, I say for everyone, and what I now give to a few, you shall bring to your fellow human beings tomorrow, for my message is intended for all people.

22. I do not see you united, and you yourselves could not set out today to spread My Word, for your conscience would not allow you to preach unity and harmony as long as you have not learned to preserve them. But soon the time will come when all the children of this people will unite to carry forth My teaching as a banner of peace, brotherhood, and spiritualization.

23. You have traveled far along the path of life; yet now the time has come to begin the return.

24. You have traveled the long path of experience. That innocence, which is blindness and ignorance, has vanished as you have attained the light of experience. Moreover, you have defiled yourselves, and for that there are trials and pain to cleanse and purify you.

25. The ignorant are blind; they understand nothing, nor do they know the way to return to the Father. Those who gain experience know the path and know where they are going.

26. With this, you will be able to easily understand the meaning contained in the pain, the trials of life, the temptations, and every difficult and bitter experience you encounter on your long journey toward the perfection of your soul.

27. This explains why life presents you with so many problems that you must solve in order to continue moving forward.

28. That is why it is necessary for Me to come to you to tell you this truth, for only in this way can you arm yourselves with hope and idealism. If I do not constantly repeat the Sermon on the Mount to you, you will lose your courage to face life, because you will no longer recognize the meaning of life's struggle, and you will allow yourselves to be overcome by pain, believing that you are doomed to suffer forever.

29. I want you to be My disciples, but you persistently want to remain My little children. How often do I hear you say to Me: "Father, why do You send us so much misery? Why won't You answer our prayers? Father, You have not answered us."

30. I hear your lament and say to you: I have always received your prayers, yet I am not bound to grant you what you desire at the very moment you ask, nor will it happen according to your wishes, but according to My will. Your task is to spread the mantle of your prayers, to illuminate the paths with your good thoughts, and to dispel the darkness, so that your fellow human beings may be prepared when the moment comes in which I send them My peace.

31. It is not outward triumph that has value before My justice, but your effort. For through it you will attain growth, experience, and perfection.

32. It is to you that I have entrusted the task of bringing light everywhere, and to you that I have said you are to be like torches wherever you may be. Who, then, will be the sons of faith who move mountains and enlighten the lands?

33. If you understood everything contained in My Word, you would set out with firm steps and haste to spread the goodness it contains. You

would look with compassion upon the children who lack tenderness and have no one to guide them because their parents have died.

34. You would look with compassion upon the youth who live without ideals, because people have killed the faith in the hearts that have barely opened themselves to life.

35. Do you now understand what the torch is of which I speak to you, and the ideal that I have inspired in you?

36. “Yes, Master,” your Spirit answers Me, “we have understood that the torch is the light of Your teaching, which dispels the darkness of that long night into which humanity has sunk.”

37. Be blessed, my children, for you will also be able to hear the voice of those young people who ask themselves, “Where is God? What is heaven, and what is faith?”

38. It is your duty to go to your little brothers and sisters and guide them on the path of life, the direction of which they have lost; to speak to them of the Father; to tell them that a little spiritualization is enough to feel My presence, which will give them the courage and strength not to let themselves be dragged into ruin.

39. Your task is to tell the orphans that their Mother is not far away, that Her mantle of tenderness and protection has covered them from the very moment they lost on earth those who were their support and refuge. You are to teach them to find that heavenly warmth everywhere.

40. I make everyone who is strong on the path of life responsible for the poor orphans—those children who are unprotected from others and who wander the streets longing for a mother’s love.

41. Likewise, I invite you into My Kingdom of Peace so that you may recover from the battle in which you now live. I teach you to make the burden of your cross light by understanding the true meaning of life’s trials, so that you may not suffer needlessly but rather learn, gain experience, and truly purify yourselves.

42. Nourish yourselves with wholesome and sacred joys; rejoice in the presence of the children in whom already dwell the souls I foretold to humanity for this time, and whose mission of peace and light is revealed in their actions from their very first steps. Be vigilant, for in them My promise is fulfilled. They are the hope and foundation of future generations, and their destiny will be a testimony to those who eagerly await the signs that the promised Kingdom is already near.

43. The human race will now be renewed; as time passes, the soul will attain ever greater development, and its works will lead it to rightfully take its rightful place.

44. Today you are not yet able to understand the meaning of your trials. You consider them unnecessary, unjust, and unreasonable. Yet I will tell you how much justice and wisdom lay in each of them when you have grown old, and to others when you have crossed the threshold of this world and dwell in the spiritual realms.

45. Today I will not tell you what you have left behind unfulfilled—your errors or missteps. Nor will I reveal the future to you. I wish only to see trust and devotion to your Father. For there is not a single hour of your life, not a single action or thought, in which My Spirit is not present to bless you, encourage you, or provide Instruction. I want faith to live in your hearts, that you may love Me and seek Me in all your trials as a Father, a Friend, and a Counselor.

46. And since you know that you are currently making amends, that you are required to pay for your debt, remember to wage a righteous struggle within yourselves. For every act of rebellion, you will need a measure of humanity; for every trial, a great deal of courage; then you will ascend from stage to stage until you reach the highest realms.

47. I am not telling you that the goal is very close to you, but I do promise you that I will grant you great opportunities to reach it.

48. If you know how to unite with Me, you will have no need for intercessors, for you yourselves will be inspired and guided by Me.

49. On the day you are united, your thoughts will envelop the earth; your love will radiate into other nations and spread there, and humanity will feel drawn to it, taken hold of by something it cannot comprehend, and it will say to itself: “Something supernatural is coming.”

50. Yet in this time you must send out your messengers; then this light, which only a few have seen today, will be seen by other peoples, and where there was only barrenness—in those abandoned and uncultivated fields—life will spring forth, the light of the Spirit will shine, and the soul will blossom.

51. I am preparing you so that you may be My good disciples, who heed My words in life, who study in silence to learn even more, for My Instruction has no end.

When you then feel strong—capable of providing instruction—gather those who hunger for truth around you, train new disciples as John did in the wilderness, and then entrust them to Me. I will lead them to the final goal of their development.

52. Remember that one day you must fulfill what I speak to you. Today you are with Me, united as a family under the care of your parents. But afterward, you will scatter along the paths of the world, and there you will

find the fulfillment of My words and the opportunity to fight for this work. For you, My people, are the mirror in which My love is to be reflected, and you must set an example of brotherhood.

53. I touch the most sensitive strings of your hearts, for the time of My departure is drawing near, and I wish to leave you sensitive to pain, misery, and abandonment.

54. My light will always be with you; My divine ray will never leave you, for even when the time of My revelation has come to an end, it will continue to illuminate your soul.

55. How much you will need this light to continue to make itself felt in your souls when you begin the struggle, when you are attacked and see that people are mocking you—when you hear them calling you liars and deceivers!

56. Then My Light will speak to you from within and say, "Do not be afraid; speak of what you know, and repeat My Instructions."

57. You shall speak the truth that I have brought to you. Yet if anyone should feel offended by what he has heard, let him leave the matter to Me. But I tell you: When you speak My truth, never do so with the intention of hurting, for then it will be you who will have to answer for your words.

58. You shall respect the faith and religion of all, and bear in mind that I, your God, the Omnipresent and Almighty, have made you all My children, according to cults and creeds.

59. You shall sow this teaching with love, which must be the love that teaches people to return to their point of origin—the Instruction that lifts them above their material life to a more perfect world.

60. Recognize how necessary it is to have a light that illuminates the human soul, to help it find its way and return to the place from which it originated, in order to gain knowledge of the meaning of life. For it was necessary that the soul—since it was ignorant—should come to know the light of trial and struggle along the long path of experience in order to come to know God.

61. The day will come when many of your fellow human beings will seek you out, knock on your doors, and say: "Give us of your spiritual bread, for we see that you have bread, that you are happy, that a light not of this world illuminates you. Give us of this light to guide us."

62. This will be the beginning of peace and brotherhood, when the wars and hostilities come to an end and the kingdom of darkness is destroyed.

63. Today you are not yet prepared to share the spiritual bread, for you have not yet freed yourselves from the last remnants of selfishness and vanity. Yet I grant you more time to prepare yourselves.

64. People, I have given you another Instruction—an Instruction that speaks to you of brotherhood. The Book of Life will open before you, and in your conscience you will continue to hear the Master's voice telling you, "Love one another."

65. Those who attended this rally but whose minds were full of material concerns, as well as those who thought of earthly pleasures, have gained very little. On the other hand, those who entered humbly and surrendered themselves to the joy of hearing their Master—they have taken a treasure with them in their hearts; their spiritual wealth will increase day by day, and soon they will feel able to share their blessings with their neighbors.

66. I want you to be among these, so that you may go out into the world in search of those who hunger for love and truth according to their needs.

May My peace be with you!

Instruction 302

My peace be with you!

1. Disciples of My Divinity: Welcome to My teaching discourse. Do not be surprised by the greeting with which My Divine Spirit receives you. For truly, I tell you, in the final year of My manifestation among you in this form, I will make Myself known at the moment of My coming.

2. Every step you take on the path of spiritualization will be rewarded by Me. Every congregation that breaks with its routine and moves toward perfection in its acts of worship will likewise receive the Father's reward. I will not mark the days of My rallies with specific dates, for I stand above time, beyond it.

3. In that second age, days after Jesus' crucifixion, three of my disciples were walking along a country road. They were on their way to a secluded shepherd's hut where they could focus on the memory of the Master who had passed away. They walked with hearts torn by grief, feeling the emptiness in their souls.

On their way, they met a traveler who joined them, and when he asked them the reason for their so obvious grief, they recounted with moving words all that had befallen them—what had happened in Jerusalem, what had happened on Golgotha.

Thus they arrived at the hut, entered it, and as they were united not only physically but also spiritually in a communion of thought and memory, that traveler was transfigured and said to them, "My peace be with you." The astonished disciples immediately recognized the voice of their Master and fell at His feet.

4. They beheld His radiant countenance, His human form full of light, love, and brimming with life. How many times, from that moment on, did He appear to His disciples, making Himself known with that blessed phrase: "My peace be with you!" I want you to hear Me just as those disciples did. According to My Word ceasing through today's rallies, you will hear—no longer through your physical ears, but through your Spirit—the sound of My Divine Voice, which eternally says to you: "My peace be with you."

5. You are all My disciples, even those who have come last, even those who are hearing Me for the first time. For this is not the first Instruction I have given them. It has been a long time since they emerged from My Spirit, and from that moment on, I began to be their Master. Therefore, in this Third Era, when they heard My Voice made human through the voice carriers, I called them My disciples, because they have already received an infinite number of lessons from Me.

I have created life itself so that it is like a book of great wisdom for you. The number of its pages is innumerable, its content is profound, and *one* lifetime is not enough to know it in its entirety, much less to understand it. Its scope is vast; it has been written by the perfect Being, the Author of life and all creation. But this book, so full of wisdom, is simple and clearly written, as are all the works of God.

6. The first lesson—that is, the first page—is the simplest. Yet if, despite its simplicity, it is not understood, the second follows to explain the content of the first, and so it continues until the end of this great Book of Life that I have presented to humankind. It is now open to the sixth chapter so that he may come to know the Father, so that he may recognize his life and his purpose, so that he may understand his past, his present, and—as far as it is My will—his future.

7. With the Third Era, the Age of the Holy Spirit has dawned for humanity—the age of the practice of spirituality. Yet to reach this stage of development—how much have you had to experience and endure along the way!

8. I see that in this era your soul has reached a level of development that has made you fertile ground for My seed. But I still find that your soul thirsts and hungers according to truth. Your soul has blossomed through pain, suffering, and disappointment. But there is another kind of blossoming that I do not see in you—namely, the one brought about solely by the practice of My Instructions, the observance of My laws, and the blossoming of true love, from which all virtues spring.

9. The human mind, with its science, explores and transforms your life. The human heart feels great in its passions, in its earthly possessions, and in its dominion over this world. Yet this greatness holds no value before Me. It is a fleeting greatness; it is human vanity; and I will purify this life that has been transformed by humans today. Already the light of My Holy Spirit is pouring out upon every soul as the Seed of Truth. Yet, in order for the awakening to take place in all My children, they will have to endure yet another trial.

10. People have defied the severity of My justice by silencing the voice of their conscience, concealing My laws, and turning their backs on My divine commandments. They have killed My prophets and mocked My messengers, but My force is infinite.

I will not unleash all My force upon humankind, for in My eyes they are still very immature. I will not crush their souls to force them to follow Me according to their own collapse. For I wish to see humankind—the being endowed with My divine attributes—standing on its own two feet, with its

face lifted upward, full of contentment, with true greatness in its soul, and with genuine dignity in its entire being.

11. This is how I wish to see My child—the creature who is the mirror and image of the Creator. I will only free him from his errors, from his sin, from his imperfections. But I will always stand by his soul through the light of hope and through trust in Me, and whenever an abyss opens up at his feet, I will always reach out My hand to him according to My love so that he does not fall into it.

But another trial must come, which will be a worldwide upheaval, and in this chaos it will not only be the elements of creation that are unleashed as in times past—it will also be the soul that is shaken and struggles and will constitute a part of the worldwide chaos in this battle.

12. The beginnings of this can already be seen among you. The struggle will intensify more and more. Yet truly, I tell you, in the midst of this storm, everyone who fulfills My law will be saved.

13. Every bad seed will be uprooted, and My justice will allow only the good seed to remain, thus leaving this earth purified once again. For once the trial is over, a new life will dawn for humanity. All those from whom I have taken this earthly life as a bad seed, I will bring as souls to that blessed region which you call the afterlife. I will work with them, and there, through their own repentance, they will make amends for all their transgressions.

14. There is so much light in the souls at this time that even a single moment of true repentance will suffice for them to form a firm and lasting resolution to renew themselves and obey My law. And once all those whom I have raised up have attained this preparation, I will send them back to this planet—some to begin the path anew, others to rebuild what has been destroyed, and finally still others to complete the tasks they have already begun. Thus, My justice of love will be with each one.

In the early days of humanity, innocence and simplicity reigned among people; but as their numbers grew, their sins also multiplied due to their development and their free will, and they unfolded ever more rapidly—not their virtues, but their transgressions against My Law. So I prepared Noah, to whom I revealed Myself from Spirit to Spirit, for I have maintained this dialogue with humankind since the beginning of humanity. Yet this grace, which in times past was granted to only a few, will become worldwide and universal in the times to come. The dialogue between the Father and His children—the dialogue through prayer and inspiration, which is born of love and the practice of My Instructions—will be present among all My children.

15. I said to Noah: “I will purify the souls of humankind of all their sins; to this end, I will send the Great Flood. Build an ark and have your children, their wives, your grandchildren, and *a* pair of every kind of animal enter it.” Noah obeyed My command, and the catastrophe came to pass according to My word. The bad seed was uprooted, and the good seed was preserved in My granaries, from which I created a new humanity that carried the light of My righteousness within itself and knew how to fulfill My law and live in accordance with good morals.

16. Do you perhaps think that those people who met such a painful death perished *both* physically *and* spiritually? Truly, I tell you: no, my children. Their souls were preserved by Me and awoke before the Judge—their own conscience—and were prepared to return once more to the path of life, so that they might attain spiritual progress upon it.

17. On the day when the floodwaters (of the Great Flood) no longer covered the earth, I caused the rainbow of peace to shine in the firmament as a sign of the covenant that God made with humankind. Now I say to you: O humanity of the “Third Era,” you who are the very same people who have gone through all these trials in which you have been purified: You , will soon experience a new chaos. But I have come to warn the people I have chosen and all of humanity, to whom I have made Myself known in this time. Listen carefully, My children: Here is the Ark; enter it; I invite you to do so.

18. For you, O Israel, the Ark is obedience to My law. Everyone who obeys My commandments during the most painful days, during the most severe time of trial, will be *within* the Ark, will be strong, and will feel the protection of My love.

19. And to all humanity I say once more: The Ark is My Law of Love. Everyone who practices love and mercy toward their neighbor and toward themselves will be saved. I will bless this virtue and, through it, cause people to find the Ark of Salvation spiritually in this Third Era—not only the salvation of their human lives, but also the salvation and peace of their souls. The time of great trials is approaching, in which the struggle of sect against sect, of religion against religion, will be unleashed.

20. How long will this conflict last? You cannot know. But truly, I tell you, there will be enough time to prepare the souls of the remaining people. There will be enough time for all—even the last of all creatures—to awaken, even in childhood. So that you may all become aware of the time in which you live and have knowledge of your responsibility toward Divine Justice, which calls all souls to renewal.

This storm will pass, and you will once again see in the firmament the sign of My covenant with humankind. Yet it will not be the earthly rainbow with its seven colors, but the light of the Holy Spirit in its fullness, revealing itself to all souls—both incarnate and disembodied.

The voice of the Holy Spirit will say to all His children: "I am Peace; I am the Way, the Truth, and the Life; I am the One who establishes a new covenant between you and My Holy Spirit, My Law." For in this time, through My instructions, you will be freed from the chains of ignorance, and I will grant a new era of peace and prosperity to the new humanity—composed of people who are freed from materialism and renewed to the very marrow of their bones. In that era, those souls who have awakened in the presence of My Light—who have been thoroughly prepared to return to the ways of the world—will incarnate to sow virtue and truth in fulfillment of My Law.

21. Therefore, beloved disciples, you who know My Instructions, have such a great responsibility toward your Father, because you know what the future holds for you. But you must not measure the time during which My prophecies have not yet been fulfilled according to years, or even centuries. You should only remember to offer Me your tribute of love and trust and to fulfill what is required of each of you in My teaching. I will do the rest, and thus you will always have a clear conscience.

22. You will then experience, O Israel, that—no matter how bitter life may be for others—it will be pleasant for you, and no pain will be able to afflict you because of the strength you have acquired through the fulfillment of My Law and obedience to My commandments. Then you will no longer fear the burden of your cross, nor will you fear the coming of death in this life. You will await it calmly, and you will see it coming as a friend, as your sister, as the one who comes to set you free, to shorten the days of pain, misery, and affliction in your lives. For even this will lead you there and help you to cross the thresholds of eternity with a firm step—to that hereafter that not even your soul knows. For although you have already dwelt there, you have not done so on the highest planes, to which you will arrive in the coming ages.

23. You already know some of its regions, but not all of them, people. Jesus has already told you, "In my Father's house there are many dwelling places," and today the Holy Spirit tells you, "In the Father's house there are an infinite number of dwelling places."

24. How will that life—full of struggles, full of trials for your soul—unfold? You do not know; you should not even try to imagine it, for it would only be your imagination that would lead you to form false notions.

25. It should be enough for you to know that this earthly life—wonderful and perfect in every respect—is only a symbol, a faint reflection of the hereafter. But do not try to imagine those planes of existence in all their perfection. For it would be, O Israel, as if you were trying to make someone blind from birth understand the colors of everything that surrounds you.

Just as your soul, incarnated in a child, discovers wonders at every turn and continues to gain new experiences in youth, does not cease to get to know creation in maturity, reaches old age, and departs from this life lamenting that it has not come to know everything— —that surrounded it, so your soul, having been prepared for the next life —prepared for the next—and will journey on, moving from surprise to surprise, from lesson to lesson, from wonder to wonder, into eternity, yet will never be able to behold its Creator in all His infinite glory.

26. He will comprehend and understand Him to a large extent in His laws, in His love, and in His attributes. But will he fully grasp Him? Never, my people, for the Creator is and always will be the Father, and His children are His creatures.

The children will be able to sit at the Lord's right hand, but never in his place of honor. Yet from that place of honor, Jehovah—who is the source of perfect love—will never humiliate his children. He will always regard them as his cherished creatures, as his disciples, never as servants or as defendants. I want the time to come when you no longer feel like defendants or servants of the Lord, but as his dearly beloved children.

27. I do not wish to have slaves in this world or in any other; I do not wish to have lackeys or vassals. I do not wish to have the accused; I wish to be understood and loved with the same love with which I love all my children.

28. With these instructions, people, I give you the testimony of My presence among you as the Spirit of Truth. With My Word, I am building for you the ark of salvation in this Third Era. Understand the figurative meaning in all My lessons and preserve their essence in fulfillment of My Law. For I will that when chaos comes upon humanity, I may find you already prepared and safe, so that you may extend a call to those who are capsizing—to those who are perishing, and to those who sin and repent in time.

29. Do not seek only your own safety. For if you were to act in this way, and your lips were to remain sealed in that time, and you were to conceal My revelations from people because fear seizes you—even though you

already consider yourselves saved within the ark—truly, I tell you, you will then be among the shipwrecked.

30. In order for you to be truly saved, you must forget yourselves and think only of others. Show mercy to your fellow human beings, without distinguishing them according to their skin color, their blood, their language, or their worldview. You shall see in each of your fellow human beings the image of your Father, which is universal and present in all His children.

31. See Me and love Me in all your fellow human beings; remember that I have told you that none of My children will perish for all eternity, none will find death for their soul, because death does not exist. I did not create it, for I kill only sin.

32. Even those beings whom you call the tempter or the devil—truly, I tell you, they are nothing more than confused or imperfect beings whom the Father wisely uses to carry out His lofty decrees and plans. But even these beings, whose souls are today shrouded in darkness, and many of whom make poor use of the gifts I have granted them, will be saved by Me at the right time. For the time will come, O Israel, when all the Lord's creatures will glorify Me eternally. I would no longer be God if, with My force, My wisdom, and My love, I were unable to save a single soul.

33. You will all be saved, and when you have read about the fires of hell and eternal death—truly, I tell you, you must seek the figurative meaning there and must not misinterpret My Instructions. For in doing so, you would attribute imperfections to Me that I do not possess. I am perfect, yet I do not boast of this to My children. For as certain as it is that you are still imperfect today, I will nevertheless lead you to perfection through My love and through My light.

34. You must know, disciples, that by the end of 1950, when I have withdrawn My Word—which I am currently conveying to you through the messengers—I will leave you as one soul and one heart. I will continue to reveal My divine instructions, but they will be even more precise, and moreover, they will mark the beginning of spirit-to-spirit dialogue. The more you unite in obedience to My Law, the closer you will be to perfect spiritual dialogue.

35. Once this stage of My rally among you is complete, I will grant you a time for reflection, preparation, and study. But you must not undertake these studies separately; rather, you must always be united.

Before you seek My instructions in your memory and in the written records, you must prepare yourselves and connect with your Lord through prayer. At that moment, you will be supported by Me, and when you then

set out to grasp My Word, the Holy Spirit will reveal to you the true meaning of each lesson. For I do not wish to see differing interpretations among My disciples.

36. I desire that all of you make the knowledge of all the fundamentals within My Work your own; that fanaticism and idolatry disappear; that there be no superstition among you; that you offer Me the simplest form of worship, without rites or superfluous ceremonies, in order to practice only My truth. That is why I told you at the beginning of My teaching that every step you take toward spiritualization will be rewarded by Me.

37. The era of rituals, altars, and church bells is now coming to an end among humanity. Idolatry and religious fanaticism will give their last gasps. That time of strife and chaos which I have continually foretold to you will come. According to the storm, peace has returned to all souls. People will no longer build royal palaces in My honor, nor will crowds be summoned by the ringing of bells, nor will those who feel themselves to be great exercise force over the masses. The time of humility, brotherhood, and spirituality will come, bringing with it the equality of spiritual gifts for all humanity.

38. Continue to purify yourselves, O Israel! You have nothing to correct in the meaning of my Instruction, for it is perfect. Always see my work beyond everything you do. For your entire outward worship, your rites and traditions, are not part of it.

39. My Spirit, which is all-encompassing, exists in everything I have created, whether in the spiritual or the material realm. My work is present in all things and bears witness to My perfection on every level of life. My divine work encompasses everything—from the greatest and most perfect beings who dwell at My right hand, down to the barely perceptible micro-organism, the plant or the mineral, the atom or the cell, which give form to all creatures. With this, I once again draw your attention to the perfection of all that I have created—from material beings to the Spirits who have already attained perfection. This is My work.

40. You are the disciples who feel small and weak in the face of My universal presence. But I tell you: Only your body is small and weak, yet your soul will be strong, and I will make use of it. If the Father has sought you out today to bestow upon you , it is because He knows that you will not disappoint Him, and the Father is never wrong.

41. As the Master, He knows how to select from among the multitudes those who have a difficult mission to fulfill. Truly, I tell you, many have come to Me upon hearing My call to receive My Instructions, yet very few

are those who have remained faithful to Me and are carrying out their mission.

42. How many of those to whom I have given gifts have allowed their lamp of faith and love to go out, have turned their backs on Me, have denied Me, and even mock My rallies. I am currently calling them, too, into the saving Ark, and there is still time for them to attain redemption through self-reflection and repentance. Yet it is only through the faithful, through the steadfast, that the others will also achieve this. Those who have strayed from My Instructions did so because of their weakness in the face of the world's temptations and enticements.

43. My perfection grants them a further period of time, and I give them My light for their self-reflection and salvation.

44. Send your spiritual prayer upward, but not for yourselves nor for your loved ones, but for all of humanity, which suffers and rejects My loving caress. But you are better able to feel this love, and even if you encounter great trials on your path, you will not perish.

There are trials that My justice sends you, but you bring most of them upon yourselves through your weaknesses. Yet in both cases, My love strengthens you and helps you so that you may reach the end of the path.

45. Unite yourselves with your Father at this moment; watch and pray for humanity.

46. I want you to be like a star in the firmament, and from there to send down rays of light, love, forgiveness, and mercy upon all the peoples of the earth. I bless you, O disciples.

47. Not even your spirit soul can comprehend its own power, nor the brotherly embrace with which you have embraced humanity. But I know it well, and therefore I tell you, My people, that you should always pray in this way, for this is one of the highest missions of your spirit. Yet if your lips cannot offer comfort, and you cannot reach the sick with your hands to "anoint" them, let your prayer be like wings for your soul, carrying it to the farthest reaches to bring them My message of peace and love. Since you have watched and prayed for humanity, I will watch over you, I will enter your heart, and when I discover its sufferings and its hardships, I will comfort it and leave it a gift, and this gift will be the fulfillment of what you are asking of Me at this very moment. But you must be patient. Do not put Me to the test; do not press Me.

48. Although it is not necessary for you to ask Me, I nevertheless allow you to do so, precisely because you are still little children and your hardships weigh heavily upon you.

49. The time will come when you should no longer ask Me for anything, but should come to Me to say, “Father, work in me according to Your will.”

50. Blessed be your life, your journey, and also your table.

May My peace be with you!

Instruction 303

1. People: Since this teaching marks the beginning of the final year of My revelation through your mind, I urge you to subject yourselves to a profound and meticulous examination in the light of your conscience, so that you may be able to respond spiritually when I ask you: “What have you understood of My work, and what are the decisive steps you have taken along this path?” If, even after focusing on the depths of your hearts, you do not gain a clear understanding of what you have done well and what you have done poorly, you will find a perfect judgment of your works in My Word.

2. It is necessary to establish a balance through your conscience before you take the first step in the final year of My rally. For I want you to offer Me, at the end of that year, as the harvest and tribute of your efforts, the fruit of obedience, understanding, and spiritualization.

3. The year 1950 will be full of events that will unsettle the world. Every area of your life will be shaken. Humanity’s spiritual worship of God within the religions will be afflicted; the powerful nations will be afflicted; science will be astonished by the great signs in nature; and human life in general will be filled with facts and events that people will call strange and unusual.

4. You know that all this will happen to mark the final year of My revelation through events that are visible and tangible to people, because if I were to give them the signs of the end of this era spiritually, they would not perceive them due to their skepticism and their materialistic outlook.

5. All the trials and events that will shake the world during the year 1950 will be a parable of what happened in Jerusalem during that Second Era on the day Jesus died on the cross.

6. If you truly prepare yourselves and know how to observe what happens this year, you will become aware of the darkness, of those sinister forces invading the world—the storms that will lash nations and institutions—as well as the moment when humanity spiritually senses My presence and intuitively beholds the light of the Third Era. What will that moment be? , the final moment of My revelation—the moment when the curtain of the temple is spiritually torn, just as it happened in Jerusalem, and humanity then sees My light and recognizes the truth.

7. Do not fear, O people, for My mercy will cover you, and your prayer and the fulfillment of your mission will be like armor that protects you in adversity.

Nor should you fear being left alone when My Word ceases among you. For truly, I tell you, none of the gifts with which I have adorned your being will depart from you. Whoever has learned to lead multitudes will continue to lead hearts. Whoever has received My ray in their mind will have great inspirations. Whoever has been an instrument or a voice of the Spiritual World will continue to be receptive to that voice. And whoever has had the gift of the Word, of interpretation, of healing, or of prophecy will see the power of their gifts increase if they truly prepare themselves by clothing themselves in spiritualization and faith.

8. Prepare yourselves thoroughly so that, according to My departure, you may form a strong people and be able to welcome everyone who seeks you out, without feeling uneducated or insignificant in the presence of scientists, the titles they bear, or those who put you to the test because they believe they possess knowledge of the truth about the spiritual realm.

9. If these houses of assembly have been full during the time of My rallies, I want them to no longer be sufficient afterward. For this will signal the appropriate time for this people to set out and spread throughout the world.

10. I know that in your hearts you say to Me: “Lord, Your Word, full of force, majesty, and essence, has worked the miracle of drawing multitudes of people to this light. But according to the time—who will then work the miracle of drawing multitudes of people and caravans, as You have done?”

Disciples, why are you such people of little faith? Are not the gifts I have entrusted to you certain? Have you not witnessed firsthand the miracles you have performed through them? Truly, I tell you, in times to come you will perform even greater works—works sufficient to bring about the miracle through which you will fulfill My highest commandments of unity, obedience, and spiritualization.

11. Truly, I tell you, in the moments when My Word is heard through the voice-bearer, not only does the soul of this people tremble, but so do all beings in the Spiritual Realm who likewise need the divine light.

12. It is not the sound of the human word that reaches them, but the meaning and inspiration of My messages. For My voice is universal, and its echo reaches all worlds and abodes where a child of God dwells.

13. I send a ray of My light to every world. To you I have sent this light in the form of human words, just as it reaches other abodes through inspiration.

14. In the light of that divine ray, all spirits will unite, forming from it a ladder to heaven that leads them to the same point—the Spiritual Realm promised to all of you who are spiritual particles of My Divinity.

15. Can you imagine the joy of all those beings who were connected to you on Earth through physical bonds and who now live beyond your world, when they learn that the voice they hear is also heard by some on Earth? They have not distanced themselves from you, nor have they forgotten you, nor do they fail to do something for those who have remained a little longer in the earthly valley. Their tenderness and their blessings are constantly upon you.

16. There dwell those who were your parents, children, siblings, spouses, friends, or benefactors. In the spiritual realm, they are simply your brothers and sisters, but their love for you is the same or even greater, just as their force to help and protect you has grown.

17. Pray for them, people; you, too, must not cease to love them and remember them, for your remembrance and your prayers are a sweet comfort in their struggles.

Never imagine them to be confused or dwelling in darkness, for this would be as if you felt capable of passing judgment and pronouncing a verdict upon them. If people here on earth tend to be so imperfect and unjust in judging the affairs of their neighbors—what does it mean, then, when it comes to passing judgment on any soul?

18. I tell you once again that it is your duty only to support them through your prayers and your good deeds in the world.

19. Do not feel the desire for them to manifest themselves in your lives in any material way—whether by taking possession of a body or by any other means—for then you would be denying the spiritualization that I have taught you. Nor should you set a specific anniversary to summon them. Remember that the spiritual realm exists beyond earthly time, and that therefore any moment can be appropriate for you to draw closer to them through spiritual prayer.

20. How many of those beings whom you have often imagined as suffering from confusion are, in fact, the very ones who strove to lead you toward that path of light which they themselves could not find while they were on earth! Do not shed any more tears for them, and certainly do not mourn because they have departed for the Spiritual Valley. They have not truly died; they have merely departed a short time before the moment when *you* yourselves will have to depart. Yet this was ordained by Me so that they might prepare the way for you. Must I really tell you that you

have no business in cemeteries, and that the tears you shed over the graves are tears of ignorance, materialism, and delusion?

21. The souls of those for whom you weep are alive. Yet you insist on considering them dead in that body which vanished into the earth. You regard them as lost, while they await you with love to bear witness to the truth and to life. You consider them distant or unfeeling and indifferent to your struggles and sufferings. Yet you do not know how many obstacles they clear from your path, nor from how many dangers they protect you.

22. Ignorance compels you to be unjust—and even cruel—toward yourselves and others, though I must tell you: Who can remain ignorant after having heard even one of My teachings?

23. My Word is the ray of light that must encompass you all, so that you may remain united in the fire of My love. If, after hearing it, you believe in it and follow it, all of you who love and glorify Me will remain united from this moment onward.

24. The light of My Spirit has revealed to you all the gifts hidden at the core of your being—everything you have carried within you since your origin without even realizing it. I have let you know that the time has now come for you to truly recognize yourselves, to encounter yourselves, and to discover your heritage, so that you may be of a great spirit.

25. From time to time I have given you revelations. First it was the Law, later My teaching, and finally the full knowledge of your spiritual mission.

26. You say that I have been with humanity three times, but the truth is that I have always been with you. That Father who revealed His Law of Justice in the First Age of humanity; who, in the Second Era, made His "Word" become flesh in Jesus, His Son; and who now reveals Himself spiritually to the world—He has given you, throughout all ages, that divine parable whose meaning speaks to you through your spiritual development and lets you know that He who has spoken to you at all times has been one God, one Spirit, and one Father.

27. When I told you to give up pleasures, you misinterpreted my words and ultimately came to believe that it pleases Me more to see you suffer than to see you rejoice. Since I am your Father—how can you possibly think that I would rather see you weep than smile? When I told you to forgo pleasures, I meant only those that are corrupting to the soul or harmful to your body. Yet I say that you should seek out those satisfactions that are beneficial to the Spirit and the heart and that are within your reach.

28. The trial that human life entails is so harsh that it is necessary to sweeten it with all those spiritual and physical delights that make the burden of one's cross more bearable and lighter.

29. I bless all those who find the greatest joys of their existence in the warmth of their home and who strive to turn their parental love for their children, the children's love for their parents, and the love among siblings into a service to God. For that unity, that harmony, and that peace resemble the harmony that exists between the Universal Father and His spiritual family.

30. In these homes the light of the soul shines, the peace of My Kingdom dwells, and when suffering arises, it is easier to bear, and the moments of trial are less bitter. Even more meritorious are those who seek satisfaction in bringing this joy to others and who delight in the wholesome joy of their neighbors. These are apostles of joy, and they fulfill a great mission.

31. Truly, I tell you, if you knew how to seek moments of satisfaction and joy, as well as to observe hours of inner peace , you would have such moments every day of your earthly existence. But to do so, you must first elevate your soul and make your feelings and your way of thinking about life more generous.

32. This message, which I send to you through My Word, is filled with light that will illuminate your path and give your being *the* upward development that will provide you with teaching on how to live in peace and to enjoy in a wholesome way all that with which I have blessed your existence. Humanity still has a long struggle ahead to combat the shadows of pain and overcome its inclination toward false pleasures and deceptive satisfactions. It will have to fight against its religious fanaticism, which prevents it from recognizing the truth; it will have to fight against fatalism, which leads it to believe that everything is heading toward final destruction from which no one can be saved, and it will have to fight against its materialism, which causes it to seek only fleeting pleasures—sensual delights that plunge the soul into an abyss of vice, pain, despair, and darkness.

33. I give you my light so that you may leave the shadows behind and, on this planet that you have turned into a valley of tears, finally discover the true delights of the soul and the heart, beside which all other joys are small and insignificant.

34. I am now giving you the new Instruction intended for all people. Not everyone has prayed in anticipation of My coming, but their suffering has kept them awake and prepared them to receive Me.

The world has experienced what the “People of Israel” bequeathed to it since the Second Era, so that no one might distrust Divine Justice. Do you not know that the spiritually poor, who longed for the Lord’s arrival to receive from Him the light of hope and knowledge, were given the gifts of prophecy, divine science, and spiritual force? If you ask Me according to the whereabouts of those souls, I will tell you that they inhabit realms of life where everything great on this earthly planet is, in their eyes, like mere dust of the earth.

But if you ask Me what became of those who accepted nothing of My Kingdom because My Word and My promises seemed meager to them, I tell you that they belong to those who will incarnate and reincarnate until the end of time, according to their craving for gold, the world, the flesh, and force. And therefore, justly and for their spiritual atonement, the world with its meager riches and false force was given to them.

35. They have been afflicted by divine justice for a time, but have not been banished from the path of salvation that leads to the Kingdom of Truth. Therefore, now that I am sending you the light of My Spirit in abundance, I will eagerly seek them out to ask them whether the time of trial allotted to them is now sufficient, and to make them understand that now is the Third Age—precisely the one in which the ages are coming to an end, of which I spoke when I referred to the judgment upon the Jewish people.

36. You all have an appointment with Me and will have to come together to hear Me, for you must all hear Me.

37. Everything will be placed on the scales of My justice, where all deeds that have not yet been prepared will be weighed. My presence and My force will make themselves felt as never before. According to the chaos, everything shall return to its proper course.

38. Watch and pray unceasingly, lest you be taken by surprise, O people. Yet truly, I tell you, if you watch and pray for the world, there will be an invisible mantle that will protect you, because you were able to love your fellow human beings and feel their pain as your own.

39. I repeat that I will make My presence, My force, and My justice tangible. If I have permitted man, in his depravity, to desecrate everything that is holy in life, I will set a limit to his depravity. If I have allowed him to walk the path of free will, I will prove to him that everything has a limit. If I have permitted him to satisfy his pursuit of force and greatness in the world to excess, I will halt him on his path so that he may judge his own deeds by his conscience and answer My questions.

40. I have allowed pain, destruction, and death to make themselves felt in your lives so that their bitter fruits might help you understand the kind of tree you have cultivated. But I will also ensure that the pain fades away and the soul recovers and comes to its senses, for from this the hymn of love will rise. It has been said and also written down that this day will come when people have clothed their souls in the white robe of exaltation.

41. All will then be saved, all will be forgiven, all will be comforted. Where, then, is death, where is eternal damnation, and where is the fire without end?

42. I created neither death nor hell. For when My Spirit conceived the idea of creation, I felt only love, and from My bosom sprang only life. If death and hell exist, they must—because they are transitory—be human creations, and you already know that nothing human is eternal.

43. Here is your Master, chosen people, showing you the way once again. I am making you courageous soldiers who know how to fight and defend My cause.

44. United by My love, you will set out to walk the face of the earth and give life to the "dead" by showing this path, with the light of My Holy Spirit, to those who have gone astray—those who have become destroyers of humanity. You will carry this bread of eternal life, this "milk and honey" on which you have been nourished, everywhere.

45. You are My chosen people, whom I do not distinguish according to color or race. To all of you I have issued the call so that you may come to know your true God, so that you may not be infected by the confusion of the world. You are My chosen ones, to whom I have bequeathed an inheritance, in whom I have placed My gifts, and with whom I have left a jewel of inestimable value, so that you may be recognized by humanity.

46. I have cleansed and prepared your spiritual eyes so that you may enter the Hereafter, behold My presence, and bear witness to it before the multitudes of people. I have entrusted you with My wisdom, the book written in golden letters, so that you may never stray from the path, and so that you may guide humanity through it.

47. I have transformed you into My prophets so that you may bear witness to what the Father shows you in the Hereafter, and so that you may also prepare future generations.

48. In this Third Era, the Master has called out to you and invited you to His table. Some have come in physical bodies, and others as spiritual beings, yet all of you have partaken of the nectar of life.

49. You hear My word and say, “The Lord comes from the heights of heaven.” To this I reply: If by “heights of heaven” you mean the Pure, the Perfect, the Eternal, and the Wise , then you are correct. But if by “heights of heaven” you mean the material place located above you in infinity, then you have fallen into error. For I am in all things and everywhere; I am omnipresent, and my Spirit fills and encompasses all.

50. When you say that I “come down,” you are correct, for I descend from the Perfect to the imperfect when I reveal Myself to you. For I even take on human form and materialize Myself in order to make Myself tangible to you, who are human.

51. This congregation here, which is now hearing My Word, will soon understand the meaning of what I am currently teaching you and will be prepared to convey My message to others.

52. At present, I am receiving these multitudes of people here on behalf of humanity, and when I refer to humanity, I am speaking not only of the people of the present but of all the generations that have inhabited the Earth during six spiritual eras. The messages I have brought you during these six eras are precisely what I have symbolized by the name “seals,” of which—as you already know—one still remains to be unsealed so that it may reveal to you the meaning or significance of all the others—that lofty significance of the life of the soul, of development, and of perfection.

53. As a source of wisdom, as an inexhaustible wellspring of knowledge, I will bequeath to humanity the legacy of this Word, in which it will find the highest delight of the Divine, the Spiritual, and the Eternal.

54. The seed has already begun to spread across the earth. But once the seed has sprouted, I will send the water that makes the fields of the Spirit fertile. Then you will see spiritualization blossom in the hearts of humanity.

55. Today the number of newcomers is small, and the number of disciples even smaller. But they will multiply and spread throughout all places and regions of the earth, bearing witness that a time has come to humanity called the “Sixth Seal,” because it is the sixth spiritual stage of humanity on earth, and which is also called the “Third Era,” because it is the third communion of My Spirit with that of humankind—a time in which Elijah has brought you together from various paths.

I have sent you anew into this world so that you may perfect yourselves in the fulfillment of your difficult mission. My Instruction prepares you so that you may be spiritualized.

56. I also speak to you as a friend, so that you may no longer feel alone in the trials of this world, so that you may have faith and trust in your God

within your hearts, who reveals Himself and speaks to you through your mind.

If you have not felt Me, it is because you have not prepared yourselves. But if you prepare your hearts and lift your souls up to Me, you will feel Me and see Me with the eyes of your Spirit.

57. I have spoken to you during this time to remind you of the Law and so that you may fulfill it. I have allowed the Spiritual World to dwell among you so that it may counsel you, assist you, and protect you. These spiritual beings strive and work with the Father's love within their spirits.

58. The word that I bring to you is plain and simple, so that you may all understand Me, so that you may all be enlightened by the light of My Holy Spirit. I want you, when you no longer hear Me through these faculties of the mind, to be prepared as My disciples, so that you may go forth and bear witness to My presence through your words and good examples.

59. People will come to you to ask what the Instruction is like, what the spiritual meal is that your Master has entrusted to you for humanity. But you must show them the meaning and the love contained in My Word.

60. The truth will always prevail. I give you words of truth so that with them you may dry the tears of your fellow human beings.

In this time when you have the freedom of religious belief, do not allow yourselves to be enslaved by lies. I am teaching you anew through My love, and in My hand you will find no whip to force you to believe in Me. For if that were the case, I would no longer be your Father and your God.

61. Seek My divine glory; receive Instruction in forgiveness. I have entrusted gifts to you so that you may make good use of them and become My good disciples who guide humanity. Elijah and My Spiritual World are with you so that your cross may not become too heavy for you.

62. Blessed are the people of good faith who open their hearts to this message, and blessed are the people of good will who follow My Instructions, for they will be children of light and peace.

May My peace be with you!

Instruction 304

1. Blessed are those who come to Me because they have found the Way. Blessed are those who seek guidance through My Word. I am the Way, and you are those who walk upon it and will reach the summit of the mountain along this path. From this height, you will survey all that your soul has traversed during its evolution.

2. Every obstacle or boulder you encounter will be a test which, if you pass it, will earn you merit.

3. Who can claim to have understood the secrets of nature, to have penetrated the beyond, into the mystery of that which is neither seen nor heard—to have penetrated the divine arcane and to know its decrees? Who has been able to know himself in such a way that he can bring his actions into harmony with his spiritual and material nature?

4. You are still weak creatures wandering aimlessly. For although the knowledge you possess has prepared you to serve humanity, you have not developed your spiritual gifts, and you are still not sufficiently spiritualized to live in harmony with Me and with yourselves. If you cannot recognize yourselves, you will not be able to recognize others, nor will you be able to guide them perfectly. How can you be the leaders of humanity if you have not first learned to direct your steps along the path of truth?

5. When I speak to you in this way, O people of Israel, it is not because the Master looks down upon your work within My work. It is to make you realize that your steps toward spiritualization know no bounds—that with every step forward, you will gain more light to comprehend the greatness of My work.

6. I have endowed humankind with intelligence that enables them to explore the composition of nature and its manifestations, and I have allowed them to contemplate a part of the universe and to sense the manifestations of spiritual life. For My teaching does not hold souls back, nor does it hinder human development—on the contrary, it liberates and enlightens them so that they may examine, reflect, explore, and strive. Yet what humanity regards as the pinnacle of its intellectual inquiry is scarcely the beginning!

7. Everything has been prepared for the development of the soul. Prepare yourselves so that you may provide instruction to the humanity of tomorrow on how to connect with Me from Spirit to Spirit. In this day and age, the world has fallen into confusion due to its diverse worldviews, and it is the light of My Holy Spirit that can enlighten it, so that, upon receiving My inspiration, it may unfold the pure ideals that can spiritualize it, enabling it to live in peace.

8. My spiritual teaching unites people in a true understanding and appreciation of spiritual values. I am the center of this unity, the source of inspiration for their spiritual development.

9. You must come to Me with your sufferings, joys, and problems. In place of your pain, I give you the joy of feeling noble and worthy of Me—the opportunity to make amends for your transgressions.

10. Every person will be purified by the light of My Holy Spirit, which will inspire them to love their fellow human beings. In this way, peace will take root in the world, and all will unite in a single force, action, and spirit; and what no religion has achieved will be accomplished by the inspiration of God received by humankind. Therefore, in this Third Era, I give everyone the same opportunity to come to Me. My spiritual teaching gives no cause for differences.

11. If your ears do not hear Me at present, O humanity, and your eyes are covered with a dark veil, the day will still come when you will see the light of the Holy Spirit and hear My Word as divine music.

12. Israel, recognize that all your fellow human beings are worthy of receiving the gifts of grace that you have been given. Extend your hand to those you see in distress, for you know that you must all reach the same goal.

I have granted you the ability to hear My Word through the human mind. But many of your fellow human beings will deny the truth of this revelation and will also deny that I have once again paved the way for you in this time, that I am pouring out My grace among you, and that My Universal Ray rests upon the voice through which My divine mercy has prepared the way. They will not be able to comprehend how My Divinity can manifest itself through an imperfect creature, through whose mind I reveal Myself to you. Instead, they will continue to seek Me in the tangible forms of their old religious rituals and rites. Is it perhaps difficult for God, who is almighty, to reveal Himself through the human mind? Do you wish to experience faith in Me only through images and ritual acts of worship?

13. If you believe in Me as the Almighty, as the Creator, as the universal authority who exerts influence over all—if you believe that I am present in all of My creation—then you cannot doubt that I have prepared the mind of those I have chosen for this purpose so that I may reveal Myself through them.

14. I reveal Myself in the air you breathe, in the immensity of outer space where the worlds exist—in the sun that sends its rays to your planet—in the visible and in that which is invisible to you.

15. Chosen people, do not set to work with judgment or criticism of others. Reach out your hand and take hold of the hands of your fellow human beings who seek Me in various ways. Speak to them so that they may receive the knowledge you possess. Yet listen willingly to their reflections, so that you, too, may receive some guidance. For no one is self-sufficient; you all need My wisdom and that of your neighbors.

16. As spiritualists, you should enter into a loving relationship with your neighbors, no matter which religious community they belong to. In this way, you will bear witness that you have been prepared by Me. Then your noble deeds will reach all hearts, and you will be understood by all who reflect on them without selfishness.

17. My people, Spiritualism has no outward forms; it does not need these manifestations or these rites. As long as your actions express something incomprehensible or mysterious, you cannot be true spiritualists. The outward trappings, the expressions, the forms, and the objects you needed to make an impression have been removed. For My Word possesses sufficient power for you to recognize Me and rise to perfection.

18. According to the year 1950, the true spiritualist will have understood the Instruction I have given you and will practice it with the sole purpose of sharing My mercy wherever it is needed.

19. Tomorrow, people will be able to better understand this word, which has been heard by only a very few, and it will be widely understood.

20. It does not matter that, by the end of the year 1950, my word has not been understood by everyone. The few seeds that remain will be sufficient for the fruit to ripen in the future.

21. Beloved disciples, you are like a star, like a lighthouse in the vastness of the sea. Strive to preserve your garment; purify your heart and transform it into a sanctuary where the torch of the sixth candlestick illuminates every soul day and night.

22. Be like Me—humble and meek of heart. Love one another; forgive one another. Be like a river of crystal-clear water. Carry a single fruit in your hands. Present the instruction of a single book as the lifeboat for humanity.

23. Come to Me; I am waiting for you. To those who ask, it will be given; those who seek will find; and to those who knock on this door, it will be opened. I will shape you like boulders with the chisel of My Word and bathe you in the light of the Holy Spirit.

24. O beloved disciples! Turn away from the temptations of the world, for I have prepared you so that tomorrow you may be like your Master.

25. On the last day of My rally among you through human mind, even the “stones” will weep. Yet I will let everyone feel the kiss of My peace; I will press each one to My breast. And afterward, when I see that you are prepared, I will say to you from the “cloud”: Here is the desert; cross it and bring to the world what I have given you.

26. O disciples! I speak to you of tomorrow and encourage you so that, at the moment of My departure, you will not weep with grief. For I do not want you to be sad afterward—I want to see you giving instruction, bestowing the crystal-clear water of the spring and bringing fruit in abundance to humanity.

27. Bear witness as My prophets did; proclaim that I am within you as the Holy Spirit. You will no longer hear Me through human voices, yet spiritually you will continue to receive My Instruction eternally. When you undergo spiritualization, you will be filled with joy, for you will feel Me, receive inspiration, and experience in all your trials that I am with you. You will hear My voice from Spirit to Spirit, encouraging you to press on in your struggle, and you will feel strengthened, for I will be with all My children.

28. Today I reveal Myself among you as the Father, the Son, and the Holy Spirit, and I am with you in essence, presence, and force.

29. Come near, you multitudes who are part of My people Israel. Come to Me, you women who are mothers on earth, like Mary. Come to Me, you virgins, you young men, you children, and you adults, for I receive you and give you My kiss of peace.

30. Let your soul come to Me, for I am the One who can give it what it needs. I am the Giver who pours out His grace upon both incarnate and non-incarnate souls.

31. Chosen people of Israel, you are no longer little children, for you have developed more and more along this spiritual path and have acquired much knowledge during your various reincarnations. Now, in this Third Era, you are the disciples of the Divine Master, learning the lessons I have given you day by day so that you may be great in Spirit, knowers of what is unknown to humanity.

“Israel” will be great in the times to come through its knowledge, through its understanding of My Work, through its unity, through its struggle, through its obedience, and through its love for My Divinity and for its fellow human beings. For if My people were to lack this spirituality, the world would regard My Work as merely one more teaching on Earth.

32. All this will happen if My people do not prepare themselves, if they do not understand Me, if they do not undergo spiritualization. Therefore, I

tell you: Now is the time for you to renew yourselves and to elevate yourselves spiritually through the practice of My teaching.

33. Yet I have not come in vain in this Third Era to reveal Myself through the light of My Holy Spirit. For you are the first whom I have purified and cleansed of blemishes, whom I have strengthened and given teaching, so that you may be prepared for the fulfillment of your difficult mission, and so that you may rise as apostles, as elder brothers and sisters of humanity, so that you may be for humanity like the stars in the firmament, and so that your fellow human beings may thus recognize the fulfillment of the prophecies given by Me and through the messengers of bygone times.

"Israel," you will gain prominence among the peoples, among the nations, so that they, too, may be nourished by the bread of eternal life.

34. I make you an open book containing the prophecy, My Instruction, the divine revelation, and the testimony of My presence. This book will reveal itself to those who seek this knowledge. You will answer many questions with light and truth. You will not be deceivers; you will defend My work and not allow the world to desecrate it.

35. This Instruction is not intended only for you. For once you are prepared according to the example of your Master, you shall set out to bear witness to Me— —through your words and deeds. I will lead to you the philosophers and scientists who considered themselves great in their knowledge. Yet you shall not fear them because of their science, for in comparison to My wisdom, they are very small.

36. As long as the human mind is not free from every form of darkness and does not free itself from every shadow it harbors within, it will not be able to understand Me, nor will it be able to recognize My messengers, My apostles, nor those who will appear as Masters in the future.

37. Reflect, O people of Israel, and free yourselves from all fanaticism and from all the vanity of materialism, so that you may carry out your mission in a perfect manner.

38. If My people do not set out and strive as it is My will, their trials will be very great, so that they may recognize their error, and they will be as severe as their strength allows, so that they may learn to recognize and understand what their duty is.

39. Into the body of each one of you I have placed a particle of light that is part of My Spirit, and all these particles must, when the time comes, return to My bosom. The souls that have incarnated among the rest of humanity are like your own, and among them there are beings who

likewise seek Me. They, too, know how to rise up to Me to ask Me questions.

Others turn to Me to ask according to what the reason for the upheaval that humanity is suffering is, and say to Me: “Father, why do You not answer us? Why do we not feel Your strength so that we might not fail? Are we not Your children?” Thus the souls cry out to Me, yet they do not know that they are currently being purified—they do not know that they are living in the Third Era—they do not know that they are in the time of the Resurrection for both the incarnate and the non-incarnate.

People have boasted of what belongs to this world; they are filled with pride and have not allowed their souls to rise up to Me.

40. In this time, it is My will that all come to Me, that they seek Me in the spiritual realm, where they will find their Father.

41. In this time, Israel, you are to earn merit and, through your example, teach people how to live in communion with Me.

42. I speak of your faults only because nothing is hidden from Me, and it is necessary for you to renew yourselves so that you may be pure vessels before Me . I have given you My Word, and in it is My power, so that you may overcome all temptations and trials. I have enlightened you so that you may understand what concerns your soul and what pertains to your human life. In this way, you can live up to the divine commandments, for you are My disciples, whom I instruct so that your soul may develop ever higher, and so that you may no longer collapse under the burden of materialism or under the habitual ritual practices that you have introduced into My work. You must no longer allow yourselves to be held back by superfluous things, for you have the strength and the necessary knowledge to overcome all obstacles. You must press forward unceasingly.

43. To the extent that you attain purity and dematerialization, your worship of God will become more spiritual, and your acts of worship within My work will become less complicated. For in My work you have acted according to your own will and have not adhered to spiritualization; you have not prepared your hearts to send up your prayers, and you have offered Me only the written prayers with words, thereby imitating your fellow human beings. For your rites, your manner of worship, and your traditions were the same as those that people present to humanity. In what, then, did you differ? What made you different from the others? Nothing, Israel, for you have materialized My Word, and you did the same with My Spiritual World. Your religious practices fell prey to a sensuality similar to that of humanity; your symbols were the same, and you also displayed their discord and greed within My work.

44. How, then, could humanity believe in you? How could they recognize Me in your behavior if you presented the same image as your fellow human beings?

When the Father saw that your way of life was very slow and very attached to the senses, He no longer showed you leniency, and so He commanded that you unite and gather together so that He might surprise you with His words, which were drawing to a close. And without further concession, He commanded you to free yourselves from all materialism, to purify your acts of worship, for they were more sensual than spiritual. Yet My work is spiritual; My work is meant to elevate the soul, to renew you in your human life, so that the "flesh" and the soul may lead a life of higher order. My will would no longer allow my people to plunge into the abyss and carry out my work there.

45. Therefore, when it received My commandments, there was confusion in Israel because of its materialism. Others, however, obeyed this commandment with respect and obedience, for their souls recognized that the hour of a new awakening for Israel had come, that the Father had torn it away from its routine and old customs, and they gave thanks to Him.

46. All these trials have shaken you, O people, since you had grown accustomed to routine. For you had hindered your mind and your soul from spiritual growth through false religious practices.

47. You now know, O people, that if you do not follow the Instruction I have given you to fulfill your duty, it will have been of no use to you to hear Me. For it is My will that when you receive My Word, you put it into practice, because the end of My revelation through your mind is drawing near for you—the year 1950, after which you will no longer be able to hear My Spiritual World.

48. I do not want you to feel pain in your souls because of this, for I have prepared you to be strong souls, so that tomorrow you may be like trees that provide shade to the traveler who is weary and exhausted by the scorching sun. Nor do I want you, at the moment of My departure, to cause My Spirit pain like the pain you caused Me in the Second Era. I do not want you to place the cross of your sin, your disobedience, and your failure upon My shoulders once again. I want to see obedience, the fulfillment of duty, renewal, spiritualization, and your elevation in Israel, so that you may communicate with Me from Spirit to Spirit.

49. Israel, now is no longer the time to sleep; you must awaken fully so that you may devote yourself to the task of rousing humanity. For although My light illuminates every mind, I see My children in a lethargic

state; I see My law in dusty books. You, however, My chosen people, must guide humanity and "watch over" them.

50. You shall speak to the world about the teachings of the Spirit without fanaticism.

51. Practice the dialogue from Spirit to Spirit, which you must continue to perfect day by day. For it is My will that you and humanity communicate with Me. Through this connection, you will receive My inspirations and My assignments, and I will receive your soul, hear your prayer, and allow your spiritual arms to embrace Me.

52. When you have learned to connect with Me from Spirit to Spirit, your gifts will unfold, and in your religious practice, these gifts will blossom in glory and spirituality. Then you will seek Me in the spiritual realm, and your worship will be perfect.

53. This revelation through the human mind shall no longer be among you. I do not want you to feel forsaken according to My departure, nor for death to take you by surprise, nor for weakness to be among you. For after 1950, you will prepare yourselves and seek Me from Spirit to Spirit; you will live in harmony and in My peace. Then you will make up for lost time and attain the level of spiritualization that will bring you closer to My Kingdom even while you live on this planet, and you will prove to the world that you do not need rites, ceremonies, or material symbols to offer Me your worship — that your form of worship is noble and spiritual, and that your faith is a torch that spreads its light along the paths of life, in the hearts, and in the souls of people.

54. The time of My revelation has been sufficient for you to attain that degree of spiritualization which will lead you to the renewal and elevation of your soul.

55. I am currently helping you climb the mountain. I am leading you by the hand toward this goal, and I have granted that My Spiritual World may also stand by you, that it may strengthen your faith, that it may ensure your steps are steady, so that there may be no more doubts as you fulfill your mission, and that nothing may cause you to stray from the path you have walked for so many years and centuries. I have provided what is necessary for your sustenance as you cross the desert, and therefore you are now very close to Me.

56. The time is drawing near when I will bring My revelation through human mind to a close, and then you shall set out to continue your journey. For your destination is not here on earth, nor is there any rest for you here. I want you to be sufficiently prepared for the struggle that awaits you; then, through the gifts I have bestowed upon you, you will be

Masters, My apostles, and My witnesses. I want you to be like a great torch that brings My light to the various peoples who make up this humanity.

57. You are with Me, enjoying My peace and receiving My Instruction so that you may prepare yourselves. Yet do not forget your fellow human beings, the world that is in chaos and drinking from a very bitter cup—do not forget the confusion that reigns in this world . I do not want to see you become callous, for the world's cry of distress must reach you as well.

58. You are the ones most accountable to Me, for to you I have given My Word through human mind. I want your actions within My work to become more perfect and spiritual, for the day is not far off when you will carry My teaching everywhere, prepared by Elijah and My Spiritual World. For My Kingdom awaits everyone, and you must all come to Me through your merits and the humility in your souls.

59. You have often said to Me from the depths of your hearts: "Master, Father, why have You entrusted Your work—though it is so delicate and profound—to such sinful and unworthy people?
Why have You placed such a great responsibility in our hands? Why, even though You see this people—whom You call Israel—as so clumsy and ignorant, have You placed Your complete trust in them? Why have You chosen us, who have endured so many trials, so many purifications, so much fanaticism and idolatry?

Yet I say to you, My children: Precisely because you are the people who have been greatly purified and have recognized Me in the midst of your trials. For the trials have brought you closer to Me, and so I have presented you to the other nations as a chosen and blessed people, so that through you they may receive and come to know My work for their renewal and spiritualization.

However, I have not chosen you because I have more affection for you, nor because I love you more than the rest of humanity. Nor have I made you possessors of gifts and graces because you are more worthy in the eyes of the Father. If you have undergone your purifications, it is because you have also been the people who have sinned the most, who have committed the most errors, and you therefore have the greatest atonement to make.

60. Search your conscience, O people, and consider whether you are worthy of Me. Recognize whether your merits are great enough to stand before Me. Remember your past and consider whether what you have done during your journey through this world makes you worthy of Me seating you at My right hand.

Tell Me, after you have reflected on your past, whether you have earned the right to possess My grace, My gifts, My blessings, and My law.

"No," your heart says to Me, "You have often told us that we are an ungrateful people—a people who have always been disobedient to You."

But I tell you: I have bestowed My grace upon you with the great longing in My Spirit that one day you may become a people of pure thoughts, that you may accomplish great works, that you may attain a great spiritual elevation.

61. It will be your grandchildren who will bring the seed of truth to bloom. You will sow it first among your loved ones and then among all humanity.

62. Israel: According to 1950, everything will change for you. Your religious practices and your knowledge will continue to evolve; your works will become more spiritual; your thoughts and your prayers will be more elevated; and you will become even more spiritualized. For then you will no longer live in materialism.

63. I am making your hearts sensitive so that you may feel the pain of humanity. Just as I am giving you My Word today, so tomorrow you shall be the ones who must pass it on to the world. Since humanity did not want to come to Me, tomorrow you shall go to them and, in My name, bring them the message of love that I have left them as an inheritance.

64. Great will be your struggle and the work you must carry out among this humanity, which is without faith, without hope, and without God. Although I am near to them, they have not sensed Me nor perceived My presence. For they wish to see Me in a sensory way, and since they do not see Me with the eyes of their Spirit, they reject Me and forget Me. Soon the moment will come when you, as My apostles, are to set out and, with your powerful and spiritual voice, awaken the masses and lead them to faith and spiritualization.

65. In this present age, it is not only twelve hearts that I will use according to 1950 to bear witness to Me. Today, there are 144,000 chosen ones from My blessed people of Israel, in whom I have placed all My hope and trust, so that humanity may come to know My work through them.

66. You are to be the strong ones among humanity and fulfill your mission to the end. Yet you will always be protected by My Spirit. I will be your defense, and spiritually I will entrust to you My essence, My presence, and My force—to the extent that you feel and practice the love, the spiritual love, that is revealed throughout all creation.

May My peace be with you!

Instruction 305

1. The spiritual life of humanity is divided into three epochs or ages. In the First Age, I revealed Myself as Father; in the Second, I revealed Myself as Master; and in the Third Age, I make Myself known as Judge.

2. These are three phases that I have revealed to humankind, during which you must come to know Me fully. However, do not seek to recognize three gods or three persons where only a single Divine Spirit exists. For in this present age, you are capable of accepting the simplification of all that you have shrouded in mystery and made so complicated as to be incomprehensible.

This "temple" will remain, yet this work has made no progress for many centuries, and you must now continue it with the aim of bringing it to completion, so that you may present it to your Father.

3. It is not necessary for all the peoples of the earth to attend this rally. For I will ensure that my Instructions spread throughout the globe through writings and books, as happened in the Second Era. Then my spiritual message will become known, and people of good will will strive to follow it.

4. In this humble and simple book, yet filled with Divine Light, people will find the resolution to all their doubts; they will discover the completion of the Instructions that were revealed only in part in times past; and they will find the clear and simple way to interpret all that is hidden in allegory within the ancient texts.

5. Whoever, according to the reception of this spiritual message, becomes convinced of the truth of its content and sets out to combat their craving for sensory impressions, their idolatry, and their fanaticism, and to purify their mind and heart of all those impurities, will liberate their soul and bestow upon it joy and peace; for now it will be able to strive to attain the eternity that awaits it. But those who continue in their outward religious practices, who are set on loving the things of this world, and who do not believe in the unfolding or development of the soul—truly, I tell you, they will be left behind and will shed tears when they become aware of their backwardness and their ignorance.

6. While everything is ceaselessly growing, changing, perfecting itself, and unfolding—why should your soul remain stagnant for centuries?

7. It is the human spirit soul that should lead the way in all the works that man accomplishes, for it is to the soul that life on Earth has been entrusted. Yet here on your world, you do the opposite, because the soul neglects its highest duties in order to devote itself to earthly goals and to plunge ever deeper into the intoxication of the life you have created.

8. Since you have discovered and learned so much through science, you are no strangers to the ceaseless evolution that exists in all beings of creation. Therefore, I want you to understand that you must not leave your soul in that state of backwardness and stagnation into which you have led it for so long, and that you must strive to achieve harmony with all that surrounds you, so that a day may come for humanity when nature, instead of concealing its secrets, reveals them, and instead of the forces of nature being your enemies, they become your servants, collaborators, and brothers.

9. I sent the soul forth to incarnate on Earth and become a human being so that he might be prince and Lord over all that exists upon it, and not so that he might be a slave and a victim, nor one suffering hardship, as I indeed see him. Man is a slave to his needs, his passions, his vices, and his ignorance.

10. He is a victim of suffering, missteps, and strokes of fate that his lack of spiritual elevation brings upon him during his journey on Earth. He is in need because, unaware of the inheritance to which he is entitled in life, he does not know what he possesses and behaves as if he had nothing.

11. Humanity must first awaken so that it may begin to study the Book of Spiritual Life; and then, soon, through the transmission of this world of ideas from generation to generation, that blessed seed will emerge in which My Word is fulfilled. I have told you that one day humanity will attain spiritualization and learn to live in harmony with all creation, and that soul, mind, and heart will walk in unison.

12. This Third Era, in which human wickedness has reached its peak, will nevertheless be a time of reconciliation and forgiveness.

13. While people, driven by their selfish goals and their hostilities, prepare the destruction of their fellow human beings—whom they call enemies —I am preparing the hour when I must judge them by causing them to assess and recognize their own deeds.

14. In that hour of judgment, when the conscience is heard and its light shines forth, illuminating the mind and the heart, people will tear at their hair and gnash their teeth, and say to Me: “Lord, how could I have been capable of so much evil? Why did You allow me to commit such a heinous act?”

15. Blessed are those who awaken in this moment of judgment, for they will see the light of My forgiveness descend upon them; they will see the blessed day of reconciliation arrive. Then many people will understand the reason for My teaching of love and will come to know what each of My children means to Me, even the most sinful among them.

16. Yes, beloved people, I love everyone boundlessly, for even behind a great sinner lies a soul that needs My light so that it may sin no more.

17. I come to save the wrongdoers, for the person who commits crimes is also a child of God, and each of My children means a great deal to Me.

18. I will spread this teaching over the entire earth like a cloak of hope and salvation, thereby offering everyone the opportunity to pay off their past and present debts according to their ability until they feel Me once again in the innermost depths of their being.

19. You have not felt Me for a long time; you have lost Me, and I am now giving you the opportunity to encounter Me. I know that whoever rediscovers Me on their path will never lose Me again.

20. Begin to come toward Me, you sinners. Do not fear that, when you come into My presence, My voice will judge you before your fellow human beings, for I will not betray you. Do not be afraid, just as Mary Magdalene was not afraid; when she came to Me, she cast off the heavy burden of her sins, without caring who saw her, heard her, or condemned her. She was at peace because she knew that she was no longer a woman defiled by sin, but a sinner purified by repentance.

21. Take her as your example in her repentance and in her love.

22. I will let all of you hear My voice in your consciences—a voice from the Father, from the Master, from the Judge, which will penetrate your hearts and make them beat faster with joy, amazement, and love. My voice will be heard within every creature because your soul is ready to receive Me in this form.

23. In the silence of the prison cells, My voice will be heard, saying to those men and women: “I am here with you. Did you really think I had forsaken you? No, you of little faith, I do not ask you whether you are murderers or whether you have stolen. Through My love, I redeem the one who has sinned; I encourage the one who has fallen; and I save the innocent one who has become a victim of slander, injustice, or error.”

24. My voice will be heard amid the din of war, and its tone will be so piercing that the weapons of men will fall silent when My presence is felt.

25. In hospitals and wherever a sick person may be, I will likewise make Myself felt and heard, “anointing” and comforting the sick as only I can. I will spread a mantle of peace and comfort over the pain of those who—forgotten by their fellow human beings—suffer, and I will pour a divine balm upon their sufferings and lift them up to life, so that they may bear witness to my spiritual presence.

26. In homes, I will be felt by both children and adults, and both will bear witness to My presence.

27. When I find the hearth fire extinguished, I will call the husband and say to him: Why are you not loving and understanding? Why do you not kindle the fire of love, which is the flame that gives life to your marriage?

When I see him neglecting his duties, I will take him by surprise and say to him: Why have you strayed from the right path and cast aside the cross? Did you not have the strength to drink even the last drops of the bitter cup that remained in the chalice? Return to the path on which I set you; only there will you find Me, ready to reward your faith, your obedience, and your courage.

28. I will touch the wife's most sensitive heartstrings and ask her: "Woman, do you really believe that, far from the path of your duty, you will find the peace you long for? No, do not deceive yourself. Your merit will lie in bearing, with self-denial and patience, to the very end, the cross that I placed upon your shoulders."

29. There will not be a single heart left to which I do not make My divine presence felt and call for reconciliation, love, and peace.

30. I seek hearts that are prepared so that I may place My essence within them—which is like entering in Spirit into the inner temple of man—that temple from which I must drive out your sins as if they were profane merchants, until the sanctuary is purified.

31. I do not bring a whip to make you understand My Word; I bring the Bread of Life to strengthen you in the ideal of your elevation.

32. While the world has come to believe that I have abandoned it in its abyss of pain and sin, I have come to give it a new proof of My infinite love, which can never forsake you, and which therefore speaks to you with a father's love and forgives you.

33. Sometimes, when you hear My Word full of divine tenderness, you are confused, unable to understand why I use this manner of Instruction toward sinners, even though I should apply a certain severity to bring you into submission.

34. I tell you that in this "Third Era"—even if it seems impossible to you—the renewal and salvation of humanity will not be difficult, for the work of redemption is a divine work.

35. It will be My love that brings people back to the path of light and truth. My love, which secretly penetrates every heart, caresses every soul, and manifests itself through every conscience, will transform hard rocks into sensitive hearts; it will turn materialistic people into spiritualized beings and hardened sinners into people of goodness, peace, and goodwill.

36. I speak to you in this way because no one knows the development of your soul better than I do, and I know that despite today's people's great materialism, their love for the world, and their passions—which have developed to the point of the greatest sin—they are only apparently enslaved to the "flesh" and material life. I know: as soon as he feels the loving touch of My love in his soul, he will quickly come to Me to cast off his burden and follow Me on the path of truth, which he unconsciously longs so much to walk.

37. I will not have to show him the law carved in stone as in the First Age, nor will I have to make My presence known through the forces of nature so that he may feel Me. I will not even have to be born in human form to redeem the souls of humankind through a life of suffering and a bloody death.

38. Those times are past; the human soul has evolved. It is no longer the little child of bygone days who had to touch the Divine with his hands and perceive It with his physical senses in order to believe in Me and in My presence.

39. Behind his materialism and his lack of sensitivity to the spiritual, man conceals a soul of light, a spirit soul that has traveled far and passed great trials, which have given him steadfastness, experience, and knowledge. It will suffice for him to be willing to enter into an inner dialogue with his conscience so that he may be reborn into a new life and discover, at the core of his being, the true Holy of Holies, from which the infinite Voice of the Lord emanates as a law of eternal and wise justice—as a path that is always luminous and sure.

40. If that spiritual development were not present in this humanity, and if it were not on the verge of its liberation, I would not have given you the revelation regarding the dialogue from Spirit to Spirit for this time.

41. The trials your world is undergoing are the signs of the end of an age; they are the downfall or the death throes of an era of materialism; for materialism has been present in your science, in your goals, and in your passions. Materialism has shaped your worship of Me and all your works.

42. Love for the world, greed according to earthly things, the desires of the flesh, the indulgence in all base passions, selfishness, self-love, and pride were the forces with which you created a life in accordance with your intelligence and your human will—the fruits of which I allowed you to reap so that your experience might be made complete. Yet if this age, which is now coming to an end, is to be marked in the history of humanity by its materialism—truly, I tell you, the new age will be distinguished by its spirituality. For in it, the conscience and the will of the Spirit on earth will

establish a world of beings who are magnanimous through love—a life in which one feels the Spirit of the Father vibrating in the spirit of the children, because then all the gifts and abilities that today lie hidden within your being will have infinity as their field of activity.

43. Beloved people, you must understand Me, for I speak to you in the simplest terms, and My Word contains no mystery whatsoever. I am your Father and have no secrets from you . I have opened My treasury so that you may find within it the wisdom you need to be enlightened during the period you are currently experiencing.

44. The human soul has evolved, its abilities have unfolded, and it is capable of beginning the study of My work.

45. The gift of inspiration, that of the (inner) Word, and that of knowledge are within all of you when you are prepared, because the light has been poured out upon your souls.

46. Know that it is your destiny to come to Me by the same path that I paved for you when I became human. My example is known to all. Who has not already heard the name of Christ spoken? Who has not remembered his Master in his hours of trial? And who has not—in his former earthly lives—cried out at the hour of death, when his body dies, in order to reach the spiritual realms: “Into Your hands I commend my Spirit”? I know your longing for light, your yearning for spiritualization. That is why I have come down to you.

47. Your Shepherd has prepared you so that you may come to Me. He is the same One who cried out in the desert during the Second Era, and to whom many who were hungry and thirsty for love came to be prepared.

48. It is Elijah who has brought you to Me, for his mission—to go before Me on each of My comings—is and always will be the same.

49. Today you are living through a new era, and in the face of the miracles you have witnessed, your soul has bowed down. It has turned inward and has found in My words the answer it needed to allay its doubt—the light that invites it to continue on the path. And there, in the Infinite, it sees the doors opening to a home that awaits it, where the Father and the Mother will welcome it to dwell with them forever.

50. Open your eyes to the truth, for now is not a time for secrets—on the contrary, it is the time to reveal them.

51. It should not be fear that guides your steps, nor should it be fear that compels you to keep the law. Faith and love should be the force that drives you to perform good deeds in your life. For then your merits will be genuine.

52. This age of light will bring understanding to all people, for every mystery will be revealed.

53. You say to Me in your hearts: “Lord, if You set Your truth before our eyes—what merit will we then have earned? You have said that blessed are those who have believed without seeing.”

54. Oh, you people who do not know how to interpret My Word. Do you not see how necessary it is for Me to help you penetrate its meaning and understand it?

55. It is true that I said at that time, “Blessed are those who have believed without seeing.” But what I meant to say was: “Blessed are those who—without trying to see the Divine with their earthly eyes—know how to see it through the light of faith, which is the spiritual gaze. Blessed is the one who—without intending to touch or perceive the spiritual with his senses—knew how to prepare himself to feel the divine presence in his soul.”

56. Understand, disciples, that when I said, “Blessed are those who believe without seeing,” I was referring to the sight and the senses of the “flesh,” for the one who believed in this way did so because he saw and felt Me with his soul.

57. You now stand on the threshold of a time when you will not only believe through faith—through that higher vision of the spirit soul—but will also understand with a comprehension that transcends that of your human mind, for it will be the soul, enlightened by spiritual wisdom.

58. Even in these present times, I say to you: “Blessed are those who, without seeing with their physical eyes or comprehending with their limited human intellect, nevertheless believe because they feel with their soul, because they rise up to see with the spiritual gaze and to comprehend with that intelligence which stands above all human cleverness.”

59. When true faith in the Divine arises in a person, it is because he has seen with the Spirit. Who or what, then, could lead him to deny what he himself has experienced in this way? Those, however, who deceive themselves with a false faith—because they have never understood how to see or feel with the Spirit and have been content to say that they have faith even without seeing—do indeed believe. Yet these are the ones who, at the first test, begin to doubt, become uncertain or confused, and ultimately often deny it.

60. Yet I save you all. That is why it was already told to you in times past that the hour will come when every eye will see Me.

61. Your progress or your spiritual evolution will enable you to discover My truth and to perceive My divine presence—both in the spiritual realm and in each of My works. Then I will say to you: “Blessed are those who are able to recognize Me everywhere, for they are the ones who truly love Me.”

62. Blessed are those who are able to feel Me with their soul and even with their body, for they are the ones who have imbued their entire being with sensitivity, who have truly undergone spiritualization.”

63. How greatly have the impure religious cults practiced by humanity hindered spiritual development! In doing so, people have prevented the miracles wrought by spiritual faith from becoming reality, and the natural influence of the spiritual upon human life has also been hindered.

64. When people receive My blessings, My answers, and My ceaseless proofs of love, this does not happen as a reward for faith or true spiritualization, but because of My compassion for their immaturity, their misery, and their ignorance.

65. I know that many will be outraged when they hear these words; but they will be those who, in their spiritual confusion, refuse to recognize that, in addition to human nature, the spiritual aspect also exists within human beings—or those who, though they believe in the human soul, are bound by the customs of their traditions and religious convictions and deny that there is an infinitely long path of development for the soul.

66. I also know that I must speak to you with words of justice in order to shake you and rouse you from the deep lethargy in which the world finds itself.

For a long time now, people have used their strength to do their own will, applying the gift of free will to earthly endeavors. But I see that they still have strength, and I will make use of it by inspiring in them the ideal of a new world, a better world, whose foundation shall be that of true faith, and whose goal shall be the elevation of the soul through love and justice. Has this not been My teaching at all times?

67. Study My lesson, and after you have reflected deeply upon it, ask your Spirit for its judgment on it. It should not be your mind nor your heart that is the first to pass judgment on something that lies beyond them. For you live in a time when My divine light, by becoming thought, reaches your mind and allows it to enter a world of infinite beauty and wisdom.

68. Here with you is the One who has never grown weary of waiting for you, who draws near to your heart to inspire it with spiritual longings and to fill its immeasurable emptiness with My love.

69. Nearly twenty centuries have passed since the world ceased to hear and see Me, without realizing that I have never been separated from it for even a moment, nor have I ceased to speak to it for even a moment.

70. In those days, I had to become human so that you might hear My Word. Now I have had to reveal Myself through the human mind so that the world might once again hear "the Word."

71. It is no longer Jesus of Nazareth who appears before your eyes—it is Christ, it is the Master in the Spirit, who manifests Himself before your spirit to give you His new lesson.

72. Jesus was the body, the incarnate form that I used to make Myself visible to human eyes, and Nazareth was the village where I grew up as a human being, where I spent my childhood and began my youth. Mary, the Blessed Mother, who offered Me her womb so that I might become human, was from Nazareth, and it was there that that body grew and developed, which is why the world later called Me the Nazarene.

73. Today I do not come from Nazareth; I dwell in the world that corresponds to Me, which is the Spiritual Kingdom that I already proclaimed to you in those days, and I let you hear My voice, for which there are neither obstacles nor distances.

74. I bless you, O people, who have gathered this evening to welcome the first day of the final year in which you will receive the proclamation of My Word in this form.

75. Soon I will no longer speak to you in ecstasy through these messengers. But you must not forget that I have told you that I will never part from you, and that I will never cease to send you My Word in the form of inspiration.

76. There was much confusion among people when I appeared among them during that Second Era. But today, as I once again make My humanized voice heard, I discover that the confusion is even greater. Thus, I see that the hour I foretold has come for Me to reveal Myself anew to humanity, and I begin My work of light by spreading My truth and guiding people, step by step, along the path on which they must unravel all the mysteries they are meant to know and on which they must find every explanation and every clarification.

77. A momentous time has now begun—a time of immeasurable significance for human beings and spiritual beings.

78. And this year, the last of My rallies, is likewise of infinite significance for this people, for in it I give you the standards, the light, the tasks, and the knowledge to enter a new era with courage and steadfastness.

79. My message has been clear, luminous, and understandable, so that you may never stumble over the boulders of error or ignorance.

80. Ensure that its meaning remains preserved in your hearts, so that you may carry Me within you, and that within each of you there may be a counselor, a guide, and a healer.

81. If you follow My teaching as I taught it to you, if you practice spiritual charity, you will soon cease to be little children and become disciples, discovering how easy it is to connect with My Spirit through a pure and uplifting thought. Then you will understand why the period of My revelation had a limit. For if it were never to end, you would never become spiritualized, because instead of elevating yourselves through your purification and your merits in your longing for My inspiration, you would remain down there in your world, constantly waiting for the messenger to prepare to bring you a message.

82. Truly, I tell you, the fruit of My Word, which has been a seed in your hearts, is, according to My will, to be the dialogue from Spirit to Spirit. I have already entrusted the seed to you; I have already taught you to sow it. Now you have the task of spreading it and tending to it. For I will be awaiting the fruit of My sowing, so that in My Spirit I may feel the indescribable joy of the children's presence with Me, hear their spiritual voice, and feel their caresses, just as I did through the lips of Jesus: "I thirst, I thirst for your love."

May My peace be with you!

Instruction 306

1. You have gathered to drink from the fountain of life, whose crystal-clear water pours out upon your souls. If you accept the revelation of My Word as truth, it is proof that you have traveled a long spiritual path to receive My new lesson in this form.

2. Truly, I tell you, you have been many times both in the "Spiritual Valley" and on the planet where you live. But I shall also tell you when your spiritual birth took place and when you first set foot on the dust of this world, just as you deem it necessary for Me to reveal to you how often you have been here and who you have been in other incarnations.

My teaching does not reveal to you what you are not yet meant to know, and what may only be revealed to you when you reach the end of the path. My work shows you the path by which you reach the summit of spiritual knowledge, carrying you step by step up the ladder of goodness, love, and brotherhood.

3. To spread My work in this "Third Era," I have chosen 144,000 souls from among the great multitudes and marked them with a kiss of Divine Light—not a kiss of Judas, nor with the seal of a covenant that endangers your soul. My mark is the sign that the Holy Spirit places upon His chosen ones so that they may fulfill a great mission in this "Third Era." Whoever bears this sign is not free from danger—on the contrary, he is tempted and tested more than the others. Remember each of the twelve I chose in the "Second Era," and you will confirm what I am telling you now. Among them there were moments of doubt, weakness, and confusion, and there was even one who betrayed Me by handing Me over to My executioners with a kiss.

4. How could the chosen ones of this age not be required to watch and pray so as not to succumb to temptation! Yet truly, I tell you, there will still be traitors among the one hundred and forty-four thousand.

5. Watch and pray, beloved people; the earthly journey is full of dangers and temptations; it is a constant struggle between light and darkness. Fight and pray unceasingly, follow My Word, and prepare yourselves if you do not wish to betray My work. Bear in mind that you too can become traitors—even unwittingly or unconsciously—if you betray the truth.

6. Your soul, torn between conscience and free will, between the inclination toward the High, which is inherent in the Spirit, and the inclination toward the low, natural in the flesh, knows that it has the possibility of freeing itself and the opportunity to earn merits in order to

achieve the highest victory of good over evil, of the soul over the "flesh," and of light over darkness.

7. The sign signifies a mission, a calling, and a responsibility toward God. It is no guarantee against temptations or illnesses; for if it were—what merits would my chosen ones then have? What effort would your Spirit make to remain faithful to my Word? I speak to you in this way because there are many hearts among this people here who would like to belong to that number of the chosen. But I have seen that, more than the desire to serve humanity through the gifts I bestow with the sign, what is decisive is the wish to feel secure, or it is vanity that moves them to ask Me to call them. I will put these children of Mine to the test, and they will then convince themselves that My Word is not without foundation.

8. The mark is the invisible sign through which the one who bears it with love, respect, zeal, and humility can fulfill his mission. Then he will be able to realize that the sign is a divine grace that enables him to rise *above* pain, that enlightens him during great trials, that reveals profound insights to him, and that opens a path for him wherever he wishes, along which the soul continues to advance.

9. The sign is like a link in a chain that connects the one who possesses it to the Spiritual World; it is the means by which the thought and the word of the Spiritual World are made known in your world. That is why I tell you that one who bears the sign is a messenger of Mine, that he is My emissary and My instrument.

10. Great is the task and the responsibility of the Marked One toward My Work. But he is not alone on his path; at his side is always the guardian angel who protects him, guides him, inspires him, and encourages him.

11. How strong was he who knew how to cling to his cross with love, and how hard and bitter has been the path for that chosen one who was not willing to bear the divine sign of the Chosen One in the "Third Era." I tell all who hear Me that they must learn to watch and pray, to bear their cross with love, and to act righteously and obediently, so that this life—which represents the most luminous reincarnation for your soul—may not become fruitless and so that later you will not have to lament the lost time and the unused abilities.

12. Let all of you reflect according to your status on this Instruction, whether you are chosen or not, for you all have a purpose to fulfill in My work.

13. I remind you of the Law—the one that cannot be erased from your Spirit, nor forgotten by your heart, nor called into question, because it was dictated by the wise intelligence, the universal intelligence, so that every

human being might possess within themselves the light that leads them on the path to God.

14. It is necessary to have a deep understanding of the Law so that all of life's actions may be grounded in truth and justice. Without knowledge of the Law, you will inevitably commit many errors. Yet I ask you: Has your spirit never led you to the light of knowledge? Truly, I tell you, the spirit has never been idle or indifferent. It is your heart, and it is also your mind, that reject the inner light, captivated by the brilliance of the outer light—that is, by the knowledge of the world.

15. While I should have been your first love, you have left Me as your last, because the illusions and dreams, the earthly loves, and your passions have made you too weak to love Me.

16. You have greatly exhausted your heart through love for the world and also through suffering, but your soul—which can soar at any moment—remains active, for within it fatigue is only apparent, and it does not age like the body, nor does it wear itself out like the heart.

17. You believed you loved Me more than anything created, yet you will have to convince yourselves that you have reserved only your last love for Me.

18. When you reach old age and, for natural reasons, feel that the passions and longings in your heart have died, you will turn your eyes to Me and say to Me: "Lord, You were right. As long as we feel young and strong on earth, we forget You, even though we often believed that we loved You and that You were first in our lives."

19. Do you realize that I spoke the truth when I told you that I am your last love in your life? Let no one, however, think that when I told you I should be first in your life, I meant that you must love no one but Me. I wanted to make it clear to you that whoever loves Me more than anyone else will truly love. Such a person will love only what is right; he will never be drained in life, nor will he suffer disappointments. For by loving Me above all else, they have loved the truth and justice, which—by applying them to their lives and deeds—have raised them above human hardships, protected them from illusions, and allowed them to live in a world of light, peace, and wisdom.

20. Sometimes you are disheartened when you realize that, even though you adhere to My Law as closely as possible, you do not escape pain, misfortunes, and trials, and this is true, beloved people. But this happens only here in this valley of tears, which is a testing ground, a purifying river, and a school for the soul.

21. But why believe that trials are punishments? It is better to believe that trials are not punishments, but experiences you must go through so that your soul may attain more light. How often do I subject you to a trial so that you may pray, so that you may kindle your faith and see how I immediately answer your call by sending you comfort and peace! But you do not understand it this way, and instead of praying and trusting in Me, you become ungrateful and blasphemous, saying that I have forgotten you, that I do not hear you, and then you knock on the doors of your fellow human beings, who need Me just as much as you do.

22. It is not I who have withheld My mercy from the world; it is people who have rejected it. I will let them continue this way for a while longer and let them rely on their own knowledge and strength. For later, when they are convinced of their inability to overcome the pain that will flood the world, their souls will quickly return to Me to confess that they are immature, fragile, ungrateful, and hard-hearted.

23. I, for whom there is no deed of yours from which I cannot bring forth light—even if it is an evil deed you have committed—will ensure that, when the world escapes its chaos, it will have more light in its Spirit than it had before its downfall.

24. I will forgive all your sins, for they were the fruit of your ignorance. But once the light has dawned within your being—would you then be capable of sinning knowingly, by disregarding your experience and your conscience? No, disciples, you could never again fall into that error that made you drink such a bitter cup.

25. Do you realize that you judge rashly when you call your trials punishments, that they have no other purpose than to impart experience to you, to strengthen you in faith, to enrich you with true knowledge, and to bring you into harmony with your conscience?

26. Listen to Me with humility, by overcoming the pride you carry in your hearts, and gradually begin to discover the true meaning of life and recognize, at every turn, the wonders you did not see before, because your inability had cast a veil of mystery over the truth.

Here is My light, which not only reveals to you what is hidden, but also tells you that it is not I who have hidden Myself from your eyes, but rather that it is you who have refused to recognize Me.

27. When I turn My gaze toward the hospitals, the prisons, the homes in mourning, the broken marriages, the orphans, or those who are spiritually starving—why do I not find you there? Consider that I have not only taught you to pray, but have also given you the gift of speech and

taught you to heal. And on many occasions I have told you that your presence can work miracles if you are truly prepared.

28. How many opportunities to do good does life offer you every day! But remember that just as there are times when the only thing you can do is pray, there are also times when it is necessary to speak or act.

29. Blessed are those who do not fear evil glances or slander and whose only desire is to do good. They are the ones who accompany Me spiritually to the sickbed, who go to those who dwell in darkness to bring them the light of faith, knowledge, or comfort.

30. Blessed are those who remember the mourners, and those who think of the materially and spiritually poor, for their hearts beat close to My Spirit.

31. How can you think of the pain of your fellow human beings if you allow yourselves to be overwhelmed by your own? How can you discover that there are millions of people in the world who suffer infinitely more than you do if you bear your cross only with reluctance and always say that you are the most unfortunate?

There are many who walk far, very far from the true path—many who have never heard a word of love, many who carry not a single spark of light within their being, and yet you have not paused to help them when they crossed your path. How many of these spiritually poor bear the weight of their burden without blaspheming or rebelling as you do!

32. You must learn to look a little beyond yourselves, a little further than your home and your feelings, in order to empathize with the pain of others, so that goodness may awaken in your hearts, beloved people, so that the soul may overflow and fulfill the highest commandment written in your conscience—the one that says, “Love one another.” If you are materially poor and for that reason cannot help your neighbor, do not grieve. Pray, and I will cause light to shine and peace to reign where there is nothing. True love for one’s neighbor, from which compassion is born, is the best gift you can bestow upon those in need. If, when giving a coin, a loaf of bread, or a glass of water, you do not feel love for your fellow human being—truly, I tell you, then you have given *nothing*; it would be better for you not to part with what you give.

33. When will you, O humanity, come to know the force of love? To this day, you have never made use of that force, which is the source of life.

34. When I traveled through the land, followed by My disciples, and visited villages, towns, and homes, I never offered the poor a coin, for I never had one. Yet I restored to them the health they could not have

found for any price. I brought them back onto the right path and granted them a path full of light, comfort, and joy.

On one occasion, when a large crowd had followed Me into the desert to hear My word, I blessed some loaves of bread and fish and had them distributed after I had given the people the bread of the soul and saw that they were hungry. The crowd marveled that such a small supply had been enough for everyone. This was a miracle accomplished through love, serving as an enduring lesson for this skeptical, materialistic, and selfish humanity.

35. Oh, if only the peoples of the earth would share their bread in brotherly love, even if only to put my teaching to the test—how much good they would then receive, and what wonderful manifestations they would experience! But still they do not love one another; still the peoples do not recognize one another as brothers. They regard one another as strangers and call one another foreigners. They envy one another, bear grudges against one another, almost always hate one another, and wage war against one another. War, fueled by all people, is everywhere there is a human heart. Some promote it in one way, others foster it in another; many do so knowing full well what they are doing, while others do so without being aware of it.

36. Upon this barren field, devoid of love, faith, and goodwill, I will let My mercy descend like a beneficent and life-giving rain. But first, My justice, like a storm, will sweep away all evil, uproot the bad trees, cleanse the fields and cities, and awaken the slumbering soul of this humanity so that it may receive the divine message that My love has in store for the times to come.

37. The year 1950, into which you have now entered, marks—as it was written from eternity—the end of the stage of My spiritual revelation through the human mind. It is the year in which the souls of men will feel My presence and turn to prayer.

38. The year 1950 is not the end of an era, but the dawn of a new age that holds great revelations and events in store for humanity.

39. What lessons did the past year teach you, disciples? What resolutions have you made for this year, which is the last of My rallies?

40. You pray, and I bless you. For whoever directs his prayer of supplication to Me will never be disappointed.

41. Continue to pray, but now strive more than ever to understand My Instruction, so that you may break free from your stagnation and eliminate all that you have introduced into your religious practices—things that, instead of bringing you progress, have kept you trapped in routine.

42. Listen to the voice of your conscience; it will give you the courage to overcome obstacles and break with traditions.

43. You must work hard, beloved people; I am now bringing you closer to one another and sending out a call to those who have distanced themselves from your gatherings. You need only call out to them once, and if they heed it, I will reveal their inheritance to them. But if they remain deaf to it, you shall leave the matter to Me, for I alone will be the one who can judge those who no longer wished to hear their Lord.

44. My Word, which I am giving you in this final year, will be the essence of the entire message I have brought you during this time of My revelation. In it you will find instructions for every step of your life and revelations, so that you may have weapons when the battle begins.

45. Tell your fellow human beings that I have called you to unity and harmony. For as long as that brotherhood does not exist, it is a lie to say that you form *one* people, because then you are only seemingly united, whereas in reality you are divided and distant from one another. Tell them that you must be united, for persecutions and hostilities will come against you—that I do not want them to weep later over their disobedience, nor to lament when there is no time left to make amends for their mistakes.

46. Recognize that I leave no point unilluminated, which is why no one will be able to complain and say that I did not warn the people with My Word.

47. My voice has been prophetic; My word is that of a God for whom the future holds no secrets. Everything has been foreseen; everything has been predicted; you need only align yourselves with My word so that all may be fulfilled according to My will.

48. Even if the majority of people fall into error and stray from the path that has been laid out, even if most should disobey My commandments, this light will not cease to shine, for the truth can never be obscured by wickedness.

49. A few obedient, energetic, spiritualized, and humble hearts would suffice for Me to use them as instruments to continue spreading the truth of My Word.

50. It is My duty to speak to you in this way, for you must already know that many of you will hand Me a new cup of suffering in the final hour. Confusion and darkness will come upon this people, just as the world was darkened at the hour when Jesus died on the cross. Yet you do not know now how long this darkness will last, and therefore I tell you that you must stay alert and pray, so that you may not fall into temptation or be among those who disregard My instructions.

51. I tell you that in the darkness of this confusion, a ray of light will emerge so that everyone who wishes to follow Me with heart and soul may discover the way and come to Me on the path of spiritualization.

52. This people has not realized that it is creating for itself the trials that must shake it tomorrow in order to rouse it from its deep lethargy.

53. As in all ages, there have been many who were called and few who were chosen, for I choose only those who are ready in due time to fulfill their mission; and to the rest I give a light so that they may know how to await the time when they, too, will be chosen.

54. How many who had merely been called—though the time had not yet come to choose them for a mission—have joined the ranks of my disciples and workers, without their souls having attained the development absolutely necessary to bear the burden of this cross, nor their minds possessing the light needed to receive my inspiration! What have many of them done once they found themselves among the ranks of the chosen? They have desecrated, poisoned the atmosphere, infected others with their evil inclinations, lied, sown discord, and exploited for personal gain My name and the spiritual gifts I have placed within My disciples.

55. Let no one attempt to discover who they are, for you could not. Only My penetrating, judging gaze never loses sight of them, and I allow My Word to reach their consciences, telling them: “Watch and pray, so that you may repent of your transgressions in time; for if you do this, I promise you that I will quickly seat you spiritually at My table and celebrate a feast of reconciliation and forgiveness.”

56. Beloved disciples: This is the blessed hour in which I let you feel My presence. The voice through which I give you My Word has prepared itself, and the crowd that hears Me has gathered and lifted itself up to Me in thought.

57. Thus I wish to see you always, so that you may witness the miracle of My revelation and feel My love, My gaze, and My essence in the depths of your being.

58. Truly, I tell you, you are not the only ones who have My presence at this moment of spiritual preparation. There is no religion, nor can there be any act dedicated to Me, in which My Spirit is not present. Precisely at that moment when the assembly of listeners is moved, prays and petitions, utters My name, and blesses, I penetrate to the very depths of their hearts to give them what they have asked for.

59. If the peoples and religious communities of the world had already developed their spiritual gifts, they would have attained that sensitivity

that would allow them to rejoice in the grace of perceiving My presence in some way. Yet they cannot see Me, nor hear Me, nor feel Me, because their senses and faculties have become dormant through the practice of idolatrous and fanatical cults.

60. If you were to ask Me now: “Master, when will our brothers and sisters of the various religious communities feel You, hear You, and see You, just as You are currently providing us with Instruction?”—I would answer you: “Then, when all have been spiritualized.”—But if that were to happen, they would have already distanced themselves from every sensory religious practice and every fanatical belief.

61. I speak to them through trials, which serve as lessons for them—sometimes rewarding their faith, sometimes afflicting them with My divine justice when they seek My blessings through actions that are not fitting to be offered to Me.

62. Very rarely do they understand what I seek to make clear to them through My trials. Yet in light of their pain, their faith, or their hope in Me, I forgive them their mistakes and their ignorance and send them My mercy.

63. Now is a time when My Spirit speaks ceaselessly to the spirit, the soul, the mind, and the heart of people. My voice reaches people through thoughts and trials, through which many awaken to the truth on their own, since those who guide or provide instruction to them are asleep and wish that the world would never awaken.

64. Beloved people, remember: If you were prepared to carry the Good News of My Word to other countries, many people would understand My message.

65. When I speak to you in this way, you say in the depths of your hearts: “How will I be able to conduct teaching in different languages when I feel too awkward to express myself even in my own language?”

But I tell you: Oh, you people without faith in My Word! Do you think those Apostles of the Second Era received physical training to speak different languages? No, My children, and yet they made themselves understood by all, because the language they spoke—and which they had learned from Me—was the language of love. They comforted, as their Master had taught them; they healed the sick, brought peace, brought the light, revealed the truth, and showed the way. But they did so more through deeds than through words.

This is how love expresses itself: through deeds. Likewise, the soul of light speaks, for which human words are often superfluous.

66. Do you already realize how much spiritual instruction flows from these lips during the brief moments in which I convey My message to you? Do you see how many words come from this mouth while My rally lasts? Yet they prove to be few when you compare them to the number of works I perform among you hour by hour and at all times. Therefore, I tell you in truth that I speak to you more through My works than through My words. You have simply not yet made the effort to learn to interpret My "Word," which speaks to you wisely and unceasingly. You believe that you can receive My revelations only through human words, and so I have granted you the ability to hear My Word expressed in human terms in your own language.

My peace be with you!

Instruction 307

1. It is My Word that bestows rest upon your heart and peace upon your soul. The greatest thing I have destined for them is peace. Whoever possesses this treasure has everything—whoever knows this state of the soul would not exchange it for the greatest possessions and treasures of the earth.

2. If you ask Me what the secret is to attaining and preserving peace, then I tell you that the secret lies in doing the will of your Father. And if you were to ask Me how to fulfill the divine will, I would answer that you do so by applying My law and My teaching to your life.

3. Some are disappointed when they hear Me say that the greatest thing I give you is peace. For they would like to hear Me say that I have come to distribute the treasures and possessions of this world. The reason for this is that they do not know what peace is—and they are not the only ones.

Who knows peace? What human being can claim to possess it? No one, My people. That is why I see many for whom what I bring as the greatest gift for you—peace—seems insignificant.

Once you come to know what this state of the soul is, you, in turn, will do everything in your power not to lose this grace, for through it you will have a glimpse of what spiritual life in the Kingdom of Light will be like.

4. Since you do not know what true peace is, you content yourselves with longing for it and try by every possible means and in every conceivable way to attain a little peace of mind, comfort, and satisfaction—but never what true peace of the soul really is. I tell you that it is attained only through a child's obedience to the will of the Lord.

5. The world lacks good explainers of My Word, good interpreters of My Instructions. Therefore, humanity—even insofar as it calls itself Christian—lives in spiritual backwardness, because there is no one to stir them with My true teaching, no one to nurture their hearts with *the* love with which I taught people.

6. Day after day—in parish halls, churches, and cathedrals—people utter My name and repeat My words, yet no one is moved inwardly; no one is shaken by their light, and this is because people have misunderstood their meaning. Most believe that the power of Christ's Word lies in mechanically repeating it over and over again, without realizing that it is not necessary to recite it, but rather to study it, reflect on it, practice it, and live by it.

7. If people were to seek the meaning within the Word of Christ, it would always be new, fresh, alive, and relevant to their lives. But they

know it only superficially, and so they cannot draw nourishment from it, nor will they ever be able to in this way.

8. Poor humanity—wandering in darkness, even though the light is so close to them, lamenting in fear, even though peace is within reach! Yet people cannot see that divine light because there are those who have mercilessly blindfolded them. I, who truly love you, come to your aid by freeing you from the darkness and proving to you that all that I told you in those days was intended for all time, and that you must not regard that divine Word as an ancient teaching from a bygone era. For the love that was the essence of all My Instruction is eternal, and in it lies the secret of your salvation in this age of straying, immeasurable suffering, and unbridled passions.

9. Nor is it a new teaching that I bring to you at this time, but a light so that you may understand all that has been revealed to you from the earliest times to the present.

10. Humanity will be surprised when it receives this spiritual message and will come to realize the infinite love of My previous Instructions—a love it never even suspected. Then it will understand that it has been ungrateful, unfaithful, and indifferent toward its Father, to whom it turned only when plagued by some distress or material hardship.

11. I forgive you, love you, and have true compassion for you. Blessed is the one who prepares himself spiritually, emotionally, and intellectually, for he will receive My light directly, which from that moment on will guide him along paths far removed from those that his fellow human beings in the world have laid out for him.

12. I let you feel My love so that you may not lack courage in the struggle.

13. The Third Era signifies a spiritual struggle; it is a test and also an inheritance, for I have left you a Divine Testament.

14. I inspire the workers who have labored in My fields to tend to their sowing, so that they may present it to Me on that Day of Grace, which is already drawing near and will be at the end of the year 1950, the last year of My rallies among you. I want you to bring with you then the golden ear of grain—the purest and most beautiful one—that you have harvested from the fields . Then I will accept your harvest to bless it and tell you: "This is the seed you are to continue sowing in My fields."

15. Is it not true, disciples, that when you have fought the good fight on this path, you have also reaped joys, and that when you have drunk from the cup of suffering, you have thereby come to understand Jesus, your Master, better? Is it not true that you have loved Me more according to

your trials? Yes, people, truly, I tell you, there is a great difference between asking and receiving, and giving.

16. The day is drawing near when you will be without My Word, so that you yourselves may speak of My Instruction and explain it through your deeds and with clear and convincing language.

17. Pray that you may enter the time of your deeds—the time of your struggle—with a firm step. But pray with that simplicity with which I had the multitudes pray when they followed Me into the desert, into the Jordan Valley, or up the mountain.

18. Pray for all of humanity; pray also for yourselves, spiritualists, for the hour of your trial is drawing near.

19. Do not be dismayed when I tell you that, upon my departure, there will be confusion in your congregation that will temporarily divide you. For a time, you will be divided into three groups until you all come to understand My commandment. Yet even today, I bless those who understand My will and follow it with love and good will, for I will lavishly bestow My inspirations upon their souls. They will take upon themselves the responsibility to prepare, to spiritualize their actions, and to remain faithful to My work in all things, so that when the trial comes—which is meant to reunite you all once more—they may be able to open their hearts without reproach, without vanity, and without a sense of superiority toward their brothers and sisters.

20. A cloud of sadness has cast a shadow over the peace of your hearts when you heard the announcement of these coming events. May this pain you feel serve to ensure that you are not among those who become unfaithful—those who disregard My Word by trying to do their own will.

21. To those who turn their backs on Me, I say even now that they will have to weep much before they confess their error and return to the path of obedience. And to those who will be faithful to Me, I announce that the struggle that awaits them will be great, and that as long as the others do not submit to the divine commandment—which you all know, , because it is written in your conscience—you will have to shed many tears, endure much, suffer much, and hope much because of the discord.

22. Blessed are those who persevere, for they will witness the unification of this people and the beginning of the spiritual battle.

23. Pray, disciples, that you may be filled with light and strength and not succumb to temptation.

24. Learn to drink your cup of suffering with love; therein lies the merit of the disciple. Walk your path with steady steps and reach the summit of Calvary, blessing your Father and humanity. I tell you: Whoever knows

how to remain on My path with faith and obedience will neither stumble nor go astray. Such a one feels My presence throughout the entire journey of life and experiences My peace.

25. Why do some wish to be saved at the moment of their physical death, after having led a life of sin? Why do many wish to live in filth and walk through thistles without soiling or hurting themselves?

26. I bring you clear and simple Instruction so that you may learn to live among sinners without being tainted; to make your way through thorns without being hurt; to witness atrocities and abominations without flying into a rage; to live in a world full of wretchedness without trying to escape from it, but rather to long to remain in its midst in order to do every possible good for those in need and to sow the seeds of goodness in every way.

27. Since the earthly paradise was transformed into a hell by the sin of humankind, it is necessary for them to wash away their stains and thus restore their lives to their original purity.

28. Disciples, take note of how, with each of these Instructions, I make My divine plan clearer and clearer to you and reveal your mission to you; and because of this, you will understand the meaning of this message more and more.

29. My teaching will spread and win over many hearts. Nevertheless, there will be many who mock it, reject it, and fight against it. But this will be nothing new; it will be the same as what has been done against the truth throughout the ages.

30. In order for this people to press forward amid the storm that will take them by surprise, they will have to strengthen their steps on the path of My Law; they will have to let the flame of faith shine in their hearts. Their spirit must seek true worship of the Spirit as a lifeboat, and their heart must take refuge in devotion to the family, which is the second temple in human life.

31. On this day I speak especially to the young women who tomorrow, through their presence, must illuminate the life of a new home; they must know that the heart of the wife and that of the mother are lights that illuminate that sanctuary, just as the Spirit illuminates the inner temple.

32. Prepare yourselves for this now, so that your new life does not take you by surprise; prepare now the path that your children will walk—those souls who await the hour to draw near to your womb, to take on form and human life, to fulfill a mission.

33. Be my co-workers in my plans for restoration, in my work of renewal and justice.

34. Turn away from the many temptations that lie in wait for you at this time. Pray for the sinful cities, where so many women are perishing, where so many sanctuaries are being desecrated, and where so many lamps are going out.

35. Through your example, spread the seed of life, truth, and light, which puts a stop to the consequences of humanity's lack of spiritualization.

36. Virgins of this people: Awaken and prepare yourselves for battle! Do not be blinded by the passions of the heart; do not let yourselves be deceived by the unreal. Unleash your gifts of intuition, inspiration, sensitivity, and tenderness. Become strong in the truth, and you will have equipped yourselves with your best weapons to face the struggles of this life. In order to pass on love through your blood, to support your children with the essence of life—which is the love of which I speak so much to you—you must first experience it, allow yourselves to be permeated by it, and feel it deeply. This is what My Instruction seeks to accomplish in your hearts.

37. Blessed is the heart of the wife, for it is her husband's refuge. Blessed is the heart of the mother, for it is a source of tenderness for her children. Yet I also tell you that blessed are the virgins who shelter the needy under their cloaks, for their tenderness will be like a betrothal and like a motherly love that transcend the human realm. How few have understood how to set aside the duties of the world in order to fulfill the duties of the Spirit.

38. Not all women and men have the task of being parents in this world. Children are like chains to their mothers, and there are souls who need freedom to carry out some mission that is incompatible with having children.

39. When will this humanity form a single, true family in which everyone—when sitting down to eat with their Father, or praying and lifting themselves up to Me—shows Me their joy at the very fact that they are fulfilling their mission?

40. You are still far from that obedience, that consent, and that harmony. For while some stray from the path, others show themselves to be in disagreement with their destiny.

41. It is necessary that the spiritual teaching I have revealed to you through the mind of these messengers be spread throughout the earth, so that darkness may give way to the light of spiritualization, and so that humanity may drink the water of truth.

42. Today, My instruction is limited to preparing you for the struggle; My prophecy foretells only the great trials. My Word warns you, corrects you, and guides you. But the time of grace will come when human beings communicate from Spirit to Spirit. Then, in the highest part of their being, they will feel the divine Word resound—the one that is understood by those who receive it without human expressions or accents.

43. That Word will no longer carry a verdict, nor reproaches, nor warnings. That message will be full of wisdom and love.

44. You wish to witness the coming of that time, but you will still have to be patient—not in passive anticipation, but with unceasing effort and work.

45. I have taught you to pray and have revealed to you the way to attain spiritualization. For in it lies the key that will open the door to perfect dialogue between God and humankind through the Spirit.

46. To attain this, beloved people, earn merits to resist the sins of the world. Redouble your efforts; go so far as to make sacrifices if necessary. If your cup is bitter, be patient.

47. Trust in Me. Remember that you are My disciples and must take Me as your example. If you have believed, if your faith is great, then accept the trials and endure the misfortunes with courage. If you bear witness to Me, I will bear witness to you.

48. My Spirit has been poured out upon all people, but you are the people who have been able to feel My presence. The other peoples of the earth do not know the revelations of this time; they do not know that the Third Age has dawned. Therefore, your mission is even greater, for you must be the ones who sound the wake-up call—the ones who spread the Good News.

49. It is true that many people have already recognized the signs of My return, are searching the Scriptures according to the prophecies—and sense that the trials weighing upon humanity today speak of the Lord's judgment. They seek Me, await Me, long for Me, but they do not know that My divine radiance is already among humanity. They do not know the manner in which I have revealed Myself to this people, nor the way in which I permeate all matter and every soul.

50. The Good News will be brought to the nations on the lips of those who have heard Me during My revelation. Then the whole world will learn of My coming and come to know My message. When people learn of the time when this rally began and the time when it ended, they will be astonished to discover that every nation, every people, and every individual went through trials and events that heralded My presence.

51. Truly, I tell you, I will no longer reveal Myself in the form in which you have experienced Me—neither here nor among other peoples—because the merit will lie in this people spreading the testimony of My Word throughout the earth, and in humanity believing in My message.

52. Truly, I tell you, just as kings of old marveled at the poverty into which I was born, so too will people in this age be surprised when they learn of the unassuming manner I chose to bring My Word to you.

53. Disputes will arise over My message: some will affirm that it is true, while others will try to deny it—some will bear witness to their own spiritual experiences, and others will deny the existence of such manifestations. But the truth will prevail, for now is the time when the gifts and abilities slumbering within the soul are awakening and manifesting themselves through human beings. For the bodies have already attained, in this era, the absolutely necessary development and sensitivity for communication with the spiritual realm.

54. Beginning with children, through adolescence, and on to adulthood, everyone will experience manifestations that will initially seem strange to them, because people have long lived far removed from the spiritual realm. But afterward, they will regard these as something entirely natural in the higher life of humankind.

This will happen when even children speak of profound things, when men and women have spiritual visions and prophetic dreams, and when the gift of healing spreads throughout the earth.

55. How fiercely will the first ones to manifest the awakening of their spiritual gifts be opposed! Yet I will give them strength and patience to withstand the criticism, condemnation, and ridicule.

56. Do not be anxious, beloved witnesses. I tell you that this materialistic humanity, which for so long has believed only in what it touches, sees, and comprehends with its limited intellectual capacity—and in what it proves through its science—will become spiritual and capable of seeing Me with its spiritual vision and of seeking the truth.

57. Great will be the consternation among the lords and the powerful of the earth when they realize the truth of My return. For in their hearts they will ask themselves why I have come. Among the poor, on the other hand, there will be great rejoicing, for their hearts will tell them that the moment of grace, freedom, and peace is now approaching for the oppressed and for those who have had an infinite hunger for love and justice.

58. This work, which you still see today as limited to your social insignificance and hidden in your poverty, will shine forth as a divine

radiance, illuminating the entire earth, awakening the sleeping souls, kindling faith in hearts, and opening before the understanding of humankind the Book of True Life, the Book of Truth.

59. People: If you wish to know one of the reasons why My revelation has been with you for so long, it is so that you, who have heard Me, might keep My Word in your hearts and write it down in books. You will be the messengers and emissaries to bring it to the hearts of others.

60. You will soon be free to begin your preparation for this, for My revelation will come to an end in 1950.

61. Soon a new era will dawn, and in it you will strive for your gifts to blossom, so that inspiration may flow, the gift of the (inner) Word may take effect, the gift of vision may be perfected, and your hearts may be filled with love and mercy toward your fellow human beings.

62. You will receive the three Testaments as a single legacy, and when you encounter those on your path who await the coming of the Holy Spirit, you shall present my message to them and tell them that they must not be like the Jewish people, who awaited the Messiah and failed to recognize Him when He came to them, and who still await Him.

Walk the paths of your spiritual mission—in such a way that when your fellow human beings see your way of life and hear your words, they may recognize you as the seed for a new world, as the generations who serve as the foundation for a new humanity.

63. Fathers and mothers who have had the privilege of guiding these generations and those who are soon to come on earth: Watch and pray for them! Prepare the way for them! I wish to find them prepared to receive my new revelations. Among them will arise the prophets who will shake the world with their prophecies, just as the great prophets of old did, who in times of trial were like heralds and like torches in the midst of darkness.

64. The Spiritual World will watch over the steps of these creatures like an immeasurably great guardian angel, thereby standing by those who welcome these people—whom I announce and promise to you—into their midst as children.

65. I bless you, My people, because for a brief time you have distanced yourselves from all that belongs to the world and have given yourselves over to the spiritual delight of hearing Me, thereby recognizing that in My Word lies all the peace, joy, and comfort you need to bear the burden of your cross.

66. My love surrounds you, My peace caresses you, and My Spirit invites you to pray for those who suffer and find not a drop of balm or a word of comfort and love on earth.

May My peace be with you!

Instruction 308

1. Beloved disciples: Practice spiritual prayer daily and put all your good will into perfecting yourselves. Consider this: Aside from entering into intimate communion with your Master and experiencing infinite peace in those moments, it is the best opportunity for you to receive My divine inspirations. In them you will find the explanation for everything you have not understood or have misunderstood. You will find the way to prevent any danger, solve a problem, or clear up a point of confusion. In that hour of blessed spiritual dialogue, all your senses will be enlightened, and you will feel more ready and inclined to do good.

2. Learn to pray in this way—now that your world harbors dangers of every kind. Whoever learns to pray with the Spirit will possess the weapons that will make him invulnerable in battle and give him the strength to withstand all trials.

3. I bring you My light, since you are not yet able to illuminate your path with your own light. But once you apply My teaching to your lives, you will say to Me: "Thank You, Father, for teaching us to walk the path of life, for we will no longer destroy ourselves or fall."

4. Once I told you, "I am the Light of the world," because I spoke as a human being and because people knew nothing beyond their small world. Now, in the Spirit, I tell you: I am the Universal Light that illuminates the life of all worlds, heavens, and abodes—the Light that enlightens all beings and creatures and bestows life upon them.

5. You are children of the Father of Light; yet if, because of your weakness, you have fallen into the darkness of a life full of hardships, errors, and tears, these sufferings will pass, for you will rise at My call when I call you and say to you: "Here I am, illuminating your world and inviting you to climb the mountain, on whose summit you will find all the peace, that happiness, and that wealth which you have sought in vain to accumulate on earth."

6. My forgiveness enfolds you, peoples and creatures of this world, and my light penetrates—like a thief entering a bedroom at night—into the deepest recesses of every heart, so that you may feel my presence as a Father, for I love you all.

7. I bless your sufferings and your tears, beloved people, but I tell you that you have not yet learned to accept the cup of suffering with love and resignation. You have not resolved to take Me as your example, and therefore, in your trials, you often show reluctance and even rebellion.

8. Behold, you wish to be My disciples, yet as such you must empty your cup just as I taught you. Do not show the world your weakness, nor

trumpet your misfortunes. Did I, perhaps, resist My executioners on the path of suffering according to My teaching? No. Those lips only blessed and said in a soft voice: “Father, Thy will be done.” “Father, forgive them, for they know not what they do.”

9. Do not forget that merit does not lie in suffering itself, but in suffering with love for the Father, with faith and patience, in order to derive the greatest benefit from suffering and to learn the deepest lessons. If there is no love for the Father’s will in your trials, you will have earned no merit in my eyes; you will not have known how to take advantage of the opportunity to elevate yourselves a little more, and therefore you will have to go through that trial once again—the one your soul needs.

Your life would be different if, instead of painfully dragging your cross along with you, you were to move forward on the path while blessing your pain. For immediately you would feel as if an invisible hand were coming to you to remove the cup of suffering from your lips.

10. Blessed is he who blesses the will of his Lord; blessed is he who blesses his own suffering, knowing that it will wash away his stains. For this one finds firm footing for his steps as he climbs the Spiritual Mountain.

11. It will not always be necessary for you to empty the cup of suffering to the dregs. For it is enough for Me to see your faith, your obedience, your resolve, and your intention to follow My command that I may spare you the most difficult moment of your trial.

Remember that Abraham was asked to sacrifice the life of his son Isaac, whom he loved dearly; and the patriarch, overcoming his pain and his love for his son, was about to offer him up in a test of obedience, faith, love, and humility that you cannot yet comprehend. Yet he was not permitted to carry out the sacrifice of his son, because deep in his heart he had already proven his obedience to the divine will, and that was enough. How great was Abraham’s inner joy when his hand was stopped by a higher force, preventing him from sacrificing Isaac! How he blessed the name of his Lord and marveled at His wisdom!

12. Therefore, beloved people, I want you to be aware of the great lessons I have given you throughout the ages, so that you may truly come to know Me, so that you may feel My presence in your trials and in decisive moments, and so that you may sense My mercy in all difficult and bitter moments. For to this day, you have not attained the full spiritual sensitivity that would enable you to feel My presence. Therefore, you are

unable to appreciate My works of love and justice, which I carry out at every turn in your lives.

13. How many trials do you reject out of ignorance, without realizing the light they brought to your soul! How many lessons have failed to achieve their purpose because your resistance, your lack of faith, or your cowardice have prevented it!

14. It is not that I am telling you to love pain—no, it is peace, it is happiness, it is the light that you are to love. But since pain, as a consequence of your imperfections, has come to your lips as a cup of redemption, drink it with patience and bless it—knowing that through it you can attain your purification, as well as the revelation of many truths.

15. You men and women of little faith: Why does your courage fail you in times of trial? Have you never seen how I hasten to lift up the fallen, how I dry the tears of those who weep, how I stand by the lonely and visit the sick?

16. Men and women who have wept much in life—this lesson is dedicated to you. Reflect deeply according to the words, and you will experience what sweet comfort enters your hearts. In the innermost depths of your being, a tiny light will be kindled, and a sensitivity you have never before experienced will cause the slackened strings of your heart to vibrate, allowing you to feel My spiritual presence—both in your sufferings and in your joys and in your moments of peace.

17. In these moments, leave every lament and every pain with Me. Weep and sob, for in weeping your soul will cast off its oppressive burden, and afterward your heart will be freer.

18. Weep, beloved people, for weeping is one of the most sincere prayers that the heart offers to God. Tomorrow, when you have overcome the pain and attained spiritualization, weeping will no longer be your best prayer, but rather the peace of your soul, through which you draw near to Me to bless Me.

19. Today I appear to you in Spirit and speak to you in Spirit, so that you may come to know Me a little better.

20. When I was in the world, the people saw Me as a human being and knew My name: Jesus. According to their understanding, it was only after My Ascension that they began to realize that the One who had spoken through Jesus was the Christ foretold by the prophets, and from then on they called Jesus “Christ.”

21. Truly, I tell you, Christ was not born in your world, for He existed before all worlds, since He is one with the Father.

22. The one who was born into your world and took on flesh in a mother's womb was Jesus, the man, the blessed body, who was My instrument and My mouthpiece so that humanity might see and hear Me.

23. I, Christ, who speak to you, was in Jesus. I gave him life, strengthened him, and inspired him. He was destined to fulfill a divine mission, and his life, his body, and his blood—which were consecrated to the One who spiritually animated him—were to seal everything that "The Word" would speak through his lips.

24. Jesus was a human being who had been conceived without sin, without impurity, to serve God as an instrument. Incarnated within him was "The Word," which is the divine Word. At the age of 30, when he had reached full manhood, Christ, who dwelt within him, revealed himself in all the splendor of his glory, his truth, and his love.

25. Jesus, the loving and humble Nazarene, who had been waiting for the hour when the divine Word would come from his mouth, sought out John on the banks of the Jordan to receive the waters of baptism. Did Jesus go there out of a desire for purification? No, my people. Did he go to perform a ritual? No, not that either. Jesus knew that the hour had come when He Himself would cease to be, when the man would vanish to let the Spirit speak, and He wished to mark that hour with an act that would be etched into the memory of mankind.

26. The symbolic water had no blemish to wash away, but it did free that body—as an example for humanity—from every attachment to the world, so that it might willingly become one with the Spirit. This took place when those who were present heard a divine voice speaking in human words: "This is my beloved Son, in whom I am well pleased. Listen to him."

27. From that moment on, the Word of God became the Word of eternal life on Jesus' lips, because Christ revealed Himself in fullness through Him. People called Him Rabbi, Master, Messenger, Messiah, and Son of God.

28. For three years I spoke to the world through Jesus' mouth, without a single one of my words or thoughts being distorted by that mind, without a single one of his actions failing to be in accordance with my will. The reason for this was that Jesus and Christ, man and Spirit, were one, just as Christ is one with the Father.

29. Disciples: Now I have spoken to you by revealing Myself spiritually through human beings. But these are not My body, as Jesus was, nor have I become human at this time; and therefore you see that when I speak through impure creatures such as you all are, you must prepare yourselves

to hear Me, to discover My divine meaning and My truth, beyond the clumsy and imperfect manner of expression of My spokespeople.

30. Blessed are those who discover the meaning of My message and separate it from the imperfections of human expression, for they will be My best interpreters, who will not fall into confusion like those who, when studying My Word and My works of the Second Era, do not know how to distinguish when it is Jesus, the Man, who speaks, and when it is Christ, the Spirit, who provides Instruction.

31. Study My lessons with love, so that later, when you must bear witness to My revelation, you may know how to speak truthfully and simply to your fellow human beings.

32. You joyfully show Me your works, speak to Me of your victories and also your defeats, and I, the Father who guides your lives and watches over you eternally, encourage you to continue, to fight with zeal, so that in all your actions you may attain virtue and justice.

33. You have learned to pray before taking a step; you wish to act in the strictest obedience to My laws; and you are always mindful of your responsibility as My disciples, which you are. You prepare yourselves in such a way that you can fulfill your duties on earth without them taking up all your time and attention, so that you may devote your best hours, your energies, and your heart to fulfilling your spiritual mission.

You reflect on the fact that the time granted to you is just enough to accomplish a great work worthy of your Spirit . As you come to know your gifts, you therefore prepare yourselves to work with all the force of your being. Then there is joy within you and satisfaction in your Father.

34. I have called you and prepared you as a pure vessel capable of holding the entire essence of this teaching. When you have filled this vessel, you bring it to your fellow human beings so that they, too, may share in your joy.

You already see a broad horizon before you, a path that begins with Me and also ends with Me. Remember that I have told you, “I am the Way,” and if you accept it obediently, if you lovingly receive what I offer you, you will reach your destination with satisfaction and peace reflected in your being. You will bring no complaint before Me, for you have given away everything you possessed. You will have devoted yourselves entirely to assisting a portion of humanity on its path to spiritualization—that portion assigned to you in this work of restoration.

35. Do not disperse until you feel strong; study before you set out for other provinces, so that you may be a beacon on the path of your fellow human beings. Prepare yourselves as My disciples of the Second Era did.

They, too, after having lived with their Master, having eagerly absorbed My words, and having witnessed My miracles, felt too weak and insignificant to continue My work, and so they asked Me to remain with them even longer.

But the closer the day of my departure drew, the more they came to terms with the fact that their beloved Master would be leaving them and leaving behind a task for them that would be so difficult to fulfill. I entered their hearts and saw the pain that weighed them down, and my words fell upon them like a balm to comfort them in their great sorrow, and so I said to them: “Do not be afraid, for I will be with you, and my light will always shine down to enlighten you.”

Likewise, I have come now only for a specific period of time during which you have received My blessings, and this Word, too, will come to an end, after which it will continue to flow from Spirit to Spirit without the mediation of a human being.

36. I do not want you to complain with dissatisfaction about the disappearance of these rallies, but rather that, just as you have greatly rejoiced in My Word, you also accept that this form is coming to an end to make way for a new one of a higher kind, which will bring you even closer to Me.

37. Behold Me with your Spirit and surrender yourselves, filled with love, to the solemnity of this moment. My ray illuminates a voice-bearer, and My Word flows down to the depths of your heart, which is a garden that I tend with loving care. My Word is the water that irrigates it, making it fertile and productive, and then scatters the new seeds according to the fields of this humanity, which yearn for love.

38. Allow Me to guide you, and at the end of the path you will discover that your work is great, because you knew how to obey My will and follow it.

39. The end of My rally is already drawing near, as this year, 1950, draws to a close. Afterward, the whirlwind will come to lash the mighty tree, so that the dry, lifeless leaves and the bad fruit may fall from it.

40. As a result of this great trial that will come upon My people, many hearts will fall away like dry leaves detached from the tree that gave them sap. They will fall away due to a lack of faith or love, out of confusion, or because of a lack of an ideal. But the gaps they leave behind will later be filled by fervent believers and disciples of good will.

41. The new disciples will come from among those who today do not even know My work by name. Some will be humble and fervent from the very first moment, and as soon as they hear My voice saying to them,

“Follow Me,” they will follow Me, thus resembling the disciples whom I found fishing by the sea in the Second Era.

42. There will also be those who rise up against My work and furiously persecute My people. Yet even among them will arise My great sowers, My most faithful and magnanimous disciples, whose conversion will recall that of Saul—My beloved Paul—who, through his selfless devotion to his Master, filled the place left vacant among the twelve disciples by the one who betrayed Me.

43. Likewise, in this present age, new multitudes of people will have to join My people to fill the empty place left by those who have turned their backs on Me, denied Me, or betrayed Me.

44. O hearts that will be unfaithful to Me in the hour of trial! Keep the immortal seed of My Word in your souls, so that one day you may find your salvation in it!

45. And to those who will remain faithful to Me—to those who will follow Me to the end—I say that they should prepare themselves, that they should draw strength from the essence of My Word, so that they may not have a single moment of weakness in the face of those who condemn you, criticize you, slander you, or persecute you.

46. Do not forget the incident involving Peter, My disciple, when he was pursued by Saul to the point of death. I showed the faithful Apostle that he was not alone in his trial and that, if he trusted in My force, I would protect him from his persecutors. Saul was overwhelmed by My divine light while he was searching for Peter to arrest him. My light reached the very depths of Saul’s heart; he—thrown to the ground by My presence, overcome by My love, unable to carry out the task he had planned against My disciple, feeling deep within himself the transformation of his entire being, and now converted to faith in Christ—hurried to seek out Peter according to his conversion; but no longer to kill him, but to ask him to provide him with Instruction in the Word of the Lord and to let him share in his work.

47. From that moment on, Saul became Paul, and that change of name signified the complete spiritual transformation of that man—his total conversion.

48. Even in these times, I tell My people that if they truly trust in Me as those disciples did, they will not even have to defend themselves against their slanderers or persecutors. For I will surprise them in the midst of their journey and let them hear My voice in the purest part of their soul—the very voice that spoke to Saul’s heart and said to him, “Why are you persecuting Me?”

How many cases of conversion will you witness! How many miracles will your eyes behold! But know how to prepare yourselves and wait. Watch and pray, My people. The storms will shake the tree, and I want you all to remain united with it. Then you will all see My prophecies fulfilled.

49. Do not worry about the weakness of your memory because you think that most of My words slip your mind. I can tell you in truth that if you knew how to prepare yourselves and immerse yourselves at the moment of a trial, My seemingly forgotten word would return to your memory.

50. There, in the silence and inner stillness of your meditation, it will seem to you as if you are hearing that word, and it will happen that you will truly receive its meaning spiritually.

51. This experience will fill you with confidence, for you now know that my word will come to your lips at every moment of your struggle, and my light will illuminate your mind.

52. Roque Rojas, the forerunner, inspired by the Spirit of Elijah, wrote the following: “Show mercy, and mercy again, to your fellow human beings, and you will see My Father in all His glory.”

Truth and light lie in these words, disciples, for whoever does not practice mercy in his life will never enter My Kingdom. In contrast, I assure you that even the most hard-hearted and stubborn sinner can save himself through mercy.

53. Do not put off the practice of mercy until the very last moment, lest you arrive at the gates of the Spiritual Kingdom with very few merits and be unable to enter.

54. I advise you to sow and cultivate this seed throughout the entire journey of life that you still have to travel, so that you may reap an abundant harvest.

55. Be mindful that acts of love take precedence among your endeavors, and never regret having been charitable; for through this virtue you will experience the greatest satisfactions and feelings of happiness in your existence, and at the same time attain all the wisdom, strength, and elevation that every noble soul yearns for.

56. Through mercy toward your fellow human beings, you will purify your soul and in this way settle old debts. You will ennoble your human life and elevate your spiritual life. When you eventually reach the gate at which you will all one day knock, your bliss will be very great, for you will hear the welcoming call from the Spiritual World, which will bless you and call you to the work of renewal and spiritualization.

57. Come to Me, you multitudes of people, and learn from My Word to practice mercy. Come and listen to Me, and receive all that I wish to pour out upon you, so that you may understand that even the poorest among you possesses a spiritual treasure of blessings that, through your mercy, can be transformed into life, health, comfort, peace, and wisdom.

58. Let no one say that, in view of his material poverty, he is unable to perform works of mercy. For it is his ignorance, his lack of faith, and his spiritual timidity that speak thus.

59. Here, among My people, there can be no poor, for My Kingdom has drawn near to humanity to pour out its treasures upon them.

60. My Word is like a river rich in crystal-clear and pure water that has reached your lands to irrigate the fields and make them fertile. Purify your hearts and souls in it, so that you may walk your path free from the burden of your faults, which you call sins.

61. Unless you purify yourselves first, you will not be able to experience a sense of mercy toward your fellow human beings, much less weep with them and empathize with their pain. Always be aware that this people has brought to Earth the mission of uniting humanity spiritually into a single family.

62. You are already in the year 1950, the last year of My rally in this form. You will not be able to deny that you have often heard Me, and that when My message ends, everything will have been said by Me.

Therefore, the time has come for Me to tell you to leave your passivity behind and become active workers in these blessed fields—that you are no longer merely those who are content to be present at My Word in order to hear it or reflect on it. The time has come for your soul, free from bonds, shackles, or chains, to rise up and make its presence known in this age, bringing to the world the message that has been entrusted to you.

63. It is necessary that many who are content merely to attend these spiritual rallies begin to fulfill their mission and regard these places of assembly—where the Master's Word resounds and the counsel of the Spiritual World is heard—as a school. It is also necessary for the workers who, for a long time, have limited themselves to working only in these places of gathering to realize that the hour is soon coming when they must scatter to various regions of the earth to spread the seeds of light and love with which My Spirit has endowed them.

64. You will still have to struggle much among yourselves, and I will still have to test you often so that you may attain the preparation necessary for carrying out your mission.

65. The purpose of these trials is your unity. For as long as there is no spiritual unity within this people, the seed it reaps will be barren.

66. Therefore, I have told you in good time that you must begin to come into harmony with one another if you wish to come into harmony with all of humanity later on, and it was said to you from the very first days: “Mercy and mercy again toward your fellow human beings, and you will see My Father in all His glory.”

My peace be with you!

Instruction 309

My peace be with you!

1. Welcome, O disciples, to My teaching. You have sensed Me in the purest part of your being, and I have spoken to your soul. My instruction is intended for Israel and for all of humanity. I am instructing you so that uncertainty may vanish from your soul.

2. You must learn to comprehend and appreciate the greatness of the mission I have entrusted to you. For your soul to live up to it, it must cast aside doubt and uncertainty through prayer; it must know that it needs assistance, which only My revelations, My Instruction, and My inspirations can provide.

The souls who have been awakened in this way by My teachings have gone from being child-like students to disciples because they have listened tirelessly to My Instruction. If they miss even a single one of my words, they lament it. They are the ones who foresee the coming struggle—those who recognize that they must share with all of humanity the blessings they have received from my mercy.

All who have come to understand this great responsibility in this way hear My instruction here through the voice—the Word that explains and interprets for them all the trials, lessons, and events that you experience according to your lives. For truly, I tell you, I do not limit Myself to speaking only through voices. There are infinite ways for Me to make Myself known to you, and this is just one of them, through which I let you hear My Instruction in human form. I continually manifest Myself to My children; I do not wait for a specific day or night, nor do I have a set hour or a fixed time to draw near to you. I am eternally present in all creation.

3. My universal presence fills everything; there is no void in any place or realm of the universe—everything is permeated by Me.

4. Your soul has always been in communion with Me, but to this day you have not attained full awareness of this connection; and therefore, in the Third Era, I have revealed Myself through you yourselves by making you the voice-bearers of the eternal “Word,” to tell you that it is but a single step from this revelation to that of Spirit to Spirit, so that you may strive to attain the highest possible connection with My Divinity. But first, this period of revelation through a spokesperson must come to an end.

5. When you no longer have Me in this form of revelation, you will lift up your soul by invoking My name, and how many lessons will I reveal to you through this way of seeking Me! My divine inspiration will illuminate the paths you must travel. Then you will see your past—no longer in darkness, but in bright daylight. You will understand the steps you have

taken and recognize which were right and which were not. In this noble endeavor, Israel will grow strong, and this strength will pass from heart to heart and from people to people, until all human beings seek Me from Spirit to Spirit.

6. Turn your gaze toward the world, examine it, and you will see its materialism, its base passions, and its depravity. The realization of spiritualization will seem impossible to you at present, but the Master has left you examples from times past so that you may not fail. Remember that when I became human to live among you, I brought the world an Instruction so exalted for humanity that even to My disciples it seemed difficult, and even impossible, to follow. Nevertheless, those Apostles set an example of living out My laws of love, making My message of love—which I sowed in the hearts of that people—bear fruit and flourish. Why, then, should the practice of spiritualization among people in the Third Era be impossible?

7. Truly, I tell you, humanity will show strong signs that its materialism is coming to an end. The most advanced scientists, who have received their secrets from nature itself, are reaching their limits, and the forces of nature will turn against those who desecrate them. Nature will refuse to yield its fruits for evil purposes, and people, in their delusion and hatred, will meet their death; they will reap the fruit of their lust for power, which their own hand has unleashed: storms, epidemics, plagues. And who could stop all this? Their own hand, perhaps? Or human science, which has desecrated My secrets by unlocking them with a key that was not that of love? Truly, I tell you, they will only open the doors to My heavenly justice!

8. Truly, woe to the people of the Third Age! Their cries of lamentation will be heard in every corner of the earth. The leaven of the cup of suffering will be drunk as never before, and each one will have to take the portion that is due to him. For the pain grows worse day by day, and people are already beginning to feel hunger and thirst—hunger for pure seed and thirst for crystal-clear water, for truth and eternity.

9. What is your task in the face of these events among humanity? To take My instruction into yourselves, to understand it, and to live it. For Spiritualism should not merely be on your lips; rather, you must put it into practice, live it spiritually, morally, and practically, without falling into fanaticism or secrecy, by living simply and purely and giving the spirit soul the value and place it deserves, so that it may judge its body—which is transitory— in human life, so that there may be perfect harmony in the

fulfillment of your mission, and this example may bear fruit among humanity.

10. I bless each of your steps in My work and will ensure that they multiply, so that later, when the wide paths of the world open up before you, you may walk upon them as messengers of My peace and My new revelations. It is My will that your soul, instructed by My divine lessons, pave the way for renewal among humanity, so that they may awaken to wholesome ideals by drawing inspiration from the sublime in order to achieve spiritualization. By that time, you will have attained the necessary preparation and resilience in your soul. Nothing will be able to make you retreat from your path.

11. Then the trials that shake you today and hold you back on the path will seem like nothing more than gentle breezes that cannot harm your face. Only then will you be able to recognize the strength you have acquired by following My Law.

Continue to prepare yourselves; delve ever deeper into the meaning of My Word. First, do what is expected of you as disciples, and allow Me to reveal Myself within you as Master, as Father, as Light.

12. All souls will fulfill their mission, and I will make use of each and every one of them so that everything may be prepared and My Word may be fulfilled. But if you believe that you are the only ones entrusted with the mission of redeeming humanity, upon whom the cross of fulfilling this mission weighs heavily, then you are mistaken. Only a very small part of this work falls to you, for every creature, on its own distinct level of existence, is destined to contribute to the unification of the universe.

13. There will be many who set out with the ideal of peace, with prayer, with love, and with good will as their tools, and these virtues will unite them, and their souls will triumph through My Instruction.

14. Do not become judges of your fellow human beings or of My Divine Justice. My Law is often condemned by people, yet I tell you: Only I can fathom My high decrees.

15. Those who hunger and thirst for peace, who live in anxiety, await day after day the blow of My scepter of justice, which is to fall upon those who lead the peoples into misery and destruction. You must not be among those who await Me in this way, for My Divine Justice is perfect, and I prove it to you through My love.

16. Ponder My Word, so that you may not, like many, be led astray by the acts of My divine justice when I punish with force those who commit only a slight transgression, while seemingly forgiving those who have committed a grave offense. The Master tells you: When I use force to

punish those who, according to the surface, have committed only a minor transgression, it is because I know the weakness of souls, and when they stray from the path of keeping the law, it can be the first step that leads them to ruin. But when I overlook a grave offense in others, it is because I know that a great transgression is, for the soul, a cause for equally great repentance.

17. Do not judge, do not condemn, do not even wish in your thoughts that My justice should fall upon those who cause bloodshed among the nations. Just remember that they, like you, are also My children, My creatures, and that they will have to atone for their great crimes with great acts of atonement. Truly, I tell you: precisely those whom you point to as having mercilessly destroyed peace and plunged you into chaos will, in the times to come, become the great peacemakers, the great benefactors of humanity.

18. The blood of millions of victims cries out from the earth according to My divine justice, yet beyond human justice, it is Mine that will reach every soul, every heart. Human justice does not forgive, does not redeem, does not love. Mine loves, forgives, redeems, awakens to new life, uplifts, and enlightens; and it is precisely those who have caused so much pain to humanity whom I will redeem and save by leading them through their great atonement, which will be the crucible in which they will be purified and become fully awake to the voice of their conscience, so that they may see to the very depths of their deeds. I will make them walk the same path that they made their victims—their peoples—walk. But in the end, they will attain the spiritual purity necessary to return to earth, to rebuild all that has been destroyed, and to restore all that has been laid waste.

19. Do you really think that I am weak in My justice toward these transgressions of My children? Am I perhaps a lenient and feeble Judge? Truly, I tell you, beginning with the first murderer of whom you have knowledge—who was Cain—I revealed the same justice as that of which I speak to you at this very moment.

While Cain and Abel offered their burnt offerings to Me, I considered the offering of each of them: Abel's was innocent and sincere; Cain's was vain. I accepted Abel's and rejected Cain's. But when he understood this, he killed his brother in a fit of hatred and anger.

I held him accountable for that life, that blood, and showed him My displeasure over it. Then he said to Me, "My crime is too great to be forgiven. You have become angry with me because I killed my brother. You are driving me out of this land, and I feel that I will be killed on this journey, just as I killed my brother."

But I replied to him: “Truly, I tell you, whoever kills Cain will be punished sevenfold.” Then he understood that I still loved him, and that this was proof that I had granted him my forgiveness, but that it was necessary to atone for that crime, to wash away the stain of shame, and to prove himself worthy of that sublime and divine forgiveness.

20. What was the voice that spoke to Cain? The voice of his own conscience, that inner judge whom I have placed within each of My human creatures. The same voice will speak to every person, and it will be relentless, for it is a judge who cannot be bribed. It will speak to him with the same clarity with which it spoke to Cain. Yet you must understand that Cain did not know the gravity of his crime when he shed his brother’s blood. He did not know what death was, but the people of this time know very well what it is.

21. Therefore, during this time, I will not wait for human justice to use its force to take action against the offenses committed by their fellow human beings. I will await the arrival of each of My children in My Court, and there My judgment will deliver to them the verdict they deserve, so that they may atone through the suffering that repentance before their conscience entails. Only there will they comprehend the great love of their Lord.

22. In this Third Era, I have brought you the confirmation of the reincarnation of the soul. Although humanity has always possessed an intuitive knowledge of this, and the soul has revealed this mystery to the “flesh,” the latter—always unbelieving and weak—has cast doubt upon it.

Beings from the beyond have come to bring this revelation to humankind, yet they have found faith only in a few, and these have been opposed in their religious convictions and rejected by the ignorant and the unbelievers. But today, more than ever before, a sense of certainty regarding these manifestations lives within humankind, even if not all dare to profess it out of fear of the world.

Yet I have come in this age to bring you confirmation of this and to tell you: My perfect Law of Love is revealed in the reincarnation of the soul. But truly, I tell you: How few are those who have become human on Earth only once, and how many opportunities have I granted to souls through various bodies in the world to make amends for the evil they had done. But your body is a dense veil that prevents you from discovering the essence of these Instructions.

23. Very little have I allowed you to know about who you have been throughout the ages, because I do not want you, while in the flesh and before you have attained true spiritual maturity, to penetrate the

sanctuary, the intimacy of My high counsels. I do not want you to turn the instructions on spiritual life into new sciences that lead you only to curiosity, speculation, and a waste of time. I do not want you to take even a single step on the spiritual path that is useless to you. I want all of them to be of benefit to you; I want you to perceive and have revealed to you only that which aids your spiritual development. But you shall not experience anything that serves merely for human gratification. There will always be a veil over it, for it represents the sacred, the intimate aspect of your spiritual heritage.

24. Once humanity takes firm steps toward spiritualization and the fulfillment of My laws, it will discover great teachings of the Holy Spirit even in its human life, and then it will have a clear vision of the past, the present, and the future—limited only to the extent that it is My will.

Therefore, disciples, embark on the true path of spiritualization that My teaching shows you, so that you may be the good prophets who warn the masses of the danger and spare them from failure.

I will assist you in your mission by showing you, at the appropriate moment, a part of the past lives of those unbelievers. Yet this will not be so that you may condemn them, but so that you may provide them with instruction through My revelations.

25. In this way, they will awaken people in their spiritual development and help them understand that *a single* human life is not enough to come to know My eternal lesson.

26. If you wage this struggle with your full commitment, you will achieve much. But who among you has the certainty of returning to this world or of never returning? Who could say, “Everything I did in life was what the Father had ordained for my destiny. Now I can move on to other worlds and draw closer to God on the infinite ladder of evolution.”

Truly, I tell you, the knowledge you possess is too limited to understand these lessons. But all those who fulfill their task will have taken a step toward Me on the spiritual path and will move toward eternity, from lesson to lesson, from one realm of life to another. If this were not so—do you believe that you would be capable of dwelling on the higher planes of existence, and that your conscience, which is My own justice, would permit it?

27. Be devoted, work, and allow My divine will to be fulfilled in you. Many of you will still see, while in your earthly bodies, the fulfillment of My prophecies, the transformation of this humanity, and the redemption of all through My Law. But first, you will have to witness great struggles,

great wars such as are not yet known to humankind, such as history has not yet recorded.

Yet if you, who already have knowledge of what will happen—of the events that are approaching—must purify yourselves, what will become of those who have not awakened in the face of the Instructions of the Holy Spirit, who have violated my Law, who have forgotten their mission, who live by their traditions, and who have burdened themselves with the chains of ignorance?

28. The consternation, the suffering, and the remorse will be like a crucible for the great legions of souls who will stand before their own Judge. But truly, I tell you, I will help them as well, and when they awaken from their deep slumber, they will behold My radiant countenance, which will signify My forgiveness to them, and they will wait only for Me to send them back onto the path they had previously desecrated and despised, so that they may make amends for their transgressions and prove themselves worthy of My love. And I, as a loving Father, will grant them this.

29. Therefore, I tell you in My Instruction that you must not judge those whom you see today stained with human blood and all manner of transgressions. For in your eternal existence, there are greater transgressions than the shedding of human blood. Yet do not demand to know everything for the time being. I have already pointed out to you that I alone, in My supreme counsel, can judge justly.

30. Now you must simply love and forgive, and if I allow you to study and evaluate the events taking place around you, it is because I do not want you to be indifferent, blind, or insensitive to the suffering of your fellow human beings. I have made you sensitive through My teaching so that, when the time comes, you may offer instruction, understanding, love, forgiveness, and comfort to all your fellow human beings. To this end, I make you a beacon, a shining star, and a faithful friend, so that you may conduct yourselves accordingly in your homes, in institutions, and among the peoples.

31. I no longer want you to regard yourselves as strangers. I want universal brotherhood to blossom among you, and for it to begin bearing fruit in your midst.

32. It is good that you observe your human laws, but place My teaching and your spiritualization above them. Be obedient to My laws, and truly, I tell you, I will deliver you from the most severe conflicts that arise for you because of human laws. But fight against injustice; fight against corruption—not with murderous weapons, nor with hatred, but with the seed of My love. You will not be alone in the struggle; I have already told

you that among humanity there are peoples in whom people are already setting out to free themselves from their materialism, growing strong through their trials—with the goal of uniting with Me. Who are these souls? For now, it is not necessary for you to know them.

33. Lift up your souls, love one another, and unite in the Hereafter with this ideal of universal brotherhood. I will call you to the Spiritual Mountain, and there I will be with both groups—with all those who long for peace and salvation—to give them strength and faith in My revelations, so that, thus blessed, they may continue on their path. Souls will continue to appear—some as wildflowers, others as thorns in the desert. But both will be united by a single ideal, and in the Hereafter the flowers of your love will unite to reach Me as a single offering of love.

34. In this way I instruct you, O disciples, in the final year of these rallies. For truly, I tell you, when this period comes to an end, your spiritualization will be subjected to very great trials. How many of you will fall victim to fanaticism and idolatry? How many of you will be on the path to mysticism, and how many others, in order to stand out among people, will want to add to My work something that does not belong to it? Watch and pray, O people! But do not forget that the purer and simpler your religious practice is, and the more it is inspired by My laws, the greater will be the perfection your soul attains. Have fewer ceremonies and rites and greater spiritualization, more mercy and love toward your neighbors—then you will love Me.

35. A time of idolatry and fanaticism is coming upon all the peoples of the earth. Rites and ceremonies will reach their peak and will be taken to extremes. The clergy and priests of various religions and sects will drive their followers to a state of ecstasy. I allow this to happen, for it will be like a storm sweeping over humanity, and in this chaos, souls will feel like shipwrecked people. There will be no one who feels they are in a safe harbor or in a lifeboat.

36. The time will come when confusion will reign in all souls, and they will find no refuge of peace anywhere. Then people will seek out the most renowned leaders, the ministers who stand out for their superior intelligence, and those whom humanity considers holy. But their astonishment will be great when they realize that even these are castaways, without a compass, without peace, and without light.

Then the darkness will come. But in the midst of this chaos, souls will rise up in search of their salvation, and beyond the dark storm clouds they will behold the light like a new life, like a new dawn, and that light will be that of the Holy Spirit; it will be the lighthouse that illuminates the entire

universe, awaits the return of the children, and lights up the stormy oceans.

37. According to this time of trials, the freedom of the Spirit will come to humanity. People's feet will trample the idols of the past; disillusioned, they will destroy their places of gathering—places of vanity, pomp, and false splendor. The authors of scholarly works will cast their own works into the fire.

38. In that time, even the most uneducated and humble among you will be listened to attentively. How many of those who now hear My Instruction among this simple and humble people—and feel insignificant because they believe they lack eloquence and spiritualization—will later find themselves surrounded by crowds of people, and among them will be some of those who considered them mad when they heard Me through the messenger. How many of those who today cast doubt on My message will later weep like Peter when they see the fulfillment of My Word at every turn.

39. Until then, continue to prepare yourselves; strengthen your souls through My teaching, which has never led anyone astray, for it demands of you only liberation and salvation through spiritualization. But what is spiritualization? It is the path I have laid out since the beginning of time, and upon it all purified souls will reach the bosom of God. Upon it lies the Divine Law, which is the source of all virtue. There lies the open book, the Book of Life, which contains all the wisdom of God. I have invited you once again to walk this path.

40. From the mountaintop, I speak to you for the third time and say to you: "I am the Way, the Truth, and the Life. Do not separate yourselves from Me any longer."

41. Remember: When My body was taken down from the cross and subsequently buried, the disciples—who were distraught and could not comprehend what had happened—believed that with the Master's death, everything was over. It was necessary for their eyes to see Me once more and for their ears to hear Me again, so that their faith might be kindled and their understanding of My Word might be strengthened.

42. Now I can tell you that among those disciples there was *one* who never doubted Me, who never wavered in the face of trials, and who never left Me for a single moment. It was John, the faithful, courageous, passionate, and most loving disciple. For the sake of this love, I entrusted Mary to him as they stood at the foot of the cross, so that he might continue to find love in that spotless heart, and so that, at her side, he might be further strengthened for the struggle that awaited him. While his

brothers, the other disciples, fell one by one under the executioner's blow, thus sealing with their blood and their lives the whole truth they had preached and the name of their Master, John conquered death and escaped martyrdom. Since he had been banished to the wilderness, his persecutors did not consider that there, on that island to which they had driven him, the great revelation *of* the ages would descend from heaven upon that man—a revelation he would experience step by step—the prophecy that speaks to humanity of all that has happened and will come to pass according to the ages.

43. After John had bestowed much love upon his brothers and dedicated his life to the task of serving them in the name of his Master, he had to live apart from them, alone; but he prayed ceaselessly for humanity, always thinking of those for whom Jesus had shed His blood.

44. Prayer, silence, introspection, the purity of his existence, and the goodness of his thoughts worked the miracle that this man, this soul, developed in a short time what other souls require millennia to achieve.

45. Yes, disciples, John is an example of what the human soul will achieve in times to come. The ecstasy of John, through which he spoke, saw, and heard, was the revelation of what you would experience in this age. The spiritual visions, depicted in symbols, were seen through the gift of clairvoyance—that is, the spiritual gaze.

46. The divine voice and the voice of the spiritual world, which reached his mind and touched his heart, were forerunners of the revelation that you have received in this age through those who speak and those who possess spiritual gifts. And finally, John revealed to humanity—by writing down everything he saw and heard under the guidance of an angel—the spirit-to-spirit dialogue that would come when people had freed themselves from impurities and materialism in their lives.

47. When will people turn their attention to what my beloved disciple left behind in writing? Strange is the way in which his Revelation is written; mysterious is its meaning; profound to the point of the immeasurable are his words. Who can truly understand them? Those who begin to take an interest in the Revelation of John immerse themselves in it, interpret it, observe it, and study it. Some come a little closer to the truth; others believe they have discovered the meaning of the Revelation and proclaim it to the whole world; still others are confused or too weary to continue their search, and ultimately deny that the message contains any divine meaning.

48. Disciples of the "Third Era," I now tell you that if you truly have the desire to enter this sanctuary and to come to know the true meaning of

those revelations, you must familiarize yourselves with the prayer from Spirit to Spirit—the very one that John practiced during his exile. You must first understand that divine revelation, although presented through earthly forms and images, deals entirely with the human soul—its development, its struggles, its temptations and falls, its desecrations and acts of disobedience. It deals with My justice, My wisdom, My Kingdom, My manifestations of love, and My communication with humankind; with their awakening, their renewal, and ultimately their spiritualization.

49. There I revealed to you the spiritual journey of humanity, divided into periods of time, so that you might better understand the development of the soul.

50. Therefore, disciples, since this revelation pertains to your spiritual life, it is fitting that you study and contemplate it from a spiritual perspective; for if you seek to interpret it solely on the basis of earthly events, you will fall into confusion, as many others have.

51. It is true that many earthly events are related to the fulfillment of that revelation and will continue to be so in the future. But you should know that the events and signs contained therein are also figures, images, and examples meant to help you understand My truth and fulfill your destiny—to rise up to Me along the path of purity of the soul, of which My disciple John left you a shining example, he who, , was millennia ahead of humanity in his spirit-to-spirit dialogue with his Lord.

My peace be with you!

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