

The Book of True Life

Teachings of the Divine Master

Volume VI

Lessons 143–174

Book Service for Life

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Foreword

Throughout the ages, the Creator Spirit has spoken to His creatures in various ways.

In the “First Era,” the Father revealed Himself to His children directly through the conscience, and He also spoke through the mouths of messengers, guides, and prophets. The prophecies and revelations of the Lord’s servants foretold the ascending development of the human spirit and the coming of the Master.

With the birth of Jesus in Palestine, the “Second Age” began, in which the “Word” was incarnated in the Divine Child to speak to humanity: “I am the Way, the Truth, and the Life.” During the 33 years of his life among humanity, Jesus Christ bore witness to his divine origin, and in preparing his disciples for his departure, he said that he would return—not in the flesh, but in the cloud, the symbol of the spiritual, surrounded by multitudes of his angels.

And so, on September 1, 1866, the “Third Era” began with the events that took place in Mexico, the land in the West predestined for this purpose. There, revelations of the Spirit concerning human powers of thought and speech took place, which came to an irrevocable end on December 31, 1950, so that, after this period of preparation, people might become capable of a more perfect form of direct communication between the human spirit and the Divine Spirit, as well as with the spiritual world in general.

For the revelations of the promised Savior and his angels, the Lord, according to his supreme will, made use of human instruments—those whom he himself chose and prepared—and through whose intellectual faculties the radiance of the Divine Spirit manifested itself.

During the last approximately 20 years of the period of revelation, beginning around the year 1930, most of the Lord’s teachings were recorded stenographically. The rich instructions, teachings, prophecies, revelations, etc., took place at numerous different meeting places that had formed throughout the country. A small group that had previously served as “voice bearers,” and which acted in accordance with a clear instruction from the Divine Spirit, compiled 12 volumes containing 366 of the proclaimed teachings. They gave them the title:

“LIBRO DE LA VIDA VERDADERA”
which translates to: “

A Greeting from Mexico

To give the reader an idea of how the revelations of Christ, who reappeared in the Spirit—initially prepared by the Spirit of Elijah—took place in Mexico between 1866 and 1950, the following is a greeting to the Germans from a Mexican who was himself an instrument of the “Word.” He is, humanly speaking, of humble origins; he began his life’s journey as a bullfighter, then earned his daily bread for himself and his family as a photographer, and lived a simple life in modest circumstances.”

I had just turned 21. For years I had been confined to my home as a victim of a very troublesome skin disease that did not allow me to enjoy the benefits of the sun or fresh air, even for a few moments.

During those years of isolation, which seemed like an eternity to me—all the more so because I was in the dawn of my youth, when one indulges in the most fanciful dreams—I suffered no small crisis of impatience and despair. I must confess that only the loving support of my parents and siblings offered me moral sustenance during this ordeal—along with, of course, the faint hope of one day regaining my health.

Many doctors took on my case, and I was subjected to countless treatments—all to no avail. I remember only that after each failure, my despair grew.

As my isolation, my silence, and my loneliness became more unbearable with each passing day, I took refuge in prayer and noticed that in it my spirit found an indescribable peace, and that a faint premonition arose in my heart that I would soon see myself freed from my captivity.

My prayers grew longer and longer, and my spiritual concentration deepened more and more. I made an effort to meditate as often as possible, for as long as the prayer lasted, I remained free from all suffering. When the bliss was over and I returned to the reality of my lonely, quiet, and monotonous life, I always felt as if I were coming from another world, where my spirit had been strengthened and inspired. Here I must interject that I formed my prayers from spontaneous, unplanned impulses. I will never forget how, during such moments of rapture, I lost all sense of time, and there were moments when everything around me vanished. However, I do recall that during my childhood—starting around the age of 12—I found myself, almost daily and without being able to explain it, in a sort of detachment of the soul that lasted for several minutes, during which I, perhaps guided by my subconscious, had to act like an automaton. I never experienced the slightest difficulty while this peculiar state lasted. Strangely enough, it initially caused me anxiety, but

gradually I became accustomed to it, even as the phenomenon intensified over time.

My illness reached its peak. At times, it felt as though my skin were burning under the influence of an inner fire that could not be quenched by anything. At the same time, my appearance grew increasingly pitiful.

One day, my father arrived with the news that he had heard the word of the Divine Master from the mouth of a simple man who was certainly one of God's chosen ones. This had taken place in a humble meeting place in a remote neighborhood of Mexico City. A good friend, who had long admired those teachings, had taken him there.

Instantly, I was certain that it was HE, the Master, speaking there through human perception in order to draw near to people, seeking out those who hungered for light and thirsted for justice.

The miracle I had been awaiting day after day stood before me. HE, with whom I had spoken so often in my hours of pain, was now very close to me and was waiting for me to grant me healing of body and soul.

I answered the Lord's call! It was on Sunday, February 14, 1934, that I first entered that humble meeting hall, one of the many where the divine message could be heard. I was deeply impressed by the introspection and deep concentration with which those present prepared themselves to await the coming of the "divine ray," which was to inspire the inner hearing of the "messenger," who would then convey the heavenly word.

On that occasion, the "Word-Bearer" or "Instrument" was a woman. A simple woman of, one might say, ordinary appearance, and blind from birth. I must confess that her appearance did not make a particularly pleasant impression on me. My astonishment was therefore all the greater when her lips parted and she delivered a sermon of such depth, so wonderful and full of such wisdom that one can hardly imagine it—and delivered in a sweet voice full of surprising inflections, which gave the message a deeply moving and stirring tone.

As the proclamation continued, those present completely forgot the physical presence of the messenger, so that they might rise to the realms of the spirit and fully savor the divine teaching. But if, during the proclamation, someone happened to open their eyes and observe the Word-Bearer, they could see how that in itself humble and ordinary being had been transfigured by the elevation of their spirit—indeed, how in such moments a great beauty and an awe-inspiring majesty radiated from him.

The divine Word flowed from his lips like an inexhaustible tidal wave—for an hour, two hours, three, and more. It all came forth without hesitation, without interruption, flawlessly, and without the slightest sign of fatigue or his voice becoming hoarse or faltering. On the contrary, the longer the proclamation lasted, the more the inspiration seemed to grow

in perfection.

The presence of the Divine Master was so strongly felt during those moments of communication that one could sense His nearness and friendship quite tangibly. He spoke to every heart! He read the most hidden thoughts of those present and touched the innermost fibers of His listeners, without ever hurting or accusing anyone. Each person felt in their heart which words from the Master, with His penetrating gaze of love and wisdom, were directed specifically at them.

The divine message took on various tones and nuances on the lips of the messenger. When the Lord spoke as a Father, tenderness, forgiveness, and affection were conveyed in His voice; when He revealed Himself as a Master, it became profound and wise, and when He revealed Himself as the Judge, the voice of the messenger took on the tone of infinite authority and power, with justice and divine zeal resounding so impressively that it truly struck the listeners to the core, wringing tears of repentance from them and leading them to make firm resolutions for repentance and restitution. I felt very small in the face of such greatness and like the very last among those gathered. In my ignorance, it occurred to me that the Lord surely had not even noticed my insignificant presence. However, I was quickly convinced of my error and learned that the Master's gaze detected everyone. After several months of frequent visits, during which I sought nothing other than to enjoy that spiritual feast, I was called by the Lord on an unforgettable afternoon. It was August 9, 1934, when, still in a state of astonishment, I was set apart and anointed to serve as a messenger of the divine Word.

The deepest emotion, the noblest and most profound feelings, seized my heart in that supreme moment. What could I refuse in that sublime moment to the One who has unlimited authority over His creatures?

My destiny was predetermined. From that day on, I lived for nothing else but to devote my life to this difficult and delicate office.

Several months of preparation—which also brought about my complete physical recovery—served to train me as a messenger of the Divine Master, to whom I devoted myself body and soul from that hour onward, until December 31, 1950, when the light of the Divinity ceased to manifest itself in this form.

If we, who were the messengers of the Word, were to attempt to recount the experiences, impressions, and experiences we had during those unforgettable years of struggle before the surging crowds at the various places of assembly scattered throughout our entire country, we would have to fill entire volumes, for our journey was an unbroken succession of the most wondrous events, and it would be impossible to recount them within the limited space available to me here.

Yet it is of the utmost importance to emphasize that we had no other book for our preparation than the Word that flowed from our own lips. For no outside influence was to penetrate our minds, so that we might receive the divine message with the greatest possible faithfulness. When we remained humble, the Lord distinguished us with love and favor before His people. But whenever we allowed ourselves to be ruled by vanity or selfishness, He touched us with His justice by withholding His inspiration from us for a time, to show us that without Him we could do nothing, for without Him we are nothing.

Since the Master's last communication at the end of 1950, I have never again felt any of those peculiar sensations that I carried within me year after year while carrying out my mission as a messenger.

From that day forward, a large group of brothers devoted themselves to the task of compiling as many of the messages and revelations as possible that the Lord had given us—and which, fortunately, had been transcribed. From these, a book was compiled to be made available to the general public, and it remains to this day the source from which humanity can drink the water of truth that the Master left to the people of this and future generations as a gift of love, of light, justice, and peace.

A testimony has been requested of me, who was undeservedly a messenger of the Master during his ministry in this form, and I have attempted to provide it with these lines. I did so with all the sincerity of which I am capable, with the fervent hope that this testimony may serve as an inspiration and succeed in awakening trust and faith in those who take up this book, which contains messages that the Divine Master revealed to the humanity of this age in His goodness through mediators as simple as they were unworthy.

At the same time, from the depths of my soul, I send a fraternal greeting in the name of the Lord to my brothers and sisters in Germany, whose wonderful spiritual awakening the Master has shown us through His human intermediaries."

Instruction 143

1. I will strengthen your spirit so that it may stand firm in the coming battle, for the conflict between ideologies, teachings, and creeds will be great. Truly, I tell you, when the persecution of spiritualists begins, new apostles full of faith and courage will arise. They will be the ones who proclaim that I have truly been with you during this time, and they will be pioneers and prophets among their peoples. Among them will be those who write down My inspirations, who delve into My teachings, and who behold spiritual visions.

2. In that time, I will reveal Myself in both men and women, in young people as well as in children and the elderly.

3. The whole world will receive revelations, manifestations, and visions, for it is written that every eye will see Me.

4. I have made Myself known in the scientist's workplace, and My presence has filled him with wonder. I have surprised the armies in the midst of battle by halting their advance through the forces of nature. I have made Myself known by pouring out My mercy upon the impoverished homes where there was no more bread. A young man came to the front door, carrying a loaf of bread in his hands, and the men and women asked themselves, "Who could that be?"

5. Study My work, disciples, for you must be strong so that, when all visible and invisible elements rage, you may bear witness to My teaching of love. I have entrusted seven gifts to you in this time for the development of your spirit and for the fulfillment of your mission. Here there is the Leader, the "Cornerstone," the Spokesperson, the Authorized One, the Seer, the "Golden Pens," and the "Pillar."* Yet this is not the first time I have bestowed these gifts upon the people of Israel. Even when you crossed the desert in search of the Promised Land, I bestowed the same gifts upon you. Moses was the leader, and at the same time he conveyed My Word and revealed My will to the people. Into his hands I placed the cornerstone of My Law, which is the foundation of the Temple that you are to build in your hearts. The tribe of Judah was the strong pillar that sustained the courage and confidence of the masses. The tribe of Levi was the legion of spiritual workers whom I empowered to keep faith in the Lord alive. History, prophecy, and revelation were recorded by hands set apart for this purpose, and through my inspiration, the prophets beheld the future with the eyes of the Spirit.

**1. The Leader: Head of the congregation.*

2. The Cornerstone: An experienced, advisory elder.

3. The Voice: A conveyor of the revelations.

4. *The Authorized One: Specifically responsible for healing the sick.*
 5. *The Seer: One who is especially gifted with spiritual vision.*
 6. *The Golden Pens: Those responsible for the transcription (stenographic transcription) of the revelations.*
 7. *Pillar: Seven proven elders of the congregation.*
- See also: Instruction 246, 31 (in Volume 9), according to which the leaders of that time will be the last.*

6. There are no new gifts for your spirit at this time; you have carried everything within you since the moment you were born of Me.

7. The days are drawing nearer when I will reveal to you the great teachings that you have not known until now; for it will not be human beings who reveal them to you. Although there are messengers of Mine in every religious community, it will not be they who open My treasury, much less can it be those who, without being destined for this task, have taken it upon themselves of their own accord. Those whom I have sent out for this service possess wisdom through inspiration. Those who are not My servants have derived their knowledge from books. While the former pray and love*, the latter read and study; yet the mind will never attain the lofty vision of the Spirit**. When the former speak, they convince, they shake, they comfort, and they heal. The latter astonish, command admiration, but they do not comfort or save.

Additions in parentheses in the text were also inserted by the translators.

*** In the current Spanish original text, no distinction is made between the terms "spirit" and "soul." It consistently uses "espíritu" (spirit). In German, the use of the term "soul" is often more appropriate and sometimes even indispensable. When it seemed appropriate—for example, for the first time in a teaching, or where both terms would be justified in a certain sense, but the translator, after careful consideration, opted for the term "soul"—this is indicated in a footnote. (See also: Appendix in Volume II)*

8. Be humble, disciples; work without expecting a reward. Be of good cheer in love and in the knowledge that you are loved by your Heavenly Father. Do not form any notions about your reward, for it can never be comprehended by your mind.

9. Once again I tell you: Prepare yourselves. You do not know whether I might surprise you with great revelations even this year. The light of the sixth seal illuminates you at this time, and it is good that you now learn

the meaning of this mystery. I will explain these lessons through my spokespeople.

10. John, My apostle, heard and wrote down what he saw in visions, without understanding them. The blessed hand of that prophet left behind My promises and revelations described in symbols. And in this present age, I give you the explanation for those words and inspirations, for I alone am able to do so. But so that I may convey this light to you and you may understand this Word, purify yourselves, watch, and pray.*

**As a rule, the call to pray appears alongside this—even first Note—the often-overlooked “Watch.” It can be understood in several ways: First, it recalls Jesus’ request to three of his disciples during that difficult hour in Gethsemane, shortly before his arrest, to stay awake (Matt. 26:36–46, among others). It is also a call—valid in other contexts as well—to participate in the fate of others with an alert consciousness, benevolently and thus supportively, as is also the case in intercessory prayer. Furthermore, it also refers to a spiritual and emotional alertness—a constant readiness to heed the often quiet, faint promptings of the spirit and conscience, to become aware of them in a timely manner, and to think, feel, and act out of an inner impulse of love for one’s neighbor and compassion; not to allow oneself to be governed by selfish, unloving intellectual thinking, whose decisions—viewed from a higher spiritual perspective—are wrong, that is, harmful to the soul, a fact that is usually recognized only in hindsight, when the consequences become apparent. Through contemplation or meditation, one can cultivate inner peace—especially on the mental and emotional levels—and mindfulness, so that thoughts and intuitions from both this world and the next, along with their effects on emotions and actions, can be immediately recognized and guided. (See also: Instruction 146, 60) In this light, one should also view the sometimes contradictory studies on the effects of text and images in various media—from comic books to television and the Internet—especially on children and adolescents. To be awake means to be attentive, which also means being receptive—both in relation to the environment and our neighbors, as well as in inner spiritual communication, in sensing what God’s will is (the voice of conscience/inspiration). In this context, dreams should also be mentioned—dreams that are brought into consciousness through memory—and it is even possible to accompany them during ordinary sleep with a kind of waking consciousness, that is, to be awake while the body sleeps. The significance of dreams as a potential source of deeper insights is evident from other passages in the teachings (e.g., U. 159, 3; U. 162, 4; U. 167, 47) as well as from biblical texts. They*

also depend on spiritual development and spiritual elevation or attitude (U. 100, 30).

11. Truly, I tell you, if you have not yet heard any higher teachings, it is only because you have lacked spiritual elevation and purity. Make yourselves worthy through love for your neighbor, so that you may receive in your hearts the pages contained in the Book of the Seven Seals.

12. I come to My children to teach you virtue, so that your spirit may be strong and you may overcome the temptations that are the inclinations of your flesh. Open your spiritual eyes and see the many things I have in store for you in My treasury.

13. I work upon your hearts with My Word so that you may form a part of the temple of My Holy Spirit.

14. Beloved people: The Master gives you instruction, and within its meaning lies the light that enlightens your spirit.

15. You lift yourselves up to Me in prayer, for you know that through it you will be heard by your Father, who gives you strength and, like Simon of Cyrene, helps you carry your cross.

16. In My Word you will find the shield and the radiant weapon to triumph in your struggle. I am preparing you so that, through the development of your soul and the unfolding of your spiritual gifts, you may be able to resist temptation.

17. Live alertly, beloved people; act like the wise virgins of the parable given to My disciples in the Second Era. Be like them, with burning lamps, so that you may always place your faith and your hope in Me. Within you is the sanctuary that I have prepared with great love in this Third Era. You are the guardians of My Word, and I have transformed every spirit and every heart into a fountain of love, virtue, and healing balm, which will flow among humanity like crystal-clear water.

18. Great is your joy, Israel, because you have experienced that you were able to bring comfort to sorrowful hearts and that those bent over by pain felt encouraged by your word when you were prepared. Blessed are you who fulfill your task in this way. Continue to strive to bring My mercy to humanity. I come with My Word to encourage you in this struggle. I teach you to build up and restore what humanity has destroyed over time with its materialism. Your spirit knows the times in which it lives; it is learning to overcome the trials it encounters along the way ever more effectively, because its faith and love for My work are great.

19. Beloved children, I will give you your reward at the end of your struggle. At present, you do not yet know when or how this will happen,

but truly, I tell you, my Word is being fulfilled, and I have offered you the Promised Land, where you will experience joy, refreshment, and bliss. You will feel My peace fully, for by then your spirit will have triumphed.

20. Once again, I show you the path your spirit must travel; upon it are My light, the virtues, and the spiritual ideals by which you must walk your path. I have come in this time with a flaming sword—not to kill the spirit, but to combat the darkness that has spread throughout your surroundings.

21. Behold, this is the power of My Word, which I reveal to you through works of love! Through it, I bear witness to Myself. I work miracles in every heart to transform you into children of light, for your Father is the light and infinite wisdom. To each one I give My Word, which is law. Yet recognize that I do not compel you with My power to obey it, nor should you see in My Word a scourge that wounds your heart. Do you not know that, as a Father, I do not wish pain for my children? Recognize that through my teaching I purify you and heal you of the wounds you bring before me; and if my Word judges you for a moment, it is because I am perfect justice and thereby spare you the pain you bring upon yourselves when you forget to fulfill my law.

22. I want you to be spiritually free. But do not fall into the licentiousness to which the body tempts you, for I have entrusted it to you so that it may be the willing instrument that supports your soul in its upward development. Yet the soul has become a slave to that which it was meant to govern. I teach you through My Word so that you will not be swept away by the storm of your passions and will know how to control yourselves.

23. My people, love, and bear witness to Me in all your deeds. Practice virtue and spread My light. I let it flow into your spirit and nourish it with the bread of eternal life; it is refreshed by the fruit of life, and it receives My wisdom. This is the essence of My Word. You have prepared your hearts like a pure chalice, and into it I let My blood flow drop by drop.

24. My people, understand the parabolic meaning of my Word and be refreshed by it.

25. Your physical eyes cannot behold My radiant countenance, yet you understand Me through the Word that your spirit receives within itself. My Word is the vibration that gives rhythm to all creation, so that everything may be in perfect harmony. Thus, your spirit will yield to the power of My Word, so that you may reach the gate of salvation and thereafter the Promised Land.

26. Here is My presence! Behold the power of My Spirit, made law within yourselves—a law that tells you: “Love one another.” Through this invisible law, I unite all My children. I will cause the flame of love to blaze forth from every heart, so that all may merge into a single ideal.

27. Your Master brings you the message of peace and salvation that you have been awaiting for so long. I alone can help you, through my teaching, to find the path that leads you to your spiritual home.

28. You hear My Word through human lips.

29. What do you need to walk the path toward spiritualization? If you have love, you will rise very high, and if you trust in Me, you will not stumble in your life; the abilities to heal, to speak, and to persuade that are within you will unfold, and all of this will serve the progress of your spirit.

30. You can all follow in My footsteps, for you are all equipped to ascend and reach Me. Who has told you that some will reach Me and others will not?

31. I have not created spirits of different hierarchies; they are all created in the same way, and you all possess My divine anointing. Yet today you are not all pure as you were when you were created, and therefore I tell you that you must purify yourselves. For I desire that what flows from your hearts be pure, that you obey My inspirations, so that your work may be selfless and your righteousness may be reflected in all your deeds. Selfishness or envy are not manifestations of a noble spirit. When you have purified your hearts to make room for the light, then you will be prepared to make My work known, and only then can you be messengers, seers, and prophets of the truth.

32. My universal ray enlightens the spirit of humankind, purifies and elevates them, for I want you to rise above what is purely human and perform miracles, just as I have taught you.

33. Consider that I am benevolent and have not judged your deeds. I give you My support, come to the aid of those who suffer and those who have strayed from the path, and do not condemn them, for they can still repent and avoid further falls. I have not exposed anyone; I have only equipped your spirit so that you may feel responsible for all and each of your deeds and may rise by making amends for your transgressions and henceforth building on solid ground.

34. Heal the sick through faith and love. Develop your abilities so that you may realize with how much grace I have prepared you, and so that you do not say that what I ask of you is beyond your capacity.

35. Sincerely seek My presence, set out filled with strength, and preach love. Teach through examples and demonstrate that love can restore health to the sick, for it is the most powerful remedy known to humankind.

36. Lift up your spirits and think of the millions of sick people in the world, and pour out the balm of your prayer upon them all.

37. Christ is not dead; He lives eternally to give life and resurrection to souls. If you have come to Me in suffering and, upon leaving this place of gathering, seek your pain and no longer find it, it is because you have delved into My Word and found in it the healing balm that has restored your health and peace.

38. I have come in this time to reveal My Law to you—despite the unbelief of humanity. Those whom I have chosen to form My band of apostles with have believed upon hearing My Word, and their faith is unshakable. Yet those who, after hearing Me, have turned away and deny that it is I who reveal Myself already carry the seed of My love in their spirit, and sooner or later they will return to Me.

39. If you were to be misunderstood for the sake of My cause, and if others sought to convince you that you are in error, what would you answer?

40. You tell Me that you will follow Me to the end—that you have kindled a light of love in your hearts, and that you will endure the greatest trials to bear witness to Me; and I give you steadfastness, for great storms will arise to extinguish the light of your faith.

41. When you point to your simple and honest lives as a testimony to this truth and allow the Spirit to speak with authority, you will defend your faith, and people will believe in Me. The strongest weapons for overcoming your enemies are love, wisdom, and justice. Respect the faith of your fellow human beings, but shed light into their spirits. Be humble and do not become enemies because of My teaching. Everyone claims to follow My commandments yet commits acts that are unworthy before Me. Prepare yourselves and do not act contrary to your duty. Through you I will speak to humanity, for each of My chosen ones is to be a voice for My teaching, an ambassador of goodwill.

42. If you wish for your fellow human beings to accept Me, carry Me within you in the sanctuary of your heart. I leave the Book of My Truth open so that the world may read from it.

43. I wish to leave you spiritually prepared before the year 1950; I wish to give you My peace when I bid you farewell. It is My will that you earn the right to receive My final commands and instructions.

44. After that year, in which the 144,000 who are marked by the fire of My love—some in the material world, others in the spirit—will be united, they will be equipped, and there will be no human power that can take away from them the spiritual gifts I have granted them or endow them with other gifts.

45. Blessed are those who have become spiritual by this time, who have allowed their souls to develop by following the upward path, for they will be prepared for the time of transformation that awaits you and will be strong enough to stand their ground against sects and religious communities.

46. I have brought My teaching to your attention, which is like a life-giving stream flowing from Me. No one will be able to stop its course. It has flowed down from a high mountain to make the thirsty earth fertile.

47. I am with you, and you have nothing to fear. My inspiration flows eternally, and you may always draw sustenance from Me. Like that angel, I say to you today: Glory to God in the consciousness of the spiritualized human being, and peace on earth to humanity, when it strives to establish peace in the world.

48. Beloved people, I pour into you the purifying fire of My Word so that you may have strength, light, and life. I send you My thoughts through this medium, without them being tainted as they pass through it. Divinity is not tainted when it manifests itself through the human brain, even if that brain is not spiritualized.

49. I must repeat My teachings often so that the “last ones,” who come before Me ceaselessly, may take the first step and, from that moment on—from that first lesson onward—come to know the essence of this revelation.

50. Know that those who love one another can communicate across the greatest distances; I love you, and you love Me as well. There are no barriers for the spirit; on your life’s journey, you have many opportunities to experience this. You are learning to love Me, and there are moments when you feel that you have attained the true love that I intended to illuminate your hearts, so that it may give you strength on your life’s journey.

51. I do not ask you to do anything you do not know or are not capable of. If I were to do so, I would be being unjust toward you. If anyone knows the level of development you have attained, it is I. Note that I do not ask you to converse with Me from spirit to spirit without first receiving preparation. I give you this preparation when I communicate through the spokespeople, through whose minds I convey My teachings to you.

52. Learn to listen, O disciples, for listening is not the same as hearing. Everyone hears, but very few know how to listen, and this is the only way in which the truth of My teachings can be understood.

53. Know that the Master takes upon Himself this effort of spiritual rapprochement between man and his God when He sends you His thoughts so that they may enlighten you as they descend. Outwardly, the language that comes from the lips of the messengers is all too simple, but its meaning is perfect, like your Father who sends it to you. The intended meaning of this work lies beyond what you can imagine or comprehend; therefore, you should conceive of it as divine, great, and eternal. It is more than a comfort for the weary, more than a balm for the sick. It is the supreme gift for the spirit, which grants you the joy of loving God and imparts to you the knowledge of true life.

54. Know that whoever understands and recognizes something of that which is reserved for those who rise spiritually can no longer tear his spirit away from the light that has been revealed to him. Whether he enters unknown worlds or returns to Earth time and again—what he once received as a divine spark of light will continually well up from the purest part of his being as an intuition, as divine inspiration. At times it will come alive like a sweet awakening or like a heavenly song that will flood the heart with delight, like a longing to return to the spiritual homeland. This is what My teaching means for the souls who return to this life. On the surface, the spirit seems to forget its past, but in truth, it does not lose the knowledge of My instruction.

55. To those who doubt that it is the Divine “Word” speaking to you at this very moment and in this form, I say that if they do not wish to give Me that name, if they do not wish to attribute this Word to the Divine Master, they should take the meaning of this teaching to heart and delve deeply into each of its thoughts; if, upon reflecting on what they have heard, they come to the conclusion that it contains light and truth for humanity, they should use it as a guide for their steps on earth and thereby transform their lives.

56. I know that I am imparting true wisdom to you; what people believe does not alter My truth in the slightest. Yet it is necessary for a person to be certain of what he believes, what he knows, and what he loves. It is for this reason alone that I sometimes lower Myself to the level of humanity in My teachings, so that they may come to know Me.

57. To those whom I already call disciples, I must say that they have the sacred duty to teach and help those whom I call “little children” to understand this teaching, for they do not yet understand what they see or

what they hear in My teachings. To be My disciples, it is not enough to understand; they must also feel. For there are many who, although they understand enough of the teachings I have given them in My Word, are not able to reach out their hand to those who have not yet been able to grasp the Divine Teaching. Be aware that my “little children” often need your explanations and your experience. Train yourselves so that you may teach them, and you will witness how faith unfolds within them and the gift of the Word within you. You are to kindle a deep faith that is also imbued with reason and understanding.*

**It should be remembered here that in earlier times—and even today—many laws of nature were and remain unknown. Conditioned by ignorance and error, a contradiction thus arose between faith and knowledge, between religion and science. This contradiction is resolved by the Spiritual Teaching, since it enables a faith based on spiritual knowledge and insight rather than “blind” faith—a knowing faith, and thereby a science expanded and enlightened toward spiritual and otherworldly reality.*

58. It is not true that you are all hard-hearted. I have often seen you weep for the sake of others and witnessed your hearts being torn apart by the pain of others.

59. This era was inaugurated with the proclamation of My Ray through the organs of the intellect*, which were chosen for this purpose because they carried this mission within themselves. Do not believe that they were chosen because of their purity, for if that were the case, I would not have found a single one.

**The capacity for thought and speech of the “voice bearers.”*

60. Be filled with My divine strength and feel secure, for you are with Me. Tomorrow, when your heart awakens to love and is enlivened by the spirit of charity, let it ceaselessly do for your fellow human beings what I have done for you.

61. Remember that day, which was full of light and joy for the first gathering of disciples of this work. It was September 1, 1866, when the light of Elijah poured out as inspiration upon those who gathered around Roque Rojas*. The name of this first voice-bearer and representative is pronounced “Roke Rochas” (with a Swiss “ch”).

62. On that day, those who were to become the first leaders and the first messengers were consecrated. It was a day of inspiration, revelations, promises, and covenants.

63. Those disciples felt as if they had been transported in spirit to Mount Sinai or Mount Tabor; they recalled the great revelations of the First and Second Ages. And they were not mistaken in their intuitive feeling, for the spiritual presence of Moses, My presence, and that of Elijah was with them, just as it had been on Mount Tabor in that spiritual vision witnessed by some of My disciples—the revelation that people called “the Transfiguration of Jesus.”

64. To you who are hearing Me on this day, I tell you in truth that the spiritual presence of Moses, My presence, and that of Elijah is with you. What did the people of the Second Era have that you do not have? You have the same faith as they did; just as I also tell you that imperfection and sin exist among you just as they did in that era.

65. Here you have the presence of the three messengers: that of Moses, of Jesus, and of Elijah—a spiritual presence, invisible to human eyes and perceptible only to the senses of the spirit. Therefore, I tell you: Prepare yourselves so that you may rejoice in the light that is pouring out upon your spirit at this very moment.

66. Open your hearts and feel the presence of Moses within them. Become sensitive and hear his spiritual voice, which encourages you to continue the journey, just as he encouraged his people in the early days as they crossed the desert.

67. Moses is not idle in the bosom of the Father; his Spirit works ceaselessly and ensures that the voice of the Law is heard in every spirit. He tells you that you must be the true children of faith so that you may reach that land promised to the Spirit.

68. People, keep in your hearts the lesson you have heard, so that you may always rejoice in My spiritual presence, which has guided you throughout your entire life’s journey.

69. Pray, for I receive your thoughts, and as long as your intercession continues, I will pour out My blessings upon humanity.

My peace be with you!

Instruction 144

1. Lift up your spirit and cross the thresholds of the material world so that you may unite with My Divine Spirit.

2. Why do you wish to subject your spirit to the earth and thus deprive it of spiritual joys? Do not forget that it belongs to another world.

3. Let your spirit enter My sanctuary so that it may be filled with light there and thereafter be the guide of your steps, the Master, and the inner judge.

4. These multitudes of people here who hear My Word have opened their spiritual eyes to the Light in this age, for there has been no human being who has preached with the purity, truth, and sincerity with which I have given you My teaching. Throughout the ages, people have distorted My truth and concealed My law from humanity.

5. Now, I have seen that the teaching I imparted to you in the Second Era is being interpreted in a hidden and imperfect way, not in accordance with the spiritual development you have today, but according to the understanding of people from many centuries ago. Yet I have come to you, and when I saw that you were hungry, I gave you “bread” in abundance so that you might be satisfied and then pass it on to the people who are yet to come.

6. Remember that a new era awaits you, that My Word will come to an end, and that you will be left with My teachings alone. If you know how to prepare yourselves then, you will be able to speak of Me. But if, despite your knowledge, you fall into temptation—if you distort My Word or fail to interpret it correctly—then My teaching on your lips will be no nourishment for your fellow human beings.

7. There is still time for you to pray and prepare yourselves to fulfill your duties. Do not wait until My justice overtakes you; do not wait until pain and war scourge you as they have those brother nations of yours that drench the fields with blood and leave homes in misery. Support your nation through your prayers, and do not allow it to be destroyed like Jerusalem. Through your deeds, tend a garden in which the flowers consist of forgiveness, love, prayer, and charity. That garden will take root in your hearts and find its fulfillment in your spirit. Dedicate a few moments of the day to reflection; let your spirit soar so that my inspiration may reach you. Behold, you have no books at hand, and only through that inspiration will you be able to receive light in this time. Remember that the moment will come when you must bear witness to My truth, and that you must then turn to the book that is within your heart. Learn to read that invisible

book, so that your mind may not be clouded. Look within yourselves, so that the voice of your spirit may find expression on your lips.

8. Every religious community and every sect is preparing itself, for it senses the nearness of the conflict. You will stand between them, but you must be prepared, for I will use your minds to reveal Myself.

9. Today I still see you as weak, for when you received ingratitude from your fellow human beings in return for your acts of love, you wept in silence and said to Me, "Is this the cross You have placed upon my shoulders?" To this I answer you with another question: Have you already forgotten the example of Jesus among humanity? If the world hurts you, do not complain to Me about it; have compassion on it, and I will heal your wounds.

10. Let people consider you insignificant; if you are humble, I will make you great in spirit. Be silent whenever you can, but work diligently. Bear witness to Me, for I will also bear witness to you.

11. When your spirit feels the need to soar, it is because there are moments when it feels alien in this world, when it feels like a stranger. It understands that its true homeland, its home, lies in the hereafter.

12. The twelve tribes of Israel are scattered throughout the world. They will unite in fulfilling their mission, even though they are far apart. They are exploring the infinite in anticipation of my new revelation. Yet the prophecies will be fulfilled, and they will see the light. Among them are the great spirits—those with trained minds, hearts of great nobility, and strong inspiration. Many of them will come to you, and you will be amazed at their high level of spirituality—even though they have not heard Me during this time. Do not let them be surprised by your lack of preparation.

13. The time is drawing near when communities will emerge that will surprise you with their spirituality and the unfolding of their spiritual gifts, and when prophets will appear; for the light of my Holy Spirit shines upon every spirit and every intellect to reveal to them the time in which they live and to show each one their mission.

14. The gates of this nation will soon open to grant shelter to men and women who will come from foreign nations. They will all bring with them hunger, pain, and hardship, and among you they shall find warmth, bread, and comfort. Prepare your hearts so that you may welcome them with love.

15. How many of you will have to go to foreign lands, and you will then depend on them to receive you as brothers!

16. When I depart from you, you shall be of one heart.

17. Speak together with the spirits of light: “Glory to God in the highest, and on earth peace to people of good will.” Thus resounds the hymn of praise of the angels.

18. People, prepare yourselves with complete devotion to listen to My words, and you will realize that it has been a blessing to have seen the Master’s light once more. My inspiration has become the word of man and seeks out the souls who need it or who thirst for light. The sweet comfort that was once promised to you comes in the very essence of this humble and tender Word, which seeks to convince you. In it is a heavenly fragrance, and it makes hearts beat faster, just as the hearts of my disciples of the Second Era beat faster on the night of the Last Supper.

19. Welcome to My teaching. You come because of the promise of your salvation; you come because of the Word that shows you true life. Take Me as your example; love your cross, kiss the cross of your life, and bless the will of your Father.

20. I tell you that you must love your cross; for if you rebel against it while you must carry it on your shoulders, the pain will tear a deep wound in your hearts. I truly love my cross, O people; yet do you know what I call my cross? My cross consists of you, O people, whom I love so dearly.

21. You must not complain on your arduous journey; every new pain is a new light in your heart, and every trial will cause the flowers of experience to blossom within your being. Understand this: When pain strikes you, it is because you need it. You must also understand that when joy takes hold of you, it is precisely what you needed at that moment.

22. Blessed are those who keep their sufferings to themselves and share all their joys with their fellow human beings, even if those joys are very small.

23. Blessed is the one who, in accepting pain, knows that it perfects him and will lead him to the summit, because he has come to realize that pain is the heritage of humankind and that it will serve to purify him so that he may return to the Father.

24. I granted humanity all the necessary means to build, through works of love, a ladder that leads them up to Me. I have given them My wisdom and My love as an inheritance. But since they did not make good use of these gifts, pain has set in to fill that void.

25. The cradle marks the beginning of human existence; the grave is its end; and I see that during the span of your existence—which unites these two extreme points—you suffer more than you rejoice. You weep at birth, throughout your life, and finally at death. I, who follow your footsteps, will and must save you. My teaching is the voice that calls to you so that you

may find the path of peace. At all times, My law has been that of justice, love, and peace. It has shown you the way and made it clear to you—the path by which you can be saved.

26. Many people of this age, when they hear that the word “love” is frequently repeated in My teaching, will say to themselves, “What kind of love is it that they preach so earnestly?” My followers must then perform deeds that illustrate and explain what love is—the love that I have taught and inspired in you. In the Second Era, too, people asked Me what kind of love it was that Jesus spoke so much about to the people; and since the Master had just sat down beside a rosebush whose blossoms were dry and withered, He stroked them with His hand as He preached, and those blossoms came back to life under the influence of His caress, and all who surrounded Him were truly moved by such a miracle. The same will happen in the hearts of people when they learn to love one another. The rosebushes will bloom again, and the withered roses will come back to life.

27. Not all people will share the same opinion when they receive this light, for the duration of development is not the same for everyone. Some spend more time than others on the path of life; you should also know that all people have fallen behind in knowledge and spiritual development because they have strayed from the path of development.

28. Humanity has lived for a long time, but it has derived little benefit from its life, precisely because it has attached the greatest importance to material gratifications and has despised the art of living with love and justice.

29. I bring the world a new lesson, which will be like a divine rain that revives withered hearts to new life and enlivens souls that are stagnant or ailing.

30. Remember that I told you, “Ask, and it will be given to you,” and that is why you come to Me with your many requests. But now I tell you that you must learn to ask and to receive: to ask with humility and to receive with submission.

31. Your heart says to Me, “Master, how often have we offended You with foolish and ignorant requests?” Yet I tell you that you have not offended Me if you did so out of ignorance.

32. Because of your lack of understanding, I am once again proving Myself to be the Master among you, and so here I am, teaching and correcting My disciples with love.

33. You do well to hasten to my call, for all destinies are rooted in me. It is not the world that imposes them upon you, nor are the laws of the earth what determine your destiny. Your free will also has its limits;

human beings are not independent. I am the only One who is independent, in whose Being all creation is founded. Nevertheless, I tell you that I thirst for your perfection.

34. Why do I see you going through this life dejected, as if you were failures? Lift up your faces, have faith in your destiny, always look ahead, for there, on the horizon, you will see Me.

35. Humanity, recognize My teaching. The spirituality it conveys will make My voice audible to you in moments of solitude or pain. It will grant you unknown strengths in hours of trial, and when the world's chatter has wearied your minds and you feel sadness in your hearts, you will hear the heavenly concert from infinity. When you then awaken from your rapture, you will ask, "From which book did I learn this?" But I will tell you, "From the book of My wisdom and My love."

36. When this happens, you will converse from spirit to spirit. Then you will have entered the temple of the Lord.

37. Your spirit must soar so that the body may be strengthened and stand by you in the struggle of life. If you truly trusted in Me, you would not need to knock in vain at the doors of your fellow human beings, whose hearts are almost always closed to helping others.

38. My teaching forges your spirit. Work together with your Father; educate your children's hearts in my teaching.

39. Today you are my disciples; tomorrow your children will be.

40. Think of those who lose their father while still children.

41. Think of those who have never known a mother's tenderness.

42. Only the path of my law can make up for their loss and lead them to the gate of salvation. Therefore, my footprint is indelibly imprinted on all the paths of your lives.

43. Beloved people, tomorrow, when word spreads that I have been with you, crowds of people will come to question you. If, at that time, life in your homes is pure and your worship of the Father is as I have taught you—do you not believe that this will be the best answer you can give, and the best proof that you have heard My Word?

44. In this age, when even the air, the soil, and the water are poisoned by the evil deeds of humankind—how few are those who do not allow themselves to be infected by evil or by darkness!

45. Which of your fellow human beings, upon encountering a community that lives in virtue and peace, will be able to deny that the Father has taught them? Dethroned monarchs might come, weeping over their lost power, and they might regain their peace of mind in the bosom of this people once they recognize the futility of earthly vanities. Clergy

from sects and religious communities will come; when they experience the spirituality of this congregation and its worship of God, full of sincerity, they will feel in their hearts the judgment of their own conscience, which will hold their errors up to them.

46. That people is the people of the Lord, who will make His voice resound among all the peoples of the earth and conquer them with the light of truth; and, once conquered, will cause them to become part of this family, for all spirits are children of the people of God.

47. Today you know to whom you are listening, and you are preparing your spirit to receive this bread of heaven within it. You are preparing your spirit because the One who teaches you is not a human teacher. He is not a scholar, a philosopher, a scientist, or a king on earth, and yet He is more than all of these combined. Open before you lies the book that teaches you the path to perfection.

48. My disciples know all this, yet the “last ones,” who have only just joined us, are surprised to find Me in the midst of this material poverty; and so it is necessary to tell them that I possess nothing on earth, and that when I dwelt among you, I lived in humility, for in this way I taught you to understand that My Kingdom is not of this world and that what I seek are human hearts. The “crown” that you see upon My head was not placed there by Me, but by people, and it was made of thorns.

49. Come to Me and entrust your longings to Me; confess your weaknesses and ask Me for strength. Here I am with you; I do not depart from My children and follow you wherever you go; for even if you are imprisoned, I am there to comfort you. When you undertake a long journey, you have My companionship along the way. When you fall ill, you have Me at your bedside as your nurse and physician. When you are lonely, I let you feel My presence.

50. Recognize Me here as I tend to My seed. I have been speaking to you tirelessly ever since the time when Elijah announced the new era through the mouth of Roque Rojas. Many have abandoned the seed and the farming tools, yet I continue to work in My fields. But if some believe that I will continue to communicate in this way indefinitely, they are mistaken, for the time has already grown short during which you will hear Me in this form. It is necessary for this manifestation to come to an end so that you may begin to spiritualize yourselves, connect directly with My Spirit, and behold your Lord upon the cloud of your spiritual elevation.

51. Are you not yet concerned about the absence of this Word? Have you perhaps already accumulated enough for yourselves and for your

fellow human beings? Or do you think that this work will end on the day of My departure?

52. I am abolishing forms of worship, rites, and traditions so that in the times to come you may limit yourselves to fulfilling the Law and not act as you did in times past, when you devoted yourselves with all your enthusiasm to traditions and festivities while setting the Law aside.

53. Do you not know how deeply the spirit of Moses wept in the afterlife when he saw the unfaithfulness and weakness of the people he loved so dearly? His seed was later watered with the blood of the Redeemer.

54. How did I find the people to whom I had bequeathed an inheritance in the name of their patriarchs? Divided, split into two kingdoms (Judea and Galilee), which regarded one another as strangers. I came to unite them—and not only them, but all the peoples of the earth. Everything I brought, I left behind here; from the world, I took with Me only ingratitude and pain. I left the world My Word as an eternal inheritance, as well as My blood, which was shed down to the last drop. My body sank into the earth, and I poured out my Spirit among my apostles. This was my testament. After my passing, people recognized me. My seed sprouted and spread to other nations. My persecutors subsequently became my soldiers. Those who had reviled me later blessed me.

55. For the peoples, the blossoming of the Christian seed signaled an era of peace and civility. Virtue bore fruit; the goal and the ideal were heaven. Later, weakness returned—a mere pretense of following my teaching—a fulfillment that deceives the world with festivities and magnificent rites that impress people but neither satisfy the Father nor uplift the spirit.

56. Chaos has returned because there is no virtue, and where there is no virtue, there can be no truth. The reason for this is not that the Law which the Father gave to Moses lacks power, nor that the teachings of Jesus apply only to times past. Both are eternal laws in their spiritual essence, but recognize that they are like a spring from which no one is forced to drink; rather, everyone who approaches this fountain of love does so of their own free will.

57. In the beginning, I gave the Law to the people so that all the tribes might live united under it. But when I came, I found them divided, misunderstanding one another, desecrating My Law, and having fallen into idolatry.

58. My teaching of love came later, to unite all peoples under a single law. Yet now that I have returned to humanity, I see them once again

divided into sects, religious communities, ideologies, and theories. Each practices its faith according to its own notions or for its own advantage. All claim to love the same God, yet they remain separated. But I tell you, whoever does not love his fellow man does not love Me either. It is true that not all souls walk their path at the same pace, since they are at different stages of development; yet which person who knows My laws and My teaching does not know that mutual love is at the very core of them? Many call themselves Christians, but I tell you once again that no one who lacks love can be a Christian.

59. Truly, I tell you, the world is unaware of many spiritual aspects of My teaching; for instead of seeking the meaning of My teachings in order to apply them accordingly, it has contented itself with rites and traditions. That is the reason why great tribulations have befallen humanity and why conflicts arise for which people cannot find a solution.

60. Was the chaos of this time something unforeseeable for humanity? No, it had been foretold to them so that they might avoid it. I gave my disciple John the revelation of these times, so that if you had understood how to interpret it, if you had attributed to it the value it possesses instead of setting it aside with indifference, you would have known that this time belongs to the sixth seal of the Book of Revelation; you would have watched and prayed and protected yourselves from great evils.

61. See how My Word prepares you for the times to come. Therefore, I tell you that you should make use of it. For this revelation will pass just as it did with Moses, who journeyed through the desert and did not reach Canaan; just as it was with Jesus, who journeyed through the world and ended His life on the cross.

62. I am preparing you for the time that will follow the end of this revelation. In every place of gathering there shall then be a book containing My Word, so that you may assemble and be refreshed by its reading.

63. Just as I chose those who were to give expression to My Word in this age, so will I be the One to designate those who are to convey it through reading when I no longer reveal Myself in this form. But I tell you even now that in the end you will not be able to reap any fruit if you are content merely to listen to My teachings without the intention of putting them into practice. You must understand that My teaching is not meant for you to use as a pretext for creating customs and traditions, but rather for you to regard it as the true path of fulfilling your spiritual duty, and so that you may bear witness to it through your deeds.

64. After 1950, my people will immerse themselves in the study of this teaching in order to reach significant conclusions.

65. The books that the “Golden Pens” are currently creating under divine dictation will be highly valued as jewels of infinite worth. For every time you open them in your gatherings, the spiritual essence they contain will be like a breath of air from heaven upon your souls and your sufferings. This book will reveal to you many secrets that are sealed in the Book of the Seven Seals.

66. You are to study these teachings without getting into debates about them; then the light of the Holy Spirit will enlighten you so that you may give the correct explanation of what previously seemed like a mystery to you.

67. The year announced throughout this entire revelation is already near—the time for Me to bid you farewell—and it is My will to entrust to you everything I have to say. Do not lose a single one of My discourses, not a single syllable, for I am now giving you the final words of this New Testament, through which both the previous ones and those yet to come will be understood.

68. At the beginning of My revelation, I did not explain the seven seals to you, because you would not have understood Me at that time. But now I have shed light on this mystery so that you may fathom it and be freed from all ignorance, doubt, or error.

69. The world will eventually take an interest in all these divine revelations, and because it learns of your interpretation, it will seek you out to ask you questions. When this happens—will you then hide yourselves from your fellow human beings? You, who have always had My revelations before others—will you withhold them from them?

70. Do not slumber; do not waver or become divided. People should not find you preoccupied with outward appearances; for then, instead of fellow human beings who ask you questions, you will see enemies approaching to attack you, and you cannot be sure whether, through their hostility, they are not trying to teach you what it means to fulfill My Law and to lead you to respect the truth. Then you will ask, “Lord, have You perhaps lent Your arm of justice to my enemies?”

71. I have told you that you must work on yourselves so that, wherever you look, you will encounter only brothers and sisters. I want the divine sign that I have placed upon you to be the light that serves to identify you as my new disciples.

72. How beautiful it will be for your spirit to return to the Father and present to Him your fulfilled mission. , here on earth, the child who

returned to his father's house after obediently following his father's instruction experienced a reflection of this happiness. What joy fills the hearts of both as they embrace one another—the father, knowing that he was obeyed and respected, and the child, seeing himself praised and welcomed by his father.

73. Do you have any idea what the celebration will be like for the spirit returning to the house of the Heavenly Father? What the kiss will be like with which the Father welcomes His child, and the jubilation of the beings who dwell in that home?

74. Do not pause on the safe path; come forward along it, people, and do not look back until you reach the great gate, where I await you to welcome you.

75. Be fervent; learn to kindle in your hearts the flame of faith and trust in Me, so that you may always accept the trials I send you.

76. I enlighten you. Countless rays of light are descending upon humanity to bring light where you had previously created darkness. The dawn of a new era has appeared, calling upon all to awaken and set out on the path back to Me. I call out to you, for the hour is already drawing near when I must gather My seed from the earth, just as I have announced to you.

77. You, My listeners, have seen My Word made manifest; you have seen how men and women have been redeemed under its influence; how those who were dead in faith and hope have returned to life; how those who were sick in body and soul have been healed. The reason for this is that I have returned to you to stand by you and make your journey less painful. Watch and pray, so that nothing may prevent or delay your arrival with the Father. Come by the path of love and sacrifice, and when you lift your spirit to the Father and ask Me for strength, I will hear you and strengthen you until you reach the final destination of your pilgrimage, where I will give you peace.

78. Put into practice all that I have taught you throughout the ages. Make amends willingly; yet I also tell you: Teach your fellow human beings with the love and patience with which I have taught you.

79. You have sought Me in various religious communities and sects that humanity has created, yet I want you to renounce rituals and erase every trace of fanaticism from your hearts. Come to Me in spirit, love Me sincerely, respect and follow My laws; in this way, you will show Me true devotion.

80. Come to Me, you who are sorrowful, lonely, and sick. You who drag the chains of sin behind you, you who are humiliated, and you who hunger

and thirst for righteousness, be with Me; in My presence, many of your afflictions will vanish, and you will feel your burden grow lighter.

81. If you wish to possess the gifts of the Spirit, I will grant them to you. If you ask Me for earthly goods, so that you may make good use of them, I will likewise give them to you, for your desire is noble and just. Then you shall become good stewards, and I will grant you the increase of these goods, so that you may share them with your fellow human beings.

82. Look at people—how weary they are of struggling in vain, without finding the meaning of their existence. They show me a life without ideals, because they have strayed from the path of virtue and seek pleasure only where unnaturalness and death reign. They have been unable to find joy in life through love, helpfulness, and goodwill. They have not heeded the earnest pleas of the Father, who loves them so dearly and who desires only peace and salvation for all.

83. The world, divided into religious communities and sects, calls out to Me at this hour because it considers Me absent or at least distant. Although I am with it, it has not sensed My presence. But I tell you that, one by one, you will enter the Lord's fold and be there together, all of you, once you have understood My teaching.

84. Nurture this seed and continue onward. The light will be your guide, and in your wake will come the great multitudes of people whom I will entrust to you.

85. Go forth on the wings of prayer to spread light among your fellow human beings. Go into the prisons and hospitals and leave your comfort there.

86. When you are weary, come to Me, for I will strengthen you. Do not be afraid; I am forgiveness, mercy, and true justice.

87. I am the spring that pours out in streams upon the fields, longing for seeds and workers.

88. The soil is prepared so that people may hasten to take up their share of the work.

89. The field awaits you; cultivate it lovingly and sincerely, and when you see that the good seed begins to bear fruit, uproot the weeds that might hinder its growth. Uproot everything that comes from the poisonous plant, and do not become idle, for then you will not bring forth a good harvest.

90. Show Me the fields when the golden ears of grain shine upon them. Then you may harvest and fill your granaries, so that the number of souls assigned to each of you may not suffer hunger on their journey through life.

91. The idolatrous rituals that prevail among people will be rejected as false. The teachings I have revealed to you embody the reason of truth, and they will ultimately be recognized.

92. The scholar seeks the reason for everything that is and everything that happens, hoping to prove through his science that there is no principle or truth outside of nature. Yet I regard him as immature, weak, and ignorant.

93. When the twelve-year-old Jesus had to face the questions, stares, and judgments of the crowd, he had not read any books. Yet he delivered a teaching full of wisdom, because the light of the Most High shone in that child's mind, and the very Word of God blossomed on his lips. I tell you this because you, too, can do the same when you must face the interrogations and trials to which you are subjected. Then you will be convincing, for you will speak of God's teachings, which always have a principle, a logical basis, and a rationale. There is no miracle that lacks a logical and natural cause; nothing happens without a cause. Not a single leaf on a tree stirs without My will.

94. You will be asked: "Given that the Lord's majesty is so immeasurably great—why does He make use of the most insignificant mortal to spread His wisdom?"

95. To this you shall reply that God's love for His children knows no bounds, and that is why human beings are often unable to comprehend it.

96. You must be humble; for just as your Master left His Kingdom to live on this earth and show humility, so must you emulate Me in the sight of those who are your equals.

97. If it were necessary, as in the Second Era, to return to the material world, I would come even if I knew that I would have to endure that painful path of suffering— for both body and spirit. But now I come in the Spirit, and you must prepare yourselves to grasp My divine truth.

My peace be with you

Instruction 145

1. Behold, the Divine Spirit is among you once more.
2. Come to Me, beloved children; rest from your pilgrimage along the paths and through the deserts, for it is not I who come to you, but you who have come to Me.
3. I, your Creator, show humanity My gentleness, My humility, and My love for all My children. In the Second Era, I sent My “Word” so that it might become flesh among you, and He called Himself the “Son of Man” to give you proof of My humility.
4. I am currently revealing Myself through the privileged creature of creation, humankind, so that you may hear My Word through the intellect of your brothers and sisters.
5. How far away from you do you think I am, and yet how close I truly am to you!
7. In you I receive all of humanity, which on this day bids farewell to yet another year that I have entrusted to it. You do not know how I will reveal Myself to you on this day—whether as Father, as Master, or as Judge.
8. I will surprise you and penetrate to the very depths of your hearts.
9. Truly I tell you that Jehovah, “The Word,” and the Holy Spirit are one God, the One and Only, who is the beginning and the end of all creation, the Alpha and the Omega of all that exists. I will speak to you as a Father and teach you as a Master. My tenderness will descend upon your flesh and your spirit.
10. Mary, your universal Mother, lives within Me, and she bestows the most tender caresses upon her beloved creatures. She has been in your hearts to leave within them her peace and to prepare a sanctuary. Mary watches over the world and spreads her wings over it like a lark to protect it from one pole to the other.
11. From all of creation I receive the tribute that comes to Me as thanksgiving.
12. My penetrating gaze discerns the hearts of men and women, from childhood to old age. I appear invisibly among the nations, in the provinces, in the various churches, and among the disembodied beings who still inhabit the earth. And my spiritual presence causes people to tremble, for they do not know what the future holds for humanity.
13. Now I will touch humanity in its free will. It wishes to do *its own* will, but everything will happen according to *My* will.
14. This evolution concerns all souls, and based on the virtue and intuition they develop, this light will reach them.

15. They will come to understand that there is no peace in the world, that there is hunger and thirst, need and misery. Yet I ask you: Why?

16. Has the abundance of blessings that I placed upon this earth vanished? Have the order and laws of the universe changed? Does the Sun no longer give light and life? Is there no longer water in the springs, fertility in the fields, and fruit on the trees? Is there no light of knowledge in your minds, and are there no feelings in your hearts? Is there no trace of strength left in your spirit, so that you can no longer lift your faces toward Me? Why, then, do you behave like enemies, when you have all come forth from Me?

17. The divine Spirit weeps as well, but now my tears shall not fall upon the world; I forgive it. They shall fall upon my divine mantle.

18. Take the ear of grain from Me; it is the wheat of love, peace, and goodwill. Cultivate it and make bread from it to sustain your soul.

19. In my hand is a sword, but it is not a weapon of murder: it is the truth. Whoever wishes to be a soldier of the truth, let him take it in his right hand, and he will triumph in all battles with its light.

20. The spirit of humanity is moving forward in search of the teaching I am currently giving you. Already, the pilgrims are beginning to arrive.

21. You must be vigilant, for the scientists will put you to the test. Do not be disheartened because you are insignificant, for it has always been revealed to the despised what was hidden from the scholars who thought themselves great, or what they were not permitted to understand.

22. Unite, so that when you are persecuted, the Red Sea may part to let you through. But you must fulfill My law of love, O people. Do you want My forgiveness? I, too, want you to forgive your fellow human beings.

23. You have entrusted your departed to Me, and I tell you: Your “dead” live within Me. You have given Me your love, yet I ask that you show it as mercy to your fellow human beings.

24. Humanity, the rays of the sun are already drawing near and illuminating the face of your world, to tell you with their light that a new day is dawning for you as a precious period of time, so that within it you may work toward your progress and attain true peace, as befits people of good will.

25. Listen to your Father; rest for a few moments, O people of wandering souls. Blessed is he who hears My word, loves it, and believes in it, for he is a child worthy of the Father, because he zealously keeps My laws and teachings in order to subsequently put them into practice through works of love.

26. At this very moment, you are all listening attentively to My Word; no useless thought disturbs your faculties of reason. Some listen enraptured, others with a sense of guilt due to their pangs of conscience, and still others hang on every word I speak.

27. Humanity, represented here at this moment by this congregation, has left behind a year that was like a shadow of sorrow for those who wept, like a friendly hand for those who received its blessings—a second in the eternity of your spirit. But time marches on, for I am Time, who have always been and will always be with all My children.

28. There is a moment on this day when every soul feels My divine presence within its spirit, and the greater the task it bears, the stronger is the voice that speaks to it from within.

29. The year 1945 swept away the last shadows of the war. The scythe mowed down thousands of lives, and thousands of souls returned to their spiritual home*. Science astonished the world and made the earth tremble with its weapons of destruction. The victors set themselves up as judges and executioners of the vanquished. Pain, misery, and hunger spread, leaving in their wake widows, orphans, and cold. Epidemics wander from nation to nation, and even the forces of nature make their voice heard in justice and indignation at so many evil deeds. A field of rubble—of destruction, death, and devastation—is the trail that humanity, which calls itself civilized, has left upon the face of the planet. This is the harvest that this humanity presents to Me. Yet I ask you: Is this harvest worthy of entering My granaries? Does the fruit of your wickedness deserve to be accepted by your Father? Truly I tell you, this tree is anything but the one you could have planted had you obeyed that divine commandment which tells you to love one another.

**The Spanish word “valle” literally means “valley” and often signifies: the hereafter, (spiritual) world, realm, homeland, or home.*

30. People are harsh and unyielding toward their neighbors, just as they were in Moses’ time, when it was common practice to return a blow with a counterblow. Today I tell you that if this is the way you understand justice, you will be measured by the same standard with which you measure your neighbors.

31. Yet I forgive you, I bless you, and I give you time so that you may lovingly nurture the blessed seed of My teaching. I am the great Warrior. Who will hasten to become a soldier for this cause? I wage war through the power of peace. And I destroy evil with the sword of good.

32. Everyone who, in the quiet hours of his life, resolves to follow Me on the path of goodness is My soldier, and I place a sword in his hands so that he may fight and triumph. This sword is the truth, against which no enemy will be able to withstand its light.

33. It is a day of rejoicing, beloved Israel, for the Eternal One is with you to teach you to love and forgive one another. I have entrusted my teachings to you and have come to you full of joy; yet I have also suffered because you forget Me for a moment.

34. Receive My peace. Once again, I bless and forgive you. Your hearts have cast themselves at My feet as an offering, as a burnt offering, as a cry for peace and forgiveness for the whole world. The Master's teaching has once again burned like a torch of light in your minds and spirits.

35. It is the time of the battle of light against darkness, which catches the peoples of the earth unprepared—a time of trials and atonement, a time of purification and justice. I see all nations in confusion. All sects and religious communities are divided. Yet this is the time when I once again present the Book of Truth before your eyes.

36. You say that a new year is coming, but I tell you: The Spirit is not subject to the passage of time. It is time that is subject to eternity and the Spirit.

37. Blessed is the one who has heard My word and loves it, who understands My teachings and carefully preserves in his heart the memory of what he has seen and heard.

38. Believers and unbelievers alike listen to Me. Both those who love Me and those who blaspheme against Me heed My Word. The awakened and the sleeping, the diligent and the lazy, the spiritual and the materialistic—all of them listen in my houses of prayer, which form the temple of the Holy Spirit, the temple without material altars, the temple without human vanities.

39. How long have you wandered, O people! How often have you lost your way along the path! How earnestly have you sought! How much have you explored! You have exalted yourselves very high and have plunged into the abyss.

40. Yet here is Jehovah, the Eternal One, the Unknown, the Forgotten, asking the people: "Have you now grown weary? Do you now wish to linger on the path of sin? Have you not been disappointed enough? Do you still wish to be great in this world? Do you not know that greatness lies in humility?"

41. I am the Father and I am the Giver. I am the One who has always said to humanity: "Ask, and it will be given to you." Here is my hand; in it is

a scepter of justice, a golden ear of grain, and a sword of light. Take whatever you wish; still, the bitterest leaven remains at the bottom of the chalice. But the new year, too, comes as a promise of peace.

42. Do you want the Kingdom of Heaven to come to you, as I have promised you? May My will be yours!

43. I forgive you, sinful humanity, because I am a loving Father. Take the golden ear of wheat and cultivate this wheat. Multiply it a hundredfold and refresh your spirit with your harvest. It is the wheat of love, harmony, brotherhood, peace, and goodwill. Carry it within you! Bake your daily bread with this wheat and share it with your brother. It is the wheat of forgiveness, charity, and friendship. Do you understand Me, people?

44. On this day, I lift the veil from the future and prepare you. Behold how great multitudes and processions of people press forward in search of this people, how legions stream in, longing for this light. The pilgrims are knocking at your door. Awake, people! The scientist hastens here to study you, to question you.

45. You have respected My mysteries and have delved into them only when I have called you. You know Me to the extent that I have allowed you to, and you are drawing ever closer to Me, step by step.

46. You are among My chosen ones in this age. Some of you were called in childhood, others in youth, and some only in old age, yet each has been entrusted with a task in accordance with the time remaining for them to live on earth.

47. There was not a single soul who came to Me without entrusting a concern to Me. It seemed to you as though the pain you arrived with was an obstacle in your life, but afterward you realized that it was merely the step that brought you closer to Me. Then you blessed that trial, through which your spirit was to receive so much joy.

48. You do well to bless that pain which brought you closer to Me, for through it you have learned to seek Me and to ask of Me. Later, you learned to pray, and finally, to carry out a spiritual task in order to practice My teachings of love and mercy toward your brothers.

49. Since then, you have seen a miracle come to pass in your lives, for although you eat the same bread as before, it no longer tastes bitter to you, but sweet and pleasant; the difficulties you encountered along the way—which once caused you to blaspheme or lose your faith—no longer discourage you, because you no longer consider them insurmountable; and even your physical sufferings, which once brought you to your knees, no longer cause you to despair.

50. It is the power of faith; it is the effect of spiritualization and renewal.

51. In the past, many spiritual impressions passed you by unnoticed because you sought only the gratification of your senses, and sensory impressions often tend to materialize the soul. Now you are beginning to discover a new life; you are beginning to discover the essence, the beauty, the meaning, and the truth of all that surrounds you.

52. As you listen to My teachings, your thinking becomes more generous; you change your traditional way of worshiping Me, and you improve your lives. You have already stopped praying as insistently as you did before, and you are learning to pray and to truly feel what you say to Me in prayer. So when you have said to Me, "Lord, Thy will be done in me," the reason for this was that you understood the meaning of your words and prepared yourselves to receive from Me only what I determine. But there are always "last ones" among the crowd of listeners, because new hearts are constantly coming to these gathering places in search of the water of life. To them I must speak in a different way so that they may understand Me and at the same time feel understood.

53. Remember that I received each one of you in the same way when you first came here to hear My Word. To some I do not speak of a spiritual mission, because they would not understand Me, but I speak to them about the burden of suffering they carry in life and under whose weight they feel overwhelmed and oppressed. I teach them how to resolve the difficult trials they have faced both within and outside their families. I comfort them in their suffering, grant them the healing balm that restores their health, encourage them, and fill them with hope.

54. Then the sick person feels that a gaze from heaven is aware of his pain, and that this gaze is that of his Father, who will free him from the burden of suffering he carries. The heart that has known no tenderness, no understanding, or goodwill on earth suddenly feels enveloped in the loving embrace of My Word. It loves with an infinite love and feels its pain—held back for so long—overflow in torrents.

55. Whether it is the lonely or misunderstood person, or the one who has become a slave to passions or vices; whether it is the abandoned woman or the young girl who fears to face life; whether it is the father or mother who brings all their problems before Me, or the orphan who has no protection in the world—I hear them all, and I shape all their hearts with the delicate chisel of My Word.

56. I know that when I deal with all that weighs them down—however human or material it may be—I am dealing with their soul, because in

doing so I free them from their burden, because I thereby prepare the path they must subsequently travel, and because in this way I kindle the light of faith within them.

57. My fountain of love overflows upon you in these moments, forgiving and blessing you.

58. I welcome you all on this day so that you may hear My Word and be refreshed by it.

59. If among these multitudes there are hypocrites and Pharisees, usurers, plunderers of material goods or even moral goods—such as honor—or spiritual goods, such as faith and peace, I still wish to cherish you all as if you were all blameless; for I am your Father, who thirsts for your renewal and your love.

60. It is precisely to the most lost and those furthest from the Law that I repeatedly demonstrate the power of My Word. That is why I have spoken to you at length during this time—with a teaching full of loving justice and infinitely wise instructions—to save you from the abysses and lead you up to the summits. For the abysses are full of darkness, and there you can never recognize the truth. The summits, on the other hand, are bathed in the light of wisdom, love, and justice.

61. The trials that bring about justice and the rebukes are for the stubborn, for the foolish, and for those who persistently cling to evil. Yet I know when a word of love is enough for them to repent.

62. This congregation is constantly touched in these two ways. Love is sufficient for those who are spiritually* and physically obedient to allow themselves to be guided by it, while for those who are unreceptive to love, it is necessary that pain bring them back to moderation and order.

**What is stated in the second footnote under 143.7 applies analogously to the adjectives “spiritual” and “psychic.” Although the two terms often overlap to a large extent, the use of the compound term “spiritual-psychic” as well as the more modern “psychic” in place of “psychic” was avoided.*

63. Slowly and step by step, as renewal manifests itself in them, they pass from the ranks of those who are purified through suffering into the ranks of those who are elevated through spiritualization.

64. You all hear me, and you all remain silent. The book of your conscience lies open before your spirit, before your mind. It shows you the true way and makes clear to you the path you have voluntarily taken. Yet at this very moment, the spirit of the listening crowd has been revitalized to hear even the last of my words.

65. Here, in the face of this word, there is no one who does not tremble within and without—that is, in spirit and in the flesh. As he listens to me here, he thinks of life, of death, of divine justice, of eternity, of spiritual life, of good, and of evil.

66. As he hears my voice, he feels the presence of his spirit within himself, and he remembers where he comes from.

67. In the brief moment that he listens to Me, he feels at one with all his neighbors and recognizes them in the depths of his being as his true brothers and sisters—brothers and sisters in spiritual eternity—who are even closer to him than those who are so only in the flesh, since the flesh is but temporary on earth.

68. There is no man or woman who, upon hearing Me, does not feel recognized by Me. Therefore, no one dares to hide or gloss over their blemishes before Me. And I make them aware of them, but without publicly exposing anyone, for I am a Judge who never exposes. I tell you that I uncover among you adultery, infanticide, theft, vices, and infirmities that are like leprosy on the souls of those who have sinned. Yet I do not merely prove to you the truth of My Word by showing you that I am able to uncover the transgressions of your hearts. I also wish to prove to you the power of My teachings by giving you the weapons to overcome evil and temptations, by teaching you how to achieve renewal, and by awakening within your being a longing for what is good, noble, and pure, and an absolute aversion to all that is base, false, and harmful to the soul.

69. You men and women from whom I am forming My new people, you beloved multitudes who weep silently within yourselves at this blessed hour, rest with Me; feel how My forgiveness descends upon you, purifies you of your blemishes, and frees you from your burden, so that you may begin a new life.

70. Do not worry, I see sincere repentance in those who have become aware of the gravity of their transgressions and who, in these moments, with broken hearts, ask Me to forgive them; that I not make them pay for their transgressions by measuring them with the same yardstick with which they have measured others in the world; and who finally implore Me to give them an opportunity to prove their repentance to Me. How could I fail to recognize the one who weeps with true repentance, and how could I deny him that opportunity for which he begs Me with such anguish? Likewise, I also know those who deceive themselves with false repentance, but they do not deceive Me, for I see beyond your present state. I will subject them to trials for as long as is necessary for their complete awakening when their conscience calls upon them.

71. Now let all of you feel My tenderness, My love, and My peace, for you have come to the Master's house for the spiritual feast, and it is only right and proper that you all enjoy the foods of your Father's forgiveness and love.

72. May My mantle of love spread throughout the universe.
May my peace be with you!

Instruction 146

1. Disciples, I have caressed your foreheads and dispelled your deep sorrows, and you have lifted your eyes to Me and said, “Were You here, Lord?”

2. You must focus your attention on My Word, for when I am truly heard, I open My treasury and pour out My wisdom upon My disciples. You ask Me, “To what do Your great patience and Your great divine love owe their origin?” And I answer you: Many of you are parents on earth, and all of you have been children. What father has ever wished pain upon his child, even when he has received from him the gravest insult, the cruelest ingratitude? A deep wound was inflicted on that father’s heart; pain pierced him, and at times even anger clouded his mind, but a word of repentance from that child or an act of humility was enough for him to hold the child close to his heart once more. If you do this as human beings—why then are you surprised that I love and forgive you with perfection?

3. I created you to love you and to feel loved by you. You need Me just as much as I need you. Whoever claims that I do not need you is not speaking the truth. If that were the case, I would not have created you, nor would I have become human to save you through that sacrifice, which was a great proof of love; I would have let you perish. But you must realize: if you draw sustenance from My love, it is only right that you offer the same to your Father, for I tell you again and again: “I thirst, I thirst for your love.”

4. How could I not miss you, and how could I not feel your absence, when you are part of My Spirit? Do you realize why I ask you to ponder My Word and even the very manner in which I have come? — So that you will not be surprised by the fact that I reveal Myself through sinful bodies. Your sin could not be an obstacle to My love. I have come to purify you, to bring you closer to Me. Some have understood this, and others have not. Therefore, among the multitudes of men and women who have heard Me during this time, there are those who have proclaimed aloud that I have returned to humanity, as well as those who have said that this is impossible.

5. My presence has never withdrawn from you. It is My Word that I pour out upon you in fulfillment of My promise. It is My love and My light that radiate from this Word. At present I am teaching you, but when the year 1950 comes—which, according to My will, is intended to be the last of these revelations—I will bring this form of revelation to an end, without My Spirit separating from you.

6. Only a few hearts will be prepared for this time.

7. Did I, during the Second Era, wait for the world to repent before I departed? I departed amid mockery, scorn, cruelty, and doubt. I knew that my death was necessary so that the world might rise to life. In this time, I will depart once more in the moments of your confusion, your consternation, and your doubts. But my Word, bequeathed to humanity as a testament of love, will shake the world once again.

8. The war of ideas, creeds, religions, teachings, philosophies, theories, and sciences will come, and my name and my teaching will be on everyone's lips. My return will be discussed and judged, and thereafter the great believers will rise up and proclaim that Christ has once again been among humanity. At that time, I will encourage those hearts from infinity and perform miracles along their paths to strengthen their faith.

9. Today, humanity commemorates that day when some wise men from the East came to the manger in Bethlehem to worship the divine Child. Today, some hearts ask Me: "Lord, is it true that those mighty and wise men bowed before You and acknowledged Your divinity?"

10. Yes, my children, it was knowledge, power, and wealth that came and knelt before My presence.

11. There were also the shepherds, their wives, and their children, with their modest, wholesome, and simple gifts, with which they received and welcomed the Savior of the world and Mary as the symbol of heavenly tenderness. They represented humility, innocence, and simplicity. But those who possessed in their parchment scrolls the prophecies and promises that spoke of the Messiah slept soundly, without even suspecting who had been born into the world.

12. You sometimes doubt what is recorded in the history written down by my apostles, because my life has been entwined with many false legends. Now I tell you that what they wrote down was the truth, and that it was, moreover, absolutely necessary for your salvation. I now confirm all of this, yet what the imagination of men has created will be destroyed forever by the truth of My Word in this age. The simple people have come to My Word and bring in their hearts their gift of humility and modesty. Later, your scientific world, the rich, and the powerful will bow before My invisible presence.

13. Although I have found you to be more materialistic than in times past, the development of humanity achieved through the Spirit will enable you to understand My new spiritual manifestation. No matter how far man believes himself to be from My divinity—behold, he is only one step away from it. Some claim that I do not exist. But do not let this impress

you. These people speak this way because they have formed unrealistic notions about Me. When they were disappointed in this regard by their science and I was not where they thought I would be, they denied Me. Yet how great is their desire to know whether I truly exist.

14. Humanity has not yet discovered itself; it must first recognize itself spiritually in order to obtain the solution to many perplexing riddles and the answer to many questions. Now is the time when it can and should find, discover, and recognize itself. When this happens—with what clarity will it then perceive My presence!

15. I have permitted you to communicate with the beings of the beyond for a short time, something I did not approve of in the Second Era because you were not prepared for it then—neither they nor you. I have opened this door in this era, and thereby I am fulfilling the prophecies of My prophets and some of My promises. In the year 1866, this invisible door opened for you, as did the intellectual faculty of the Chosen Ones, to proclaim the message that the Spirits of Light would bring to humanity. Before that year, spiritual beings revealed themselves among the nations and peoples of the earth, serving as the forerunners of My coming.

16. You have devoted great effort to science, yet you have slept deeply regarding spiritual matters. But I have come to teach you a divine science that has love as its root and from which mercy, wisdom, and brotherhood flow. Your science has brought peoples closer together, has overcome time and distance, and is the fruit of the intellect. What, then, is so strange about the fact that the worlds draw closer through the Spirit and that through it one attains eternity? Let everyone who desires to walk this path clothe their heart with reverence; let them watch, pray, and be obedient to the call of their conscience.

17. I have told you that your interaction with the spiritual world in this material and tangible form will be brief, for in 1950 this lesson and experience will come to an end. Yet if you make proper use of it, it will leave you with countless fruits, among them the preparation for spirit-to-spirit dialogue—for direct communication without the need for the special ability that I temporarily granted your minds. Then, only love shall draw you to one another.

18. I instruct you in this manner so that you do not fall prey to confused sciences, new fanaticism, or superstition. Therefore, during the Second Era, you were not permitted to become acquainted with such teachings, which are given in this form, because you would not have understood their spiritual content. Christ promised it to you, and Elijah has fulfilled it in this era. Even after 1950, spiritual beings will continue to manifest

themselves materially in the world. This will serve to bring many doubters to faith and awaken many spiritually sluggish people. But this people here must be obedient and allow this form of manifestation to end among them at the appointed time. Later, these disciples will set out to the nations and, with a firm hand, uproot all the weeds that have sprung up among the people, so that only the light of experience remains as fruitful wheat. After the desecration perpetrated against the Holy One, those will come who teach reverence for what is pure. And when spiritualization reigns in the hearts of people, they will feel their thoughts rising to other worlds, and they will feel those worlds entering their hearts. Then people will have attained a spiritual elevation that will enable them to sense the presence of the Kingdom of Heaven in their hearts.

19. The bonds of love that have united you on earth will grow even closer with those who join you spiritually in eternity. Thus will the universal family be formed, in which there will no longer be any differences.

20. Among you there have also been manifestations of confused beings who live in darkness. They have come through the doors of that gift which I have entrusted to you. But who could consider those manifestations to be evil, or judge My teaching to be unjust for that reason? Do you not think that this gift serves not only to do good among human beings, but also among those whose souls are darkened?

21. Whoever judges these teachings to be false has not studied the works of Jesus in the Second Era carefully enough. Spiritual life is similar to material life; it, too, has its trials, tribulations, and temptations, just like the life you are living. Whenever a door opens to do good, those in need rush there, just as happened with Jesus in the Second Era and as happens with those who have received that gift in this era. It is precisely there that I wish to see your mercy.

22. I bless you, for when those possessed came to you, you did not call them "possessed by the devil," but rather you saw in the possessed person a fellow human being in need of atonement, and in those who control him, brothers and sisters in distress who are leading him astray.

23. In the future, it will no longer be necessary for those beings to use your brain to comprehend reality. It will be enough for them to receive your thoughts in their spirit in order to see the light.

24. This is already the final period in which I will be with you in this form. Believe this, and also believe that I will not return to this world to make My Word audibly heard in a material sense, much less to become human.

25. Prepare yourselves, for rumors will reach you from people who claim that I have returned, that Christ has come to earth. You must then remain faithful and say with firmness: "The Lord is with all His children in the Spirit." If, however, you should grow complacent and fail to spiritualize yourselves, you will deny that I have withdrawn My Word (spoken through human messengers); and, having become blasphemers and disobedient ones, you will invoke My ray upon the multitudes of people and say to them: "Let us ask the One who gave us His Word to continue speaking to us. Let us offer him songs and hymns so that he may hear us." But truly, I tell you: My ray will no longer return to the human organ of reason, for I will not support your folly. What consequences would that have?—That the words of apparent light would plunge you into confusion! Does your heart not desire this? Then prepare yourselves for that trial, and the light of My inspiration will shine upon your obedience and humility.

26. I announce to you that confusion will reign very soon unless these congregations unite into a single community before 1950, for there will be those who say that the Master continues to reveal Himself, and then woe to this people! Have you not yet taken this threat to heart? That spirit of brotherhood and unity has still not awakened within you, and you expect that events will be the ones to unite you. But if you expect this, you will instead witness the outbreak of plagues, chaos, wars, and the judgment of the forces of nature, until there is no longer any place of peace in the world—neither on the surface of the earth, nor within its depths, neither on the sea, nor in the skies.

27. People, I began My message on this day with kindness, but then it became stern, for it is necessary to warn you of dangers and to correct your errors in time. But I wish to conclude My teaching with kind words.

28. Disciples, do not forget that on the day when people commemorate the birth of Christ, I have opened your eyes even wider so that you may come to Me on the path of spiritual duty, humility, and obedience.

29. Today you have not offered Me milk, honey, and bread as a gift of love and joy, as the shepherds did in those days. Nor will the kings and scholars of this age bring Me frankincense, gold, or myrrh. All will reach out their souls to Me so that I may place a gift of love within them.

30. At this very moment, I come down to you through a human mind to speak My Word, to welcome you, and to tell you that I have granted you My forgiveness forever.

31. I await the new seed within you. Listen to Me, so that you may become the seed of light.

32. Many of you wish to die because you are weary and lack ideals on earth. Although the death of the body is a rebirth for the soul, the body you possess serves to purify you. Pray and stay vigilant, and you will not grow weak. I am within you. When you say that the blood of Christ was shed for humanity—do you mean that it is merely a metaphor or a symbol? What would you think if I told you that both my blood and my body charted the path for you to fulfill the mission entrusted to each of you? And if my Spirit flows abundantly into each of you—why then do you not recognize one another as brothers, but instead despise one another? Have you never considered that whatever you do to your fellow human beings, you do to me?

33. Do not continue to search for Jesus' human lineage; it will not reveal to you the perfection of My Body. Delve into the great revelations that I have given you both in the past and in the present, and you will understand what I am telling you now.

34. Do not turn to the books of the world, which, even when they speak of Me, were not written under divine inspiration. Bear in mind that what originates from the human mind may contain errors, but what comes from Heaven cannot lead you astray. Guard My revelations with greater zeal than you would guard pearls or diamonds.

35. In their books, people claim that Jesus was among the Essenes to acquire his knowledge. Yet He who knew all things and existed before the worlds came into being had nothing to learn from human beings. The Divine *had* nothing to learn from the human. Wherever I was, it was to *teach*. Can there be anyone on earth who is wiser than God? Christ came from the Father to bring divine wisdom to humanity. Did not your Master give you proof of this when, at the age of twelve, He astonished the theologians, philosophers, and teachers of the law of that time?

36. Some have attributed to Jesus the weaknesses common to all humans and take pleasure in casting upon *the* One who is divine and without fault the filth they carry in *their* hearts. These do not know Me. If all the wonders of nature that you behold are nothing other than the material embodiment of divine thoughts—do you not then believe that the body of Christ was the materialization of a sublime thought of your Father's love? Thus, Christ loved you only with the Spirit, not with the flesh. My truth can never be distorted, for it contains within itself an absolute light and an unlimited power.

37. At this time, through these simple and uneducated minds, I reveal the loving and unforgettable sound of Jesus' words, which do no harm.

38. People have dared to judge the lives of the highest beings whom God has sent to humanity without respect or love, using My own Word as the basis for their sophistry. When I called My disciples “brothers” on a certain occasion, this was not the only time, nor were they the only ones I called by that name. Mary carried the body of Jesus in her virginal womb. The chosen Mother, the purest Mother, the lily without blemish, was the embodiment of the maternal tenderness that exists in the Divine. Why should Jesus, who called Himself the Son of God, not call human beings “brothers,” since they, too, are children of God? When will you finally possess the necessary spiritual maturity that enables you to interpret the Divine and the human correctly? Understand that this is the only way to discern where the errors lie and where the truth shines forth.

39. People cannot tell you more truth about Me than I can, even though I give you these teachings through them. Bear in mind that they are in a state of ecstasy when I speak through them. My teaching will yet be understood; its very essence, which is the Law, will be praised by humanity. Before that, the seeds of the weeds will be destroyed. But when will *you* call all people brothers? When will *you* see in them the children of your Father? The only proof that can bring you into My embrace will be that you have been able to be children of God and brothers to your neighbors.

40. You who are so concerned about your home—why do you not show the same concern for the dwelling place you must prepare for your spirit in eternity? You who turn on the light in your home so as not to be in darkness—why do you not kindle the lamp of your heart so that you do not linger in darkness?

41. When you are ready for it, I will speak at length and clearly about the three “times” and the seven stages or epochs, so that you do not confuse the two.

42. Behold, here is My revelatory and simple Word. Understand it and put it into practice.

43. This is a moment of grace in which the light of My Holy Spirit spreads throughout all worlds—a light that is divine wisdom for every spiritual creature. And you who hear My Word and are refreshed by the wisdom of the Spirit of Truth, discover in all this the meaning of My teachings; truly prepare yourselves, for you must teach My Law to many.

44. My Law is a path of justice and love, to which I call humanity once more, so that they may govern families and nations with that love and justice of which I speak to you. The origin and the end of all creation are founded upon that Law. It is My will that all may live in harmony, and that

you may develop spiritually within this creation, just as the various kingdoms of nature develop, so that you may attain the progress of your spirit.

45. Humanity has stagnated morally and spiritually. It has created a form of worship and a way of life that it considers the best, and has fallen into a routine that bores and wearies the spirit, causing it to become fanatical in rituals and ceremonies that cloud the mind. Consider, by contrast, the level of development attained by the realms that constitute material nature. Recognize their order, their harmony, and their perfection.

46. You must understand that you—endowed with spirit—represent the Father’s most beloved work in creation, because He has instilled in you spiritual essence, spiritual qualities, and immortality.

47. For the soul, there is no death—not death as you conceive it, that is, the cessation of existence. The death of the body cannot be death or the end for the soul. It is precisely then that the soul opens its eyes to a higher life, while its physical shell closes them forever in relation to this world. It is merely a moment of transition on the path that leads to perfection. If you have not yet understood this, it is because you still love this world very much and feel closely bound to it. It weighs heavily on you to leave this home because you consider yourselves the owners of what you possess within it; and some also have a vague premonition of My divine justice and fear entering the spiritual world*.

**The Spanish word “valle” literally means “valley” and often signifies: the hereafter, the (spiritual) world, living space, homeland, or home.*

48. Humanity has loved this world far too much—far too much because its love was misguided. How many have perished in it for this very reason! How greatly have souls become materialized for the same reason!

49. Only when you have felt the footsteps of death drawing near, when you have been seriously ill, when you have suffered—only then have you realized that you are but a step away from the hereafter, from that justice which you fear only in such critical moments; and then you make vows to the Father and swear to love Him on earth, to serve Him, and to obey Him.

50. Pain purifies you; pain is the chisel that shapes the human heart so that it may attain spiritualization. Lest your pain be fruitless, the torch of faith must illuminate you, so that you may find spiritual uplift and patience in your trials.

51. You are the finest fruit that has sprung from Me, the universal Tree. Always fulfill My law of love so that I may take delight in you.

52. If, because of your fellow human beings, you drink a cup of bitterness in life, return that same cup to them, but filled with honey. Just as Christ did, who reaped only pain and bitterness from the people He loved so dearly, and who, even while hanging on the cross and as the crowd blasphemed and offered Him gall and vinegar, opened His side as a fountain of love to give His blood to the children as the wine of the Resurrection and of eternal life.

53. During the Second Period, the Master left his disciples for a few hours, and when he returned, he noticed that they were discussing something among themselves. So he asked them, "What have you learned from my teaching?" And one of them replied, "Master, when you are not with us, we study your words, but we do not always succeed in understanding them." Then the Master said to them, "Look at the sea; see how immeasurably vast it is. So too is the Law of the Father. It is the beginning and the end of all creation, but I will help you understand it to the extent that it is My will."

54. Humanity walks various paths in this Third Era and does not find the truth. I send it messages and signs, but it is blind. The cries of the forces of nature and the wars have not been enough to bear witness to the return of Christ among humanity.

55. I am among a select few, teaching My message of spiritualization, which humanity is meant to come to know in this era. And from among those who have come to Me to hear Me, I have chosen the new disciples who will be the emissaries and messengers of My work in the world.

56. Therefore, you see how tirelessly and persistently I impart My teaching; for I wish to leave you strong. This word must be heard throughout the entire world.

57. If you work with sincerity and love, you will accomplish a work that will make you worthy in My sight, because you have strived with fervor to instill morality, love, and spiritualization in people.

58. I will ensure that your example is heeded and recognized by people. Then future generations will follow in your footsteps unwaveringly.

59. To attain peace, fulfill My law; then you will have it in your spirit, and the hour of death for the body—the time of which you do not know—will find you at peace.

60. Be vigilant, taking care not to defile your mind with impure thoughts. It is creative, and if you harbor a bad thought, it will draw you down to lower planes, and your soul will be enveloped by darkness.

61. Observe My law carefully, for I have placed it within you. Do you know why I removed the material symbols? Because you yourselves are the symbol of the Father's love.

62. Be inwardly prepared whenever you attend one of My teachings, and when you receive a lesson, reflect on how you should apply it; for otherwise, the spiritual seed in your hearts will be barren, and you will have failed not only to make use of the divine seed but also to make use of your time.

63. Gather your thoughts inwardly before you come to hear Me, so that you do not leave My places of gathering with the same shortcomings with which you arrived. Then you will be able to say with inner satisfaction that you knew how to make use of your Master's teachings.

64. If, while listening, you do not concentrate and do not make an effort to put My teachings into practice, you will never be able to see the fruit that My Word can produce among you. But if, on the other hand, you strive to put My teaching into practice, apply it in your actions, and live by it, then you will gradually see how you emerge from your spiritual stagnation and advance along your path of development—that path which will lead your spirit, step by step, to true greatness.

65. My Word speaks of love, and this love, when applied to your lives, should be expressed in brotherhood, unity, equality, harmony, and peace. Yet in order for you to be inspired to obey My Word, you must first believe in the truth of My revelation.

66. If you do not believe Me now, when I reveal Myself through the *intellect* of these creatures—what will happen when I speak to you through the *spirit* of the great inspired ones of times to come?

67. You all wish to save yourselves. You all want to escape the atoning duties of the spirit, and you all dream of coming to know Heaven. Yet I tell you that the effort you make to achieve all this is quite small, and that often, instead of seeking the means and ways that could help you attain it, you flee from them.

68. You believe that Heaven is a region in infinity, and that through sincere repentance for your transgressions at the hour of your physical death, you can enter it, because you trust that at that moment you will find forgiveness and be led by Me into the Kingdom of Heaven. That is what you believe. I, on the other hand, tell you that Heaven is not a specific place, nor a region, nor a dwelling place. The Heaven of the soul is its lofty world of feeling and its perfection, its state of purity. So, who is responsible for allowing you to enter Heaven—Me, who have always called out to you, or you, who have always been deaf to My call?

69. Do not limit the infinite, the divine, any longer. Do you not understand that heaven would no longer be infinite if—as you believe—it were a specific abode, a region, or a specific place? It is time for you to comprehend the spiritual in a higher way, even if your imagination cannot encompass the whole of reality. But it should at least approach it.

70. Always be aware that the Spirit, which has attained the highest degrees of goodness, wisdom, purity, and love, stands above time, pain, and distance. It is not confined to dwelling in *one* place; it is capable of being everywhere and can find supreme joy everywhere in existing, feeling, understanding, loving, and knowing itself to be loved.

71. This is the heaven of the spirit!

May My peace be with you!

Instruction 147

1. I welcome My people—you who come here, longing for the goodness of My Word, to find relief from life's sorrows. I bestow upon you the tenderness that My divine Heart holds, and I bless you.

2. Now is the time when I deliver My Word of Truth in this form upon this planet—a valley of sorrows in which you, O humanity, suffer.

3. Above your heavy dream and the tribulations you are enduring, My Law appears once more, seeking to awaken you and to illuminate the earth, in accordance with My promise given in the Second Era.

4. It is written that My light will shine upon the world, all souls will be converted, children and the elderly will prophesy, and women and men will have spiritual visions when humanity has reached a great degree of depravity.

5. Recognize that you are already in those times when the sin of Sodom and Gomorrah has spread, when parents fail to recognize their children and the children rise up against their parents. It is precisely then that my light illuminates you like a majestic lighthouse of hope, as the radiant sun of the future.

6. I have promised you that My ray would descend and My divine thoughts would become words to comfort and strengthen you in your tribulation and desolation when three of you gather in the name of the Father. For I am the divine “Word” whom humanity has loved and continues to love, both before and after the crucifixion.

7. The world is shaken because its thinking is sick, and in their confusion, people do not know whether I am the Master or not. Time and again, people have lost the balance between justice and truth; they have turned to extremes. In times past, you worshiped God in all manner of material forms that were before your eyes: in the stars, in the elements, and in the idols made with your own hands. Today, man feels grand, exalts his own personality, and is ashamed to say “God.” He gives Him other names so as not to compromise his conceit, so as not to fall from the pedestal of his social standing. Therefore, they call Me: Cosmic Intelligence, Architect of the Universe. But I have taught you to say to Me, “Our Father,” “my Father,” just as I taught you in the Second Era. Why do people believe they are demeaning or diminishing their own self-worth when they call Me “Father”?

8. The Master asks you, O beloved disciples: What is yours in this world? — Everything you possess has been given to you by the Father so that you may make use of it on your journey across the earth as long as your heart beats. Since your spirit originates from My divinity, since it is a

breath of the Heavenly Father, since it is the incarnation of an atom of My Spirit, and since your body, too, was fashioned according to My laws and I entrusted it to you as an instrument of your spirit, nothing belongs to you, My dearly beloved children. All creation belongs to the Father, and He has temporarily made you its stewards. Remember that your material life is but a single step in eternity; it is a ray of light in infinity; and therefore, you must pay attention to what is eternal, what never dies—and that is the Spirit.

9. Remember, all the beauties of this world are destined to fade away, eventually making room for others. But your spirit will continue to live forever and behold the Father in all His glory—the Father from whose bosom you came. Everything that has been created must return to the place from which it originated.

10. God's love is infinite, and the more you try to diminish it, the greater it will rise before you, and the more powerfully it will reveal itself on your path. You have sought to humanize Him by searching for Him in various forms, and you have worshiped Him within the confines of a man-made sanctuary of stone. But I tell you: Do not seek such a small God. Seek Him in the greatness of His Holy Spirit—sublime, divine, majestic, as the Owner of all that was, is, and will be.

11. If you are still wondering in your minds whether it is possible that the ray of light from Jesus of Nazareth is currently illuminating this sinful world through His Word, then this Voice asks you: When should the physician come, if not when the patient is gravely ill? Today the world is writhing in deep pain; in souls there is agony and the death rattle. Therefore, this is the right time that the Father has chosen to enlighten and uplift souls through this message of peace and love, in fulfillment of the prophecies.

12. Mankind has forgotten its Creator and has sought to live only for material things. Today the Master comes and says to you: Learn to make use of the abilities of your spirit, so that the Lord of the world and of the atoms, the Lord of the glories of infinity and of that which is no longer perceptible at all, may also be the Lord of your thoughts, so that He may shine and radiate in your home of light, and that light may envelop and illuminate you.

13. Do not ask yourselves any longer why I am with you. Let my divine Spirit tremble with love for all creatures. Draw near to this spiritual feast that I am currently bestowing upon you, to the table where the tenderness of my words invites you to ascend with a firm step on the path

to the true Light. Hurry, My children, for I will entrust this legacy to you in just a few brief moments (of revelation).

14. I hear the lament of the dying and that of the mother in moments of grief and fear. My Spirit, which is everywhere—within and without human existence—answers them: “Do not be afraid; I hear your plea; here I am!”

15. Beloved disciples of the Third Era, I invite you to shine with Me, to be the light of the world and My co-workers in this divine task: to cultivate the field with spiritualization, with compassion, with mercy, and with love, just as I have taught you. Water this seed with tears of compassion that you shed when you feel the pain of your neighbor, and also with tears of repentance. They delight My Divinity and possess the sublime power of deep repentance and faith. I do not demand that you do this with the blood of your veins, for this has no value to Me.

16. In his blindness, man seeks me on the wrong path, and if he does not humanize my divinity, he deifies his own humanity. That is why my voice says to him: It is time for you to hear me and feel me in the deepest recesses of your heart. Remember that My love is always present in your sorrows and your joys. But when your heart wants to say to Me, “I have felt You,” you silence it. When your spirit wants to rise up to Me, you hold it back with the heavy chains of your earthly attachments.

17. Do not despair in the midst of trials. Bear your cross with resignation, just as I have taught you to bear it. Have faith and remember that nothing escapes my notice, and that everything that exists is counted—even the last grain of sand in the sea and even the farthest star. Even My words in the Sermon on the Mount were counted, as were the hammer blows that pierced My hands and feet when I was nailed to the cross; the thorns of the crown that humanity pressed upon My divine temples; and My final words on the cross.

18. Never feel abandoned, and do not take your own life, for your days, too, are numbered by the Father.

19. Forget your sufferings for a moment and be merciful, compassionate, and loving, so that you may express the Father’s power and love through yourselves.

20. If you have felt too small for God to concern Himself with you, I tell you: You think this way because of your selfishness, which prevents you from comprehending the greatness of your Father. Remember all that your earthly parents do to guide your steps while you are young, and how they watch over you to protect you. Yet the love of all the fathers and mothers on earth combined is but a faint reflection of God’s love for you. Realize how deeply your Heavenly Father must have loved you to come

into this world and suffer in order to teach you the true path and give you eternal life. You are the most precious beings, the sublime work of His creation. Although you are atoms, you are great in His eyes. Within you, His Kingdom is embodied and the universe is symbolized. You can discover a heaven and a shining sun within yourselves, but you have not understood how to recognize yourselves; that is why I say to you today: Grasp My Word; let Me illuminate your inner heaven and dwell within you. Let My works blossom and bear fruit in your hearts, so that your Father may be glorified and He may fulfill His divine plan to save all souls.

21. Humanity says to Me in its materialism: "Is it certain that the Kingdom of the Spirit exists?" Yet I answer you: O you unbelievers, you are the Thomas of the Third Age. Compassion, mercy, tenderness, kindness, and generosity are not qualities of matter, any more than are the gifts of grace that you carry hidden within yourselves. All those feelings imprinted upon your hearts and minds, all those abilities, belong to the Spirit, and you must not deny it. The "flesh" is merely a limited instrument, but the Spirit is not: it is great because it is an atom of God.

22. Seek the seat of the Spirit at the core of your being and the great wisdom in the glory of love.

23. Learn from Me, so that you may become good sowers in the fields of love. Precisely at a time when people do not love one another and are unaware of the hour in which they live, I have come to you in fulfillment of My promise.

24. I am teaching you anew and awakening your dormant feelings and abilities so that you may place all the goodness within you in the service of My divine law.

25. The end of My revelation is already drawing near, and by that time you are to have attained true spiritualization and understanding of My teaching.

26. You will never again experience the manifestations you are currently witnessing. They have merely been the preparation for My direct spiritual connection with you.

27. Whenever your spirit rises toward Me, you will truly feel My presence.

28. It is already time for My work to be better known. But your timidity has not allowed this. You are often afraid to speak out. Yet after 1950, My work will be known and understood throughout the world.

29. In my work as a Teacher during this time, I have been supported by the spiritual world, which has left behind an example of brotherhood,

elevation, and fulfillment among this people. Now you must act in the same way.

30. My Word has fought against your religious fanaticism. With love, I have convinced you that, given the level of development your spirit has reached, it can do without any external worship or ritual form.

31. I wanted to leave you united as brothers and sisters, for the time of struggle is drawing near, and I want you to attain steadfastness of spirit and moral strength.

32. Bear in mind that on your path you will encounter scenes of misery and pain. You will meet the living dead and those possessed by darkness. You will see those whose hearts have turned to stone and who have fallen victim to their passions.

33. I tell you now: Do not be afraid to go to them. If their bodies suffer from diseases that are repulsive or contagious to you, fear neither contagion nor the diseases of the soul. Do not forget, and do not doubt, that you are protected by My grace, so that this, too, may serve as further testimony to the unbelievers. Seek out the sick and the needy, and through your encouragement, your counsel, and your prayers, lead them to the Physician of physicians. When you do this, you will put into practice the gifts I have entrusted to you.

34. You still have much inner struggle ahead of you to achieve the unfolding and development of your soul. You must strengthen your resolve to serve Me through your neighbors.

35. Combine the results of your study and your interpretation of My Word so that your manner of worshiping God and your works may be the same for all.

36. When people approach you and ask upon what your worldview is based, you shall show them this aspect of divine love through your deeds, words, and writings.

37. This task is entrusted to the disciples of the Holy Spirit. Work, and you will see your efforts crowned with success.

38. I see in your spirit the desire to know the hereafter. You are no longer content merely to live and concern yourselves with the things of this world. The pain, the tears, and the trials have disappointed you, detached you from the material world, and set you on the path to spiritual growth.

39. Soar on the wings of prayer into the realms of the Spirit, so that there you may be filled with peace and light.

40. Give my teachings their true meaning, without forgetting that the people through whom I speak to you are merely instruments of my Will.

41. You stand before the altar of wisdom, of which I appoint you as guardians and stewards. Watch over it so that it may not be desecrated, but beware of falling into hypocrisy; for I have seen many who are like white tombs, displaying their pure whiteness on the outside while harboring nothing but decay within.

42. You who labor in My field shall carry My Word with you like a seed, and sow and nurture it as I have taught you. You shall be the successors of My disciples of the Second Era and preach My Gospel among the various nations.

43. How hard you will have to struggle to soften the hard human heart, and how you must endure trials to find faith! Only faith and perseverance in My teaching will lead you to victory. If you grow weak, you will have missed this opportunity to save yourselves and will bear in your spirit the pain of having succumbed to the influence of the unbelievers.

44. You have obediently followed the call I issued to you to come to Me, and you arrive here (spiritually) sick, destitute, and hungry. You have sought Me out without knowing the best way to present yourselves before your Father. Yet I tell you: Come as disciples, My children, and remain with Me.

45. Even before you voice your request, I know what you wish to ask of Me, what you lack; yet I grant you only what is for your own good, for you yourselves do not know what is beneficial for you. If you trust Me and are in agreement with My will, I will give you what you lack, and your heart will tell you that what you have received is the right thing, what you need, and then you will acknowledge My right to govern your destiny.

46. I do not demand payment from you for My blessings. I love you and am merely fulfilling My duty as a Father. When, on the other hand, the world grants you a favor, it does so not to alleviate your suffering, but to draw admiration and praise upon itself, and this humiliating charity is not meritorious. I have taught you the unobtrusive acts of love, the compassionate deeds that honor both the one who performs them and the one who receives them—those deeds that concern only the two hearts, that seek to soothe and comfort, and that have my divinity as their sole witness.

47. All of you who follow Me should place your hope in salvation and in the reward for your hardships in the life to come. Then you will face your trials with patience and confidence, accepting your atonement; and even more, you will be happy because you can pay off old debts, make amends for your mistakes, and free yourselves from serious transgressions.

48. At this moment, you feel uplifted because you are nourished by My words. You have no secrets from Me; invite Me to enter your heart so that I may come to know all that is within it; and I will leave within it, as in a withering flower, My word of love, which is life-giving dew. Just as you have prepared yourselves today, so should you always do. Keep My teachings in your memory and ponder them, so that you may then act upon them.

49. Do not think that you are humiliating yourselves when you serve others, or that your personality is weakened. I have already told you that it is better for you to give than to receive, and that when you pass on a part of your (spiritual) heritage, you will accumulate works of true value for your soul. What I have given you does not belong only to you. I have made you stewards of a great wealth of spiritual gifts, which you are to bestow upon your fellow human beings.

50. This voice that you are hearing right now is the same one that the first inhabitants of the earth heard, the same one that the people of Israel heard in their early days, and the one that made Moses tremble. Do you not recognize it by its nature?

51. When you are ready to converse with Me from spirit to spirit, the words of the prophets will be fulfilled, who declared: "Men and women will enter into a spiritual life that was unknown until that time; their eyes will look beyond the earthly, and everything will be transformed." You are among the called ones who are witnessing the dawn of a new era that will lead humanity to recognize the true purpose for which it was created. In that time, I will be loved and recognized by My children, and they will love one another. This is the goal I have shown to humankind, and to which it will arrive. I am announcing it to you even now.

52. Come to the Master of Masters during this present time; rest from your earthly toil beneath the foliage of the Tree of Life. Nourish yourselves with the bread of eternal life and quench your thirst with the crystal-clear water that I pour out in streams upon your spirit.

53. I welcome you to give you My warmth as a Father, My instruction as a Master, and the healing balm as the Physician of all physicians. You will find everything in Me, and you will have no cause for complaint, for I will not forsake you. Like a thief, I approach your heart on tiptoe and take quiet delight in it when I find you prepared. When you reflect on My work, I teach your spirit to converse with My divinity in your prayer. Then I reveal the truth to you and give you everything you need on your journey.

54. Difficult times are coming for you and for all of humanity—times of great calamity—and if you are not prepared by then, your faith and your

trust in what I am telling you now will falter. In the future, you will see my prophecies fulfilled. Remember that I do not deceive you. I strengthen you in your good intentions and say to you: Follow this path. But if an evil thought comes to you, I say to you: Stay away from this path. Do this and refrain from that. I show you the best path and say to you: Eat of this fruit and abstain from the other, for this one is good and the other poisons you.

55. Why, then, does your faith in My divinity not burn more fiercely? Why do you not let My Word guide you? Do you perhaps find wickedness in it and a bad guide for yourselves? — No, you tell Me in your hearts. In truth, it is your spirit that speaks to Me, that confesses Me, that girds itself with My strength, and that feasts on My wisdom, for it knows well who it is that teaches and commands it.

56. I address your spirit; it is the one I have called, for My voice is heard spiritually throughout the entire universe and calls every spirit. For now is the time when you must all remember the spiritual teachings that have fallen into oblivion in the human heart.

57. It has been My will to pour out the light of the Holy Spirit in torrents, so that the world may recognize with full clarity the path that leads to spiritualization, to further ascent and progress for this humanity—a path that I show to all, without making any distinctions, a path on which there are no worldly pleasures, nor materialism, a path without base passions, without material conflicts, and which leads only to a divine goal, a spiritual goal.

58. But who are those who will walk this path? It will be the one who wishes to free himself from materialism, the one who wishes to walk the path of spiritual duty, the one who wishes to be My servant, My companion. For I have lands, and all who wish to serve humanity will reach them, because when they serve humanity, they serve Me.

59. Understand My inspiration and My divine desire, so that you may prepare yourselves step by step and be able to receive what I have to give to each one of you in this Third Era. For I am currently entrusting great missions, bequeathing their inheritance to the spirits, and working upon their bodies so that spirit and matter may rise together in fulfillment of their mission.

60. I am making you a bastion of strength among the nations of the world. Through you, I will send messages to the afflicted; I will put a stop to the unbridled forces of nature. Through one of My servants, who bears within his spirit the triangular symbol of My Divinity and who soars upward in faith through his prayer, I will halt the chaos that engulfs humanity.

61. I will continue to prepare you and impart the light to you, so that you may learn to understand My teachings and thus gradually attain the heights of spiritual knowledge. I will entrust to you the essence of My Word, My wisdom, so that tomorrow you may become the great interpreters of My Word.

62. I am removing your errors, your ignorance, and your spiritual backwardness. I am giving you a new opportunity to draw closer to Me through knowledge and through the light of conviction, and in this way you will then be able to defend yourselves and My work. You must no longer conceal My Law, which I have given you in three periods. This Law is to be given to humanity in all its purity, truth, and wisdom, for everyone who fulfills the Law will be renewed in a short time. The (new) people of Israel will be equipped through it and will be the people who instruct everyone on *their* path to purify themselves.

63. Beloved people, I have always revealed Myself in My power, in My light, and in My wisdom; and if people have not seen Me as I am, it is because they have not reflected on My greatness, nor have they beheld it. They have only become confused by it; their minds were clouded, and they find no solution to their contradictory notions. But the time will come when all will feel and see Me—in the Divine, in the Pure, in the Invisible, in the Spiritual.

64. Earn merit through deeds that elevate you and make you worthy before Me, for according to your preparation, you will draw nearer to the Father.

65. Therefore, I say that you must prepare yourselves, for you must come to the Father, and I do not want you to appear before Him bearing the stains of your sin.

66. I give you the weapon of love. With this weapon, you will be able to overcome all obstacles; you will be able to error, hatred, and ill will. With the love, you will be able to accomplish great works. Take up this weapon, for it is with this that I guide humanity; it is the weapon with which I fight in this Third Era, and with it you shall accomplish admirable works among your fellow human beings.

67. People, listen to Me and follow Me; with the strength I have given you, remove everything that stands in your way, and then, at the end of your journey, you will be the victor, the warrior who triumphs in the battle. For even if you are not yet in the midst of the great conflict, you certainly will be tomorrow; and then, with a clear understanding of the mission entrusted to you and full awareness of your responsibility, you shall set out to rouse everyone, and you shall spread the Good News of

My teaching, which gives courage to the hearts of people so that they may rise up and follow you on your path.

68. I am currently teaching you how to fight and how to achieve victory, so that you may set this example for your fellow human beings.

69. You are under the protective canopy of the tree, eating the most delicious foods that no human could offer you. The Master, however, can give them to you, for I have set the table and prepared the fruits, and Elijah has gathered you together so that you may be satisfied—for the refreshment and nourishment of your spirit and the strengthening of your body.

70. I have come once again as the great Champion, and I am fighting for the salvation of my people. I have appeared in the deepest darkness to dispel it with the light of my Holy Spirit, so that my people may see me in all my glory, in all my power.

71. I have already spoken to you in the Second Era through parables and symbols, and now it has been My will to make the meaning of My Word more tangibly understandable on earth, so that you may all understand Me. For I have told you that in this era every eye—whether sinful or not—will see Me. Now great multitudes will hear My Word, rejoice in My miracles, and their minds will be able to fully grasp My teachings. I enlighten the minds of the uneducated so that they may fathom My Word. Therefore, I purify you of everything that might confuse you, so that with your free minds—trained by My light—you may make the essence of My Word your own and proclaim it everywhere, as is My will.

72. Through their theoretical constructs, scientists have, in accordance with their free will, created many paths to lead their spirit toward Me. Yet I tell you, I have permitted all this to humanity so that—after they have sought Me in their materialism—they may pause and reflect on the spiritual; for they have forgotten that they possess a spirit that is part of My Spirit.

73. I combat the confusion and error to which humanity has succumbed by placing its trust solely in matter and living for it. That is why I have appeared in all humility in this Third Era to live among you through —no longer physically, but spiritually—so that you may become like Me and increasingly awaken your spirit, and so that the gifts it possesses may unfold within it and be revealed through the body. For I desire a strong people in whom I place my complete trust, to whom I entrust the great missions, the great tasks—a people who do not falter at the first trial, nor shrink back from the intruder; but regards the enemy as a brother who is

inexperienced and ignorant in the Lord's work, so that it approaches him without fear and, with boundless love and willingness to help, instructs him, admonishes him, guides him, and speaks to his spirit and to his heart.

74. My struggle is great, for I wish to see a people who feel responsible for their actions, an active people in whom good works, love, humility, the acknowledgment of My divinity, and an understanding of the Trinitarian-Marian spiritual work are reflected. A people who take up only the weapons of love, mercy, and light. This is how I wish to see My people; this is how I wish to leave them prepared for the time following the conclusion of My revelation through the human intellect in the year 1950—a date determined by My Divinity; and since My Word cannot be revoked, I will bring My revelation through the human intellect to a close at that time.

75. You must not disregard this provision, nor attempt to keep My Ray among you or My spiritual world with you. For woe, woe to you if you should do so! For then it will not be *My Spirit*, it will not be *My Ray*, that enlightens you. After 1950, I will reveal Myself to everyone who knows how to prepare themselves spiritually, to everyone who becomes spiritual, so that they may converse with Me from spirit to spirit. For then My inspiration will be received by all, not only by those whom I have called My footstools—no, My inspiration will be conveyed by all in its truth and in its very essence, because this is My will.

My peace be with you!

Instruction 148

1. Engrave My words deeply in your spirit, for each one forms a part of the book that I am presenting to you at this time, in which you may study and with which you may later teach your fellow human beings.

2. You do not yet possess all wisdom in your minds, nor all grace in your spirits. Therefore, it is necessary that you receive My instruction. My path is not a path strewn with flowers, but a path of struggle and great trials. Therefore, I urge you to pray and meditate so that you may understand Me.

3. Humanity will recognize as My apostles those who bring My teaching to them with humility. I want all your actions to be marked by justice and righteousness, so that you may be held in high regard. A war of ideas is approaching and will break out in all nations. Each of you shall be a soldier, but to defend this cause, you shall use the weapons of love, persuasion, and mercy. Many will be confused when they hear your testimony and will say that it is impossible for the Divine Master to speak to humankind. Yet you shall then explain My teaching of love based on the instructions you have received. My light will shine down upon you, and I will speak through your mouths.

4. Very few are those who fight for a spiritual ideal in this age, for humanity has lost its sensitivity and has forgotten its duties toward its God.

5. I see the children without joy, without peace, filling their minds with material knowledge and having learned nothing of the spiritual laws and forces, and their sorrowful spirit begs, implores for mercy, yet its pleas go unheard. Their parents are not prepared to instruct them. Women have asked Me for the gift of motherhood—which I have not granted to all—without considering their responsibility, and what are the consequences? — They were unable to guide their children, did not shape their hearts, nor enlighten their spirits, and thus their spirits could not develop.

6. You who are building the present world will endure great hardships, yet the fruits of your efforts will be reaped by future generations. Leave them a legacy of faith and deep convictions; help them to rise upward through your works of love.

7. You have heard the call of the Master, who awaits you once more to give you His Word, which is a divine caress. Not only did those who came first receive this grace; even the last ones have been worthy to receive this teaching, which will further develop humanity's conception of God. I have told you that I have been with you at all times, but truly, I say to you:

Through the faithfulness of the “first ones,” to whom I gave My first instructions, you, as the “last ones,” have obtained grace.

8. My Word today is the same as in times past; only the form of its manifestation is different. Tomorrow I will no longer speak to you in the same way that I speak to you now. The customs of the peoples will change as a result of this very development, yet you must always be prepared to receive the messages that your Lord will send you. You must all know that I will always be with you.

9. My revelations of this time have been a source of debate within the churches and sects, and will continue to be so. Yet Spiritualism will prevail, for its purity will make the greatness of My work tangible, and *you* will bear witness to these teachings through your way of life, which will serve as an example and a lesson for your fellow human beings.

10. Sometimes I repeat My instructions to engrave them indelibly in your hearts, and in them you will discover the Master’s mark.

11. This message is intended for all communities, not only for those you call spiritualist.

12. The essence of this work will be the foundation upon which all laws are to rest, and in this way the world will enter a period of understanding, brotherhood, and reconstruction. Only with the weapons of love will people be able to tear down the barriers that separate them today. Only through these principles will the leaders of the nations be able to unite the people of this age. Then we shall witness the strong reaching out a hand to the weak, and the weak, as they rise again, will help the strong, both united as a single family: the family of Christ, which knows its destiny and the goal that awaits it—eternity.

13. My disciples are not alone in spreading My teaching; My spiritual hosts are also scattered throughout the world, influencing the minds and hearts of people to advance My work among humanity.

14. Your eyes will not see the fulfillment of these prophecies, but you will be granted the privilege of seeing the fields prepared and the seed sown, which will sprout in the spirit of future generations. Thus, the world will follow its course, acknowledging the supreme authority of the Creator, without whose will not even a leaf on a tree stirs.

15. Prepare yourselves, for you will soon experience a time of great spiritual events. Until now, it has been only a stage of preparation, but now the time is coming to confront the world, which stubbornly clings to its ideas, its notions, its cults, and its teachings.

16. Go and speak of My work, in which all who seek Me will be able to find Me. I will show no favoritism toward anyone. Therefore, you shall

proclaim that the Master awaits all His children, that no one will arrive too late at My door, for the salvation *of all* must be accomplished.

17. Truly, I tell you, the world is against you, and I am preparing you for this, so that you may know how to defend the cause of your faith with the weapons of love and mercy. I tell you, you will triumph, even if your victory is not made known. Now your sacrifice will not be a sacrifice of blood, but you will nonetheless face slander and contempt. Yet the Master will be there to defend and comfort you, for no disciple will be forsaken.

18. You symbolically bear the cross of suffering, which will always remind you of the one I bore for your sake; and even if you do not suffer martyrdom for My cause, you must still practice self-denial.

19. I will make that cross lighter for you, for as your divine helper, I will assist you in climbing the mountain of your life until, filled with merit, you reach the presence of your Lord.

20. Listen attentively to My Word, for it is the food that nourishes you. Do not complain any longer of hunger or poverty, for I sustain you and give you strength.

21. To all who present to Me their meager earthly inheritance and expect a word of encouragement from Me, I offer this comfort: Be content with what you have now, and do not strive for temporal goods; strive instead for eternal life. Do works that endure; build upon the unshakable foundations of faith and love, and you will have peace in the world. The rest I will give you in addition, and none of My children will perish. Once again I repeat those words for you: "The birds do not sow, nor do they re , nor do they weave, and yet they lack neither food nor shelter."

22. Until now, you have studied with Me as students and disciples, but the day will come when you will leave this land and carry My Word of love to other regions, and through this you will kindle the fire of love in many hearts—those who call upon Me and who silently await the hour of My return to set to work. They will eagerly assist you in your work. Go forth as good sowers. Win as many hearts as possible for Me. Let each one receive a seed from you. The sinners you convert, the physically or mentally ill whom you have healed, will be the merits that bring you closer to Me.

23. Bring My Word as a seed of life; guard it and ensure that it blossoms in your spirit and in the spirit of the one who receives it. Watch over it and over those who have received the seed, so that your work may be righteous. What would become of a seed if it were abandoned during the time of its germination or growth?

24. Influence the hearts that are far from you through your prayers. Entrust everything that lies beyond your direct sphere of influence to the

spiritual world; then these beings will bring your work to completion, and all will be order, harmony, and fulfillment.

25. All your deeds and missions will be known to your contemporaries and to those who are yet to come. Therefore, take care that your steps are illuminated by the light of My teaching.

26. The chosen spirits are scattered throughout the world, and I have seen in them a fear of violations of My laws. They wish to work to ensure that the Earth is filled with obedient beings who honor Me, glorify Me, and unite with Me spiritually. I will cause them to hear My voice unceasingly; I will instruct and guide them so that they may remember the example of their Master.

27. Everything in the universe is perfectly forethought. Everywhere there are pioneers and prophets who, inspired by Me, fulfill their mission. Work spiritually and physically so that you may live in harmony with the laws that govern you. For both kinds of work, you shall receive a just reward. Yet do not accept payment in material form for acts of charity or comfort, nor demand a spiritual reward for the work you do on earth.

28. Ensure that your faith grows stronger so that you may perform deeds worthy of your spirit. Have confidence in yourselves and speak in My name, for it will not be your words but Mine that I will cause to come from your lips, so that you may feel that I am with you.

29. You all have a gift for Me, and you humbly offer it to Me: some, deep repentance for their transgressions; others, joy because they have accomplished a good deed. Some of you have the desire to lean on Me. Trust that you will move forward, no matter how difficult your endeavor may be. I read your hearts and grant grace to some, while receiving tribute from others.

30. Pray and prepare your home so that it may be a temple; then, under this roof, the sick will be healed and suffering souls will find rest; you will not lack bread or shelter. I have sent you forth to bring comfort and mercy among people, and that peace which comes from fulfilling a mission. If, after giving of what you possess, you should reap ingratitude, rise above the pain. Draw strength from Me, and I will grant you patience and resignation.

31. Have peace in your hearts, and you will work cheerfully; you will act virtuously in all you do, so that you may know how to share this grace with those around you. Fight against war, purify the (spiritual) environment, work to build up families and nations—then you will soon behold the light of a new day for humanity.

32. Then you will see people who, longing for love and mercy, for reconciliation and peace, come to Me and implore the divine light so that they may no longer go astray. They will trust in Me and expect life and strength from Me, and they will acknowledge Me as their Father.

33. Cherish this teaching, which contains My revelations, prophecies, and judgments that I am giving you at this time. Discover also its (spiritual) essence, which is nourishment for the spirit. Treat it with care, for it is part of the “Book of True Life” that I have opened in the sixth chapter. Once you have thoroughly studied its lessons and set about putting them into practice, you must change your lives, live simply, love all My teachings, remain constantly connected to Me, and lay the foundations for the emergence of a new world that will be governed by My laws, and in which I will be honored and find obedience.

34. When the world loads its burden of hardships and lack of understanding upon your hearts, come to Me, and I will strengthen you and heal your wounds. Feel like children before Me, even if you have lived for a long time, and rest in the peace of My Spirit.

35. In the world in which you live, there is not a single heart that does not suffer. You are all currently walking your own path of passion, but you have not yet learned to accept trials with love, and you do not accept your cup of suffering. You have not taken Jesus as your example during His perfect Passion. You are not alone in your trial; you have Me as your helper to make your cross lighter.

36. Let not the storms of life cause you to lose heart; do not despair in your pain; bear your task of atonement with patience; and when you have climbed the mountain and are exalted on a spiritual cross invisible to men, seek My presence to feel strong. I will be with you and encourage you, and at the hour of death, your spirit will become one with Mine. I will receive you, comfort you, and give you My peace.

37. Then you will experience how an unknown world opens up before your spirit. You will sense that you are entering a new life, and when you then look upon this earth from there—this stage of development on which you currently live—you will feel compassion for the world that suffers, is afraid, and lives without hope. For the light of this revelation—which I have brought to you in the Third Era—has still not reached them, and your spirit will ask Me for the task of working spiritually on their behalf, to guide their steps onto the true path. You will pool all your abilities to place them at the service of your younger brothers and sisters—those who did not want to hear the voice of their Heavenly Father, which is love and justice. Then you will become messengers of peace, and thus you will

continue to work in the divine work. You will realize how great the spiritual task is that falls to you, and at every new stage you reach, you will feel Me closer to you. My will shall be yours, and your will shall be Mine. In this way, I will set you on the path that leads to Me.

38. Walk tirelessly along the path that the Master has marked out. Sometimes your feet bleed, and your clothes are torn by the thorns— — yet your hope keeps you standing. This is how He sees you—He from whom you came and to whom you must return.

39. Now I am your traveling companion, healing your wounds so that you may feel the power of my balm. In this way, I bring to new life that which still slumbers within your being, and you awaken to the call of your conscience, for I am the Resurrection and the Life.

40. You were dead, yet I brought you back to life in grace and let you behold the light of My Spirit.

41. As a Teacher, I am supremely patient and tireless. My lesson appears to be new, and yet it is the same, for from generation to generation, since the beginning of time, I have taught you only to love one another, and in this way you will be able to come to Me.

42. I created you for Myself, and I want you as My own. I have called you to teach you to live as spirits of light. Today you walk this earth; by tomorrow you do not know whether you will be separated from those who have been your loved ones here. Always be ready, so that you may heed the call of your fellow human beings at any time. I grant you a little more time, for if I were to take you by surprise at this very moment—what could you show Me? Have you spread My teaching? Have you awakened those who slumber to eternal life? Do you feel ready to face a judgment?

43. These questions that I am asking you now, you must ask yourselves daily, so that you may live alert and prepared, and the Master may be satisfied with His disciples.

44. In this Third Era, I will establish the Church of the Holy Spirit in the hearts of My disciples. There will dwell the Creator God, the mighty God, the God who became human in the Second Era, the God of infinite wisdom. He lives within you, but if you wish to feel Him and hear the sound of His Word, you must prepare yourselves (inwardly).

45. Whoever does good feels My presence within, as does the one who is humble or who sees a brother in every neighbor.

46. Within your spirit lies the temple of the Holy Spirit. This realm is indestructible; there are no storms or hurricanes capable of tearing it down. It is invisible and intangible to the human eye. Its pillars shall be the desire to grow in goodness; its dome is the grace that the Father bestows

upon His children; the gate is the love of the Divine Mother; for everyone who knocks at My door will touch the heart of the Heavenly Mother.

47. Disciples, here is the truth that lives in the Church of the Holy Spirit, so that you may not be among those who are led astray by false interpretations. The churches of stone were merely a symbol, and not one stone of them will be left upon another.

48. I want the flame of faith to burn constantly on your inner altar, and for you to understand that through *your* works you are laying the foundations upon which the great sanctuary will one day rest. I put all people, with their diverse ideas, to the test and work upon them, for I will allow all to participate in the building of My temple.

49. All who rise up and uphold this ideal will be spiritually united, even if their bodies are very far apart. Their unity will be strong, and they will recognize one another. This is My people, who will help all those they encounter along the way to attain salvation.

50. *You* will experience some of this, and future generations will experience much of it. But I will always credit you with the merit of having been the first in the struggle for spiritual unity.

51. Your mission is difficult and delicate, but never impossible. As long as you have the will to do so, your task will seem simple to you.

52. Fight on and do not lose heart; fight against yourselves. You know well—as long as you live in the material world, the inclination toward sin will persist, temptations will arise, and passions will rage like storms.

53. The spirit strives to achieve its ascent and progress, while the flesh succumbs to the world's temptations at every step. Yet spirit and matter could harmonize with one another if only both would make use of what is rightfully theirs, and this is what My teaching shows you.

54. How can you practice My law at all times? — By listening to the voice of conscience, which is the judge of your actions. I command you nothing that you cannot fulfill. I wish to convince you that the path to happiness is not a fantasy, but that it exists, and I reveal to you here how to traverse it.

55. You have the freedom to choose the path, yet it is my duty as a Father to show you the true one, the shortest one—the one that is always illuminated by the light of the divine beacon, which is my love for you. For you are disciples who thirst to hear ever-new words that confirm your knowledge and enliven your faith.

56. With what love you come to Me, knowing that in My teaching you find the strength and counsel that dispel your sorrows! My Spirit rejoices

when it receives you to give you tokens of love, and sees that you trust in Me, just as a child should always trust its father.

57. Your life is full of expressions of love that you have not always known how to perceive. Yet even in the days of greatest tribulation, a ray of hope reaches you, preventing you from sinking into despair or desolation. For the Father stands by the child and does not allow his soul to perish. It is precisely on such days that I manifest My protection to you in a clear way, so that you may learn to trust, and when other trials of greater magnitude befall you, you will be prepared and feel capable of enduring them, and you will bring about the outcome that I have determined.

58. On the path that has been laid out for you, there are no trials that are pointless. All of them have a purpose, which is to perfect your soul. Great trials are always reserved for great spirits. Therefore, when you see a storm approaching that threatens to destroy your peace of mind, do not be afraid; face it head-on and overcome it with the authority I have granted you. Wait out the necessary time and do not slacken in your struggle. Do not drive it away the moment it appears before you; remain vigilant and in prayer. — I am not speaking of the forces of nature, but of those that serve as a test for the spirit and which, when put to good use, help it to ascend, for they reveal new paths before it, acquaint it with feelings, and awaken within it those that lay dormant and which it needed as aid for its development. “Know yourselves,” I have told you. Delve into your own being and make use of all your potential and abilities, for today you must come to know everything and embrace it with your spirit, so that you may leave your work on earth complete.

59. Soon you will see a new struggle arise in the world, in which your faith will be in danger. Everyone will fight to defend their convictions; everyone will claim to possess the truth. Yet in this conflict, the spirit of humanity will awaken and become receptive to My influence; both sides will find themselves compelled to study My Law and My revelations. The books will be scrutinized by the sects as never before, and all will turn to Me—some as a Judge, others as a Master. This will be the time for which you must be prepared and in which you are to make My teachings known.

60. Everything I have foretold to you will come to pass. Every day you will find an opportunity to work and to put My Word into practice. I am preparing you so that when these prophecies come to pass, you will not be taken by surprise.

61. For truly, I tell you, the time has come for you to fulfill your duty toward Me, just as you have fulfilled it toward your family. Now you are

truly coming to recognize the purpose for which you were created, and you will fulfill the task entrusted to your spirit.

62. Neither My Word nor My Work will be a burden to you; on the contrary, they will make your existence easier in an age of suffering and bitterness, in which all people, like shipwrecked souls, will seek a foothold so as not to perish.

63. You have already discovered this boat and are about to board it. Blessed are those who remain in it with trust and unwavering resolve, for they will not perish.

64. I want you to no longer weep on your life's journey, even though trials threaten you. Therefore, I make it clear to you that it is essential not to violate the Law.

65. To tell you what I am revealing to you at this time, I had to wait for many ages. Yet I ask you: What are millennia to Me, since there is no time for My Spirit? You, however, had to wait—not in inactivity, but while developing yourselves and growing in light, knowledge, and experience.

66. Now you are able to feel and comprehend My teachings, however lofty they may be. This was not the case in the First Era, when, to symbolize the Fatherland of the Spirit, I had to give the people a land; and to teach them the Law, I had to leave it to them carved in stone.

67. Now you have reached the point of witnessing the destruction of the kingdom of materialism, in which thrones, crowns, power, arrogance, and vanity will fall. All of this has existed and will continue to exist as long as people believe that there is no greater bliss than that which they find in the world. But when people kindle the light of faith in spiritual life, the false garments of festivity will fall from their bodies, and the spirit will clothe itself in the garment of those who love truth, goodness, and purity.

68. Make use of your Father's Word, for people will come to you seeking refuge. In this people, they will see the Lord's promises fulfilled, and they will be drawn to the spiritual essence with which this people nourishes itself.

69. I enlighten your minds, open your hearts to all good feelings and inspirations, and close your lips to insults and blasphemy; but I grant you the freedom to express My teaching, to comfort others, and to bear witness to the truth.

70. There must be no judges among you, nor fanatics, nor hypocrites, for where these faults exist, there can be no spiritualization.

71. My justice will make itself felt unceasingly among this people as long as they do not vigorously set about studying My message and bringing it to humanity as the Good News. Therefore, I tell you that it is

better for you to hurry and see to it that you correct your errors, so that the trials and the days of pain may be shortened for you.

72. Why are you surprised that there are people among you who have inhabited the earth for thousands of years? What does time mean to the spirit? What does time mean in the spiritual world? — Nothing!

73. It has been about two thousand years since I was with you, yet truly, I tell you, that time has been but a moment for Me.

74. Are you surprised that My Spirit or that of My messengers manifests among you? The reason for this is that you do not reflect on your own lives, and therefore you are surprised by everything and call supernatural what is entirely natural.

75. You are astonished that a spiritual being reveals itself or makes contact with you, without considering that you, too, manifest yourselves and even reveal yourselves in other worlds, in other spheres.

76. Your flesh is unaware that your spirit unites with Me during moments of prayer; it cannot perceive the drawing near to your Lord through this gift—not only to My Spirit, but also to that of your spiritual brothers and sisters, whom you remember during moments of prayer.

**In Spanish, “materia” = matter often refers to flesh, body, the physical/earthly, sensuality, and vice versa. Additionally, “materialismo” = materialism, also: sensual delusion. “Cuerpo,” “carne,” “materia” = (earthbound) body, flesh, matter are often used synonymously and in contrast to “espíritu,” “conciencia” = spirit, soul, conscience, consciousness.*

77. Nor are you aware that during your hours of rest, when the body sleeps, the soul—depending on its level of development and spiritualization—detaches itself from the body and appears in distant places, even in spiritual worlds that your mind cannot even imagine.

78. Let no one be surprised by these revelations. Understand that you are currently approaching the fullness of time.

79. You must understand that the times when people and nations sought My voice, My address, and My messages in the turmoil of wild storms and in all natural phenomena are past, and that you are now capable of connecting with Me spiritually and receiving My divine messages through the faculties of the spirit and not through the senses of your body.

80. I tell you that the forces of nature will indeed continue to shake humanity awake, to afflict people, to test them, to awaken them, and to purify them. But this happens because of your attachment to the earth,

because you are receptive only to what you perceive with the senses of your flesh. Yet once spiritualization has taken hold on Earth, once people have developed their spiritual faculties and become sensitive to that which lies beyond the material, then you will be able to observe how nature, with all its elements, will calm down, prove to be completely harmonious, and no longer interfere with matters pertaining to your morality and spirituality.

81. The material realms of nature will no longer be messengers of the Divine, for by then people will have received My teachings and attained communication from spirit to spirit.

May My peace be with you!

Instruction 149

1. Here again is the Master, imparting His teaching to you regarding your consciousness.

2. My love becomes the Word of Light among the people of this age, in which the world needs freedom of spirit to receive My teachings, which show you the path to salvation. Yet I do not come as a human being in this age; I come in the Spirit to each of you and call upon all humanity so that it may recognize the greatness of the spiritual teachings of the Third Age. It is My will to enlighten the spirit of the people of this era through the virtue of My disciples. Morality has vanished from the hearts of people; only a few remain within My Law, and only a few know how to connect with their Creator—and this is due to the corruption and spiritual ignorance that prevail among humanity.

3. Let no one expect or seek Me in the form of a human being, as I came in the Second Era. Nor should you seek Me through images made by human hands.

4. The testimony of the Third Era will not be the only thing that speaks to you of My love for humanity—it will be the deeds and words of the three eras in which the Father has revealed Himself to humankind.

5. I have called those “initiates” who are the first to begin to make the knowledge of My teachings their own. I have revealed to them the reason behind many events so that they may strengthen their judgment through reason and truth.

6. I am coming again to teach people, not to learn from them. In the Second Era, I was seen in the Temple of Wisdom speaking with princes and teachers of the law, whom I astonished with words that no human being can utter or comprehend. This took place during the childhood of Jesus.

7. When the time for preaching came, I set out for the Jordan in search of John the Baptist, who recognized me immediately upon seeing me. The way John recognized me and the humility with which he honored his Master are an example of spiritualization, of visionary insight, and of elevation.

8. Today I have returned to you, and I have had much to say to you in order to overcome the materialism, doubt, and coldness of your hearts.

9. Here I am, disciples, teaching you to recognize the gifts of your spirit and to comprehend ecstasy; for in ecstasy you hear the voice of the Spirit*, the impenetrable becomes transparent, and the darkness is illuminated.

**The Spanish word “conciencia” literally means “conscience” or “consciousness.” At times, “Spirit” seems more appropriate, as it contains at its core the divine spark along with both conscience and consciousness.*

10. This state of exaltation must not be the privilege of only a few beings; it is a gift that lies dormant within every spirit, but in times past I have always been pleased to make use of those who knew how to avail themselves of this grace. For ecstasy to be complete, you must first observe a period of fasting, as did the righteous of the First Era.

11. Before Jesus began to preach the Good News, He taught you these lessons in the Second Era by withdrawing into the desert for forty days to gather Himself in solitude, immerse Himself spiritually, and be strengthened in the Most High.

12. Truly, I tell you, in those hours of the most intimate union with God, Jesus, as a human being, beheld the symbol of His sacrificial death, and His body trembled. The heavens opened, and within them He beheld the end that awaited Him. He saw the darkened mountain and, at its summit, a cross to which He was nailed. His ears heard the mockery of a crowd and the words they hurled at Him: “If You are the Son of God, come down from the cross and save Yourself.” He drank the cup of suffering, for in that trial he was to show you all his love. It was his mission to show you the way and to conquer you with the divine weapons of love, forgiveness, and humility. These weapons are more powerful than any sword and have greater force than the raging waves of the sea. They have even made such people feel love who had never felt it before.

13. After some time, people were conquered by my teaching of truth, love, and comfort.

14. I do not demand that you follow Me along the entire path of sacrifice and blood that I traversed in the Second Era. Some of you will fulfill one part; others will emulate the Master in a different way, for there is only one Christ.

15. Prepare yourselves to live as I did, for you do not yet know which part it is that you must emulate. But if it should be your lot to feel as Jesus did—that the words of the hypocrites and the unbelievers strike you like lashes on your bare body—then lift yourselves up in ecstasy to the Father, as the Master taught you on the cross, and the power of God will rest fully upon your spirit, which will strengthen your body. When you then open your eyes, you will experience the same thing as Jesus did in the wilderness, when, after the Transfiguration, as the golden sun scorched

the rocks and the sand, fresh drops of dew, carried by a gentle breeze, caressed his forehead and soothed his agony.

16. Before Jesus, the Righteous One among the righteous, in whom the Divine Spirit was hidden, made known the Kingdom of Love, He prepared Himself in this way to give you yet another example of humility and perfection; and you, the disciples of the Third Era, have heard that My Word has told you: Come to Me and be the good sowers of My Word, for the world has strayed from its spiritual path.

17. I have reminded you of the teachings of the Second Era so that you may unite them with My new teachings and, through them, enlighten humanity, O workers of the Third Era!

18. Feel My presence, which enlightens your spirit and prepares you to understand My message of peace.

19. Forget your sufferings so that you may receive My Word and its essence may remain in your hearts.

20. I have sent you back to Earth once again so that you may continue your mission, so that you may realize that your spirit must ascend a ladder of perfection, and so that, in accordance with your merits, you will reach a higher level of development. You have a single Master; a single Light will guide you and always show you the way to your higher development. You can all ascend if you fulfill your mission. You began your life's journey long ago, and yet you have advanced only a little so far. I give you an incentive for this by allowing you to glimpse the spiritual life of other worlds even in this world where you live today.

21. When you look more closely at the life of all living beings, you will see that it is endowed with many blessings and proofs of love. In Me you will discover the best friend, the inseparable companion, and the divine Healer. In this time, when I extend My loving protection over all My children, you shall share in all those gifts, for you are created in My image.

22. For a long time, you have forgotten yourselves, the bonds that connect you to Me, and your nature, which is like Mine; and because of this, you have fallen and strayed from the path. The spiritual path has no end, and I show it to you from its very beginning. If you are not on it, come to Me, and I will help you walk it and make up for lost time.

23. Lest the world enslave you, devote a portion of your time to the training and development of your spirit.

24. Many of your fellow human beings live in great desolation. They are close to you, and you have not noticed it. You cannot yet empathize with their hearts, but it pleases Me to see you put My teachings into practice, and I take greater pleasure in observing those whose spirit bestows love

and comfort than those who devote themselves solely to the study of My Word and forget their duties toward their fellow human beings.

25. Work so that you may have peace; commit yourselves fully during this time so that you may set an example through work, obedience, and faith.

26. I come to you to be recognized as the one and only God, the Father of all beings, to tell you that I wish to make each one of you a disciple and an heir of Mine. I will give you a seed from My teaching, which is like a mighty tree, so that you may nurture it and carry it to many places, so that humanity may be nourished by its fruits.

27. I will correct every false interpretation that has been given of My Word or My works, for I wish to unify your understanding so that you may all love Me in the same way. Watch over the world, and let your spirit bring light and peace to humanity, and ensure that the world is illuminated by the bright light that radiates from My Spirit. Light is progress, love is salvation, and peace is hope. Love is a matter of the heart, peace is rooted in the spirit, and both are a reflection of eternity.

28. I see that some of My children feel bored by Jesus' loving words, and this is because their minds are not focused on My words; their thoughts are occupied with material matters, and therefore their hearts are empty when they stop listening to Me. But the Master does not cease to draw near to His children in order to make their hearts beat more strongly through His divine teaching.

29. People who awaken your abilities to learn human science, yet allow them to fall dormant while studying the divine spiritual teachings! You walk wearily along the thorn-strewn paths in search of the goal of your human knowledge. Yet I will choose My servants from among the lost and make their hearts beat with love for their fellow human beings.

30. Even if people do not care about their spiritual progress—I watch over all spirits. If they do not listen to the voice of their conscience, which is My own voice, they will not attain communion with My Divinity.

31. Because of its materialism, this humanity is still idolatrous! Aaron, Aaron, you created the idol before the eyes of Israel, yet truly, the false gods will be toppled from their pedestals and fall to the ground! Where is Solomon's temple? Where is the Holy of Holies? If I caused the symbols that were permitted to disappear—how could I not then combat the fanatical cults until they are eradicated? Solomon built a material temple to worship Me, yet not even a single stone of it was left standing.

32. The clergy of this age dress regally to symbolically officiate at the sacrifice of Jesus, and although they claim My name and My

representation in doing so, I discover that their minds are confused, their hearts are agitated by the storms of intrigue and passion. There is not a single one who proclaims as a prophet that I am among the people of this time.

They will experience great suffering, for there is no spiritual preparation among them. Where is the fulfillment of those who vowed before Jesus to follow in His footsteps? Where are the successors of My apostles? Is there anyone like John, who was among the first, or Paul, who was among those who followed?

33. Therefore, the Master is drawing near to you once more to resume His teaching. Already I see the new Pharisees and scribes rushing toward Me, filled with hatred. At that very moment, I will ask, "Where are My disciples?" Yet when the proud, the hypocrites, the rich—those who fear losing their power, those threatened by My truth—mock and persecute Me once more, fierce storms will break out. But it will not be I who collapse under the weight of the cross, but rather those who demanded the sacrifice of the One who gave them life.

34. It is not a human voice that you hear in these moments; it is the voice of Heaven announcing to you the events that are to come, so that you who hear My prophecies may prepare yourselves and not be dismayed when you witness even the forces of nature being thrown out of balance; for I am the universal Power and Justice, and in Justice I will reveal Myself.

35. I have come to eliminate the vices of the world, so that people may free themselves from sinful customs and notions, allow themselves to be inspired, and speak from the Spirit. Then they will symbolically behold Me in the loving form of Jesus, who shows them the path leading to the true goal of the Spirit, where I await them.

36. You are the guardians of the "Third Testament." Preserve this legacy with the greatest zeal for future generations. Present My work with the perfection inherent in it, for if you were to come to Me without having fulfilled your mission, you would have to be reborn in the flesh, and then your struggle would be very hard.

37. In this time, in this wilderness of human life, take Moses as your model. Truly, I tell you: You are once again on the mountain (Sinai), for there My voice will resound and say to you, "Understand Me." The mountain of this time is your ascent, during which you will receive My commandment and hear My voice within your conscience. From there you will already be able to behold the Promised Land, which lies in the perfection of the Spirit.

38. The divine law never passes away, whereas human laws do indeed change in accordance with the spiritual development of humankind.

39. "You shall love God with all your heart and with all your soul" is the first commandment of the divine law, which has not changed nor will it ever change. Its essence, its meaning, and its teaching are eternal. Yet you have also heard that you were told, "You shall love your neighbor and hate your enemy," but the latter was not a commandment of the divine law, but rather one of the many human statutes that were appropriate for that time.

40. I came to you in Jesus and said to you: "Love your enemies, bless those who curse you, do good to those who hate you, pray for those who insult and persecute you, so that you may be recognized as children of your Father in heaven." This is a spiritual law, and therefore eternally valid; it will undergo no change whatsoever. Only that which is human changes, develops, and transforms.

41. What can you do to know which teachings, revelations, prophecies, and laws have already passed away, and which are still valid? Which revelations are eternally in force, and which prophecies have not been fulfilled? Truly, I tell you, only sincere prayer and a fruitful life can give you sufficient spirituality to discover the divine essence that I have entrusted to you throughout the three ages.

42. When the scribes and the Pharisees observed Jesus' actions and discovered that they did not align with their own, they claimed that the teaching He proclaimed was contrary to the Law of Moses. The reason for this was that they confused the Law with traditions. But I proved to them that I had not come to transgress the Law that the Father had revealed to Moses, but to fulfill it through words and deeds.

43. It is true that I set aside many of that people's traditions, for the time had already come to do away with them in order to usher in a new era with higher teachings.

44. If I had told you everything in the first revelations, it would not have been necessary for the Master, the Messiah, to teach you new teachings, nor for the Holy Spirit to have come in this age to show you the glories of spiritual life. Therefore, I tell you that you should not cling to what was revealed to you in earlier times as if it were the final word of My teaching. I came anew to humanity, and for a long time I have made Myself known through their intellectual faculties; moreover, I can tell you that My final word has not yet been spoken.

45. Always seek in My Book of Wisdom the final word, the new page that reveals to you the meaning and significance of what was given earlier, so that you may truly be My disciples.

46. Today you live far from those who suffer more than you do. But once spiritualization illuminates your lives, you will seek to live among those from whom you keep your distance today—because you consider them lost, or because they inspire aversion in you.

47. You will become bearers of the Word of Light, salvation, and hope, and you will turn toward those who have been forgotten by their neighbors.

48. You must not speak harshly to anyone, for that is not the way to save them. You must learn that one must not insult the sinner in order to punish his transgression.

49. I tell you: When you speak to wild beasts with love, they bow their heads.

50. If the one to whom you speak has any merits, tell him so. If you should discover any virtue in him amidst many vices, do not speak to him of the vices, but of the virtue, in order to inspire and encourage him toward goodness.

51. Let love be your guide, so that you may become true messengers of the divine Comforter. For you, who have not fallen into any abyss, are always quick to accuse and judge. Without the slightest compassion, you rashly condemn your neighbors, and that is not my teaching.

52. If, before you judge, you would examine yourselves and your own faults—I assure you, your judgment would be more merciful. You consider those in prisons to be evil and regard those in hospitals as wretched. You keep your distance from them, without realizing that they are worthy of entering the Kingdom of My love. You do not want to consider that they, too, have the right to receive the rays of the sun, which was created to bestow life and warmth upon all creatures, without exception.

53. Those confined in places of atonement are often mirrors in which people do not wish to see themselves, because they know that the image that mirror reveals to them will, in many cases, be one of accusation.

54. Yet I tell you: Blessed are those of My workers who are able to feel in their hearts the suffering of those who live deprived of freedom or health, and who visit and comfort them; for one day they will meet again, whether in this life or another, and you do not know whether they will then have more health, greater freedom, and more light than those who brought them the message of love to a prison or a hospital; then, in their

gratitude, they will show their appreciation and reach out their hand to the one who extended it to them at another time.

55. That moment when you brought My Word close to their hearts, that moment when your hand stroked their forehead and you allowed them to think of Me and feel Me, will never be erased from their spirit, just as your face and your brotherly voice will not be forgotten in their minds; that is why they will recognize you wherever you may be.

56. As you hear My Word here, you forget for a brief moment the sufferings that afflict all people, and you banish from your consciousness the images of destruction, war, and death that threaten humanity.

57. Do you fear pain?—Banish sin, and pain will have no power over you. You will feel a different kind of pain, but it will no longer be the pain centered on yourself. It will not be your own, but you will begin to suffer out of love for others.

58. When the spirit soars upward, it feels in solidarity with its neighbors, and the more it draws near to Me and loves Me, the greater is its love for its brothers.

59. I am currently teaching you to walk the path that frees you from the fears and sufferings caused by people's hostility and ambitious pursuits—teachings that you sometimes consider impractical; but soon you will embrace them with faith, convinced that it is the only path to salvation.

60. You have not yet understood the meaning of My Word, nor are you aware of your mission. Therefore, there are some who, although they feel spiritual joy when they listen to Me, prefer to withdraw again out of fear of taking on obligations toward their Master and their fellow human beings. And there are others who say to Me: "Lord, it is not possible for us to follow Your teachings and instructions because we are immature, human, and materialistic. But do not deny us the privilege of listening to Your Word. It is so beautiful that, despite its impracticability, it fills our hearts with joy and peace."

61. Oh, you little children who do not know what you are saying! You call my teaching impractical, consider its realization impossible, and yet you are unaware that you are hearing it through an impure, sinful human being—as you all are—for whom it was not impossible to convey God's message to humanity.

62. What could be more impossible than that?

63. Love your Father, have mercy on your neighbors, and separate yourselves from everything that is harmful to your human life or to your soul. This is what My teaching instructs you. Where, then, do you see the difficulties and the impossibilities?

64. No, beloved people, it is not impossible to obey My Word; it is not this that is difficult, but your improvement, renewal, and spiritualization, because you lack noble sentiments and lofty aspirations. Yet since I know that all your doubts, ignorance, and indecision must vanish, I will continue to teach you, for nothing is impossible for Me. I can turn stones into the bread of eternal life and cause crystal-clear water to gush from rocks.

65. Delve deeply into My Word, and you will no longer have to search for the truth. At the heart of this message, you will discover the abundance of light that your spirit needs.

66. Delve into My Word so that you may be nourished by its spiritual content, find My presence, and feel My divine caress. As you study, be careful not to get caught up in the letter of the text, and strive to interpret everything you find that is symbolic or parabolic. Seek simplicity and spirituality in your research, observations, and studies, and always remember that tomorrow you must share this message with your fellow human beings, to whom you are to pass it on in a form that has already been prepared so that they may understand it more quickly.

67. Discard every symbol and every earthly image in due time, but preserve their meaning.

68. Realize the insignificance of forms of expression when compared to the eternal essence of the spiritual. You should also strive to gradually penetrate this wisdom so that the practice of My teachings does not seem impossible to you.

69. Unite, beloved disciples, for the time of your struggle has come, and it will be brief for each of you, considering the brevity of your life on earth.

70. Hurry, for you have much to do. Do not think that you lack anything to be My disciples in this work.

71. In the Second Era, I also chose My apostles. They were not scholars; they were not luminaries of human wisdom. They were simple fishermen of the sea, yet I made them sowers and fishermen of the Spirit.

72. I also wish to make you spiritual fishermen, so that you may bring My message of love to all hearts that are lost in the vast sea of passions and materialism in which humanity lives; and from there, from that sea, you shall draw out and save everyone who is called by you in My name.

73. Then My message of hope will reach the heart of the fratricide, the murderer, the proud, the worldly person, and the one who is insensitive to the pain and misery of others, and My Word will be fulfilled in all of them.

74. For now, and as long as you are still preparing yourselves, pray for the nations and the peoples; pray for everyone, for humanity walks upon thistles and thorns—the very ones they themselves scattered so that

others might tread upon them. It is human beings themselves who have brought about their own ruin, and afterward they are compelled to beg for the mercy they never felt for any of their neighbors.

75. Yet it is necessary to save, to forgive, and to redeem, for within every human being dwells a spirit that must reach Me.

76. You are the firstfruits of a people destined to be the spiritual beacon of humanity—a new Israel which, once freed from its bondage, will set out in pursuit of the highest ideal that exists in the spirit: to live in the bosom of God, your Lord.

77. You are still far from being able to illuminate the path of your fellow human beings through your example. But My voice, which resounds in your conscience, encourages you to press forward, not to lose heart, and to persevere in the struggle, for only in this way will this people inscribe its history in the hearts of humanity.

78. The trials you face daily in your lives are the anvil upon which your spirit is tempered, where your virtue is to be proven and your faith is to be strengthened.

79. Without trials, there are no merits; without merits, there can be no reward.

80. Reflect on the trials that Israel endured in the early days. Consider its bitterness, its tribulations, and its hardships, and you will understand why it was granted permission to enter the Promised Land, where that people enjoyed peace, a healthy zest for life, and communion with their Lord for many centuries.

81. The happiness of that people did not last forever in the land granted to them as a reward for their faith and perseverance, for nothing in this world is eternal. But I tell you in truth that the new Promised Land, which is the goal of your spirit's ascent, will most certainly last forever. It will indeed provide you with a home for all eternity and allow you to feel infinite bliss—to enjoy, experience, perceive, and come to know spiritual life in all its fullness and bliss.

82. I bless each of these houses where you gather to pray and receive the bread of My Word, just as I bless your homes. Truly, I tell you, none of these places of gathering is more important than any of your homes.

83. When you gather here and enter reverently, knowing that this place is destined to unite you in prayer to form the spiritual temple, I also tell you this: that your home is another temple. For just as the spirit creates its sanctuary through prayer, the divine Word, inner contemplation, and the practice of the Law, so too does a person find another form of worship in their home, where they find tenderness, warmth, role models, instruction,

and counsel. But do not confuse the home with the physical house. The latter could disappear and leave you exposed to the ravages of the weather, and yet your home would not be destroyed as long as love, respect, obedience, and all those virtues that the human family should increasingly embody remain among you.

84. Nor can these places of gathering represent the true temple, for if you carry it within your soul, you can encounter it both here and in your home, in the city as well as in the countryside, under a tree, in the mountains, on the seashore, or in the desert.

85. The temple of the Spirit is everywhere; therefore, all that is required is your preparation so that you may find it.

86. For now, continue to gather in these community centers. Do so as long as you feel the need, for My love, My mercy, and My gifts of grace will be poured out upon your gatherings, where, according to My will, My presence will be felt, where I will cause souls to be reborn into the light and the sick to experience the miracle of their healing as they listen to My Word.

87. My Father's heart is always ready to give you what you ask for, what you need. Yet your Father cannot do everything alone. You live in a time when the Master's love must find an echo in the hearts of the disciples so that the miracle may become a reality.

88. Be tireless in repeating My Word. Like an invisible chisel, it will take on the task of smoothing out the sharp edges of your character until you are prepared to address even the most difficult problems of your fellow human beings. You will find suffering, the need for atonement, and the need for reparation in them, the causes of which may vary greatly. Some have origins that are not particularly difficult to understand, whereas there will be others that you can only elucidate through intuition, revelation, and spiritual visions in order to free your fellow human beings from a heavy burden. These spiritual gifts will bring about that miracle only if the one who exercises them is inspired by compassion for his neighbor.

My peace be with you!

Instruction 150

1. You come here longing for the Spirit of Comfort because you have found no relief in your afflictions. You have sought out doctors and lawyers, turned to the hearts of those who love you, and yet have been unable to regain your peace of mind. You have come to realize that the healing balm and the light you long for can only be found at the source from which all good things come. You are all seeking the true path; you need spiritual nourishment, the word of encouragement and hope that will lift your spirits; and as you obtain what you seek, you bring before Me your anxieties, your fear of divine judgment, and your longing to be at peace with your conscience.

2. You are in My presence, even though you feel far from Me. You are not alone with your pain; I stand by you; and if you say you are misunderstood, I tell you that I, the Father, know everything that is going on within you and what will give you the solution you seek, the peace you lack, and the help to achieve your spiritual elevation.

3. When you first came to hear My Word, you enjoyed it and found it to be pure in its very essence. You recognized that I sent it to you; you had reservations only about the form in which I communicate with humanity. But as you study it, you will realize that I have made no mistake and that, because human beings are My children, they are capable of serving as My instruments to carry out My will in the service of their fellow human beings.

4. I call men, women, and children to make them My disciples; yet while some believe, others doubt and mistrust. This is because they have been so greatly misled that today, as I speak to humanity by using the minds of uneducated, simple, and humble people as conveyors of My teachings, My revelation appears strange to them. Recognize that My Word is unchanging in its truth, and that what I told you in the First Era, I have confirmed in the Second Era and reaffirmed in the Third Era.

5. All of you who hear My Word in this way have been prepared to feel and understand this revelation of My Spirit, and you have been waiting only for the moment when I would call you to bear witness to these revelations. I have not persuaded anyone; even before you came into the flesh, I told you that you would be present at these events and would be among the chosen beings who bring the Good News to the world.

6. The children of this age show me their perilous path. They tell me that the environment in which they live is not the most conducive to spiritual growth, and they ask me for guidance for their parents and teachers. From an early age, a struggle between the spirit and the body*

has been waging within them, in which sometimes goodness and reason prevail, and at other times the flesh prevails.

**See footnote under 149, 9*

7. Do not tell Me that you are weak, for you carry the light of My Spirit within you, and I have endowed you with virtue and energy so that you may fulfill your duties. Make an effort and make use of your authority.

8. I have come down to all My children in search of their spirit, for it belongs to Me. Yet not all wish to follow Me; the majority ask Me for more time and tell Me that they cannot come with Me at this time. Yet I have given every spirit the time necessary to fulfill its duty.

9. Although you have suffered greatly during this time and long for a better life, the Father tells you: Work for your peace, and you will find rest already in this world or in the spiritual world. This earth that you inhabit is a place of atonement, of struggle, of perfection.

10. If you wish to recall the life of Jesus in the Second Era, you will find it strewn with suffering, devoid of comforts and joys. He is the example, the model, standing before your spirit so that you may follow in His footsteps. Yet everyone who comes to Me will find relief, for I am the inexhaustible spring that overflows in streams. Make use of it to water your fields. The fields are prepared so that people may cultivate them without delay. The soil awaits this, before it becomes overgrown with weeds or harmful plants. Go and till it, and when you see that the wheat is ripe, reap it along with the weeds, and separate one from the other only later. That is why I always tell you: Watch and pray, for if you are negligent, the weeds will grow faster than your seed, and their fruit will outweigh the wheat on the day of harvest. Ensure that your fields turn golden yellow, so that you may bring your wheat into My granaries and the harvest may be abundant.

11. Humanity hungers for My Word, for My truth. People crave and long for light for their minds; they cry out for justice and await comfort. This is a decisive time. Truly, I tell you, many ideas, theories, and even dogmas that they have held to be truths for centuries will come crashing down and be rejected as false. Fanaticism and idolatry will be combated and eradicated by those who were most captivated by and bound to them. God's teachings will be understood; their light, their content, and their essence will be grasped and felt.

12. When, after a time of trials in which they will suffer great confusion, light dawns in the minds of scientists and they hear the voice of their conscience, they will discover what they never could have imagined.

13. Once again I say to you: Watch! For in this time of conflict between creeds and doctrines, religions and sciences, many people will believe that the knowledge their books have imparted to them will be the weapon with which they can defeat my new disciples, knowing full well that *you* have no books with you. — When Jesus preached to the crowds, he did not speak to them of teachings he had learned from books. Yet he taught with great wisdom, and he gave evidence of this from childhood onward, when he appeared among the teachers of the law and confused them with his questions, silenced them, and left them astonished by his answers. Jesus' knowledge sprang from the divine Spirit, who revealed everything to him.

14. If any one of you were to empty your mind, keep your heart free from evil feelings and base passions, and lift your spirit to the Father in order to devote yourself to Him in love and service to your neighbor, you would become a pure spring that the Master would fill with His inspiration. That person would be like a pure vessel on my table, overflowing with the wine of life, so that those who are parched might quench their thirst through him. Whoever prepares himself in this way will convince those to whom he speaks; he will comfort them with his words, silence the vain, and perform astonishing works of the kind that the world calls miracles—works that are, in truth, nothing more than the natural effects of the love and faith of a magnanimous spirit.

15. If you are asked, "Why has God, though He is so great, made use of an insignificant human being to reveal His wisdom?", you shall answer: "God's love for His children knows no bounds; that is why He has made use of them to accomplish this miracle."

16. Since I am mighty, eternal, infinite, and at the same time the Father of all creation, I can make use of all my creatures for my divine purposes. In My fatherly love, I do not concern Myself with your immaturity or your sin, but turn to you because of your humility. If you consider your human form too insignificant for God to concern Himself with you—who gave you this form, if not I? Moreover—was I not like you when I became human?

17. The sound of the voice that reaches your ears is that of the body, which serves as the vehicle to make Me audible during the brief moments of My manifestation. The word that reaches your mind and heart is human, yet the meaning of this word is divine, and therefore it enlightens and strengthens the spirit.

18. If I had come in human form to repeat My teachings of the Second Era, your spirit would not have progressed, and humanity would not have

recognized Me. But I, the Master of all perfection, lead you step by step ever higher up the mountain, giving you new teachings along the way.

19. God and even His own Spirit are invisible to human eyes, for He has neither form nor boundaries. Therefore, many doubt when they see you lifted up in prayer and hear Me, because they do not know that the divine and the spiritual, though invisible to human eyes, are perceived by the spirit and also by the heart.

20. Whoever truly believes in Me recognizes My voice wherever I speak to him. I am like a shepherd whom his sheep follow, and whom they always recognize by his voice. That is why, in this time when I speak to you through the human faculty of reason, you have recognized the voice of your Lord. You have not dwelled on judging the shortcomings of the one who speaks, nor have you taken offense at the mistakes his lack of education causes him to make. You have understood that it is I who speak to you. When you heard my voice, you recognized it immediately and said, "It is He!"

21. It has always been the humble and the poor who have discerned My presence, for their minds are not preoccupied with human theories that cloud clear judgment.

22. In the Second Era, it likewise happened that—although the coming of the Messiah had been foretold—only those of simple hearts, humble spirits, and clear minds intuitively recognized Him when He finally came.

23. The theologians held the Book of the Prophets in their hands, and day after day they repeated the words that foretold the signs, the time, and the manner of the Messiah's coming; and yet—they saw Me and did not recognize Me; they listened to Me and denied that I was the promised Savior. They saw my works, and the only thing they did was to be outraged by them, even though in truth they had all been prophesied.

24. When the day came that the crowd, incited by those who felt threatened by Jesus' presence, wounded and scourged him, and saw him, as a result of the blows, bleed like an ordinary mortal and later struggle with death and die like any other human being, the Pharisees, the leaders of the people, and the priests cried out with satisfaction: "Look at him, the one who calls himself the Son of God, who thought himself a king and claimed to be the Messiah!"

25. It was for them, more than for anyone else, that Jesus asked his Father to forgive them—those who, though they knew the Scriptures, now denied him and portrayed him to the crowd as a fraud. It was they who, despite their claim to be teachers of the Law, did not in reality know what they were doing when they condemned Jesus, while among the crowd

there were hearts torn with pain at the injustice they were witnessing, and faces streaming with tears at the sacrificial death of the Righteous One. It was the men and women of simple hearts and humble, generous spirits who knew *who* had been among the people of the world and understood what they had lost with the Master's passing.

26. People, even in these times, the form of communication through which you have received My Word will be judged harshly; and the teachings and revelations I have given you will also be rejected by those who claim to know the manner in which My return must take place. These people will not seriously examine My Word, nor will they seek its true essence, nor will they consider the miracles and signs I have given you concerning My coming and My truth; rather, they will cite as grounds for denying Me the imperfect works they discover in this community, its desecrations, and its disobedience. Then they will rise up and say: "Is the one who told you that he would no longer reveal himself to you after the year 1950 supposed to be the Spirit of Christ? Can he say 'today' that this revelation will end, and 'tomorrow' proclaim the opposite?" For even now I tell you that many will claim that I will continue to reveal Myself in the same way once the year 1950 has passed. O beloved people: Do you wish to be the reason why the world will mock you tomorrow and deny everything I have spoken to you?

27. See how I am preparing you so that, when the time of My departure comes, you will not allow darkness to enter your hearts. Yet I tell you that those who have truly felt and understood My Word will keep themselves far from the paths of confusion, seeking Me in solitude, spirit to spirit. They will hear in their hearts the unforgettable and familiar voice of their Master, who says to them: "Blessed are you who shed tears when you see the desecration of My work, for you understand that this is the reason why many do not come to know it and why others mock and deny it."

28. Watch and pray, disciples, so that even in the future you may recognize My voice among all the deceptive voices that the world brings to you, and so that you may find yourselves guided and protected by love until the end of the path, where the Father's home opens like a sheepfold of infinite size to shelter forever those whom He created with love and sent forth, so that their merits on earth might make them worthy of the perfect dwelling place.

29. Whenever I tell you that it is Christ who speaks to you, there is always someone who considers those who convey My Word to be blasphemers. Yet this way of judging and evaluating is not surprising, given

that their insensitivity to the spiritual prevents them from perceiving Me through the essence of My teaching.

30. On one occasion I said to the Pharisees, "The Father and I are one," and they called Me a blasphemer as well; they took refuge in the Scriptures and tried to prove that everything I said was false.

31. Today I tell you that whoever does not open the eyes of his spirit cannot see the divine light; for no one has been tested as Jesus was.

32. People interrogated me, set traps for me, sought to confuse me with their tricky questions, and rebuked me to test my composure; and since, despite their efforts, they found no way to destroy me, they accused me, slandered me, and judged me to see how the one who called himself the Son of God would behave in this situation. But not satisfied with all this, they also wanted to see if my body would bleed, if it consisted of flesh and bone, and when Jesus collapsed and bled on the Way of the Cross, they pricked up their ears in anticipation of hearing my cries.

33. When I said that the Father and I were one, it was the Spirit who spoke. But when the body bled, it was the human part that uttered the cry, because it was living flesh.

34. The world demanded that I show it My truth, and I showed it the truth, but even with seeing eyes, it did not see. My word and My works should have been enough to prove the divine power of the One who had done them. Yet they did not attribute that power to them. But My death as a human was not the end of those trials. I was with My disciples in spiritual form. Even among them there was one who put Me to the test and who did not believe in the resurrection of his Lord until he convinced himself of it by placing his fingers into the wound in My side.

35. Afterward, as the seed of Jesus' Word spread from province to province and from nation to nation, unbelievers, doubters, and materialists arose everywhere and subjected my teaching, my words, and my works to their rationalizations. Yet people did not limit themselves to judging my truth solely on the basis of my works and my teaching; rather, they endeavored to investigate my human nature, my life story, my birth, my childhood, and every step I took on earth. — Even Mary, the holy and pure woman chosen by God to give the world the Fruit of Life, was not spared this scrutiny. She, too, experienced the mockery, condemnations, and trials of people. It was not enough for them that the prophet Isaiah had already proclaimed her to be virginal and pure in times past. And even today, people in churches and sects continue to discuss and debate her.

36. I tell you, as long as humanity does not renounce its materialism, it will not be able to look the truth in the face when judging it.

37. I forgive both sides, but I advise you not to use My words any longer to confuse one another, to hurt one another, or to (morally) destroy one another, for your judgment will then be great.

38. If you intensify your disputes and eventually come to loathe one another because of your differing opinions—when, then, will you unite in the truth, which is one and the same?

39. Fear nothing from Me; fear yourselves, says the Master. Did I, from the cross, condemn those who sacrificed Me? Did Mary, in that hour of infinite suffering, harbor reproaches or accusations? — No, My people.

40. Nor do I judge you now. Truly, I tell you, each person brings about his own judgment and passes his own sentence. I wish to free you from pain, from atonement, from the bitter cup; and therefore I urge you to purify your hearts of impure feelings and to begin to love one another, for this is the path that can lead you to the light, to peace, and to the truth.

41. If you still think that your sufferings are attributable to your first parents, then in your judgments you are making a mistake in your understanding of your God.

42. In a divine parable, I inspired the first humans so that they might gain an initial understanding of their destiny, but the meaning of My revelations was misinterpreted. When you were told about the Tree of Life, the knowledge of good and evil, from which man ate, the intention was simply to help you understand that once man possessed sufficient knowledge to distinguish between right and wrong and became accountable for his actions, he began from that point on to reap the fruits of his deeds.

43. Many people believed that all the tears of this world were caused by the sin of the first inhabitants of the earth. In their inability to interpret the parable, they eventually claimed that Christ came to wash away all stains with His blood. If this claim were true—why do people continue to sin and suffer, even though that sacrifice has already been made?

44. Jesus came to earth to teach people the path to perfection—a path He demonstrated through His life, His deeds, and His words.

45. You know that God said to humankind, “Be fruitful and multiply, and fill the earth.” This was the original law given to you, O people. Later, the Father not only urged people to multiply and for the human race to continue to grow, but also for their feelings to become ever more generous and for their spirit to unfold and develop unhindered. Yet if the first law was intended to promote the proliferation of the human race—how can you assume that the same Father would punish you for obeying

and fulfilling a commandment He gave you? Is it possible, O people, that such a contradiction exists within your God?

46. Behold what a materialistic interpretation people have given to a parable in which you were spoken to only of the awakening of the spirit within man. Therefore, fathom My teaching and no longer say that you are paying for the guilt that the first inhabitants of the earth incurred through their disobedience toward your Father. Have a higher conception of divine justice.

47. I have told you that even the last stain will be erased from the human heart, yet I also tell you that each person must wash away their own blemishes. Remember that I told you: "With the measure you use, you will be measured," and: "What one sows, one must reap."

48. Now is the time when you can understand My words from long ago: "Be fruitful and multiply"—namely, that this must also be done spiritually, and that you are to fill the universe with your good deeds and luminous thoughts.

49. I welcome all who wish to draw closer to Me, all who strive for perfection.

50. Rest from your earthly trials, my children; turn inward to where the temple is, and reflect on my Word.

51. I have destined you to spread goodness on earth, which is true spirituality.

52. Do you feel too incapable and insignificant? Do you consider yourselves too impure to take on a task of this kind? The reason for this is that you do not know My wisdom and My mercy, that you do not observe with clear minds the lessons I give you at every turn through nature.

53. Do you not see how the rays of the sun, illuminating everything, reach even the most polluted puddle, causing it to evaporate, rise into the atmosphere, be purified, and finally transform into a cloud that drifts over the lands and makes them fertile?

54. Sometimes you say to Me, "Master, how is it that You have set Your eyes on this humanity, even though there are no longer any patriarchs, no righteous people, and no one left who can be Your apostles? Do You not see that we live in a world full of filth and sin?" To this I reply that My power causes lilies to sprout even in the midst of the mud, from which no one would expect a flower of such wondrous purity to emerge.

55. Let the sun of My Word penetrate your being, so that it may purify and uplift you, and you may hasten to make the hearts of your fellow human beings fruitful.

56. In the midst of this life full of sin and corruption that humanity lives, let the purity of your deeds and the sincerity of your prayers blossom forth, and truly, I tell you, your spirit will then have no reason whatsoever to envy the lilies.

57. I will speak in this form only for a short time—a time that you should make the most of, just as the plants of the field make the most of the favorable season to grow, bloom, and bear fruit.

58. Truly, truly, I tell you, there is more love in repentant sinners than in those who have always considered themselves good. Thus I will continue to speak, and sinners will continue to repent of their transgressions and increase the number of converts.

59. The sinner's heart is more receptive to the loving touch of My Word, for there are many people who have sinned because their lives have lacked love. When they heard My Father's voice calling them, forgiving them, healing their wounds, and understanding them as no one on earth has ever understood them, they soon felt the divine touch on the most sensitive strings of their being and experienced their Master's steadfastness toward them.

60. Thus, many people walk through the world seeking a word or a redeeming light, a comfort for their suffering. They seek someone who will be lenient with them, who will not point out their mistakes, who will speak to them of a better life. Yet they do not find such a person in the world, and so they close themselves off, withdraw, and no longer confide their secrets to anyone.

61. Only the key of love—which I possess and which I am now entrusting to all those who open their hearts and say to Me, “Master, I want to follow You”—can open those hearts.

62. From the depths of the hearts of the crowd of listeners, this question arises: “Are You the Messiah?” But I say to you only: Hear My Word, grasp its meaning, and seek its essence.

63. I speak the truth, teach the way, and reveal reincarnation, which is a law, so that the soul may be perfected and reach the goal of its destiny. Do you doubt this? Truly, I tell you, the truth does not change in the slightest because of your doubts. It always remains the same.

64. I tell you, never deny something simply because you do not understand it. Consider this: If only that which your meager intellect comprehends were the truth, nothing would exist.

65. Some say to Me, “Master, if You know everything, if You know the creatures even before they come into being—did You know back then that Judas would betray You?” O you clumsy rationalists who still ask such

questions even in these times! I, who know everything, chose him precisely for that reason, because I knew that that man could not have acted any other way; and it was absolutely necessary for Me to make use of every single imperfection of My disciples in order to provide a teaching example.

66. The disciple who betrayed his Master is a symbol, an open book that exists in every human consciousness*, so that you may understand its meaning and heed its lessons.

**See footnote under 145, 62*

67. Know that a Judas dwells within every human being. Yes, disciples, for in your case, the body is the Judas of the spirit; it is the body that resists the radiance of the light of spiritualization, that lies in wait for the spirit to plunge it into materialism and base passions.

68. Yet just because your body brings you to the edge of the abyss, you must not condemn it. No, for you need it for your progress and must overcome it through your spiritualization, just as I overcame Judas through My love.

69. I see that you doubt the power of love, that you doubt the power of faith; that you doubt the revelation of My Spirit through the human mind; that you even doubt your own gifts and abilities, which you have not yet developed. What can you accomplish with so much doubt? What miracles can you experience? — None.

70. You are so stubborn in your skepticism and so strong in your doubt that you do not allow the spiritual light to penetrate with its rays into the deeper realms of your consciousness. But when you become spiritual, when you live your lives in harmony with My teachings and according to My will, you will see the abilities you have denied—and the spiritual gifts you never believed you possessed—rise up from within your very being.

71. When you are then spiritualized and purity and gentleness reign in your hearts, you will experience how all the elements of nature are well-disposed toward you and obey you, because your spiritualization has brought you into harmony with them.

72. When you possess spirituality, you will no longer say, “Father, give me food, give me intelligence, give me material wealth.” Nor will you fall into the error of saying to Him, “Father, if You give me what I ask of You, I will give You from what I have—that which You ask of me.”

73. Do you not think, disciples, that this way of asking amounts to a temptation of your Father? Do you really think that I can give you more and better things if you give something to Me? If you tell Me that I should

ask of you what you have, what would become of you if, in granting your requests, I were to take away from you what you love most in this world? Would you be able to withstand such a trial?

74. No, disciples, the time has come for you to let your conscience guide all your actions and thoughts.

75. Let your faith speak, and Heaven will answer you.

76. The Divine Spirit was full of love, even though He existed alone.

77. Nothing had yet been created; there was nothing around the Divine Being, and yet He loved and felt Himself to be a Father.

78. Whom did He love? Whose Father did He feel Himself to be? It was all beings and all creatures that would emerge from Him, whose power rested hidden within His Spirit. In that Spirit were all sciences, all forces of nature, all entities, and all the foundations of creation. He was Eternity and Time. In Him were the past, the present, and the future, even before the worlds and beings came into being.

79. That divine inspiration became reality under the infinite power of divine love, and life began.

80. The universe filled with beings, and in all of them the love, power, and wisdom of the Father were manifested.

81. Like an inexhaustible source of life, the Lord's bosom has been so ever since the moment He decreed that atoms should unite to form bodies and create beings.

82. Spiritual life existed first; spiritual beings came first, and only then did material nature come into being.

83. Since it had been decided that many spiritual creatures were to take on physical form to live on material worlds, everything was first prepared so that the Lord's children would find everything ready for them.

84. He showered the path His children would have to walk with blessings, flooded the universe with life, and filled with beauty the path of humankind, into whom He placed a divine spark: the conscience, the spirit—thus created from love, from intelligence, from strength, from will, and from consciousness. Yet He enveloped all that exists in His power and revealed to it its purpose.

85. The Father remained there as the Source of all that exists, and since the universe had been offered the path to development and perfection, He remained in anticipation of the return of all His children, so that they, too, might find in Him their goal, which would be the perfection of the soul and eternity.

86. This path, predestined for every realm of nature, every creature, and every species, was the law that the Creator indelibly imprinted upon His children.

87. Since that time, everything has been weaving and living toward the purpose for which it was created; since that time, everything has been moving toward perfection and revolving ceaselessly around *a* commandment, *a* principle, and *a* law.

88. Like a sower, the Father used the elements of life that were within Him as if they were soil, and into this He planted the seed of life that springs from His love, so that He might then await the day when He could reap a fruit as perfect as the seed and as the inspiration were.

89. The scientists of this age are overwhelmed when they discover that the world has a longer lifespan than earlier scientists had attributed to it; and when they believe that the Earth is a dying celestial body nearing its end, I tell them that the Earth has lived for such a short time that it is still far from the stage of development necessary to accommodate the generations of grace and spiritualization.

My peace be with you!

Instruction 151

1. You have drunk from many sources, hoping to quench your thirst for love, and in this time you are thirstier than ever. What have you done with the water of life that I gave you even back then?

2. I told the woman from Samaria, "Whoever drinks the water I give will never thirst again." Yet today I tell you: If people had drunk of that water, they would not be carrying so much misery with them.

3. People did not remain faithful to My teaching and preferred to use My name to create religions and denominations according to their own interpretations and convenience. I rejected traditions and taught them the doctrine of love, yet today you come to Me and present Me with empty rites and ceremonies that do not nourish the spirit in the least. If no spirituality is expressed in your works, no truth can dwell within them, and what does not contain truth within itself does not reach your Father.

4. When that Samaritan woman felt that the light of My eyes penetrated to the depths of her heart, she said to Me, "Lord, you Jews say that Jerusalem is the place where one must worship our God." Then I said to her, "Truly, I tell you, woman, the time is coming when you will worship the Father neither on this mountain nor in Jerusalem, as you do now. The time is coming when people will worship the Father in spirit and in truth, for God is spirit."

5. This is My teaching for all time. Behold, even though the truth was right before your eyes, you did not want to see it. How can you live by it if you do not recognize it?

6. That is precisely why you came into my presence thirsting. But when you heard this word, your hearts felt the refreshment of the water of life, and you no longer wanted to leave the spring.

7. You have said to me: "Lord, You have told us that this word, which You are giving today through the messengers, will come to an end. What, then, should we do so that thirst does not overcome us again?" The Master says to you: I have come to teach you to pray, to reveal to you the spiritual gifts that you possess but have overlooked, through which you can practice My law and emulate Me. Whoever has spiritualization in their life cannot feel thirst, fatigue, hunger, or misery. Furthermore, I tell you: After 1950, I will be closer to you because of your spiritualization.

8. Then you ask Me, "How does one attain spiritualization?" And I tell you: You will attain it by praying from spirit to spirit, by taking care to be just in all your actions, and by practicing active charity toward your fellow human beings. When one lives in this way, the soul becomes free and guides the person's steps, illuminated by the light of the Spirit. He no

longer feels lonely on earth, for he understands that the presence of the Lord and that of the spiritual world accompany him. With every step he takes through life, he discovers a new light and gains a new insight. He no longer feels like an outcast or a wretch, and he finds refreshment in the wonders created by his Father, which he now discovers through the gift of inspiration and revelation.

9. I also tell you at this time that whoever drinks of the water I give—which is My Word—will never thirst again, just as I tell you that you need not seek out a specific place to pray, for you can find Me everywhere.

10. Above all, I have warned you against everything that can cause discouragement in your lives, so that you may not lose heart for even a moment on your life's journey. I have foretold to you that the time will come when all religions will seek to explore this teaching, and when they take an interest in it, they will judge it by your deeds, words, and testimonies.

11. You already know that you will be the subject of gossip and opposition, that they will put forward so many arguments against the faith you hold dear that many will hide in fear, others will be demoralized, and most, confused, will stray from the right path.

12. Do not forget that I have already foretold all this to you, yet I must also remind you that those who remain steadfast in the face of all opposition and pray in silence, without their faith and hope wavering, will be like the seed in the parable that survived the storm. When the appointed time came, it began to sprout, grow, and then multiply until it covered the fields, because it knew how to wait until the winds subsided so that it could live and multiply.

13. Do you not wish to be the tiny seed in this parable, so that tomorrow you may have the honor of being called “children of faith” by your Father, just as I called Noah? Do not be afraid, for the storm will not be directed solely against you. Just as you have seen the nations and powers of the earth arming themselves for battle, so too are the various religious communities preparing to do battle.

14. It is necessary that the heavens close to all for a short time, and that they open again only when a single cry rises from the earth, because people recognize that there is only one Father of all beings.

15. I want you to understand even now what the task is that you must fulfill in the midst of this conflict—a task that encompasses not only the spiritual but also the material.

16. The Father's justice has touched this nation with His scepter to grant it authority against war, injustice, and falsehood. Its people have

been anointed in their hearts and souls so that war may stay far from them. They have been prepared and purified so that they may have patience and not lose courage in the face of suffering, as devastation spreads throughout the world and the lamentations of the peoples of the nations are heard. From this people, prayers will then rise up; they will clarify the form of worship of their Father, and the works of love they perform along their path will multiply. For this will be the foretold time when all lands will be prepared to receive this seed of love.

17. Prepare yourselves in advance for the battle through your training; develop your spiritual gifts; polish your weapons to a shine. Do not shrink from trials, for they give your spirit strength and steadfastness.

18. Purify your hearts so that you may enter this conflict pure and prepared; then you will have nothing to fear. The spiritual powers and the elements of nature will stand on the side of all those who rise up as soldiers of My cause of love, peace, and justice.

19. In this era, I seek the hearts of humanity to show them the right path.

20. You who still have traditions, remember My presence among you in the Second Era: You commemorate Jesus' entry into Jerusalem; remember that time with love, and reflect on the meaning of some of those passages, and I tell you: Today I do not enter the blessed city, but rather the hearts of all My children of good will. If you wish to welcome Me as a guest, prepare yourselves, and I will be with you. I have always loved you in the same way; My Spirit is unchanging. You who love Me and wish to follow Me longingly, behold before you the ladder to heaven that leads to Me. My path is known to all; your spirit knows that, in order to reach Me, it must obey all the commandments of the Law.

21. I want you to be pure in spirit. I am ready to pour myself into everyone who prepares themselves.

22. The righteous spirits who dwell with Me lament the human heart's lack of understanding when they contemplate My work of the Third Era. Still, some doubt and set conditions for their obedience; yet I continue My struggle out of love for you and, like a simple pilgrim, call out to hearts in their longing for love and compassion.

23. The path is one of sacrifice, but it leads to the summit of the mountain. Come with Me, and let us walk together. Hear the Word that speaks to you in this time. It is very simple, yet it will touch the sensitive strings of the hearts of those who have died to the life of grace, and will awaken them to new life.

24. In the Second Era, twelve disciples were with Me at the Last Supper. Now I invite all of humanity to partake of the bread of the Spirit. I also offer you the peace of My Kingdom, for in Me is the power to offer you these gifts. Whoever wishes to follow Me is welcome. But whoever is called by the world and wishes to serve it will, if he ever seeks My path, have to make up for the time he has lost with great effort and great pain.

25. Serve Me, and your conscience will be clear. I will also provide you with what is necessary for your livelihood. As long as you are engaged in fulfilling your spiritual mission, My angels will watch over your possessions.

26. I have seen how you are preparing yourselves (inwardly), and truly, I tell you, I will give you My "Body" to eat and My "Blood" to drink.

27. The Spirit is ready to study the teachings I gave you in the Second Era and whose explanation I am currently giving you.

28. Behold here the table upon which lies the bread of life and the wine of grace. The disciples surround Me, and in their hearts they ask themselves, "Although the Father is with us, why does sorrow reveal itself in His words?" Yet among those who ask this, there are others whose spirit senses that the Master is about to tell them something difficult. They are the ones who recall how the Lord dipped His bread in the wine to offer it to the one who would betray Him.

29. When Jesus celebrated that Passover meal with his disciples, in accordance with the tradition of that people, he said to them: "I now reveal something new to you: Take of this wine and eat of this bread, which represent my blood and my body, and do this in remembrance of me."

30. After the Master's passing, the disciples commemorated their Lord's sacrifice by drinking wine and eating bread, which were symbols of Him who gave everything out of love for humanity.

31. Over the centuries, peoples divided into denominations have given different interpretations to my words.

32. Today I want to tell you what I felt at that moment, during that Last Supper, when every word and every action of Jesus was a lesson from a book of profound wisdom and infinite love. When I used bread and wine for this purpose, it was to help you understand that they are like love, which is the nourishment and life of the soul; and when I said to you, "Do this in remembrance of Me," the Master meant that you should love your neighbors with a love similar to that of Jesus and give yourselves to others as true nourishment.

33. Jesus did not give you only His Word. His teachings and works were not merely parables or symbols. Just as He symbolized His body and blood with bread and wine before His disciples for their instruction, so the very next day He offered up His body before the eyes of a crowd and shed all His blood to give all of humanity the bread of eternal life—perfect love—to eat.

34. Every ritual you perform in accordance with these teachings will be fruitless if you do not apply my teachings and examples in your lives. This is precisely what is difficult for you, but it is also precisely in this that the merit lies.

35. Jesus taught you mercy, gentleness, and love; He taught you to forgive your enemies from the heart. He told you to shun falsehood and love the truth. He proclaimed to you that you should always repay evil—just as you do the good you receive—with good. He taught you to respect each of your neighbors and revealed to you the way to find health for body and soul, and how to honor your parents' name through your life, so that you, too, may be honored by your children.

36. These are some of the commandments that everyone who truly wishes to be a Christian must follow.

37. So that this teaching might kindle faith in people's hearts and be loved by them, I performed miracles; and so that these miracles might be as impressive as possible, I performed them on the bodies of the sick: I healed the blind, the deaf, the mute, the paralyzed, the possessed, and the lepers, and I even raised the dead to life.

38. How many miracles of love did Christ perform among people! Their names went down in history as instructive examples for future generations.

39. Today I give you My Word once again; its spiritual content is the same as that which I imparted to you in the Second Era. I speak to you with the same love. I show you once more the path by which one reaches the Father. I teach you with the utmost selflessness.

40. Today I do not symbolize My Body and My Blood with bread and wine, nor do I come as a human being to shed My Blood and offer My Body to you on a cross. This is a different time. Now I come in the Spirit, and it is your spirit to which I speak concerning its spiritual mission, for it is now capable of understanding both the earlier teachings and the new revelations. I am currently preparing My temple within your hearts.

41. As a human being, I had a form; as God, I do not. Behold, there is no more physicality in me than there is in my truth, nor is there any wine other than my love.

42. My Spirit, which is omnipresent, is perceived when you are prepared. Seek Me, and I will lift the veil of many mysteries from your spiritual gaze. I will turn your heart toward goodness and show you the path you are to follow.

43. How can you continue to think of blood and flesh, when it is the Holy Spirit who descends upon you, when I come only to enlighten your spirit with My Word, to nourish you, and to shake your material nature?

44. The voice of your spirit called to Me during this time; your inner elevation, your thirst for light, drew Me closer to you.

45. Soon the disciples of Spiritualism will spread this teaching among humanity as the doctrine that will inspire people to strive for the elevation of their spirit.

46. Do not form any more sects; let only your mindset unite you. Your conscience will tell you when you stray from the (right) path.

47. I have given you a single law from the beginning of time. It marks out for you a path full of clarity, which is that of the development of your soul.

48. In this time, I, too, will be betrayed, sold out, and handed over. You do not yet know the manner in which this will happen, but open your eyes and work on yourselves so that you may not be the perpetrators of such deeds.

49. What will become of the one who heard My call, whom I called a disciple, and whom the world and his conscience will thereafter call a traitor?

50. Watch and forgive one another, for My forgiveness encompasses the entire universe.

51. On this day, your heart has beaten strongly because I have been within it.

52. You who hear My Word: Turn your thoughts away from earthly plans and lift your hearts upward, so that your spirit may be refreshed and rejoice in My presence. Observe the necessary preparation, for the moment is solemn. The Father speaks to His children, and if the Father does so with such love—why then should the children not listen to Him with all the reverence of which they are capable?

53. You who are the bearers of my voice: Convey my teaching more through your spirit than through your lips.

54. You “golden pens”: Write down My Word more through your love than through your pens.

55. I want this message to awaken people from their slumber. I want people, when they hear my teachings from your lips or read them in your writings, to be moved and to tremble.

56. My people will set out to spread the good news and make known My message for this time. You are to bear witness to My truth not only with your words, but with all your deeds, by dedicating your lives to following this teaching. You will insist that the reincarnation of the spirit (with the soul)* is one of the great truths that humanity must know and believe. Some sense it, accept it, and believe in it intuitively, as something that could not be absent from My loving justice toward humankind. Yet there will also be many who will call you blasphemers and liars. Do not be concerned; the same thing happened to My apostles when they preached the resurrection from the dead, as Jesus taught. The priests and judges threw them into prison because they preached such teachings. Later, the world accepted that revelation, although I can assure you that it failed to grasp the full meaning of this teaching, so that it is necessary for Me to come at this time and instruct you that the “resurrection of the flesh” can refer only to the reincarnation of the spirit, since the spirit is the essence and the foundation of life — that which is, in truth, eternal.

**Additions in parentheses in the text were also inserted by the translators.*

57. For what purpose should the dead bodies be resurrected, since they were merely the transitory garments of the soul?

58. The flesh sinks into the earth and mingles with it. There it is purified, transformed, and ceaselessly comes to life anew, while the spirit continues to evolve upward, continuing its journey toward perfection. When it returns to the earth, it is a resurrection to human life for the spirit, and for its new physical form as well, it is a resurrection in union with the soul. But the material is not of an imperishable nature, whereas the spiritual certainly is; therefore, I tell you once again that it is your spirit that I seek, that I teach, and that I wish to have with Me.

59. At that time, I said to Nicodemus, who had come to Me in good faith to speak with Me: “What is born of the flesh is flesh, and what is born of the Spirit is spirit. Do not be surprised when I tell you that one must be born again.” Who understood those words? With them, I wanted to tell you that *one* human life is not enough to comprehend even a single one of My teachings, and that you need many earthly lives to understand the textbook that this life contains within itself. Therefore, the flesh has

only the task of serving as a support for the soul on its journey across the earth.

60. The soul receives from the body the impressions that the body gathers during life. The more the soul's sensitivity and maturity increase, the greater the harvest for the soul. The body is merely the tool, the transmitter, the support, and the touchstone.

61. Life in this world is a constant lesson and a reflection of the soul's eternal life. I speak of its harmony, its beauty, and its perfection.

62. This is another of My teachings, My people; but in order for you to understand it better, delve into it more with your spirit than with your mind.

63. You have prepared your hearts to await My coming. I am your guest within them.

64. The veil of mystery and silence has been torn away; even from here you can already see the rays of light from the Kingdom and hear the voice of your Father. Your soul has been cleansed in the purifying waters of pain. Who among you has not shed tears? Who has not known bitterness?

65. You yearn ardently for peace, and in your prayer you say to Me: "Lord, may the wars in the world come to an end, and may the peace of Your Kingdom come to us!"

66. You are beginning to sense the mission that I have entrusted to your spirit from the very beginning. You are the people I have chosen to speak to and to entrust with the mission of bringing peace and the light of truth to the peoples of the earth. You, too, are part of that ungrateful people who refused to recognize Me in the form of Christ. Other people recognized Me better than those who claimed they were waiting for Me.

67. Because of your materialism and your ingratitude, you have shed many tears; that is why you now watch over peace and pray that people may love one another. In silence, you ask yourselves how it was possible that you did not recognize your Lord in Jesus; how it was possible that you dragged Him to His sacrificial death and had the strength and courage to watch Him die; how it was possible that you did not weep for Him when even the sun hid its face to make people realize their blindness. Do not be surprised that you were capable of such errors; here I am in a different form, and it is quite possible that some will deny Me once again.

68. There is no peace on earth, not even in those days that you dedicate to the remembrance of your Lord's Passion, and I ask you: How have you used the reincarnations that I have granted you? What have you done with the lives of your neighbors? You have merely let time slip away and misused your lives and your ideals. You wanted to be masters, yet in

reality you have been slaves to the world and to sin. You dream of immortality, yet you do not live toward eternity but toward death. I, who am the Resurrection and the Life, have raised you up time and again so that you might live the true life.

69. Truly, I tell you, I will subject this fratricidal and selfish world to judgment and purify it until I see love and light rising from it. Even to those who today lead their peoples to ruin, who are currently sowing and spreading all manner of vice, who have created their realm of injustice, I will assign the task, as a means of atonement, of combating temptation, eliminating corruption, and uprooting the tree of evil. You, too, O people, will fall under this judgment, for you have misjudged Moses, sacrificed Jesus, persecuted Elijah, and killed the prophets, as well as the apostles and disciples.

70. I offer peace to the world, but the pride of the nations that have grown great—with their false power and false splendor—rejects every call of conscience and allows itself to be carried away only by its ambitious goals and feelings of hatred.

71. Humanity still does not lean toward goodness, justice, and reason; people still rise up and condemn the cause of their neighbors; they still believe they can bring about justice. Do you not think that, rather than judges, they should call themselves murderers and executioners?

72. Those in power have forgotten that there is one Owner of all life, yet they take the lives of their neighbors as if they belonged to them. The masses cry out for bread, justice, shelter, and clothing. I will establish justice—not mankind, nor their teachings.

73. Man has always wanted to see Me as a judge; he has never known how to erect a throne for Me as his King or an altar for Me as his God; he has been able to create only a tribunal. Therefore, I tell you that from that divine court I now judge each of your deeds.

74. In their pride, people have sought to subjugate even nature and its elements, without realizing that these will become judges to chastise human arrogance and presumption.

75. What the prophets proclaimed will be fulfilled in this age. My new word will reach philosophers and theologians; many will mock it, and others will be outraged. Yet while this is happening, their astonished eyes will behold the fulfillment of the prophecies that I have now announced to you.

76. I have taught you only to love what is good, and if I have come for this purpose, it is because I know that in the world you have worshiped evil, whose power has arisen from your imperfections.

77. I long to speak to you in a different way—not to correct errors, not to rebuke faults, but to give you words of teaching filled with great wisdom and profound revelation. Yet this will not happen until you are outside this body that binds you and outside this world that holds you captive. People, you hear My voice; do not settle in this desert. Remember that in that First Age of the world, you set an example of faith, perseverance, and strength for all ages when you crossed that desert, which was full of trials, obstacles, and enemies, until you reached the lofty goal you pursued: the Promised Land.

78. Take this example as your guide; take a lesson from yourselves, for you are part of that people. I ceaselessly encouraged the faith of My children, and in the end I rewarded their loyalty. Truly, I tell you, I have a new manna in store for your spirit, and once again, in the hour of trial, water will gush forth from the rock of the desert.

79. With songs and praises to Jehovah, the crowd made their difficult journey easier. In these times, prayer and good works will ensure that you do not feel the hardships of the journey. You are already crossing the final desert. Have courage and faith; reach the mountain's summit through your works of love.

80. Beyond this world there is a homeland* into which you will all enter in spirit. Who does not have a loved one there? Who would not wish to see them again—someone they remember as a father, a mother, a brother, a child, a husband, a wife, or a friend?

**See footnote under 145, 29*

81. Your memories, thoughts, and prayers today are calls that those beings hear in their homeland. Tomorrow, spiritualization will unite you and bring about a state where you all dwell in a single world and obey the commandment that tells you: "Love one another."

My peace be with you!

Instruction 152

1. It is a day of remembrance on which the various religious communities gather large crowds who hunger for the Word of God. See how each of them commemorates the Passion of Jesus in a different way.

2. It is a day of remembrance on which the human heart turns away from earthly pleasures for a brief moment, and one senses that one's destiny does not end in this world, but that, like Jesus, one must walk the path of bitterness in this life in order to rise to the right hand of the Lord.

3. How few are those who are able to relive the Master's Passion in their hearts without rituals or symbolic representations! You spiritualists who hear Me through the human faculty of reason—do not expect Me to repeat that drama in the form of a vivid spectacle. I will only grant you that, through My Word, you may remember the works and teachings I gave you in those hours. Once again, the disciples are with Me, and I have told them: "Watch and pray; beware of the snares of temptation; remember that the flesh is weak."

4. Just as I told you at that time that I would give you a new commandment by saying, "Love one another," so I tell you today that this commandment continues to be the first and the last.

5. I said to My disciples in the Second Era: "Very soon you will no longer see Me, for I am going to the Father. But soon I will be among you again, for I will send you the Comforter, the Spirit of Truth." And here I am, disciples of the Third Era, fulfilling My word and My promise.

6. As the hour drew near and the Last Supper was coming to an end, Jesus had given his disciples his final instructions. He set out for the Garden of Gethsemane, where he was accustomed to pray, and said to the Father: "Lord, if it is possible, take this cup from me. Yet not my will, but yours be done." Then the one among my disciples who was to betray me approached, accompanied by the crowd that was to arrest me. When they asked, "Who is Jesus of Nazareth?"—Judas approached his Master and kissed him. Fear and dismay filled the hearts of those men when they saw Jesus' calm composure, and they asked once more, "Who is Jesus?" Then I went up to them and said to them, "Here I am; it is I." Thus began my Passion.

7. They brought me before priests, judges, and rulers. They interrogated me, passed judgment on me, and accused me of violating the Law of Moses and of seeking to establish a kingdom that would destroy that of the Emperor.

8. How many hearts, which just a few days earlier had admired and blessed my works, forgot them, showed themselves to be ungrateful, and joined those who reviled me. Yet it was necessary for that sacrifice to be very great, so that it would never be erased from the hearts of men.

9. The world—and you, as part of it—have seen Me reviled, mocked, and humiliated in a way no human could have endured. Yet patiently I drained the cup you gave Me to drink. Step by step, I fulfilled My mission of love among humanity and gave Myself to all My children.

10. Blessed are those who believed in their God, even though they saw Him covered in blood and gasping for breath.

11. Yet something even more difficult still awaited Me: to die nailed to a cross between two thieves. But this was written, and so it had to be fulfilled, so that I might be recognized as the true Messiah.

12. As I cast my final glances down from the height of the cross toward the crowd, I saw Mary and said to her, referring to John, “Mother, this is your son,” and to John, “Son, this is your mother.”

13. John was the only one at that hour who could understand the meaning of the following words, for the crowd was so blind that when I said, “I am thirsty,” they thought it was physical thirst and offered me gall and vinegar, whereas it was a thirst for love that my Spirit was suffering.

14. The two criminals beside Me were also struggling with death, but while one blasphemed and plunged himself into perdition, the other allowed himself to be enlightened by the light of faith; and although he saw his God nailed to the shameful crossbeam and near death, he believed in His divinity and said to Him: “When You are in the kingdom of heaven, remember me,” whereupon I, moved by such faith, replied: “Truly, I say to you, today you will be with Me in Paradise.”

15. No one knows the storms that raged in Jesus’ heart at that hour. The unleashed forces of nature were but a faint reflection of what was taking place within the solitude of that man, and the pain of the divine Spirit was so great and so real that the flesh, which felt weak for a moment, cried out: “My God, my God, why have You forsaken me?”

16. Just as I taught people how to live, I also taught them how to die, forgiving and blessing even those who reviled and tortured me when I said to the Father, “Forgive them, for they do not know what they are doing.”

17. And when the Spirit left this world, He said, “Father, into Your hands I commend My Spirit.” The perfect example of teaching was accomplished; I had spoken as God and as a human being.

18. Yet here I am, people, just as I promised you. I do not come in the body—that is, in the flesh—but in the light, and I tell you: The time is past

when, in order to sow my seed, I had to water it with blood; but how much more must *you* purify and prepare yourselves instead.

19. Inspired by the light of the Holy Spirit, you will sow this teaching step by step, making it audible to the “deaf” and visible to the “blind.” Like the Master, you will suffer mockery, slander, and humiliation; you will even be ridiculed by your own loved ones, yet you will not falter. For you will immediately remember that the Son of the Most High, who was all power and wisdom, did not flee from the trials of men, so that through them He might bear witness to His truth.

20. This is why I tell you again and again: Draw from My Word the spiritual and moral strength for your life’s struggle, for whoever is strong in spirit will also be strong in earthly matters. And I can also tell you this: that at times you will even go as far as a sacrificial death, as I taught you through Jesus in the Second Era.

21. Watch and pray, O people, not only because of material dangers, but also because of the snares that your eyes cannot perceive—those that come from invisible beings.

22. The great legions of confused souls wage war against humanity, exploiting their ignorance, dullness, and lack of spiritual insight; and people have not prepared their weapons of love to protect themselves from these attacks, which is why they appear defenseless in this battle.

23. It was necessary for My spiritual teaching to come to you in order to teach you how you must arm yourselves to emerge victorious in this battle.

24. From that invisible world, which lives and works within your own world, influences emanate that afflict people—whether in their minds, their emotions, or their will—and turn them into submissive servants, slaves, tools, and victims. Spiritual revelations appear everywhere, and yet the people of Earth still refuse to perceive what surrounds their spirit.

25. It is necessary to begin the battle, to destroy the darkness, so that when the light dawns within people, all may set out united in true fellowship and, through prayer, triumph in the struggle they wage against the powers that have dominated them for so long.

26. People and nations have succumbed to the power of those influences without humanity even realizing it. Rare and unknown diseases caused by them have struck people down and baffled scientists.

27. How much discord, how much confusion and pain has humanity brought upon itself. The lack of prayer, morality, and spirituality has attracted impure and disturbed beings. And what can one really expect from those who are isolated, without light and without preparation?

28. There are those whom you have deceived and oppressed, whom you have disturbed and humiliated. They can send you only confusion and darkness; they can only seek revenge, and they only reproach you.

29. Now just call Me a sorcerer and a witch doctor because I reveal these things to you, even though it is not I who have caused them, but you. I only wish to protect everyone from darkness, pain, and (spiritual) death, for I am the Light that shines before humanity and before the legions of confused souls. Which of them will recognize Me first?

30. When I had freed a possessed man in the Second Era, those who saw it said that Jesus had made a pact with the spirit of evil. The spirit, however, that was tormenting that man spoke to Me and said, "I know who you are: the Holy One of God."

31. Nevertheless, there were also those who, amazed at those works, said, "By what authority and power does he command the unclean spirits, and they obey him?" They did not know that this spiritual gift is within all people, that you all carry those weapons with you. Later, my disciples repeated the works of their Master, thereby proving that Christ had come to teach humanity—not merely to display his power, but to reveal to people the spiritual gifts and authority that they all possess.

32. "Pray," the Master told you, "for prayer imparts a radiant splendor to the weapons of love with which you are to achieve peace for humanity. It causes the spiritual gifts to awaken, making the soul perceptive, the gaze discerning, and the heart sensitive."

33. People, I have taught you to free yourselves from invisible snares and to defend yourselves against them, to heal yourselves of strange illnesses, and to free yourselves from evil influences. But truly, I tell you—as I have already revealed to you—only prayer and virtue can help you overcome these trials. If you devise other measures as a substitute for these, you will fall victim to such influences, and instead of illuminating your path, you will increase the darkness. Then the world will rightly call you sorcerers and magicians, whereas I have given you a precious gift to bring light and peace to all souls in need.

34. When will you succeed in transforming that entire world of darkness, suffering, and delusion into a world of peace? When will you be able to draw the light of the high spiritual spheres toward yourselves, so that you may be in harmony with all your fellow human beings in that homeland I have destined for you?

35. Because of the instruction I have given you in My Word, true miracles have taken place among you. Souls are awakening to a new day; hearts are beating with hope. Those who were unable to recognize the

truth—because their ignorance was like a blindfold covering their spiritual eyes—now see and look around in wonder. Those who are sick in body (as well as in spirit) are healed when they absorb the essence of My words into their very being, into their hearts.

36. Then, from the innermost and purest part of this people, a prayer of thanksgiving flows forth for the works I am doing among them, and they say to Me: “Thank You, Lord, for You have deemed us worthy that these miracles may be accomplished within us.”

37. When these men and women then rise, strengthened by My word of love, comfort, and wisdom, they have sought out their fellow human beings and performed miracles along the way, often without even realizing it.

38. Through their faith they heal hearts; through their testimony they dispel the darkness and rouse those who were indifferent. With their intuition they solve life’s problems, and through their strength they are able to withstand trials. Their hands learn to “anoint” the sick; their minds find the way to fathom My Word and rejoice in it; their prayer helps them to develop their spiritual gifts that had lain dormant, and as they proceed step by step in this way, they cause their Lord to scatter miracles along their path.

39. The places of gathering where My Word has been made known have multiplied, each one being like a school of true knowledge where the people who form My disciples gather, eagerly coming to learn the new lesson.

40. If each of these congregations were to bear witness to all the blessings it has received from My mercy, the testimony of those miracles would be endless. And if you were to compile into a single book everything I have spoken through all My spokesmen—from the first of My words to the last—it would be a task you could not accomplish.

41. Yet I will provide humanity, through My people, with a book containing the essence of My Word and the testimony of the works I have performed among you. Do not be afraid to undertake this task, for I will inspire you so that the essential teachings may be recorded in this book.

42. Do you think that what My Apostles of the Second Era wrote down was all that I spoke on earth? Truly, I tell you: No. Consider what My disciple John said: “The works that Jesus performed are so many that I believe the world could not contain the books that would have to be written about them.”

43. Behold, disciples, even to them, at the moment of writing, I inspired and brought to mind only what was absolutely necessary to be preserved as a testament and testimony for future generations.

44. In this era, I have once again brought My Word to new life among those who are dead to the life of grace. I call you this because, in your very being, you have a spirit that did not know how to nourish itself with the Bread of Life and therefore has not understood that it belongs to eternity.

45. I came to see the fruitfulness of the Word that I gave to the world in the Second Era, and I found that evil continued to flourish and has scattered its bitter fruits among humanity. I seek the trace that My sacrificial death was meant to leave in the human heart, yet the blood I discover is that which has been shed by people in their fratricidal wars—sinful blood in some, innocent blood in others. It always speaks to Me of enmities, base passions, spiritual darkness, and death.

46. This is the world you must face, O people. Yet do not fear, for the spirit of humanity has evolved greatly, and if you know how to speak with words that come from the heart, as I have taught you, you will see their eyes open to the light and their arms reach out to you in love and mercy.

47. The present time must be devoted to preparation and reflection, people, for if you do not make use of it now, you will yet come to regret it.

48. You must work hard on yourselves so that you may be prepared to set out and preach My Word. You must achieve a complete renewal of your entire life so that when those who hear the teaching you will preach visit your home or follow in your footsteps to observe you, they may find only purity and truth in your deeds.

49. If you desire to show the world the greatness of the teaching I have imparted to you during this time, remember that you must first become like clear mirrors capable of reflecting My light. Do not always rely on the eloquence of your speech or on the greater or lesser power of your words. Truly, I tell you, the most beautiful words will never achieve the persuasive power of a good deed, however humble it may be.

50. Beloved people, this is the “third day” on which I bring My Word back to life among the “dead.” This is the Third Era in which I appear before the world in a spiritual manner to tell it: “Here is the same Christ whom you saw die on the cross, and He is speaking to you now, for He lives and will live and will always be.”

51. Yet I see that people have hearts within their bodies that are dead in terms of faith, love, and light, even though they claim to proclaim the truth within their religious communities. They believe that they have secured the salvation of their souls by praying in their churches and

participating in their rites. But I tell you, the world must learn that salvation will be attained only through the performance of works of love and mercy.

52. Places of worship are merely a school. Religious communities should not limit themselves to explaining the law; rather, they should ensure that humanity understands that life is a path on which one must apply what one has learned from the divine law by practicing my teaching of love.

53. Whoever merely listens to the instruction, whoever is content merely to attend the lesson and the teaching and thereby believes they have already fulfilled their duty, is gravely mistaken; for if they learned the lesson that was revealed to them and did not put it into practice, they did not do justice to their Master, nor to their fellow human beings, nor to themselves. He was then merely a student who thought he understood the teaching while forgetting its most important aspects—namely, love, forgiveness, compassion, patience, faith, and all the goodness that divine teaching contains and urges us to put into action.

54. Beloved people, learn to be “last,” so that in My eyes you may be first. I want you to be humble from the heart, simple, and virtuous. Do not let yourselves be seduced by the false glories of the earth, which serve only to lead the spirit astray from the true path or to prevent it from moving forward, thereby causing it to waste precious time that could be spent on its spiritual progress. Always seek the place where you can be useful, and always prefer that place to one that seems more prestigious to you.

55. Do not be vain or frivolous; do not love places of honor, as the Pharisees did, in order to show off before the people so that they might pay them homage.

56. The truly noble spirit does not sully itself with such pettiness, for boasting and flattery repel it. For those who fulfill God’s law by putting it into practice in both their spiritual and human lives, the peace they receive from their Lord after each of their deeds is more than enough.

57. The desire for a higher position, for admiring glances and flattery, means loving oneself more than everyone else, and this means being very far from fulfilling God’s law.

58. Have I not told you: “You shall love God more than all created things”? This is the meaning of the first commandment. Did I not tell you: “You shall love your neighbors as brothers and sisters”? This is the second thing you must do. Recognize, then, that your love for yourself should come last and never first.

59. That is why I called those Pharisees hypocrites—those who claimed to be the most zealous in the service of God, yet were always striving to be the first in the synagogue, who enjoyed receiving the adulation of the people, and who were intent on always dressing their bodies in beautiful festive robes to hide all their wickedness from them.

60. I will not call you hypocrites. If you do not feel pure, at least be modest and do not flaunt your purity; for it would be very sad if someone who already believes in your wisdom and virtue were to discover the truth and see that your testimony was false.

61. Sincerity and truth should always be reflected in your actions.

62. The Master asks that modesty always guide your life.

63. You will then experience how true virtue will dwell in your hearts. You will realize it when your right hand has done a good deed, and your left hand has not even noticed it.

64. Tell the world that it is not necessary for Christ to be born and die in every generation so that you may be saved; tell them that My Word of the Second Era is still alive, touches all souls, and calls out to the heart of every generation.

65. I entrust to you My new message so that it may help you understand the entirety of the previous revelation.

66. I have returned to humanity to assist them in their present trials. The Master tells you: Do not be troubled when you come to know the signs of My new manifestation; rather, rejoice because I have allowed you to witness these teachings firsthand.

67. Just as I appeared to Mary Magdalene in spirit during the Second Era after My sacrificial death, and she exclaimed, both surprised and full of joy, “Lord, may You be praised and glorified forever!”—so I have now appeared to you when you believed that the Master was absent or indifferent to your sufferings; and after your surprise, you blessed Me. You have received My light in your spirit, and after receiving such great grace, you have remembered your fellow human beings and interceded for them with the words: “I am fortunate to hear Your Word, while others do not know these teachings !” Yet the Master tells you: I have made My Spirit known in many ways among all nations. Those who have prepared themselves inwardly recognize that they are living in a time of grace and justice, and they have felt My presence.

68. Just as I forgave Mary Magdalene, I forgive all of you, yet I want you to make yourselves worthy of Me, just as she did.

69. How many instructive examples, worthy of serving as models, can you gather from your brothers and sisters of other eras! Their deeds are

like an open book. But you—do you not wish for your deeds to be recorded as an example? I will present those of your works that I deem worthy to your descendants. Today, while you live in your physical bodies, you will reap neither fame nor veneration. Be humble and let others judge your works.

70. In the great work of the day that awaits you, I will be your helper, like Simon of Cyrene.

71. My teaching will bring about great upheavals in the world; there will be major changes in customs and ideas, and even in nature, changes will occur. All of this will herald the beginning of a new era for humanity, and the spirits whom I will soon send to Earth will speak of all these prophecies. They will explain My Word and elucidate the works to assist in the restoration and upward development of this world.

May My peace be with you!

Instruction 153

1. Once again, the Master appears among you to give you His Teaching of the Third Era.

2. Truly, I tell you, your faith in My revelation through the human intellect will sustain you through the trials of your life, for My Word will accompany you everywhere. Do not be like some of those who listened to Me alongside you and who, weary of listening, walked away without having come to know the legacy they carried within themselves.

3. The moment will come when you must give an account for everything I entrust to you.

4. You who are present here demonstrate, through your perseverance, your will and zeal to follow in My footsteps. I see how the love that existed in your hearts for My Divinity grows with your spiritual elevation and the practice of charity.

5. I am the Father's love, speaking to your spirit and filling it with peace. My Word purifies you, for it reaches the very core of your being. It brings salvation because it turns you away from evil paths and offers you the path of truth; and as you listen to Me, you are filled with ecstasy through it, becoming one heart and one will.

6. I speak to all humanity and call upon the sinner who stubbornly clings to his vices to be renewed, for I have a place ready for him as well in the ranks of my soldiers.

7. My eternal and universal Word is limited when it is humanized through the voice of the speaker, but it never loses the perfection of its meaning. My Word does not hurt, nor does it punish. Why do you believe that I punish, when it is man himself who strews his path with thorns, only to walk upon them afterward?

8. Recognize that everything that exists lives within a law, and that whoever strays from the right path and does not obey the commandments that govern you will immediately find himself judged by the law, so that he may recognize his error.

9. Contemplate for a few moments the universe that surrounds you, and you will marvel at the harmony, obedience, and precision with which all realms and all beings fulfill their destiny. Do you think My work would be perfect if not everything created obeyed a single law? — You, who are My masterpiece, have been endowed with free will, will, intelligence, and all the faculties inherent in the spirit, so that through the merits you attain by cultivating your virtues, you may attain spiritual perfection—a state in which you will experience peace and happiness and find the full light that I have prepared for you, so that you may reach the Promised Land.

10. The path that leads to the right hand of the Father is so narrow and straight that He Himself became human in Christ, in order to mark out the path to perfection for the human spirit with the traces of His sacrificial death and His shed blood.

11. That path, which is the Law of Love, will not be extinguished by human ideas, for the time of redemption comes for every spirit, and it finds redemption only in God.

12. Today you listen to Me, but tomorrow, when I no longer reveal Myself in the same way, you shall follow Me along the paths of the world and take Me as your example. Should a moment of weakness then befall you, My Word will surprise you along the way, and in the memory of My teachings of love, you will find salvation and continue your mission to love your fellow human beings.

13. In this time, I have come to you, untouchable and invisible, and you have perceived Me only through your spiritual sensitivity. In this way, I have put your faith to the test. I have granted you many revelations through which you have strengthened your faith. Your spiritual eyes have opened, and your senses are now awakening to comprehend Me and subsequently bear witness to Me.

14. Even if your lips have not spoken of My truth, even if your *heart* still doubts—the *Spirit* loves Me and believes. It longs to reach Me, and in its prayer it asks Me for light to convince the “flesh,” and for strength and patience to overcome it. There is still no harmony between the Spirit and the flesh, and often you have been overcome by the flesh’s self-will and have placed your abilities and your will at its service. But that is why I have come today—to nourish the Spirit, to strengthen it, and to restore its inheritance to it.

15. I have always sought the spirit and spoken to it of eternal life, which is its goal. It belongs to Me, and therefore I claim it for Myself. I have set it on the path of development and atonement, for it has been My will that it should evolve upward through meritorious deeds and perfect itself through them. The physical body has only a short lifespan. When it has fulfilled its task, it pays its tribute to Me, and the spirit continues on its path without delay.

16. Today is a time of great atonement for the soul. My judgment has begun, and the deeds of each person have been placed on a scale. Even though this judgment is difficult and painful for the souls, the Father is still near to them—He who is more a loving Father than a judge. You are also surrounded by the love of Mary, your intercessor.

17. My children await Me amid the chaos in which they live today. Knowing that I am coming, they are fearful because they have transgressed My law; when I drew near to them and asked if they recognized Me, they replied: "Lord, I have forgotten Your commandments; I have fallen into materialism and am confused. But today, as Your voice calls me, I will mend my ways and let Your light guide me."

18. And when I came to you, the chosen people, and asked you to welcome Me into your midst, your spirit immediately replied, "Shape and perfect our being through Your teaching." Yet while the spirit knows its destiny and accepts it, the flesh rebels against it, and a struggle begins between the two, in which you are to earn the merits necessary for your redemption.

19. Long ago, I foretold to you the events that you have seen come to pass. I told you: "Watch and pray, for the day is near when war and other calamities will be unleashed." Yet your unbelieving hearts said to Me: "Father, is it really possible that You would allow war among us, since You have made known Your love, goodness, and forgiveness?" — When I foretold these events to you, it was so that you might prepare yourselves and pray for all humanity, so that from now on you might lead a life of introspection and repentance, bring peace within your families, and put My teachings into practice. I asked all this of you so that the pain might be alleviated. I did not mean to tell you that in this way you would prevent what is written, but I offered you the opportunity to be mediators between the world and My Spirit.

20. Everything that had been foretold came to pass in the year 1939: strong nations subjugating the weak, and other, even more powerful nations uniting to attack the former; and the spreading war that destroyed everything in its path and sowed suffering. — The prayer of some of My disciples was this: "Lord, we hope that this word will not come to pass." Others waited to see how events would unfold before they would believe. Yet My word came to pass, and today you ask Me whether every danger has passed. But I tell you that the peace you experience today is only a false peace; what has happened so far is merely the beginning of the sufferings that will afflict the world.

21. You are still fragile, My disciples, for although you have My Word, you still doubt. My Father's Spirit awaits the (spiritual) rebirth of humanity. Each of you is to be a teacher of this instruction within your family circle, so that when the day of trial comes, you will be prepared and strong. Look at the wayward hearts around you that have brought you to tears, so that in your suffering you have said to Me, "Why do You test me

in the midst of my loved ones for the sake of Your teaching?" But I say to you: That brother of yours who has not understood your ideal will be transformed by your patience and mercy and will thereafter be your best friend and confidant.

22. Already those who will hear My final words are approaching. In a short time, they will grasp the spiritual essence of My teaching. Give them the best place, heal them, and do not hinder them on their path of development. When you see that their spiritual gifts are unfolding rapidly, let them move forward; then their strength will help you bear the cross, and you will all make progress.

23. O beloved Israel, upon whom I have poured out My Word time and again—you have not yet realized how much I love you! How often were you moved when you heard My Word, and when you witnessed My miracles, you promised Me that you would follow Me to the very end. Be blessed. Trust in your Father, who watches over you always. You do not live in a world of perfect peace, but in it you will succeed in catching a glimpse of the kingdom promised to your spirit. My love is with you. Seek Me as a Father and not as a Judge. Do not desire to stand before My judgment seat. Prepare your soul so that, when you come to Me, there may be peace and contentment within you and joy in My Spirit.

24. Throughout all ages, I have revealed Myself as a Father. At the beginning of the world, I spoke spiritually to humankind; they often saw Me descend to counsel or correct them. I spoke to Adam, and he listened to Me humbly. I was with Abel, and what grace I found in that creature! Yet I also drew near to Cain, for I love all—the righteous and the sinners alike. I sent great spirits who brought My light to teach and reveal the Law and the divine commandments. Yet how few were willing to awaken their spirit and listen to the voice of their conscience. Some repented when they sinned, but others turned their backs on the strict and unyielding law of Jehovah. Yet my law was within all of them, and although my light illuminated them, I saw that the sinners were in the majority, that evil had increased and had severely harmed their souls. So I allowed a great purification to take place. Only Noah and his family survived, and they were the seed, the beginning of a new world. I made a covenant with the righteous man, and the rainbow of peace appeared, the sign of the covenant.

25. Soon the descendants of those people succumbed to temptation once more. The hearts that had received an inheritance of love became callous and hardened. A vivid example became necessary for their salvation. Then Christ became human and dwelt among them. He ate your

bread; He experienced and endured the hardships of your life. He performed miracles to make Himself known; He taught you the right path. You lived in His presence and witnessed His journey through the world. Yet when the end of His mission had come—how few were prepared to witness His Ascension, to comprehend His sacrificial death, and to walk without hesitation along the path marked out by His blood of love and forgiveness.

26. Today I come for the second time as the Master. My gaze seeks out those who must follow Me, those who must prepare themselves to speak to the world of My coming as the Spirit of Comfort. But with sorrow I behold the tender and innocent hearts that have grown hardened. So many tears have flowed that their sources—the eyes of humanity—have dried up. There is no longer any love for Me, nor compassion among people, and My Fatherly Spirit suffers for the sake of humanity. My gaze rests upon every heart, yet I receive only the pain that you have reaped in this time.

27. The Master says to you: You have not known how to make use of the gifts I have granted you. But the time will come when you will understand this teaching better, feel very close to Me, and thank Me.

28. Pray, stay vigilant, and intercede for the world. When the time of struggle comes, rise up and spread My light; encourage and comfort others; heal the sick; and perform miracles—so that when you reach the end of your journey, you may come to Me full of merit and appear before My judgment seat in peace.

29. But when will this people become aware of the spiritual mission it has toward the other peoples of the earth?

30. I have told you that you should not desire to be more than anyone else, nor should you claim to be above others. Nevertheless, your destiny is great, and even the nation that offers you its protection must fulfill the part that falls to it in this work.

31. I have taught you so that you may pass on the Good News to your fellow human beings, and when the time comes, bring My message to the other nations. But I still see you sleeping, without even sensing the great significance of your mission.

32. Do you really want pain, misery, sickness, and hunger to be what rouses you from your lethargy?

33. The cup you drink is very bitter, and the chains you drag behind you are very heavy. You are still the enslaved people of Pharaoh. The more you long for your freedom, the greater are the hardships imposed upon you,

and the higher is your tribute. To what degree of bitterness will you still be driven?

34. It is necessary for those who have awakened to rouse the others—who are still asleep—from their lethargy and tell them that the Lord, the same as in times past, awaits them on the mountain to let them hear His Fatherly voice and show them the path that leads to freedom and peace. But both groups must understand My Word correctly; otherwise, you will ask yourselves: “Who is Pharaoh? What is the bondage spoken of here? On which mountain will the Lord speak to us? Where will the path He shows us lead?”

35. Yet you must learn to fathom the symbols through which I speak to you, so that you may later explain them to your fellow human beings without falling into error.

36. The social environment in which you live, which surrounds you at this time, is the Pharaoh of our age. It is permeated by selfishness, hatred, greed, and all the sins of humanity.

37. The chains are your needs, which compel you to submit to the prevailing selfishness, injustice, and even moral corruption.

38. The mountain on which I await you lies within the conscience of each one of you, which must make itself heard in your hearts according to My will, for My law is inscribed within it.

39. The path is the direction in life that will enable you to attain the peace you long for and the freedom you desire—and which comes with the fulfillment of this very law.

40. Do you now sense the significance of your mission? Pray, people, that your nation may awaken at my call. Be vigilant, so that when the multitudes seek you out, you may know how to go out to meet them and inspire them through your example.

41. Delve into My teachings, disciples; come and hear My Word, for these times will not return. Today you can still hear Me through the voice of the messengers, but this time will pass, and My work will open a new phase of revelation for you.

42. Be refreshed as you listen to My teaching, and keep it in your hearts. Make your memory a treasure chest that holds the essence of My teachings, as if it were a jewel of inestimable value.

43. Today, as I have returned to you—to the amazement of some and in the face of the disbelief or faith of others—you expect the Master to speak to you about the teachings He gave you in times past.

44. Listen to Me: From the very beginning of human life, God revealed Himself to humankind as Law and Justice. In view of the immaturity and

simplicity of the first creatures, the Divine Spirit materialized by making His voice human and intelligible. The sensitivity of those beings awakened until they learned to interpret the Father through nature. As long as they lived in obedience, they experienced divine grace through everything that surrounded them. Nor were they spared missteps and hardships, which signaled to them that they had transgressed against their Lord. I caused the light of conscience to shine within them, which was to be their lighthouse, judge, and guide on their life's journey. Instinctively, the first humans knew that this invisible Father always commanded what was good, and that this commandment was based on the law by which they were to live. They called that inner light "the natural law."

45. Later, when humanity multiplied and, in the process of multiplying, forgot to fulfill that law—failing to heed the voice of their conscience and losing all sense of reverence—the Father, who had followed the child into the wilderness, sent them people endowed with a noble spirit through their virtue and wisdom, to remind them of the path from which they had strayed.

46. Do you not remember the righteous Abel, for whose blood I still demand accountability? He died beside his offering.

47. And do you not remember the deeply devout Noah, who endured the mockery of the people and proclaimed the will of his Lord until the very last moment? Through their deeds, they reminded you of My existence and My Law. Then I sent you Abraham, a model of obedience and boundless faith in his Lord; a virtuous Isaac; and a Jacob who was faithful and full of strength—so that they might form the trunk of the tree from which a branch would produce Moses, whom I sent to represent Me and to deliver My law to mankind.

48. In Moses, humanity beheld a reflection of My majesty. It saw in him justice, righteousness, unyielding courage, faith, obedience, and love for one's neighbor. You have learned that, in the face of his people's weaknesses, he angrily shattered the tablets of the law that he had just received from the Father. But do you also know that I immediately restored them and returned them to his hands, to make it clear to you that only *one* divine law is to govern you at all times: that of the invisible God.

49. When a certain time had passed and it became clear that humanity needed to come to know its Father more deeply, He—tireless in His work of love—sent His prophets to the world to announce to humanity that He would come to earth and become human, to make His love tangible to them and to teach them, through His birth, His life, and His death, what a

perfect life is. But while some believed in My prophets, others doubted them, killed them, and through this sacrifice prepared the way for Me.

50. The words of my messengers made the hearts of those who sinned tremble, for they announced the coming of the One who, with His truth, would expose falsehood. While people said, “God counsels what is good—the perfect works of love, forgiveness, and justice—because He is perfect; yet we human beings cannot be so,” Jesus came into the world.

51. He was God Himself, who came into the world to bring His law and His teaching in human form. Today you would like to know how Jesus’ body was created. To this I say to you: You must be content to know that that body was conceived and brought forth through the workings of the infinite love I feel for you. From that moment on, Jesus began to drink the cup of bitterness, which He had to drink to the very end. He experienced all the vicissitudes of human life, endured trials, knew hardship, persecution, the long daily toil of mankind, thirst, and loneliness; He felt the passage of time in His body and observed human life—with its virtues and its misery—up close, until the time came to set out to speak and perform mighty works.

52. Then I allowed people to gather around me to hear me, to look at me, to explore me through words and in a spiritual way. I allowed people to pierce my body in search of the divine until they saw my bones, my side was opened, and water flowed out. I allowed the world to make me its accused, its king of mockery, one who was stripped bare, and thus to drag me, with the cross of shame upon my shoulders, to the place of execution, where two thieves awaited me to die with me.

53. This is how I chose to die, on my cross, to teach you that I, your God, am not only a God of words, but also a God of deeds. But those who saw Me die, witnessed My agony, and heard My last words said, “How can the Son of God die? How is it that, even though He is the Messiah, we saw Him collapse and heard Him groan?”

54. The people demanded further proof, and in My love I gave it to them. Just as I was born as a human being from the womb of a holy woman to pay tribute to human motherhood, so too did I sink back into the heart of the earth to pay tribute to it and to complete My mission as a human being there. But the earth could not hold onto that body, which belonged not to her but to the bosom of the Father, from whom it had come and to whom it returned.

55. Now I say to you: If you doubted Christ’s divinity when you saw Him die on the cross, can you tell Me: Which human being rose from the grave on the third day after his death without damaging it, and ascended to

heaven in his own body? No one! — I did it because I am the Life; for I could die neither in spirit nor in the flesh.

56. Doubt was not limited to the crowds of onlookers. Even among my disciples there was one who doubted that I could appear among them after death. It was Thomas, who said that only if he could place his fingers in the wound in my side would he believe that such a thing were possible. No sooner had he said this than I let him hear My greeting : “My peace be with you!” He still had the strength to approach and look at the deep wound and touch it with his hand, so that he might believe that the Master had truly died and risen again.

57. Blessed are those who believe without having seen. Yes, My children, for true faith, too, is a vision that perceives what neither the mind nor the senses can discover. Only faith can reveal to humankind some of the mysteries of creation.

58. Yet He who rose from the dead is coming in this time in the Spirit, full of glory, to speak to you once more.

59. How many of those who dwell on earth today know that a new era has dawned for humanity? Only those who have heard this Word know with certainty that in the year 1866 a new era began: that of the Holy Spirit.

60. Through the mind of Roque Rojas, the Spirit of Elijah, the forerunner, spoke, revealing Himself in this way to prepare the way of the Lord.

61. Through that righteous man, I opened the book of My teachings, My new revelations, to humanity and called upon them to take another step forward on the path.

62. During this time, I have come “on the cloud”—that is, spiritually and invisible to human eyes. This “cloud” is the symbol of the hereafter, from which I send a ray of light that illuminates those faculties of the mind through which I make Myself known. Such has been My will, and therefore it is a perfect work. I know humankind and love it, for it is My child. I can make use of it, for I created it; that is why I made it. I can reveal Myself in humankind, for I created it precisely for that purpose—to glorify Myself in it.

63. Man is My only and true image, for he possesses life, intelligence, will, and abilities like his God.

64. Before I revealed Myself in this form in the present, I searched the hearts of humankind. I asked those who nourish their spirit in various religious communities: “Are you satisfied?” To which they replied, “We hunger and thirst for You.”

65. Many have sought the likeness and the face of their Father without finding Him. They hoped for that miracle, yet the miracle did not come to pass because they found no bread that truly nourished their spirit. Yet I had prepared this tree, this spring, and these fields, and I have called forth the multitudes who hunger for peace and thirst for , who long for love and wish to feel loved. When they came into My presence, they heard this Word, which is revealed in the same way in all existing places of gathering, and every time it resounds, it is like the loving touch of a hand that awakens the one who sleeps, and like the voice of a friend offering counsel.

66. After listening to me for some time, you realized that you cannot merely be admirers who spend their lives in spiritual contemplation alone, and you said to me: “Lord, by eating this fruit that you have given us, we have taken upon ourselves the duty before Your Divinity to cultivate and spread its seed.”

67. When you realize that your Master still carries His cross of love upon His shoulders, you weep and say to Him, “Lord, let us carry Your cross; let *us* drink the gall and the vinegar.” But I tell you: Just as you have asked, it has already come to pass. Have you not noticed how difficult your mission has been lately? Do you not realize how bitter this time has been, and that you are currently going through something you have never suffered before? Continue to show this willingness and pray.

68. I have chosen you, simple people, for if I were to speak through the mouths of scholars, theologians, and scientists, I would not be believed. When, on the other hand, I speak through a simple person, I astonish people. Who brought these great multitudes here? It was all of you, because you were willing to bear witness. Here are those who said to you, “How is it possible that Christ is in the world?” And also those who exclaimed, “It is impossible for the Master of all perfection to reveal Himself through a human being!” Here are those who doubted your words and assurances.

69. People, just as Jesus watered with His blood the seed that the Father sowed in the hearts of people in the First Age, so today My divine Spirit causes the dew of grace to fall upon those fields to make them fruitful.

70. The day of my departure is drawing near. My time among you during this era has been longer than in past ages, longer than it was with Israel in the wilderness, longer than the time Jesus lived among humanity. Who among those who have heard Me during this time has felt poisoned by this Word? Who has become entangled in vice or error because of it?

Truly, I tell you, if it has not brought you good—because you have not taken it into yourselves—then neither has it caused you any harm.

71. Remember that I once told you: I did not create you to be like parasitic plants. I do not want you to be content merely with not doing anyone any harm. I want you to find your satisfaction in having done good. Anyone who does not do good, even though he could, has done more evil than the one who, because he was incapable of doing good deeds, limited himself to doing evil, since that was the only thing he knew how to do.

72. Thus, on this day, He has spoken to you—He who, having died for the world, rose again to the glory of the Father, in order to come to you in the Spirit during this Third Era.

73. Behold here my resurrection on the third day, when Christ appears to his new disciples and says to them:

“My peace be with you!”

Instruction 154

1. The light of My Spirit illuminates you on this morning of grace.

2. My teachings and examples from the Second Era have not been understood by humanity, for instead of mutual love, I find discord among the peoples and strife between the various ideologies, sects, and religious communities. I have given you an example of humility, from the cradle to the moment I died on a cross among you. My life, My example, My teachings, and My sacrificial death have not been taken as a model by people.

3. That page in the Book of God was a teaching for all time; on it I left you everything I had to say to you then; I could not forget any of it. I announced to you that I would return to you, and here I am, fulfilling My promise. Yet I see your world in complete disarray; I see how people are trying to alter the face of the planet according to their beliefs and doctrines. But I come today, filled with love, to tell you: If you have not understood the teachings of the Second Era—here I am to help you understand them through My Word.

4. Listen: Once, Jesus came to the banks of the Jordan and there met John the Baptist, who was teaching his disciples and announcing to them the coming of the Kingdom of Heaven. When the forerunner of the Second Age beheld the radiant gaze of Jesus, the kindness of His countenance, and the divine majesty that Jesus radiated, he recognized the Messiah and bowed before Him. John, who had just been instructing his disciples and had heard about the teachings Jesus was imparting, had told them, “The Kingdom has drawn near to mankind,” and when he stood before the Savior, he recognized him at once and exclaimed, “Behold, this is the one for whom I am not worthy to untie the straps of his sandals.”

5. But since John was my prophet and my servant, his teachings were in harmony with mine, and his disciples were also mine.

6. On another occasion, when Jesus was near a village, he sent his disciples out to find food for their sustenance, and when they returned, they encountered John’s disciples, who were preaching at that very moment. When they arrived at the Master’s side, they said, “Lord, Lord, we met some men who are preaching a doctrine and performing miracles. Is this in accordance with your law?” Jesus said to them, “Why are you so troubled? Anyone who practices love for one’s neighbor is within the law.”

7. I tell you this today, disciples of the Third Era, so that you may not consider those whom you encounter on your path—and who sow love, mercy, and light—to be outside my law, no matter what the name of the teaching they follow may be.

8. In those days, I was not recognized by everyone as the divine Sower. To many, I was merely a Galilean preaching on earth. Only those who discovered the voice of the Deity in the words of Jesus recognized Him as the Son of the Most High.

9. The One who reveals Himself among you today is the same One who spoke to you in the Second Era. Yet what people saw back then can no longer be seen in the same way. That Master with a friendly countenance, a gentle gaze, and loving words comes today in the Spirit and speaks through a human being.

10. Whoever wishes to feel and see Me in this form of revelation, let his mind and heart become still.

11. Many of you have lost your peace of mind. Yet when¹ you saw the peace and trust of your brothers and sisters, you took refuge in them, in their faith and hope, longing to reach the safe harbor. In this way, you will help one another.

12. During this time, I will raise up a people who zealously follow My law, who love the truth and mercy. This people will be like a mirror in which others can see reflected the mistakes they have committed. It is not to be anyone's judge, but its virtues, deeds, and fulfillment of its (spiritual) duties are to touch the spirit of all those who cross its path, and they are to point out to everyone their errors that violate My Law.

13. Once this people has become strong and numerous, it will attract the attention of its neighbors, for the purity of its deeds and the sincerity of its worship will amaze people. Then people will ask themselves: "Who are these people who, without having a temple, know how to pray in such a way? Who has taught these multitudes to worship their God in prayer without feeling the need to erect altars for their worship? Where have these itinerant preachers and missionaries come from, who, like birds, neither sow nor reap nor spin, and yet continue to exist?"

14. And I will say to them: This poor and humble people, who nevertheless live with zeal according to My Law and are strong in the face of the world's passions, have not been trained by any human being. These multitudes, who take joy in doing good, who are enlightened by inspiration, and who bring the message of peace and a drop of healing balm to hearts, have not been instructed by teachers or clergy of any religious community on earth. For truly, I tell you, in this age there is not a single person on your world who is capable of teaching the worship of God in true spirituality. It is not in the splendor of rites or ceremonies, nor in wealth or earthly power, that the truth has its roots; for the truth, being

humble, seeks as its temple the pure, noble, sincere hearts that love sincerity. Where are those hearts?

15. A large portion of humanity calls itself “Christian” without even knowing what the word “Christ” means, nor being familiar with His teachings.

16. What have you made of My word, My example, and My teaching, which I once gave you?

17. Are you truly more evolved human beings than those of that era? Why do you not prove it through the works of your spirit? Do you perhaps think that this life is eternal, or do you perhaps believe that you need only develop through human science?

18. I taught you the true fulfillment of the Law so that you might transform this world into a great temple in which the true God is worshiped, where human life would be a constant offering of love to the Father, whom one should love in each of one’s neighbors and in this way pay tribute to one’s Creator and Master.

19. Yet today, now that I have returned to humanity—what do I find there? Lies and selfishness have replaced truth and love for one’s neighbor; pride and vanity—meekness and humility; idolatry, fanaticism, and ignorance—the light, inner elevation, and spiritualization; greed and desecration reign where only a zeal for duty and righteousness should exist; hatred and unbridled strife among brothers and sisters have replaced brotherhood, peace, and love.

20. But I will come to My temple to drive out the merchants from there, just as I did in the Second Era in the Temple of Jerusalem, and I will say to them once again: “Do not turn the house of the prayer into a marketplace.” I will teach people so that everyone may worship before the true altar, so that they may no longer be ensnared by error, nor go astray out of ignorance because of the false interpretations they give to My Law.

21. The Master tells you: “The spiritual” is the spirit, while the altar is the heart; prayer is the thought directed upward, and the offering is the good deeds you can perform.

22. If you feel that helpfulness and love for your fellow human beings constitute your true life—how could the world fail to understand that the heart is not merely an unfeeling organ, and that the spirit is more than the body? How could it fail to understand that inspiration is more valuable than the images humanity has created to represent the Divine, and that the good deeds through which you bear witness to My Law are more meritorious than the most precious earthly possessions?

23. Truly, I tell you, if you wish to preserve your faith and thus prevent your soul from perishing in this storm, you must build your temple in spiritual form. Let My Kingdom descend into your hearts; let no one fight against its light. Then, when the storm has passed, you will witness how the indestructible temple—invisible yet strong and great—will rise, its foundations laid in your hearts.

24. Behold how, at this very moment, the world is illuminated by the bright light that radiates from My Spirit. This light aids you in your progress and understanding, and through it you attain peace.

25. Light and love spring from the heart; peace is in the spirit like a reflection of eternity.

26. My Word is loving, yet you must not grow weary of it, for if you delight only in earthly pleasures, I will find your hearts empty. That is why I come to you often, to cause your heart to beat to a different rhythm when it comes into contact with the Divine, for you continually stray from the path of fulfilling your duties.

27. Why have there been and continue to be people who, after having come to know human science through the use of the abilities the Creator has granted them, use that very science to combat and reject divine science? — Because their vanity does not allow them to enter the Lord's treasury with humility and reverence, and they seek their goal and their throne in this world.

28. Among the sinners, I will choose those who are to serve Me in this time. My power will work within them, and I will transform them through My grace.

29. Be reconciled with your conscience so that you may obtain forgiveness from it, for as long as you believe yourselves to be prepared and yet do not listen to the inner voice that points out your faults to you, there will be no dialogue with Me, nor will idolatry be able to disappear completely.

30. At this time, I speak to you as a Father and as a Judge. But do not be afraid, for even in the Divine there is the love and tenderness of a mother whom you call Mary.

31. My beloved children, feel love for her. I hear the prayer that springs from your spirit to praise her, because you know that your lips are too clumsy for this, because you consider them impure and prefer to keep them closed.

32. Yet I ask you: Is there anyone who has not received a caress from the Heavenly Mother? Truly, I tell you, all without exception have received from her love.

33. Behold those who were once depraved and who are now scaling the heights of the mountain. You might be among the dregs of humanity today, yet soon, in this time of spiritual trials, through My grace and your merits of patience and acts of love, you too will rise above all misery. Do not forget that pain is the sculptor of the soul.

34. The soul and the physical body are in the process of forming a harmonious being that is conscious of its spiritual and human duties. You have been witnesses to the development of the teachings, and through your spiritual contemplation you have come to understand who is the Creator of all the beauty in your world, for your mind is no longer clouded.

35. You live in peace because you strive to be in harmony with your God, and peace is a treasure for the spirit in this world. One experiences it after having fulfilled all duties toward the Father.

36. Always strive to live in such a way that you may have this satisfaction, so that at the moment of your departure from this world to the next, your spirit will not be burdened by any earthly concern, nor by any pain arising from a failure to fulfill your duties.

37. You must not grow weary in acts of love, for you are showing them to yourselves. Speak with love of My teaching, and My Word will blossom in hearts.

38. I am training you and filling you with wisdom, for I have already told you that after 1950 you will no longer hear My Word through the human faculty of reason, and whoever does not make use of My teachings will feel his heart empty and will wander about as if dead. Why as if dead? — Because he will feel spiritually and morally powerless and will find no strength in his trials to overcome himself and perceive My divine caress.

39. Your task is to bring these brothers and sisters of yours back to life by turning them away from materialism and convincing them of the great grace that spiritualization holds within itself.

40. After 1950, I will continue to reveal Myself through the inspiration of each one of you. If you know how to prepare yourselves spiritually, I will perform miracles. I ask only that your faith be at least as great as that of a mustard seed; then you will see My Word come to fulfillment.

41. Speak and do good without fear of being the subject of gossip. You must reach out to your neighbor without making distinctions, for you do not know who suffers most inwardly. You will often see how your fellow human beings will rejoice when they listen to you, and they will give you clear signs of their gratitude.

42. Invite them tirelessly to follow the path of goodness, and once they are on that path, many of their sufferings will disappear.

43. Manna will descend upon the New Jerusalem.

44. I will ensure that freedom of religious belief and speech, as well as justice, prevail among you, so that when people of other nationalities stay among you, they may take with them a gift of love in their hearts upon their return, and an ideal of brotherhood and justice may be kindled within them.

45. After 1950, humanity awaits true peace. Yet I tell you: The deadly sickle must continue to cut down the weeds until the fields are pure and the ears of wheat shine.

46. You will see distinguished heads of state depart from this world—those who are obstacles to peace—and the nations that should oppose divine justice will vanish to make way for new peoples that will arise there.

47. Pray that you may already sow your seed of peace within them. Unite as one heart and one mind, and you will feel My presence very near.

48. Obey the commandment that I have left you across two eras: “Love one another.”

49. Just as the Promised Land was distributed to the people of Israel, so will the entire earth be distributed to humanity. This will happen when the time is right—after the purification. Since it is My will that this distribution take place, justice and equality will prevail in it, so that all people may work together on a single endeavor.

50. Today, the peoples eat the crumbs from the table of the powerful and the rulers, while the latter enrich themselves by hoarding the bread of their servants and those dependent on them. But even if the crumbs of the poor are hard, they are not as bitter as the food eaten by the great ones of the world.

51. Both groups are victims; therefore, it is necessary for Me to set you free, to break your chains. But it is equally necessary that the bondage and desolation caused by the plagues be intensified, for otherwise people would not be willing to follow the One who comes for your salvation. Do you remember the cup that Israel drank when it groaned in bondage in Egypt? Moses had to appear to bring them liberation. Do you also remember how the people were captive and humiliated in their own homeland, and what the situation was like for the other nations when the Messiah appeared on earth to show them the way to salvation?

52. Even in this age, it is necessary for people to experience deprivation, misery, oppression, injustice, hunger, and thirst before they are liberated, so that they may finally, in their longing for a different, better life, experience an inner awakening.

53. When humanity renounces its materialism and realizes how far it has strayed from My Law, it will say from the depths of its heart: “How foolish and foolish we humans have been, willingly giving ourselves over to our passions only to become their slaves.” Up there is the mountain from which the Father revealed His Law to you. Climb it along the path that I have shown you. The Promised Land keeps its gates open eternally, awaiting the multitudes of people to whom it bestows peace and blessings.

54. When a person has sunk into the depths of the abyss and, exhausted by struggle and suffering, no longer even has the strength to save himself, he will be amazed to discover that from the depths of his own weakness, despair, and disappointment springs an unknown power that originates from the Spirit. When he becomes aware that the hour of his deliverance has come, he will spread his wings and rise above the ruins of a world of vanity, selfishness, and lies, and say: “There is Jesus, the rejected One. He lives. In vain have we sought to kill him at every turn, day after day. He lives and is coming to save us and to bestow upon us all his love.”

55. This will be the hour when humanity recognizes that, in order to attain true spiritual greatness and a life of dignity on earth, there is no other law than that of its God—nor any other teaching than the one I gave you in the Word of Christ.

56. Get to the root of your conflicts, study the problems that trouble you, and then put My instructions and My principles into practice. Then you will realize how humanity can find in them the solution to all the problems that weigh upon it. But since you feel incapable of putting into practice the words and teaching examples that the Divine Master gives you, it will be necessary for pain—which is also a teacher—to come upon you, to convince you of many truths, to make you sensitive, and to bring you to submission.

57. You ask Me, “Does Your Word not have enough power to convince us of our errors, to save us, and thereby spare us from passing through the crucible of suffering?” But I tell you: My Word has more power than you could ever imagine. But if the one who hears Me were immediately transformed, without effort, simply by the fact that he has heard My Word—what merit would there be in that on your part?

58. It is necessary for the one who hears it to muster faith, will, effort, and love. Then he will have great merit, the reward or distinction of which will be to experience no suffering, because he has used My Law and My teaching as a weapon.

59. You multitudes who are listening to Me right now: Do you not feel the presence of My Law upon your spirit? Do you not feel that your heart beats as if newly enlivened when you hear My Word?

60. Pray that you may understand, and be vigilant so that you may put My teachings into practice, for in this bitter and difficult hour for humanity, you bear great responsibilities.

61. If, despite the great trials that assail you, you do not lose that trace of spiritual awareness that you have managed to attain, you will see true miracles come to pass along your path—miracles through which your Father encourages you on your difficult journey through life.

May My peace be with you!

Instruction 155

1. Many of the teachings I am giving you at this time seem new to you because they had fallen into oblivion. But now is the time when I am bringing them before you once again. I have prepared a vast field of work for you, to which I invite you to sow the seed of eternity that I am currently entrusting to you.

2. I am training my new disciples, who, through their faith and love for their neighbors, will gain ever greater power over the illnesses of the body and the soul—authority over the forces of nature and also over the spiritual world.

3. Understand that the times of ignorance are over. Now you live in times of understanding and comprehensive realization of My teaching. Can you imagine how far you would have come if you had practiced My teachings from the very beginning and obeyed My commandments? But you have slept for a long time and have also spent a long time satisfying the body through pleasures, and all of this has held you back on the path of spiritual development. Therefore, today, now that I have come to you with a new spiritual teaching, it seems strange to you and out of harmony with your way of thinking, feeling, and living. But you need only reflect on one of My revelations to recognize the truth of My Word. Then you will see that My teaching is not strange, but that your way of life is the one that is strange.

4. Come to My “land”; there I will remind you of everything you had forgotten. I will erase all that you are not meant to retain as spiritual seed, and I will reveal to you all that you have not yet seen. With a single step, I will snatch you from the stagnation into which you have sunk, and I will lead you into a new life—the one you should have lived from the very beginning.

5. Do you see how simple this Word is, blossoming on the lips of the messengers? Yet truly, I tell you, in all its simplicity and modesty of expression, it will lead people to understand that wisdom which they were unable to grasp through the sciences or with the help of theology.

6. The good disciples, the steadfast, the faithful will be the great explorers of this teaching. They, too, will be humble, but despite their simplicity, they will amaze their fellow human beings with the light of the Word.

7. My people shall not speak only with their lips, but shall preach My teachings through their deeds and thereby teach how to fulfill and honor My Law. They shall selflessly pass on what they have received from their

Lord. They shall demonstrate their zeal for the truth and the purity of the treasure entrusted to them.

8. Teach your fellow human beings through good, sincere, and generous deeds. Remember that you must purify your soul already here on earth so that, upon passing into the other world, it may be worthy to dwell there and may not be disturbed or led astray.

9. You possess the necessary strength to remove from your path everything that hinders your progress. You already know that the weapon that conquers all is love. Great will be the joy of the one who prevails in this human struggle and proves himself to be the victorious soldier after winning this battle.

10. Remember that it is I who have given you the weapons, and that I did not stop there, but that I have also taught you to fight in order to win the battles.

11. What, then, do you have to seek by other means, since I am currently giving you everything through the path of truth?

12. I have opened the minds of the untrained so that they may be refreshed by the interpretation of My words. I have opened the eyes of the “blind” to the light of truth so that they may purify themselves of their sins, since they feel loved by their Lord.

13. Was it not prophesied to you from the earliest times that the day would come when every eye would see the Father? Thus, the one who is pure will see Me, and this will be his reward; and the one whose heart is defiled will likewise see Me, and this will be his salvation. Whoever opens his eyes to my light penetrates the mystery and understands the “why.” He comes to know the beginning and the end. He *must* walk with a steady step into the future.

14. Interpret my teaching correctly; do not think that my Spirit can take pleasure in seeing your sufferings on earth, or that I come to take away everything that brings you joy so that I may delight in it. I come so that you may acknowledge and respect My laws, for they are worthy of your respect and attention, since they bring you bliss when you obey them.

15. I taught you to give to God what is God’s, and to the “emperor” what is the “emperor’s”; yet for the people of today, there is only the “emperor,” and they have nothing to offer their Lord. If you would at least allow the world to have only what is necessary, your sufferings would be less. But the “emperor,” whom you allow to dictate your every action, has imposed absurd laws upon you, has made you slaves, and takes your lives without giving you anything in return.

16. Consider how different My Law is, which binds neither the body nor the spirit. It merely persuades you lovingly and guides you with kindness. It gives you everything without self-interest or selfishness, and it rewards and compensates you for everything in due time.

17. Understand, disciples; study My lessons so that you may learn that I wish to form with you a people in whom the Father places His trust, for they will be prepared to fulfill great missions. A people that does not lose heart at the first call to arms, a people that knows how to face the one who calls himself its enemy, and that forgives him, loves him, and instructs him.

18. Thus, according to My will, you should be prepared for the day of My departure. You all know that 1950 is the date set by My Will, after which I will no longer reveal Myself through the vocal organ; and since My Word always comes to pass, this moment will bring My revelation to a close, marking for you the beginning of the Third Age.

19. Do not harbor the desire to change this date, nor attempt in any way to preserve the manifestation of My Word in its present form, nor that of the spiritual world. I tell you even now that those who should nevertheless do so will no longer be enlightened by the light of the Master.

20. But why should you commit such a desecration, since I have announced and also promised you that after this time you will converse with Me from spirit to spirit, even if you have not been voice-bearers?

21. I have also told you that those whom I have called and equipped to be prophets of this time will have the task of warning the multitudes and keeping them from falling asleep. To them I will reveal great teachings so that they may help you avoid falling into temptation.

22. I speak to you with the utmost clarity, even when I use a symbol, because I know that this way you can understand Me better. When I spoke to the crowds in the Second Era, I often did so through parables so that they might understand Me. But when I addressed only My disciples, I did so with words that were simple yet profound in their teaching.

23. Understand, then, that I speak through parables and use allegories so that the “last ones”—those with untrained minds or those whose spirits are still underdeveloped—may be able to grasp the full meaning of My teaching. When I give you revelations without using allegories, they are intended for those whose development and knowledge of spiritual teachings enable them to understand them better.

24. Many people will say in vain that this teaching is new, or that it has no connection to the divine revelations given to you in times past. I assure

you that everything I have told you in this age through human reason has its roots and foundations in what was already prophetically proclaimed to you in the First and Second Ages.

25. Yet the confusion of which I speak to you arises because those who interpreted those (earlier) revelations imposed *their* interpretations on people, and these were partly correct and partly erroneous. It also occurs because that spiritual light of My teachings was withheld from people and sometimes presented in a distorted form. Therefore, today, now that the time has come when My light is freeing you from the darkness of your ignorance, many people have denied that this can be the light of truth, since, in their opinion, it does not correspond to what I taught you earlier.

26. I assure you that none of My words will be lost, and that the people of this age will eventually come to know what I (in fact) told you in times past. When the world then comes to know Spiritualism, it will say, "Indeed, Jesus already said all of this!"

27. And truly, I had already told you everything (back then), even though regarding many of the revealed truths, I proclaimed to you only the fundamentals of them. I left them with you so that you might gradually come to understand them, for at that time, humanity was not yet capable of comprehending all that I am now revealing to you in its entirety.

28. On one occasion, Jesus was with a man well-versed in the Law, and in response to his questions, the Master gave him a revelation.* Then the man, astonished at what had never occurred to him, said, "Lord, but how can this be possible?" To which the Divine Master replied: "If you cannot believe the earthly things I tell you—how then could you believe the heavenly things?" But now is the time for you to understand me, because the developed human spirit can receive that intense light of the Deity which reveals, unveils, and explains everything—the light of the Holy Spirit, that is, the Spirit of Truth.

**On the Reincarnation of the Spirit with the Soul in the Nighttime Conversation with Nicodemus (John 3:1–21)*

29. Take heart, therefore, beloved people, for the teaching I have brought you in this time will be for you the bread of eternal life.

30. Even today I give you the teachings that you will only fully understand in the future, merely in a hinting form, for now you would not understand them, nor would many of you believe them. By this I wish to tell you that you have not yet reached the goal, the summit of spiritual knowledge, nor have My divine teachings reached their limit.

31. Be My disciples forever and ever; always guard My Word, which you must never attempt to alter. My Law and My teaching never contradict one another. In the Divine, all is order, harmony, and perfection, as you can see for yourselves from the material nature that surrounds you.

32. No one in the Second Era could resist the divine power that emanated from the words of Jesus. Whoever heard them was immediately convinced, overcome, and set straight. The sinner as well as the proud, the poor as well as the rich, the Pharisee as well as the scribe, the representative of God as well as the representative of the Emperor—all who believed in Him felt their spirits tremble in the face of the divine presence of the Son of God.

33. The reason for this was that Jesus' words were merely an explanation of His works, for the testimony to His existence was contained in the words of His teaching.

34. In the same way, Jesus taught his disciples by showing them that, for their words to be credible, they had to be supported by the example of their good works.

35. The Word of God, spoken by those disciples, must also have shaken those who heard it, for light shone from their eyes, and their words contained truths that could not be rejected. They, too, taught by their example, preached through their deeds, and, like their Master, sealed them with their blood. With their deaths, they confirmed the truth of the words they spoke to the world. That is why they won the hearts of the peoples and nations to whom they brought the seed of truth and love.

36. The masses, even nobles and pagans, surrendered in the face of the truth and sincerity of my teaching, which was practiced and preached purely and truthfully.

37. No one who has had the good fortune to receive My Word in his heart in its original purity has ever strayed from the path. But how wretched was the fate of those who received My Word mixed with human impurity! When they finally discovered those imperfections, they turned their backs on it and mocked what they had previously held to be absolute truth.

38. Behold those great nations of the earth, how they are ruled by selfishness, which is the denial of My teaching! Behold how they are immersed in materialism, living only for the world and turning a deaf ear to every spiritual call! I tell you, they, too, have come to know My teachings. But what was lacking was that those who passed on My seed should bear witness to that truth through their lives and through the example of their works—which is what they should have done, just as the

Lord's disciples did, and also as some others did who later worked in the same way and passed on the truth of the teaching at the cost of their lives.

39. How is it possible, you sometimes ask yourselves, that although this world was sown with the Word of the Redeemer and watered with His blood and that of those who followed Him, there are people and nations who have preserved nothing of that teaching?

40. In response, I tell you that in this age there has been a lack of apostles of the truth who, through their works of love, would point out the errors of humanity and bear witness to the truth contained in the divine teaching.

41. From the practice of My teaching—which teaches you only love, mercy, reverence, justice, and peace—people have turned to idolatrous worship, materialism, religious fanaticism, and desecration; and when humanity sensed in all this a deviation from the truth, it sought its liberation.

42. Today, many have not only turned away from following My teaching but have fought against it and are attempting to eradicate it completely from the hearts of people. They do not know that I am about to surprise them by using that Word which no one can resist—with that Voice which made kings and lords tremble and brought down thrones and world empires. But first, every plant that was not sown by Me must be uprooted so that My divine seed may once again fall upon prepared soil.

43. Disciples, take this entire lesson deeply to heart, so that you may be among those who watch and pray in the time of trial.

44. Nothing disturbs your peace at this moment; nothing disrupts your devotion, which has allowed you to attain inner elevation.

45. Whenever you receive the Master in this way, you will feel the sorrows that sometimes shroud your hearts as if in a mist fade away.

46. Great is My merciful love, for your sufferings, too, are great. But do not say that times have changed and that these times have brought you pain; for time itself does not change—it is people who change.

47. Your life has changed because of science, new laws, ideas, and customs. If your soul were always devoted to spiritualization, it would not be infected by the materialism that surrounds it; but it often allows itself to be swept away by the influences of the world. Yet at the height of materialism, My divine light comes to you, asking: "What changes have you observed in the nature that surrounds you? But look beyond material things—none!"* And you will recognize the spiritual and intellectual development of humankind.

**It should be noted that this was said in the first half of the 20th century. – Furthermore: The processes in nature follow the known—and perhaps even as yet unknown—laws of nature at all times without any deviations.*

48. The darkness that surrounds you is dense, yet the spirit needs freedom. My Word grants this freedom, which will perform the miracle of reconciling the spirit with the body, as it comes to understand that both are united by a single law. Then body and spirit will act in harmony with the conscience, which will reveal to you who you are and where you are going.

49. Your works will arise according to your way of thinking, and when your thinking is enlightened by the inspiration of the Spirit and the Spirit listens to the voice of conscience, your works will be perfect, for the Spirit is perfect by virtue of its origin.

50. I will always tell you: Make use of the pleasures that your world can offer you, but enjoy them within the bounds of My Law, and you will be perfect.

51. You hear the reproach of your conscience time and again, and this is because you have not brought your body and spirit into harmony with the law I have given.

52. Often you continue to sin because you believe you will not be forgiven. This is a mistaken belief, for My Heart is a door that remains open forever to those who repent.

53. Is there no hope left within you that encourages you to look forward to a better future? Do not let yourselves be overcome by melancholy and despair. Remember My love, which is always with you. Seek the answer to your doubts in Me, and you will soon feel enlightened by a new revelation. The light of faith and hope will shine deep within your spirit. Then you will be a shield for the weak.

54. Years of famine are coming upon you, but if you love one another as brothers and sisters, the miracle of the Early Days will occur once more, and manna will fall upon you.

55. I will loosen the tongues of people in this time so that they may recognize Me through a single language: the spiritual language, the language of love. Then the prophecy of Isaiah will be fulfilled, when he said: "Tongues will be set free, for tongues of fire will loosen them."

56. Give visible expression to My mercy; speak of My work; do not shy away from self-sacrifice. Make use of your weapons of love, mercy, generosity, and gentleness, and if you face the battle with faith and

courage, victory will soon be yours. But ponder My Word deeply, so that you do not feel that My teaching compels you to obey; for I merely invite you to listen to Me, and—once you have understood Me—let him who does so out of love, out of conviction, and of his own free will set out to fulfill his mission. My duty as a Father is always to show the way to the salvation of My children.

57. My beloved ones, recognize that in this simple instruction you have an opportunity to come to know your Father's love and to understand it. I, too, long for the simplicity and sincerity of your hearts so that I may reveal Myself to you in fullness.

58. Now, in this time of My revelation, I reveal Myself through all My spokespeople and give instructions and teachings through them. Who could dare to deny that I make Myself known through this one or that one? Who truly knows My real nature? Love and respect one another, so that your deeds may be counted as merit in Heaven. It is also My will that My Word be published in print, so that future generations may come to know it.

59. In order for you to be recognized by your fellow human beings, you must ensure that love always guides your actions. Be compassionate toward the suffering of others; use the authority I have given you to eliminate the harmful influences that undermine the health of your fellow human beings, and you will be recognized by them as people with spiritual power. Hear my **parable**:

60. "An old man was walking slowly and with great effort along a path. Soon he was overtaken by two young men who were hurrying along the same path and who said to him, 'Dear old man, is your destination still far away?' To which the old man replied, 'The destination is still far off; the path is still long, and one must walk it slowly so as not to grow weary. Although I am tired, I believe I will reach my destination with one last effort!'

61. After listening to him, the young men hurried on their way, forgetting the old man's words and making disparaging remarks about the confidence of that elderly traveler, who hoped to reach the end of the path even though, in their opinion, he was nearly collapsing.

62. The old man continued on his way, but those young men who had so quickly left him behind were later overcome by thirst, hunger, and fatigue, and eventually they collapsed from exhaustion. They were fast asleep when the old man caught up with them; he woke them and said kindly, "You young people have now experienced what exhaustion is in your youth. Do not walk this long path at a hurried pace. Let us walk at a

leisurely pace, and I assure you that we will arrive.’ But they replied, still half-asleep: ‘Let us turn back; we have exhausted ourselves to the utmost and cannot go on any further. You have a walking stick and can continue on; we have none.’

63. When the old man, who had not been understood, saw them lying there like that, he offered them a piece of bread to strengthen them, brought a little water to their lips, and quenched their thirst. He helped them to their feet, accompanied them on their journey, and kindled their faith until he had finally brought them to their destination.”

64. Reflect deeply and learn, beloved disciples, for you have the task of being guides to humanity.

My peace be with you!

Instruction 156

1. Welcome, disciples, who come to the Master in your quest for wisdom. Here I am once again among you, my children, because I see that you are disciples eager for instruction. You realize that you are not yet sufficiently prepared to convey My Word to your fellow human beings, and you hasten here to hear the One who knows all. Tomorrow you will be instructed and will become masters.

2. You ask for My grace so that you may understand My Word, and I grant it to you. But realize that at this time I am speaking to you with absolute clarity.

3. Take My Word and be nourished by it, for I wish to strengthen your spirit.

4. My teachings are always varied, yet they contain the same essence, the same love. I always begin by speaking to you with love, and I end by pouring out My mercy. My Law is encompassed by these two virtues. Draw strength and light from this source. This is My will, which I make known to you—not as a command, for the Master, who is infinite wisdom, asks you to understand and to fulfill your task through your own free will.

5. I have granted you free will and merely show you the path you should follow. And I will always tell you that this path is a path to perfection—a path whose end is not physical death, but one that continues beyond this life, which your soul will outlive.

6. I have told you that I promise you bliss in the hereafter, and that you will no longer defile yourselves with the filth and passions of the flesh once you have fulfilled your mission in this world,

7. You do not know how many more lifetimes you have left to live on this planet. If I deem it just that you reincarnate, you will have to take on a new earthly body, but with a more highly developed soul that will not resist the divine will. You will continue your work for the benefit of your fellow human beings. You will continue to evolve upward and perfect yourselves, full of trust and hope in My justice.

8. You will have to be strong to withstand dangers and temptations, and in light of your example and your demonstrations of spiritual strength, you will be called the Enlightened Ones and the Chosen Ones of the Lord. For the spiritual world of light will stand by you on your paths and watch over you at all times. By living together according to My will, you will bring about the fulfillment of My prophetic word.

9. Continue to work, even if your physical eyes do not see the fruit of your struggle. Perhaps you will behold it in spirit or in a new physical form.

10. This will be the work of tomorrow's humanity, in which everyone will act for the good of all, and the nations will strive for world peace.

11. In that time, the struggle between worldviews and creeds will begin. It will be a time of debates and discussions, in which the intellectuals of this world will put your knowledge to the test.

12. People will debate the various interpretations that have been given to My Word of the Second Era and to all that I have spoken through My enlightened ones. Then the veil will be lifted from many mysteries, and the hypocrisy of many will be overcome by the truth of My teaching.

13. It is My divine desire that people learn to understand one another beyond their doctrines and thus take a step toward spiritual unity.

14. Prepare yourselves for this time, and then with your simple and unadorned words you will convince the learned and the wise; for your spiritual elevation will suffice for Me to inspire you with My wisdom, which will flow inexhaustibly from your lips. Follow the path laid out by your Lord.

15. I see that you suffer because of the contempt the world shows you, and also because you have followed Me on a path of humility and love for your neighbor.

16. Do not weep for yourselves, for in reality your soul is being purified through this. Weep for those who still live devoted to the pleasures of the world and remain prisoners of the flesh. Do not think that I take delight in your sufferings, for that would mean denying your Father's virtue, which is love. Remember that I come to you precisely to shorten your days of tribulation and to ease your pain. I advise you to persevere in doing good, for it is better to suffer now because you are doing good than to suffer because you have done evil.

17. Through your sufferings, I will let you feel My peace—that divine grace which the powerful, despite all their riches, are unable to enjoy.

18. I have taught you to heal those who are sick in body and spirit. Whoever practices such a virtue and should find themselves feeling ill will feel the presence of the Supreme Healer at the head of their bed. Learn to sense My presence as well as that of the spiritual world, so that you may never feel abandoned; so that the orphan may not feel defenseless, the widow may not feel alone or helpless; so that the man left alone or the abandoned woman may not feel a void in their souls; and so that those who have not experienced love on earth may perceive in their hearts the love of their Heavenly Father.

19. Love your neighbors, serve them, and devote at least a portion of your time to them, for in this way you will enable your spirit to fulfill its

purpose. Then you will be able to take the teachings of your Divine Master as a model in your lives—He who, forgetting His sufferings and bitterness, devoted Himself solely to the task of blessing others and imparting the comfort of His teachings wherever He went.

20. People: Now that I am with you in this form, tremble with joy when you hear my word.

21. Rejoice, you who are poor and have never possessed anything, you who are sick, you who are humbled and have hungered and thirsted for righteousness, you who are sorrowful and oppressed. Fill your hearts with hope, for truly, I tell you, this hope will not be disappointed. Understand that the hour of judgment has come, and that all who have endured their atonement with patience, who have emptied their cup of suffering with meekness, and who have lovingly borne their trials, will receive their reward.

22. Revelations, knowledge, bread, opportunities for work, and healing balm—all this and more was given to those who of My return.

23. Disciples, multiply yourselves so that My peace and My light may spread throughout the entire world. My message is not addressed to specific, favored beings; it is directed to all My children. Blessed are those who receive it, and all who await it.

24. You are still like little children when it comes to the Father's teachings, and therefore you do not yet live in harmony with the perfection of spiritual life. You have not yet attained the fullness of true life; to assist you, it was necessary for your Lord to come down to help you, so that with His assistance you may come to know all that you do not know, all that you have not understood, and all that you have forgotten.

25. Christ is and should be your example; that is why I became human at that time. What was the revelation that Jesus brought to humanity?—His infinite love, His divine wisdom, His boundless mercy, and His power.

26. I told you: Take Me as your example, and you will do the same works that I do. Since I came as a Master, you should understand that this was not done to give you impossible teachings, or ones that lie beyond human comprehension.

27. Understand, then: When you perform works similar to those Jesus taught you, you will have attained the fullness of life of which I spoke to you earlier.

28. How many people believe they possess spiritual greatness because of the knowledge they have acquired, yet to me they are nothing more than children who have stagnated on their path of development. For they

must bear in mind that it is not merely the unfolding of their intellect through which they can attain the ascent of their spirit, but it must occur through the development of their entire being, and there are many gifts within human beings that must be developed in order to achieve perfection.

29. That is why I—as one of My laws of love and justice—established the reincarnation of the soul, to grant it a longer path that offers it all the necessary opportunities to achieve its perfection. — Every earthly existence is a brief lesson, for otherwise a person’s opportunities to fulfill My entire Law would be too few. But it is essential that you recognize the purpose of this life so that you may grasp its meaning and attain its harmony, which is the foundation of human perfection—so that you may progress to a higher plane of existence until you reach spiritual life, where I have so many lessons in store for you that I must still teach you, and so many revelations that I still have to give.

30. Never have all human beings here on earth lived at the same spiritual level. Alongside people of great spiritual elevation lived others who were less advanced. I must point out to you that the present time will not be the only one in which people of very high spiritual standing can appear.

31. At all times, even in distant eras of human history, you have had examples of people of high spiritual attainment. How could you explain to yourselves that there were already people with developed spirits in the earliest times, if they had not gone through successive reincarnations that helped them evolve upward?

32. The reason for this is that the spirit does not come into being at the same time as the physical body, nor does the beginning of the human race coincide with that of the spirit. Truly, I tell you, there is not a single spirit who has come into the world without having first existed in the beyond. Who among you can measure or know the time he has lived in other spheres before coming to live on this earth?

33. In other worlds, spirits likewise enjoy free will; they sin and go astray, or they remain steadfast in goodness and thereby achieve spiritual advancement, just as you do on Earth. Yet when the predetermined time arrives, those destined to live in this world descend to it to fulfill a noble mission, and others to fulfill their duty of atonement. But depending on how they choose to view this Earth, it will appear to some as a paradise and to others as a hell. Therefore, when they come to understand their Father’s mercy, they see only a wonderful life, filled with blessings and

lessons for the spirit—a path that brings them closer to the Promised Land.

34. Some leave this world with the desire to return, while others do so with the fear of having to return. The reason for this is that your human nature has not yet been able to comprehend the harmony in which you are to live with the Lord.

35. I have already revealed to you that My people are scattered across the entire earth; that is to say, the spiritual seed is sown throughout the globe.

36. Today you are divided and even disregard one another over trifles. Yet when materialistic teachings threaten to overwhelm you all, then all of you who think and feel with the Spirit will finally become one. When that time comes, I will give you a sign so that you may recognize one another—something that you can all see and hear in the same way. When you then bear witness to one another, you will be amazed and say, “It is the Lord who has visited us.”

37. Understand that your spiritual brothers and sisters not only dwell in this nation, but that they also reside among other peoples, in other regions, and in nations. Know that you must prepare yourselves to attain the utmost purity in your lives, so that you may bear a true testimony of all that you have heard and received here. I touch every soul so that, when the hour comes, they may give you a faithful and complete testimony of all that they, in turn, have received, and so that they may be prepared to listen to you with love.

38. It will not be human powers that move this people on earth when it unites. Spiritually, it will be one, without seeking a city of its own, nor will there be a spiritual government ruling the world.

39. A higher light will guide it and inspire it amidst diverse ideologies, doctrines, movements, religions, creeds, and sects, and then humanity—which until now has lived immersed in the deepest materialism—will be astonished when it beholds the appearance of this enlightened people.

40. In times past, My people did not perform any deeds that brought them closer to perfect communion with their Creator; rather, they fell into desecration and disobedience. Nevertheless, I did not destroy them, for My justice rooted in love sought to preserve them and multiply them on earth, so that they might purify themselves of their past transgressions and then, with greater spiritual light, carry out the mission entrusted to them from the very beginning. This mission consists of bringing the divine message to their brothers and sisters, serving as spiritual pioneers for

other peoples, and teaching through their works and example how to observe and follow the Father's divine law.

41. Understand that I sent you into the world as a blessing for humanity. Pray and stay vigilant so that you may be prepared for that hour when you will all be united in spirit, in thought, and in your deeds, even if you are physically far apart. Only through spiritualization will you be able to fight and defeat the dragon of materialism, which advances step by step, devouring peoples and sowing pain and misery.

42. At this time, I say to you: Blessed are you who have been chosen to receive Me and hear My Word during this time. I have prepared you, and My light has flooded your spirit. Through this you will be strong, and even if great trials should come upon you, you will not allow yourselves to be defeated. Once you are in your spiritual homeland, you will realize how great a privilege was bestowed upon you, and you will feel happy.

43. When you first heard My Word, you felt that it was I who was speaking to you; and reflecting on your deeds, you realized that you were not pure, that you needed to make yourselves worthy, and you began a new life, growing more perfect each day. Yet how difficult it is for you to remain steadfast in this resolve. You often make sacrifices without My having asked you to, and you soon grow weary. I tell you, it pleases Me when you walk the path with patience. How can you hope to perfect yourselves in a short time when the work you have undertaken is so great?

44. You love Me, and this is your foundation. You show Me your faith, and even then, when trials befall you, you say to Me: "Master, I am always prevented from fulfilling Your laws. The unbelief of my loved ones causes me to grow weak; temptation constantly approaches me to bring me down, and I myself have broken my resolution!" But I tell you, you must act in the midst of this struggle; those obstacles you encounter are tests of your faith, and through them the soul is purified more and more. Have confidence in yourselves, understand that you have My Spirit within you, and that you are prepared to take part in this great battle.

45. You are still barely taking your first steps, and even though I have called some to be church leaders and others to be "voices," you must *all* work on yourselves to come to know your mission and be able to carry it out. Yet I do not overlook your merits: You have given My cause first place in your hearts, and your greatest desire is to follow Me. I, your Father, have instructed you, have guided you, and have opened My heart so that you may recognize My love and My mercy within it.

46. My patience knows no bounds. I have granted you three ages and countless reincarnations so that you may attain your spiritual elevation, and even now I speak to you, paying no heed to human unbelief and materialism. You are in the third epoch of spiritual revelations, and if you know how to make use of your spiritual gifts, you will recognize the power of your spirit and come to realize that I have always wanted to make you into ever higher beings, capable of accomplishing great works. I have provided everything so that you may allow yourselves to be governed by My Law of Love and observe it. At the right hand of every “worker” stands a guardian angel, and when these beings communicate with you, they have revealed to you their humility and obedience. They have accompanied you on your life’s journey and have endured the hardships of the path alongside you. Listen to them, for in their words full of light you will find the explanation of My revelations. After the year 1950, you will remember the example of these virtuous beings, who will not be far from you but will continue to inspire your spirit and protect humanity.

47. Train yourselves so that you do not attribute any imperfection to My Word. Recognize its (spiritual) content. If the medium through whom I speak is not prepared, if his spirit does not attentively receive My dictations, the words that come from his lips will not reflect My perfection. Therefore, delve into the true meaning of the Word, and you will understand what I intended to express. Do not attribute imperfection to Me; understand that I am your God, that I am perfect.

48. Rise up with zeal and defend My cause. Correct with love and justice whatever you find in the actions of the “workers” that is outside the law.

49. From your sowing, I accept that which contains truth and purity, and that which has not yet come to maturity, I leave in your hands so that you may continue to nurture and correct it.

50. But come to Me, My children; I welcome you. You are like weary travelers who have wandered along various paths, and now, after great trials and disappointments, you seek My blessing and My assistance. You have blessed Me upon your arrival and thanked Me because you have found a place of rest, and the Master says to you: I fill you with grace, and it is My will that you gain new strength, that you be filled with courage; for after you have listened raptly to My teachings, you must prepare yourselves to face a struggle that is coming upon all people, and especially upon the people of Israel. Remember that you are part of that people whose responsibilities have always been very great. Among you are the prophets, the interpreters of my Word, and the wise.

51. You were created perfect. Your spirit has been enlightened so that you may recognize the glory of My creation, so that, as you study its spiritual essence, you may understand that you are like Me, and, with knowledge of its material nature, you may make use of it, for it was created by Me to be a humble servant to humankind. When will you be ready to recognize and master it ? When will you be worthy enough to command a force of nature to remain as it is or to change for the benefit of your fellow human beings? Although they obey laws enacted with justice and love, you have authority, and I have told you that when you become spiritual, you can, in My name, put a stop to diseases, the mercilessness of the weather, the harshness of misfortunes, and sin. You can do all this if you have faith. The time will come when every spirit will be shaken and every mind will awaken; and when it seeks the source from which light and perfection flow, it will find Me.

52. An age of renewal is approaching. You, My disciples, shall lay the foundations for the emergence of a new world. You shall work as the hosts of good—the angels—work, who, out of love for you, strive to achieve the spiritual ascent of humanity.

53. Love is the most powerful force through which humanity can achieve its renewal.

54. In the Second Era, many doubted Me; they could not believe that the humble man in the midst of the multitudes of the needy, the sick, and the sinners was the Master, the Word of the Father. And when they saw My acts of kindness and My works of love and forgiveness, they said, “Is He a sorcerer or a prophet?” When that woman who had committed adultery came into my presence, they wanted to put me to the test and said to me, “Judge this woman who has sinned; she is corrupt and does not deserve to be among us. Drive her away, for she is not worthy to hear Your teachings, nor to share Your bread.” I said to them, “You know this woman’s guilt; you all believe she is sinful. But let the one who is pure, free from all sin, cast the first stone.” I touched the consciences of those who accused her, and soon they realized that their guilt was very great—greater than that of the woman. Ashamed, they withdrew, and the one who had been accused and condemned by that crowd asked me for forgiveness, acknowledged her shame, and her repentance was so great that she felt purified and love was kindled in her heart. Then I lifted her up and said to her, “I forgive you; go, and sin no more.”

55. Whenever, then, you feel tormented by the burden of guilt and feel remorse, you should purify yourselves through prayer and good deeds. Come to Me, regain your peace, and do not sin again. But I also say this to

you: Why do you judge the transgressions of others without compassion and fail to look within yourselves? I forgive you even before you commit a transgression, yet how few repentant women have I found on my path. But I announce to you once again that sin will disappear.

56. The earth will be pure. People will once again listen to the voice of their conscience. I invite you to dwell with Me, and this is the only way to come to Me.

57. Whenever you keep watch and pray, you will be free from suffering and temptation. Use the time I give you to perform works that prove your faith as disciples. The world will approach you and will be amazed when it recognizes your peace, and will say: "How is it possible that this people enjoys inner peace, while the nations have become a blazing fire of hatred?" The Master will answer them: "I find this people purified and worthy, yet I have come down to all. Everyone who seeks Me will find Me, and I will be so close to them that they will feel Me in their own hearts."

May My peace be with you!

Instruction 157

1. People of Israel, you reveal your heart to me. I want you to love me as your Father. My Spirit longs for your love. The world has forgotten Me, and when it seeks Me, it does so through imperfect forms of worship; and since it has no proof of My presence, it loses its faith and becomes unbelieving. If you were to tell someone that I am speaking to the people of Israel at this very moment, they would not believe it, would demand proof from Me, and would be like Thomas. Yet I have told you, "Blessed are those who believe without seeing."

2. The temple that I have prepared for Myself is within the spirit of man himself, as I have always taught you.

3. Study My revelations and remember that I have come to you once more because you did not know how to come to Me. Although you had the Law, My Word, and the prophecies, you did not understand your purpose and did not fulfill your mission. If you had grasped them correctly, you would be expecting the events that herald this new age.

4. I have come to give you My instruction, just as I did in the Second Era. Many will not recognize Me; only those who spiritualize themselves will clearly discern this message. You who hear Me, have compassion for humanity, which has not discovered My path, and prepare yourselves to teach, and become Masters. With what joy will you see the faith and knowledge of My teaching grow in your students.

5. Many hearts will come to Me. Those filled with pride will come humbly. Others will arrive guided by their conscience, weighing their deeds and filled with great remorse. I await them to prepare them, so that their spirit may be like a pure spring and My Word like crystal-clear water that quenches their thirst.

6. Elijah was sent to prepare those who were to receive this light. He took humanity by surprise, as they were caught in a deep sleep and deaf to all that is spiritual. Only a few were prepared to receive the message. What bliss there was in those children when they saw My promise fulfilled! And what love there was in My Spirit for all people! The years have passed, and my Word, full of life-giving power, has poured down to nourish the hearts. Others will awaken later, when this manifestation has passed. Yet they shall not lament this, for a time of greatest grace is coming for all, in which you will strive to converse with Me without physical intermediaries.

7. Scientists will be afflicted by Me. Many strange diseases will arise, and they will not know how to cure them; they will be unable to alleviate the pain. Only those who turn inward spiritually will possess the ability to

heal. There will be clergy who, filled with a desire to become spiritual, will join the "People of Israel." Many who have been "first" will be "last." Of many institutions and churches that have not been founded on the foundations of love, not one stone will be left upon another. I am currently clearing the fields, and I do not want weeds to grow alongside the wheat.

8. Visit the homes, tend to the sick, stand by those who suffer in prisons and places of atonement, comfort everyone, go forth in My name, and exercise your spiritual gifts.

9. Take the spiritual world as your model; emulate its patience and its love for humanity, and its struggle for the well-being of you all.

10. Many who once loved the world deeply but later heeded Me recognized their errors and felt a growing desire within themselves to purify themselves. They go through an inner struggle, and afterward they ask Me, "Lord, is it necessary to deny the 'flesh' and the world in order for our spirit to be set free?" To this I reply: "The merit does not lie in denying the 'flesh,' but in attaining harmony between the spirit and the body, which serves as its vessel." But how can this harmony be attained if the spirit does not first allow itself to be guided by its conscience?

11. Do you think that I have set your body against your spirit as an enemy? "No," you answer Me. But that is how they have always behaved—like enemies. The two have always been at constant war with one another—the "flesh," because it favors the world with its false finery, and the spirit, because it feels the desire to free itself and attain a higher degree of perfection.

12. Only My teachings, which are the explanation of the Law, will be able to bring you harmony and inner reconciliation of your being. Believe Me: Once you have won this battle, the entire path will become easy for you.

13. You should understand this as follows: The "flesh" is the ship; the Spirit is the helmsman. How could it be right for the ship to steer the helmsman as it pleases?

14. This lack of harmony within human beings has given rise to the great storms, in which, in the majority of cases, the spirit was the one defeated. But when the "flesh" has finally become submissive through the persuasive power and the confidence with which the spirit moves toward its great goal, and accepts without resistance the task that falls to it, no longer withholding from the soul what is rightfully hers, then harmony will be achieved between the two natures that make up the human being. You will attain this elevation when body and soul walk together on the path of

spiritual development, which the love and wisdom of their Creator point out to them through their conscience. The “flesh,” then, by virtue of its obedience, compliance, and meekness toward the commands of the spirit, will crucify itself on the cross of sacrifice and self-denial, so that its spirit may receive the exaltation and joy of having attained its place in eternal life.

15. Free will is the highest expression, the most perfect gift of freedom granted to human beings on their life’s journey, so that their perseverance in goodness—which they have attained through the counsel of conscience and through the trials they have endured in the struggle—may lead them to the Father’s bosom. Yet free will has been replaced by licentiousness; the conscience is ignored; people listen only to the demands of the world, and spiritualization has been replaced by materialism.

16. In the face of such great confusion and such straying, My teaching will seem absurd to the people of this age. Yet I tell you that it is the true instruction needed to enable people to free themselves from the lethargy into which they have fallen.

17. Pilgrims of the earth, lay down your staff and your knapsack, and rest from your long journey. Sit here with Me, eat of My bread, and speak with your Master. Let your spirit come to Me in perfect communion.

18. You are the same people who have followed Me in other times in the desire to perfect your souls, yet now you ask Me in surprise, “Why have You returned to us?” And I answer you: It is written that the spirit of My children will live at the right hand of their Lord for all eternity. But in order for you to reach Me, it is necessary that you learn and earn merits by following your Master.

19. I have sown my seed within you at all times, yet how few are those who have loved me. I have revealed My power through emissaries, through chosen ones from among a great multitude of spiritual beings—beginning with righteous Abel, who was a model of humility; Joseph, the son of Jacob, who was anointed with wisdom and holiness; and John the Baptist, who lived only to bear witness to Me, without making use of anything from the world that would have harmed his body or his soul. And just as these were pure in spirit, there are so many others whom you know, whose work grows over the years and takes on immense proportions. Yet so much evidence and so many calls that you have let fade away in infinity have not been enough for you, because you did not wish to recognize in My messengers the reflection of My divinity.

20. You have asked for the presence of your Lord, to be very close to Him and to hear His voice speaking in your own language, and it was

granted to you so that you might attain the salvation of your souls. Yet although I was so close to you and I spoke to My people, you did not follow Me and forced Me to return to you.

21. My teaching of the Second Era is written in the book of your conscience. I taught you to love and receive the tenderness and affection of Mary. I was happy to feel the warmth of her motherly womb and also to enjoy the nourishment her bosom offered me. I was able to be joyful with her and also shared her hardships and the toil of the day's work. I received the caress of the rays of the King of the Stars and enjoyed the sight of the mountains, the fields, and the sea, and upon all I bestowed My blessings. I blessed the grain fields, the waters, and everything that provides food for humankind.

22. I extended a hand of friendship, rejoicing in the innocence of little children, the grace and noble character of young men, and the purity of heart of young women. It filled me with satisfaction to observe the selflessness and willingness to sacrifice of mothers and the energy of men. I lived in the world for thirty-three years so that humankind might directly witness the perfection and example of their Lord, whom they could observe up close in order to learn to take Me as their constant model. I taught you to love God and to obey His laws. I told you how you should love your parents, your siblings, and your children; I spoke to you about the love between spouses; I showed you the proper way of working, mutual respect, and helpfulness; and I invited you to live in perfect communion with the Father and also in harmony with nature.

23. Nevertheless—many were called, but few were chosen. There were twelve to whom I bestowed the fullness of my wisdom. I made them responsible for the Second Testament, for the teachings—almost all of which were given in a figurative sense—and for my countless parables; and all of this was forever imprinted on the human spirit, so that neither time nor the vicissitudes of fate could erase it.

24. I gave those creatures courage so that nothing would intimidate them in the struggle that awaited them, and so that they might stand up to the scribes and rise above human knowledge. I said to my disciples: "I leave you behind as shepherds of the people, that flock which is scattered today and which must be united in a single fold." I also said to them, "Build the temple"; yet when I said this to them, I did not mean temples built of stone; I spoke to them of the Spirit, which is the fitting 'place' to establish a dwelling for your Lord. Human beings cannot even imagine My temple, for it is formed by the universe with all its creatures, and within it lies the true altar, the offering, and the light.

25. The hearts of My disciples were prepared; the vessel was pure inside and out and full of goodness, faith, and hope. Thus they set out to bring the Good News to humanity. When they spoke to their fellow human beings after My departure, they told them: "All of you can receive the Lord; His Word contains the blood and body of the Master."

26. Thus they spoke, and I guided them step by step. They knew how to teach and to confirm all their words with deeds. Wherever they were, they were within the temple—whether in the desert, in their homeland, or in the various lands their feet trod. Their mouths were like a spring of crystal-clear and refreshing water that purified the peoples.

27. Like Jesus, they wore neither crown, nor scepter, nor purple robe; they were humble. I told them: "Be humble; be the 'last' wherever you go. Give your fellow human beings everything you have received from Me, conceal nothing, and ensure that My seed multiplies and reaches all hearts."

28. My disciples always respected human life; they never dared to take my place as judge. They knew to leave a matter—whether just or unjust—to me, for only I could resolve it correctly. They did not ask people why they sinned, and toward all they showed compassion and mercy.

29. Now, in the Third Era, as My people approach the end of My revelation, I am equipping new disciples. Everything has unfolded according to My will. I am currently building the indestructible temple within the spirits of My children.

30. Do not present any further symbols to Me, and do not depict Me in physical form any longer. Simply listen to and follow My inspirations. This will be sufficient to achieve your spiritualization.

31. In this era, you have heard My voice in the same way that I made you hear it in the First Era, when I caused the spirit of mankind to tremble.

32. Now I no longer give you My instruction through Jesus, My incarnate Word. I have spoken to you through human beings, for now you are more highly developed and can understand Me and convey My Word.

33. The end of this revelation is already near, so that it may then be resumed in a higher form through the beginning of the spirit-to-spirit dialogue with your Creator, which the higher spiritual beings who dwell with Me employ.

34. Do not fear the day of My departure, for I will never be far from you. After My Ascension in the Second Era, I appeared to My disciples, limited to the form of Jesus, to offer them comfort. Today you do not know how many days you will not feel My presence, but at the end of that time you will see Me again and will sense that I am inspiring you, and that

new words are flowing into your minds. I ask of you only unity—a single “(church) body” and a single will—so that in this way you may be worthy to reach your goal. On this day (of farewell), the twelve tribes of the chosen people will be present; the twelve Apostles will also accompany you, so that you may be encouraged by their example. For, like them, I am leaving you behind like sheep among hungry wolves. Yet I will be with you in your persecution, in prison, and in every moment when you need Me.

35. I will protect My seed.

36. You must still make great efforts so that, when I see that love, purity, and simplicity reign among My people, I may leave you behind as masters of humanity. If they ask you for instruction, give it to them; if they silence you, remain silent in humility. Always sow along your path, as I have taught you.

37. Love your fellow human beings, so that you may lay the foundations of peace and harmony among them.

38. People, when will you bear fruit? Much time has already passed since I began teaching you, and still the apostles whom people so desperately need for their spiritual awakening have not yet arisen.

39. The time you have left to hear Me is short, and it is essential that you learn My lessons so that it may be easier for you to bear witness to them.

40. Remember: Once My Word to you has ceased, it will depend on your example and your deeds whether many of those hearts that did not have the good fortune to hear Me during this proclamation will awaken to the faith and turn to My work.

41. As an example of these words, I cite the conversion of Saul, later called Paul, who devoted his body and spirit entirely to the service of his Lord.

42. Paul was not among the twelve apostles; he did not eat at My table, nor did he follow Me on My journeys to hear My teachings. Rather, he did not believe in Me, nor did he look kindly upon those who followed Me. In his heart lay the idea of destroying the seed I had entrusted to my disciples, which was just beginning to spread. But Paul did not know that he was one of Mine. He knew that the Messiah had to come, and he believed in that. Yet he could not imagine that the humble Jesus was to be the promised Savior. His heart was full of the pride of the world, and therefore he had not sensed the presence of his Lord.

43. Saul had rebelled against his Savior. He persecuted my disciples as well as the people who turned to them to hear my message from the lips of those apostles. And so I surprised him while he was in the midst of

persecuting my own. I touched him in the most sensitive part of his heart, and immediately he recognized Me, because his spirit was awaiting Me. That is why he heard My voice.

44. It was My will that this widely known man should be converted in this way, so that the world might witness, in all his ways, those surprising works that were to serve as an incentive to faith and understanding.

45. Why go into further detail about the life of this man, who from that moment on dedicated his life to love for his neighbors, inspired by love for his Master and His divine teachings?

46. Paul was one of the greatest apostles of My Word; his testimony was always imbued with love, sincerity, truthfulness, and light. His former materialism was transformed into a very high level of spirituality; his harshness into infinite gentleness; and thus the persecutor of My apostles became the most zealous sower of My Word, the tireless itinerant preacher who brought the divine message of his Lord—for whom he lived and to whom he dedicated his life—to various nations, provinces, and villages.

47. Here, beloved people, you have a beautiful example of conversion and proof that even those who have not yet heard Me can become great apostles of Mine.

48. Today I say to you: Where is My people? Where are those who are wise in trials, courageous in battles, and steadfast in struggles? They are scattered throughout the world. Yet I will rouse them to set out with My voice and unite them spiritually, so that they may lead all nations. But I tell you that today it will be composed of people of all races who will understand the nature of the covenant I expect from all people.

49. This people shall be courageous and combative, yet it shall have neither fratricidal weapons nor chariots of war, nor shall it intone songs of destruction. Its banner shall be peace, its sword the truth, and its shield love.

50. No one will be able to discover where this people is: it is everywhere. Its enemies will try to destroy it, but they will not be able to, for nowhere will they find it united in a physical sense, since its unity, its order, and its harmony will be spiritual.

51. Just as a Moses once set it free, led it along parched and desolate paths, and guided it through the midst of hostile hordes that surrounded it until he had brought it to the gates of the Promised Land, so today an Elijah—who, though invisible, yet perceptible and present, call the people to battle and show them paths of light, to bring them with firm and sure steps to the thresholds of the homeland that I hold ready for your spirit.

52. The spiritual law that serves as his guide and direction is the same one that I engraved in stone and that was revealed to you on Mount Sinai. The spiritual bread that sustains him is the same as that contained in the Word given to you through Jesus. The light that gives him hope and courage never to stray again from the path of truth will be the inspiration that descends in this age from infinity to reveal to the human spirit all that was unknown to it.

53. Everyone who shows progress in the abilities I have granted him, as well as in spiritual gifts; who, moreover, is a tireless seeker of truth, or who loves spiritualization—truly, I tell you, he will be one of the soldiers of this people and will hear the call of his Lord when He summons him to battle, just as when He calls him to peace.

54. Does this image seem to you to be nothing more than a beautiful dream?

55. When Moses addressed the people of Israel in Egypt and announced to them the blessings of the Promised Land, the people doubted, for they had grown accustomed to being chained to the yoke of bondage and the sufferings of slavery; therefore, it seemed impossible to them that there could be a land of freedom and prosperity awaiting them. Nevertheless, that people set out on their journey and drew ever closer to that land, which at first had seemed to them only a beautiful dream, until they finally attained the fruit of their perseverance and faithfulness.

56. Do not imagine Me wearing a crown and holding a scepter; no, rather, see Me as humble and simple.

57. I want you to absorb the essence of My Word, which is nourishment for every soul. In it you will find the bread of life, the wine of spiritual joy, and the fruit of true love.

58. It is necessary that, as you dine with Me at this table of love and spiritualization, you learn to speak with Me and to hear Me. For this manifestation, which you are currently witnessing, is only temporary, and it is essential that you learn to converse with Me spiritually, so that when you no longer hear My voice in this form, you will not feel abandoned, alone, or orphaned.

59. Take heart during this time while you have My revelation. But never push from your consciousness the day—which has been set according to My will—on which you will receive My Word for the last time.

60. I tell you this: Because for those who have become too accustomed to My revelation, the day when they can no longer hear Me is “death,” and they will then be tempted to seek, through unauthorized means, a

revelation that might somewhat fill the emptiness of their hearts. Yet My light will not be there.

61. You must understand even now that if this revelation had no set end, you would never be able to take a step forward, for you would have no interest in studying My Word, nor in striving for spiritual communion. Why do this if you could hear this Word day after day and receive this comfort every time you asked for it? But when the teaching is complete and the message has been delivered, everything will be different. If you then wish to feel Me near, you must reflect on all that your memory has preserved, and if you wish to feel strong, you must devote yourselves to a true spiritual duty, in which you become sowers of peace, light, healing balm, and acts of love.

62. For your sake, the time during which you hear Me through the human faculty of reason shall be brief, for you are so childlike and fragile that after only a short time of hearing Me, you begin to grow accustomed to My presence in this form. You no longer feel that stirring of the heart that gripped you in the early days, and you experience less and less of that joy, that bliss, when you listen to Me—a feeling of happiness that even robbed you of sleep on many nights at the thought that you would hear Me and in the longing for the day and the moment to return when you would hear that voice, which at times seemed impossible for you to hear.

63. “Is it really true,” you have asked yourselves in your hearts, “that I can hear the voice of my Lord? Am I truly worthy to be present through this wondrous word of revelation from my Creator? O Master, what great delight have You bestowed upon our spirit by letting us hear Your fatherly voice, Your Word as Master, Your Divine Word!” You never grew weary of listening to Me, and you did not want to miss a single word, striving to follow all My instructions. But time passed, and hearing Me became a habit for you; and since you no longer made an effort to delve deeper, My Word began to weary you, for you found it monotonous—“always the same, always identical”— — without realizing that it was you who no longer came prepared as in the early days, when you approached me devoutly and filled with awe, wonder, faith, love, and humility.

64. I can tell you that there has not been a single heart for which, after listening to Me for some time, My Word and My revelations have not become something mundane; therefore, I tell you once again that, due to your human immaturity and weakness, you are unable to remain steadfast in spiritualization for a long time, and it is better that I limit the duration of My revelation for your sake. For if I did not do so, you would all eventually

lose all respect for something that has been a grace which your Master
has now granted you in fulfillment of a promise of the Second Era.

My peace be with you!

Instruction 158

1. May the Divine Light of My Spirit be among you.
2. Welcome, beloved disciples, who, like obedient sheep, rush to answer the call of the Good Shepherd. If any of you should dare to break away from the flock after having already entered the fold, I will leave the rest in good care to go in search of the one that is lost. For it is not My will that (even) a single one of My sheep should be lost.
3. I watch over you all, giving my peace to your hearts and light to your minds, so that you may follow the right path. But if you ever stray from it and forget the One who gave everything to save you—the One with whom you have lived and in whose warmth you have found comfort—truly, I tell you: My helping love will follow you wherever you go, and my voice will call to you ceaselessly through your conscience. You cannot go astray. I have clearly proclaimed to you the law you are to follow. You cannot deceive yourselves, for you have a conscience that rightly judges each of your actions, telling you what is permitted and what is not. Know this: If you do not heed its counsel, your deeds will accuse you. I tell you once more: Know yourselves, so that you may know your fellow human beings.
4. Prepare yourselves so that you may be strong, for my new apostles must not be weak, nor collapse after taking only a few steps along the path. They must have sufficient fortitude to prove that, through their example, their words, and their way of thinking, they can inspire trust in people and guide them.
5. You all have the abilities to be true leaders of hearts and souls in the future, and you will even be able to free the disembodied beings who live in a troubled state of soul from their darkness by leading them to the light.
6. This task is difficult, yet I make it understandable to you through every messenger.
7. If anyone strays from the path due to a lack of understanding of My work, I will call him anew to make him realize that whoever has made a covenant with God must not take any steps backward on his path of development. I speak to your spirit, for whom everything was shrouded in darkness before it recognized Me. Yet since the Father revealed Himself on its path, it has become convinced of the care and love of the Divine Spirit, who has limited Himself to three time periods—three distinct yet perfect phases of revelation—in order to make Himself understandable to the human spirit.
8. Some wish to seek the truth by other means. To them I say: If you have a valid reason to seek, then do so, but seek correctly. Others feel that

they are in the Father's family, without whose presence they could no longer live.

9. No one will be able to protect you as I do; no one will lift you up again with such love when you have fallen on the path. I am the only One who illuminates the path of life for you. Come to Me, O My beloved ones, just as I come to you—with inner elevation, love, and sincerity. Let all your actions be imbued with spirituality, and you will experience overwhelming bliss.

10. Years of trial will come, yet in the midst of them you must fulfill your mission. This task will consist of standing by your suffering fellow human beings while forgetting yourselves in the process.

11. Do not be offended if your nation is regarded by others as second-rate. Show that you are all equal in the eyes of My love and under My law. May your spirit be reflected unclouded in your works, and may your mind be a source of instruction and enlightenment regarding the errors of people in their various ideologies.

12. I want you to reflect on everything I have told you, so that you may keep this teaching in your memory and be strengthened by it on your path.

13. I do not show you any other path at this time, and I can say to you, as I did in the Second Era in the Temple of Solomon: "I have not come to abolish the Law, but to fulfill it." For I saw that the teachers of the Law did not understand it, and therefore they misinterpreted My Word.

14. I, the "Word," became flesh in Jesus to teach people a doctrine of love and justice that sprang from the Law which had been handed down to humanity by the Father in times past. And the teaching of spiritualization, which I am revealing to you in this age, is meant to show you how to follow the teaching of Christ, so that the spirit may ascend to the heights of knowledge and spiritual truth.

15. Humanity is spiritually divided into religions, sects, doctrines, and ideologies. Yet I will prove the power of My Word by uniting them, although I have already told you that the world will be purified and souls will tremble like the forests in the gusts of a hurricane before this happens. Be vigilant, for although you are unknown and unassuming, you possess the light— —with which you can free from darkness those who grope about in it like the blind, by showing them a bright horizon and a better future.

16. Be no longer mere custodians of traditions and fanciful rites. Put My Word into practice with a pure heart, for I have told you that it will be the

spiritual bond that unites peoples and races, because My Word of love is universal law.

17. Out of love for you, and so that you may understand to what extent I make you worthy of Me, I reveal Myself through your intellectual faculties. But the time will come when this form of revelation will no longer be necessary, and then the power of your inner elevation will bring your spirit close to the Father, so that you may hear His “divine concert,” which will first tell you: “Love one another.”

18. Today I say to you: “Come to Me, and you will find peace.” I have provided these places of gathering here so that they may be like trees that give you shade and under which you hear My Word. In the Second Era, you heard Me in the valleys, on the banks of the rivers, and on the mountain heights. In the temple of nature, you were inspired and experienced communion with Me. Today you should likewise seek out those places, and there, far from the world that sins and denies Me, you will feel the pure atmosphere imbued with life force, where everything speaks of Me. When your spirit is then free and unburdened, it will unite with the Father in perfect communion.

19. Many souls seek Me in various religions, sects, and philosophies, and they have asked Me for guidance to find the true, shortest path. Yet they do not know that I reveal Myself in this nation, in this form familiar to you. I lead you all to the light, for My love knows no races or nations. You who hear Me—work on yourselves, transform yourselves, so that you may be My instruments in the work of love, peace, and the spiritual evolution of the spirit.

20. From you shall come forth the prophetic word, the word that heals and comforts. Do you wish to serve humanity? The fundamental laws I have given you are love for the One who created you and love for one another. All virtues have their origin in love for God and for one’s neighbor.

21. You have all come forth from Me, endowed with equal gifts. I have not favored some over others. Every spirit possesses the abilities and gifts to achieve its own elevation.

22. Be strong, accept your atonement, and participate in the work of the Third Era so that you may witness the establishment of My Kingdom within the human spirit. Ascend so that you may live in worlds higher than this one, where there is no suffering, until you have perfected yourselves and come to Me. Even though this earthly world offers so many pleasures and holds beauty and grace—think of the spiritual life that awaits you, and draw near to it even today. I will grant you, from this earthly valley, a

glimpse through visions of that wonderful life full of peace, love, and harmony.

23. I tell you once again that all of humanity will be saved in Me. That blood shed on Golgotha is life for every spirit. Yet it is not the blood itself—since it fell into the dust of the earth—but the Divine Love symbolized in it. Whenever I speak to you of My blood, you now know what it is and what significance it holds.

24. Many people have shed their blood in the service of their Lord and out of love for their brothers, yet this did not embody *Divine* Love, but only spiritual, human love.

25. The blood of Jesus, however, embodies Divine Love, for there is no blemish whatsoever in it. There was never any sin in the Master, and He gave you His blood down to the last drop to make you understand that God is everything to His creatures, that He gives Himself to them completely, without reservation, because He loves them infinitely.

26. When the dust of the earth absorbed that fluid which was life within the Master's body, it was so that you might understand that my teaching, through divine irrigation with its love, wisdom, and justice, was meant to make human life fruitful.

27. The world—unbelieving and skeptical of the Master's words and examples—opposes my teaching and says that, although Jesus shed his blood to save humanity from sin, the world was not saved; that it sins more every day, even though it is more advanced.

28. "Where is the power of that blood of redemption?" people ask themselves, while those who should be explaining the true fundamental principles of my teaching are unable to provide satisfactory answers to the questions of those who hunger for light and thirst for knowledge of the truth.

29. I tell you that in this time, the questions of those who do not know have more depth and greater substance than the answers and explanations of those who claim to know the truth. Yet I have come again to speak to you, and here is My word for those who believe that that blood actually brought about the salvation of sinners from divine justice—all those who were lost and condemned to severe torment. I tell you: If the Father, who knows all things, had believed that people would not gradually make use of and understand the entire teaching that Jesus gave them in his words and deeds—truly, he would never have sent him; for the Creator has never done anything useless—nothing that is not destined to bear fruit. But when He sent Him to be born among humanity, to grow up, to suffer, and to die, it was because He knew that the Master's radiant

and fruitful life, through His works, would chart an indelible path, an indestructible trail, so that all His children might find the path that would lead them to true love and, through obedience to His teachings, to the heavenly home where their Creator awaits them.

30. He also knew that that blood, which bears witness to purity and infinite love and was shed down to the very last drop, would teach people to fulfill, with faith in their Creator, the task that will lift them up to the Promised Land, where they can offer Me the fulfillment of their task and then say: "Lord, it is finished."

31. Now I can tell you that it was not the hour when My blood was shed on the cross that marked the hour of humanity's redemption. My blood remained present here in the world—alive, fresh—and, with the bloody trail of My Passion, marked the path to your atonement, which will enable you to attain the homeland your Father has promised you.

32. I have told you: I am the Source of Life; come and cleanse yourselves of your stains, so that you may go free and whole to your Father and Creator.

33. My source consists of love; it is inexhaustible and boundless. This is what My blood, shed at that time, seeks to tell you. It sealed My Word; it confirmed My teaching.

34. Even in the wilderness, although I entrusted My law to My people, I gave them a symbol: the manna.

35. In this age, you have a different kind of manna; it is not the same as the one that physically nourished the people. You, too, have My blood, though it is not the one that flowed from the wounds of Jesus.

36. I am in the Spirit, and you hear Me now as a spiritual Being. You nourish yourselves with My Word, which is the bread of eternal life, and you purify yourselves by putting My teachings into practice. Understand now that, in order to attain the salvation of your souls, you must likewise contribute your share, which is love and a willingness to help your fellow human beings.

37. I have given you My blood; receive it in the proper manner. If the mere fact that I have given it to you were enough to attain salvation—truly, I tell you, then no one would sin anymore, and the earth would no longer be necessary for the atonement of sins, for then all people would already be dwelling in the Kingdom of Heaven.

38. I want you to make yourselves worthy, through your own merits, to come to the Lord, for as conscious beings you deserve the infinite grace, the unspeakable happiness, of having come into the Father's bosom—

because you have loved Him, and because you have also loved His creatures, who are your brothers and sisters.

39. Your merits are founded upon Mine. They will mark out the path for you, leading you to the highest heights of the Spirit, to where there is light, peace, and true life.

40. Here is the Master who sheds light upon your understanding with His divine teachings, for you are in the age of light.

41. You hasten to answer My call and show obedience to My Law, for you have realized that by practicing it you can stand before your Lord. It is the universal Law of Love that humanity will come to know and live by. It will transform the face of the world by turning those of loose morals into people of high moral character.

42. I make use of sinners Myself and employ their will for renewal to provide the world with role models. Do not be surprised that I reveal Myself through the sinner, for I do not look upon his sin, but upon his longing for salvation.

43. When you consider that I am present even in the smallest beings of nature—how could I deny you or separate Myself from you simply because you have imperfections, when it is precisely then that you need Me the most?

44. I am life and am in all things; therefore, nothing can die. Reflect deeply so that you do not remain bound to the form of expression “.” Calm your senses and discover Me at the core of the word.

45. I want you to recognize the abilities of the spirit even now, while you are still incarnate, so that you may understand how to love Me and your worship of God may be worthy of Me. In this way, you will feel Me within you and outside of you.

46. There are many teachings, religions, and sects. All strive to seek Me, yet I tell you: The path by which all could find Me is the one on which the fewest seek Me—the path of love, which signifies truth, helpfulness, and spiritual ascent.

47. I am using fewer and fewer symbols and parables, for it is time for you to understand Me through this simple and plain word. It is not yet the light of your faith that illuminates your path, even though it should be so. It is the enlightenment brought by My revelations and mysteries that enables you to distinguish good from evil. But the light of faith will yet be kindled within you and allow you to see with clarity. Remember that I have said that you must save many of your fellow human beings. Do not fear the future; I am the future, and in it you will likewise find Me.

48. Who could understand and alleviate the sufferings of your fellow human beings better than you, since these sufferings are the very same ones you brought before Me and from which you are currently being purified? I will leave you behind, prepared to be a comfort to sorrowful hearts.

49. Consider how I have helped you to understand and carry out the difficult mission that you have received from your Father from all eternity.

50. Do not be afraid, for if you believe in Me and trust in Me, you will prevail. Remember that man who approached Me in the Second Era and said to Me, “Lord, I believe in You, and I ask You to restore my father’s health, for he is dying. I know that if You say so, he will be healed.” When the Master saw such great faith in that man, He said to him, “Go, and when you arrive home, your father will come out to meet you, restored to health.” And so it came to pass.

51. This is how your faith should be according to My will; yet when you experience the miracle, you should turn once more to the Father to thank Him.

52. You know neither peace nor true love, yet I want you to come to know my peace and carry my love in your hearts.

53. All of you who desire a better life, all of you who live in torment because of the confusion reigning in the world—unite in prayer so that, little by little, you may bring My peace to the earth. Try to put My teaching into practice so that My Word may make you feel how love is beginning to enter your hearts anew. Prepare yourselves for the coming of my Kingdom among you; be messengers and pioneers of my peace.

54. Evil—which is the sum total of all human sins, vices, and ignorance—has long reigned over humanity. Yet it is My will that they themselves now destroy this power. In this, I will stand by them, handing them My sword so that they may defeat evil with it. This power will be utterly destroyed; its influence will be rejected by all hearts; its voices will not be heeded, and its whisperings will no longer be followed. The soul will free itself and rise above sin; the body will finally submit and rein in its passions.

55. Experience, conviction, the light of knowledge, and equanimity—as the fruits of humanity’s spiritual development—will become the fertile soil upon which My seed falls.

56. I will then reign, but it will be in your hearts. The peace of the nations will be entrusted to you, and I will inspire you from infinity. Racial differences will gradually disappear. The difficulties that have been considered insurmountable until now will ultimately be overcome by

reason. Justice and sound judgment will be reflected in human endeavors, and every person will live vigilantly so that world peace is not disturbed.

57. Bitterness and pain will leave an indelible memory in souls, and this pain, this memory, will be like a specter that people will fear, just as they have feared death until now.

58. But humanity desires even more trials, and these will come. From these tribulations, many hearts will emerge purified and many souls set free. The war of ideas, which you have not yet endured, *must* break out and spread, so that those who are asleep may awaken and those who remain stagnant may leave their well-worn paths and advance on the path to atonement. My name and my word will be used as weapons, and with them, people will hurt one another. Yet I tell you that it will be neither my name nor my word that hurts or “kills,” but rather the intentions with which people use them.

59. Ultimately, you will all be overcome by My teaching, by My love, for from My Word will flow the light that the world needs to believe, to know, and to be saved.

60. Work on yourselves, for the responsibility of those who have received My Word in this time is very great.

61. Everything that is happening among you at this time seems strange to you: men and women feel their dormant spiritual gifts awakening; they hear voices from the beyond, have spiritual visions and prophetic dreams, tremble under the influence of unknown forces, feel their once-sluggish minds clearing, and are able to grasp profound lessons. Those who are usually taciturn bask in the light of inspiration; those who were possessed free themselves from their burden and discover that they possess the gift of communicating with the spiritual world. The voice of the Lord is heard by those who are most prepared; others perform miracles among the sick, restoring their health through divine mercy.

62. In the face of all these miracles, there was jubilation among all these multitudes who had believed themselves abandoned by My helping love, and suddenly they discovered that their spirit was full of gifts. Long ago it was announced to you through the mouth of a prophet that this time would come.

63. The time that Joel foretold has come. But I must point out to you that those spiritual gifts which you have now seen welling up from within your being were not given to you only now. Since the beginning of your spirit's existence, they have undergone a transformation together with you, and now, in this time, I have sent you to Earth to reap the fruits of your development.

64. The Spirit of Elijah came to usher in this era by touching the human mind—a door through which My light would later pour forth as the Word—with the ray of light that is within him, in order to give humanity detailed instruction and to leave My Word as a testament and a path into a new era.

65. Elijah was the first to make himself heard through the human voice to announce to you the nearness of My spiritual presence among you , and he will remain your spiritual shepherd even after My revelation has ended. Elijah must continue to guide you, for you are not able to understand everything I teach you on your own.

66. Elijah will restore the teaching I have given you since the earliest times to its true meaning. He will enlighten you so that you may find the true interpretation of My revelations. He will touch every spirit and every heart to awaken them to the light of this new dawn. He will also purify you of all the blemishes and errors that you have mixed into the spiritual gifts manifested through you. For you must not think that you have acted perfectly, or that all your work was in accordance with the truth.

67. I have indicated to you the year 1950 as the end of this form of revelation through the human intellect. But it will not mark the end of the unfolding of the various gifts you possess; on the contrary, thereafter, in the absence of My Word, your spirit will seek My light, My presence, and My inspiration; it will strive to attain them and thus perfect itself more and more each day.

68. Bear witness to Me through your abilities by using them to practice virtue, for spiritual progress, and to bring peace to your fellow human beings. Be vigilant, for a moment of weakness, a rash step, or a trial that causes you to stumble can lead you astray from the right path, from the narrow path of truth, and cause you to stray onto paths of only apparent light that take you farther and farther from the fulfillment of your duty.

May My peace be with you!

Instruction 159

1. O great multitude, your spirit is filled with joy because you have been granted the grace to behold the dawn of the new era, which was foretold to you through the prophets and through the Lord, your God. Pay attention to everything that happens in the world, for I do not reveal Myself only to you.

2. I have afflicted people with their materialism so that they might become aware of the times in which they live and recognize many of the events as divine signs—events they had viewed with indifference because they attributed them to other causes.

3. In times past, there were eras when the people of God knew how to interpret spiritually everything that happened around them, for they were the people who lived by My Law, who loved Me, and who led a simple and virtuous life. The strings of their hearts were still sensitive, just as their spirits were. That people lived in constant spiritual dialogue with their Lord. They heard the humanized voice of their Creator and were able to receive messages from the spiritual world—from those beings they called angels. And in the silence of the night, in the peace of their hearts, and through the gift of dreams, they received messages, instructions, and prophecies, which they believed and obeyed.

4. God was not only on their lips; He also dwelt in their hearts. For them, the Law was not merely something written down, but it was lived out by the people. It was only natural that their existence was full of wonders that you no longer experience today.

5. These are the exemplary lessons—worthy of being taken as models—that those people recorded through their lives, and which are meant to be the path and the seed for the generations that came after them.

6. Understand this: If those people, by virtue of their simplicity and (inner) elevation, were able to sense the spiritual around them, it is only natural that the materialism and lack of faith among the people *of this* age have now distanced them from those revelations. Yet I tell you that enough is enough of the pitiful, barren, and wretched life that this humanity is living; that I have therefore come to you, to knock at the hearts of those who sleep, to restore sight to the blind who are unable to see the truth, and to touch the hidden strings of people's hearts to make them receptive to My presence.

7. Do you believe that this scientific and materialistic world hardly feels any inclination toward spiritualization anymore? I tell you that there is nothing difficult about this, for My power is unlimited. Inner elevation,

faith, light, and goodness are a more compelling necessity for the soul than eating, drinking, and sleeping are for your body.

8. Even if the gifts, abilities, and qualities of the spirit have lain dormant for a long time, they will awaken at My call and bring about the return of spirituality to humanity with all its wonders and revelations, which will be greater than those of past times, for now you are better able to understand them.

9. I must tell the people of this age and of ages to come that they should not expect to see the same signs or manifestations that the people of the First Age saw, for you must understand that you now live in a new age, that you have journeyed far enough and developed enough to perceive, understand, and feel in a completely different way. Therefore, do not ask for outward signs that merely impress your senses, in order to base your faith on them. I have prepared for you an infinite number of signs, revelations, and miracles that you will perceive more with your spiritual vision than with that of your physical body.

10. Study and explore what history tells you, but realize that today is a different time, that you are living in a different age, and that just as your spirit has developed more than in those days, so too the form in which I give you My teachings today is not the same, even though their meaning is the same and eternally valid.

11. On this day, when you have awaited your Master with a prayer, I truly descend into your hearts. Receive Me there, people, for I receive you in My fatherly Spirit.

12. I find peace in your soul and harmony in your feelings. Your being radiates this peace, and this inner readiness invites My Spirit to descend in its divine radiance. Keep all your faculties ready so that you may fully grasp My teaching.

13. I am not speaking to you at this moment of the physical senses, but of those of the spirit, which have long been within you, yet which you have not understood, for you accept only the outward forms and reject the spiritual essence.

14. You are drawing near to eternal life, and I tell you: You are still immature, for the inclinations of your flesh are not yet in harmony with your spirit. Yet I have given you strength and courage so that through meditation and prayer you may overcome your instincts.

15. My Word, conveyed through the voice, has become ever clearer, deeper, and more perfect, and it causes hardened hearts to become humble and noble.

16. Who has not experienced his “Golgotha,” and who has not suffered in life? — No one, for you all bear a cross in following Christ. I see you living in devotion and obedience, without rebelling against the natural laws or the forces of nature, and when I saw that you had not broken these laws, I said to you: You are worthy of the Father and the Master, and you have now understood that it is not through the sacrifice of the earthly body that you are to honor the Creator, for you have understood the proper way to glorify Him with the Spirit, so that you are no longer pagans.

17. You live on earth and must make use of the elements of nature in order to live. Yet since all are subject to one law, you shall make use of them only within the bounds of that law. In this way, you give to the Spirit what is His and to your body what is appropriate for it. I forbid you nothing, for nothing contradicts My divine decrees; yet use everything in moderation.

18. If you know the Father’s law, you have nothing to fear, for you will know how to make use of what is rightfully yours within my law.

19. Fulfill what My Word commands you, for I will make of you a people of peace and progress, because you are the people I seek. You are Israel, within whom is Levi, whom I have purified so that he may serve Me in this time.

20. In the First Era, the Father anointed Levi so that from him might emerge the servants of divine worship, and they might become the bearers of My inspiration and My Law. That is why you see that I Myself seek My servants among the newcomers—those who must go to other nations to fulfill My mission. This will happen after 1950, for My work will be recognized worldwide.

21. Today you are still students eager for knowledge, because you realize that you cannot yet consider yourselves masters; and so you hasten to hear the Word of the One who knows all things.

22. Prepare your spirit, your heart, and your mind, and you will eventually become masters and take joy in your students.

23. I receive your prayer, in which you ask Me to grant you My grace so that you may understand My Word.

24. Behold, I do not always speak to you in parables; I do so with complete clarity so that you may understand.

25. Nourish and strengthen your spirit with my teaching so that it may develop.

26. The Master’s teaching always begins in the same way, for it contains the same love. It begins with love and ends with mercy—two words in

which my entire teaching is contained. It is these lofty sentiments that give the spirit the strength to reach the realms of light and truth.

27. Recognize how I gradually lead you to understand and fulfill My will—not as a command, for I, as infinite wisdom, know that the will to obey My law will arise from within you when I inspire and awaken you to love. My love enlightens you and leaves you free. My caring love merely shows you the path to perfection that you are to follow. The path of which I so often speak to you is the one that leads beyond physical death; for you must always be prepared for this moment of transition. Does not your intuition or your spirit tell you that there is something that survives the earthly body, and that this something is the spirit? I have always taught you this path and prepared you to pass through this crossroads, so that when your spirit passes from the transitory life of the world to the spiritual homeland, where eternal life is found, it will not be surprised or disturbed by the face of infinity.

28. Your task is simply to fulfill your destiny here; then, for the faithful fulfillment of your tasks and duties, I promise you a blissful existence in the spiritual life. When this happens, you will no longer defile yourselves in the mire of this world's evils. Your spirit will no longer be darkened by the base passions of the earthly body.

29. Truly, I tell you: In order for you to attain complete purity, your soul will still have to undergo a great deal of purification, both in this world and in the spiritual realm.

30. As often as is necessary for you, you will have to return to this planet, and the more often you let the opportunities your Father grants you go to waste, the more you will delay your final entry into true life and prolong your stay in the Valley of Tears.

31. During every earthly existence, every soul must demonstrate the progress and fruits of its development by taking a firm step forward each time.

32. Be aware that the only good that benefits your own well-being is that which is done out of true love and compassion for others—and done selflessly.

33. When a soul becomes obedient and devoted to the will of its Lord, it is because it trusts in Him. It does not resist leaving an earthly body and returning to the Hereafter, for it does not fear its judgment, nor does it resist returning to earth, where dangers and temptations await, for it knows that it will emerge purer from this refining crucible.

34. Whoever overcomes the temptations that come upon him from without and from within will be regarded by others as one enlightened

and chosen by the Lord. Furthermore, he will have at his side a spiritual being or an angel of light who will watch over him, and together they will work until My will is fulfilled.

35. Therefore, do not be concerned if your eyes do not see the fulfillment of these prophecies in this life. I will grant your spirit not only to see the fruit it has sown in times past—whether long or short ago—but even to reap it.

36. The time of disputes is coming, in which people will display their intelligence and eloquence, which lead them to boasting and vanity. Once again, My Word of the Second Era will be put up for discussion, and the various interpretations that have been given to it will also be debated. Truly, I tell you, from this whirlwind the light will break forth, many veils will be torn away, and hypocrisy will be brought down by the truth.

37. It is My divine desire that people attain unity in their concepts and forms of spiritual worship, for I have something in store for them when this happens.

38. Study My teachings, make them your own, and live by them, so that you have nothing to fear from the world's wise men, the scientists, and the scribes.

39. Pray that infinite wisdom may flow from your lips.

40. People, are you afraid to come into My presence and encounter Me as a Judge? Truly, I tell you, even as a Judge I am perfect, which is why you have nothing to fear from Me in terms of injustice.

41. It is enough to recall the case of the adulterous woman whom her judges had already condemned. She was spared because of the words of Christ, the very One who is speaking to you at this moment.

42. I cannot pass judgment on you that is heavier than the weight of your transgressions. Therefore, I tell you that you have nothing to fear from Me, but from yourselves.

43. I alone know the gravity, the magnitude, and the significance of your transgressions. People are constantly swayed by outward appearances, for they are unable to see into the hearts of their neighbors. I, on the other hand, look into hearts and can tell you that people have come to Me who have accused themselves of serious transgressions and who were full of remorse because they had offended Me, yet I found them pure. In contrast, others have come and told Me that they have never done anything evil to anyone, yet I knew they were lying. For although their hands have not been stained with the blood of their neighbor, the blood of their victims—whose lives they had ordered to be taken—has poured down upon their souls. They are the ones who cast stones while

hiding their hands. When I have uttered the words “coward,” “false,” or “traitor” in My teaching, their very being has trembled, and often they have walked away from My lesson because they felt a gaze resting upon them that judged them.

44. Because human justice is imperfect, your prisons are full of victims, and the places of execution have been stained with the blood of the innocent. Alas, how many criminals do I see enjoying freedom and respect in the world, and for how many depraved individuals have you erected monuments to honor their memory!

45. If only you could see these beings once they dwell in the spiritual world and the light dawns within their souls! Instead of senseless and futile tributes, you would send them a prayer to comfort them in their deep remorse.

46. I have come to establish a kingdom of peace among humankind, and although this elicits only a smile from some, I will continue until I have proven to you the power of love and justice—forces you do not know because you have made very little use of them.

47. It will not be upon ruins or corpses that I establish this kingdom; it will be upon fertile fields made fruitful by experience and fertilized by pain. There my seed will blossom, and there you will see my justice shine forth.

48. The people of this age have the task of renewing and purifying their earthly bodies so that they may leave a good legacy to those who come after them; for as for the souls who must incarnate in those times, I have already prepared and chosen them.

49. Understand your destiny, people. Ponder this word so that you may recognize your task. I do not want you to take on more than truly belongs to you, nor to do less than what I have entrusted to you, for then your work will not be lasting.

50. Some of you say to Me in your hearts: “Master, why do You sometimes hold us responsible for the peace of humanity in Your Word?” But I tell you that it will not be you who save the human race in this time, for it is a superhuman task. Nevertheless, you are the beginning of a new way of life, the beginning of a spiritually oriented humanity, and this beginning will certainly contribute to the salvation and liberation of the peoples and nations.

51. I must tell you once again that the community of faith you are forming around My revelations is not a community that the Father, in His love, places above the other communities on earth. The Lord has turned His gaze upon it only because He has formed it from souls who have

always been in the world whenever a new divine revelation has come down. They are the spiritual children of that people of Israel, the people of prophets, messengers, seers, and patriarchs.

52. Who could receive Me better than they in this time, comprehend the new form of My revelation, and bear witness to the fulfillment of My promises?

53. I tell you this because only I could reveal it to you. For it is written that only the Lamb can open the book of the seven seals. I let you know this so that you may understand the responsibility you are once again assuming toward the other peoples of the world, for whom you are to be like a mirror reflecting My law.

54. For this people here, only one God has existed, and they know that Christ was the “Word” through whom the Father spoke to humankind. Neither Moses nor Abraham, neither Solomon nor Elijah—none of the prophets was regarded by them as a deity. How many messengers of the Lord, on the other hand, have been deified among other peoples, causing them to forget or fail to recognize the true God!

55. When I speak of my “people of Israel,” of the “people of the Lord,” I mean those who brought a spiritual mission with them to Earth—those who made my Law known, who proclaimed me, who were faithful to me; those who proclaimed the existence of the living God, who sowed the seed of love, and who were able to recognize in the Son the presence and the Word of the Father. These are the ones who form the people of God; this is Israel—the strong, the faithful, the wise Israel. This is My legion of soldiers who are faithful to the Law and to the truth.

56. Those who persecuted my prophets, who tore the hearts of my messengers; those who turned their backs on the true God to bow down before idols; those who denied Me, mocked Me, and demanded My blood and My life—they did not belong to the chosen people, even though they called themselves Israelites by race; they did not belong to the people of the prophets, to the company of the enlightened, or to the faithful soldiers. For “Israel” is a spiritual name that has been misused to denote a race.

57. You should also know that anyone who desires to belong to my people can achieve this through their love, their mercy, their zeal, and their obedience to the law.

58. My people do not possess any specific countries or cities in the world; my people are not a single race, but are represented in all races, among all people. This group of people here, who hear my word and receive the new revelations, is only a part of my people. Another part is

scattered across the earth, and yet another—the largest part—lives in the spiritual world.

59. This is my people—those who know me and love me, who obey me and follow me.

60. One hundred forty-four thousand chosen ones lead the way before the people. Some are in the flesh, and others are in the spirit. They are followed by great legions, both of spiritual beings and of human beings, who seek to attain the light so that they may rightly call themselves “children of the people of Israel.”

61. The children of this people have always provided evidence that they have power over the forces of nature. Their journey through the world left a trail of great miracles that filled the people of those times with amazement. Israel shall continue to demonstrate this power to the world, for it testifies to the superiority of the spirit over matter.

62. If some of your fellow human beings demonstrate to you the power of their occult sciences, do not be afraid or astonished, for I have taught you greater miracles. Nor should you judge anyone harshly, for every people has sought the truth about spiritual life according to its capacity and faith.

63. I speak to you about everything so that you may know all things and nothing may take you by surprise. I give you My instruction in detail so that you do not stray into fields of knowledge that you call occult, into secretive practices, or into silent and useless brooding.

64. Spiritualization is clarity, is simplicity, is a turning toward love, and is the struggle to attain the perfection of the soul.

65. When this people sets out and spreads among humanity, teaching through words and deeds, it will be opposed by churches, sects, and the sciences. Some will attack one aspect, while others will oppose certain ideas. By then, the people of God must already be strong, and faith and knowledge must be a ripe fruit in their hearts.

66. Which of the children of this people will be among those who carry this seed to the ends of the earth? You do not know, but I reveal to you this much: *you* are the beginning of the sowing in this time.

67. The disciple John spoke much on *your behalf*. His inspirations are a light for your path, answers to your questions, and subjects for your study. In his Revelation, he saw the spiritual battle of this age, whose fratricidal wars are but a faint reflection of the great battle being waged in the spiritual realm and (spiritually) in this world.

68. Man is blind to the truth of what is happening, and he needs this revelation to recognize the cause of the struggle and the chaos that reigns

in the world. He also needs spiritualization to have weapons for his defense in the midst of the battle.

69. Blessed are those who believe in My Word and prepare themselves, for they will be saved. But woe to those who listen to My warnings with indifference, for they will be swept away by the whirlwind in utter helplessness!

70. Heaven and earth would pass away before My Word failed to come to pass. You see—this time was foretold to you many centuries ago, and it came to pass because I had foretold it.

71. You must pray, multitudes of people, for prayer will pave the way for those who will later set out as sowers. Know that at the very moment of your communion with Me, My light descends from infinity like the dew of grace upon those for whom you pray.

72. Understand your mission, so that each of you may be a worthy child of Israel, the people of God.

73. I am preparing you so that you may emulate those apostles who followed Me in the Second Era and who, by their example, charted a path of gentleness, obedience, and humility. You will be bearers of this Good News, and at every step you will hear the voice of your conscience, which will tell you whether you are setting a good example through your deeds along your path. I have shown you the vast fields where my divine seed is to fall. Already, my provident love is preparing everything and making it ready.

74. I have poured out the light of My Spirit upon every spirit and all flesh, so that you may all feel Me and see Me, so that the whole world may bear witness to My truth.

75. Man has awakened, educated himself, and developed his intellect, but he has allowed the gifts of the Spirit—which are indispensable for his perfection—to lie dormant.

76. Mankind has strayed from the path, for the wars it has caused are the fruits of its corrupt science, which it refused to purify in the light of its conscience. When the human mind one day develops in harmony with the senses illuminated by the divine light, you will see people discover and perform miracles through their science, inspired by love for their neighbors.

77. Only My voice can guide you amid that confusion of concepts in which no one knows what truth is anymore, nor is able to distinguish good from evil or light from darkness.

78. To you who listen to Me, I say: Your legacy in this age is the same as in ages past, namely, to bring the light of My message to the nations.

79. It is not only My Word that has taught you—the trials you have constantly faced have also been part of My divine lesson. At times you have been able to understand and make use of these trials; at other times, you have remained insensitive and deaf to the Master's voice.

80. A person who leaves you to live in the spiritual homeland; something that is taken from you on earth; an illness that confines you to your bed and purifies you through pain—all of these are trials that wisely enter your lives to help you fulfill your destiny, which is to love one another.

May My peace be with you!

Instruction 160

1. The fruit of life, the sweet fruit that is nourishing to the spirit, is what I give you in My Word. Eat and feel that you are gathered around the Lord's table. O Prophets of the Third Era! Prepare yourselves so that you may behold what only the Chosen Ones are granted to see. While many of those who make up this assembly here do not feel My presence in their hearts and spirits, you can bear witness to your visions—a testimony full of light and truth, both in content and in form. Truly, I tell you, whenever one of you prepares himself inwardly, the Spirit enters into the light of spiritual life, where it is nourished and inspired, so that he may then explain his vision to those who await his testimony.

2. When this people becomes spiritual and learns to feel My presence, it will no longer need the seer to provide proof that My revelation was true. Then I will be able to say to you: "Blessed are those who have believed without seeing."

3. Great and solemn is the seer's responsibility, for often the faith of many weak hearts—who seek proof in order to believe—depends on his word.

4. The seer must develop great intuition to discern whether what he sees in the Spirit is the fruit of proper preparation or not; whether what he has seen should be shared with his brothers and sisters, or whether he should keep it to himself. But how few of those who have received this gift have known how to cultivate it with the love, zeal, and spiritualization that it requires!

5. The gift of vision is one of the most difficult, which is why I tell you that the seer's gaze can never penetrate the spiritual realm without spiritualization.

6. Spiritualization means the elevation of the emotions, purity of life, faith, love of neighbor, mercy, humility before God, and deep reverence for the gifts received. If you can attain even some of these virtues, you will begin to penetrate with your spiritual gaze into the homeland of love and perfection. Likewise, when you attain spiritualization, you can already say—while still on earth—that you live in the spiritual homeland, even if it is only during the moments of your prayer. At the same time, you will receive the light that reveals to you events that lie in the future, for to the spirit that is soaring upward, what is to come is no longer a mystery.

7. Yes, disciples, it is only in human life that a person does not know what will happen in the future, what tomorrow will bring. He does not know his destiny, does not know the path he must take, and does not know what his end will be.

8. Human beings could not bear to know all the trials they must endure in their existence. Therefore, in My merciful love for them, I have placed that veil of mystery between their present and their future, thus preventing their minds from straying when contemplating or knowing all that they must still experience and endure.

9. The spirit, on the other hand—a being endowed with power and created for eternity—possesses within itself the ability to know its future, the gift of recognizing its destiny, and the strength to understand and (also) accept all the trials that await it, because it knows that at the end of the path—if this path has been traversed in obedience to the Law—it will reach the Land of Promise, the Paradise of the Spirit, which is the state of exaltation, purity, and perfection that it will ultimately have attained.

10. Take Me as your model for your spiritual development, for that is why I became human at that time. Each of My works was a lasting lesson for humanity. Yet if My works were a lesson for humanity, you must also take them as a model so that you may develop further, unfold the gifts of the Spirit and human abilities, and draw ever closer to the example I set for you through My life, My works, and My words.

11. Remember that as a human being, I always knew what my purpose was in this world, that I knew the future and bore witness to it from childhood onward. Through Jesus, I spoke to my disciples about everything that would happen in the last days of my time on earth, such as my Passion and my sacrificial death. I revealed to humanity its spiritual future, foretold its struggles and trials, and proclaimed in advance the events that would unfold among the nations—from the times of that era up to the time I referred to as My new revelation, which you call “the Second Coming.”

12. The spiritualization of Jesus’ body enabled Him to know His destiny, for My Spirit revealed it to Him, and it was precisely this spiritualization that gave Him the strength to accept the Father’s will with absolute love and humility.

13. You cannot attain your Master’s level of spiritualization to know what your destiny holds for you or what the future brings; but through your inner elevation, I will let you sense the approach of any event.

14. You will attain this ability to sense, this spiritual glimpse into the future, this knowledge of your destiny only to the extent that your being—composed of body and spirit—gradually develops to a higher level on the path of spiritualization, which, to reiterate, is faith, sincerity, love for life, love and willingness to help your neighbors, humility, and love for your Lord.

15. To help you in the purification of your being, I convey to you My thoughts, which you receive—transformed into words—through the intellectual faculties of My spokespeople, and which point you toward the light. I bless the one who believes in this truth, just as I bless the one who doubts, for you are all My disciples, My dearly beloved children.

16. My teachings through this revelation will leave behind a path of spiritualization among humanity that will remind My disciples that I have been with them in a new way to fulfill My promise.

17. This is the new day that the larks have greeted with their trills to announce the arrival of the Third Era to humanity.

18. My new revelation had been announced in such a way that it would coincide with the time of the struggle between the spirit's aspiration toward the higher and the materialization of the physical body—the time of war between truth and falsehood, the battle between good and evil, between light and shadow.

19. Consider those among your fellow human beings who call themselves powerful. They seek to triumph through killing; they wish to build their new empire upon rubble, ruins, and corpses.

20. I tell you that it is time to sow the seed of light and peace in the fields that you have made fertile with your love.

21. I seek the heart of man to rescue him from his tribulation and free him from his confusion. For I will triumph by giving you eternal life, so that I may ultimately reign over the living.

22. My spiritual hosts are in the midst of the battle to save their brothers and sisters on Earth, and truly, I tell you, they will not return defeated; on the contrary, they will sing songs of triumph upon their arrival.

23. I come to redeem you through the power of thought, without the need for My "Word" to become flesh anew to dwell among you. What is so surprising about My Spirit revealing Itself to yours through thoughts? What is so strange about the Shepherd seeking His lost sheep?

24. Truly, I tell you, even before you existed, I loved you, and since I knew your destiny, I had already thought of your salvation. Therefore, it was My will to live among humanity as a human being, for through My love I wanted to show you the path to the light that would one day lead you to live in My Father's house for all eternity.

25. I revealed My divine power on earth through Jesus: I raised Lazarus from the dead, converted Mary Magdalene, restored sight to the physically and spiritually blind, instilled faith and hope in hearts, and paved a new path for souls that had come to a standstill; and finally, I

watered the earth with my blood and left you my body as proof that I was among you out of love, to give myself entirely to those whom I love dearly.

26. Today, as then, I give Myself to humanity in spirit to save you by making you useful; for the seed I have entrusted to you to sow is the seed of usefulness, which will ensure that you are no longer spiritually barren and parasites of life.

27. Are you still hesitating to set to work? Yes, My children, but what are years and centuries for you are but moments for Me. I make use of time so that the fruit of love may ripen in your minds, hearts, and souls.

28. This is the time when the divine light will shine in full splendor through my followers, who will reveal the gifts of the Spirit and prove that they need neither earthly goods nor worldly knowledge to do good and perform miracles. They will heal in my name, restore the hopelessly sick, turn water into balm, and raise the dead from their beds. Their prayer will have the power to calm the storms, soothe the forces of nature, and combat epidemics and evil influences.

29. Through the word, prayer, and authority of My new disciples, the possessed will be freed from their possessions, their persecutors, and their oppressors.

30. But truly, I tell you, when I see My people prepared, I will let them know the hour when they are to set out for the battle of light against darkness. And if you encounter rejection, remember with equanimity that this is not the first time that humanity has spurned My seed. From the earliest times, man has severed branches from the “Tree” to transplant them as he saw fit, so that later he no longer knew their origin. Yet I want you to know that, in essence, I am that Tree—in My work, over which man has no influence whatsoever, but from which he is to receive only the blessings and whose seed he is to spread.

31. The struggle of good against evil exists not only in your world; you can also encounter it in the spiritual world, where great battles take place whose influence reaches you and manifests itself in wars. Do not allow the spiritual world, which has protected you thus far, to be replaced by beings with little light of knowledge. Watch over your steps and constantly invoke peace for this world in which you live.

32. Pray and work. Become spiritual so that you may triumph in all trials. Remember the examples set by the people known as Israel, who set out in response to the call of their Lord. They were led into the desert to learn a great lesson. There they came to know the Law, learned to connect with their Father, and awakened their spiritual gifts. They learned to obey

the divine commandments, to live in accordance with the Law, and to lead a life of harmony and brotherhood together.

33. That obedience saved them from dangerous situations and ambushes. Their unity made them strong against their adversaries. Their order made their journey through the desert bearable and often even joyful. Their perseverance and faith enabled them to achieve victory and experience the fulfillment of the divine promise. When the people of this age reflect on the history of that nation, they marvel at the great faith of those people and are astonished by the many miracles the Lord performed along their path. — When I hear sighs escaping from your hearts in the face of that faith and that spiritual depth, I tell you that it is entirely up to humanity for those miracles to return. Whenever I see them prepared, I will reveal Myself to them.

34. Now it is the task of all who are already prepared and awakened to proclaim the liberation of the world. Remember that Elijah, the One promised for this time, is currently preparing everything to rescue the nations of the earth—who are enslaved by materialism—from the power of Pharaoh, just as Moses once did with the tribes of Israel in Egypt.

35. Tell your fellow human beings that Elijah has already made himself known through human reason, that his presence has been in the Spirit, and that he will continue to illuminate the path of all peoples so that they may move forward.

36. Your Shepherd has the task of bringing all creatures back to their true path, whether it pertains to the spiritual, moral, or material realm. Therefore, I tell you that the nations that receive the call of their Lord through Elijah will be blessed, for they will remain united by the law of justice and love, which will bring them peace as the fruit of their understanding and brotherhood. Thus united, they will be led to the battlefield, where they will fight against corruption, materialism, and falsehood. In this struggle, the people of this age will experience the new miracles and grasp the spiritual meaning of life—that which speaks of immortality and peace. They will cease to kill one another because they will realize that they need only destroy their ignorance, their selfishness, and the corrupting passions from which their downfalls and hardships have arisen—both material and spiritual.

37. Where do idolatry and religious fanaticism come from, if not from ignorance of the laws that govern the spirit? What is the cause of the wars that sow confusion among the peoples and destroy human beings, if not boundless greed or unbridled hatred?

38. Understand, then, that the final battle is not one of humans against their own brothers, but of good against evil. I place my sword in the right hand of humankind so that it may conquer itself and reach the gates of the Promised Land. But do not expect this to be a specific homeland that you will receive as an inheritance, for you will discover this new Promised Land in the deep peace of your spirit. You will witness the transformation of your once-insecure, hostile, and miserable world into a lavishly rich and lovely land. You will live a life filled with spirituality, justice, and love. This will bring progress to humanity as a result of their having been nourished by true knowledge. Human life will be of a higher order, and when my Spirit manifests itself among the mature people of the future, a time of revelations will come in all areas, and people will see fulfilled the signs and wonders that previous generations have prophetically announced to you.

39. When the world then achieves its renewed liberation and, guided by the light of Elijah, enters into this righteous and good life, you will have here on earth a reflection of the spiritual life that awaits you beyond this life, so that you may then rejoice eternally in the peace and light of your Father. — But if you wonder how all nations will unite into a single people, like the tribes that formed the people of Israel, I tell you: Do not worry, for when all the peoples are eventually brought into the “desert,” the trials will forge them together, and when this happens, a new manna from heaven will fall upon all hearts in need.

40. Rejoice in My presence, beloved people; celebrate a feast in your hearts; shout for joy, for at last you have seen the Day of the Lord come. You feared the coming of this day, for you still thought like the ancients and believed that your Father’s heart was vengeful, that He harbored resentment because of the insults He had received, and that He therefore kept the sickle, the scourge, and the cup of suffering at the ready to take vengeance on those who had offended Him so deeply and so many times. But great was your surprise when you realized that in the Spirit of God neither anger, wrath, nor loathing can exist, and that even though the world weeps and laments as never before, the reason is not that the Father has given it this fruit to eat and this cup to drink, but that this is the harvest that humanity is gradually reaping as a result of its own deeds.

41. It is true that all the calamitous events unleashed in this time were foretold to you. Yet do not think, simply because they were foretold, that your Lord is sending them to you as punishment. On the contrary, at all times I have warned you against evil and against temptations, and I have helped you to rise again after your falls. Furthermore, I have provided you with all the means necessary for your salvation. But you must also

recognize that you have always been deaf and unbelieving in the face of My calls.

42. Even today I say to you: Make use of My work as if it were an ark, and enter into it so that you may be safe from the approaching storms. But you will see that many refuse to believe My warnings and do not prepare themselves. Yet when the trial comes and lashes out, they will be the first to say that I have taken vengeance on them and chastised them.

43. Hear My word, O people, and be refreshed by its goodness. Open your hearts, and you will feel your Father's presence. Confess to Me in spirit, and you will feel a peace that you will never wish to lose again.

44. How could you have expected Me, since you were full of violence, and My coming caused you terror instead of infinite joy? I tell you once again that you have nothing to fear from Me; through your own actions, however, all kinds of evils can befall you. Therefore, fear the retribution that you may bring upon yourselves because of your transgressions.

45. Although I am relentlessly vigilant, I am just, sincere, and incorruptible. Since you came into being purely from Me, I consider it just that you must return in the same state. I have taught you that what is defiled cannot come to Me. It must first purify itself, and that is what is happening in the world at this time.

46. In Jesus, the world beheld its God made man. From Him, people received only lessons in love, teachings of infinite wisdom, and proofs of perfect justice, but never a word of violence, an act, or a sign of resentment. How greatly, on the other hand, was He insulted and mocked! He held authority and all power in His hands, more than the whole world possesses, but it was necessary for the world to come to know its Father in His true nature, His justice, and His mercy.

47. In Jesus, the world beheld a Father who gives everything for His children without demanding anything for Himself in return—a Father who forgives the gravest insults with infinite love, without ever seeking revenge, and a Father who, instead of taking the lives of His children who offend Him, forgives them and, with His blood, marks out the path to their spiritual redemption.

48. How could it be possible that, at this time when I am revealing Myself to humanity in the Spirit, I should er ly from their hearts the image they have of the loving and just Father—the image they have formed of Me during their lives on earth?

49. You must prepare yourselves, for I bring justice to all. Get ready, for the majesty with which I appear is not meant to instill fear in your hearts, but rather to be a cause for rejoicing and joy.

50. Watch and pray, so that you may be at My side in the battle that is drawing near.

51. Behold how My light dispels the mists of your world. Though I fight against people, it is only to eradicate all the evil that dwells in their hearts. I will place the light and power of My love within those who faithfully follow Me, and they will then say: “Let us seek the dragon that lies in wait for us, the beast that leads us to sin and offend the Lord.” They will seek it on the seas, in the desert, on the mountains, in the forests, and in the unseen, and they will not find it, for it dwells in the heart of man. It was born only there, and there it grew until it came to rule the earth.

52. When the flash of my lightsaber shakes the heart of every person, the power emanating from evil will grow ever weaker until it fades away. Then you will say: “Lord, with the divine power of Your mercy, I have defeated the dragon whom I believed was lying in wait from the unseen, without realizing that I carried him within my own heart.”

53. Once wisdom shines within all people—who will then still dare to turn good into evil? Who will then still trade the eternal for the transitory? Truly, I tell you: no one, for you will all be strong in divine wisdom.

54. Sin is merely the result of ignorance and weakness.

55. Therefore, I invite you to attend My divine teachings so that you may become true children of the Light.

56. A new era has dawned for humanity. While the world sleeps, unaware of the light that illuminates it, there is rejoicing and celebration in the spiritual realm. My Spirit has been poured out upon every spirit and upon all flesh in this time.

57. The new seed of Abraham lives scattered, and it must be reunited so that I may impart My new spiritual teaching to it. Wars, destruction, chaos, and death have not been enough to make humanity realize that My justice has come down to call them to the path of My Law. The messengers I have sent are asleep, and in the world they strive only for comforts, well-being, and earthly goods; they have hidden the ideal of spiritual eternity. The voice of conscience has spoken to them, yet its cry has been drowned out by the materialism of the mind and the human heart. I have allowed all the pain, bitterness, hatred, and ruthlessness to overflow, but at the same time I have reminded people of My Law of Love and Justice and made them realize that My coming was foretold for a time such as this.

58. I chose an insignificant corner of the earth for My manifestation. Simple men and women were chosen during that time to serve as My intermediaries for My message; they were fortunate to be the first to hear

My Divine Words in this Third Era. Inexorably, and by virtue of the spiritual meaning of this Word and the miracles I performed among My children, that first group of people grew into a crowd and later into a great community.

59. My Word has striven to free these hearts from material entanglements, from selfishness and hypocrisy, and also to liberate them from vices and ignorance. This is the only cross I have placed upon their shoulders; but these are only the first steps. I have told this people that the day would come when they would accomplish amazing works with their gaze, their words, or their thoughts. When will these events occur? — When spirituality reigns among you.

60. The united thoughts of a large group of people will be able to overcome evil influences and topple the idols from their pedestals.

61. Today you still tremble under the influence of war and in the face of the fury of the forces of nature, and you fear the judgment of men. The reason for this is that, because of the insufficient development of your spiritual gifts, you feel small and incapable.

62. Blessed is he who prepares himself, for in this battle he will be the brave soldier who ultimately emerges victorious. What do you think are the forces that are fighting each other? You answer Me with human conjectures, yet I tell you that it will be the forces of good and evil that face off in this decisive battle. Which of these forces do you think will prevail? You say to Me, “Undoubtedly the power of good, Master.” And indeed, good will defeat evil within you if you love one another.

63. I once showed you how to overcome the temptations of the world and death, so that love and truth might emerge victorious. Now I want you to follow Me, to drive the passions from your hearts, so that there, within you, the peace of the Divine Spirit may dwell, and you may invite Me to have My sanctuary within *you*. But once you have defeated evil, you will be surprised to realize that you yourselves had created the temptation through your passions, inclinations, weaknesses, and sins, and that by defeating them, you have put an end to that dominating influence within you.

64. Earn merit to attain peace, O people, but do not ask Me for this peace without first having fought to earn it. Time has moved forward; your spirit has grown, and it must now work to attain everything it longs for and needs. Its childhood—that age when the Father had to provide for His little ones—is over.

65. I will prove to humanity that its problems cannot be solved by violence, and that as long as it makes use of destructive and murderous

weapons—no matter how terrible and powerful these weapons may seem—it will be unable to establish peace among people. On the contrary, they will only serve to arouse greater hatred and a stronger desire for revenge. Only conscience, reason, and feelings of love for one's neighbor can serve as the foundations upon which the age of peace will rest. But for this light to shine within people, they must first empty the cup of suffering to the very last drop.

66. Do not lose heart, disciples, when you hear rumors of war, when you see hunger and misery coming, and when the strangest epidemics break out.

67. Deep in your hearts, you will have the certainty that humanity will drink the dregs of the cup of suffering when these afflictions come. At that hour, you must not remain idle or indifferent; on the contrary, you must then devote yourselves to your task of bringing light to the minds of the confused and healing balm to the sick.

68. Watch and pray, O people, so that the influences of that power of evil—in which human passions are stirred up and confused spirits run rampant—may not dim the light that I have bestowed upon your minds.

May My peace be with you!

Instruction 161

1. I am the inseparable friend of the human heart. I have accompanied you at all times and on all paths. When you have sought me as a counselor, you have received healing and loving advice. When you have turned to me in your longing for relief, you have found me as a healer who strengthens your spirit. In happy days, I have shared in your joy and have smiled when you smiled with complete innocence at the wholesome joys you encounter on your life's journey. Call upon Me with reverence when you find yourselves enslaved by vices, for you know that you are then harming your soul and causing degeneration in your body. Do not seek Me in the shadows or in the materialism of a complicated or artificial life. Seek Me in the light, and use your abilities for your own good and that of your fellow human beings. I am transforming you so that you may return to the state of perfection that was yours in the beginning. I want you to engrave this teaching, which I have repeated so often, upon your spirit, for soon My Word will no longer be heard through the messengers. I do not want those who have received My instruction to turn away from Me after this time. Be ready for the dialogue from spirit to spirit, and learn to receive My instructions and prophecies through intuition. Hear My voice guiding you in the depths of your conscience.

2. Because of its free will, the spirit is master of choosing its own path, and it was My will that it make use of its reason and willpower to prove its love and devotion to Me. The law is imprinted upon the spirit, yet the flesh is weak. I have prepared spirit and matter so that they may form a single being capable of fulfilling a great destiny that encompasses wisdom and perfection.

3. Even at the beginning of time, there were two possible paths for the soul's aspirations, as well as two representatives of them: Abel and Cain. Abel is the first example of obedience, and Cain the first to nourish his heart with wickedness and the temptations of the world.

4. My light illuminates all creation, and let everyone who wishes to be saved obey the law and overcome their rebelliousness. As a Father, I suffer for the sake of those who have fallen into temptation and strayed from the path; but you will all come to Me. The time for the awakening of the Spirit has come, and I have called upon humanity. I desire, , that you reach the blessed city that was promised to you from the very beginning of time.

5. I show you my path and invite you to walk it out of love. I do not force you; you are not my slaves. You all carry my light within you and may choose the path that pleases you. I have seen that the world has caused you to grow weary and that you are preparing yourselves to move, step by

step, toward the Kingdom of Heaven. Pray for people from whatever stage of life you find yourselves in, and send them rays of light through your thoughts. I will bless everything you do in my name.

6. Who revealed to humankind the mysteries of the flesh? The flesh itself. Who revealed the mysteries of science? The mind. But I tell you, only the Spirit can reveal God's existence to humankind.

7. The beautiful parable of Paradise, of the Tree of the Knowledge of Good and Evil, was given to the first humans through inspiration. It was a profound message for people of all times and all ages. But the true meaning of that teaching was not understood by some and was distorted by others.

8. From this lack of understanding arose a dispute that divided those who have studied the divine revelations and those who immerse themselves in nature. Thus, the conflict flared up between those who seek Me through the Spirit and those who expect everything in a material sense.

9. How foolish were those who held the view that science is reprehensible in the eyes of God! I have never declared Myself an opponent of science, for I am the beginning and the end of all sciences. Yet those who made their science their law were materialists. In their devotion to their science, they forgot God, the One who created all things with His divine wisdom.

10. What was the true meaning of that parable I gave to the First? Its meaning was explained by the divine voice, which made itself known to man for the first time through his conscience, to warn him of the trials that life would hold in store for him. It was the fatherly voice that said to the child with all love: "Prepare yourselves, watch and pray, so that you may not fall into temptation. Be on your guard! Awaken your senses and abilities so that you may pass the test to which I have subjected you in the struggle of the spirit against the flesh, in which eternal values are to triumph over the wretchedness of the mortal body. Look at everything around you, but walk carefully so that you do not stumble. The body that you possess, and through which you perceive all these wonders and glories of creation, is a weak creature that you must guide through the Spirit. Do not allow it to impose its earthly desires and inclinations upon you. Teach it to make use only of what is necessary for the observance of my law.

11. Who can guide you in each of your steps? Your conscience—that divine light which I have placed within you to be your lamp and your guide on life's journey. And how can you become attuned to this voice and this

call? Through prayer, which is the means of connecting with your Father. If you prepare yourselves in this way, your existence on earth will be an everlasting Eden!

12. Yet I tell you, the inspiration I placed within human beings was ignored, and thus pain entered their lives.

13. Many today mock the inspirations that people received regarding the spiritual realm. But in this age, which is the age of light, humanity will understand the teachings revealed in times past. Yet to reach that point, it will still have to taste many fruits from the harvest of the Tree of Knowledge that it has nurtured.

14. Yes, if from the very first moment they had the knowledge of good and evil, people had tended the tree of knowledge with true love, I tell you, the fruits they would have harvested would have been entirely different. See how much good all those among humanity have done who have made use of these fruits with noble intent.

15. How much time has it taken for people to realize their errors, and how much time must still pass before they can make amends for the evil they have sown? Yet I will assist them in everything they need so that they may restore their spirit to its original purity.

16. I will receive your spirit when the last generation of humankind has lived in this world as if in a sanctuary, when it has made its existence a true paradise, achieved through the spiritualization of its life.

17. This refers to people of other times; but it is good for you to reflect on these teachings so that you may pave the way for those who come after you, and for their descendants, until the time comes to which I have referred in this lesson.

18. My Spirit sends forth its light and illuminates the path along which your spirit must come to Me, a path upon which the footsteps of Jesus are imprinted. Whoever advances along My path feels that he is regaining his lost inheritance, just as he who strays from it feels disinherited.

19. It is a time of judgment, yet despite this, it is not My desire that people submit to My law out of fear of My justice, but that they bow to My Divine Love.

20. You are a creation of My infinite mercy, and I will lead you to perfection. Centuries and entire ages will pass over your spirit, and My chisel will not cease to smooth it. No divine work can remain unfinished.

21. Man, exercising his free will, has distorted his path of development until he forgot from whom he originated; and he has reached the point where virtue, love, goodness, peace, and brotherhood seem alien to his

very nature, and he regards selfishness, vice, and sin as something entirely natural and permissible.

22. The new Sodom is spread across the entire earth, and a new purification is necessary. The good seed will be saved, and from it a new humanity will be formed. My seed will fall upon fertile fields watered with tears of repentance, and it will sprout in the hearts of future generations, who will offer their Lord a higher form of worship.

23. The Master asks you: Has your spirit prepared itself to receive the spirit-to-spirit dialogue once my words are finished?

24. Your children will no longer hear Me through the intellectual faculties of these messengers, but you must prepare the way for them, and then they will take a step forward in spiritualization.

25. The light that illuminates this time is that of the sixth seal. Behold the candlestick, which, like a source of light of inexhaustible faith, illuminates everything—the living and the dead.

26. The scientist draws inspiration from this light; the philosopher makes use of it, as does everyone who seeks to penetrate the mysteries.

27. But what are the seven seals? What is the Sixth Seal? Can you answer with certainty this question that the Master poses to you, and could you do so accurately before the theologian and before humanity if they were to ask you the same question?

28. The time during which you will still be like little children is short. For afterward you shall become disciples and finally Masters, who are to carry the seed of My truth along the paths of humanity.

29. On this day I will open My treasury, lift a veil, and reveal a secret to you, so that you may be strong among humanity and become Masters.

30. I had expected that, through deepening your studies, you would eventually discover the content of that secret, but so far you have not made any special effort in studying My work.

31. In this, you have not acted like the scientists who devote their lives to study. I am not telling you that you should become scientists, for the wisdom of My teaching stands above all sciences. I am only telling you: emulate them in their perseverance. They tend the tree of science, whose fruits I gave to all of you when I entrusted you with the tree of spiritual life, so that you might tend it and enjoy its fruits to nourish your spirit.

32. Pray that I may find you prepared and worthy, for My Word will be written down for future generations, and you shall bear witness to it through your deeds.

33. It is the Lamb who speaks to you, who reveals these teachings to you and unravels these mysteries, for to this day only He has been worthy

to break the seals. Yet the sacrifice of the spotless Lamb makes you all worthy of this light, and in due time this knowledge will reach all the ends of the earth.

34. I also speak to you as the Creator, for the Father is in the Son, just as the Son is in the Father and in the Holy Spirit.

35. Disciples, from Me have emerged the three natures: the divine, the spiritual, and the material. As the Creator and Owner of all creation, I can speak to you in a divine yet comprehensible manner. Since the material nature emerged from Me, I can also make My voice and My Word physically audible and thus understandable to human beings.

36. I am perfect knowledge, the origin of all things, the cause of all causes, and the light that illuminates everything. I stand above all creation, above all learning.

37. So that God might call Himself “Father,” He brought forth from His bosom spiritual beings—creatures who were like Him in their divine attributes—and transformed them into human beings so that they might possess the three natures. But first, the Father prepared their dwelling place, the Earth, with its interior of rock and fire, with its air, water, metals, gases, and light. All of this was like a kingdom, strong and unshakable, to serve as the foundation for humanity’s dwelling place: the mineral kingdom.

38. The Creator wished to adorn this home, and to this end He caused plants and trees, with their blossoms and fruits, to spring forth from the earth, so that man might find in them nourishment, shade, refreshment, inspiration, healing, and joy; and this was, as it were, a new kingdom: the plant kingdom.

39. Man was not to be alone, and so the Father gave him the lower beings—the wild animals, the birds, and the fish—as friends and servants. All beings that live within and on the surface of the earth—those that sway in the wind and those that inhabit the waters—so that the child might find sustenance in some, friendship in others, and support in still others. When this species was thus created, there was a new kingdom on earth: the animal kingdom.

40. In their harmony, these three kingdoms formed a single world. When everything was like a great celebration, which the Lord had enlivened with life, light, and grace, He sent forth humankind—the being that resembled its Creator and in whom the Divinity is reflected; into whom God had placed a spark of His Spirit, the conscience—so that this being, thus endowed, might attain the perfection of the soul on its path of development.

41. These three realms that make up your world were created in seven stages of development, which some people have called “days.”

42. With perfect patience, the Father created everything necessary for the path and life of His children. Thus, in one period He created the sun and the stars; in another, the earth with its plants and the seas; in yet another, the animals; and finally, humankind.

43. Everything was prepared, ordered, and planned in advance so that man would encounter no imperfection whatsoever, but would experience w s and perfections at every turn and find everywhere the love of his Father and His presence in all creation.

44. When everything was ready, I said to humankind: “Here is your home, here is your temporary kingdom. Set out on your journey, drink from the springs, taste and enjoy the fruits, get to know everything, and rise to become lord over the earth*—it is your kingdom.” — When man opened his eyes to the light and to life, he felt bliss as he was caressed by the rays of the royal star; he revelled in the freshness of the waters and the delicious taste of the fruits that offered themselves to his mouth.

**Most Bible translations read (and are occasionally misunderstood as): “Subdue the earth.” This translation corresponds to the original Spanish text, and the following verses make it clear that humankind must also prove itself worthy of this calling and high responsibility, in accordance with the Divine Commandments and the example of Jesus Christ, who is, after all, our Lord. In this context, we refer to 162:52–54, where we are also reminded of the wisdom and perfection in the works of our Creator Father, and 167:39 also makes it clear that the commandment of love naturally applies to all of creation.*

45. Yet you know that, because of his free will, man has had weaknesses from the very beginning, through which he came to know pain, labor, hardship, darkness, and falls.

46. Everything was foreseen and prepared in advance so that the spirit might find the path to its development. Then the Father revealed His law to the spirit through the conscience, so that it might recognize the path of light and harmony with the Deity and with nature. Even then, intuition revealed to humankind the existence of its own spirit, whose conscience—which is my own light—taught it to distinguish good from evil and inwardly inspired it to follow the right path. Then the Father prepared the path and the sanctuary for the spirit of humankind.

47. In the beginning of the age of tents, the Lord allowed humankind to multiply and populate the earth. He manifested His existence, His

presence, and His justice by speaking to humankind through the forces of nature, which—sometimes benevolent and at other times hostile and merciless—corrected transgressions or rewarded good deeds.

48. But it was not only the voice of the elements that spoke to you of Me; I also sent people into the world who exhorted others to virtue, kept the human spirit alert, and taught them of the existence of a divine Being whom they should serve and worship.

49. This was the First Age, the first spiritual kingdom, in which the Father reigned in the heart of man, who lived full of grace in that homeland created for his spirit.

50. Yet this abode, which the Lord began to establish in the hearts of His children, He likewise had to develop through three ages or realms.

51. The Father established the Second Age, or the second kingdom, when His Word became flesh in Jesus and lived among humanity; and He ushered in the Third Age—with which this work of spiritual perfection comes to a close—through His coming as the Holy Spirit in this age, which represents the third kingdom.

52. In the first, the divine Spirit revealed Himself as righteousness; in the second, He was love; and to bring this work to its culmination in the Third Age, He revealed Himself as the light of wisdom and revelation.

53. Behold here three kingdoms that form a single one, three ages in which a work of spiritual perfection is completed, three epochs that contained a mystery which the Master has revealed to you on this day. But be aware that these three realms were formed in seven stages, a reflection of which you find in the creation of material nature—seven stages, the last of which is the perfect home of the Spirit.

54. The first of these stages of spiritual development in the world is represented by Abel, the Father's first servant, who offered his burnt offering to God. He is the symbol of sacrifice. Resentment arose against him.

55. The second stage is represented by Noah. He is the symbol of faith. He built the ark through divine inspiration and led people into it to save them. The crowd rose up against him with their doubt, mockery, and pagan mindset. Yet Noah left behind his seed of faith.

56. The third period is symbolized by Jacob. He embodies strength; he is Israel, the Strong One. He saw spiritually the ladder to heaven, upon which you will all ascend to take your seats at the right hand of the Creator. The Angel of the Lord rose up against him to test his strength and his perseverance.

57. The fourth is symbolized by Moses; he embodies the Law. He presents the tablets on which it is written for people of all ages. It was he who, with his immeasurable faith, freed the people to lead them on the path of salvation to the Promised Land. He is the symbol of the Law.

58. The fifth era is represented by Jesus, the Divine Word, the spotless Lamb, who has spoken to you throughout all ages and will continue to speak to you. He is love, for the sake of which He became human to live in the world of men. He endured the suffering of humanity, showing mankind the path of sacrifice, love, and mercy, through which they may attain redemption from all their sins. He came as a Master to teach how to grow up in humble circumstances and yet live in love, to go so far as to sacrifice oneself, and to die loving, forgiving, and blessing. He embodies the fifth stage, and his symbol is love.

59. Elijah represents the sixth era. He is the symbol of the Holy Spirit. He comes on his chariot of fire and brings light to all nations and all worlds—worlds unknown to you but known to Me, for I am the Father of all worlds and all creatures. This is the era in which you are currently living—that of Elijah. It is his light that enlightens you. He is the representative of those teachings that were hidden and are now being revealed to humanity in this age.

60. The seventh period is embodied by the Father Himself. He is the goal, the culmination of development. In Him is the time of grace, the seventh seal.

61. With this, the mystery of the seven seals is solved. That is why I tell you that this epoch contains the Sixth Seal. For five of them have already passed, the sixth is now unsealed, and the seventh remains sealed; its contents have not yet come—it will still take time before this stage arrives among you. When it arrives, grace, perfection, and peace will reign. But to attain them—how many tears will humanity still have to shed to purify its soul?

62. When the purification is complete, temptation will be held back. Wars among people will cease, and there will be no more turmoil or corruption. Then the kingdom of peace and grace will come; humanity will achieve great spiritual progress, and its connection with the Spirit of the Father will be direct.

63. Just as I have revealed to you that man is like his Creator, I now tell you that this material realm, which I created with grace and perfection, is an open book that has always spoken to you of the three realms, the three ages, and the Father's perfect power. Creation was likewise fashioned so that the seven stages of its formation would serve as a model for the

seven seals—that great Book of Life whose veil, which concealed its mystery, I have drawn back with the light of My Word.

64. Allow the light of the sixth seal to enlighten you.

65. I alone will be able to say when the sixth stage ends and the seventh begins. You are living in the sixth stage, in the time of Elijah, in the Third Era. Yet although you are completely surrounded by the light of My Spirit, which flows from My Word, you have not yet freed yourselves from sin, nor have you attained perfection by uniting yourselves with My Divinity from spirit to spirit. But your children, the coming generations, will attain this purity and will be My disciples who converse spiritually with their Master—true prophets on the path of the world. They will live in peace and in harmony with all laws and will ultimately establish the true home of the human spirit on earth.

66. Truly, I tell you, until these prophecies are fulfilled, many suns will yet pass, much water will yet fall from the sky, many years will yet pass and be forgotten by mankind, and many generations as well. But at last, that time will come when the Father crowns His work on this planet.

67. Take this simple teaching with you—clear as the light of day and transparent as water—so that in the silence of your innermost room, in the contemplative hours of the night, you may ponder and reflect on what I have revealed to you, and you will be able to find refreshment in its perfection.

My peace be with you!

Instruction 162

1. Not a day goes by without humanity trembling at some calamity or marveling at an event it considers extraordinary; yet it has not grasped the times in which it lives, nor the meaning of each of these trials. With what clarity did the ancient prophets—Joel, Daniel, and the Apostle John—foretell to you what would happen in these times. Yet how indifferent the people of this age have been to the calls of their Lord! When they occasionally break through their indifference and materialism, it is only to ask themselves, “What on earth is going on, where everything is tribulation, war, pain, devastation, and death?” Yet they do not keep watch, do not pray, nor do they reflect on what has been revealed to them, for to this day they have been interested only in the false satisfactions that the world offers them.

2. The more people feel beset, the more they are threatened by the catastrophes they themselves have unleashed, the more they believe that their own strength is sufficient, instead of seeking refuge in Me, imploring My mercy, and asking for My assistance. They allow themselves to be carried away by their base passions and turn their hatred and their lust for power into the weapons with which they intend to fight and defend themselves. Yet when have you ever found that evil can be fought with evil?

3. I will allow people to continue in their arrogance and to boast in their materialism; I will allow them to persist for a time longer in their lack of love for their neighbor, so that they may see where their passions lead them. Meanwhile, I will make Myself felt in the heart of every single person who is prepared and who awaits Me.

4. I have poured out My Spirit upon every spirit and all flesh, so that men and women may prophesy in accordance with the prophecy. I speak to you through dreams and spiritual visions, and I give signs to humanity through the forces of nature, so that a strong, great people may emerge among men—as great as they have never known before. This people will destroy the evil it encounters along the way, and there will be no enemy it cannot defeat, nor any wall it cannot overcome. Those who belong to it will advance everywhere; its calls will be heard by all of humanity; its word will put an end to every false deed; and it will succeed in enabling all people to recognize the truth. Before its advance, doctrines, religions, ideologies, and sciences that conceal the truth will tremble.

5. You who hear this word—give thanks to the Lord, your Father, that it has been granted to you to witness the fulfillment of my promise, which was handed down through the ancient prophets, those who had already

prophetically announced my coming to you, when one of them declared to you that “my Spirit will be poured out upon all flesh.”

6. Stay alert and be strong, so that you may become part of this army of brave soldiers that I will soon assemble. Do not believe—and I have already told you this on many occasions—that only you belong to this people. For it is not only those who have heard Me in this form of revelation who will be blessed with the knowledge of My teaching. Remember that My seed is scattered throughout the entire world.

7. Those prophets of bygone times received no earthly authority or empowerment; they were not compelled to submit to any authority, and they focused solely on obeying the instructions of their Lord, who placed His Word upon the lips of those He had chosen.

8. Full of faith and courage, nothing held them back from their task of teaching the people My Law and steering them away from religious fanaticism by making them aware of the indifference and errors of the priests.

9. If you reflect a little and study the Scriptures, you will realize that all the prophets expressed a single essence, which they conveyed to humanity through their words. They gave people admonitions, revelations, and messages, free from the errors of the materialistic worship that the people practiced in those times. They taught people to obey the Law and the Word of God, and helped them connect with their Heavenly Father.

10. People, do you not see a great similarity between those prophets and these messengers through whom I am speaking to you at this time? I also place the essence of My Law upon the lips of the latter; through their words, My inspiration reaches you, and the teaching bursts forth from them radiantly, urging the listeners to seek their Lord in the purest way. They speak without fear that among the many who listen to them there may also be spies or fanatics. They devotedly fulfill their task in the service of their Father, so that through them He may speak to humanity and give it these teachings, which will open up new paths of light for humankind.

11. People, not only is there a great similarity between those prophets and these messengers, but there is also a perfect connection between them. Those prophets foretold these messengers, and what they predicted long ago is now being experienced by these servants.

12. Do not think that in those times the entire people believed what their prophets proclaimed. No, they often had to endure the mockery of their fellow men, the threats of the priests, and the persecution of the powerful. It was necessary for the prophecies announcing God’s judgment

upon humanity to be fulfilled so that all might believe in the truth proclaimed by the servants of the Lord. Often, their prophecies were not fulfilled until after they were no longer in this world. Even in this time, these children of Mine have experienced mockery, slander, and the indifference of those who have listened to them. But My Word will become known outside these places of worship, even if it is mocked and rejected. What I have announced to you will also come to pass, and then people will turn their attention to what they previously regarded with contempt or indifference.

13. Just as that people of old was imbued with faith in the invisible God, who is all-powerful and just, as soon as they believed what their prophets had foretold, so too will this people, which has now received this revelation, be filled with an unshakable faith that will be strengthened by the message it has received from its Lord. This faith is absolutely necessary so that the testimony that comes from your lips may be fully convincing. Yet I have already told you that if *you* do not know how to bear witness to Me, I will do so when the time comes, for I will not leave My promises unfulfilled.

14. How often in the history of the people of God have people opposed My will through their disobedience, yet despite their straying, My Word was fulfilled. The same will happen in this time. Not all will be obedient to My instructions. While some will interpret My commands correctly, others—in their effort to reconcile what is pure and true with what is base and carnal—will attempt to set themselves above My will, without realizing that the divine will, which is power and infinite justice, judges all the unrighteous acts of those who have desecrated My Word.

15. I tell you this because I know that confusion will arise among you, which I am already foretelling to you at this time. But I will preserve the book in which My Word has been written, so that it may later be brought to the whole world and bear witness to what the Master has told you in His new revelation.

16. Listen to Me through My new prophets, whom you call My spokespeople, and interpret My Word correctly, so that you may subsequently fulfill the tasks I have given you.

17. While people have sought to perceive Me as an unapproachable, distant God, I have resolved to prove to them that I am closer to them than the eyelashes are to their eyes.

18. They pray mechanically, and when they do not immediately see everything they have urgently asked for come to pass, they cry out in discouragement, “God has not heard us.”

19. If they knew how to pray, if they would unite their heart and mind with their soul, they would hear the divine voice of the Lord in their spirit and would feel that His presence is very near to them. But how can they feel My presence when they pray to Me through external rituals? How can they make their souls receptive when they themselves worship their Lord through images made by their own hands?

20. I want you to understand that I am very close to you, that you can easily connect with Me, feel Me, and receive My inspirations.

21. If you carefully examine the revelations and teachings I have given you over the ages, you will discover only one path that can lead you to the goal of spiritualization. Consider that it is I who have taught you the perfect and effective means and ways to come to Me. I do not understand why you allow yourselves to be led astray by false teachings that only fuel your fanaticism and increase your ignorance.

22. When the Law was given to the world, I told you, “You shall have no other gods before Me.”

23. When, in the Second Era, a woman asked Jesus whether Jerusalem was the place where she should worship God, the Master replied to her: “The time is coming when neither Jerusalem nor any other place will be the right place to worship God, for He will be worshiped in spirit and in truth”—that is, from spirit to spirit.

24. When my disciples asked me to teach them how to pray, I gave them as an example the prayer you call the “Lord’s Prayer,” thereby making it clear to them that true, perfect prayer is that which, like Jesus’ prayer, comes spontaneously from the heart and rises up to the Father. It should contain obedience, humility, confession of sin, gratitude, faith, hope, and reverence.

25. How many lessons full of spirituality has the Father given you through all these messages, and how greatly have His law and His teachings been distorted on earth! This materialization, the ongoing desecration, and the distortion of what I have imparted to you in its purity are the cause of the chaos that humanity is currently suffering—both in the spiritual and the material realms, these two forms of life that have always been united within the human being. For it would not be possible to affect one of them without the other being affected as well.

26. Are you surprised that many people are abandoning Me in these times and that other nations have rejected My teachings? Are you troubled when you see that materialistic teachings continue to spread among humanity? Let each of you listen to the voice of your conscience

and ask yourself whether you have given, through your life, a true testimony to the teachings contained in My Word.

27. My judgment will come upon the grave offenses and transgressions committed against My law. There will not be a single transgression that will not be corrected by the Perfect Master. Do not allow yourselves to be confused. Correct your mistakes and do not judge. Understand that I never punish *you*—you punish yourselves.

28. I shed light upon the one who has sinned out of ignorance, and I move the one who has sinned knowingly to repentance, so that both may proceed with full confidence in My forgiveness to make amends for the transgression committed. This is the only way to come to Me.

29. Consider all this, you clergy who guide people along the various paths of religion. Pray and lead your flock toward spiritualization. The time has now come for you to repent of your errors and begin a struggle against human materialism, which is death and darkness for the soul. To this end, you must use My truth, take up My Word as a weapon, and live by My teachings.

30. I have no preference for one religious community over another. It is not I, but you who will decide whether you stand on My side. For if you do so, you will also have succeeded in uniting yourselves all in the Spirit.

31. You have grown from little children into disciples; yet I see that you are not progressing spiritually, and thus you are not helping your fellow human beings. Yes, people, through your lack of progress in My teaching, you are holding back the progress of the newly arrived multitudes. You have created a barrier that makes it very difficult for any of your brothers and sisters to take a step further than you have gone.

32. Just as I Myself am imparting *to you* in this message the final lesson you are yet able to grasp, you must put My teachings into practice to the very end.

33. If you are not yet prepared, it is because, although you hear Me, you have not yet truly understood Me. If you have not understood My Word, it is because you have not reflected on it. If you have not practiced true acts of love to this day, it is because you have not allowed My Word of love to awaken compassion within you; and if you have not received more than you have received to this day, it is only because your merits have been meager.

34. The multitudes who come to hear My Word would be greater if they could see in you worthy examples to follow, for your works would then be a testament of reverence, of faith, of obedience to My work, and of adherence to My teaching.

35. I have taught you to pray so that through prayer you may draw near not only to the Father but also to your fellow human beings in need, in order to bring them your message of peace. Yet when I ask you what your spirit felt as it prayed for the nations, for the widows, the orphans, those hungry for bread, the prisoners, and the sick, you can only say to Me: "Lord, You are the only One who can bestow blessings upon those in need." We are so immature and so ignorant that we are unable to empathize with the pain of our fellow human beings, nor can we even remotely comprehend what is happening to them. We are content simply to ask You to pour out the blessing of Your infinite love upon them. For in the face of such great spiritual needs, we must admit that we are not even beginners. Only You can tell us what our spirit accomplished during its prayer."

36. At least in this moment, you are honest and acknowledge your ignorance and your immaturity. Therefore, I bless you, and I make My teaching even clearer so that even the most uneducated person may understand it.

37. People, you know that spiritual beings draw near to human beings, and the influence they exert on people depends on the disposition of those beings. You should know that when you pray for any fellow human being, your spirit detaches itself from your body to draw near to the one for whom it is praying. Conclude from this that, depending on your spiritual preparation and the degree of purity and spiritualization you have attained in your life, so too will be the spiritual influence you bestow upon those for whom you are praying at that moment.

38. Do not be afraid when I tell you that you are constantly surrounded by invisible beings. Many of them need your help. Dedicate your thoughts, your words, and your acts of love to them, so that they may find the path to obedience and see the light.

39. The weapons I give you are not those that take life; they do not blind anyone, shed blood, or cause pain; they do not leave behind widows and orphans, nor homes plunged into misery. For the weapons I have entrusted to you are love, mercy, and forgiveness, so that with their help you may fight to transform evil influences into vibrations of light.

40. In your prayers, always set aside a thought for those beings who—though unseen by the eyes of the body—shed tears near you. But do not try to reach them or force them to reveal themselves, except through your thoughts. Understand that the weapons I have given you are weapons of love, elevation, and peace.

41. To become masters in this teaching of Mine, it is absolutely necessary that you study My teachings thoroughly. I also tell you that there are spiritual beings full of light and wisdom whom I have appointed as protectors. They are innumerable and work tirelessly in the work of the Father, who created all things. Trust that you are neither alone nor dependent on your own strength, but that you are surrounded by beings who watch over you humbly and without boastfulness and work together with you so that you may ascend spiritually.

42. The Divine Law is contained in two commandments: to love God, who is your Father, and through Him to love your fellow human beings. This is what those beings do whom humanity calls guardian angels, protectors, spirits of light, and higher beings.

43. Emulate them, assist them in their mission, and a great spiritual harmony will arise, which is to prevail among all the children of My Divinity. From this harmony will spring peace, the highest reward of the soul in eternity.

44. I have told you that your material life is limited, and I remind you of this so that each of you may recognize whether you have fulfilled the task the Father has assigned to you. If you have forgotten this, I remind you so that you may set out to do your duty as good disciples.

45. Your time on earth is short. As soon as you realize this, you ask me for more time and say to me, "Lord, give me time to fulfill my mission." I will tell you only this: The sun rises and sets not a moment sooner or later than the Creator has determined. Everything is governed by an infallible law. Therefore, you will not live on earth a single second longer than what is destined for you. That is why My Word sounds to you like the clock of eternity, urging you to make the most of your time.

46. While the radiant day of eternity draws nearer for your soul, night approaches your body. Understand this and do not say that you are fulfilling My law simply because you hear My Word. Do not try to "fulfill" it according to *your own* way of thinking, but rather by taking My Divine Teachings as your foundation.

47. Consider this: Once you find yourselves in the spiritual realm, after having fulfilled your duties and tasks in this life, I will allow you to influence the consciousness of humanity on Earth, to inspire and enlighten them, and thus to assist them on their path of development.

48. Your task is delicate; to fulfill it, you must show humility, just as Jesus taught you, with the gentleness and active love for your neighbor with which He fulfilled His mission.

49. In doing so, you must renounce the cloak of superiority and social prestige, which harbors nothing but vanity. You must free yourselves from selfishness and stoop down to the ragged and the outcasts to comfort them in their suffering. Thus you will be My disciples, for you will be following the example I set for you.

50. My mercy has bestowed gifts upon you, and you must bestow equally great acts of kindness.

51. When your mind is pure in prayer and has turned away from all material influences, I will grant you what you ask for your fellow human beings. You will then be amazed to see how abundant comfort for the suffering flows from your lips. Your efforts will be fruitful and blessed, for you are putting My teaching of love into practice.

52. Now I tell you that you should be charitable not only toward your neighbors but also toward other forms of life and species, for all are creatures of the Lord. Everything is the perfect work of the Father, in which His wisdom is revealed.

53. In nature, there is life, development, and transformation within it.

54. I let you know who you are so that, with this understanding, you may be charitable toward all creatures.

55. Know yourselves; recognize your abilities and your feelings. Do not confuse pure feelings with passions. Recognize the inclinations and instincts inherent in the body, so that the spirit may always rule over it. Do not deny your spirit the opportunities to love, for where selfishness reigns, it cannot shine forth in love for your fellow human beings. When you love, do so spiritually and in a way that your love extends to all. If you tie it to specific individuals, limiting it only to certain people, you have succumbed to selfishness.

56. You can regard spiritual love as universal love. Prepare your heart like a spring that receives the love of My grace as crystal-clear water and pours it out upon your fellow human beings through your deeds.

57. The more you feel this love within yourselves, the greater will be the healing power that you allow to flow into the wounds. It will be a true healing balm that awakens the downtrodden soul to new life, and a fragrance that fills the lives of those who weep with sweet aroma.

58. Recognize that no spiritual love dwells in the hearts of people. They do love, but with a selfish love that even destroys their own lives, for passion is like a worm that gnaws away at the finest feelings. When passions arise in a person's heart, they ultimately destroy all the good that was in their soul. Passion is the abyss that opens up at a person's feet, and

when it drags him down into its depths, it causes him to lose the light and peace.

59. Behold how My teaching dispels ignorance, so that you may recognize Me as divine and sole Wisdom and destroy the false gods, just as Abraham did when he sought God beyond the that his eyes could see. Therefore, I made a covenant with him, that he might be the seed of the chosen people. When he was put to the test, he proved that his God was the Creator and the Living God.

60. You, too, must prove the truth of these revelations—through a pure way of life and through acts of worship free from exaggerated and fanatical devotion.

61. Remember that engraved on the tablets of Moses was the commandment that tells you: “You shall not make for yourself an image or any likeness of anything that is in heaven above, or on the earth beneath, or in the waters ‘under the earth.’”

62. Consider how long I have been turning you away from idolatry, so that you may recognize Me as standing above all creation, above all that moves and changes, so that you may lift your spirit up to the Kingdom of Heaven.

My peace be with you!

Instruction 163

1. People, I see your tears and hear your sobbing. I behold your hardships and sufferings. I see the chains of poverty and deprivation that you bear, the disappointment that weighs on your hearts, because you have come to the conviction that there is neither justice nor love for one's neighbor in the world. Then you pray and say to me: "Lord, I am not worthy of Your peace. If I do not deserve Your blessings, grant me the strength to endure the sufferings and injustices of life."

2. In these moments, my presence becomes palpable, telling you: Do not lose patience, remain level-headed, do not despair even for a moment, for you do not know when my peace will knock at your door. Rest your head on my chest and no longer listen to the clamor of war. Forget your tribulations and remember that you will not perish as long as you are with me. Come to me; follow your Father and Lord. In me, you will find the brother, the husband, the friend, the father.

3. Strengthen your hearts by heeding my word, so that when you resume the struggle of life, you may do so with an upright posture and your heads held high, and you may smile with confidence.

4. Do not doubt anymore in the moment of trial; do not say that I did not hear you in the moment of pain, in the most difficult moment. As long as there is a breath of life within you, as long as your body breathes, as long as your mind thinks and your soul suffers, I will be with you, for I am the Life that pulses and vibrates throughout the entire universe.

5. Learn to pray—not only in your hours of sorrow, but also in your moments of joy. You bring only your tears, sufferings, and sorrows before Me, but in your joys, when your heart is in a festive mood, you forget Me; then you shut your doors to Me.

6. I must speak to you and equip you for your struggle, which will be difficult. I want there to be light within and around you, and for you to practice virtue both inside and outside your home, for in this way no one will be able to catch you off guard while you are (spiritually) asleep.

7. I have foretold to you that long caravans of people from foreign lands will come to this country, seeking peace for their hearts and light for their spirits. They will encounter the disciples of this teaching, whom they will question. They will demand from a testimony of what they have heard and subject them to a test to confirm the truth of this Word.

8. Do you not think that your heart must then be a true source of love for your neighbor, of goodness, and of light—one that is ready to overflow as a source of support in the times of need for your fellow human beings?

Would it not please you if every home of My people were a school where divine instruction is put into practice?

9. In the Second Era, I brought My teaching to many towns in Judea, and everywhere I found a suitable place to make My Word heard. The Master was always vigilant, and when He was put to the test, He was never taken by surprise. The valleys heard My voice, the mountains echoed My words, the waves of the sea received the vibrations of My messages, and the solitude of the deserts was illuminated by My presence.

10. I want you to unite, so that this people may be like an oasis in the desert of the world. I know that people will seek you out, for they will grow weary of destroying, sinning, and killing. In the face of the words of light and lofty thoughts, the spirit that still slumbers today will awaken, and My teaching will appear on earth like an ark of salvation. This time will be a test for this people, for many hearts will depend on their testimony.

11. Why, then, should you despair or rebel now in the face of these trials, rebel against the trials, since they are the chisel that smooths your heart so that can and will be the interpreter of its Master tomorrow?

12. I want to hear you say to Me: "Thank You, Master; Your trials have corrected me, and Your light has encouraged me on the path. My sick have recovered, and I was able to comfort the afflicted along my way."

13. I expect others to tell Me that I should prepare them to become My workers, that I may entrust them with the tools of the trade so that they may sow the seed of peace and love in the hearts of their fellow human beings.

14. My caring help depends on your request that I grant you the divine gift of being workers in the spiritual field.

15. Today I wish to comfort you in your afflictions: you who are sick, who have borne the cross of suffering throughout your entire lives, come to Me; I will heal you. I will teach you to fight against your illnesses and, with patience and humility, to moment of deliverance from the suffering that weighs you down. I will also show you everything you have encountered on your path of atonement.

16. Come to Me, all of you who have brought with you a burden of suffering. It is in vain that you seek healing and comfort from people, for love for one's neighbor has vanished from people's hearts, and you must know that without love for one's neighbor, no miracles can be performed. Science alone is not enough to free the world from its pain.

17. Scientists, full of vanity, regard the divine revelations as unworthy of their attention. They do not wish to elevate themselves spiritually to God, and when they do not understand something about their surroundings, they deny it so as not to have to admit their inability and ignorance. Many of them wish to believe only in what they can prove.

18. What comfort can these people bring to the hearts of their neighbors if they do not recognize the primordial principle of love that governs creation, and furthermore do not understand the spiritual meaning of life?

19. I knew that these times of the dominance of materialistic science, of selfishness, and of indifference toward those who suffer and perish would come, and that is why I offered to send you the Comforter; here you have the fulfillment of that promise. I have come in the Spirit to explain all mysteries to you, so that you may become children of the light. I bring you the divine comfort of this revelation, and with its help you will be able to overcome all of life's trials and rise up to Me.

20. I called you, and when you came into My presence, you told Me, with tears streaming down your faces, that you are the most needy on earth; you laid your misery before Me and pointed out your lack of knowledge and your limited abilities to navigate the vicissitudes of life. Then I revealed to you that you are by no means outcasts or the poorest of the poor. I tested you, and you lamented because you felt disinherited, without having discovered that you carry a treasure within your spirit.

21. The sick man wept because he had no doctor within his reach to heal him, and he had not yet discovered that his spirit possessed an abundance of healing balm.

22. The one who wept because of his ignorance did not realize that in the silence of his heart the divine voice of his Master was sounding, calling him into the spiritual realm. The one who considered himself disinherited had not discovered all the gifts with which the Father had sent him forth to fulfill his mission on earth. It was necessary for the truth to penetrate to you and kindle the light in your hearts, so that you might awaken from your deep lethargy, rise up full of faith, and say: "We are not alone; the Lord is with us." We are not outcasts; our being is full of the Father's gifts. We will not perish under the weight of pain, for we have in our hearts the inexpressible comfort of the Master's Word, which bestows its light upon us in all our ways. We are not dependent on the will of men; our fate does not depend on them, but on the will of our Father. There will be no more obstacles, snares, or wrong paths to discourage us and divert us from continuing on the true path. In pain we will find comfort; in dark hours we

will let the light shine forth; and in our life's struggle we will feel strength flowing into us. Who has saved us? Who has restored our health and our lives? It is the Master who, through His divine Word, has led us back to the true path and bestowed upon us the comfort He promised from the very beginning."

23. Love the truth, O disciples; understand it and live by it. Whoever knows the truth possesses within themselves the joy of beholding the light of God. They know peace and walk unwaveringly on the paths of fulfillment.

24. This work will be criticized and rejected by many when they learn that spiritual beings have manifested themselves in it. But do not be concerned, for it will be only the ignorant who oppose this part of My teachings.

25. How often have the apostles, the prophets, and the messengers of the Lord spoken to the world under the influence of spiritual beings of light, without humanity being aware of it, and how often has each of you acted and spoken under the will of spiritual beings, without realizing it! And it is precisely this—what has always happened—that I have now confirmed to you.

26. In the Second Era, Jesus taught you that the human mind is a door through which the spirit world can enter. He taught you to free yourselves from the confused beings who, through their evil influences, put people to the test on their path of atonement for the transgressions they have committed; just as He also taught to perfect yourselves to such a degree that the Holy Spirit may speak through the mouth of man.

27. And yet, how often have these revelations been exploited, and how have they been desecrated! That is the reason why my work has been opposed in this age and will continue to be opposed. But those who truly believe in it will continue to study and follow it, so that tomorrow they may explain My teachings and lead those who are confused away from their error, as well as those who profane My teaching.

28. In this age, I wished to set forth all these revelations in detail and bring their explanation to a close, and to this end I sent Elijah to enlighten your minds and prepare the way for you, so that you might not be thrown into confusion by My coming and that of My spiritual hosts.

29. Elijah, as a spiritual being, knocked on the doors of the Chosen One of this time, who, without knowing or being aware of anything about the present revelation, found himself troubled, subdued, and overcome by the spiritual power that knocked at his heart to prompt him to devote himself

to this service. This was the first seed, tended by the first believers, which bore the first blossoms and the first fruits.

30. The plant grew and became a young sapling; its blossoms were the revelations of the beings of light who came to this people as messengers, prophets, guardian angels, and advisors. The fruits were the revelations of your Master through His divine ray, which has brought you the sweet taste of life.

31. How could you eradicate the idea of death within yourselves without witnessing the existence of beings who were once on Earth and who now live invisibly in another world? How could you free yourselves from those who lie in wait for you and cause evil, and how could you live in harmony with those who carry only light and goodness within themselves? — Only by sensing their presence, hearing their voices, and following their counsel—by experiencing their manifestations and witnessing how they carry out their works. The testimony of this people must spread throughout the world to convince those who, though they say they believe in life, do not believe in the resurrection or in eternity. They are the dead who guard their dead because they are afraid of gaining knowledge.

32. People, make use of the days that remain to you for this spiritual revelation through the human intellect. You know that this teaching will be brief, and that the fruit of your experience—the true, clear testimony, free from secrecy—is what you will bring to your fellow human beings tomorrow.

33. I will not allow you to continue to induce the spirit world to communicate through the physical senses once the time I have set has passed. But you should know that, even though the ray of the Lord and the spiritual beings will no longer take possession of your minds, inspiration from your Lord will continue forever and ever for all those who lift themselves up in prayer. And the light of the spiritual world will shine from one world to another, from one spirit to another, and reach all My children.

34. Blessed are all who truly make use of this time of instruction, for after the year 1950, they will be the ones to spread the seed of My teaching. You who have been part of the foliage of the mighty “Tree” shall ensure that people find in it the fruit of life and truth.

35. People, when you speak of My teaching and feel its truth in your hearts, you will see how many of your words become reality; and when you put all your words into action, you will perform true miracles. But if it

is not the Spirit speaking through the body, if it is not He who makes Himself known, you will be able to give neither peace nor health.

36. The Spirit will be able to make His voice heard when you are prepared. The Child of the Father who dwells within you possesses great power, granted to Him by His Creator to help those in need. Therefore, I teach you not to let those who bring their misery before you perish, nor to allow the cry for help of the one who calls out to you to fade away in the wilderness. To pass on what you receive is a law that your Father has taught you. Have I not loved you? Then you, too, can bestow love upon your fellow human beings. Pass this brotherly love on to one another.

37. Man does not live by material things alone; he must also nourish himself with spiritual treasures. I speak thus to these crowds of listeners who listen only humbly, and My teaching transforms them little by little. But when will you carry this light to all the peoples of the earth? When will you bring about the purification of all people in My truth?

38. Everything has been desecrated by humankind, not just the soul: the waters are polluted, the air is contaminated and saturated with germs of disease and death, and so I ask you: With what teachings and at what time do you intend to purify yourselves? When will you ever be ready to purify yourselves in body and soul if you seek only to wash your bodies? What would you achieve by doing so? — To deceive yourselves. First purify the heart and the mind, from which all evil thoughts and wicked deeds arise. The incarnated being needs spiritual bread in order to feel—even if only for a few moments—what it truly is: spirit.

39. Seek another kind of bread besides the daily necessities; strive for another home besides your own. This bread is that of My Word, and this home is in infinity.

40. As I speak to you, your hearts share with Me many of their desires and hopes. I respond to some of My children who, on their life's journey, have experienced the presence of spiritual beings whom you usually refer to as dark or confused spirits.

41. Why do you ask Me to remove these beings from the places where they habitually make themselves known? They must learn that they have survived their apparent "death" in order to fulfill the law of atonement and gain experience. They are fulfilling—albeit involuntarily—their task of providing unbelieving and materialistic people with the true testimony that the soul survives the body.

42. Therefore, I will not recall them until the time I have set arrives. For now, they still have a task to fulfill. Therefore, do not ask Me to remove them from you; they must wait until the time appointed for them. Why do

you want everything in life to go according to your wishes and not as is best for others? I point out to you that those beings will not bother you if you are magnanimous and show them compassion.

43. Lift your thoughts upward now, ask, and you will receive. Ask for what you consider right for yourselves and your fellow human beings. Maintain inner stillness in these moments when you ask, and have faith that it is I who am present, so that you may enter into communion with Me. I hear the souls, I come to the hearts, I speak to you from spirit to spirit. I take from your hearts all pain, all fears, all sorrows, and all troubles. There is not a single heart that I have not visited; there is not a single consciousness that I have not enlightened; there is not a single pain from which I have not freed My children, to take it with Me and form a crown of thorns from them all together.

44. This is how you should pray according to My will; this is how you should always receive Me. Do not show your love through outward gestures that serve only to make others see you doing them. Seek Me in silence, be alone with your Lord, and you will succeed in having My presence in your hearts and hearing My voice telling you: “I give you My mercy because you are transient in this world.”

45. Elijah is currently uniting the chosen souls—whether incarnate or no longer in the flesh—so that, united, they may be strong, for the trials that lie ahead of you are great. Yet, enlightened by the light of My Holy Spirit, you will emerge from them, for I love you and will not let you be put to shame. Train yourselves so that you may grasp My Word correctly and know how to separate the wheat from the weeds. Watch and pray, so that you do not stray from this path and are not taken by surprise by pain.

46. Understand that it is not I who inflict pain, for I am your Father, who desires to adorn your soul. It is you yourselves who sow pain along your life’s path, and when it then overtakes you, you say to Me, “Lord, why does pain weigh us down?” Yet recognize that I give you only love, bless you, and impart My teaching to you.

47. Hear my parable:

48. A woman was walking along a path, leading three little boys with her; the oldest was eight years old, the middle one seven, and the youngest four. She showered them with motherly love, feeding and clothing them with great tenderness. One day, the oldest son said to his mother, “For a long time now, you have been toiling to feed and clothe us. I am the oldest of us brothers and am ready to do whatever you ask of me to help you provide for my brothers. Likewise, my slightly younger brother, when he grows up, will help you care for the youngest, and when

the youngest has grown up as well, he will work just as we do, and so we will all stay together on the same path.”

49. The mother said to him, “You are still young, and truly, I tell you, you do not yet know the world. People, in their wickedness, will harm you, and then you would have to return to me, filled with pain. But since I love you, I do not want you to go astray or experience pain through your own actions.” The boy replied to her meekly and obediently: “I will do as you wish and wait until the right time comes, when I can go to the places you direct me to.”

50. The woman then said to him, “Truly, you have now learned your first lesson, and that is why I consider you the greatest among your siblings—not only because of your age, but because you are obedient and level-headed.”

51. The years passed, and that boy had grown into a young man. His brothers, who had also grown taller, took their older brother’s prudence as a model, for his intelligence grew greater day by day.

52. One day, the woman said to the young man, “Do you wish to roam the paths of the world? I will give you a book to study, so that you may imprint its teachings upon your mind and heart. For truly, I tell you, it will enable you to weather all dangers unscathed, and no pain will take you by surprise.” Then she led him, along with his brothers, to a hut where a venerable old man lived, to whom she said, “Here are my children, for whom you have waited a long time, for you knew them even before I did. I hope that you will welcome them and stand by them according to your will.”

53. The old man looked at them with great love and said to the woman, “Your children are good, but they still need to be prepared to go out into the world; for they are still weak, and the world could infect them with its corruption. Give me the book you hold in your hands, so that I may reveal great teachings to you from it. Reflect deeply on these lessons, and their truth will enable you to weather all dangers unscathed.” Turning to the young man, he said, “You shall learn from this book and lovingly teach your brother, so that he, in turn, may instruct the youngest, and you may all bear witness to this teaching through your acts of love.”

54. As the eldest of the brothers looked upon the old man, whose face was so kind and gentle, he knelt before him and said, “Let me kiss your hands and your forehead.” The old man replied, “Do so, for you are worthy of my love, and with it you will accomplish great deeds.” Then the woman said to the young man, “Prepare yourself, for you will soon leave my care. But even when you are far away, you will be with me. I hope that

you will always remember your brothers and keep in mind that they should follow the example you set for them. Do not stumble; be like a pure and clear mirror in which they can see themselves, so that, by following your example, they may be spared from pain.”

55. The young man replied: “Because I love you and the good old man, I will do everything in my power to be a good example for my brothers.” The right time came, and the young man set out for various places, but everywhere he saw that wickedness and bitterness were great and that hearts were hardened by sin. For a moment he felt fear; but remembering the old man’s words, he opened the book, and on the first page he found the law that was to govern people, so that by obeying it they might be strong. He found teachings of infinite love, with the help of which he would be able to bestow healing balm that would soothe the pain of the sick and cheer the afflicted—the light to restore sight to the blind, to enlighten the confused, and the wisdom to bring peace to the hearts of his fellow human beings.

56. Great was the joy of that young man who, in the midst of the desert, lifted up his spirit and said to the old man: “Blessed be You, Lord; You have enlightened me through Your teaching, and I feel that You dwell in my heart, and that You have inspired me with the works I am to do according to Your will. I am ready to face the struggle to bring Your divine message to the inhabitants of this world, to draw near to those who feel sorrow in their hearts, and to those who thirst for Your teaching.”

57. That young man recognized that those crowds of people, who—aside from the pain they felt in their hearts—were surrounded by an immeasurable darkness, were hungry for justice and mercy.

58. Full of love, he turned to those crowds and said to them: “I come to you from a distant place, thus fulfilling the mission of an elderly man, to bring you the balm for your sufferings and to foster your capacity for understanding. Hear the message I bring you, open the doors of your hearts, and receive the truth within yourselves; for I love you as I love the elderly man who sent me to you, and I pass on his loving help to you.”

59. Thereupon, those in distress stretched out their hands, and as they felt that gift of love, tears of repentance welled up from their eyes, and the words of that messenger were like crystal-clear water that quenched their thirst. They felt peace and gave thanks to the elderly man who had sent them that young man, who, through his example, taught them the path to their salvation.

60. The young man said to them, "Keep what you have received in your hearts, and do not let time or the wickedness of the world snatch it away from you, for then your atonement would become twice as difficult."

61. Those joyful crowds asked him where he came from and what his name was, to which the young man replied, "I cannot tell you. You need only know that I am a messenger. Have faith in what you have received. For if you have faith, even your leprosy will disappear."

62. When the people felt healthy and strong, they sang a hymn of love they had not known before, and, guided by the young man, they offered their faith, their devotion, and their love to the old man.

63. When the young man returned to the old man to report the fulfillment of his task, he found that the one who had sent him to bring his message of love to his neighbor embraced him and, turning to the woman who had brought him there, said: "This is the son who was able to fulfill the mission I entrusted to him, so that his example might serve as a model for his brothers and sisters, that they may set out, when the right time has come, to proclaim My truth to the hearts of people."

64. Beloved people, once again I have given you My teaching of love so that you may grasp it clearly and let it be the light that guides you on your life's journey; so that, by fulfilling your task, you may draw nearer to your Father, who, full of love, will give you your reward and, like Moses, show you the luminous realms of the Promised Land.

My peace be with you!

Instruction 164

1. I have tested you greatly during this time so that you may attain the light and strength the soul needs to achieve its perfection. There is no trial that has no solution, nor any pain that does not leave a ray of light in the soul. It is precisely through this that you can assess your devotion and correctly evaluate your weaknesses. For you must give proof of faith and bear witness to My teaching—not only with your words, but with your deeds, which are to serve as an example to your fellow human beings.

2. I am training you so that, after receiving instruction, you will be able to put it into practice and will not forget it. I am shaping you on your life's journey so that, when the time comes when you no longer have My Word through the messengers, you may continue to converse with Me from spirit to spirit. Wherever you go, I will accompany you, and in your words will be My Word, in your thoughts My inspiration, and in your spirit will be Mine. You are My new disciples, and I will not forsake you, just as I did not forsake those who followed Me in the Second Era. They, too, were tested, and in the most difficult moment of the trial, I observed them and assessed their faith.

3. Recall the following Bible passage: The Master, accompanied by his disciples, was traveling by boat on a calm lake. Jesus spoke, and they listened to him. After the teaching was finished, the Master closed his eyes and rested. The disciples discussed My Word and helped one another understand it. — Up to that point, everything around that group of disciples had been filled with peace. Then the signs of a great storm appeared; the storm broke out, and the churning sea was thrown into turmoil; the waves rose high, and the boat was tossed about by the waves. The disciples feared for their lives; they gave each other instructions and furled the sails, while some prayed. They did not dare to wake Jesus, but as the danger increased, they called out to him loudly. But he was asleep, and they were not answered. They then called out to him a second and third time, saying, "Master, wake up; look, we're going to drown." Jesus opened his eyes and said to them, "O you of little faith, who have not believed in me." And stretching out his hand, he commanded the waves to subside. Peace now reigned once more, and the sea remained calm. The disciples, ashamed of their lack of faith and moved by the miracle that had taken place before their eyes, vowed never to doubt again, and after this trial, their faith was greater.

4. At this time, you, too, are sailing on such a sea. You are struggling against a storm of errors, of sin, and of selfishness. The boat is My work; that Master is the One to whom you are listening right now; you are the

disciples who are with Me now. The waves lashing your boat today are also raging, and as the storm intensifies, you think that I am asleep. When you then call out to Me at the top of your lungs, you deserve for Me to repeat that very same word to you and tell you that you have not put My teachings into practice.

5. Let us continue on in the boat. Behold, the moment is already approaching when I will stretch out My hand over the waters and say to them, "Be still and quiet." Today I am preparing you, for soon you will no longer hear Me, and I want to leave you strengthened. I have not yet given you My final instruction, but when that hour comes, do not fear the trials, do not lose heart in the face of danger; remember My instruction and reflect deeply upon it; through it you will be strong and able to fulfill your mission.

6. Now the Master asks you: Where are your dead, and why do you weep over the passing of those you love? Truly, I tell you, in My eyes no one has died, for to all I have given eternal life. They are all alive; those whom you thought were lost are with Me. Where you think you see death, there is life; where you see the end, there is the beginning. Where you think everything is a mystery and an unfathomable secret, there is light, clear as an everlasting dawn. Where you believe there is nothing, there is everything, and where you perceive only silence, there is a concert.

7. Your soul has not yet fully awakened to its upward evolution, but the trials to which I will subject you in many forms during this time will confront you with reality, and this world, which you currently love so much, which you admire so much because it has brought pleasure to your physical body, you will then consider pitiful, because you have ascended and reached a higher, more spiritual plane of life; and this will continue until you attain the fullness of life.

8. Blessed are those who use from the world only what is necessary for the progress of their soul and body, for in this way the separation from this world will not be difficult for you. You will not feel that your soul is suffering when it physical shell.

9. I want you to be able to detach yourselves with true resignation from the body, which is temporarily your shell, your garment, and to do the same with everything you have acquired in the world you inhabit today. You should know that for the soul there is no distance, absence, or death, and upon departing from this world, you should realize that you are entering a better life, in which you will continue to love the same Father, be governed by the same Law, and strive toward the same ideal of upward development; that from there you will have a better perspective on life,

carry out your mission more effectively, and be able to distinguish the abyss from the summit.

10. How greatly does man fear death, how despondent is he when the hour of death arrives. The soul fears infinity, that highest and unknown realm. And why do you fear? — Because you have not prepared yourselves. I have given you spiritual instruction; you have known your destiny from the very beginning. The divine and human laws have always been in harmony, teaching you to live righteously so that you may face that hour with awareness and preparedness.

11. Whenever you were close to forgetting My teaching, a messenger from Me appeared among you—be it a prophet or Myself—to bring the light back to you. That is why I have now come to you in silence, without pomp—for some, full of mysteries; for others, as a shining example; in a perplexing way for those who were unable to understand Me; yet full of majesty for those who have clearly sensed My presence.

12. Pray, O people, that the peace of My Spirit, united with this prayer, may be felt throughout the whole world and spread over it. When you are all in the spiritual homeland, you will realize that your prayers were not in vain. There you will experience how close all spiritual beings are to one another and how easy the dialogue from spirit to spirit is. What science has been unable to convey, you will realize through My instruction, which encompasses all things, and through which I am currently imparting these teachings to you by means of human intellectual capacity.

13. On this morning of grace, the radiance of Christ is revealed to receive you on behalf of the whole world.

14. Gather your thoughts and listen to my word. I have come to you in the Spirit because *you* have not come to *me*. But truly, I tell you, a person must attain full spiritual development so that he may ascend spiritually and come to me. — Throughout the ages, humankind has shown opposition to My commandments, claiming that the stubbornness of the flesh hinders the progress of the spirit. Yet I have taught you with great kindness to put My teachings into practice, so that you may realize it is not impossible to follow them.

15. Recognize that you have come to a standstill, while the world needs you; that it is necessary to work on yourselves and to unite so that you may find strength in your works. You must understand that this Word imparts to you not only earthly righteousness but also spiritual confidence. The Father's grace is contained within it.

16. Through your zeal to perfect yourselves, and by sowing love and mercy along your life's path, you will attain spiritual salvation.

17. Strive to attain spiritualization by being people of good will, with steadfastness of character, for this work transcends all human knowledge, all that man possesses, and all that he can come to know in this world. The materialism into which humanity has fallen prevents it from even glimpsing the wondrous life of spiritualization. I am not judging you at this moment; I only want you to understand Me by reflecting on My Word.

18. The world does not hear Me, for the voice of these bodies through which I make Myself known has only a limited range. Therefore, it is the voice of conscience—which is My wisdom—that speaks to people and surprises many who, under the spell of their selfishness, are otherwise deaf to the calls of that voice, paying attention only to flattery and earthly prestige and reveling in their social status and power.

19. When these people learn that I have spoken to you and revealed to you that, in order to come to Me, you must practice love and mercy, they will awaken from their deep spiritual slumber, prepare themselves, and come to Me humbly to serve Me. Through these examples, I will speak to humanity; I will shake the very foundations of their beliefs. Languages and races will intermingle, for people will discover the mystery of brotherhood that they had not found in their books and parchments.

20. I love you all; to all of you I give My guiding Word, so that it may lead you on the true path and ultimately convince you that you are practicing My perfect Law.

21. Today you live more for the world than for Me. You must do justice to both equally by giving your body what it needs for its sustenance and your soul what it needs for its salvation.

22. Everyone strives to expand their human endeavors; every mind produces different ideas, yet not all human works serve to help you achieve a higher level of development, for to do so, they must be in harmony with the perfect Law of Love.

23. Through their science, humans violate the laws of nature and direct the forces that I created for your benefit onto the path of destruction. That is why there are so many upheavals in your lives. For you unleash murderous wars, and the messengers of peace feel they have failed and find no one who believes in them.

24. But I am training new messengers to bring My peace to every heart that needs it, and that is you. Let humanity share in this peace through your prayers. Also create peace among your fellow human beings through your deeds; then you will win over one heart after another, and the day will come when the world enters the realm of peace—not the peace that people make, which is founded on their power and threats, but that which

is based on spiritual peace, the peace you will achieve by loving one another.

25. After 1950, the era of spiritualization will begin. I will manifest Myself through everyone who prepares themselves, and thus you will feel that My Spirit never departs from yours.

26. My Word will be engraved in your spirit, and you will see it come to pass. Whenever you remember it, you will feel comfort in your hearts, and confidence and light in your spirit.

27. My law cannot be a heavy cross upon your shoulders; ; on the contrary, it is refreshment and delight for the spirit.

28. Do not fear your unbelieving fellow human beings because you serve Me in this way. For them, too, the time is appointed when they must come into My presence, and when this happens, they will set out to serve Me. But first, *you* must serve *Me* so that you may set an example of My teaching. The time you spend here serving Me, I will repay you in eternal life.

29. Through you, I wish to bestow My love upon humanity. Behold: While your nation is safe, others are plunging into ruin. Turn your gaze and thoughts toward the East, and there you will discover hunger, pain, and despair. Therefore, let your prayer be full of compassion and love for your fellow human beings, for then the love of your spirit—for which there are no distances—will reach your fellow human beings and envelop them in your loving mercy.

30. How many dream of dying in the hope that this moment will bring them to Me, so that they may then worship Me eternally in Heaven, without knowing that the path is infinitely longer than they have believed. To ascend even one rung higher on the ladder to Heaven that will lead you to Me, one must have lived the human life in the right way. Ignorance is to blame for the fact that many misunderstand the essence of My teachings.

31. They fear defiling themselves in this world because they believe that doing so will cause them to lose heaven forever. Yet they are mistaken, for no one will lose heaven. Eternity is the opportunity willed by God, which your Creator offers you so that you may all come to Him.

32. Another error is to want to remain pure, not out of love for the Father, not to please the One who created him, but solely out of the selfish desire to fulfill the requirements for securing a position for oneself, a comfortable spot—and this also in the future, in eternal life, according to the conception that people have formed of it.

33. Some feel compelled to do good deeds because they fear that death will take them by surprise and that they will then have no merits to offer

their Lord. Others turn away from evil, but only out of fear of dying in sin and having to endure eternal torment in hell after this life.

34. How distorted and imperfect is this God in the form in which so many imagine Him! How unjust, monstrous, and cruel! Even if one were to combine all the sins and crimes that people have committed, this could not be compared to the abhorrence that the punishment of hell would entail for all eternity—to which, in their opinion, God condemns the children who sin. Have I not explained to you that God's highest attribute is love? Do you not then think that eternal torment would be the absolute negation of the divine attribute of eternal love?

35. Christ became human to reveal divine love to the world. But people have hard hearts and a self-righteous mind; they quickly forget a teaching they have received and misinterpret it. I knew that people would gradually confuse justice and love with vengeance and punishment. That is why I foretold a time when I would return to the world in spirit to explain to people the teachings they had not understood.

36. That promised time is the one in which you live, and I have given you My instruction so that My justice and divine wisdom may be revealed as a perfect teaching of the sublime love of your God. Do you think that I have come because I fear that people will eventually destroy the works of their Lord or even life itself? No, I come only out of love for my children, whom I wish to see filled with light and peace.

37. Is it not right and just that you, too, should come only out of love for Me? Not out of love for yourselves, but out of love for the Father and for your fellow human beings. Do you think that the one who avoids sin only out of fear of the torments of hell is inspired by divine love, or the one who does good deeds only with the thought of the reward he can thereby attain—namely, to win a place in eternity? Whoever thinks this way does not know Me, nor does he come out of love for Me. He acts only out of love for himself.

38. The hour has come when the dark veil of ignorance that has so long covered the eyes of humankind will fall away forever, so that they may see life in all its fullness. If some wish for people to continue believing in the punishment of hell, so that this belief may serve as a rein to guide their steps on earth, I tell you that the truth has more power over the soul than deception.

39. Listen to My Word with inner concentration, O disciples, and reflect deeply upon it.

40. Humanity, if you had devoted all that you have used to wage bloody wars to performing humanitarian works, your existence would be filled

with the Father's blessings. But man has used the riches he has amassed to sow destruction, pain, and death. This cannot be the true life that those who are brothers and sisters and children of God are meant to lead. This way of life is not in harmony with the law that I inscribed in your conscience.

41. To make you aware of the error in which you live, volcanoes will erupt; fire will pour forth from the earth to destroy the weeds. The winds will be unleashed, the earth will shake, and the floodwaters will devastate entire regions and nations.

42. In this way, the realms of nature will express their displeasure toward humankind. They have broken ties with humankind because humankind has destroyed, one by one, the bonds of friendship and brotherhood that connected it to the nature that surrounds it.

43. The Master gives you these revelations because I see that, on the one hand, scientists are doing everything in their power to wrest nature's secrets from her and discover new elements and forces for the purpose of destroying and killing, while on the other hand, they disregard true science—namely, that which teaches us to preserve, to love, and to build up. The people of this age are not fully aware that they have neglected their true mission and abandoned their duty.

44. Millions of sick people live on Earth; millions of children are left to fend for themselves and are without guidance. Countless elderly people lack the comfort of a companion to help them bear their lot. There are unprotected widows and women who do not know the precious warmth of a true home. You have trampled underfoot the most precious thing in human life by desecrating marriage, which is an institution of divine origin. Human life, which should be sanctified, is being violated. You are destroying the homes of My children, which must be inviolable because they are the sanctuaries and temples where I am worshiped, however humble they may be. Yet people claim to have a religion, whereupon I might ask them: What kind of religion is this that teaches you to do such deeds as you have done?

45. On the great day, the Father will speak to all people, and His voice will signify judgment.

46. This calamity stems from the materialism into which humanity has fallen. Since you have relegated the spirit to the lowest place and have preferred the passions of the flesh and your notions of death to it, it is only natural that you have ultimately arrived at the result you see today. Since the flesh is selfish—what other fruit could you have expected from it except wars and complete moral degeneration?

47. Only the teaching of spiritualization will enable people to hear the voice of conscience and allow the spirit to free itself from sin.

48. The new war that is about to break out will not be waged for material goals, but will be a struggle between the Spirit and the “flesh,” and when the Spirit has triumphed, it will proclaim the reign of love among humankind as a sign of the restoration of peace in the world. Do you not think that, upon the foundations of true peace, you can build a world of spiritual and material progress?

49. It is the work of spiritual edification that awaits future generations. When a person dedicates his life to this noble and lofty task, he will feel that he has found harmony with his Lord, with his Creator, who continues to work for edification.

50. If, as you listen to these teachings, you begin to renew the small world of your words, thoughts, and deeds, you will thereby contribute to the renewal of humanity.

51. The universe is a great book of wisdom that I have opened before the eyes of humankind so that they may recognize the laws that govern creation and learn to observe them. By studying this book, he will attain wisdom; he will strive for improvement, well-being, and progress in his life on earth; and when he crowns this knowledge with every kind of spiritual insight, he will achieve absolute victory in this existence, which is a profound and great trial; for he will make the truth his own and will be immortal.

52. The divine laws that govern the universe are those of wisdom, power, and love. From them are derived all others that underlie the creation of all that exists.

53. “Universe”: When a person studies you with a pure heart and a mind filled with a longing to understand more of My truth, and above all is inspired by the Spirit rather than by selfish or arrogant feelings, he will receive from you the great teachings he has not yet received. In you, he will be able to find a reflection of My Kingdom.

54. My beloved children, My light pours into your minds so that you may study My words as the letters of the book of My wisdom. The human mind is an infinite field that serves spiritual contemplation. Reflect upon My words.

55. Many have listened to Me, but for the time being, not all will set out to follow Me with the same love. Even in those days, I called great multitudes, yet only twelve men followed Me. Even among them, only three were truly close to the Master, and John was the only one who received the revelation of the great mysteries, because he opened the

treasury of divine wisdom through the power of his great love. Love opens the gates of wisdom, for it contains humility and gentleness. Love is the true home of peace in the eternity of the Spirit. Whoever practices it need not ask for anything, for wisdom comes to him. He understands the imperfect, the sinners; he condemns no one, but excuses all. He understands both the weak and the strong. Love brought everything into being; through it, humankind was created, and it will be the power that moves all and brings them to unity. Love is the reason for your existence.

56. How many mysteries still remain for humankind. They are surrounded by invisible and imperceptible beings who should already be visible and perceptible to them.

57. A life full of beauty and revelations pulsates over the existence of humankind, yet they, in their blindness, are not yet able to perceive it.

58. Do not forget My teachings, for they will help you to be apostles of the truth. A true apostle of My teaching is one who does everything that God taught him through Jesus. I assure you, if I were to ask each of you who have been listening to Me for so long, "What are you doing right now? What have I commanded you to do, or what do you desire? Are you doing what *God* commands you, or what you yourselves have decreed?" you would not know how to answer Me.

59. This nation was chosen to fulfill My promise in this era, so that you might be witnesses to the beginning and the end of My Word. Even in the Second Era, it was not necessary for My message to spread throughout the entire world for it to learn of My coming. It was enough to awaken one people so that they might set out to bear witness to and spread the seed they had received. I must point out to you that the people whom I had instructed through My teachings were not to regard themselves as the sole possessors of such a great heritage, nor as the only ones entrusted with a spiritual mission in this work. My message of all times was addressed to all people; yet it so happened that *the* people who received the revelation were the least able to benefit from it, because they were incapable of appreciating the gifts and graces with which the Lord had showered them.

60. Remember how, in the Second Era, the seed that Christ sowed in Judea first blossomed outside of it.

61. I do not mean to say that all these past events must be repeated among you, for it is My desire that My teaching shine among this people and illuminate their path. But if you do not devote yourselves to fulfilling the blessed mission I have entrusted to you, if you do not commit yourselves as true disciples of the Divine Master, then at least call people

to you, explain to them what I said to those who listened to Me, pass on My instructions to them, and illuminate their path so that they may follow My law and My teachings.

62. Do not forget that My Word is life-giving and that humanity is destroying itself because it lacks it. My Word is the trail that points the way to salvation. Remember that there are many who have lost their way and wander about in confusion. Go to them and save them.

63. Turn your attention to those who come to hear My Word. See how they weep with joy, repent of their past transgressions, and resolve to improve. See how those who came into My presence, hungry for love, carried peace in their hearts upon returning home. They were despised by society when you brought them into My presence, and you have witnessed how I have made them spokespeople, leaders, and prophets so that they might continue to spread My work. My Word not only strengthened their spirit but was also healing for their bodies.

64. You are a people to whom I have spoken and taught for centuries. By this I mean your soul, which I have often enlightened with the light of My truth, which I have often supported on its path of atonement, and to which I have granted a new physical form.

65. Throughout the ages, I have bequeathed to you a book of love and wisdom so that in its pages you may find the light that guides you on the path leading to God. If you wish to find concrete proof of the truth of My revelations of this time, you can find it in the intimate connection that exists between this Word and the one I gave you in times past, when I told you: "I am the Way, the Truth, and the Life, and no one comes to the Father unless he keeps My law."

May My peace be with you!

Instruction 165

1. Rest for a while, beloved people; leave your weariness with Me. My caring love has called you so that you may come to the Master. I ask only that you purify your minds of prejudices, so that the essence of My Word may be absorbed by your hearts and My presence felt by your spirits. Because of this lack of preparation and spiritualization, you have not understood many of the teachings I have given you. For an indeterminate length of time, you have been coming here as beginners, even though you should already be disciples if you had fathomed My Word and put My teachings into practice.

2. Understand this: If you wish to master your passions and resist the pull that the world exerts upon you, you can find the light and strength to do so in My Word do so.

3. Anyone who is content with this and seeks to ease his conscience merely by listening to Me will soon fall back into his lethargy and is in danger of succumbing to temptation. That is why My Word encourages and uplifts those who stumble along the way.

4. Just as the star once announced the coming of the Messiah, so in this time the Spirit of Elijah announced My coming through its light. My caring love prepared this little corner of the earth for you so that you might receive the revelation of the Third Era. Today the world does not yet know these teachings, but at the right time, the good news will reach all of humanity. Through the gift of intuition, it senses the spiritual significance of this era. There are many who are able to recognize in the great events of this time the confirmation and fulfillment of the prophecies of bygone eras.

5. People, recognize how much grace is bestowed upon you; and yet, even among these crowds of listeners, there are still some who doubt My message and attribute My Word to the spokespeople. What could these people possibly give you, since they are just as ignorant as you are, and you have seen them emerge from your own ranks? Some of them, due to their lack of spiritualization, are flesh and nothing but flesh—sinners just like you. Yet when My light illuminates them, when My ray inspires them, they are transformed by a miracle of My love and My power.

6. You are still like a sleeping city, whose inhabitants indulge in their need for rest and do not hear if anyone is groaning, if anyone needs help, protection, balm, or bread. At present, you still forget others and think only of yourselves. Yet if you forget the people whom you can see and whose tribulations you can witness firsthand—how much more have you

forgotten those who are in the spirit and who carry a painful chain of bitterness with them! Be aware that your task is to watch, pray, and intercede for all your brothers and sisters—those present and those absent, those far away and those near, those visible and those invisible.

7. In this time, I am leading you through a crucible so that, once you have endured it, you may be the salt of the earth, the light that illuminates the dark paths.

8. My voice, full of majesty, calls out to humanity to rouse it from its lethargy, so that you may all become part of My beloved people.

9. I entrust to you the key that opens the door behind which lie many of the revelations you wish to experience. Make use of this key and learn to open the door to the Kingdom, so that you may come to know all that you have regarded as an unfathomable mystery.

10. You are still unable to comprehend many of the revelations that are destined to be part of your body of knowledge, and which people have assumed belong to God alone. As soon as anyone expresses a desire to interpret them or seeks to penetrate them, he is immediately called a blasphemer or considered presumptuous.

11. What would people of earlier times have said if they had been told that one day humanity would know everything that you know—both in terms of science and spiritual revelations? Anyone who had foretold such events would have been called a blasphemer, or would have been considered mentally disturbed.

12. Even in this age, when the communication from spirit to spirit, the establishment of peace throughout the world, and knowledge of the afterlife are announced, the materialistic world will rise up against them, denying with all its might the possibility of achieving such goals and harshly condemning those who dare to foretell such events.

13. If humanity had studied and pondered the words and prophecies made by the prophets of earlier times, they would have found in them much of what you now see becoming reality—of what humanity is currently experiencing.

14. The understanding you have gained of the spiritual realm was foretold to you, as was everything your science has discovered.

15. Today I can assure you that in the future, communication through thought will reach great heights, and through this means of communication, many barriers that still separate peoples and worlds today will disappear. If you learn to connect with your Father in thought, if you achieve spirit-to-spirit communication—what could then still make it

difficult for you to connect with your brothers and sisters, whether visible or invisible, present or absent, near or far?

16. In my teaching, you are currently learning this form of spiritual communication as I have taught it to you. So that you may practice it daily, I have advised you to be still, to close your lips, and to let your spirit speak.

17. I want you to be my good and humble disciples—those who do not seek appointments or honors within the community, but whose sole ideal is to attain perfection through virtue and to follow my instructions, so that your lives may serve as an example. What good would places of honor, titles, or names do you if you have no merits to rightfully possess them?

18. Do nothing and cling to nothing that is wrong. I establish the hierarchy among you without your knowing it, for only I know when you have taken a firm step on the path of development. Always feel small, even if, in essence, you are already masters.

19. Great is the love I have for you, and this love, which you have already felt in your hearts, seeks to awaken you so that you may rise up to fulfill the Father's mission.

20. Through simple people, I give you My Word, which, like a fine chisel, smooths and shapes your spirit.

21. I want you to uphold the ideal of sincerity that My Law has always instilled in humanity, so that it may help you persevere in the struggle until you have established brotherhood and spiritualization in the world.

22. Each of you understands Me according to the level of spiritual maturity you have attained. Therefore, I reveal Myself in different ways so that all may receive My light and be able to comprehend My teachings.

23. Do not stand still on your path of spiritual development. Be aware that as you progress, I reveal Myself more and more, and that with each step in your development, you receive Me with greater glory.

24. Even if those who convey My Word should be defeated in the struggle, I will make Myself known to My people. For truly, I tell you, I do not want you to be deprived of this teaching. Remember: While you have been listening to Me, strength has flowed into you so that your faith may help you overcome the obstacles that arise on your life's path. I wish to prepare you to remain as witnesses to My revelation, and so that you may serve as examples to your fellow human beings as you bear witness through your deeds to the teaching you have received.

25. Learn and act; teach and be mindful of what you do and say; affirm My teaching through your deeds. I do not want hypocrites among My disciples. Consider what would become of humanity and of yourselves if

this work, founded on so much love and patience, were to be brought down by a lack of morality, virtue, and truthfulness in your lives.

26. See how epochs of purification have passed over humanity, and yet there is still no renewal among them. Consider that there are people and nations who have striven to establish lasting peace, yet it has not come; rather, the wave of bloodshed continues to spread. The reason for this is that love and sincerity do not prevail among people. They have not understood how to treat one another with love for their neighbor, and therefore I have brought My peace and My Word, which calls upon the minds of people to unity and mutual love.

27. You who hear Me in these humble places of gathering—unite, love one another as “workers” on one and the same “field,” share the same goal, and let that goal be the salvation of humanity.

28. Seek the essence of My work and refrain from superfluous discussions. Begin by purifying yourselves of blemishes; then you will not defile what is clear and pure. In this way, you will inspire your fellow human beings to correct their imperfections.

29. Love one another as Jesus taught you. Free yourselves from selfishness; put your own selves aside.

30. You must not depart from this world without first having accomplished your work of peace and love. This shall be the testimony you bear of Me, and the proper way to atone for a debt you owe Me.

31. I tell you this through simple people, through the “least of these,” through those who were forgotten by others on their journey through life, who heard the Master’s call and strove to follow Him. Yet this path that I leave you through My Word is the same one I laid out for you in the Second Era, and the same one I left you in the First Era through Moses.

32. Seek Me beyond material appearances; seek Me in the spiritual realm, even though you may find Me symbolized in all of creation. Let it be the eyes of your spirit that behold My presence.

33. Materialism prevents people from recognizing the path they are following. Sin, fanaticism, and vanity form the dense veil that prevents them from seeing their Father. Were it not so, they would reflect on the transience of this life and the value of the spiritual life. They would glimpse that world of perfection which lies beyond death.

34. If people were humble in spirit and in heart, peace would be with them, for peace is founded on humility, not on false arrogance, nor on vain glory. But people are divided into classes, and while some possess every comfort, others perish in misery. That is why there is no peace.

But all that arrogance will be eliminated by My justice, and people will then recognize one another as brothers and sisters, as children of the same Father.

35. The caring love of your Lord has entrusted you with the golden wheat so that through your labor on earth you may multiply it. It is the seed of a work that I began long ago in the spirit of man and that will give him true peace.

36. Blessed are you who have heard My Word in this time, for in it you will find the sure path. But you must not merely hear it; you must fathom it and interpret it correctly, so that when you teach it to your fellow human beings, you do not sow confusion in their hearts.

37. Your spirit must wait until its flesh is purified and renewed so that it may set out to fulfill its mission. Then you will be a single being, both spiritually and physically—a compliant and obedient instrument through which the spiritual gifts that the Father has granted it will be revealed. Do not act like those who—without having understood and fathomed My teaching on spiritualization, without having the necessary preparation and maturity—set out on the path and call themselves “workers,” without realizing that the seed they are cultivating is not truly Mine.

38. Remember that those twelve disciples of the Second Era needed a certain amount of time before they finally understood their Master’s teaching. They received many teachings and were subjected to many trials. I questioned them ceaselessly, and each of their weaknesses or imperfections was addressed and corrected by My Word so that sincerity and truth might come to the fore within them; and yet they needed a period of preparation before they could make My teaching known.

39. What will I not have to do for you, My disciples, who live in a time far more materialistic than that one was?

40. Understand now why I have taught you for so long, and why I test you unceasingly.

41. Whereas to Andrew, Simon, and John, when they first saw Me, I simply said, “Follow Me,” and they followed Me, I have had to speak to you at length in this age so that faith might finally take root in your hearts.

42. I want you to find in those Apostles the example that encourages you in your daily work, and to understand that—when they went out and preached My Word—peace and love had already taken root in their hearts, and there was no longer any impurity within them.

43. There was not a single one who sowed a seed that was not Mine, or who committed an act that might have led his fellow human beings into confusion. The reason for this was that they, like the fruits, waited until

they were ripe on the Tree of Life, so that they might then offer themselves in purity to the longing of the hearts that hungered for knowledge of the truth.

44. Today, however, you have set out claiming to be masters, even though you were not yet capable of learning the very first lesson. You want to save your fellow human beings while you yourselves are still in danger of falling; and you speak of purity, of sincerity, of spiritualization, while you have not even cast off your vices.

45. That is why many of you have returned to Me in tears, lamenting that you have been called frauds—because you could not heal a single sick person, because you failed to convince a single unbeliever, or because you were caught committing acts unbecoming of My work. As a result, some devote themselves to studying My teachings and improving their lives so as not to fail again, while others continue in their dishonest efforts to sow confusion, and still others, discouraged by the defeats they have suffered, abandon the path and deny the truth of My work.

46. I wanted to guide you forward step by step, instructing your spirit page by page in My teachings of love, for there is no longer path than that of the (necessary) development of the spirit. — Truly, I tell you, you can find nothing on earth that is holier to you than one of your neighbors.

47. This teaching of Mine gives you the knowledge of what the spirit, the conscience, the feelings, and faith are and should mean to you. Whenever one of you comes to know these teachings, he feels respect and deep love welling up in his heart toward his fellow human beings, for in each of them he can recognize something of God's presence; he recognizes a child of the Most High. In each of his neighbors and within every human being, he beholds the temple of the Lord.

48. Whoever comprehends all this knowledge and holds it to be certain—would he dare to desecrate this temple, and would he be capable of insulting his fellow human beings?

49. This is the lesson I want you to understand, for when you do, you will be just one step away from obeying the highest commandment, which tells you, "Love one another."

50. How can you call yourselves spiritualists as long as you do not know what a spirit is, and what it means to God and what value it holds for Him?

51. Reflect on everything I have told you, so that your physical body may merge with your spirit into a single will, allowing it to reveal itself and fulfill its mission. You will then experience that each of your spiritual gifts is a light and a power to which even the stiffest necks and the hardest hearts will bow. And when they receive proof of true spirituality, they will

exclaim with emotion: “These truly act according to the teachings of Jesus; these truly preach the truth!”

52. Consider this hour as one of your communion with the Father. Speak to Me in spirit; I hear you, O people. Lay before Me all the sufferings you receive from the world. Wash away the stains of your soul with your tears. You will experience how weeping and prayer will make the burden on your heart ever lighter for you. Then I will pour out My grace upon you, through which I will give you a sense of strength.

53. If you call yourselves Trinitarians because you have thoroughly studied My teachings and bear witness to them through your works, then you cannot lack light, strength, and peace.

54. I have placed the divine seal within you, which makes you heirs to the wisdom preserved in the Book of My Divinity, and whoever carries this light within cannot fall.

55. It is the Father of all ages who is speaking to you at this moment. It is the same One who revealed the Law to you through Moses, who let you hear the voice of the “Word” in Christ, and who has now sent Elijah to you in the Spirit to prepare humanity, for in this time you are to learn to maintain an inner dialogue with the Holy Spirit, who is I Myself. Whoever enters into communion with Me will discover that I am the Father Himself and at the same time the One whom you call the Son: It is the Word of the Deity’s love. The Trinity of God does not signify a diversity of the Spirit, but rather of attributes or powers.

56. Law, Love, Wisdom—these are the three forms of revelation in which I have revealed Myself to humankind, so that on their path of development they may have firm conviction and complete knowledge of their Creator. These three phases of revelation differ from one another, but they all have one and the same origin, and in their totality they constitute absolute perfection.

57. On various occasions I have already told you: Why do you insist on recognizing three divine beings when you can find only one? A single voice has spoken to you throughout all ages; a single divine Spirit has revealed Himself to you. This unique, eternal voice, which has proclaimed My Law to you in various forms of expression, is the one you carry within you, imprinted on your conscience, and whose essence you should also preserve in your hearts. But instead of loving Me in spirit and in truth, as My teaching has instructed you, you love Me through materialistic forms of worship and representations, because you cannot comprehend your Creator in any other way.

58. When I engraved My Law upon a stone—who would have doubted that those tablets were sacred, since they contained the divine commandment? Nevertheless, I withdrew those stone tablets from human sight and left humanity only with the knowledge of My Law.

59. Christ was born, lived, and died in poverty, purity, and perfection, and you would have wished that He had remained on earth forever. Therefore, you have had the desire to immortalize Him in images made by human hands. But you must understand that His human form vanished in order to leave the human spirit only the purest essence of His Word and His works— —which were the perfect expression of divine love. Today, as I have revealed Myself in the Spirit and made Myself known through the faculties of the mind that I have prepared—what can you materialize from My third revelation? Do you hope to deify objects, places, or persons? No, from this time of My spiritual revelation you are to preserve only the infinite light that I have poured out upon you, the light of eternal wisdom. If you were to seek love and wisdom in the Law of the First Era, you would find them; if you were to seek the Law and wisdom in the love of Jesus, you would find them; and if you strive to find the Law and love in the wisdom that My Spirit has poured out upon all creatures in this Third Era, you will discover them at their very core. Recognize that all divine virtues and powers form a single essence, and that essence is God.

60. Delve into the teaching I have given you. In it is revealed the love I have for humanity.

61. Through My teachings, I shape your hearts, making use of simple people. The disciples of Spiritualism must preserve My teaching in all its purity, for it is this that will strengthen peace and brotherhood among humanity.

62. Religious symbols will disappear, for humanity must no longer limit Me, so that its work may be worthy of the Father.

63. By listening to Me without tangible, material representations, you have developed a new character within yourselves. Your intellect has awakened, and your morality has been strengthened.

64. For the future, I want men and women of conviction—disciples who preach by their example, not hypocrites; for your downfall due to a lack of morality and truthfulness, stemming from a lack of peace and strength of soul, would be very painful.

65. Behold how humanity, which has passed through the purifying crucible and the atoning trials by fire throughout the ages, is still unable to consolidate its peace. The trail of blood grows ever longer because people

have forgotten My Word. There is no sincerity, no trust, no willingness to help, and no love.

66. Yet here I am with My new message of unity and peace, with My simple Word, which, after a hard struggle, will perform the miracle of uniting the minds and hearts of people. Are there still those who ask why I have come?

67. Even in this time, many were called and few were chosen, yet with Me there are no favorites. For it is man who makes himself worthy of his Lord and earns the right to His grace.

68. To all I have given My instruction in the same way; all I have taught to walk this path and to live in this valley of tears. Understand Me correctly: It is not only you who must live under this law, but the whole world. But it will be My disciples, scattered throughout the entire globe, who will instill it through their morality and their example.

69. Fulfill your task even now, and do not allow the time for the Spirit to pass without it making use of it, for then the moment of regret might come.

70. This is why I make use of the humble—those who had strayed from the paths of life, who heard the saving voice of their Lord, and willingly set out to follow Him. You are these “last ones,” for you serve Me in the Third Era.

71. I send you My peace, but truly, I tell you, as long as there are people who possess all the necessities of life and forget those who are dying of hunger, there will be no peace on earth.

72. Peace does not lie in human glory nor in riches. It is founded on goodwill, on mutual love, service, and respect for one another. Oh, if only the world would understand these teachings! Hatred would vanish, and love would blossom in the human heart.

73. Only My love and My justice can protect today those who hunger and thirst for them. I alone, in My perfect justice, am able to receive those who turn against their own existence.

74. If they knew that the abandonment of the soul is more terrible than loneliness in this world, they would persevere patiently and courageously until the last day of their earthly existence.

75. In these words, I have given you my fatherly love. Bear witness to my truth through your deeds.

76. Love one another.

May My peace be with you!

Instruction 166

1. It is a day of rejoicing for My people, a day of peace for those who have come to hear My word. When I entrusted this inheritance to the First Ones, I told them to nurture it, for it was like a small sapling that would later grow into a lush, mighty tree. Today, great multitudes are coming to hear My Word, thereby bearing witness to the fulfillment of My announcement.

2. The tree produced branches, and these were cut off to be planted in other soil. But truly, I tell you, some were planted according to My will and others according to the will of men.

3. I told you long ago that a tree is known by its fruit, and soon, when these “trees” begin to bear fruit, you will recognize what kind of fruit each one bears—whether it is good or not. There were saplings that were at first full of sap and strength, promising good fruit and beneficial shade for weary travelers, because the one who tended them set out full of love and a willingness to help and became a savior to those who had gone astray. He answered people’s questions with words of light, gave sight to the blind, and comfort to the sick. Signs occurred, and miracles were wrought by his lips and deeds; truths were received through inspiration. This happened because, in view of the zeal and fervor of those workers, the Father showered them with love and wisdom. When the crowds saw the devotion of that disciple, when they were convinced of his love for his neighbor and his sincerity, they followed him over long distances; they followed him up to the mountain heights. They obeyed and believed him blindly. But when he saw that the crowd was following him, that people obeyed his voice as if it were a law, he felt vanity and megalomania in his heart; and forgetting the One who had given him everything—without whom he could have done nothing—he lost his humility and began to boast of his merits and his power over others. He felt completely confident in the practice of my teaching and proclaimed loudly that he was a true disciple and even a master.

4. I tell you, whoever boasts of his spiritual gifts and does not sow with humility, his harvest will be in vain.

5. I could ask many of those who loudly proclaimed that they were doing works of love: “Where are your multitudes of followers? Where have those who followed you gone? What has become of all those who received spiritual gifts to spread these seeds?” And they would have to answer me that they have been left alone, because those who had found them have strayed again, those who were healed have fallen ill again, and those who began to recognize the light have sunk back into their darkness.

But the Master asks you: “Why did this happen to those I taught?” — Because they applied the teachings they had received according to their own understanding and as they saw fit, because they set to work prematurely—that is, before they had properly grasped the Master’s teaching.

6. Those who waited until the right time to set to work—studying, watching, and praying—are the ones who remain steadfast, for their roots reach deep down and their branches have withstood storms. They set out at a time when their hearts could no longer fall prey to vanity. But this is a day of peace and forgiveness, on which I want you all to reflect on My words, so that when you return to your tree and your fields, you may correct everything you have done imperfectly. There is still time to straighten the tree and save the seed. But you must redouble your efforts.

7. Return to your land, and if you find yourselves abandoned and forgotten by those who blindly followed you and whom you could not hold fast, then protect the roots of the tree, cut off every damaged fruit, prune its dry branches, water it, and you will once again see the travelers coming in search of its shade and its fruit.

8. Blessed are those who rise again from their own fall; blessed are those who rise to the light. You will then see that they proclaim My return, which people have awaited century after century, and which will cause even many of the dead to tremble in their graves.

9. Truly, I tell you, that divine promise to return to you as the Comforter has not been erased by anyone—neither by time, nor by sin, nor by entire eras that have passed over humanity. Nor will the proof of my return be erased, and in the end, people will bow to my truth.

10. As you hear My Word, you let your life pass before your eyes in the light of conscience, and when My teaching is finished, you feel relieved of your guilt, sorrows, and pangs of conscience. Even when you receive My Word through untrained faculties of understanding, your very being trembles, for you sense within it an eye that gazes upon you, an ear that perceives even your faintest sigh, and a sensitivity capable of reading even your most secret thoughts.

11. On the first day that I spoke to humanity in this way, I ushered in a new spiritual era. The hearts that were present at My divine manifestation felt overwhelmed by fear, awe, wonder, and bliss. That is why that small group of My first disciples has grown and multiplied until it has become the great communities that are now present to hear My teachings.

12. Among these multitudes are also those who, having heard Me year after year, have grown accustomed to this manifestation and are no

longer as moved as they were when they first listened to the teachings I imparted. Nevertheless, the majority continues to receive My Word with true enthusiasm, and their hearts beat faster when they are here to hear My wise and loving teaching.

13. I wanted to spiritually mold the hearts that receive this Word, so as to make each one an active worker for the task assigned to him—aware of his mission and devoted to My work. But while some have continued to listen to me faithfully, learning and perfecting themselves in order to be worthy of offering their fellow human beings the fruits ripened through their study and reflection, their patience, effort, and perseverance, others have sought flattery and were eager to sow before the time was right. They set out before the appointed time and taught the little they had learned.

14. Therefore, some have mystified the teachings they received and, due to a lack of knowledge, altered my doctrine as they saw fit, thereby creating difficulties for those who did not begin to preach my doctrine until they were capable of following my teachings.

15. I tell you, when the hour strikes, the wheat of the good sowers will overcome the weeds of the unfaithful, and in the hour of reckoning, the world will recognize those who have brought you my truth.

16. When you hear that some spiritualist is boasting about his mission and going about the world proclaiming that he is one of the new disciples of Christ, you can be certain that his mouth is spreading lies, for the true disciple of this work is the one who does not boast, who works in quiet for the glory of his Master, and who truly loves all his fellow human beings. You will recognize my good servants by their humility.

17. What, then, will ultimately become of those who do not practice My teachings in accordance with the commandments of My Law? They will be purified and, in a new mission, will have to correct all their errors and wash away all their stains until they succeed in transforming the weeds they had cultivated into wheat.

18. To the multitude who are hearing My Word at this very moment, I say: Continue to listen to My teaching with reverence. Do not allow it to fade from your memory without first reflecting upon it. Do not seek to teach when you are still but weak little children. You must wait until you become strong and well-prepared disciples. Then you will be able to see that every seed you sow will sprout, grow, blossom, and bear fruit. And I will say to you: "I accept your gift, the fruit of the seed I have entrusted to you."

19. I do not yet wish to judge you, for if I were to do so, I would find but few merits in you. I come to you as a Father to forgive you and to offer you another period of time as a precious opportunity that you must make use of—and for which you will be held accountable to Me.

20. On this day of grace, I tell you that I have made Mary's presence and love known and tangible to humanity, for in her the "New Covenant" will be fulfilled in this time. Mary, in her gentleness and humility, has likewise revealed herself to you.

21. The Father has poured out His gifts of grace upon this people; yet truly, I tell you, you must also be accountable to Me for the presence of the Divine Mother.

22. I hold you accountable, yes—because I want you to be fully aware of what I have granted you. But at the heart of this call to accountability lies My loving mercy.

23. The world does not know My work and My revelation in this age because you have shied away from proclaiming these teachings before people. But the new generations will come to know them and strengthen your ranks. Truly, I tell you, the names of Jesus and Mary are united in the work of redemption; and since the people of this age have not known how to make a covenant with their Lord, the name of the Mother will be the symbol of unity and brotherhood among humanity.

24. The fury of the elements will be the voice that awakens those who stubbornly choose to live in darkness, and it is not I who will judge them. They will fall prey to judgment through their own deeds.

25. People have created their own tasks for themselves; these were originally pure, but they have defiled them through their sin and desecrated them through their sciences, and many of them are inspired by selfishness, hatred, and pride.

26. Hear this: In the First Era, I made a covenant with Abraham and his descendants. The children of that people forgot this covenant. I made a covenant with Moses, who freed Israel from bondage. Yet, over time, people forgot the covenant once again.

27. In the Second Era, I came into the world; I sealed My covenant with humanity with My blood, and this covenant of love had sufficient power to teach My children the path by which people of all ages may atone for all their sins. For in Jesus I conquered death, triumphed over darkness, transformed suffering into divine passion, and paved the way for souls to the light.

28. Today you have heard that I wish to make a new covenant with you, for I find you united neither in Me nor with one another, and it is My will

that in this Third Era, within the bosom of the sixth seal, you make the covenant of love and brotherhood in Me.

29. You are all within the sixth seal, which is a stage, a chapter of the Book of the Seven Seals, whose content is the wisdom of God and the perfection of souls.

30. New generations will come and will recognize the work of the Third Era, in which you took the first steps. They will continue your work, and when the various races and peoples finally love one another as brothers and sisters—when humanity has overcome its feelings of hatred—the work of the Holy Spirit will be established in the hearts of men.

31. Even in the Early Days, I taught you to consecrate the seventh day to Me. Since man devoted six days to fulfilling his worldly duties, it was only right and proper that he consecrate at least one day to the service of his Lord. I did not require him to dedicate the first day to Me, but rather the last, so that on that day he might rest from his labors and devote himself to spiritual contemplation*, thereby giving his spirit the opportunity to draw near to his Father and speak with Him through prayer.

**Spanish “meditación” =
meditation, contemplation; also:
reflection, inner contemplation, spiritual contemplation.*

32. The day of rest was instituted so that, in forgetting the harsh struggle of earthly life—even if only for a brief moment—a person might give his conscience the opportunity to speak to him, to remind him of the Law, and so that he might examine himself, repent of his transgressions, and form noble resolutions for repentance in his heart. The Sabbath was the day formerly dedicated to rest, prayer, and the study of the Law. But in following tradition, the people forgot the feelings of brotherhood toward their fellow human beings and the spiritual duties they owed to their neighbors. Time passed, humanity developed spiritually, and Christ came to teach you that even on days of rest you should practice love for your neighbor and perform all good works.

33. Jesus wanted to tell you that, although one day is dedicated to reflection and physical rest, you must understand that neither a day nor an hour could be predetermined for the fulfillment of the Spirit’s mission.

34. Although the Master spoke to you with the utmost clarity, people strayed from His teachings, and each chose the day that suited them best. Thus, while some continued to observe the Sabbath as the day set aside for rest, others chose Sunday to celebrate their worship services.

35. Today I speak to you once more, and My teachings bring you new insights. You have gone through many experiences and have grown. Today, it is not important which day you dedicate to rest from earthly toil, but rather that you know you must walk every day along the path I have laid out for you. Understand that there is no set time for your prayer, for any time of day is suitable for praying and putting My teaching into practice for the good of your fellow human beings.

36. I desire that light, inspiration, and love always dwell in your spirit, that the mind and heart be the mirror of the spirit, and that its virtues be reflected within them and expressed in brilliant ideas and noble thoughts and feelings. Then you will become aware of how perfect is the harmony that exists between the spirit and the body, between the spiritual and the human, and between the laws and duties of the spirit and the laws and duties of the world. Finally, you will be able to see that all of life, with its trials and lessons, has a single goal: the perfection of the spirit, through which it will experience peace and true happiness in the Kingdom of the Lord.

37. Sometimes you think and say, “What is the point of this existence, since it brings us no good and we derive no benefit from it?” If someone thinks this way, it is only because they are preventing the light from shining in their spirit. They believe life is meaningless because they have not been able to fulfill all their desires; they would have liked everything to be exactly as they envisioned it. They then believe that they, too, are useless—and this is solely because they have not grasped or fathomed the meaning of My Word.

38. The spiritual part of man still slumbers; that is why he has lived so many useless lives.

39. I could compel and force you to fulfill My commandments, but then your merits would not be real, and your progress would not be genuine. I allow life—in which you, without realizing it, create lessons and trials for yourselves—to impart to you the true teaching, which is sometimes painful, depending on what your deeds have been. Yet in the midst of the trial, My Spirit sends you the light that reaches your spirit—sometimes gently, but occasionally also as a relentless judge—so that you may awaken and hear the voice of conscience, which is My own voice.

40. I ask you: Do you wish to be useful and to feel that your very existence is also useful? Then learn from My Word—the one I gave you in times past, and the one you hear today, for both complement one another. But do not believe that by merely repeating My sayings and rules of life you have already put My teaching into practice. No, whoever does

not know how to love will not be able to proclaim the divine words or fulfill what they teach.

41. Love is the source and the reason for your existence, O people. How could you live without this gift? Believe Me, there are many who carry death within themselves, and others who are sick, simply because they love no one. The healing balm that has saved many has been love, and the divine gift that raises one to true life, that redeems and uplifts, is likewise love.

42. Therefore, the Master says to you, little children, who have heard this teaching: Begin to love from this day forward. Let all your deeds toward others be imbued with this feeling, and let it also flow into the words and prayers you dedicate to Me.

43. Know that a word that contains no love possesses neither life nor power. You ask Me how you can begin to love— —and what you must do to awaken this feeling in your hearts, and I say to you: What you must begin with is learning to pray. Prayer will bring you closer to the Master, and that Master am I.

44. In prayer you will find comfort, inspiration, and strength; it will grant you the exquisite satisfaction of being able to speak intimately with God without witnesses or intermediaries. God and your spirit are united in this sweet moment of intimacy, spiritual dialogue, and blessings.

45. Prepare yourselves, disciples, for I will reveal Myself to you. You all bring your worries and hardships before Me, yet I say to you: Why are you afraid? Have you not felt My gaze, full of mercy, resting upon you? Does My presence not strengthen you? Do not give Me cause to repeat My words of the Second Era and tell you that you are people of little faith, that even though I am so close to you and you claim to know Me, you have not trusted Me.

46. Whenever you lift up your prayers and seek Me, I will be with you. My Word and the commandments I have given you at all times will provide you with My instruction through your conscience. Be enriched with strength and preparation. Carry this Word of Life everywhere to the hearts that need comfort and light, for I have called you sowers of the spiritual fields.

47. Since you are rich in My gifts of grace, and what you have received is an inexhaustible treasure of teachings, you shall lovingly pass on this knowledge. Go to others in need—to those who enjoy no goodwill, prestige, or respect on earth. Seek out the orphans, the widows, and the terminally ill, and stand by them unreservedly. Bestow upon them that

spiritual balm which wells up in abundance from the depths of the soul, and in doing so, pay more attention to their soul than to their body.

48. I have formed the host of workers from both men *and* women, for it is not only men who understand how to interpret My Law. Women, endowed with beautiful and noble sentiments, have always been co-workers in My work of redemption. I also entrust to them, in this time, the responsibility for the faithful fulfillment of My instructions. I let both of them, united, watch over this work entrusted to you.

49. My people, I remain with you for a short time through this organ of the mind*. You have prayed, and in the moment of highest exaltation, you have heard in the silence of your hearts the loving greeting of the Master, who said to you, "Peace be with you." You have become aware of the effect that prayer has, and you have grasped the immeasurable power inherent in it when you send it upward—both to address a spiritual need and to seek a solution to a material emergency.

**This refers primarily to the ability of the voice carrier.*

50. Remember that it has often been enough to utter the word "Father" to make your whole being tremble and to fill your heart with the comfort that His love bestows. Know that whenever your heart calls upon Me with fervor, My Spirit, too, trembles with joy.

51. When you call Me "Father," when this name bursts forth from within you, your voice is heard in heaven, and you uncover some mystery of divine wisdom.

52. Do not let it be merely your lips that call me "Father," for many of you tend to do so mechanically. I want the prayer "Our Father, who art in heaven, hallowed be Thy name" to come from a pure and deepest heart, and for you to reflect on each phrase so that you may be inspired by it and be in perfect communion with me.

53. I have taught you the powerful, perfect prayer that truly brings the child closer to the Father. When you utter the word "Father" with fervor and reverence, with exaltation and love, with faith and hope, distances fade away, and space vanishes; for in that moment of dialogue from spirit to spirit, neither is God far from you, nor are you far from Him. Pray in this way, and in your hearts you will receive the blessings of My love with open arms.

54. Then, with your spiritual gaze, you will see Me leading the way before you, just as a shepherd does among his sheep. You will see the divine light illuminating your life's path and hear My voice, which, to

encourage you on your journey, repeats unceasingly: "Be strong; do not stop; every step forward will bring you closer to your Father."

55. On this day, O disciples, I have spoken to you once more about love and prayer, so that you may come to understand the grace inherent in them, as well as their power, so that you may attain the great reward that My Fatherly love has promised you.

My peace be with you!

Instruction 167

1. From many hearts the question rises to God: “Lord, will the pain that afflicts this world last forever?” To this, the Master answers them: “No, My dearly beloved children, your pain will disappear as soon as you find true love.”

2. Although people speak much of love on earth, in reality it does not exist among you. Some feign it; others confuse it with a selfish emotion; still others with a base passion. Falsehood reigns in the human heart; lies prevail; people feign love, friendship, and charity. The weeds have run rampant and spread everywhere, and only the fire of pain will be able to destroy them.

3. People will kindle this fire with their wars of ideas, creeds, philosophies, and sciences. It is the war that is approaching with great strides. There, in this fire, kindled by their own lust for power, passions, and hostilities, they will find their purification. This is what they have wanted; this is what they have demanded.

4. How could it be possible for people to love one another as brothers and sisters if they have not yet purified their hearts? A great trial is needed in the world so that they may emerge from it purified; for pain purifies.

5. I also tell you: People must believe in one another; they must have faith and trust in one another, for you must come to the conviction that all of you on Earth need one another.

6. Do not think that I am pleased when you say that you believe in Me, yet I know that you doubt the whole world. For what I expect of you is this: that you love Me through the love you show your neighbor and forgive those who hurt you; that you lovingly stand by the poorest, the least, and the weakest; that you love your fellow human beings without distinction; and that you act with the utmost selflessness and sincerity in all your deeds.

7. Learn from Me, for I have never doubted you; I believe in your salvation and trust that you will pull yourselves together to attain true life.

8. Even though outwardly there is much falsehood in the works of human beings, there is not a single one within whom there is not a part of truth. This part is the spark of spiritual light that he carries within himself; it is My divine presence, the spark of God that illuminates him from within. I will cause this light, which is Mine, to shine in every heart, and its reflection to manifest itself in each of your works.

9. I want you to live in the truth, and for that it is necessary that all evil die. You who are aware of the hour that is drawing near—watch and pray

even today; proclaim this battle to your fellow human beings as prophets, so that they may prepare themselves and not despair in the moments of bitterness during the coming struggle.

10. Be convinced that all “fields” will bear fruit when they are prepared. My seed is ready to fall upon them: every human being will be a plant that blossoms and bears the fruits of love, thus fulfilling the purpose of all creation.

11. In the plant kingdom, there are parasitic plants that are useless; do not take them as your example.

12. Do you know why the Father expects only fruits of love from you? — Because the seed of life that I placed in every creature, the primordial seed, was love.

13. If at times, as is the case with plants, you appear to have withered, if you have wilted for a short time or suffered the pangs of thirst, this did not happen because you lacked the water of My grace. My fountain of love has always poured out upon every spirit and every heart as life-giving water. But these human plants, endowed with spirit, possess free will, and as a result of the misuse of this precious gift, they distance themselves from that divine grace, which is the only thing that can save and strengthen the soul. How different you are from the plants of the earth, which, in their place, always devotedly receive what God’s mercy bestows upon them!

14. You all think you have already loved in your lives, yet I tell you: Some have truly loved, while others have confused passions and selfishness with love.

15. Through Jesus, I gave you the perfect teaching. Contemplate My life as a human being from birth to death, and then love will reveal itself to you in a living and perfect way.

16. I do not demand that you be like Jesus, for there was something in him that you cannot attain: to be perfect as a human being, since the One who was in him was God Himself in a limited form. But I tell you nonetheless that you should strive to emulate him.

17. My eternal law has always spoken to you of this love. I told you in the early days: “You shall love God with all your heart and with all your soul,” and “Love your neighbor as yourself.”

18. Later, I gave you these inspired words: “Love your brothers and sisters as the Father has loved you”; “Love one another.”

19. In this age, I have revealed to you that you should love God more than anything created, that you should love God in all that exists, and all that exists in God. That you should show mercy—and mercy again—to

your fellow human beings, so that you may see the Father in all His glory, for mercy is love.

20. Never before has humanity been in a position, as it is today, to love Me through spiritual worship, free from impurity. The pagan ages and those of the unbelievers are now far behind us. Idolatry, which has persisted in all cults and throughout all ages, has become a source of weariness to souls with its sensory delusion and false splendor.

21. Soon will come the generations that will introduce spiritual worship of My Divinity to all corners of the earth. When this form of religious practice finally establishes a realm of peace and light among humankind, religious fanaticism will vanish from among people, for in spiritualization there is no longer any place for passions, nor for ignorance.

22. Because you still see a long road ahead of you, you must not stand still and think that you will never reach your goal. Press onward, for your soul will later weep even over a single lost moment. Who has told you that the goal is in this world? Who has taught you that death is the end, and that at that moment you can reach My Kingdom?

23. Death is like a brief sleep, after which the soul, caressed by My light, will awaken with renewed strength, as if to a new day that is beginning for it.

24. Death is the key that opens the gates of the prison in which you were confined as long as you were bound to the physical body, and it is at the same time the key that opens the gates to eternity.

25. This planet, which has been transformed into a valley of atonement by human imperfections, was a place of captivity and exile for the soul.

26. Truly, I tell you, life on Earth is another step on the ladder of life. Why do you not view it this way, so that you may make use of all its lessons? The reason why many must return to it time and again is this: because they did not understand it and did not benefit from their previous life.

27. The people of tomorrow will possess such spiritual awareness and understanding of the development their souls must undergo that—when their death throes begin and they are but a step away from physical death—they themselves and those who stand by them in that hour will regard that moment as the most beautiful of their entire earthly existence, which will be like the culmination of a fruitful and beneficial life, and they will be able to say, like their Master on the cross: “It is finished.”

28. I speak to you in a fatherly tone and with simple words. You have awaited my new revelation in this time of mysteries with great

anticipation, and great was your surprise when you saw the simplicity of my teachings and the humble manner in which I speak to you.

29. Elijah came like a ray of light in the midst of a storm, followed by his invisible hosts, his great legions of spirits of light, who follow him like sheep follow their shepherd. He clears a path through the crowds, tearing down the thornbushes to the right and to the left to make way for those who follow him, and gathers the souls who recognize his voice as that of the Shepherd who will lead them to Me in this time.

30. Have you forgotten that it was one of Elijah's sheep that bore witness to my presence and invited you to gather in the fold, so that you might then follow the shepherd's trail?

31. Arise, humanity; discover the path; discover the purpose of life! Unite, people with people; love one another! How thin is the wall that separates one home from another, and yet, how distant are their inhabitants from one another! And at the borders of your countries—how many conditions are demanded there before you will let a foreigner pass! And if you do this even among your fellow human beings—what have you then done to those who are in another life? You have drawn a curtain between them and yourselves—if not that of your forgetfulness, then that of your ignorance, which is like thick fog.

32. When I look upon the inhabitants of this world, I see that all peoples know My name, that millions of people utter My words; yet truly, I tell you, I still see no love among people!

33. Everything I teach you in this time and everything that happens in the world is the explanation and fulfillment of the revelation I gave to humanity through My apostle John, when I carried him—at the time he was living on the island of Patmos— carried him in spirit to the heights of heaven, to the divine plane, to the infinite, in order to show him through symbols the origin and the goal, the Alpha and the Omega; and he saw the events that had taken place, those that were currently unfolding, and those that were yet to come.

34. He did not understand any of this at the time, but my voice told him, "Write down what you will see and hear," and so he wrote. John had disciples who crossed the sea in boats and came to visit him at his place of retreat. Eagerly, those men asked the one who had been a disciple of Jesus what the Master had been like, what his words and miracles had been like; and John, who emulated his Master in love and wisdom, astonished them with his words. Even as old age approached, when his body was already bent by the passage of time, he still had enough strength to bear witness to his Master and to tell his disciples, "Love one

another.” When those who sought him out saw that the day of John’s passing was drawing near, they begged him—eager to possess all the wisdom that the apostle had accumulated—to reveal to them everything he had learned from his Master; yet in response, they heard only that one phrase: “Love one another.”

35. Those who had asked with such eagerness and interest felt deceived and thought that old age had erased Christ’s words from his memory.

36. I tell you that John had not forgotten a single one of my words, but that from all my teachings he expressed, as a single quintessence, the teaching that sums up the entire Law: love one another.

37. How could the teaching of the Master, whom he loved so dearly, have faded from the memory of that beloved disciple?

38. Do you not know, disciples of this age, that when the year 1950—the final year of My revelation—comes, I too will say to you, in place of every teaching: “Love one another”? Everything along your life’s path speaks to you of this lesson: the tree that spreads its foliage to provide you with shade, the flower that lets its petals fall after you have breathed in its fragrance, so that its sacrificial death becomes your delight.

39. This is the way; that is why I have told you to love God in all of creation and all of creation in God, for I am present in everything, and in everything I speak to you.

40. I see that all people are sick, whether physically or spiritually. You people, within whom only the constant cry of conscience can be heard—seek Me as the source of health, for I possess the balm that heals all ills. But in order to reveal My power among you, it is necessary that you present your hearts to Me free from blemish.

41. You long for Me to demonstrate My power and My miracles on your life’s journey, and I am ready to grant this to you. Your Father’s treasury awaits only your readiness to shower you with health, strength, and light.

42. Today, My Word nurtures and cares for you; it is both seed and water; and tomorrow, when the right time has come, I will bring in the harvest of love, the golden wheat of My fields.

43. Do you wonder why I repeatedly correct your mistakes and imperfections? I am merely pulling out the nettles and other weeds that have overgrown in your hearts and suffocated your good feelings.

44. This time is a time of purification. Not only will human beings have to wash away their blemishes in the crystal-clear waters of My judgment, but spiritual beings, too, are subject to this purification.

45. When people are then free from every stain, they will feel that the earth is drawing closer to heaven. This drawing near will take place spiritually and will fill you with peace, confidence, and understanding.

46. Disciples, when you set out to fathom My Word in your leisure hours, you will discover in its very essence perfect reason and infinite justice. My Word awakens people to a higher life, a happy existence. Yet while it was necessary for Me to speak in this form to awaken you, there have been some people who did not need the physically audible manifestation of the spiritual to awaken them to the fulfillment of My Law.

47. The intuitive spiritualists, the inspired ones, the dreamers—they carry Me in their hearts, even without having heard the Word that you have received thus far. They have long been engaged in spiritual dialogue with their Master.

48. You will encounter them along your path and be surprised by their knowledge of My work. They, too, when they meet you, will be delighted to see their ideas and actions confirmed, and to hear your testimony and explanations. However, they must not discover anything in your beliefs, conduct, religious practice, or way of life that denies the spirituality of My teaching; for then, with disappointment in their hearts, they will turn away from your path. Watch and pray, disciples, so that you may understand My instruction and apply it in your lives with the same sincerity with which you received it. Then the joy in your hearts will be great when you meet those whom I have called intuitive spiritualists. Together you will form a strong community in the world that, through your prayer, your zeal for the Law, your simplicity of lifestyle, and your love for your neighbor, will teach humanity the true worship of God and show it the path of goodwill so that it may live in peace on earth.

49. In the humility of your prayer, you say to Me: “Lord, if You are the Supreme Creator and also our Father, then do with us as You see fit. If it is Your will that suffering refine our hearts, then do with us as Your will has ordained. If You wish for us to be purified before You entrust us with a task, then let it be as You have determined.”

50. There are only a few who speak to Me in this way, yet I use them to give you an example of how your willingness and submission to the Father’s instructions should be. But I give you all My instruction so that you, too, may become equally humble and obedient.

51. At times, My Word will seem to you to be filled with judgment and will touch the sensibilities of those who hear it. Yet you will always find it

imbued with a divine essence, great gentleness, and infinite mercy, which will ensure that it is always received with joy and interest.

52. If My Word were too much for you to bear, you would not be able to grasp it. Yet I want you to reflect on the divine teachings I impart to you; for whoever studies finds inspiration, and whoever allows himself to be inspired by divine love is already My disciple.

53. O you spiritualist disciples, do not fear the fulfillment of your mission, for it is not difficult to carry it out. With wisdom I guide you along the path so that you do not stumble, so that no one goes astray. Yet do not think that it is strewn with roses just because I prepare the way for you—no, you will find thornbushes and trials along it.

54. I tell you: Whoever wishes to follow Me or find Me must choose the path of sacrifice and self-denial over that of unhealthy pleasures and base passions. For on the former path you will be able to find the joys that My strength and encouragement bestow upon you, and on the latter, very painful falls. You will always find My divine footprint, My footprint of love, on the path of self-mastery, sacrifice, love of neighbor, and humility.

55. People are like children who do not reflect on the consequences of their actions, and therefore they do not realize that a stumbling block they encounter on their path is merely an obstacle placed there by the Master to halt their reckless rush or to spare them from making a wrong decision.

56. I want you to behave like adults from now on, to reflect on your works and deeds, and to weigh your words carefully. This is the way to bring wisdom and justice into your lives. Furthermore, you should reflect on the fact that life is an immeasurable and constant test for the spirit.

57. No one perishes on My path, and although there are times when a person collapses, overcome by the burden of the cross, a higher power lifts him up again and encourages him. This power springs from faith.

58. Blessed disciples, I tell you in truth that the Good News of My Word would already have reached many hearts if this people were to follow My teachings. Through the example of your deeds in life, you would give the greatest testimony to the truth of My teaching.

59. Let no one believe that those present here are destined to do *everything*. No, people, every generation has the mission to carry out a part of My work.

60. Make your hearts a vessel and ensure that its love overflows into the hearts of your fellow human beings at the right time. However, do not create obstacles that delay or prevent the spread of My teaching, for you would have to remove them again amid great physical or emotional pain.

61. Make your fellow human beings feel all that my work holds within it that is healing and good. I tell you that everyone whom you allow to feel the divine influence that emanates from it will bless my Word.

62. I will grant you the ability to do for your fellow human beings what I have done for you; for just as My Word has worked miracles, so too do you carry it in your hearts, and it is precisely this Word that you are to pass on to your fellow human beings.

63. Just as I healed you in soul and body, restored peace to you, caused faith to be born in your hearts, and saved you from ruin, so too shall you do for all who are in need. But I must point out to you that my Word brings about these miracles only when you first truly feel it in your hearts, just as your Father feels it when He gives it to you.

64. If you wish to experience the uplifting effect and the power of My Word, put it into practice, and you will often be amazed. But if you merely keep it in your hearts to delight yourselves, you will be like the rich miser who does not know what he possesses, nor does he know the value of his possessions, because his treasure is a dead fortune.

65. Learn, in the storms of this life, to fish for hearts, to heal the sick, and to guide souls. Become spiritual, and you will find in it a strength that will enable you to endure trials with equanimity and confidence. This spiritualization will be reflected in your material life and will be nourishment, a healing balm, and the torch that illuminates your path.

66. There will be times when bread is scarce on your family's table, yet your body will not feel hunger and your strength will not wane. Days of pain and sorrow will come, when epidemics ravage the cities, and where there is no doctor and people do not rely on medicine, My invisible balm will be revealed, descending at the moment of My children's prayer. But you must earn merit before the days of devastation approach, so that then, instead of dwelling on your own pain, you may alleviate that of your fellow human beings.

67. Kindle lamps of faith in the hearts of your fellow human beings; teach them to pronounce My name with reverence, to hold My teaching in high esteem, and to pray in the Spirit. Remember that man does not live by bread alone, but also by every word that comes from the Lord.

My peace be with you!

Instruction 168

1. Come and quench your thirst in my love; shake off your weariness, O travelers. I bring you a gift in my Word, which is a teaching for you. Even though you come to me without merit, I gladly entrust you with tasks within my work, so that you may feel yourselves to be children of the Lord and brothers and sisters to all people.

2. Your gifts, which are innate qualities of the Spirit, will manifest in a way unknown to this humanity, and no one will be able to accuse you of having stolen them or appropriated them unlawfully. Later, this people will be regarded as pioneers of the age of spiritualization.

3. A legion of spiritual beings has been sent to assist you so that you may unite in this mission. These beings will encourage you, inspire you, and lift you up when you stumble; and when your path is besieged by beings of darkness, they will show you how to bring them light that will enlighten them and free them from their confusion. The light of your guardian angels will illuminate you so that you may recognize the path and discern the pitfalls.

4. Study and understand my teachings so that you may put them into practice without distortion; then no one will confuse you with false teachings taken from the spiritual realm to create sciences, doctrines, and philosophies. You will be among educated people, questioned and put to the test, yet you will not lose heart, for you feel that My caring love stands by you. Understand that you must carefully guard the jewel that I have placed within your spirit and must not mix it with useless knowledge, nor sell it for material gain.

5. The time is drawing near when every eye must be ready to behold My presence. Then you shall set out as My messengers and bear witness to the way in which I reveal Myself to you, in order to rouse every soul from its lethargy. You shall be the prophets who announce to the world the tribulations that must come and the era that will precede these events.

6. Do you see how people today selfishly strive for the pleasures that human life offers them, without caring about the future of their souls? Truly, I tell you, deep down they need My love, and the food that has been waiting for them on My table for so long will still be the sustenance of those who previously regarded it with indifference.

7. Wait until the end, disciples; do not be sad when, despised by your fellow human beings, you come to Me. I will reward your faith and bring you justice, so that your faces may finally be illuminated by a victorious smile. The light will dawn, the darkness will fade, and restoration will

begin, so that upon foundations of peace and justice the temple may rise, in which humanity honors its Creator through a life that is a worship of love, spiritualization, and respect for the laws the Father enacted for His children.

8. The light of my Spirit is with you. You do not see it with your physical eyes, but you feel it shining within your mind.

9. The Spirit of the Father is invisible, but it reveals itself in an infinite variety of forms. The entire universe is but a material manifestation of the Divine. All creation is a reflection of the truth.

10. I have surrounded the spiritual beings—who are children of My divinity—with a variety of life forms, depending on the place they inhabit, into which I have instilled wisdom, beauty, vitality, and goodness of heart, in order to provide each of these habitats with the most visible proof of My existence and a sense of My power. I point out to you that the meaning of life consists in love, in knowledge, and in the possession of truth.

11. I tell you: Whoever does not love, whoever does not express his love in its highest form and with absolute sincerity, will have no true knowledge and will possess very little. On the other hand, whoever loves with all their soul and all the strength given to them will carry within themselves the light of wisdom and feel that they are, in reality, the owner of all that surrounds them; for what the Father possesses is also the property of His children.

12. I am now explaining to you what I told you in the Second Era and what you did not understand, and I am revealing to you in the clearest way, in accordance with your current spiritual development, what I did not communicate to you at that time.

13. On a certain occasion, I said to the crowds of listeners: “I still have many things to tell you, but I will not say them yet, because you would not understand them.” Now that my voice is once again to be heard in the world, I tell you: This is the time when you can understand what I withheld from you back then. Listen and reflect on it.

14. The Father is the Creator, the original source of all truth and all life. But in order to take delight in His work, there had to be beings who possessed a spirit, who were to enjoy with Him everything that sprang from His divine mercy; beings who, moreover, would have full knowledge of His existence and who would know how to accept their Father’s love and love Him in return.

15. I have already explained to you what caused humanity to stray from fulfilling the Law of Love to which I subjected them, even though human

beings are (internally) enlightened by the light of their conscience. I have also told you that this straying, which has caused so many human errors and sins, led the Father to send His Word into the world to give you the greatest proof of His infinite love, when He became human and showed you the path that enables you to attain the salvation of your souls.

16. Today, many centuries after that event, I tell you that—although I shed My blood for *all* humanity—only those who followed the path that Jesus taught you were able to attain the salvation of their souls; whereas all those who remained in ignorance, in their fanaticism, in their errors, or in sin are not yet saved.

17. I tell you, even if I were to become human a thousand times and die on the cross a thousand times—as long as people do not rise up to follow Me, they will not attain the salvation of their souls. It is not My cross that is to redeem you, but your own. I bore Mine upon My shoulders and died upon it as a human being, and from that moment on I was in the bosom of the Father. You are to follow Me in gentleness and love and bear your cross upon your shoulders with true humility until you have reached the ultimate goal of your mission, so that you, too, may then be with your Father.

18. Many strive to know God, but they have not realized this aspiration because they have not sought Me where I truly dwell—in the Spirit. To know Me, they must first come to know themselves.

19. Today I stand by all My children. To some I will help as they carry their cross, so that they may soon climb the mountain on whose summit their Father awaits them. To others I will open their eyes and grant them clarity and vision so that they may see Me, and still others I will teach to delve into their inner selves so that, in the most sublime part of their being, they may discover an inheritance they could never have dreamed of possessing before. Then many of the idealistic aspirations will become reality, and harmony will shine forth in all those who are of good will. The divine light will take full possession of those souls who offer no resistance to the knowledge of the truth.

20. Do not be surprised that I have told you that it is your cross that must redeem you, for by this I meant to tell you that through My divine example I have left a Redeemer in every heart, so that He may guide your steps and ultimately redeem you.

21. Listen to My voice within your conscience and tell Me whether My Word has not been perceptible there throughout your entire existence, and whether this influence is not felt most strongly in the moments when you face a trial.

22. I would be violating justice and perfection if I were to take you into My Kingdom while you are still defiled, without your spirit having been purified through your atonement. What merit would you have if you had attained all bliss solely through My sacrificial death?

23. I tell you this to prompt you to reflect, to rouse you from your lethargy, and to urge you to come to Me—which is why I call out to you unceasingly.

24. Come, chosen people, and rest from your toil, for today, as always, I offer you My love. Open your hearts and let Me heal the wound that has caused you to suffer for so long, unnoticed by those around you. Why do you fear the future when you know that I am near you? I look into your hearts and know that you still falter in the trials and call out in fear to Elijah and to Me, the Master, because you feel that you are perishing. But I tell you that I will not let you fall, that Elias is the strong staff that supports you, that I have assigned a just destiny to each of My children, and that these trials will shape your soul and bring you closer to Me.

25. I am beyond time and give you from this treasure so that you may use it for your spiritual ascent. I am your Master, who teaches you throughout your entire life. It is not man's destiny to suffer. I have not sent you to suffer, but to perfect yourselves so that you may come to Me. I, have made My will known to you at all times. In the Third Era, I am now teaching you as I had promised.

26. You have come from various places on earth to hear My Word, and in doing so, you have overcome the obstacles in your path. Your love was greater than the obstacles you encountered on your journey, and you were successful in your efforts. Today you thank Me for what I have granted you, and in My love you feel secure.

27. I have encouraged you because you have believed and remained steadfast in My teaching. You have realized that the world cannot give you peace, and you are turning away from it to devote this time to the study of My Word.

28. Feel My peace and the freshness of the tree. It is not this house that is the tree of which I speak to you, but My Spirit, full of mercy and love for all My children. How often do you weep at the thought that there are many who hunger and thirst for this grace, and the pain of this fills your hearts. Yet I tell you: If you wish for My Word to reach all your fellow human beings, then prepare yourselves and be messengers of goodwill. I tell you, all will be saved; not a single soul will be lost, and all of them—some in this world and the rest on other planes of existence—will love Me and acknowledge Me.

29. My Spirit is saddened by the world's disobedience. Even the people who have heard Me are wavering, and I do not want this time of grace to be followed by another of sorrow.

30. If, after I have spoken to you, you seek teachings in flowery language for your own amusement and despise My Word because it is simple, it is because you have not fathomed it, because you have not understood the teaching that instructs you in everything you need to live within My laws and reveals to you the mysteries that man has been unable to penetrate.

31. You have felt the obligation to pray and to stand by not only your earthly brothers and sisters, but also those who already live in other regions, and your love has reached them. You do not know how much comfort these forgotten beings have received as a result. Through your love and intercession, they have recognized My workers in this time.

32. I have not come to surprise the world with new teachings. Everything I teach you, I had announced to you from the beginning of time. I have prepared you to receive My Word, which I convey to you through the messengers and later from spirit to spirit. Only then will you truly recognize Me, when, united with Me, you receive the essence of this fruit of life. And those who judged this revelation to be imperfect will then know that it was the first step in the Father's dialogue with His children, and they will regard it as correct and perfect.

33. Give thanks to Me and to your Mother for the blessings she has bestowed upon you. She is your guide, the helper of virgins, the nurturer of children's hearts, and the source of encouragement for men in their struggle through life.

34. Open your hearts and let Me dwell within them. Follow in My footsteps, which are deeply imprinted, so that you may never stray from them. I want you, too, to leave a deep trail of your footsteps. From wherever you may be, you will be able to recognize the summit of the mountain as the goal of your destiny. Lift your gaze so that you may see it and not stray from the path.

35. I am now giving you, in this wilderness, the bread to eat that I promised you in times past. You have finally reached the tree you have been seeking. That tree is I, who awaited you to provide you with shade and offer you My fruit. The eyes of your spirit have opened; you now behold wonders and truths. Blessed are you who, as you eat this bread, think of those who have not yet tasted it. Pray for them, yet do not be saddened, for the hand of Elijah will likewise take hold of them to carry them on his shoulders, as if they were sheep. Here are My arms, which are

like a cradle in which your soul will grow with the help of My counsel and also the care of Mary, your Heavenly Mother.

36. Your heart must be sensitive, and loving tenderness must enter your soul so that you may carry out the task I have assigned to you. Bear in mind that this task is not limited to bringing comfort to those who suffer on earth, but that you must also, through prayer, penetrate the invisible realm, the hereafter, where pain, misery, and confusion also reign, so that you may bestow a little compassion and love upon those who form vast multitudes of the afflicted and who expect so much from you in their atonement. Feel them around you as you pray for them; make their pain your own; love them without reservation, without reluctance, for even as the defiled, they are still My children and still your brothers and sisters.

37. During this time, you will see your spiritual gifts and abilities unfold. The light of the sixth seal illuminates you, and the light of the seventh will illuminate the entire earth at the end of your development.

38. From one revelation to the next, I have always allowed a certain amount of time to pass. You cannot say that My revelation in this era came as a surprise to you, or that you are unable to understand it. Behold, now I am training you and speaking to you through the human faculty of reason; afterward, you will have to strive for dialogue with My Spirit through your own. Then will come the time of My new and great miracles. Why do I speak to you in this way? — Because I want you to grow accustomed to the idea that this Word will no longer be heard, and that you must become spiritual in order to be strong. These manifestations through the voice-bearers will come to an end, and then there will be mourning among My people, and those who doubted the voice-bearer the most and hurt him will shed the most tears.

39. Then you will come to know Me better; then you will understand that I have placed you at the beginning of a path and have made use of a human mediator to proclaim My Will, as another step on the ladder of your spiritual development. I wanted Mary's voice to be heard in this form as well, so that you may hear her gentle voice and continue to be the Marian people who—without offering her the flowers of the gardens you tend on earth—know how to harvest the fragrant flowers in the meadows and gardens of hearts and souls, which virtue cultivates, in order to consecrate them to her. No fragrance is better than that which rises from the heart, for it will reach the heart of your Mother. Mary is a beacon of maternal light. Blessed is the one who, illuminated by this saving lighthouse, never loses hope of dropping anchor.

40. Come, beloved disciples, and receive the spiritual baptism. You felt dead in spirit, but you have been resurrected.

41. I have spoken to you at length about the gifts of the Spirit, for this is the time when you are to discover who you are, why you have come here, and what future awaits you.

42. This knowledge has enlightened your mind; for even if your memory cannot retain all My words, your spirit nevertheless preserves their essence, and when the time comes, it reminds your mind of them with the same clarity— —with which they were heard. Therefore, you are responsible for everything I communicate to you.

43. Sometimes you believe that you possess nothing of My teachings and retain nothing in your memory, which causes your heart to feel too weak to fight. But the Master asks you: What is the fruit of the seed I have planted within you?—All the works you do, inspired by My teaching; the happiness you feel because you know that My grace has touched you; and the perseverance in the struggle of those who spread the light of truth everywhere.

44. I want you to set to work in this way, so that My Word may blossom and bear fruit in all.

45. It is not only I who expect this of you. On Earth there are many who await the return of My messengers and apostles, and in the spiritual realm, too, there are beings who eagerly await your fulfillment of My Law. For the spiritual world seeks communion and harmony with the material world: to some it conveys its affection, to others pain, and in many it kindles the light of conscience.

46. They are close to you, and your faith will bring more light to those who need it and more joy to those who love you.

47. The true spiritualist will pray daily for the suffering souls in the hereafter.

48. My teaching is intended to enlighten the human mind. But do not be surprised by the manner in which I have come to you at this time; do not be confused by it, nor should you grow accustomed to it. When My Divine Light strikes the mind of the person who serves as My mouthpiece, it condenses into vibrations that are transformed into words of wisdom and love. How many rungs of the heavenly ladder must My Spirit descend to reach you in this form! And I must also send My spiritual beings of light to you so that they may provide you with further explanations of My teachings.

49. Do not judge the speaker too harshly, for every human being is fallible and far from perfection. Yet if you wish to judge the meaning or

the essence of the word that comes from his lips, do so, for there you will find My presence, My perfection.

50. The essence, the flavor, or the substance of this word is the same as that of the word Jesus gave you in the Second Era. The form may vary depending on the speaker's preparation and inspiration, but not the essential substance.

51. The human mind is limited and extends only to a certain point. Up to that point, My Divinity must descend out of love for you to establish the connection between humanity and God.

52. This time had to come, for spiritual development does not stand still, much less does the Master in His teachings. Therefore, I demand renewal and purity from My servants; for if the mind of those through whom I speak to you were not pure, the revelation would be imperfect.

53. Reject every imperfection, so that you do not fall prey to doubts or errors. For My disciples are to perceive clearly and distinctly what others perceive only veiled.

54. My loving word is the key that opens your hearts. I have sent your soul to Earth—not to suffer punishment, but to fulfill an atonement. Yet this atonement will not be painful if you take up the cross of love for your neighbors and, with it, ascend to the summit where your Father's love awaits you. If you fear damnation or the punishment of eternal fire because of your transgressions, you are mistaken. While you expected to suffer only the bitterness of atonement, I sent you into the world to grant you the privilege of hearing My Word and thus make you fishers of souls. How transformed your souls will be when they return to the hereafter compared to the last time! They came contrite, fearful, and without merit. Now they can return smiling, and their inner exaltation will lead them into the light of My Kingdom. Who would dare to exchange this cross of love for the heavy burden of pain that disobedience brings? To how many have I entrusted a position of leadership so that they may gather the fruits they did not reap in other lives! Could any of them claim to have earned this position through their own merits? This task is so delicate and demanding that only My love could have entrusted it to them.

55. Make use of this time as if it were your last opportunity to come to Me, so that you may strive to fulfill your mission. Work selflessly, without expecting a reward for your service to humanity in this world, for it would be painful for your soul to come into the presence of its Father at the end of the day and realize that your work was fruitless.

56. Ensure that your deeds are worthy of serving as an example to others. Then you will rightly be compared to a clear mirror in which your

fellow human beings can see themselves, so that they may correct their mistakes. Your soul has already devoted its earthly existence in other lives to the delights of worldly pleasures. Now devote a portion of your time to fulfilling your spiritual duties. In this way, your soul will ascend without your having to abandon your human duties.

57. Who were you before this life? Who are you in the present, and who will you be in the future? These are the mysteries that only the divine Judge knows the answers to. For now, it should suffice for you to understand the true meaning of the law of reincarnation, which I have revealed to you as a higher truth.

May My peace be with you!

Instruction 169

1. My gaze penetrates your hearts. Let it take root within you like wheat in fertile soil. If I were to judge you at this very moment, I would tell you that your tools for tilling the fields have rusted from disuse, that your weapons lie abandoned, that you have hidden the seed, and that you have allowed the springs of living water to dry up.

2. But today I wish only to take your worries upon Myself. You lament and suffer, attributing all your pain to My justice, and fail to realize that *you* are responsible for your own stumbling. For instead of rising up with zeal to fight, you have leaned back to sleep in the shade of the mighty tree.

3. It pains you that the Father speaks to you in this way. But why are you ashamed? Have you lacked instruction? Did you not have the Master among you? Only when you hear My reproaches do you allow your conscience to speak to you about the failures you have committed, and only then do you remember that you have not achieved the unity among yourselves that the Father commanded you to have. Remember that great wars are still to come, and that if you do not sow My seed of love and mercy to thereby achieve peace among your fellow human beings, a door will remain open through which war, pestilence, famine, and death will invade.

4. I have told you that I did not come to you as a judge, even though I could judge you. Why, then, do you take my place as judge to judge the deeds of your fellow human beings? Do you think, perhaps, that you are perfect and infallible?

5. Do not violate My law; do not misinterpret My teachings; do not do as *you* please.

6. Truly, I tell you: Just as I treat you humans with so much love and mercy, so too do I turn with the same caring love toward those who are atoning for their past transgressions in the hereafter. I send My light to these beings to free them from their distress, which is like darkness, and from their self-reproach, which is the “fire,” so that I may subsequently send them back among humanity, so that those who once sowed pain in hearts may now, endowed with the light of knowledge, become benefactors and protectors of their own brothers and sisters.

7. The Law that guided you in the First Era, and the Blood that taught you the path to atonement in the Second Era, are the light— —that lifts you all up in this Third Era, in which My voice, through your conscience, turns people away from the path of delusion. I must tell you that I see all of humanity walking on the path of delusion!

8. When the scholars come to know these words, they will feel offended, and those who pretend to be of pure spirit will likewise protest. Yet I will prove to both groups—and to all—that humanity today has strayed onto a path where only uncertainty and fear reign, which are the seeds of delusion.

9. Is there inner peace and tranquility among any people on earth or in any human being? Have people placed their trust in the victory of good and justice over evil? Do the peoples of the earth have a sure path to save themselves—morally, spiritually, and physically—from the destruction that threatens humanity? No, people, human beings do not know where they are going, nor what they want. The hatred that springs from a lack of spirituality and ignorance of the law, mutual fear, the ambition to be superior to others, the free rein given to base passions, and the lack of sincerity in fulfilling the divine laws have led humanity down a dark path where everything is a harbinger of evil, and where there is neither hope nor faith, much less love for one's neighbor.

10. Many people have become so accustomed to the world of sin and suffering in which they live that they think this life is the most natural one, that the earth is destined to be a valley of tears, and that it will never be able to harbor peace, harmony, and spiritual progress.

11. Those who think this way are caught in the slumber of ignorance. Whoever believes that I destined this world to be a valley of tears and atonement is mistaken. The Eden that I offered to humankind can and shall return, for all that I have created is life and love. Therefore, those who claim that the world was destined by God to be a place of human suffering are mistaken. Instead, they should say that they themselves condemned it to a mission of judgment, whereas it was actually created for the joy and refreshment of the spirits who have become human.

12. No one was predestined to sin, although everything was foreseen in order to protect humanity from its downfalls.

13. Man did not wish to evolve upward through love, nor did he wish to become wise by fulfilling My law; and he forgot that My justice—which he always tried to evade—protects him, because My justice springs from perfect love.

14. This earth, desecrated by sin, stained by crime, and defiled by greed and hatred, will have to regain its purity. Human life, which has been a ceaseless struggle between good and evil, will become the home of God's children—a home of peace, brotherhood, understanding, and noble aspirations. But to achieve this ideal, people must undergo the trials that will rouse them from their spiritual lethargy.

15. The present time is favorable for self-reflection, even though you think the opposite, since you feel like prisoners in a humanity devoid of mercy, love, and peace. Yet the closer you approach the climax of the battle, the stronger your awakening will become; for the spirit's intuition will tell you that after the trial, peace will come, and with it, restoration.

16. How far removed from reality are the millions of people today who live only for their material present! How could they open their eyes to reality? — Only by listening to the voice of conscience—that voice which requires concentration, reflection, and prayer to be heard.

17. Do not be impatient, beloved people; do not demand that my words come true within a few hours. Some of them will soon become reality, and others in the course of time.

18. For human beings—especially when they are experiencing hours of pain—there are moments that seem like centuries to them because they do not know how to arm themselves with hope, faith, patience, and gentleness. Yet when they turn to Me to receive light, these virtues will give them the strength to hope and to fight, and will also sweeten those difficult hours for them.

19. You are going through difficult times in which the progress you have made in your spirit is being put to the test. In the spirit—as I have told you—because it is the only thing that can sustain you on your arduous journey through life.

20. Do not rely solely on your human strength, for the flesh is frail. Rely instead on the strength of the spirit that prays to Me and is imbued with faith. Then you will be able to trust that you will prevail in the struggle.

21. My love covers you like a protective cloak in the hours of pain and judgment that you are experiencing, and my mercy helps you understand that the cup you are drinking is necessary.

22. I will remove that cup and transform it for you into the wine of eternal life as soon as you can present your merits to Me.

23. You will have attained the necessary preparation to spread My teachings as masters when you have been able to find yourselves. You will then hear the voice of conscience, and the mask that conceals all evil will fall away from you.

24. Seek the salvation of the soul, even at the expense of your material possessions, for the more you lose for this reason, the more you will have afterward. The more you give, the more the gifts within your spirit will multiply. Truly, I tell you, when selfishness no longer finds a place in your hearts, you will be masters, and My love will receive you and say, "Your Father gladly welcomes you and offers you the spiritual bread." Truly, I

have called you from everywhere, for the sound of the divine bell has been heard throughout the entire world. But there were only a few who heeded the call.

25. Have you understood, O people, that I have called you to give you the bread of eternal life to eat?

26. You have all been assigned your places at the spiritual banquet, yet the Master sees that there are still empty seats. They belong to those who have not accepted My invitation. They have spurned the food I had prepared for them. With sorrow I tell you: "Whoever spurns what Heaven offers him will later shed tears." One of My servants also heard these words; he has been instructed to set out and bring to Me every hungry person he encounters. I will then seat him at My table, and those who did not even suspect or expect such great grace will then take the empty seats and be more blessed than those who call themselves My chosen ones.

27. I will continue to summon people and also those beings who belong to the beyond, so that the disembodied may sit at my table together with the incarnate; for they are all my children.

28. Disciple: When My Word comes to you and you do not understand it, you doubt it. But I tell you: When uncertainty torments you, withdraw to the solitude of the fields, and there, in the midst of nature, where you have only the open fields, the mountains, and the firmament as witnesses, ask your Master once more. Immerse yourselves in His Word, and His loving answer will quickly reach you. Then you will feel uplifted, inspired, and filled with an unknown spiritual bliss. In this way, you will no longer be people of little faith, for you know that every word of God contains truth; yet—to uncover it—one must penetrate it with devotion and a pure heart, for it is a sanctuary.

29. Whenever you are prepared and wish to know something, your longing for light will attract the divine light. How often have I told you: Go into the solitude of the mountains and tell Me there of your worries, your sufferings, and your needs!

30. Jesus taught you these lessons in the Second Era through His example. Remember My example when I withdrew to the desert to pray before I began My ministry. Remember that in the last days of My time among humanity, even before I went to the synagogue to pray, I sought the solitude of the Mount of Olives to speak with the Father. — Nature is a temple of the Creator, where everything rises up to Him in worship. There you can receive the radiance of your Father directly and unadulterated.

31. There, far from human selfishness and materialism, you will feel wise inspirations entering your hearts, prompting you to do good along your path.

32. These messages, which I am currently giving you through the human mind, will come to an end in the year 1950. That irrevocable moment will come. But what does it matter that you will no longer hear My Word through the voice of the messenger, if you have learned to elevate yourselves inwardly to receive inspiration directly from the Master?

33. Rise up, beloved children, and act according to the example of Jesus.

34. Just as I reveal Myself to you through these faculties of the mind, so will you receive My inspiration. Then, , you will proclaim in My name the teachings that I inspire in you. In this way, you will experience that My instruction continues, that My revelation ever descends upon your spirit. Only the outward form will be somewhat different.

35. When you are prepared, you will set to work with humility. For truly, I tell you, if there is even a little vanity or pride in your heart, you will not be able to do good work. Whoever wishes to preach My teaching must also practice it with humility. I speak to you in this way so that you may understand what you still lack. — You wish to devote yourselves fully to spreading My teachings. But how can you teach if the teaching of Jesus is not revealed in your deeds and your life? Let people recognize My work in your deeds, and then the image of the Master will be reflected in the disciple.

36. I tell you that you will feel it when your spirit is prepared to teach My doctrine to your fellow human beings. For this will happen when you have found yourselves. You will then hear the voice of conscience very clearly. As long as this is not the case for you, you will not be able to truly feel Me.

37. There is no one who does not wish to find happiness, and the more lasting it is, the better—for I teach you a path that leads to the highest and eternal bliss. Nevertheless, I show you only the path, and then I let you choose the one that appeals to you most.

38. I ask you: If you long for happiness—why do you not sow the seeds of it so that you may reap it later? How few are those who have felt the urge to be there for others!

39. I speak in a way that both your spirit and your earthly nature can understand. But be aware that it is the soul that I wish to save, even at the expense of its body. Know that the more you give, the more you will have.

Once you reach this level, you will be masters. Then your life will be an example, a mirror in which others can recognize their faults and correct their errors.

40. To help you in your preparation—come and hear My divine Word.

41. Let your thoughts and senses come to rest so that you may feel My voice in your heart.

42. My Word is the path that has been laid out from eternity by My Will, so that souls may not wander aimlessly on Earth. Truly, I tell you, human beings must come to know spiritualization in order to achieve the development of their souls.

43. This is the age of the light of the Holy Spirit, which is felt inwardly by developed souls—those who see beyond outward appearances.

44. Contemplate the universe and appreciate it in all its perfection and beauty. It was created so that the children of the Lord might be inspired by it and see in it an image of the Father. If you view creation in this way, you will elevate your thinking to My divinity.

45. Your thinking must never be sluggish; it must constantly progress, just as the evolution of the races knows no standstill across the generations, nor does human science, which always points the way forward as time goes on.

46. Seek Me with the Spirit, without clinging to customary traditions or symbolic rites. Seek Me in your heart, and you will find Me there, for the heart loves, suffers, and feels.

47. If, in their efforts to expand their scientific knowledge, people had not forgotten their hearts, there would not be such great discord and so much selfishness, and they would have already discovered the divine spark that you all carry within yourselves—which is why you are all brothers and sisters in Me. People would already be fulfilling Jesus' fundamental principle of "loving one another," which would be enough to bring peace and light to this world.

48. Today, the voice of conscience falls on deaf ears; without pausing to heed it, people plunge into murderous wars, destroy nations, and annihilate the elements of life and material resources, without considering that, as a result, they are sowing moral and spiritual decay—which weighs even more heavily.

49. I must speak to you, men and women, about all this so that you may fulfill your duty in this time through the work of moral and spiritual restoration. Do not limit yourselves to merely hearing My Word; reflect deeply upon it and put it into practice, for if you do not, it would be like a seed that falls on deaf ears.

50. Foster the progress of your soul and ensure that it leaves its earthly body with full devotion and exaltation when the moment appointed by My Will arrives. Understand that no one comes to Me physically, but as a spiritual being. When this happens, ensure that you reach the high rungs of the heavenly ladder, where there is no longer any pain or distress.

51. You are imperfect in regard to your works, not in regard to your origin or your creation. But you will ultimately attain this perfection through your own merits.

52. You have truly stood before the altar of wisdom, where your spirit was abundantly blessed by My grace.

53. Disciples, when you and I converse from spirit to spirit without a voice or intermediary, and we alone stand before infinity, you will hear within the very depths of your being the divine voice that springs from silence to speak to your spirit. — Beyond this silence lies the heavenly concert, whose sounds you cannot yet hear because your hearing can perceive only material tones. A time will come when you will no longer hear Me in this form. But if you remain prepared, you will later receive My Word in a more perfect way. You may regard this form of revelation, in which you are currently participating, as external. But that other form, which I promise you, will be internal, and you will attain it as you become even more spiritual. Then people will draw closer to perfect communion when, without intermediaries or witnesses, they rise to their Father and receive directly from Him what they ask for. Then the human spirit will begin to shine as it has never shone before, for in communion with Me, I will be reflected within it.

55. The revelation of My light through the human intellect was intended to bring you the fundamental teachings and to lay the foundations for the great enlightenment that will follow. I have also come to lighten the burden of the cross that each of you bears in life—a cross that each has created for himself and upon which he has crucified himself of his own accord.

56. To many who have laid before Me their tribulations and their cup of bitterness, I could say that no one led them to Golgotha; it was they themselves and their own will that sought this cup. I could also tell them that the nails, thorns, gall, and vinegar will vanish, and they will rise to a new and better life if, at the height of their trial, they know how to come to Me and call upon Me.

57. When they hear this, some ask Me, “Master, when You speak to us of this new life, do You mean that of the hereafter, or the existence we must lead on earth?” To this I answer you that—when you rise to the light,

to love, to truth, and to goodness —you need not worry about the place where you will dwell.

58. I told you in that Second Era: “In my Father’s house there are many dwelling places.” —Do you know that every spirit is a house of God? Wherever there is a conscience, the Lord will be there.

59. Today you cannot yet imagine what the world will be like when it fully realizes My teaching, when humanity uproots sin from its heart—I know this well. I know that times will come when men and women, from children to the elderly, will all be able to enjoy perfect peace and experience the joy of living in unclouded bliss here on this world, where so many tears have been shed and so much blood has been spilled. Those people will not want to destroy their harmony with their God for even a single moment, and they will carry within themselves, written upon their spirits, the essence of my Law, with its highest principle: to love one another.

60. Therefore, you who hear Me should understand how essential it is that you prepare yourselves to bring the Good News to your fellow human beings, so that you may no longer deprive them of the bliss that your awakening brings them. Remember that many of those whom you awaken will accomplish what you were unable to do, and that those whom they in turn awaken will accomplish more than what was achieved by those who brought them the Good News, and so on, step by step, until the time comes when the people are great and numerous, and the fulfillment of My Word becomes visible on earth.

61. I have been waiting for you to reach spiritual maturity so that I might say to you: Take the seed and scatter it.

62. In the Second Era, I gave you an example of how you must wait for the right hour to fulfill the mission that brought you to Earth.

63. I waited until My body—that Jesus whom people saw before their eyes—had reached the prime of his life, so that through him I might fulfill the divine mission of teaching you love.

64. When that body—the heart and the mind—had reached its full development, My Spirit spoke through his lips, My wisdom flooded his mind, My love took root in his heart, and the harmony between that body and the divine light that illuminated it was so perfect that I often spoke to the crowds: “Whoever knows the Son knows the Father.”

65. Christ made use of the truth in God to teach people. He did not derive it from the world. Not from the Greeks, Chaldeans, Essenes, or Phoenicians—from no one did He derive the light. They did not yet know the way of Heaven, and I taught what was unknown on earth.

66. Jesus had devoted his childhood and youth to active charity and prayer until the hour came to proclaim the Kingdom of Heaven, the Law of Love and Justice, and the teaching of Light and Life.

67. Seek the essence of the Word I proclaimed at that time, and tell Me whether it could have originated from any human teaching or any science known at that time.

68. I tell you, if I had truly drawn upon the learning of those people, I would have sought My disciples among them and not among the uneducated and ignorant people from whom I formed My band of apostles.

69. You ask Me what I can tell you regarding the teachings and philosophies of those peoples, and I tell you that they are inspirations of the Spirit, but not the highest truth, which I alone possess.

70. In this Third Era, it has been My will to reveal Myself through human beings, making use of their spirit and their intellect. Yet in doing so, I have made use of the humble, the uneducated, and those of simple minds, taking care to ensure that their intellect remained untouched by science and theory. In order to impart My teaching to you through these unassuming human lips and to surprise and impress the crowds of listeners—composed of people of all kinds—you must not believe that I should first have sent the messengers to the masters to find preparation and wisdom there—on the contrary: I kept them free from any contamination or influence so that their minds would be unbiased, pure, and free enough to convey the divine inspiration to the people. After all, what could those people (the Masters) have asked regarding the profound and unknown message that My Spirit was now revealing to humanity?

71. That is the reason why I chose uneducated and simple people to proclaim My teaching through their minds.

72. The teaching that I imparted through Jesus at that time was perfect in both its essence and its form. You cannot attribute any flaw to it, for the One who inspired it and the One who conveyed it is perfect.

73. Today, as I communicate through these beings who are far removed from perfection, you must focus your attention more on the meaning of the Word than on its outward form, for they are human beings who cannot harmonize with the perfection of the One who inspires the divine message within them.

74. I tell you all this because the people who have already been instructed—the people who believe in My presence during this manifestation—have the duty to cooperate with the messenger who is

fulfilling such a delicate spiritual mission through their spiritual elevation, their prayer, and their preparation.

75. Those who do not understand the responsibility of those carrying out this mission will not have loving compassion for them. But those who are understanding will be like faithful helpers who, through their prayer, contribute to sharing the burden of the cross with their brothers and sisters.

76. When My revelation is complete and you comprehend all the love I showed you when I revealed Myself through these creatures, you will have to say to Me: “Lord, since You have come down to our misery, our sinfulness, and our wretchedness—what should we not do to reciprocate such great love?” And then you will begin to love and to dedicate your lives to those who are in need of love, light, and mercy.

77. Those beloved disciples who surrounded Me and followed Me in the Second Era gave their lives, poured out their spirits, and shed their blood because they wished to repay with love *the One* who had left His throne to live with them and to bestow upon them the most precious treasure of the Spirit: the truth.

My peace be with you!

Instruction 170

1. When you think of the torments I suffered on the cross, you are horrified that human wickedness has reached such extremes of cruelty. Yet I tell you that that pain and the cup I drank at that time were not the greatest bitterness.

2. The greatest pain for Me was to witness that, despite My life among them, My children refused to recognize who I was—the One who revealed the truth to them with words full of light—and to witness that they rejected My words and denied Me, and that I poured My love into their hearts while they mocked Me and their lips uttered blasphemies against Me.

3. The final sigh I breathed on the cross was the divine forgiveness that welled up from my heart in the face of so much misery and so much death. But my Passion did not end with that sigh. I had told you that I am the Life, and my Spirit continued to receive, in eternity, the ingratitude of all people.

4. They debated whether I was the promised Messiah or not. They examined My works to see if they were confirmation of what the prophecies had foretold; and while some came to the conviction that I was the Promised One, others denied Me—the materialists who worship only the material, those who had interpreted the prophecies according to their worldly desires and selfish interests; they all continued to deny Me.

5. How blind were those who had heard My words of life and seen My mighty works, yet failed to realize that God alone was capable of accomplishing them.

6. Today you can say that humanity has recognized Christ as the Messiah whom the Father had already promised in the First Age of humanity. Yet people do not cease to deny Me, to reject Me, and to offer Me the gall and vinegar of their ingratitude in return for My love.

7. Today they no longer doubt Jesus, but many question My divinity and even deny it. Some attribute great spiritual elevation to Me; others claim that I, too, am traversing the soul's path of development in order to reach the Father. Yet if that were the case, I would not have told you, "I am the Way, the Truth, and the Life."

8. I know your reasoning, your philosophies. I know that for you, only a soul incarnates that requires this trial to attain its elevation and perfection, and this prevents you from believing that the divine "Word" became flesh. I know that you do not understand that the divine Being could feel pain, and therefore those who recognize that Christ experienced this deny that He could have been the promised Deity.

9. Oh, my beloved children, if only you could understand that the Incarnation of the “Word” on earth is the greatest expression of divine love! It was a desire for humility toward you, and a lesson born of my wish to limit myself, to make myself small, so that you might feel me to be more a part of you and feel yourselves closer to the Father.

10. But that great pain—how little you know about it! You think only of physical pain, of the flesh that suffers, of the anguish of the soul, but you do not realize that as long as there is no harmony between human beings and their Heavenly Father, pain will continue to exist among you. Yet what pain could you suffer that does not reflect back upon your Father?

11. Do not think that I am defending Myself against your judgments, or that I am asking you not to deprive Me of that divine nature which you deny Me. I have come in this age to tell humankind that they should judge Me with their spirit.

12. Stop trying to read and comprehend the great Book of Life—which was written by the Divine Spirit for your spirit—with your limited human reason, for it is your spirit that attains immortality, not the “flesh.”

13. Consider that I give you these teachings through uneducated and simple beings so that you may believe them. For if I had conveyed them to you through trained and educated people, you would regard these revelations as just another theory among the many that have emerged on Earth in these times.

14. Those who have been moved by My Word in this time have set to work as diligent laborers and toil tirelessly, inspired by My teachings. Their lips do not say to Me, “Master, *here* we are with You,” because they know that they are with Me everywhere when they fulfill My Law, and tomorrow they will be the spiritual guides and messengers for humanity.

15. In the world, people are already waiting for the coming of the apostles of peace and light—for you who have been with the Divine Master, who will bring the Good News to their hearts.

16. You are still undergoing the trial and preparation for putting My teachings into practice. You are filling yourselves with My love and are completely imbued with My work.

17. These are already the final years of My revelation. After 1950, when I have withdrawn My Word, you will remember it, and your hearts will be filled with sorrow if you did not know how to make use of it. But truly, I tell you, I will not part from you; only the form in which I reveal Myself will change, and I can even tell you that I will be closer to you, for the time of true spiritualization is coming.

18. You will continue to be in spiritual communion with Me. Recognize how simple My teaching is, how easily understood My law is—the very same law that Jesus of Galilee taught you.

19. I do not yet wish to judge you, but I will once again show you the path that leads to Me.

20. For now you are still disciples; tomorrow you will be masters, teaching through your words and deeds what I have revealed to you. You, men and women, will be teachers of high moral standards. Bear in mind that you must face the religious communities among whom you are to accomplish a great spiritual work, for in many, faith has died out and hope has vanished—and this is because people do not know themselves, nor do they have compassion for themselves. Yet, in order to preach My truth and speak of My love, you must purify yourselves.

21. In the Second Era, I said to My disciples, “If any part of your body were the cause of your sin, cut it off”—that is, even if it costs you pain and sacrifice, you must be pure. To you I say: Purify your heart; do not allow passions to take root within it. Purify the vessel inside and out.

22. Let your heart beat to the rhythm of My love; then your fellow human beings will have to recognize you by the purity of your soul and the sincerity of your feelings. Find calm equanimity, forgive, and you will be forgiven. Live in peace with yourselves.

23. Recognize how many of your fellow human beings, in the midst of their idolatrous pursuits, await the coming of the Messiah. Consider how many, in their ignorance, believe that I will come only to pass judgment on the wicked, to save the righteous, and to destroy the world—without knowing that I am among humanity as a Father, a Master, a Brother, or a Friend, full of love and humility, and that I extend My helping hand to save, bless, and forgive them all.

24. Therefore, you will develop your (spiritual) gifts under My guidance to provide evidence of My new revelation—whether to alleviate the pain of the suffering, to show the way of light to those who have strayed, or to awaken the “dead” to new life with the call, “Arise and walk!”

25. You will dispel the notion of death and teach the way of true life.

26. When you speak of My work, do so with conviction. In the moment of your inspiration, express what the heart feels. Prepare yourselves, for I wish to speak to humanity through your lips. Live vigilantly, without straying from My instruction, so that you may never find yourselves entangled in the snares of men.

27. The group that gathers to hear My Word is still small. Yet I regard them as representatives of all humanity and give them My teachings, just

as I have done ever since I made My will known through My daughter Damiana Oviedo by means of her intellectual faculties. What I have imparted to you in this way were teachings of wisdom that you should cherish in your hearts like a precious jewel, for their essence is love.

28. I bless you because you receive Me tirelessly. I want you to guide and instruct your fellow human beings just as I have instructed and guided you. I have granted you the gift of healing pain with My healing balm, which is mercy.

29. You are witnesses to the way in which I have revealed Myself. Tomorrow, when this Word no longer comes from human lips and this grace no longer exists, you will look back with love on this time and these revelations. Then you will bear witness to what you have heard and seen.

30. After 1950, people will ask you in what way the Word of the Lord was revealed, and you shall then tell them that it occurred in a humble manifestation, in simple language, and in a way understandable to all.

31. You will be listened to with interest, and the books that record My teachings will be read eagerly.

32. Throughout the ages, I have instructed you in various ways, but it has always been the same teaching that I have imparted to you. Above all, it has kindled faith so that you may become worthy before Me and ultimately receive the reward for your merits in eternal life.

33. What could you bring before Me in your hearts that I could not see?

34. I hear everything and I know everything. Watch and pray, for the wolf lies in wait for you. Do not condemn those who have fallen into temptation on their life's journey; rather, lovingly invite them once more to make a fresh start so they may advance on the path of development.

35. In the Second Era, a woman who had succumbed to temptation and sinned was being judged by a crowd in the open street just as Jesus was passing by. Those people accused the woman of adultery and sought to kill her. Then they turned to the Master and spoke to him, seeking to put him to the test: "Lord, this woman has been caught in the act of adultery, and the Law of Moses says that she must be stoned by the people. What do you say?" Then Jesus looked at them with compassion and replied, "Let the one among you who is without sin cast the first stone."

36. The light of that word illuminated their souls, and since they all felt too imperfect and unworthy to judge a fellow human being, they withdrew in shame, leaving the small square empty.

37. Then Jesus asked the woman who was lying on the ground, "Woman, where are those who accused you? They have gone. Get up, go, and sin no more."

38. Truly, I tell you, it is for Me alone to judge all things.

39. I invite you to study My Word, and if you desire My peace, observe My commandments so that they may serve as your guide at all times.

40. People, inscribe active love for your neighbor on your banner. Whoever wishes to work in My fields must make mercy the fundamental principle of his work; then he will have a great mission to fulfill.

41. The fields over which pain has spread are vast, and the seed of love and mercy is stored only sparingly in the hearts of those who are to set out to sow it.

42. My Spirit of Comfort pours out upon all those who will carry out this great work of love in the world. But this comfort has also been bestowed upon the spiritual world—upon those beings who have been destined to radiate their light upon the paths of the earth.

43. When I speak to you of My spiritual world, I mean those hosts of obedient spiritual beings who, as true servants, do only what the will of their Lord commands them. I have sent them to you so that they may be counselors, protectors, healers, and true brothers and sisters to all people. They do not complain, for they have peace within themselves. They ask no questions, for the light of their development and their experience along the long paths has given them the right to enlighten the human mind. They are willingly and humbly at hand in response to every call for help and in every time of need.

44. It is I who have charged them to make themselves known among you, so that they may give you their instructions, their testimony, and their encouragement. They go before you, clearing the path and granting you their support, so that you may not lose heart.

45. Tomorrow you, too, will belong to this army of light, which, in the infinite world of spiritual beings, acts solely out of love for its human brothers and sisters, in the awareness that in doing so it glorifies and loves its Father.

46. If you wish to become like them, dedicate your lives to goodness. Share your peace and your bread; welcome the needy with love; visit the sick and the imprisoned. Bring light to the path of your fellow human beings who are groping in the dark in search of the true way. Fill infinity with noble thoughts; pray for those who are absent, and then prayer will bring them close to you.

47. When death then stops the beating of your heart and the light in your eyes goes out, you will awaken to a world that is wondrous in its harmony, order, and justice. There you will begin to understand that God's love can compensate you for all your deeds, trials, and sufferings.

48. When a soul reaches that heavenly home, it feels itself increasingly filled with an infinite peace. Immediately, it remembers those who still live far from that bliss, and in its longing, in its yearning that those it loves may also attain that divine gift, it joins the spiritual hosts who fight and work for the salvation, well-being, and peace of their earthly brothers and sisters.

49. To prepare your hearts and strengthen your spirits, my voice encourages you on this path of trials, which—as you have already observed—bestow steadfastness upon your spirits. Those who possess strength may share it with those who feel weak.

50. Soon you will witness the arrival of many people from other countries who will come to this nation where the Master makes Himself known.

51. The light of My wisdom will rouse people from their lethargy, and you will see them develop spiritually and intellectually. This step will be for the good of humanity.

52. The nations will turn their eyes to this part of the earth and come to know My work and My Word, which will be preserved in print. For at that time, the minds of those whom you have called “spokespeople” will be closed to this revelation.

53. The places of assembly that have welcomed the great multitudes will remain open after My departure, so that the disciples may continue to gather there to study My Word. They will watch like sentinels, awaiting the arrival of “the Last Ones,” whom I announce today. When you are at your posts, they will recognize the greatness of what I have revealed to you. If you become unfaithful to this mission, misery and calamity will befall those who seek to approach you in their longing for peace and light.

54. I also wish to teach you to fulfill your duties toward those who govern the world. If you want their decisions to be beneficial and just for their peoples, you must support them through prayer.

55. If, instead of acting in this way, you abandon them and concern yourselves only with criticizing their decisions, you allow them to lose courage in the struggle and to be exposed to harmful influences. Be like guardians of peace.

56. Truly, I tell you, from the earliest days of humanity, people have possessed the intuitive knowledge that they carry a spiritual being within themselves—an entity that, though invisible, revealed itself through the various works of their lives.

57. Your Lord has revealed to you from time to time the existence of the spirit, its true nature, and its hidden being. For although you carry it

within you, the veil in which your materialization shrouds you is so thick that you are unable to recognize what is most noble and pure in your being.

58. Humanity has dared to deny many truths. Nevertheless—belief in the existence of the spirit was not among the things it fought against most fiercely, because humanity sensed and ultimately understood that denying the spirit would be tantamount to denying itself.

59. As the human body degenerated due to its passions, vices, and materialism, it became a chain, a dark blindfold, a prison, and an obstacle to the unfolding of the spirit. Nevertheless, in his hours of trial, man has never lacked a spark of inner light to come to his aid.

60. Truly, I tell you, the highest and purest expression of the spirit is the conscience, that inner light which makes man—among all the creatures that surround him—the first, the highest, the greatest, and the noblest.

61. “Master,” you ask me silently, “why do we know so little about the Spirit? Why do we know so little about ourselves?”

62. The Master answers you: Because you have turned your attention more toward what the world offers you, and you have not devoted yourselves to the study of the imperishable, which is your spirit. Even the spirit, in the face of the beauties, wonders, and pleasures that life holds for it—even if only for a short time—spurns the bliss that its own development can offer it. Nevertheless—I must tell you truthfully—you should not therefore believe that the earthly and material is more powerful than the Spirit, and that this is the reason why it has fallen until it has become materialized. No, the spirit is incomparably stronger and always will be. Yet when it fell, it did so of its own free will, seduced by the allurements of a world that—albeit only temporarily—offers it, through the senses of the flesh, a life rich in pleasures and temptations.

63. It is only natural that its materialization prevents it from recognizing itself and does not allow it to reveal its abilities through its human nature. For material nature seems to be the very opposite of spiritual nature. Nevertheless, when both find harmony within you, you will experience that your physical nature is like a pure mirror that reflects the spiritual and even the divine in all its beauty.

64. Seek My presence in the works I have accomplished, and you will be able to find Me at every turn. Try to hear Me, and you will hear Me in the mighty voice that emanates from all of creation. For it is easy for Me to reveal Myself through the manifestations of creation. I reveal Myself both in a star, in the fury of a storm, and in the gentle light of dawn. I make My voice heard in the melodious trill of a bird, just as I express it through the

fragrance of flowers. And every expression of Mine, every sentence, every work speaks to all of you of love, of fulfillment in accordance with the laws of justice, of wisdom, and of eternity in the Spirit.

65. Why have *you* not succeeded in revealing yourselves in all spiritual fullness, in the great beauty of your spirit, even though you had power over the material world? — Because you allowed yourselves to be swept away by the passions of the world.

66. Therefore, do not neglect the study and practice of My teachings, thinking that by doing so you will attain greater spiritualization. You must learn to earn it through wisdom; then you will have reached the beginning of universal harmony, in which you allow your spirit to reveal itself.

67. Interpret the Law and follow it. In this way, you will prepare yourselves to live in the higher spiritual worlds. As long as material worlds exist, the spiritual world must continue to radiate and pour out its light upon them.

68. Consider this: If you have not been able to master a fragile physical body now—what task could I entrust to your spirit once it lives in a world of higher spiritualization?

69. I alone can give you these teachings, O children of men. What human being could tell you what I still have in store for you in my secret chamber? Reflect and pray, O disciples, so that my teaching may lead you to the reconciliation of the Spirit with its earthly garment.

May My peace be with you!

Instruction 171

1. The fountain of grace pours out upon you so that you may quench your thirst for peace and purify yourselves.

2. I must instruct you, for I still see that you are weak. In this word lies the power that gives the Spirit new courage.

3. As you listen to Me, do you not notice how the sorrows fade from your hearts? This happens because the Father's voice brings you relief and comfort.

4. You are still children on the long path of the Spirit, and that is why My mercy sustains you, and My counsel guides you. There are thorns along the path, and abysses yawn at its edges; yet I teach you not to take false steps, not to let temptation overcome you. For you are destined to instruct your fellow human beings through the example of your lives. In this way, you will give the best testimony that you have belonged to the Master of Masters.

5. Although I think of your spirit, I do not forget your body—a frail creature that needs compassion, love, and patience so that it may find harmony with the spirit and serve its God with a touch of perfection.

6. At the end of each year, examine your conscience, for as long as you live on earth, you are also subject to the laws of time. Turn your thoughts to the past; let everything pass before you once more. Remember the day when you first heard My Word, that day when your spirit foresaw that a new phase of life was opening before it, and it realized that the veil of many mysteries had now been torn away to allow it to see the truth of this teaching with complete clarity. For from that moment on, you have understood the faults and errors that existed in your lives, and an immeasurable longing has awakened within you to serve your Lord by loving and serving your fellow human beings. You did not hesitate to vow to follow Me from that moment on, without considering whether a moment of weakness or despondency might come that would cause you to stumble.

7. Yet as you have listened to Me, My teaching has penetrated your very being, and your conscience has been the conscientious judge that has reined in the instincts of the flesh.

8. Your conscience has never condemned your wrongdoings without first warning you, by making you realize what it means to fulfill my laws and when you are violating them.

9. Guided in this way by your conscience, I left it up to you to choose the path, and since you had decided to seek Me and to do good on this path, I have been a tireless and loving Master to you, correcting you with

gentleness, judging you with divine justice, and loving you as the most perfect Father.

10. Even so, you have not yet attained the degree of spiritualization necessary to spread My teaching.

11. When you make the pains, sufferings, and even the joys of your fellow human beings your own, you will have taken a sure step along the path. As long as you judge those who are less at fault than you are, and consider yourselves superior to others instead of being humble from the heart, you are still far from being My disciples. Have you not seen that I was nailed to the cross and forgave humanity? Why do you not take Me as your example?—Because you always take greater interest in the pleasures of the body than in those that concern the spirit.

12. I see that you do not yet fully understand My teaching, nor do you have a clear idea of the goal that awaits you.

13. I do not want any of My children to perish in the yawning abyss of darkness. I want you to continue climbing, one rung at a time, up the ladder to spiritual perfection.

14. Now examine your entire life and your deeds in the light of your conscience, so that you may know whether you have made progress or have stagnated. Some of you must put an end to your self-indulgence. I assure you that it is precisely during the sacrifice—which for the body means renouncing its passions—that you will feel the longing to serve Me and to love your fellow human beings. At that moment, repentance will well up, and your tears will leave behind freshness and peace in your hearts and purity of spirit.

15. I have not demanded complete self-sacrifice in My service from you, nor will I demand it, for the duties you have taken on in the world also claim your attention. But I want you to put into practice what you have learned from Me even while fulfilling these duties.

16. Watch and pray for those who suffer from hunger, sickness, or misery, for I will watch over you. Delve into My Word; as you do so, you will be in constant dialogue with Me.

17. Behold with your spirit the heavenly ladder that rises before you as a luminous path into infinity, inviting your spirit to reach the bosom of the Father—a bosom of peace and unspeakable bliss.

18. I found you lost, like shipwrecked sailors without a compass, like wayward pilgrims in the desert. Yet I sent you My light, which enabled you to find a path full of hope, faith, and comfort—a path that lifted your spirit and filled it with vitality and energy, so that it might continue striving toward its goal.

19. At the end of the ladder to heaven, on the final step, there is a home for which you are all destined, but which must be attained through merit, faith, great love, and mercy; in the process, obstacles must be overcome and adversaries defeated until you finally reach the new Promised Land, the kingdom that is not of this world.

20. This heavenly ladder is a straight path, and on it there are no wrong turns or labyrinths; by this I make it clear to you that you will encounter no difficulties in fulfilling My Law and in thoroughly studying My teachings.

21. You will press forward unwaveringly on this path and strive for your ascent. I will strengthen you. If not with My power and My light—with what weapons, then, will you fight and defend yourselves? How would you overcome your temptations? If I did not cover you with My mantle of love—how could you free yourselves from your enemies? Yet truly, I tell you, you must also earn My protection and the light of My sword through your merits.

22. Your footprints will remain imprinted on the spiritual path that lies before you. Yet these footprints shall speak of good works, of self-denial, of noble deeds, of generous love, and of boundless mercy.

23. Each person's destiny is mapped out by their spiritual task and their human task. Both must be in harmony with one another and strive toward a single goal. Truly, I tell you, I will evaluate not only your spiritual works but also your material works. For in them I will discover merits that help your spirit reach Me.

24. You will not be alone on your journey. Ahead of you—some closer and others farther away—there are many beings who are also advancing step by step and who watch over and pray for those who follow behind them. Their ideal is not to arrive alone or first, but to pave the way for their brothers and sisters, so that one day the bliss of the first may be the bliss of all.

25. How beautiful this path seems to Me! How my Spirit is refreshed when it sees the progress of my children, their effort to rise higher and reach a new degree of perfection!

26. There are beings from all worlds—some in spirit and others in the flesh—all carrying out different tasks. You are building your home in eternity so that tomorrow you may feast on the sweet taste of honey that the peace of the Spirit will give you.

27. Blessed are those who follow Me on the path of truth.

28. Blessed are those who love and trust, who know their task and fulfill it.

29. When I speak to you of “the Way,” I do not mean one on earth, for the world you inhabit is not where My Kingdom is. It is the spiritual path that leads ever upward. It is the development and progress that await your spirit. Therefore, wherever you may be on earth, you can be on the path of the Spirit.

30. My children, if you have strayed from the Way, return to it; if you have come to a standstill, press onward.

31. I have given you the task you carry within yourselves according to your abilities and strength. You need only understand and love it. Pray daily so that you may receive the light necessary for your efforts. Remain prepared and attentive so that you may hear the voices of those who call to you, of those who implore you, and also so that you may face the trials. For every day of your existence is a page in the book that each of you is writing. Every day is marked by a trial, and every trial has a meaning and a reason.

32. I wish to make of you a people who are healthy in body and soul, for you are the chosen ones, the witnesses of My revelations throughout the ages; and you have come in this era to fulfill a difficult mission and to pave the way for the new generations.

33. I have strewn your path with proofs of love so that you may not doubt Me or yourselves. — You who have heard Me in this time shall not sink into the grave and take with you the mystery of this message that I shared with you. For your most important task is to speak to humanity in My name and to bear witness to My revelations.

34. Do not tell Me that you lack the training to do this, for I have spoken to you often, and as you listened, you were purified. All of you can carry this message out into the world. People are awaiting it and are prepared to receive it. Have you not noticed the longing for spiritual growth and for peace that people have? Are you not moved by their ignorance and their pain?

35. My Spirit pours out upon all people; it speaks to them through their conscience and says to them: “Come to Me and rest. Embrace the faith that you lack; do not remain blind on the path.”

36. People, do you know the work that I am currently unfolding in the world? “No,” you tell Me, “we only see this humanity rebelling, plunging itself into great ruin, and enduring a severe affliction.” Truly, I tell you, I have allowed humanity to judge itself with its own hand and thereby recognize all its errors, so that it may return to Me purified. To every creature I have sent My light and have stood by it in the days of tribulation.

37. My Spirit has descended upon every spirit, and My angels are scattered throughout the universe, carrying out My instructions to put everything in order and restore it to its proper course. When all have fulfilled their mission, ignorance will have vanished, evil will no longer exist, and only goodness will reign on earth.

38. Oh, if only you were able to understand me, if only you knew my longing to perfect you—how far you would have ascended by now, and how close you would already be to me! If your will were mine, you would have already reached the summit where I await you.

39. But what is My desire, My people?—Your unity and your peace.

40. Here I am once more, speaking to you, stirring your hearts in anticipation of your awakening.

41. Every good tree will be protected, and its roots and branches will spread out to provide shelter and nourishment to the traveler. But the weeds will be uprooted and cast into the unquenchable fire.

42. I speak to you in parables, and when I speak to you of this tree, I speak of the works of men.

43. To those to whom I have entrusted offices, I say: Prepare your harvest. — Fathers of families, teachers, and rulers; masters and servants; great and small—I do not want you to offer Me your fields overgrown. Even if it is only a small harvest—present it to Me purified and pure.

44. Come to Me, call out, and it will be opened to you. But come cheerfully, satisfied with your work, so that you may feel great, like Me.

45. Truly, I tell you, if there were a thousand prepared minds, I would make Myself known through all of them at once.

46. I have been giving you My instruction ever since I first revealed Myself through My daughter Damiana Oviedo, through whose intellect I communicated My will to you. Since then, My wisdom has been flowing through these channels—a wisdom that you should treasure in your hearts like precious jewels, for love is contained within them.

47. I want you to teach your fellow human beings just as I have taught and guided you.

48. You are the witnesses to all that I have said during this time, so that tomorrow, when My Word is no longer with you, you may speak to your fellow human beings about these teachings. Then, looking back on these revelations, you shall explain to those who ask you how the Master revealed Himself and what the channel did in the process. For after 1950, people will ask you questions, and, inspired by your testimonies, they will seek out the books in which My Word is printed, and in them they will find My presence and My essence. Even if they search for imperfections, they

will not find them; for the imperfections of those through whom I reveal Myself will not find their way into these books.

49. These writings will kindle the light of true faith in people's hearts. They will show sinners the path to renewal and will produce new disciples, new soldiers, many of whom will demonstrate more faith and more love than many of those who listen to Me in this time.

50. Prepare yourselves so that your testimonies may be sincere and true. I shed My light upon all people.

51. Blessed is the heart that is prepared, for it will feel My presence.

52. People, it is My will that in this Third Era every mind, every heart, and every spirit attain this spiritual understanding.

53. The Book of Wisdom has been opened so that all may become My disciples.

54. Be vigilant with the utmost zeal regarding the teaching I am currently giving you.

55. You are My humble family, to whom I have entrusted an inheritance, to whom I have revealed everything that was in accordance with My Will.

56. You do not know the heavenly homeland and continue to wander in the wilderness. Yet I have come to unite you in My love, and you must not forget that your Father's love awaits you. I am currently preparing the way for you so that you may recover from the heavy toil of the day. But I tell you even now that there are more thorns than flowers on this path. Nothing will surprise you anymore, you who have come to know the paths of life and have gained steadfastness and courage along them.

57. You are My disciples in this age; you seek to understand My revelation, and at the same time you are surprised by the advances of science. Rejoice that you have been witnesses to all these wonders, for you have not only come to know the fruits of human intelligence but have also attained spiritual knowledge at a high level of development.

58. How many scientists, who are considered learned, deny spiritual life, while you understand what they have failed to recognize. Your task is to make (My teaching) known, so that in this time all may take another step toward the Light.

59. I see the longing of those who yearn to come to Me. I have told you: I have paved the way so that all may experience the infinite bliss of finding Me. You who have taken a step toward renewal and spiritualization feel your souls rejoicing with joy.

60. I wish to leave these crowds of listeners here, well-prepared, before My departure at the end of 1950.

61. In the Second Era, I prepared twelve men, and they spread My teaching throughout the known world of that time. Twelve men were enough to establish My Law of Love. To them I said that I would be among humanity once more. And now My word has been fulfilled, for the Master has returned in the Spirit, accompanied by His spiritual hosts.

62. This is the time of the liberation of the spirit, the age of light and evolution. You will recognize the seed that I leave behind in souls, and this seed will be the testimony of My coming to humanity in this Third Era, in which I have manifested Myself since the year 1866.

63. You who are listening to Me now are My disciples in this era, and you have come to Me without knowing *which* path you were on.

64. I want my new disciples to be the sowers of peace in this world.

65. You do not know how much your spirit gains for its development through the brief moments you withdraw from the world to devote to Me. Truly, I have surprises in store for you when you arrive at your Father's side.

66. It is a delicate mission that I have entrusted to you, but it is not a heavy cross of self-sacrifice. Nothing compels you to follow these teachings, for you are endowed with free will. But shining upon that freedom of thought, life, and action that is your own is a light—which is your conscience—that advises you on what to do and teaches you to distinguish good from evil. I am that light—I who am within and without you, who stand by you in both joy and sorrow, whether you walk on the path of goodness or rush toward the abyss. I am everywhere, for I am the divine Heart that beats throughout the entire universe.

67. I do not want any further atonement or suffering for you; I want the souls of all My children, just as the stars beautify the firmament, to illuminate My Kingdom with their light and fill your Father's heart with joy.

68. Prepare your hearts to receive the Messenger of Love, who is Mary, the Mother who comes down to comfort the hearts of her children.

69. God's most tender love for His creatures has no form. Yet in the Second Age, it took the form of a woman in Mary, the Mother of Jesus.

70. Understand that Mary has always existed, for her essence, her love, and her tenderness have always been within the Godhead.

71. How many theories and errors have people created about Mary! About her motherhood, her conception, and her purity. How much blasphemy have they committed in doing so!

72. On the day they truly comprehend that purity, they will say to themselves, "It would have been better for us if we had never been born." Tears of fire will burn in their souls. Then Mary will enfold them in her

grace; the Divine Mother will protect them with her mantle; and the Father will forgive them and say with infinite love: "Watch and pray, for I forgive you, and in you I forgive and bless the world."

73. I seek no harvest in your hands, for I know they are empty. I have seen those who, instead of sowing faith in hearts, have snatched away the little faith they had.

74. I have endowed you abundantly with abilities so that you may practice active charity, and therefore it is not right for you to come to Me as those in need and implore My help.

75. When your fellow human beings turned to you and asked for help—did you listen to them and care for them? Your conscience tells you that on many occasions you remained deaf and indifferent, and this is not the teaching I imparted to you through Jesus.

76. My gaze reads your hearts; My Word judges you, and yet you do not tremble. As I judge you, I teach you; I love and forgive you. I forgive you who hear Me, and I forgive humanity.

77. At times I see you wavering, and you are afraid to move forward, afraid of the pitfalls along the way, even afraid of My light, because you think you will be blinded by its radiance. How, then, will you become strong and put an end to the pain? Let the light of My Spirit fill your being, and then you will understand many revelations, and your despondency will vanish. Do not take offense at the fact that the one and same God judges you, loves you, and also tests you. Do not be confused that from the Father's heart comes both the strictest judgment and, at the same time, the most loving intercession for His children; yet do not challenge the Father's justice, for you already have My light within your spirit. For when it makes itself felt relentlessly in your lives, it will seem to you that I have denied you My forgiveness, that I no longer love you, that I have crossed the bounds of justice and am proving cruel and unjust. In your blindness, you would then be unable to comprehend that no one reaps pain that they have not first sown.

78. If you understood My teaching, you would feel My love and recognize My presence in your lives—a presence that spares you from missteps and falls and lifts you up again with fatherly kindness when your ingratitude or your need has caused you to stumble. At other times, you would see me lighten the crushing burden of your transgressions to move your hearts to deep reflection, for my love and my forgiveness are boundless.

79. Until now, only uneducated people of simple disposition and modest knowledge have come to learn about My work. Throughout the

ages, these have been the first to come to Me to hear Me; but now scholars, philosophers, and scientists will also come. Some will do so with the intention of exploring the meaning of this teaching, and others with the premonition that in doing so they will encounter a luminous reality. They will all learn new lessons from My Word, and this new wisdom, which they will discover in My revelations, will transform the way of thinking, being, and feeling of all humanity.

80. How greatly they will marvel at the simple and perfect manner I have chosen to bring My revelation to fruition, and how many explanations and solutions they will find in My teachings.

81. I entrust a new era to this humanity, which consists of beings of varying spiritual maturity and with diverse tasks on Earth.

82. A fierce struggle awaits the people of tomorrow—a struggle that does not arise from the desire for material goods, nor will it be so selfish as to destroy human lives in its course. No, I speak to you of a noble and sublime struggle through which peace and love will be restored to the world. I speak to you of work, effort, and sacrifice for the sake of your betterment—both moral and material—as well as for your salvation and spiritual progress.

83. On the foundations of true knowledge, love, and justice, the people of tomorrow will build a world of peace and light. A new world—new in moral, spiritual, intellectual, and scientific terms—will rise from the ruins of the past, completely transforming the lives of all peoples.

84. Here, where goodness has been so fiercely opposed, where the sacred has been so grievously desecrated, where everything that is just and lawful has been vehemently rejected, the law of love will prevail. Today's valley of tears will be transformed into a valley of peace. For humanity's good will to adhere to the law will find its just reward—when it regains that supreme gift of the Spirit, which is peace.

85. When human life unfolds in an atmosphere of peace, human knowledge will be greater and inspiration higher than it has ever been to this day.

86. How could the people of today be inspired in the midst of a depraved world, where so countless thoughts of hatred, evil, and materialism swirl about, forming a kind of veil that prevents their spirit from beholding the truth of the Eternal?

87. Come to Me, O people, pray, and tell Me your longings and sufferings in the language of the spirit. For then I will take you by the hand and lead you into the innermost part of My sanctuary, where I will reveal

to you everything that can serve to adorn your existence, making it more beautiful and noble.

May My peace be with you!

Instruction 172

1. I have clothed you in a robe of grace so that this may distinguish you from the peoples and religious communities of the earth.

2. Only by practicing My teaching will you be able to keep this robe pure; it is not material but consists of light, and you wear it within your soul.

3. It is so delicate that even a single evil glance, reflecting malicious feelings toward your neighbors, is capable of leaving a stain upon it. Now you will be able to understand that—if you commit more serious transgressions—you do not merely cause stains, but tear entire shreds from your robe.

4. When you emerged from My Spirit, you were all clothed in this garment, which is spiritual purity. Who has been able to preserve this grace intact until their return? Who has survived all the battles and temptations without sin?—Very few. I saw the majority in rags, and many are devoid of any virtue.

5. Now I have come to cover you anew, to clothe you, by pouring out My light upon your souls, like an immeasurably vast cloak that I spread out to adorn you. Be aware, O people, that it is precisely this light by which the world will recognize you.

6. I set you free from evil so that you may be worthy to possess My seed and sow it. How could I send you out—naked or in rags, defiled or unclean—to bear witness to My Word?

7. Now that you have embarked on a path of renewal, do not linger; do not fall asleep halfway along the path, for then you would delay your spiritual progress.

8. I want every step you take in My work to be another step that elevates you on your pilgrimage, and I want you to know that every work will bear fruit for you. Do not fail to reap it; do not be content merely to sow and then neglect the harvest.

9. If you truly have the desire to become masters of spiritualization, you must be persistent, patient, eager to learn, and attentive; for then you will have the opportunity to gradually reap the fruit of your works along your path, thereby accumulating experiences that are light and insight into true life.

10. Those who teach My work in the world must be true connoisseurs of human nature—both in matters pertaining to the soul and in those concerning the body.

11. From a spirit that has been refined through experience, strengthened through struggle, and purified by goodness will come sound

advice, a word that solves a problem, a judgment that is correct, and instruction that is convincing.

12. How many there are in the world who, through the various churches and sects that exist, devote themselves to spiritual guidance and, instead of leading their fellow human beings onto the path of truth, allow them to wander astray in the darkness and plunge them into the abyss of ignorance! Why?—Because they do not know people, because they do not try to understand them. But how could they possibly understand people if they do not even know themselves?

13. I do not want this to happen to you as well, beloved disciples of the Third Era. Take note that I have taught you to first search your inner selves, to come to know yourselves inwardly, so that you may judge yourselves. Recognize how many trials, great and small, I subject you to so that you may put My teachings into practice and truly live by My Word. When you are then prepared, when you have been shaped into the right form by the delicate chisel of My justice and My love, I will send you to your fellow human beings with My message of comfort, hope, and peace.

14. Who, then, will be able to resist the power of truth that emanates from your words? Who will not feel captivated and deeply moved by the understanding, empathy, and persuasiveness of your counsel? There will be faith in hearts; there will be repentance, healing, and countless miracles. This is the fruit you are to reap according to My will; this is the harvest I expect you to bring in. But make no mistake. When I speak to you of the fruit in My teachings, there are always some who interpret this word in a purely earthly way and seek the fruit of their works in the form of flattery, honors, tokens of appreciation, and even monetary payment. How far removed is this fruit from the one I mean in My Word! You have already learned that I have spoken of the fruit of experience, sincerity, understanding, peace of mind, and spiritualization.

15. Those who still sought rewards on earth in the form of money and recognition are souls of a low level of development who do not wish to recognize the truth and are still content with the reward the world offers.

16. They will now awaken from their dreams and become aware of their nakedness, even though they thought they were dressed in festive attire. They will realize their spiritual misery and feel spiritually destitute, even though they believed they possessed an inexhaustible treasure.

17. Disciples, take care of your garment; learn from Me so that tomorrow you may be able to teach your fellow human beings. Purge your hearts of every evil inclination and transform them into fertile ground in which My Word takes root and bears fruit, to the joy of your fellow human

beings and to the glory of your spirit. I am always with you, yet you are not always with Me. Therefore, I say to you when you come to the manifestation of My divine light through the voice-bearer: Welcome, O multitudes thirsting for wisdom.

18. As you come to keep an appointment, I arrive to fulfill a promise, and I bless you because you did not leave Me to preach alone in the wilderness.

19. I have not found you prepared, for for many centuries, instead of studying My teaching, humanity has devoted itself to external rites and forms of worship that do not illuminate the path of the Spirit. But I forgive you, come to your aid, and enable you to attain the knowledge that is still hidden in My Word of the Second Era. Once you have internalized that lesson, I will give you My new message, which will fill you with joy through the essence and wisdom it will bring you.

20. I desire that this humanity no longer be a novice in spiritual knowledge, but rather become a good disciple who understands the responsibility it has toward the Father in this era of judgment, reparation, and spiritual ascent.

21. And you, people, must bear witness to My teaching through your works of love, so that other communities may also rise toward the Light, which is liberation, truth, and life.

22. For a long time I have brought you joy with this message, but I find very few who are prepared. Most stray from the task to which they should devote all their strength, their love, and their faith, for it is precisely this task that is the cross which lifts them up and brings them closer to Me.

23. If some have not understood My Word, it is not because it lacks clarity, but because they did not know how to develop their intellectual faculties, because to this day they have not felt love for their neighbor in their hearts, because they did not allow the meaning of My Word to penetrate their hearts in order to awaken true love within them.

24. You sometimes complain that the number of followers of My Word is growing only slowly. Yet I tell you that you must complain about yourselves, for it is your task to increase and multiply the multitudes that make up this community. But if faith is lacking in your hearts, if your spiritual gifts are not developed, if the light of spiritual knowledge is absent from your minds—how then will you convince the unbelievers? How will you move them with your faith and love if these virtues are not developed in your hearts?

25. Those who do not understand cannot lead others to understanding; those who do not feel will not awaken feeling. Understand now why your

lips have stuttered and stammered when you were faced with the need to bear witness to My Word.

26. Those who love need not stammer; those who believe do not fear. Those who feel have many opportunities to prove their sincerity and truthfulness.

27. I speak ceaselessly of the need for you to prepare yourselves by studying My teachings carefully and putting My Word into practice, for I want your steps on this path to be sure. Those who have not truly understood Me or have not genuinely become spiritual by the time My Word is no longer revealed in this form, and My spiritual world no longer speaks through My chosen ones, and there are no longer any symbols or rites among My people, will be in danger of succumbing to error and will remain on the brink of an abyss. But why fear that this will happen, when I have warned you for so long and on so many occasions so that you may avoid dangers, falls, and afflictions?

28. It is time for you to reflect on the steps you must take along this path, on the way to fulfill your mission in the purest and most pleasing manner before Me. For truly, I tell you, those who draw inspiration from these ideals will gain a true vision of their future and a certainty regarding all that they must accomplish in life. For them there will be no abysses, no darkness, and no uncertainties.

29. I want all of you to be such strong souls. That is why I speak to you ceaselessly of preparation, spiritual contemplation, and exploration.

30. I see you repentant, weeping silently as you hear My words, and I bless you because you have allowed the divine essence of My teachings to penetrate your hearts, which until now had not yet awakened to love, mercy, and goodness.

31. Your spirit has had a moment of peace, which has been a respite from the severe trial it endures through the earthly body.

32. How many souls among those who come to this gathering have not had a single moment of rest from the day they incarnated into this body until they heard My Word for the first time! How many beings find peace only during the brief moments of My message! To them and to all of you I say that you may continue to take deep delight in My Word, but that you should also remember that the day will come when you will no longer hear it; then you shall set out to prove your faith, your spiritualization, and your obedience, in the certainty that you will then see your (spiritual) progress rewarded through direct communication from spirit to spirit.

33. I have seen you struggle with your body to subdue its rebelliousness. You have had to endure great battles with your heart to

instill obedience and submission in it. Its nature resists the demands of conscience. Yet if you persevere in prayer, if you remain vigilant, you will make it your best ally in spiritual fulfillment. This struggle is part of your atonement during this time.

34. All your qualities have been latent within you since the moment you were created. Intelligence, empathy, and reason have always been your own, so that you may fight the final battle. When you have defeated evil and your spirit is the helmsman steering the ship, you will be able to reach out to your fellow human beings and be a shining example to them, a true witness. Without boasting of your spiritual strength and authority, you will present your works, and these will reveal obedience and compliance with My laws and serve as the example that encourages your fellow human beings to follow you on the path of development.

35. When you no longer hear My Word through the spokespeople and your spirit feels the desire to put into practice what I taught you during this time, let each of My disciples regard the group of people assigned to him as his own family, in order to teach and guide them to . Be merciful toward them, correct them with love and wisdom, let them breathe an atmosphere of peace like the one you have created today, and then My Spirit will come to inspire and bless you all.

36. Do not ask them where they come from, nor why they seek Me. Elijah will guide them when their hour has come. Even today I am preparing those who will come in the final hour, and I bless those who believe in this Word that I have given you through human transmission.

37. I instruct you so that you may be the salt of the earth, so that you may bring joy to people's lives through the Good News that the Master has revealed Himself in this time of suffering and has left His Word as an inheritance, so that all may be nourished by it and live eternally through it.

38. I do not charge you with the complete transformation of humanity; yet if you bring My Word to people's hearts with zealous dedication, it will work wonders. What great comfort will your neighbors receive in their days of trial when you teach them to interpret My teachings, and how will you long for those hours you spent in My presence, drinking in that divine essence, feeling like children as you received all the tenderness and love from your Father.

39. Humanity today is a fertile field for work. The fields are vast, and workers are few. How will you offer Me the spiritual progress of the generation that inhabits this world today if you do not work diligently? You have only a limited time at your disposal, and there is so much to prepare. The time is right! Rebuild the temples that have collapsed within

people's hearts. Help restore homes, and preach spiritualization wherever you go. Bear witness through your deeds.

40. Be vigilant so that virtue may transform your brothers and sisters, that children may be a sweet bond between father and mother, and that adolescents may be a firm foundation for the new generations; that husband and wife may be an image of God and His creation, and that all of you, together with the guardian angels who stand by you, may attain perfect harmony with your Father.

41. Your petitions reach Me; the light that I have poured out upon your spirits illuminates your being. All your deeds are present, and you can judge your own merits. The sufferings you are now enduring will pass, and peace will shine forth in the universe.

42. Pray for the nations that are fighting one another in war. Share your bread and your clothes with those who have fallen into misfortune. Open your granaries and give them food with true love. In this hour of anguish, demonstrate your brotherhood with the world. Practice active charity toward the sick, prepare the souls who must depart for the hereafter, strengthen the faith of the afflicted, and bring peace to all. Ask, and I will perform miracles among humanity, whom I have assisted throughout the ages. For if you think that I have left My throne to reveal Myself to you, you are mistaken, for that throne you imagine does not exist. Thrones are for vain and arrogant people. Understand that My Spirit does not dwell in any specific place. Since It is infinite and omnipresent, It is everywhere—in all places, in the spiritual, in the material, and in all creation.

43. Where, then, is that throne you attribute to Me?

44. Do not take My words as a reproach for your limited understanding and perception of the truth, for I do not appear among you to humiliate you in your immaturity, but to lift you up into the light.

45. Do you think that I do not acknowledge the development and change that your insights and convictions have undergone since you first heard this Word? Truly, I tell you, I am aware of the steps you are taking on the spiritual path.

46. When you came to my gathering, you did not believe in my presence through a human being, for you had been led to believe that you could find me only in images, symbols, and objects consecrated by your churches. When you subsequently realized, despite your lack of faith, that there was a deeper meaning in my teachings that enlightened you and brought peace to your hearts, you recognized that a divine light was being revealed through these beings, who are destined to convey my message.

47. A new faith was born in your hearts, a new light that gave you the realization that human beings can communicate directly with God. But that was not all; you still had to come to the realization that the human mind is not necessary for the Father to speak to you. And then you knew that this divine revelation through the voice-bearer would be temporary, because later the time of spirit-to-spirit communication will come, once people have removed the last trace of materialism, fanaticism, and ignorance from their worship, their religious beliefs, and their acts of devotion, and everything within them has become spiritualized.

48. Some of you have already understood this, others are already living by it, but you still lack much to reach the goal from which you can comprehend Me in My truth, in My reality, and no longer through fantasies created by your human imagination.

49. Do not imagine Me any longer on thrones like those on earth. Free yourselves from the human form that you always ascribe to Me. Do not try to imagine heaven, for your mind will never be able to comprehend it in all its perfection. When you free yourselves from all that is material, you will feel as if you were breaking the chains that bound you, as if a high wall were crumbling before your eyes, as if a thick fog were dissipating and allowing you to behold an infinite horizon and an unknown, deep, and luminous firmament that is at once accessible to the willing soul.

50. Some say, "God is in heaven"; others say, "God dwells in the hereafter." But they do not know what they are saying, nor do they understand what they believe.

51. It is true that I dwell in heaven, but not in that specific place you have imagined. I dwell in the heaven of light, power, love, knowledge, justice, bliss, perfection, and harmony.

52. I *am* in the Hereafter, yes; but beyond human sin, beyond material bondage, beyond pride, ignorance, and limitation. I therefore tell you that I *come* to you because I come to your limitations, because I speak to you in a way that your senses can perceive Me and your mind can understand Me—and not because I come from other worlds or abodes: My Spirit dwells throughout all creation.

53. You have struggled greatly and needed much time to transform your religious beliefs and ideas, and you must strive even harder to reach the spiritual goal for which I have destined you—namely, to know your Father, to love Him, and to worship Him in spirit. Then you will begin to glimpse the true "Heaven" of the Spirit—that state of exaltation, harmony, peace, and well-being which is the true Paradise to which you must all arrive.

54. Shake hands with one another as a sign of friendship, but do so sincerely. How can you be brothers and sisters if you are not yet able to be friends?

55. If you wish for the Father to dwell among you, you must learn to live as brothers and sisters. If you succeed in taking this step on the path to brotherhood, your victory will be rewarded with a dialogue from spirit to spirit. For if you love one another and are united in will and thought, I will grant you the ability to connect through inspiration with your brothers and sisters who dwell beyond your world.

56. My work is full of light; My truth is clear; therefore, no one can walk in darkness and claim that I am there.

57. When I lived among you in those days, people who longed for Me would often come secretly at night, when everyone was asleep, because they feared being discovered. They sought Me out because they felt pangs of conscience for having shouted at Me and expressed their indignation while I was speaking to the crowd. Their sense of remorse grew even stronger when they realized that My Word had left a gift of peace and light in their hearts, and that I had poured My healing balm into their bodies.

58. Dejected, they came to Me and said, “Master, forgive us; we have realized that there is truth in Your words.” I replied to them, “If you have discovered that I speak only the truth—why then do you hide yourselves? Do you not go out into the open to receive the sun’s rays when it appears? When have you ever been ashamed of it?”

59. Truly, I tell you, whoever loves the truth never conceals it, nor does he deny it, nor is he ashamed of it.

60. I tell you this because many come secretly to listen to Me, yet deny where they are going, conceal what they have heard, and sometimes even deny having been with Me. Of whom should you be ashamed?

61. You must learn to speak of my teaching in such a way that you never give cause to be mocked. You must also cultivate sincerity, so that when you bear witness to me, you do so with words that are the expression of your heart. This is the seed that always sprouts, for it possesses the persuasive power of truth, which touches the heart and reaches the spirit.

62. When I anchor My divine message within you, it must become a message of brotherhood. But in order for it to impress and move the materialistic heart of humanity, it must bear the stamp of the truth that I have revealed to you. If you conceal anything, if you withhold anything,

you have not given a true testimony of what My revelation in the Third Era has been, and thus you will find no faith.

63. I have shown you that the blindfold can be removed from the eyes of the ignorant or the deluded without harming them, without offending or hurting them. I want you to act in the same way. I have demonstrated to you through my own example that love, forgiveness, patience, and forbearance have more power than harshness, condemnation, or the use of force.

64. Keep this lesson in mind, disciples, and do not forget that if you wish to rightly call yourselves brothers to your neighbors, you must possess great goodness and virtue in order to show them. I promise you that I will make My presence felt in your spirit in an overflowing way when the light of brotherhood shines upon the earth.

My peace be with you!

Instruction 173

1. You are no longer little children on the spiritual path; you are evolved souls. Do you know what “Spiritualist” means? I will tell you in one short sentence: Spiritualist means “disciple of the Holy Spirit.”

2. You will all be great when you attain true humility, when you practice true love. As long as malice exists in your hearts, you will not win the great reward I have promised you. That is why I teach, correct, and purify you in the clear waters of the River of Life, so that you may become worthy to come to Me.

3. I will lovingly correct your mistakes, lift you up when you fall, and comfort you in your sufferings. I will not allow you to perish, and I will never abandon you. I will lead you by the hand along the path to perfection until you arrive in My Kingdom. If *you* have not kept watch—I have kept watch. My mercy and My grace are with you, so that you may turn in love toward the other peoples of the earth. I have taught you to offer worship pleasing to My Divinity. I have made Myself known through the Word, through your intellect, through intuition, and through revelation. I have also spoken to you through My spiritual world. In all your trials, sorrows, and vicissitudes, I have proven Myself to be a Father.

4. From all worlds, from all heavens, I have received tribute. Yet when I turned my gaze upon this planet, I scrutinized all sects and religious communities and found only pain and outward rituals that are no longer appropriate for this time. But I pour out my grace and my love upon all and accept the good seed. I have (also) turned my gaze toward my spiritualist people and have likewise found your worship of God to be imperfect.

5. I have revealed Myself to you through human reason in order to show you the (right) path, and I have told you: Become spiritual; renounce all that is unnecessary. I wish to free you from idolatry, fanaticism, and materialism by eliminating traditions and rites through My teachings. For you have added elements of your former customs to My teaching, incorporating into it the traditions and ritual practices that are rooted in your hearts and are the legacy of your ancestors.

6. You are the Israelite people to whom I speak through the human faculty of reason, so that after 1950 you may converse with Me from spirit to spirit and teach the world true worship.

7. Prepare your children, for they are the generations of tomorrow who will set out to sow My truth, unmixed with fanaticism or idolatry.

8. How great and beautiful is My teaching, and how far removed it is from all that is superfluous! Explore it deeply so that you do not fall into

fanaticism. The time will come when you will understand it fully and reach the Hereafter with your thoughts. How beautiful it will be when you have attained this spirituality!

9. Then you will realize that your backwardness was great, even though you had the greatest Master among you. Then you will also understand the reason for so many trials, purifications, and afflictions.

10. Do not fear the world; illuminate its path with the light of your spirit, dematerialize it, and free it from its sin.

11. I do not divide you into classes; these distinctions disappear when you are with Me. I do not humiliate the one who is well-dressed, for he does not intend, through his clothing, to humiliate others. I honor the poor and seat them beside those whom they have always regarded as superior, and from this spiritual union I bring forth true brotherhood by giving you all the same Word. For just as a soul of little maturity may exist within a scholar, so too may a great soul dwell within a simple person. Yet this is recognized only by Me. Therefore, I invite all races and tribes to hear the same Word, so that you may all be disciples of the Holy Spirit.

12. The year 1950 will come, but My spiritual world will not separate itself from you. Although it will no longer have access to your mind, it will continue to protect and inspire you. I will speak through the mouths of those who are prepared. I will pave the way so that you may go forth and bring the Good News to humanity. Since you have established a connection with your Father and with your spiritual brothers and sisters—how could you not cross lands and seas to connect with your brothers and sisters of other races and languages? I will give you the authority and the universal language for this, which is love.

13. I want you to be a clear mirror, an example worthy of emulation. I do not want you to be just another sect on earth. I want you to be the safe harbor for the shipwrecked, the star for those lost in the desert, and the tree for the weary and exhausted traveler.

14. To help you fulfill your mission, I bless you, beloved people. I see the longing with which you gather together and wait for My Word. You do not wish to miss a single one of My teachings, for in them you find the nourishment that strengthens the spirit and revitalizes the body, and you are convinced that there is no comparable legacy that grants you the knowledge contained in this work.

15. In this Word you have found resurrection and life, and you have turned to it as a shipwrecked person does when he spots a lifeboat.

16. Human life is like a storm, and you wish to save yourselves from perishing through wars, unbridled passions, and misfortunes.

17. You wish to live in peace, yearn for a world of justice, dream of the brotherhood of humankind, and therefore, when you hear my Word, you discover in it the divine promise of that world you long for. You have gathered around this message to feel secure and prepared, and in the hope of reaching Me, purified by your good works.

18. I bless this generation that knew how to listen to Me and believe in My message, just as I will bless the coming generations who will offer their worship and devotion with true spirituality.

19. My teaching will be heard anew by humanity, but not because My Law has returned to people, for it has always been written in their consciences. It will be people themselves who return to the path of the Law. This world will be a reflection of the prodigal son in My parable. Like him, it will likewise find the Father waiting for it on His estate, ready to embrace it with love and seat it at His table to eat.

20. The hour of this humanity's return to Me has not yet come; nor has a portion of its inheritance remained for it, which it will squander on feasts and pleasures until it is naked, hungry, and sick, only then to lift its gaze toward its Father.

21. Spiritually, humanity sank from abyss to abyss until it reached the point of denying and forgetting Me, to the extreme of denying itself by denying its very essence—its spirit.

22. Only My mercy will be able to spare humanity the pain of having to retrace their steps once more to return to Me. I alone, in My love, am able to provide the means along My children's path so that they may discover the path to salvation.

23. Is your heart not filled with joy at the thought of having the Father's house before your eyes? Are you not shaken by the moral and spiritual tragedy in which the peoples of the earth live?

24. Oh, if only you had already understood the mission you must fulfill during this time! How you would then strive for the sake of your fellow human beings, and how you would then forget your own sorrows! Yet I see that you still have no idea of the gifts that each of you possesses. How do you intend to unite in order to make known to humanity that salvation is near?

25. Although one person's task is not the same as another's, you must join together so that all may form, in harmony, a single "body"* and a single will, and so that, united in the fulfillment of My Law of Love, you may fight for a better world. How can you claim the right to dream of a world of peace, harmony, and brotherhood if you do not, for your part, use the means to achieve it?

**Here, the body is used metaphorically to represent the community.*

26. You are not alone in the struggle, nor are you walking blindly, nor do you lack weapons to defend yourselves. I have enabled your spirit to comprehend the beauties of spiritual life, have opened your spiritual vision to the future, and have revealed to you the gifts and abilities that you carry within yourselves, resting in the depths of your being.

27. I have removed from your minds that notion of uselessness, of incompetence, clumsiness, and wretchedness that you had formed of yourselves, so that you may understand that you can all be useful, and that you must all continue to evolve until you reach the heavenly home where your Father awaits you.

28. Some say to Me, "Lord, why do You not allow us all to see You, as our brothers and sisters do, who testify that they see You?"

29. Oh, you weak-hearted ones who must see in order to believe! What merit do you find in seeing Jesus in a vision in human form, even though your spirit can perceive Me boundlessly and perfectly in My divine essence through love, faith, and feeling? You do wrong when you envy those who possess the gift of perceiving the spiritual in limited forms or symbols; for what they see is, strictly speaking, not the Divine, but an allegory or a symbol that speaks to them from the spiritual realm.

30. Be content with your gifts, and explore the revelations you receive, always seeking their meaning, the light, the instruction, and the truth.

31. Bear your cross to the end with patience and resignation; then it will be My Law that takes it from you when you reach the gates of that homeland I have promised you, where you will enjoy true peace. For now, you are still travelers, soldiers, and warriors striving toward a lofty goal, setting out to conquer a better homeland.

32. You are not alone in your struggle; humanity has never been alone, for I have always shown it the best path, have accompanied it, and have instilled courage in it.

33. If anyone were to ask Me how people were guided before they knew the Law of Moses, which he received from the Lord, I would answer that before Moses, I sent forth all spirits with the Law written in their consciences, so that all their actions in life might be pleasing to My divinity. Afterward, I sent spirits of great light—patriarchs and prophets—into the world so that, through their deeds, they might teach all their fellow human beings to fulfill My Law.

34. Those men honored Me through their lives; they were not idolaters, for they already knew spiritualization, possessed a sense of love and

mercy toward others, and were ready to welcome strangers into their land and into their homes. They were hospitable to strangers and to weary travelers. For everyone, they had a kind word and wise counsel.

35. Yet not all people have allowed themselves to be guided by the inner voice of their conscience. Spiritualization is necessary for this, and the senses of the flesh shy away from it. Therefore, your Father had to manifest Himself among humanity in various forms to explain the Law to them and reveal the Divine.

36. You, the people who are hearing My teaching in the Third Era and still preserve something of the seed I entrusted to you in times past, understand that you must purify your hearts of selfishness and materialism so that you may experience the joyful moment from which point onward you will once again direct your lives according to the dictates of your conscience, like those first enlightened ones, like Abraham, from whom descends the people who have been the custodians of all My revelations throughout the ages.

37. I want you—when the time comes that My manifestation ends in the form in which you have it today—to be prepared in such a way that every spirit among those who form this community here is like a temple to Me, every heart a sanctuary, every home an altar, a father's house, hospitable and full of active charity. How deep will your peace be then, how strong will your heart be then, to emerge victorious from all trials.

38. The bread will be blessed not only by Me but also through you, for by then you will have learned to prepare it with love, with faith, in an atmosphere of peace.

39. The spiritual grace with which I have endowed you is the seed of spiritualization. Whoever lovingly nurtures this seed in his heart will not fall victim to plagues or the raging elements, nor will material hardships weigh him down.

40. You must not expect these days to come to you on their own. No, people, you must contribute through spiritualization to bringing them about, so that you may experience their miracles and be able to judge what the Spirit is capable of when it is able to rise above the mud, dust, and filth of a materialistic and impure life.

41. Do not forget, O disciples, that spiritualization cannot tolerate fanaticism of any kind, idolatry, or prejudice, for then it would no longer be spiritualization.

42. Whoever has sincerity in his heart and seeks to honor Me through the deeds of his life has no need for outward forms of worship to feel that he has fulfilled the commandments of his Father and Lord. On the other

hand, those who feel the unease in their hearts caused by a conscience that judges them eagerly seek out rituals and visible forms of worship, because they mistakenly believe that through them they can reconcile themselves with their Father.

43. Be simple as the flowers and pure as the birds. Be transparent as the air and clear as pure water; then you will have attained that sincerity and elevation that will enable you to recognize the truth of life.

44. Anyone who claims that my teaching is a threat to humanity's material progress is committing a grave error. I, the Master of all Masters, show humanity the path to its upward development and to true progress. My Word speaks not only to the spirit; it also speaks to the mind, to reason, and even to the senses. My teaching not only inspires and instructs you in spiritual life, but it also sheds light on every science and every path. For my instruction is not limited to guiding all souls toward the homeland that lies beyond this existence; it also reaches the human heart and inspires people to lead a pleasant, dignified, and useful life on this planet.

45. When I told you in the Second Era that My Kingdom is not of this world, I tell you today that is not yours either, because this world, as you already know, is merely a transition for humankind.

46. I teach you the true life, which has never been based on materialism. Therefore, the powerful of the earth will once again rise up against My teaching. I come to you with My eternal teaching, with My instruction that is valid forever, which consists of love, wisdom, and justice. Nevertheless, it will not be understood immediately; humanity will condemn Me once again, will crucify Me once more. Yet I know that my teaching must pass through all of this in order to be recognized and loved. I know that my fiercest persecutors will afterward become my most faithful and self-sacrificing sowers, for I will give them very great proofs of my truth.

47. That Nicodemus of the Second Era, a prince among the priests who sought out Jesus to speak with Him about wise and profound teachings, will appear again in this era to conscientiously investigate My work and convert to it.

48. That Saul, called Paul, who—after having persecuted Me with fury—became one of My greatest apostles, will appear once more on My path, and My new disciples will manifest themselves everywhere, some with fervor, others through self-denial. The present hour is of great significance; the time of which I speak to you is drawing ever closer.

49. Does this war of ideas, the conflicts you are currently witnessing, and the events unfolding day by day not speak to you of something that is coming—do they not give you a sense that one era is coming to an end and a new age is beginning to shed its light?

50. I only want you, the witnesses to My Word in this time, to remain steadfast in the moments of trial that must precede the enforcement of My Law. For My renewed manifestation among you will be like a hurricane, the force of which will shake and churn the land and the seas where this humanity dwells and moves, so that they may spew forth all the impurities they harbor within.

51. When these trials come, do not be afraid, for when they are upon you, you will understand that the beginning of the end of a reign has begun, and the dawn of a new, happier era is approaching.

52. Wickedness, injustice, pride, bondage, ignorance, and earthly power will fall, clearing the way for the establishment of the reign of love, light, and peace among humankind. You will not waver nor let your lamp go out, even if you feel that the trial is very hard and the cup you must drink is very bitter. On the contrary, you shall then kindle the flame of hope and fan it into a blaze, just as a soldier does in the heat of battle when he feels he is about to overwhelm the enemy and victory is near.

53. When you find yourselves surrounded by hostile hordes whose tongues spew venom against you, do not doubt My promises; for in those moments I will let you feel My comforting presence and hear My loving voice, which will tell you anew: "I am with you."

54. You will then often experience how, among those hordes, a heart will emerge that understands you and serves as a shield for you. Yet you will achieve this only if you place your trust and faith in Me.

55. Remember Daniel, that prophet who so vigorously defended his oppressed people so fiercely while they were in captivity in Babylon.

56. Let the battle come. You must once again water with your love the seed that the Eternal One sowed in the spirit of man. Allow the weeds to be cut down by the stroke of the sickle of My justice, and let the fields be plowed so that they may be fit for cultivation.

57. It is necessary to grant those who pursue the goods of this world a few more moments, so that their disappointment may then be complete, and so that they may finally come to realize that gold, power, titles, and the pleasures of the flesh will never give them peace and well-being of spirit.

58. The hour of self-examination in the light of conscience is approaching for all of humanity. Then the scholars, theologians, scientists,

those in power, the wealthy, and the judges will ask themselves what spiritual, moral, or material fruit they have reaped and what they can offer to humanity to eat. After that time, many will return to Me because they will realize that, despite the prestige they enjoyed on earth, they lacked something to fill the void into which their souls had fallen—souls that can be nourished only by the fruits of the spiritual life.

59. I have created an oasis for these souls in the midst of the desert; for I know that during their earthly lives they knocked on one door after another and traveled one path after another—some in search of truth, others of power, and still others of happiness. But at the end of the path they have traveled on earth, when they are ready to renounce everything, I will let them rest in My bosom, I will comfort them, and I will show them the true path, so that through it they may find the fields where they can sow the fruitful seeds of their experience.

60. The oasis is spiritual, to which people of all races will come via all manner of desert paths—some weary, others covered in wounds, gray-haired, and many with empty knapsacks, ashamed of the fruitlessness of the struggle they had waged. There they will hear my voice, recognize it at once, and exclaim, “It is the Lord!” With this phrase they will express the humility with which they will finally find me. For they will all have to come to me through their own merits.

61. That hour of infinite bliss, reconciliation, and humility will also bestow divine forgiveness upon the lost children who finally return to the Father’s house, longing for the One who gave them life and their inheritance.

62. You have set aside this day in November to commemorate those who have passed into the hereafter. From the first light of dawn, many souls rise in prayer for those they call their “dead.” I tell you that it is very good that you remember them and hold thoughts of gratitude, love, and admiration for them. But it is not good that you mourn them as if they were possessions you have lost, nor is it good that you consider them dead. For if, in those moments when your eyes shed tears for them and your heart sighs for the departed, you could see them, you would be amazed at the light that illuminates them and the life that flows through them. Then you would exclaim: “Truly, it is they who live, and we are the dead!”

63. Truly, you are living a life turned upside down when you shed tears at the sight of a lifeless body, forgetting that its soul is full of pulsating and vibrating life.

64. If, instead of dedicating a single day to those who have passed into the spiritual life as is traditional, you were always connected to them through the bond of prayer, their invisible yet real presence in your lives and their beneficial influence would be felt by you throughout your entire existence—in your struggles, in your trials, and also in your moments of joy. And those beings, for their part, would have the opportunity to participate in your noble works and endeavors, through which they would attain greater light.

65. I once said, “Let the dead bury their dead,” and if you carefully and lovingly ponder the meaning of these words of Mine, you will realize how much reason I had to say this to you.

66. You all have the last image—the physical appearance—of your beloved departed ones in your hearts and before your eyes. Those who passed away as children in the flesh, you remember as children; those who left this life in the flesh in old age, you remember as an old man, just as you always remember those who left a body emaciated by pain or who passed away in the midst of an agonizing death struggle in that very state. But it is necessary for you to reflect on the difference between what is body and what is soul, so that you may understand that where a person dies, the soul is born into a new life, where it no longer beholds the light of the world but the divine light that illuminates the soul’s eternal life.

67. I once told you that human beings are idolatrous because of their inclination toward the material, and in their worship of the dead, they provide a striking example of their idolatry. Yet My teaching has dawned in your lives like a dawn of infinite beauty, dispelling the shadows of a long night of ignorance in which people lived ensnared by error. And this light, rising into infinity, will, like a divine star, send its most beautiful rays upon your spirit, in a preparation that will lead you with sure steps to enjoy that life into which you are all capable of entering through your higher development.

68. You will no longer weep bitterly for those who have passed away and now have a better life, nor will you later, as spiritual beings, weep for those you have left behind, or because you have left the body that served as your vessel throughout your entire life.

69. There are beings who suffer and fear when they experience the decay of the body they have loved so dearly. Yet you shall be among those who raise a song of thanksgiving to their Creator when they see that the end has come to a task undertaken by that human body.

70. Today I forgive you all your faults and at the same time show you a page from the divine Book of Life, through which you may enlighten your

spirit and your mind, so that you may perform deeds worthy of the One who taught them to you.

71. You are currently taking on a great responsibility toward humanity, and the more teachings you receive from Me, the greater this responsibility becomes; for you are the people who are to speak to humanity about spiritualization. Among you, I will leave firmly rooted the perfect way to connect with Me—without rituals or idolatrous forms, simply from spirit to spirit.

72. This blessed seed, which is already in your hearts, will be the bread that you are to share with your brothers and sisters, and it will also be the spiritual heritage that you are to bequeath to your children.

73. When I told you, “Love one another,” I did not mean that this should happen only among human beings, but also from one world to another. But now I tell you that—when you think of those whom you say have passed away—you should not imagine them as distant from you, nor without feeling. Do not love the dead, nor remember them as dead; you should remember them only as the living, for they live in eternity.

My peace be with you!

Instruction 174

1. Beloved disciples, every moment that passes in your life is another step that brings you closer to your Father. Slowly, step by step, you are traveling the path that leads to the Kingdom of Light.

2. You are moving toward a time when you will know how to give your spirit, in a just manner, what is due to *it*, and to the world what is due to *it*. It will be a time of true prayer, of worship of God free from fanaticism, in which you pray before every undertaking and in which you know how to preserve what has been entrusted to you.

3. How could a person go astray if, instead of doing *his own* will, he would first ask his Father in prayer? Whoever knows how to pray lives in communion with God, knows the value of the blessings he receives from his Father, and at the same time understands the meaning or purpose of the trials he undergoes.

4. The person who prays directly to God is a spiritual person who has no veil of darkness over their eyes and who is prepared to discover, both within and outside themselves, unknown worlds of wisdom and truth that exist in human life without their being aware of them.

5. Whoever discovers this path can no longer stand still; for since his senses and spiritual gifts have awakened and become receptive, today he hears the voices of nature, tomorrow he receives messages from the spiritual realm, and later he will hear the voice of his Lord in a spirit-to-spirit dialogue, as the fruit of the love between the Father and His children.

6. People, do not envy the messengers through whom I reveal Myself; for if you truly prepare yourselves physically and spiritually, you will even surpass them once this revelation has passed.

7. A time of signs, wonders, and proofs is destined for this people, the witnesses of My revelation in this Third Era.

8. I have not yet spoken My final word, in which I will give you great revelations. But My will and My instructions are inscribed in the conscience of this entire people, so that they may have full knowledge of how My revelation will conclude, as well as of the day that has been chosen and set for My final teaching.

9. You must understand that I wish to teach you everything you need to know in order to enter those worlds or abodes that await you. For just as your spirit had to be prepared in the world in which it lived immediately before, in order to be able to incarnate and live on Earth, so too must it prepare itself to return to the homeland it left behind—even though these are abodes that are higher in terms of love, purity, and wisdom.

10. Do not doubt My words. In the First Age, I (also) fulfilled My promise to free Israel from the bondage of Egypt—which signified idolatry and darkness—in order to bring you to Canaan, the land of freedom and the worship of the living God. There, too, My coming as a human being was foretold, and the prophecy was fulfilled word for word in Jesus. The Master, who lived and loved you, promised to reveal Himself in the Spirit, and here you have the fulfillment of that promise.

11. Today I announce to you that I have prepared for your spirit wondrous realms, dwelling places, and spiritual homes where you can find true freedom to love, to spread goodness, and to create light. Do you perhaps doubt this, after I have kept all my previous promises to you?

12. Know that the great spirits have always been at work in My mission: Elijah, destined to announce the coming of the Master among His disciples, is the light that breaks through for the spirits, descending to those who have strayed from the path, to those who are asleep or who have lost faith in spiritual life, to envelop them in the fire of love that radiates from him—a fire that is faith, the destruction of evil, and purification. His call resounds in every nation; his purifying fire spreads far and wide. Although purification leaves a trail of pain in its wake, divine consolation soon follows, embodied in Mary, to pour her balm upon every weeping heart, upon every creature tormented by pain.

13. Afterward, I will seek out one heart after another to let people hear my divine call, which tells them only: Follow me.

14. My teaching allows human beings to unfold in all aspects of their being: it sensitizes and ennobles the heart, awakens the mind, and perfects and elevates the spirit.

15. Study My teaching thoroughly so that you may understand the proper way to put My teachings into practice, so that your development may proceed harmoniously—that is, so that you do not merely develop your intellect without attending to the emotional life that you must nurture, or to the ideals of the spirit that you must bring to life.

16. All the faculties of your being can find in My Word the path of light along which they can develop and perfect themselves into infinity.

17. I have given you ample time to receive and understand My teachings, so that many of you who came here as children are now adolescents, while others who came as adolescents are now elderly. Some have grown along this path and now belong to the ranks of My “workers,” and others have breathed their last and now take their place among My chosen ones.

18. I have given this people here ample time so that the light of a firm and true faith may come alive within them, and so that their spirit may have a deep understanding of My work. My Word prepares you so that you may feel My presence and receive My inspiration, even when you no longer hear this voice and must concentrate on the core of your being.

19 My teaching is inscribed in your conscience. There lies the Ark that best preserves My Law, so that when these hours of spiritual refreshment that you experience with your Master recede into the past, the essence of My Word will continue to resonate within your soul—full of life, fresh, and pulsing with love and wisdom.

20. In My Word, I tell you again and again that you must attain spiritualization, for that is what will set you apart on earth. Without spiritualization, you will not be able to give your fellow human beings the testimony you are meant to give.

21. Do not fear because I am concluding My Word among you. My work will not perish, nor shall your spirit lose heart. In the spiritual realm, I keep ready those beings who will incarnate to be guides and prophets of the nations—beings of light, spiritualists who will teach you to take a step forward on the path opened by My Word.

22. Today I wish to tell you that just as you here need beings of light to come to you from the spiritual valley to assist you on your path, there are also spiritual abodes that need some of you to come to *them* with the light of My teaching. You do not know those among you who are hearing Me at this very moment and who must soon set out on a spiritual mission. That is the reason why many hearts have been purifying themselves for a long time now, and why their spirits feel more and more connected to My work each day.

23. I desire that among My spiritual hosts there be some of you who will unite with those who, in this blessed work of restoration and justice, collaborate with Me for the salvation of all beings who wander far from the path of life and truth.

24. Keep this word in your spirit, for it may serve to prepare you for the great moment when you leave this existence to become spiritually free.

25. This is a glorious time of revelations, O beloved people. A time of light that uplifts the souls. Blessed are those who prepare themselves, for they shall receive My light in abundance.

26. But bear in mind that this is scarcely the beginning of a new age, that I have not revealed to you everything that this time holds in store for humanity, and that not everything you have received has already been understood by you.

27. Days, years, and entire centuries will yet pass, during which humanity will witness wondrous revelations of light and spiritual revelations as yet unknown.

28. These times are drawing nearer; therefore, you must prepare the way for those who will take your place. You must bless the path through your good deeds. Then you will have begun the construction of the true temple, which others will continue, and later still others will come and complete it.

29. I have been giving you My teachings for a long time so that, like good seed, they may take deep root in your hearts and so that you may always be ready in your lives to spread them among your fellow human beings.

30. Compile a book from My Word, extracting the essentials from it so that you may gain a true understanding of the purity of My teaching. In the words conveyed by the messenger, you may discover errors, but not in their meaning. My messengers have not always been fully prepared. That is why I have told you that you should not merely skim through it superficially, but delve into its meaning so that you may discover its perfection. Pray and meditate so that you may understand it.

31. You all need faith to live. Woe to the one who lives only for the vanities of the world, for his soul will be empty, and at the end of his earthly journey, he will have no harvest to show for it. Remember that you have been sent to Earth to fulfill a spiritual mission, and that afterward you will return to Me, while the body will merge with the Earth from which it came. Let My love inspire you to attain great faith; make your heart a temple. Close the eyes of your body and open those of the spirit, so that you may look beyond your world. I am within and without you, in the innermost part of your being, and I guard and preserve your spirit. I know all your desires and hopes, and I say to you: Climb the mountain of perfection with patience and a spirit of sacrifice. When you are near the goal, I will then open the gates of My Kingdom a little, so that you may catch a glimpse of My peace and be strong in the final hour.

32. Everything evolves. Humanity advances in its science, yet it does not use the knowledge it has acquired to do good; it knows neither how to comfort nor how to protect its neighbors. The pursuit of power and the false conception of free will have caused a new war, and its consequence is suffering. I see orphanhood, misery, devastation, and death everywhere, and for all of this you will give account to Me. What have you done with My Word? You have not heeded it and are lost in a sea of pain and entanglements; and yet this will not be the last war you will wage. — But

judgment is coming for all. In my presence are judges and defendants, executioners and victims. All nations will hear my call. I urge you to pray in this hour of decision, and I give you the light of my Spirit.

33. My creation is enduring, and nothing perishes. When pain consumes the flesh and the soul is left naked and exposed, without having fulfilled its mission on earth, I will give it a new physical form and allow it to return to it.

34. I urge you to perform spiritual works that will stand the test of time. Build on solid ground, so that no force of nature may destroy what you have created.

35. You stand before My table. Sit down around Me and listen to Me.

36. It is My will that in this time every human being and every spiritual being receive this divine knowledge that the Holy Spirit has now revealed to you.

37. My Word in this time has been like a book of wisdom that has been opened before humanity.

38. You whom I have called My disciples, I appoint you as vigilant guardians of this teaching.

39. You are the humble family of Jesus, to whom an inheritance has been entrusted. Understand that I, the Master, have revealed My will to you.

40. No inhabitant of the earth knows the heavenly world. You are still wanderers in the desert of life. Some wander aimlessly, not knowing where they are going. But in eternity, your Father's love awaits you. That is why I come down to assist you on your arduous journey through life, so that you may return to the bosom from which you came.

41. Before that, I wish to unite you in love, so that the merits you earn—as you strive to draw closer to one another, forgive one another, and extend your hands to one another in brotherhood—may bring you nearer to Me. I have prepared the way so that you may walk upon it and attain the peace of My Kingdom—that peace which you do not find in this life, for in it you have known only pain. Why did you not follow the path I laid out for you in the Second Era? You would then have neither stumbled nor fallen. Now you are My disciples, for I love you and wish to give you a new opportunity to save yourselves. Will you now make use of it, or will you once again remain at a standstill? Consider that what I have revealed to you so plainly and simply is something that belongs to the Father's secret treasure of wisdom, which was hidden even from scholars and theologians. But precisely because this grace has been bestowed upon you, you must not become like the scientists who have become vain and

blind because of their discoveries, to the point that they deny *the One* who created everything.

42. Today you possess what others have misunderstood or despised. But when you set out to spread My teachings, do not concern yourselves with judging whether the person with whom you are speaking is worthy or unworthy to receive My teachings, even if they are among those who have rejected Me most vehemently.

43. You, whose spirits radiate with joy when you listen to Me, shall make My work known. The hour of My departure is drawing near, and you must be prepared by then.

44. In the Second Era, I chose twelve men who, after My departure, spread the Good News throughout the world. Twelve men were sufficient to accomplish that work. In this era, I have taught thousands of men and women and sent My spiritual hosts to support you, for you are in the time of the liberation of souls. The number of My soldiers is so great because humanity is now greater, and its sins and transgressions are likewise greater.

45. Be humble and accept your destiny.

46. At times, this question arises in your hearts: “Have I made spiritual progress, or have I stagnated?” And I, the Master, then tell my disciples that—if they are able to feel the pain of their fellow human beings—they have taken a step forward; if they were able to forgive those who have deeply hurt them, they have taken another step; and if their hearts identify with all people without distinction of race or social class, they have advanced considerably on the path of spiritual development.

47. But what has been the motive behind these feelings and actions?—The love that has enabled my Law to take root within you. Only love can bring you closer to my teaching, for all virtues spring from it. It is in vain that people try to find solutions to their problems by other means. It is in vain that they seek to establish peace in the world if it is not founded on mutual love.

48. Nevertheless, I see that My teaching is still met with indifference—and sometimes even with mockery—by those who view life through emotions instilled by a materialistic and selfish heart. Yet I tell you that even they will eventually come to the conviction that only high morality, clear insight, and sound reason can save humanity from the abyss into which it has fallen. And only the spiritualization that I teach you can give them this high morality. You will find that sincerity of your deeds in the light of conscience and that rational justice only in My Word; for I do not

speak of the impossible, nor do I teach you fantasies. My teaching is based on reality, on truth.

49. Man has attempted to achieve the impossible through means that My law of love and justice has not prescribed for you; and if I have allowed him to act freely, it is so that he may gain his own experiences, even though My law has always been present in his conscience.

50. If the hearts of men had not been so hardened, the pain of war would have been enough to make them reflect on their errors, and they would have returned to the path of light. But even though they still bear the bitter memory of those massacres, they are preparing for a new war.

51. How can you assume that I, the Father, divine love, would be capable of punishing you through wars? Do you really believe that someone who loves you with perfect love and who desires that you love one another could instill in you crime, fratricide, murder, revenge, and destruction? Do you not realize that all of this stems from the materialism that people have accumulated in their hearts?

52. People have strayed from the path their conscience points them toward; they have lost their reason and have deviated from the path of morality and good feelings. They did not pause in time, did not look within themselves, and are drifting toward the deep abyss they have created—toward an encounter with darkness. Nevertheless—My love has forgiven their transgressions, and My light has sought to hold them back, showing them that they are on the wrong path. But My law respects the free will with which I have endowed them, even as My justice will allow them to reap the fruits they sow in their lives.

53. Yet when it seems that all is lost for humanity, that death has prevailed or evil has triumphed, beings will rise from the darkness toward the light. From death they will rise to true life, and from the abyss of ruin they will rise up to obey the eternal Law of God.

54. Not all will come to know the abyss; for some were careful to keep themselves aloof from that war of passions, the lust for power, and hatred, and have lived only on the fringes of the new Sodom; and others, who have sinned greatly, will pause in time, and through their timely repentance and complete renewal, they will spare themselves many tears and much pain.

55. You who hear Me must in no way fuel or contribute to these wars. Remain steadfast on My path, so that your lives, your words, and your deeds may serve to help many hearts pause in time from their headlong

rush, so that they may experience My peace and escape the compulsion to drink from this cup of suffering.

56. Make the most of this day, which you dedicate to your Creator. Your heart prepares itself and beats with love for My Divinity, and you are filled with My grace, for you prove yourselves worthy to receive My presence.

57. Let the joy of your spirit be reflected in your body; thus, it will not become a false joy. How could your spirit be joyful and your heart sad at the same time, when both live together in harmony?

58. This state is beautiful when it springs from the bliss of the spirit. Strive for perfection in your works, for in perfection lies the highest happiness.

59. What imperfection do you find in creation? — None, you tell me. Yet there are many imperfections, and these are found in the works of men. Do My will, for everything that happens outside the law is imperfect.

60. Understand this: You must keep your imagination in check. You must not judge the works of your fellow human beings. I want you to be good, and furthermore, it is My desire that you become perfect; for although you may seem insignificant, you are greater than material things and the worlds, because you have eternal life, because you are a spark of My light and spiritual beings. You must recognize what the Spirit is so that you may understand why I call you to the path of perfection.

61. I have sought you out in your pain to save you. It is the love of your Father that has not yet grown weary of knocking at the doors of your hearts.

62. Since 1866, I have revealed Myself to you through people inspired by Me, to show you the path of goodness and justice.

63. The Master tells you: It is My will to bear witness that this is the Third Age.

64. In the First Era, Abraham made a covenant with the Father. In the Second Era, Christ sealed the covenant He made with humanity with His blood; for with His blood—which signifies love, life, sacrifice, and forgiveness—He showed the world the path to redemption from its guilt, thereby granting the spirit salvation and eternal life.

65. In this era, I pour out My light upon the Spirit; for if you, as *human beings*, wish to come to Me, you will never achieve this, because the promised home in eternity is destined for the Spirit.

66. I entrust My teachings to you so that you may pass them on to your fellow human beings in the very form in which I give them to you. Yet never argue vehemently when you teach them. Be careful not to judge

anything you do not know, but understand that a pure example will suffice to convert people to spiritual life.

67. My teaching is summarized in My commandment that tells you, “Love one another.” Why have not all understood Me, even though I gave all of you the same capacity for understanding at the time of your creation? Why do some understand that they must give to God what is His and to the world what is due to it, while others give everything to the world, making it their God, their paradise, and their kingdom of heaven? — Because they have forgotten that I told you in the Second Era: “My kingdom is not of this world.”

My peace be with you!

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